Lost in Translation: Navigating Medical Conversations with Interpreters

INSTRUCTOR:

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OUTLINE:

- I. LEP Statistics
- II. LEP patient rights
 - a. Legislation
 - b. Guidance
 - c. Healthcare setting
- III. Types of Interpreters
- IV. Interpreter services at MUSC
- V. Tips for working with an interpreter

OBJECTIVES: After studying this unit you should be able to:

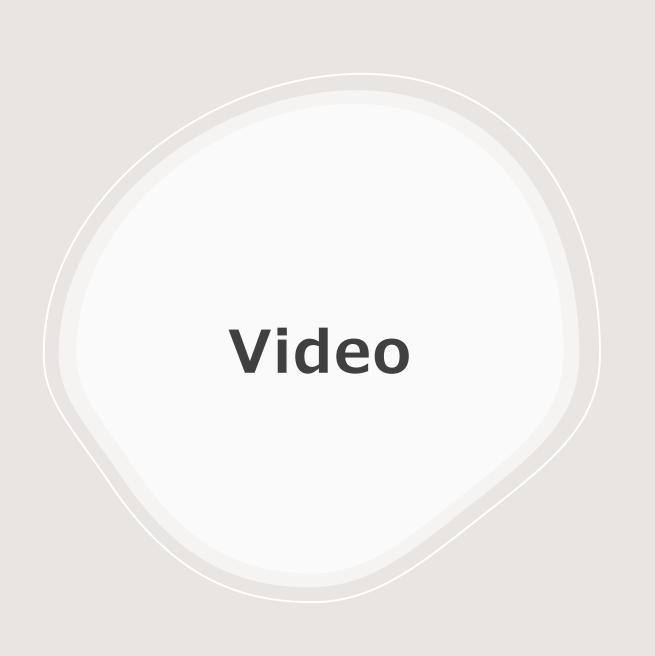
- 1. Define what it means to have limited English proficiency
- 2. Be familiar with legislation relating to persons with LEP
- 3. Understand the rights of persons with LEP in the healthcare setting
- 4. Distinguish between an interpreter versus a translator
- 5. Identify key differences between various types of interpreters
- 6. Confidently work with in-person, virtual, and/or telephone interpreters
- 7. Describe what makes an interpreter encounter successful versus unsuccessful
- 8. Be familiar with interpreter services available at MUSC and rules regarding LEP patients

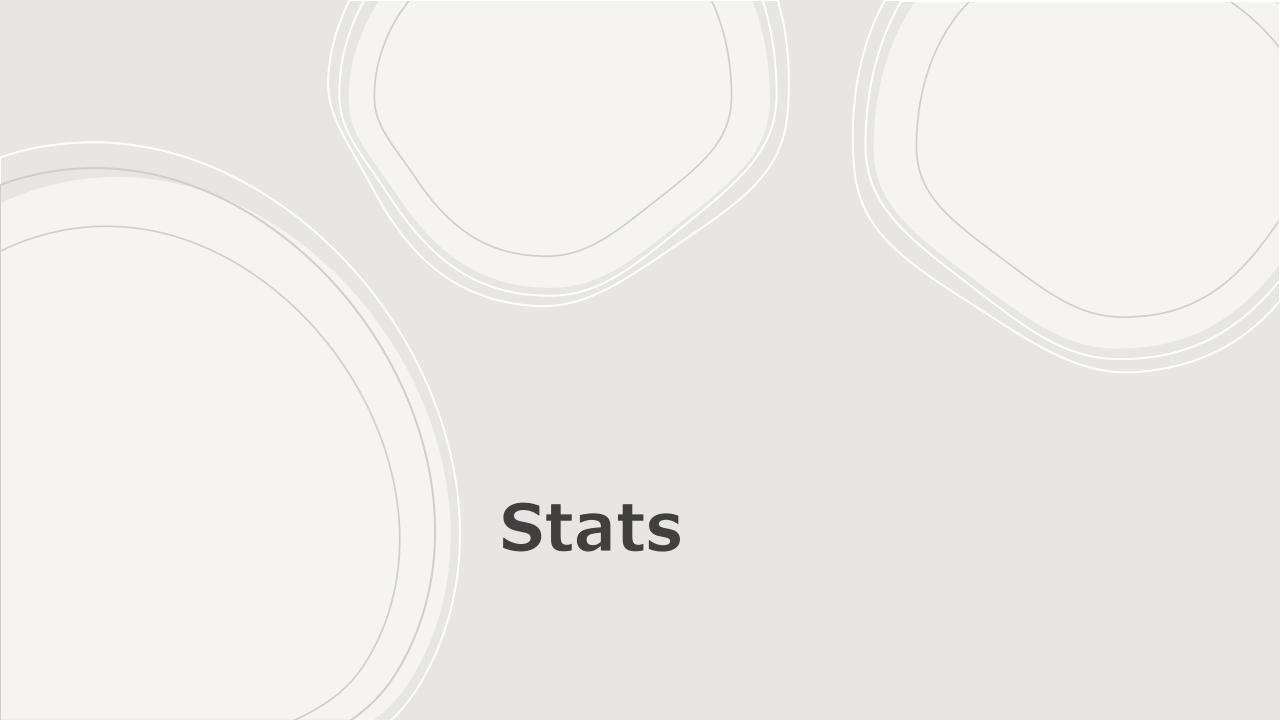
READING REFERENCE:

- 1. Chen AH, Youdelman MK, Brooks J. *The legal framework for language access in healthcare settings: Title VI and beyond*. J Gen Intern Med. 2007 Nov;22 Suppl 2(Suppl 2):362-7. doi: 10.1007/s11606-007-0366-2. PMID: 17957427; PMCID: PMC2150609.
- 2. Flores G. The Impact of Medical Interpreter Services on the Quality of Health Care: A Systematic Review. Medical Care Research and Review. 2005;62(3):255-299. doi:10.1177/1077558705275416
- 3. Jacobs, B., Ryan, A., Henrichs, K., Weiss, B. *Medical Interpreters in Outpatient Practice*. The Annals of Family Medicine. January 2018, 16 (1) 70-76; DOI: https://doi.org/10.1370/afm.2154
- 4. Juckett G, Unger K. *Appropriate use of medical interpreters*. Am Fam Physician. 2014 Oct 1;90(7):476-80. PMID: 25369625.
- 5. Mocha, R., Nassery, H., Fareed, T. *Incorporating Medical Interpretation Into Your Practice*. Family Pratice Management. 2014; 21(2):16-21.
- 6. https://muschealth.org/patients-visitors/visitor-information/interpreters
- 7. www.census.gov



Navigating Medical Conversations with an Interpreter

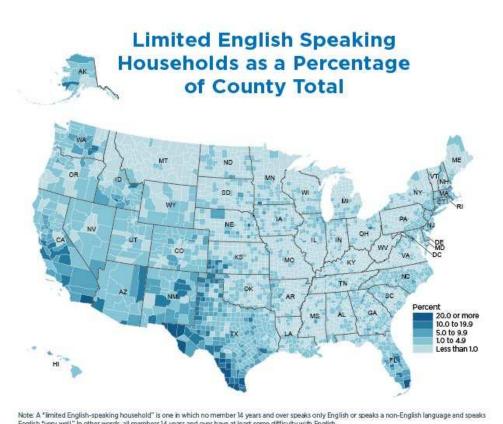






Those whose primary language for communication is not English and those who have a limited ability read, write, speak, or understand English

Those who speak English less than "very well"



English "very well." In other words, all members 14 years and over have at least some difficulty with English.



