

Self Development Masterkey

Self Development Tactics
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FOREWORD

We are all blessed with different talents, talents that if each one of us discover, we all will be living an ideal lifestyle, a lifestyle of a chosen path that will lead to achieving your destined desires. Growing up as young children under the protection and care of our parents, we don't really care much about the bread and butter issues, let alone discovering and exploring our potential in life. It is only during those primary and higher learning stages that we are made to go through lessons in preparation of our future, a future that we soon realize that we have to prepare for it. At that time if someone asked you what you want to be when you grow up, you will proudly say what will have captured your heart. For some at that stage, it is just a saying but for some it will be words spoken and being pursued.

Those lucky enough to have parents who notice the talent of their children's when still young quickly groom them to be ready for a smooth take-off when the opportunity opens up. Such is an early successful life for those people living a dream life that can also expose them to some dangerous threats that were never taught or learned to effectively deal with for a total successful and prosperous life. Such short-comings are also found in those who would have identified and explored their talents without proper support and grooming. They also live a successful life with dangerous cracks capable of destroying a perfect life and future prosperity.

I have lived in some of those situations and also I have witnessed and learnt of many such situations happening to this humankind to have lived before and currently living in this beautiful world. **How** can you explain a life of a wealthy person so happy with everything and suddenly gone mad?, **How** can you explain a rich business person gone broke and destitute in a few months?, **How** can you explain of a respected holy man jailed for a disgusting crime?, **How** can you explain of a learned professional living a poor life?, **How** can you explain of a happy marriage of over twenty five years going through a divorce?, **How** can you explain of people destroying others just because of their natural God given wealth?, **How** can you explain of a good manager facing retrenchment?, **How** can you explain of two best friends becoming enemies overnight?, **How** can you explain of millions of people dying because of a laboratory created disease?, **How** can you explain of young promising lives destroyed by drugs and many more other negative happenings taking place in my, in your, in our lives?

Many of the negative thoughts, intentions, actions, effects, disasters, fears etc..that humanity is facing are a result of ignorance, greediness, selfishness, pride and punishment by the Almighty. The time is not too late to start a positive journey and correction of our past wrongs, many great minds have before written of the need to be human, the need to positively survive for the betterment of our nature and humankind. I will also contribute to my best ability, for if I don't do so, I will have betrayed the trust and will of our creator to do so.

I am a blessed person, talented person. prosperous person, for this I know because in my current thirty something years, I have seen, read, learned, heard and lived a life that has exposed me to various environments with dangerous, painful, happy, sad, benefits, loses and many other moments that have made me what I am today.

Many thanks go to the Almighty, my God for he loves and blesses my life, all is possible because of him and with him we prosper. Also to those loving and non-loving people who have contributed positively and negatively in my life, for each of that purpose, I treasured the results, for it is said that "everything that happens in life, there is a reason and purpose". In life, seek to understand matters before rushing to make decisions and judgements that can blow up a good intention that was meant to benefit you in the end as some opportunities come in disguise.

Thomas Mabugu.

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INTRODUCTION

Life can only be described as a blank book in two sections, one that you fill your future plans and the other your history or the past lived days. You live your life not in the past or tomorrow mode but in a current today mode. This current mode you are living today between yesterday and tomorrow is the Reality Living Mode (**RLM**), the mode that is in motion as planned and not, the one that creates your actual history versus your desired plans. Sometimes you really don't understand how and why some plans happen to bring negative results as to your preferred outcome, just like how and why some plans happen to bring out more positive outcomes than what you expected, and in another outcome you can really achieve exactly what you wanted.

This is one big puzzle of life that you need to understand and figure out were to put the right pieces for a complete picture to be reflected. This understanding needs you to make some changes and such changes that you are going to make will require time, effort, concentration and energy on your part. You can have the key to unlock your prosperity but first of all you must set your mind to develop the end, you have to be aware of whom you are and what you can do. You need to find out your purpose in this life you are living, and this only one life you are going to live.

Each day that you wake up, you are growing and growing old also. If you don't make a bold decision to take a certain path today, don't be surprised to find yourself living the next ten years with no gain, no improvement, no job, no happiness, no wife or husband and children, no asserts and properties, no financial freedom, no confidence and self esteem, no anything that you thought some time back when you were young that you would have by that time.

Self Development Masterkey is for you and none other but you, the principles and strategies within are for you to learn and apply in your life if you are to live a more successful life guaranteed of total prosperity in future. Attaining wealth, prosperity, happiness and a great life does not happen overnight, it is a process that you lay the foundation for and then start to build stage by stage each day of your life until you can look back and say "God you are wonderful". All possible solutions to achieve the kind of life you want are described in the Self Development Masterkey, results will appear as soon as you begin applying these positive fundamental principles of life in your life.

Do not rush yourself to implement what you have learned but take the necessary time to understand with all your focused concentration and then assess your situation to come up with the appropriate formula, all the tools are available and you just have to find the correct tool to do the job. Shape your life and live your desired dream, living by chance or luck will not guarantee you anything.

A more positive outlook in order to change our circumstances or the outcome of a situation begins with our brain, how it thinks and decides on the action plan. There are no special powers needed and today, now you have the power to succeed in life anyhow you want to achieve and nothing can stop you from living that dream, none but yourself.

Special Thanks & Acknowledgements

I would have wanted to list everything that influenced me to write this book, but due to the huge contributions, I will instead acknowledge in a short version format as below.

Firstly, the Almighty Lord, my God and Farther who created me, I want to thank you for everything and this life I'm living under your protection, guidance, love, anointing and blessings.

Secondly, my parents, family, brothers, sisters, friends, colleagues, and everyone whom I have known and still know to have contributed in many ways of my life that I forever treasure.

Thirdly, my teachers, leaders, coaches, partners, authors, speakers, inventors, Net/entrepreneurs, artists, actors, visual & audio productions and all great individuals, organizations and groups that have and still inspire me each and every day of my life.

