# Glycolysis in Breast Cancer: A Survey of Metabolic and Immune Interactions

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#### **Abstract**

This survey paper provides a comprehensive analysis of glycolysis in the context of breast cancer, emphasizing its metabolic and immune interactions within the tumor microenvironment. It begins by elucidating the Warburg effect, a phenomenon where cancer cells preferentially utilize aerobic glycolysis, thus influencing cancer metabolism and immune evasion. The survey explores the metabolic reprogramming in breast cancer, highlighting the role of glycolysis in energy production, biosynthesis, and tumor heterogeneity. Furthermore, it examines the tumor microenvironment's components, such as non-cancerous cells and the extracellular matrix, and their contributions to cancer progression, including the effects of acidic conditions and vascular growth factors. The relationship between glycolysis and immune evasion is investigated, focusing on glycolytic byproducts' impact on immune suppression and the interplay with immune system components. Various modeling approaches are discussed to understand these complex interactions. The therapeutic implications of targeting glycolysis are also considered, with strategies to inhibit cancer progression, enhance chemotherapy and radiotherapy effectiveness, and modulate the immune response. The paper concludes by summarizing key findings and proposing future research directions to further explore glycolysis's role in breast cancer, aiming to develop effective therapeutic strategies. This survey underscores the critical importance of understanding glycolysis in cancer research and its potential in informing innovative cancer treatments.

## 1 Introduction

#### 1.1 Structure of the Survey

This survey is organized to provide a comprehensive understanding of glycolysis in breast cancer, emphasizing its metabolic and immune interactions. The introduction outlines the significance of aerobic glycolysis, or the Warburg effect, in cancer metabolism and its influence on the immune microenvironment. The subsequent section presents the historical context and definitions of the Warburg effect, elucidating key concepts such as glycolysis, cancer metabolism, and the tumor microenvironment.

The survey further examines glycolysis's role in cancer metabolism, focusing on metabolic reprogramming in breast cancer cells, energy production, biosynthesis, and the contribution of glycolysis to tumor heterogeneity. It then shifts to the tumor microenvironment, analyzing its components, including non-cancerous cells and the extracellular matrix, and their roles in cancer progression, particularly under acidic conditions and the influence of vascular growth factors on tumor growth.

Additionally, the relationship between aerobic glycolysis and immune evasion in breast cancer is explored, highlighting the effects of glycolytic byproducts on immune suppression and the interactions between glycolysis and immune system components. Various modeling approaches to understanding immune evasion are discussed. The penultimate section addresses therapeutic implications of targeting

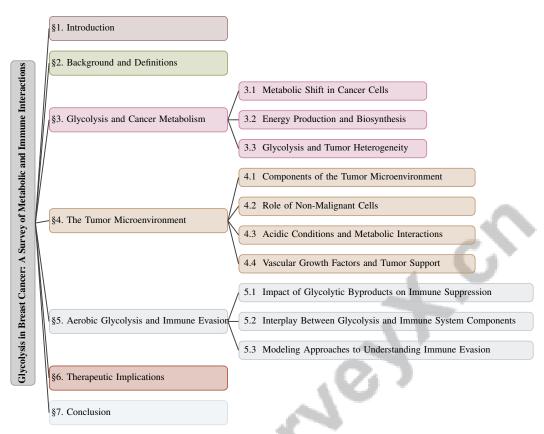


Figure 1: chapter structure

glycolysis, including strategies to inhibit cancer progression, enhance chemotherapy and radiotherapy efficacy, and modulate the immune response [1].

The survey concludes by summarizing key findings and underscoring the importance of glycolysis in breast cancer for developing effective therapeutic strategies. It outlines future research directions aimed at deepening the understanding of glycolysis, particularly focusing on lactate dehydrogenase A (LDHA) as a potential therapeutic target. This highlights the critical role of glycolytic metabolism in tumor progression and its interaction with the tumor microenvironment, providing a roadmap for ongoing investigations into manipulating glycolysis to enhance treatment efficacy and address challenges such as chemotherapy resistance in breast cancer [2, 3, 4, 5]. The following sections are organized as shown in Figure 1.