U.S. Department of Commerce Economics and Statistics Administration Source: 2012-2016 American Community Survey 5-year estimates www.census.gov/programs-surveys/acs/ 22% of the US population speak a language other than English at home

Spanish speaker have increased by 30 million since 1980 (~14%) ~8% LEP

Rights of persons with LEP



Key legislation and guidance

Title VI of Civil Rights
Act of 1964

LEP Executive Order

2003 Department of Health and Human Services LEP Guidance



National CLAS Standards

Language assistance for patients with LEP offered at no cost

Notify patients of availability of language assistance services in their preferred language, both verbally and in writing

Ensure competence of interpreters* and avoid use of untrained persons or minors as interpreters

Provide print materials
and signage in
commonly used
languages of the area
that are easy to
understand

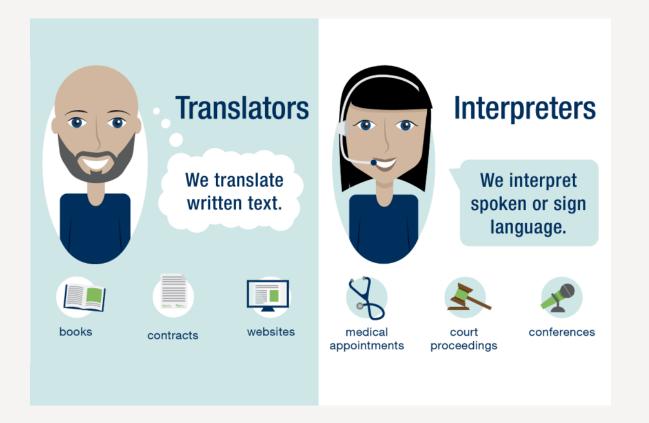




LEP in the Healthcare Setting

- Decreased quality of care
- Adverse effects on health and healthcare
- Higher rates of adverse drug reactions
- Decreased understanding of diagnosis
- Lower rates of preventive services
- · Higher utilization of diagnostic testing

Types of Interpreters



Interpreter vs Translator



Ad hoc interpreters

= Untrained medical interpreters, untrained professionals, family, friends, strangers

Use only if requested by patient or in emergencies

Potential problems

- More likely to have errors that have clinical consequences
- Unfamiliar with medical terminology
- Limited or no understanding of confidentiality
- Embarrassment about intimate or personal issues
- Unsolicited advice
- Mixed motives or personal agendas







Certified medical interpreters



Fluent in 2+ languages



Formal program that includes

- 1. Training in ethics and role as a medical interpreter
- 2. Courses on medical terminology
- 3. Oral and written board exams



Code of professional standards and ethics



MUSC

Interpretation services <u>24 hours/day</u>, <u>no cost to</u> patient

In-person interpretation

- Spanish 24 hours/day
- ASL 8AM-5PM, via interpreting agencies after hours/weekends

Telephone

- >240 languages, 24 hours/day

Video Remote Interpretation

 multiple languages, including ASL, 24 hours/day

Braille and Audio Reading Download for patients with visual impairment





MUSC "I Speak" Program

Assesses fluency and level of comprehension of multilingual staff providing direct medical patient care in the top 5 languages of patients at MUSC

Issued an "I Speak" badge with the list of approved languages.

Working with an interpreter





During the visit

- Seat the interpreter next to or slightly behind the patient
- Only say what you want to be interpreted
- Speak directly to the patient
- Use first-person
- Short sentences, one question at a time
- Sentence by sentence interpretation
- Allow interpreter to completely finish the statement
- Avoid idioms, acronyms, jargon, humor



After visit

- Use teach back to assess patient comprehension
- Debrief with interpreter to make corrections or clarify

To decrease errors

Provider and interpreter should work slowly to understand and verify

Pay attention to nonverbal cues

Interpreter should avoid editing

Provider should restate/summarize patient comments/history

Questions?



Resources

- 1. Chen AH, Youdelman MK, Brooks J. The legal framework for language access in healthcare settings: Title VI and beyond. J Gen Intern Med. 2007 Nov;22 Suppl 2(Suppl 2):362-7. doi: 10.1007/s11606-007-0366-2. PMID: 17957427; PMCID: PMC2150609.
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