Lastly, all those not mentioned who have motivated, supported, taught and shown me the many different angles of life.

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SELF DEVELOPMENT TACTICS

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Self development tactics are very critical in how we think and take appropriate decisions. These are strategies you can take aim of your target and then launch the process to achieve your goals. If you want to succeed in whatever you want to accomplish in life you must have guidance, knowledge, direction, focus, desire, confidence and be wise in your missions as you progress. Always be open to any negative and positive advice, be ready to enhance your understanding of all facts in advance, refine your personality periodically, don't be judgemental and use situations to build your wisdom. In doing all these essentials to develop yourself, you will be enhancing your greatness in life. You must also identify your pillars of support, hope, strength and a purpose in life, this is necessary if you are to live a life doing what is right and of benefit to your current and future prosperity. Avoid getting addicted to anything in life as this can lead you to be biased in your judgements and reasoning. Alcoholics, workaholics and many others are caused by addiction.

DEVELOPMENTAL TIPS

Be Innovative

What Innovation Can Do to Your Life

It's a talent that everyone has, yet some people think they are not innovative. If you've ever marvelled at somebody's creative prowess, guess what, you can create and innovate too. It just takes time. Everyone is born creative. The box of crayons in kindergarten were not limited to those who possessed potential; because the truth is, everybody has potential.

You know how long it took to learn to ride a bike or drive or to never commit the same mistake again? It's the same with innovation. It takes a bit of practice and a lot of time before this mind function comes easily when called.

Don't listen to what other people say. Follow the beat of your own drum. Allowing for the input of other people will only bring cacophony to the music you are trying to make. If you have an original idea, don't waste your time and effort trying to make people understand. They won't. And the help you will probably get comes in the form of negative feedback. If all those geniuses listened to their peers, we would probably still be living in the middle ages.

Spend time on it. I cannot stress that enough, although, please do not mistake this tip to tell you to quit your day job entirely. Do not. This involves some tricky time management but with a little discipline you'll be able to squeeze both in.

Exercise. Take a walk. Run a mile or two. Send all those endorphins coursing through your veins. Exercising certainly clears and relaxes your mind and allows for anything to pop up. Record your dreams. Aren't some of them just the craziest things that your conscious mind would never have thought of? If you've had these dreams before, and I'm sure have, this only shows you the untapped innovative power you have lying within. So jot down those notes. Those dreams may just create an innovative spark in you.

Find your own style. You can always tell a Van Gogh from a Matisse. You'll know Hemingway wrote something by the choice of words on the paper. So it is the same with you. People will appreciate your innovation more because it is uniquely yours and that no one else would have thought of what you were thinking. That will let people see how valuable an asset you are.

Don't hide behind nifty gadgets or tools. You don't need the most expensive set of paints to produce a masterpiece. The same way with writing. You don't need some expensive fountain pen and really smooth paper for a bestseller. In fact, J.K. Rowling wrote the first book of the Harry Potter Series on bits of tissue. So what if you've got an expensive SLR camera if you're a crappy photographer? Who cares if you've got a blinging laptop if you can't write at all? The artist actually reduces the number of tools he has as he gets better at his craft: he knows what works and what doesn't.

Nothing will work without passion. What wakes you up in the mornings? What keeps the flame burning? What is the one thing that you'll die if you don't do? Sometimes people with talent are overtaken by the people who want it more. Think the hare and the tortoise. Ellen Degeneres once said that if you're not doing something that you want to do, then you don't really want to do it. And that's true. Sometimes you just want something so bad you become a virtual unstoppable. And that is passion. Passion will keep you going.

Don't worry about inspiration. You can't force it; inspiration hits when you least expect it to, for those unpredictable yet inevitable moments you should prepare. An idea could strike you on the subway, yet alas, you poor unfortunate soul; you have no sheet of paper to scribble down a thought that could change the world. Avoid these disasters. Have a pen and paper within your arm's reach at all times.

Be innovative in your life and keep in mind that you're doing these things for your own satisfaction and not anybody else's. But soon enough they will notice, and everything should snowball from there.

Dream Your life

Impossible is Just a Word

Everyone, at some point of his or her life, has dreamed of being somebody special, somebody big. Who hasn't fantasized about being the one who hits the game-winning homer? Who hasn't dreamed of being the homecoming queen? And how many times have we dreamed of being rich, or successful, or happy with our relationships? Often, we dream big dreams and have great aspirations. Unfortunately, our dreams remain just that – dreams. And our aspirations easily collect dust in our attic.

This is a sad turn of events in our life. Instead of experiencing exciting adventures in self actualization, we get caught up in the humdrum of living from day-to-day just barely existing.

But you know what? Life could be so much better, if only we learned to aim higher.

The most common problem to setting goals is the word impossible. Most people get hung up thinking I can't do this. It's too hard. It's too impossible. No one can do this.

However, if everyone thought that, there would be no inventions, no innovations, and no breakthroughs in human accomplishment.

Remember that scientists were baffled when they took a look at the humble bumblebee. Theoretically, they said, it was impossible for the bumblebee to fly. Unfortunately for the bumble, bee no one has told it so. So fly it does.

On the other hand, some people suffer from dreaming totally outrageous dreams and not acting on them. The result? Broken dreams, and tattered aspirations.

If you limit yourself with self-doubt, and self-limiting assumptions, you will never be able to break past what you deem impossible. If you reach too far out into the sky without working towards your goal, you will find yourself clinging on to the impossible dream.

Try this exercise. Take a piece of paper and write down some goals in your life. Under one header, list down things 'you know you can do'. Under another header, write the things 'you might be able to do.' And under one more, list the things that that are 'impossible for you to do.'

Now look at all the headers strive every day to accomplish the goals that are under things 'you know you can do'. Check them when you are able to accomplish them. As you slowly are able to check all of your goals

under that heading, try accomplishing the goals under the other header-the one that reads 'you might be able to do.'

As of the items you wrote under things I could do are accomplished, you can move the goals that are under things that are 'impossible for you to do' to the list of things 'you might be able to do.'