## 2 Background and Definitions

## 2.1 Historical Context and Significance

The study of glycolysis and the Warburg effect has significantly shaped our understanding of cancer metabolism and informed therapeutic development. Otto Warburg's early 20th-century findings revealed that cancer cells preferentially use glycolysis for energy production, even in oxygen-rich conditions, a phenomenon known as the Warburg effect. This discovery underscored the distinct metabolic characteristics of cancer cells, paving the way for deeper exploration of cancer metabolism [3]. Contributions from biochemists like Otto Meyerhof further elucidated the glycolytic pathway, highlighting its role in cellular energy production and its broader biochemical implications [6]. This established a link between metabolic pathways and cancer progression, suggesting new targets for cancer therapies.

Research has also explored the interplay between glycolysis and gluconeogenesis, revealing complex dynamics such as oscillations and chaos that enhance the metabolic flexibility of cancer cells [7]. These insights highlight the intricate regulatory networks in cancer metabolism, presenting challenges

for therapeutic targeting. The historical context of tumor glycolysis has informed the development of therapies that exploit these metabolic changes, addressing issues of tumor heterogeneity and resistance by focusing on the tumor microenvironment [8]. This evolution underscores the enduring relevance of the Warburg effect and glycolysis in cancer research, guiding innovative treatment strategies.

#### 2.2 Key Concepts in Glycolysis and Cancer Metabolism

Glycolysis is a crucial metabolic pathway for ATP production and provides intermediates vital for cellular growth and proliferation. In cancer, especially breast cancer, glycolysis is reprogrammed, as exemplified by the Warburg effect, where cancer cells prefer glycolysis over oxidative phosphorylation (OXPHOS) for ATP generation, even with oxygen present. This shift supports rapid proliferation and survival, contributing to therapeutic resistance by decreasing reliance on OXPHOS and increasing dependence on glycolytic pathways [9, 10]. Although glycolysis is less efficient in ATP yield compared to OXPHOS, it offers rapid energy production and generates intermediates for anabolic processes, facilitating biosynthesis and growth [11]. Enzymes like lactate dehydrogenase A (LDHA) are often overexpressed in cancer cells, enhancing glycolysis and lactate production, which contribute to tumor progression and an acidic microenvironment [12].

The interaction between glycolysis and gluconeogenesis is critical for the metabolic flexibility of cancer cells, fostering autocatalytic cycles that enhance adaptability [10]. This adaptability is influenced by the thermodynamic and kinetic properties of enzyme-catalyzed reactions, affected by environmental factors such as solvent flow [13]. The role of physiological oscillations in glycolysis, reflecting the self-organizing nature of processes driven out of thermodynamic equilibrium, remains an active research area [12]. Mathematical modeling, which ensures mass conservation and nonnegative concentrations, is vital for elucidating these complex biochemical reactions in glycolysis. Such models are crucial for advancing our understanding of cancer metabolism and developing effective therapeutic strategies targeting glycolysis to improve cancer treatment efficacy [13].

In recent years, the relationship between metabolism and cancer has garnered significant attention, particularly in understanding how cancer cells adapt to their microenvironment. This adaptation often manifests through a metabolic shift, prominently characterized by the Warburg effect, where cancer cells preferentially utilize glycolysis for energy production, even in the presence of oxygen. Figure 2 illustrates this hierarchical structure of glycolysis and cancer metabolism, effectively highlighting key elements such as energy production, biosynthesis, and tumor heterogeneity. The figure emphasizes the metabolic flexibility of cancer cells and the influence of glycolytic byproducts on tumor progression. Furthermore, it showcases the integration of glycolysis with anabolic pathways, elucidating the thermodynamic characteristics and constraints on metabolic efficiency. This comprehensive depiction not only underscores the role of glycolysis in tumor heterogeneity but also identifies potential therapeutic targets that may arise from these metabolic insights. Thus, the image serves as a crucial visual aid that complements the discussion on the intricate relationship between glycolysis and cancer metabolism, enhancing our understanding of potential intervention strategies.

#### 3 Glycolysis and Cancer Metabolism

#### 3.1 Metabolic Shift in Cancer Cells

Cancer cells undergo metabolic reprogramming, prominently featuring an increased reliance on glycolysis despite oxygen availability, known as the Warburg effect. This shift supports the high energy demands of rapidly proliferating tumors through an autocatalytic mechanism that enhances ATP production via glucose consumption [10]. Environmental factors, such as radiation, further modulate the Warburg effect, highlighting the complex interplay between cancer metabolism and external stimuli [9].

As illustrated in Figure 3, the hierarchical structure of these metabolic shifts encompasses the Warburg effect, metabolic dynamics, and therapeutic implications. The figure emphasizes the increased reliance on glycolysis, the effects of radiation, and the modulation by environmental factors. Cancer metabolism dynamics, particularly overflow metabolism, are influenced by these environmental controls and inter-cellular interactions, illustrating emergent behaviors and phase

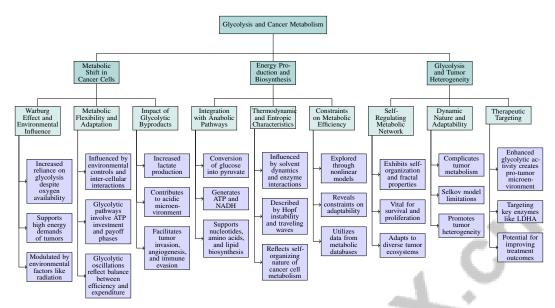


Figure 2: This figure illustrates the hierarchical structure of glycolysis and cancer metabolism, highlighting the metabolic shift in cancer cells, energy production and biosynthesis, and tumor heterogeneity. It emphasizes the Warburg effect, metabolic flexibility, and the impact of glycolytic byproducts on tumor progression. Additionally, it showcases the integration of glycolysis with anabolic pathways, thermodynamic characteristics, and constraints on metabolic efficiency. The role of glycolysis in tumor heterogeneity and potential therapeutic targets are also explored.

transitions in multicellular systems [11]. This metabolic flexibility allows cancer cells to adapt to diverse environmental conditions and therapeutic pressures.

Glycolytic pathways involve ATP investment and payoff phases, crucial for maintaining metabolic flux and supporting proliferation [13]. Glycolytic oscillations, constrained by thermodynamic costs, reflect the balance between metabolic efficiency and energy expenditure, as described by the thermodynamic uncertainty relation (TUR) [12]. These oscillations exemplify the self-organizing properties of cancer cells, enabling dynamic responses to environmental changes and therapeutic interventions.

Moreover, metabolic reprogramming in cancer cells increases glycolytic byproducts like lactate, contributing to an acidic microenvironment that facilitates tumor invasion, angiogenesis, and immune evasion, enhancing malignancy and treatment resistance [2, 14, 4, 5]. The therapeutic implications highlighted in the figure underscore the importance of targeted therapies aimed at disrupting these metabolic processes, which may improve treatment outcomes. Understanding these shifts is crucial for developing strategies that effectively counteract cancer metabolism.

#### 3.2 Energy Production and Biosynthesis

Glycolysis is central to energy production and biosynthesis in cancer cells, supporting rapid proliferation and survival. This pathway converts glucose into pyruvate, generating ATP and NADH, essential for meeting cancer cells' high energy demands. Glycolytic intermediates also feed into anabolic pathways, supporting nucleotides, amino acids, and lipid biosynthesis necessary for cell growth and division [15].

The integration of glycolysis with gluconeogenesis under anaerobic conditions underscores the dynamic interplay between these pathways, crucial for regulating key metabolites like lactate and glucose [7]. Solvent dynamics, including substrate diffusion and enzyme interactions, further influence these metabolic processes, affecting the efficiency and regulation of glycolytic reactions [16].

Insights into the thermodynamic and entropic characteristics of glycolytic oscillations, described by Hopf instability and traveling waves, enhance understanding of the energetic efficiency of this pathway [17]. These oscillations, facilitated by enzymes like octameric phosphofructokinase (PFK), reflect

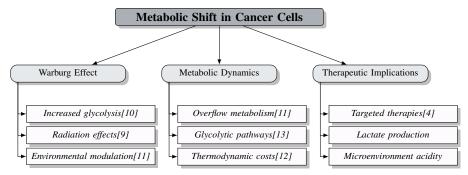


Figure 3: This figure illustrates the hierarchical structure of metabolic shifts in cancer cells, focusing on the Warburg effect, metabolic dynamics, and therapeutic implications. It highlights increased glycolysis, radiation effects, and environmental modulation under the Warburg effect. Metabolic dynamics include overflow metabolism, glycolytic pathways, and thermodynamic costs. The therapeutic implications emphasize targeted therapies, lactate production, and microenvironment acidity.

the self-organizing nature of cancer cell metabolism, promoting cost-effective energy production [12]. Transitioning from static homeostasis to dynamic oscillatory behavior signifies a crucial advancement in understanding physiological regulation in cancer cells [18].