As you iterate through this process, you will find out that the goals you thought were impossible become easier to accomplish. And the impossible begin to seem possible after all.

You see, the technique here is not to limit your imagination. It is to aim high, and start working towards that goal little by little. However, it also is unwise to set a goal that is truly unrealistic.

Those who just dream towards a goal without working hard end up disappointed and disillusioned.

On the other hand, if you told someone a hundred years ago that it was possible for man to be on the moon, they would laugh at you. If you had told them that you could send mail from here to the other side of the world in a few seconds, they would say you were out of your mind. But, through sheer desire and perseverance, these impossible dreams are now realities.

Thomas Edison once said that genius is 1% inspiration and 99% perspiration. Nothing could be truer. For one to accomplish his or her dreams, there has to be hard work and discipline. But take note that that 1% has to be a think-big dream, and not some easily accomplished one.

Ask any gym rat and he or she will tell you that there can be no gains unless you are put out of your comfort zone. Remember the saying, "No pain, no gain"? That is as true as it can be.

So dream on, friend! Don't get caught up with your perceived limitations. Think big and work hard to attain those dreams. As you step up the ladder of progress, you will just about find out that the impossible has just become a little bit more possible.

Develop Your Intuition

The Road to Intuition

Have you had that experience when all of a sudden you just had this huge hunch that something is about to happen, and to your surprise, that intuition was eventually translated to reality?

When you feel strongly about something without logical basis to it, that's called intuition. It comes in three impressions: clairvoyance or "the third eye", sensing clearly and feeling through listening.

Clairvoyance is when your eye goes beyond what it can see. This is when you know what is happening somewhere.

Sensing clearly is basically what we refer to as "hunch" or "gut feel." This is the time when you are overwhelmed with a feeling and you can't explain it and all you can say is "I just know."

On the other hand, feeling through listening or clairsaudience is being able to "listen" between the lines.

Intuition also happens at times when a certain sound, whatever it is - be it a car's honk or a bird's twitting - ushers in an intense feeling.

They say only a number of people are gifted with intuition. Astrologers even insist that people born under the Scorpio or Pisces signs are naturally intuitive it almost borders on E.S.P. But studies have been sprouting left and right that proclaim that anyone can develop intuition.

Why the need to develop intuition, you ask? Why not let your emotional and psychological state as it is? First and foremost, intuition promotes good communication. It makes you more sensitive to the people around you; it often keeps you from hurting those you love because you are intuitive enough to understand them. Intuition also makes you far more creative than ever. Intuition means releasing more creative juices for any means of expression. Lastly, intuition has a healing power. This healing power is not in the physical sense, but in delving deep into your soul to eradicate some negative energy buried in it.

With that being said, are you ready to develop your intuition? Here are some ways to unlock this gift:

1. Hypnosis

Oh yes, get yourself hypnotized. Hypnosis is not limited to watching a pendulum move back and forth. Perform self-hypnosis or you can avail of hypnotic programs that can strengthen your intuition.

2. Meditation

Meditating means finding peace in yourself. If your mind and heart are cluttered with too many baggage and hurt, you wouldn't be able to quiet down that part of you that could eventually initiate intuition. There are so many ways to meditate: take a yoga class, or just simply practice some breathing that could bring you straight to Zen.

3. Think positive!

A worry-free, fear-free state could do so much to improve your intuitive ability. By staying positive, you attract good energy that would be able to easily recognize imminent feelings and events.

4. Just let go.

What does this mean? If you are on the brink of making a huge decision, let go of all the inhibitions and head to a quiet place where you could find out where the letting go has brought you. Sometimes you just have to listen to the voice within you, and that voice wouldn't come out unless you let go.

5. Never expect.

After letting go of the inhibitions and all those things that stop you from thinking and feeling clearly, never expect for an answer right away. Never expect that the "hunch" would fall on your lap immediately. Give it a little time then you'd just get surprised that -- wham! -- now you have your answer.

6. Believe in your first impressions.

When you see someone for the first time and think that he is a bit too arrogant for your taste, chances are that impression actually holds true. Most of the time, first impressions are brought by intuition.

7. Stay happy!

See? All you need to be intuitive is to stay happy! Happiness attracts immense power and such power includes intuition. In tapping your intuition, your motivation must be happiness and contentment. Given that premise, intuition will fall to you easily.

Intuition is helpful, because sometimes it leads you to something that cannot be achieved otherwise. A lot of lives have been saved by intuition alone. Decisions are easier done if armed by this gift. Develop intuition now and reap benefits you have never imagined.

Energy Healing

Pranic, Tantric, and Reiki

You have probably come across exotic-sounding terms such as "chakra", "prana", "aura", and "tantra" in your course of reading books on spirituality, sex, and healing in the New Age literature section of the bookstore. But what's the real scoop behind these exotic vocabularies?

Are All Energy Healings the Same?

Chakra or energy center is a term used in Pranic healing, an ancient Hindu system of energy healing. "Prana" means life energy. "Aura" is another terminology traced to Pranic healing. Aura is a non-physical body that consists of energy, which exists along with our physical body. The aura that covers our body is said to have seven layers pertaining to the physical, emotional, mental, and spiritual aspects of an individual as manifested by energy. Studying the color and thickness of auras give ideas on the state of health of individuals. Six colors are associated with aura and interpreted into six personalities. These colors are all present in an individual but one or two are more pronounced.

Green – ambitious achiever

Blue – spiritual peacemaker

White – unconventional chameleon Red – activist

Orange – creative communicator Violet - psychic

Although Tantra is popularly associated with the peculiar practice of sex and spirituality, it is another method of energy healing. It comes from the word “tan” which means to spread or expand. The concept of connectedness is a recurring theme in Tantric writings on sex and spirituality. As a method of healing, spirituality and sex figure prominently. It is presupposed that the union of man and woman can reach spiritual levels during orgasm, which removes the body and mind of collected impurities. These impurities being negative energies can in turn manifest as physical illnesses.

Unlike Pranic and Tantric healings, which have Hindu origins, Reiki originated from Japan. It is relatively younger than Pranic and Tantric healings having been rediscovered in the early 1900's. Reiki stands for universal energy, an energy brought forth by higher intelligence. Students of Reiki are taught how to tap this energy to heal physical, emotional, and mental illnesses.

Although Pranic, Tantra, and Reiki are all systems of energy healing, they differ in the type of energy tapped for healing: life energy, sexual energy, and universal energy respectively.

The concepts of the connectedness of mind, body, and spirit; the connection of individuals to all living and nonliving things around them and to the universe; and how energy impacts physical, emotional, and spiritual well-being are some of the salient similarities of these three healing methods.

Why Do People Turn to Energy Healing?

Pranic, Tantric, and Reiki are considered alternative methods of healing. In spite of the availability and relative accessibility of modern medicine, how come more and more people are being drawn to them? Here are some possible reasons:

Energy healing worked where modern medicine failed.

For several reasons both explainable and unexplainable, modern medical treatment failed to heal ailments and conditions in several if not many persons. Research or data may not be able to support this statement. But for the families of the dying as well as for the dying patient, they would take the risk of using alternative methods ranging from herbals and organics, faith healers, witch doctors, and New Age healing techniques just to be get well.

People perceive modern medicine to be isolating.

Medical treatments are oftentimes focused on the disease and its causative agent, which can make a patient feel isolated and treated like a mere host of the disease. Although recent developments in hospital practice are gradually promoting the holistic treatment of a patient, the perception still persists. Unlike in energy healing, since energy and spirituality are intimately linked, the patient feels that all aspects of his health are being attended to.

Repeated surgical procedures are physically and emotionally traumatic for most patients. It is but a logical and attractive option to both patient and families to look for less stressful health interventions. Moreover, with the rising popularity of New Age religions, going natural is the way to go.

Energy healing is a good way of relieving stress.

Meditation is part and parcel of energy healing methods and this is an added come-on for highly stressed people. Moreover, sophisticated equipment is not required thus it becomes all the more convenient for students and future students of energy healing.

The battle between alternative healing and mainstream medicine continues as both present the benefits of their approach. But in the final analysis, what matters is the restoration of good health.

Goals - The Basics

Setting Your Goals - Easier Said, Easily Done

The basics of setting a goal is an open secret known by top-caliber athletes, successful businessmen and businesswomen and all types of achievers in all the different fields. The basics of setting goals give you short-term and long-term motivation and focus. They help you set focus on the acquisition of required knowledge and help you to plan and organize your resources and your time so that you can get the best out of your life.

Setting clearly defined short term and long term goals will enable you to measure your progress and achieve personal satisfaction once you have successfully met your goals. Charting your progress will also enable you to actually see the stages of completion leading to the actual realization of your goals. This eliminates the feeling of a long and pointless grind towards achieving your goal. Your self-confidence and level of competence will also improve as you will be more aware of your capabilities as you complete or achieve your goals.

The basics of goal settings will involve deciding what you really want to do with your personal life and what short term and long term goals you need to achieve it. Then you have to break down goals into the smaller and manageable targets that you must complete in your way to achieving your lifetime targets. Once you have your list waste no time in tackling your goals.

A good way to have a manageable list is to have a daily and weekly set of goals. By doing this you will be always in the position of going towards your life plan goals. Everyday will give you the opportunity to fulfill a certain goal giving you the feeling of accomplishment. Here are some pointers that should be taken into consideration in setting goals and achieving them.

Attitude plays a very big role in setting and achieving your goals. You must ask yourself if any part of you or your mind holding you back towards completing your simplest goals? If there are any part of your behavior that is being a hindrance or puts your plans into disarray? If you do have problems in these areas then the immediate thing to do is to address this problem. Solutions may include a visit to a doctor or psychiatrist to control your emotions.

Careers are made by good time management practice. Failing in a career is often attributed to bad time management. Careers require a lot from an individual which often makes the career the life of the individual. Plan how far do you want to go into your career.

Education is key in achieving your goals. If your goals require you to have a certain kind of degree or require a certain specialization or demand a certain skill to be developed, make plans in getting the appropriate education.

Your family should never be left out of your plans. If you are just starting out then you have to decide if you want to be a parent or when you want to be a parent. You also have to know if you really would be a good parent and how well would you relate to extended family members

Personal financial situations also play a major role in achieving your goals. Have a realistic goal on how much you really want to earn. You also must be able to create plans or stages by which you will be able to reach your earning potential.

Physically gifted individuals may be able to achieve sports related goals like being in the National Basketball association or National Football League. Determining your physical capabilities should be one of your priorities. Physical limitations could however be conquered with proper planning.

As the saying goes -'All work and no play makes Jack a dull boy', or something to that effect, is by all means true down to the last the letter. Giving yourself a little pleasure: should be included into your plans.

To start achieving your lifetime goals, set a quarter of a century plan, then break it down to 5 year plans then break it down again to 1 year plans, then 6 month plans then monthly plans, then weekly, then daily.

Then create a things-to-do list for the day.

Always review your plans and prepare for contingencies. The basics of goal settings should not be so difficult once you get to be familiar with them.

INSPIRATIOAL QUOTES

Quotes are very effective inspirational short sentences with an effect of some full books in their ability to motivate, teach and provide you with a quick punch to act positively. Quotes are a creation from an event, case, situation, experience and vision. Anyone with a brain to think can say or write something in their moment of joy, sorrow, reflections and appreciation that can become a great quote in the community, workplace, home, world and other influenced environments. Such is life that these quotes can survive generations of quoting and inspiration. Quotes have a very big benefit to the mind, body and soul and you only need to have a clear mindset to appreciate the value of these quotes quoted from the inspired minds of this universe.

"Life With Woody" 10 inspirational quotes than can improve yourself

Humor is indeed the best medicine there is whenever you are. I mean anyone can pay good money to listen to a comedian just to make you wet your pants after laughing so hard. Despite of what's been happening, and to those who has gone through the ordeal, it's better to just laugh while facing the troubles with a clear mind than anger with a clouded vision. One of my favorite celebrities of all time may have to be Woody Allen. Now this is one guy who gives you the in-your-face bluntness that he pulls out with gusto, even without even trying. You can talk just about anything with a man, and he's bound to mock the subject and you'll end up laughing rather than being upset about it.

Woody Allen has this to say:

1. "Money is better than poverty, if only for financial reasons." It sounds good to me, I mean the practicality of all things does involve money but it doesn't have to take an arm and a leg to get it.

2. "I believe there is something out there watching us. Unfortunately, it's the government." 'Nuff said.

3. "There are worse things in life than death. Have you ever spent an evening with an insurance salesman?" This happens to be one of the classic ones. I mean the issue about life's little problems isn't all that bad, until 'he' shows up.

Sure, relationships can get complicated, or does have its complications that probably any author about relationships is bound to discover it soon. We follow what our heart desires, unless you're talking about the heart as in the heart that pump blood throughout your body.

4. "Love is the answer, but while you're waiting for the answer, sex raises some pretty interesting questions." And if you want more, just keep on asking!

5. "A fast word about oral contraception. I asked a girl to go to bed with me, she said 'no'." It sounds, 'practical', I think.

And when it comes to everyday life, he really knows how to make the best out of every possible scenario, and it doesn't involve a lawsuit if he strikes a nerve.

6. "Basically my wife was immature. I'd be at home in the bath and she'd come in and sink my boats." I never had a boat in my bathtub before. Just staring at it while soaking in hot water makes me seasick already.

7. "I am not afraid of death, I just don't want to be there when it happens." If it rains, it pours.

8. "I am thankful for laughter, except when milk comes out of my nose." It could get worse when you're guzzling on beer... or mouthwash, and it happened to me once!

9. "If you want to make God laugh, tell him about your plans." At least he doesn't smite us with lightning, and I'm thankful for that.

And despite of what may happen to all of us in the next ten, twenty, or even thirty years, I guess we all have to see things in a different kind of light and not just perspective. I can't seem to imagine life without any piece of

wisdom that could guide us. Whether we're religious or not, it takes more courage to accept your fears and learn how to deal with them is all that matters when it comes to even just getting along.

And to sum things up, here is the last nugget of wisdom to go by... however, whenever, and wherever we may be.

10. "The talent for being happy is appreciating and liking what you have, instead of what you don't have."

Ciao!

Dale Conergie has this to say:

1. "Be more concerned with your character than with your reputation. Your character is what you really are while your reputation is merely what others think you are".

2 "Do the hard jobs first. The easy jobs will take care of themselves".

3. "Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all".

4. "The successful man will profit from his mistakes and try again in a different way".

Anthony Robbins has this to say:

1. "I've come to believe that all my past failure and frustration were actually laying the foundation for the understandings that have created the new level of living I now enjoy".

2. "The path to success is to take massive, determined action".

3. "Action is the foundational key to all success"..

4. "It's not what's happening to you now or what has happened in your past that determines who you become. Rather, it's your decisions about what to focus on, what things mean to you, and what you're going to do about them that will determine your ultimate destiny".

5. "What we can or cannot do, what we consider possible or impossible, is rarely a function of our true capability. It is more likely a function of our beliefs about who we are"

6. "We are the only beings on the planet who lead such rich internal lives that it's not the events that matter most to us, but rather, it's how we interpret those events that will determine how we think about ourselves and how we will act in the future".

7. "You see, in life, lots of people know what to do, but few people actually do what they know. Knowing is not enough! You must take action".

Stephen Covey has this to say:

1. "Don't argue for other people's weaknesses. Don't argue for your own. When you make a mistake, admit it, correct it, and learn from it—immediately".

2. "Begin with the end in mind".

3. "If you're proactive, you don't have to wait for circumstances or other people to create perspective expanding experiences. You can consciously create your own".

4. "Happiness can be defined, in part at least, as the fruit of the desire and ability to sacrifice what we want now for what we want eventually"

5. "One of the best ways to educate our hearts is to look at our interaction with other people, because our relationships with others are fundamentally a reflection of our relationship with ourselves".

6. "Without involvement, there is no commitment. Mark it down, asterisk it, circle it, underline it. No involvement, no commitment".

7. "Paradigms are powerful because they create the lens through which we see the world".

8. "Effective people are not problem-minded; they're opportunity minded. They feed opportunities and starve problems".

Napoleon Hill has this to say:

1. "There is one quality which one must possess to win, and that is definiteness of purpose, the knowledge of what one wants, and a burning desire to possess it".

2. "The strongest oak of the forest is not the one that is protected from the storm and hidden from the sun. It's the one that stands in the open where it is compelled to struggle for its existence against the winds and rains and the scorching sun. Effort only fully releases its reward after a person refuses to quit".

3. "Hold a picture of yourself long and steadily enough in your mind's eye, and you will be drawn toward it. If you do not conquer self, you will be conquered by self. The ladder of success is never crowded at the top".

4. "The world has the habit of making room for the man whose actions show that he knows where he is going".

5. "Every adversity, every failure, every heartache carries with it the seed of an equal or greater benefit".

6. "Every person who wins in any undertaking must be willing to cut all sources of retreat. Only by doing so can one be sure of maintaining that state of mind known as a burning desire to win -- essential to success. It is literally true that you can succeed best and quickest by helping others to succeed".

Brian Tracy has this to say:

1. "Every minute you spend in planning saves 10 minutes in execution; this gives you a 1,000 percent Return on Energy!".

2. "If you envy successful people, you create a negative force field of attraction that repels you from ever doing the things that you need to do to be successful. If you admire successful people, you create a positive force field of attraction that draws you toward becoming more and more like the kinds of people that you want to be like".

3. "Just as your car runs more smoothly and requires less energy to go faster and further when the wheels are in perfect alignment, you perform better when your thoughts, feelings, emotions, goals, and values are in balance".

4. "Successful people are always looking for opportunities to help others. Unsuccessful people are always asking, "What's in it for me?"

5. "Optimism is the one quality more associated with success and happiness than any other".

6. "Disciplining yourself to do what you know is right and important, although difficult, is the highroad to pride, self-esteem, and personal satisfaction"..

9. "I've found that luck is quite predictable. If you want more luck, take more chances. Be more active. Show up more often".

Mark Victor Jansen has this to say:

1. "With vision, every person, organization and country can flourish. The Bible says, 'Without vision we perish'".
2. "Thoughts and ideas are the source of all wealth, success, material gain, all great discoveries, inventions and achievements".
3. "The majority of people meet with failure because they lack the persistence to create new plans to take the place of failed plans".
4. "Predetermine the objectives you want to accomplish. Think big, act big and set out to accomplish big results".

Robert Kiyosaki has this to say:

1. "The word accounting comes from the word accountability. If you are going to be rich, you need to be accountable for your money".
2. "The boundaries of a person's reality often do not change until that person forsakes what he or she feels confident in and then goes blindly with faith".
3. "The unique ability to take decisive action while maintaining focus on the ultimate mission is what defines a true leader".
4. "Instead of labeling and discriminating against one or the other, we need to learn to blend our gifts and complement our geniuses".

Jim Rohn has this to say:

1. 'Success is doing ordinary things extraordinarily well".
2. "To solve any problem, here are three questions to ask yourself: First, what could I do? Second, what could I read? And third, who could I ask?."
3. "Motivation alone is not enough. If you have an idiot and you motivate him, now you have a motivated idiot".
4. "Success is 20% skills and 80% strategy. You might know how to read, but more importantly, what's your plan to read?"
5. "You must constantly ask yourself these questions: Who am I around? What are they doing to me? What have they got me reading? What have they got me saying? Where do they have me going? What do they have me thinking? And most important, what do they have me becoming? Then ask yourself the big question: Is that okay? Your life does not get better by chance, it gets better by change
6. "The major value in life is not what you get. The major value in life is what you become"" ..

Defictionery

Words enable us to communicate, learn, understand and describe situations, names, circumstances, objects and periods of then, now, when, as, how, if and many other outcomes. A word can be used in many different descriptions as to create a meaning and understanding of an event or other objective. Words can mean more than one description depending with the language and use. This Defictionery is a composition of words, their meaning, use and description, more-so focusing most importantly in the developmental issues, circumstances and understanding.

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Ability, Proficiency, Competence, Skill, Power, Facility, Capacity, Talent

Ability to, the talent do something; deliver results as expected; having faith to do; the power within; quality of performing; permit the potential to; facilitate achievement; accomplishment of; something done; able; skills; power and qualifications to do; physical or mental capacity; confirmation of the wanted outcome.

Achievement, Attainment, Feat, Succeed, Accomplishment, Fulfillment

Achievement of, succeeding; to accomplish; a deed bringing success; being bold to; a feat; ability to demonstrate the skill to; attaining the target outcome; to earn results from pursued efforts; bringing fulfillment of.

Action, Doing, Work, Activity, Operation

Action to, do or doing of something; deal with something; happened because of; results shown after; engagement to; proceedings leading to; act; execute; carry out a task or work; result of a decision, effort, plan and contribution of.

Attitude, Manner, Position, Bearing, Posture, Stance

Attitude towards, a certain way of how you think or do something; feel and act about; behaving because of; sudden change in; a problem; negative or positive striking style of thinking or feelings; mental state of; position; degree of like or dislike for an item; views of certain circumstances.

Bad - _ - >

Bad, Wrong, Nasty, Evil, Negative, Poor, Wicked

Bad in, an outcome not expected; unpleasant; worse than; undesirable level with negative results; unlikely to be of benefit; lower standard; poor quality; unfortunate happening; discomfort; below the required target; unsound; immorality; a deep in performance; wrong answer or result; terrible situation; action or behaviour of evil intent.

Behaviour, Behavior, Action, Bearing, Conduct, Manner

Behaviour of, a typical way you behave; a manner of or no intimidation; distress; threats; embarrassing actions; unwelcome interference. An action or reaction under certain situations and circumstances; Control or lack of it for yourself; attributes; responses and movements in a positive or negative conduct.

Challenges, Test, Hardship, Obstacle

Challenges of, difficult task to overcome; a situation that requires your abilities to be put on test; stumbling block to a solution; demand for proof or qualification; eligibility requirement; the need to show suitability of.

Character, Personage, Nature, Personality, Temper, Figure

Character of, consists of good or bad qualities; kind of; courage and determination within; ability to; effectively do something; unpleasant; interesting or admired way of; unusual actions; notice of something unusual; good reputation; positive recognition; imaginary representation of; nature of something; attributes determining; moral and ethical reactions; portrayal of; repute; a trait of; distinct variant of; a combination of qualities bringing something to be of liking or disliked.

Commitment, Undertaking, Pledge, Obligation, Bind

Commitment of, dedication to; application of the will to do something; engagement to be part of; a sincere steadfast fixity of a purpose; trust to; promise; something specified to be accomplished by; acknowledgement and dedication to honour a pledge.

Courage - __ - >

Courage, Bravery, Gallantry, Fortitude, Nerve, Daring, Will, Boldness, Mettle, Intrepidity, Prowess, Audacity, Guts

Courage of, overcoming; the quality spirit of your convictions; confidence to conquer; self affirmation of being; a character to do conquer; ability to face challenges and dealing with them; getting rid of fear or anxiety; being brave and having the guts to succeed.

Desire, Want, Like, Wish, Longing, Request, Lust, Appetite, Aspiration, Will, Crave, Yearn

Desire to, wanting do or have; strong feeling of; need to; an outcome that reflects the genuine goal pursued; commitment to succeed and achieve; hope; great expectations; inclination to have something; a sense of longing; dream of acquiring an item or object; benefits or rewards from your heart or mind wishes.

Destroy, Ravage, Exterminate, Waste, Devastate, Spoil, Ruin

Destroy of, damage beyond recovery; something existing before but not existing any more now; undoing; destruction; demolish completely; total eradication; contain a situation or problem to a point where its existence is limited.

Destruction, Havoc, Demolition, Desolation, Devastation, Wrecked

Destruction of, partial or complete act of destroying something; deliberate harm; terminating something; irreparable damage to anything; disposal; an action that is devastating and causing negative losses, and damage.

Effective, Active, Operative, Real, Efficient, Actual

Effective of, desired outcome; works and produces intended results; functions correctly; organised to achieve; results from practice; control of; officially; valid and capable of; accomplish a purpose; force or influence; capacity to; efficient manner; effect to; meets objectives as wanted; correct and appropriate solutions.

Evil - _ - >

Evil, Bad, Nasty, Mischief, Wrong, Wicked, Sinister, Malicious

Evil of, immorality behaviour and actions; a harmful or undesirable situation caused by; objectionable intentions; a motive causing destruction; misfortune; inflicted pain or harm from a wicked plan; negative decision or plot.

Faith, Creed, Trust, Credence, Fidelity, Reliance, Loyalty, Belief, Persuasion, Confidence

Faith of, belief in; having trust in someone or something; believe in; truth of what is right; honest or legal; belief in a supernatural power; to rely on; being confident of; convincing or persuasion of your mind; loyalty or allegiance to a cause in anticipation of an outcome because of trust. hope or a strong belief.

Focus, Target, Center, Concentrate, Point, Aim

Focus of, particular attention; think of or about something carefully; deal with; assessment of; developments in; concerned with; monitor well; see clearly; putting more energies and effort in something; distinct manner to achieve a purpose; a central point of; specific targets; a certain way to reach the end.

Fundamental, Underlying, Essential, Principle, Basis, Primary, Foundation, Principal, Main, Substantial, Basic, Ultimate

Fundamental of, an important element that creates the needed environment for proper functioning of anything; a critical requirement, absolutely necessary item; object or input; an important aspect; very essential component; correct facts; the ultimate level of.

Goal, Aim, Purpose, Objective, Desire, Result

Goal of, hope to achieve; getting something from a method; state of focusing; an outcome from a plan; results from an attempted planned action; an objective achieved when a certain course of direction and mindset is set or focused to deliver the pursued thought or desire.

Good - _ - >

Good, Nice, Positive, Kind, Okay, Well, Fine, Right, Advantage

Good of, pleasant; enjoyable; best quality or standard; a level of benefit; something sensible, desirable and acceptable; satisfactory results; beneficial outcome; pleasing deed; of excellence; anything favourable. an effective suitable and expected degree of performance.

Habit, Characteristics, Process

Habit of, doing of something regularly; perform repeatedly with or without awareness; established custom; pattern of automatic, or non of a frequent repetition of any process; sequence of doing the same bad or good actions.

Happiness, Joy, Blessedness, Bliss, Felicity, Glad

Happiness of, feelings of pleasure; satisfied with; smile or laugh, being confident, pleasant experience; good atmosphere; positive expressions state of well-being; relaxed mind; feeling comfortable; deriving expected outcomes and benefits thereby contributing to an appreciative condition.

Health, Well-being, Strong, Fit, Soundness

Health of, pure; the condition of; free from; a state in; feeling of; working well; medicine; disease; illness; sick of; natural state of; general physical, spiritual, mental and social well-being; safe; secure; clean; being strong and fit; a state of positive or negative condition; a combination of different elements contributing to; processes; characteristics; features; a coordinated structure capable to produce; the fitness or ability within; of goodness.

Idea, Thought, Notion, Plan, View, Concept, Mind

Idea of, a course of action guided by a vision; image, sound or written knowledge of achieving the outcome desired; an opinion or belief of anything; information; details; action or activity with the aim of reaching a certain conclusion, a purpose; intend to do something of benefit; understanding of; representation of; an abstract which exists in the mind, a formula, solution or answer to solve or develop an item, object or any other result.

Influence, Affect, Authority, Operate, Effect, Hold, Impact, Action, Sway, Power

Influence to, power of; make; do as; control; exert; attractive power; direct impact; determine; charm; induce; manipulate; ability to have wanted results delivered by exercising or applying necessary pressure and command.

Inspiration, Look Upon, Inhalation, Motivation

Inspiration of, feeling of; enthusiasm from; creative focus; want to do as something or someone; arousal of; special effect; act as; motivated by; appreciate to the point of doing as; respect of; encouraged by; having hope because of.

Instinct, Replete, Impregnate

Instinct to, a fixed way or pattern to do; doing something in the same identical manner; a particular inborn skill of acting, thinking and behavior; natural skill toward achieving a certain conclusion or objective; inherited way of.

Integrity, Entirety, Completeness, Wholeness, Honesty

Integrity of, consistency of; positive actions, values and principles; good expectations; ethics; quality of; intuitive sense of; truthfulness in; accepted moral character; excellence; common soundness; scrupulous professionalism; consistency of correct values or methods; steadfast adherence to uprightness in making decisions and living.

Intention, Idea, Mind, Plan, Aim Thought, View, Meaning, Goal, Objective, Notion, Purpose

Intention of, doing something planned; emphasizing on; convinced to do or accomplish; will to; purpose pursued; anticipated guide; specific act of; course of direction of; affirmation; the focus of; element of hope to achieve; belief or believe in a particular outcome from a thought or goal; idea or plan to; motivation to seek; aim to find a result from a view or a goal.

Lifestyle - _ - >

Lifestyle, Mode

Lifestyle of, a chosen living condition; a certain behaviour; habits and character of; manner of; reflection of values; attitudes and patterns of; expressed way of activities; specific interests and opinions; a mode of survival or functioning; actions or showing of acquired good or bad qualities and style of possessions, health, achievements, understanding and abilities.

Mindset, Reasoning, Mental-Frame, State-Of-Mind or Thinking

Mindset of, a general attitude towards something or someone; typically way of doing something following a certain guide; mental thoughts about something, anything or an idea; a state of views and plans; notations held by a way of thinking; beliefs of; point of view that leads to a particular outcome.

Muster, Gather, Collect, Review

Muster of, to gather something; assemble; to summon up; collection and bringing together of things or people to do something that will enable the success of; acquiring the strength and courage to progress.

Negative, Minus, Deny, Negate, Reject, Disallow, Refuse

Negative of, a bad attitude, behaviour or situation; a lower than expected level; not optimistic of; dangerous or harmful; something of unwelcome nature; lack of; unpleasant quality, result or characteristic; an aspect of any situation that is of an opposite outcome; resistance to; a damaging effect; discredit without reason; non positive or helpful suggestions; withdrawn benefits; reduced level of an expectation.

Objective, Purpose, Goal, Aim, Plan, Target, Intention, Impartial

Objective of, an outcome to be achieved; correct facts; a certain result intended to be attained; a specific defined and desired end of a plan; mission or project with or without a deadline.

Outcome - _ - >

Outcome, Effect, Product, Result, Conclusion, End

Outcome as, a process of events, plans, actions or a phenomenon bringing to a certain conclusion; strategy; plan; incident resulting in something; results of efforts or similar causes; the end of a pursued objective or goal..

Painful, Uncomfortable, Laborious, Aching, Grievous

Painful of, a hurtful condition or situation; wrong; difficult and unpleasant; hard; physical or emotional misery; stressful, bad, displeasing, discomfort and an unpleasant environment; circumstance; feeling and uneasiness toil; annoying and bothersome action; anguish experience causing unhappiness.

Positive, Sure, Good, Certain, Absolute, Affirmative

Positive of, hopeful; confident of; good; exciting; pleasant aspects of an outcome; acceptance of; convinced in a manner that is reflective of the true facts; beneficial result; greater than; absolutely sure about something; confirmation of a better outlook or expectation.

Posses, Acquired, Capable

Posses in, something derived from; abilities; being able to do; learning to achieve the capability to do something; acquired knowledge and skills; recognized to have; powers to do; position or authority with influential decisions.

Power, Operate, Strength, Authority, Energy, Vigour, Capacity, Ability, Potency

Power to, partial or total control; position of great influence; able to; dominate; ability to do with or without approval; take charge of a situation in a positive manner; strong; determination to; qualities required to succeed; strength or force used to achieve an outcome.

Principles, Values, Laws

Principles of, belief in; mutual respect; truth of a certain way of doing anything; practices of best standards; a basis for; conduct of what is right; basic correct paths; fundamental straightforward solutions; moral rule in the manner that guides someone or something.

Progress, Improvement, Develop, Headway, Advance, Growth, Proceed

Progress to, a gradual improvement; reaching near to the target; accomplish; achieve or complete anything pursued; move over to the next step; continuation advancement toward the end; positive build up; accrue some benefits at each step; accumulation of..

Prosperity, Wealth, Welfare, Affluence, Success

Prosperity of, growth in; increase; profits; state of flourishing; fortune and success; wealthy state; happiness; good health; comfort; high standards of well off; affluent; favorable varying degrees of success; abundance of valuable possessions; a boom in achievements and accumulation of a positive good lifestyle or riches.

Pursue, Chase, Follow, Track

Pursue of, follow something passionately; carry out a certain task wholeheartedly; participate in; involved in; pursuit of a goal; hunt for; quest for; search to find answers of an issue; further progression of a higher level; advance ahead to gain better results; doing a required action to bring about a favourable outcome.

Recognize, Accept, Admit, Identify, Acknowledge

Recognize as, to know something; approve; show an appreciation and recognition for; aware of; being cognizant of; see, look or focus with interest; detect; remember something.

Respect, Esteem, Honour, Homage, Regard, Consideration, Revere

Respect of, a deep admiration of; show of due regard; feelings, rights and traditions exercised by others; abide by; pride and confidence within; feeling of honour and dignity given; being honoured; a courteous way of expression; obedience to: actions, behavior or doing of something with the intention to please and receive recognition or praise; something of high regard and given the deserved attention.

Responsibility - _ - >

Responsibility, Onus, Duty, Accountability, Liability, Obligation

Responsibility for, agree to; a right to; binding force; trustworthiness given to; being answerable to; responsible behaviour, actions and way of; rational acceptable conduct of; high values of integrity; a degree of control; unbiased way of doing something; showing the humility trait within; being accountable for anything despite the outcome..

Successful, Accomplish, Prosperous, Achieved, Fortunate

Successful in, achieve intended results; popular; favorable outcome; desired effect; being prosperous; fortunate to have; happy about; attainment of; state of reaching a certain level of prosperity or fame; condition of acquired positive benefits; being able to succeed in a mission or goals, achieving ones desires..

Thought, Opinion, Idea, Thinking, Mind

Thought of, analysing something deeply; careful thinking; intention of; hope of; a reason to do something; act guided by; belief of ; consider something after going through it carefully; focus all attention on something; a state of mind working out a solution; a plan from; outcome achieved by; an intend of.

Truthful, Honest, Faithful, True

Truthful of, telling of what is real and correct; expression of goodness; being righteousness's; a fact or reality of no evil and lies; real; original; appropriate standards and quality; accurate; of a moral behaviour or character; attributes of integrity, straightforwardness and trustworthy; the absence of lying, cheating sinful intentions or actions; being sincere forgiving and caring.

Wealth, Prosperity, Affluence, Fortune, Riches, Plenty, Abundance

Wealth of, valuable possessions; money of large sums; a guaranteed extra or plentiful supplies of any stocks; great deal of affluent; high monetary value; well-being; luxury; accumulated expensive asserts; huge net gain; a high level of human desires satisfaction.

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