The fundamental limits and trade-offs in glycolytic performance, explored through nonlinear models, reveal constraints on metabolic efficiency and adaptability to environmental and therapeutic pressures [10]. Utilizing comprehensive data from metabolic databases allows constructing interconnected networks of metabolites and enzymes, elucidating the relationships underpinning cancer metabolism and identifying potential therapeutic targets [15].

## 3.3 Glycolysis and Tumor Heterogeneity

Glycolysis is integral to tumor heterogeneity, functioning as a self-regulating metabolic network with self-organization and fractal properties [19]. This flexibility is vital for cancer cells' survival and proliferation within diverse tumor ecosystems, where heterogeneity is evident across various cancer hallmarks, including growth factor production for angiogenesis and energy metabolism reprogramming towards aerobic glycolysis [20].

The dynamic nature of glycolytic pathways complicates tumor metabolism, adapting to changing environmental conditions and therapeutic interventions. The Selkov model, used to analyze glycolytic oscillations, has limitations in capturing real biochemical systems' complexity, with unbounded solutions potentially misrepresenting glycolysis's biological relevance and contributing to variability in tumor cell behavior [21].

These dynamics emphasize glycolysis's role in promoting tumor heterogeneity, as cancer cells utilize this pathway to adapt to diverse microenvironmental conditions. Glycolysis's self-organizing nature enables metabolic flexibility, supporting tumor progression through rapid growth and invasion while fostering resistance to conventional therapies. Enhanced glycolytic activity, marked by increased lactate production, creates a pro-tumor microenvironment and facilitates immune evasion, complicating treatment efforts. Targeting key enzymes in this metabolic reprogramming, such as lactate dehydrogenase A (LDHA), offers a promising therapeutic strategy to disrupt cancer metabolism and enhance treatment efficacy [2, 4, 22, 5]. Understanding glycolysis's role in tumor heterogeneity is essential for developing targeted therapeutic strategies addressing cancer cells' metabolic adaptability, potentially improving treatment outcomes.

## 4 The Tumor Microenvironment

The tumor microenvironment (TME) is a crucial element in cancer biology, significantly affecting tumor behavior and response to therapies. It comprises various components, including non-malignant cells like adipocytes, fibroblasts, and immune cells, which interact to promote tumor progression and resistance to treatment. These interactions underscore the roles of these components in uncontrolled cell proliferation and metabolic reprogramming [3, 14, 4, 5].

#### 4.1 Components of the Tumor Microenvironment

In breast cancer, the TME includes diverse cellular and non-cellular components that influence cancer progression and treatment response. Tumor cells interact with non-malignant cells, such as adipocytes, fibroblasts, immune cells including lymphocytes and dendritic cells, and tumor vasculature, shaping tumor behavior and aiding immune evasion [14]. Adipocytes provide fatty acids for tumor growth and secrete pro-inflammatory cytokines that promote proliferation and invasion. Cancer-associated fibroblasts (CAFs) remodel the extracellular matrix (ECM), facilitating invasion and metastasis through interactions with stromal cells [23, 14, 5]. The abnormal tumor vasculature is vital for nutrient and oxygen supply and serves as a metastatic conduit.

Immune components in the TME, like lymphocytes and dendritic cells, can mount anti-tumor responses, but the immunosuppressive milieu often leads to immune evasion, exacerbated by metabolic adaptations such as the Warburg effect [5]. Acidic conditions from aerobic glycolysis affect tumor dynamics, promoting invasion by degrading ECM and reducing chemotherapy efficacy [24]. Metabolomics analyses highlight distinct metabolic profiles in cancer patients, underscoring the metabolic reprogramming that supports tumor growth [25]. Understanding these interactions is essential for developing targeted interventions to modulate the TME and improve treatment outcomes [23, 14].

## 4.2 Role of Non-Malignant Cells

Non-malignant cells in the TME are essential for cancer cell survival and proliferation. Immune cells, fibroblasts, adipocytes, and endothelial cells have multifaceted roles. Tumor-associated macrophages (TAMs) and regulatory T cells (Tregs) can promote or inhibit tumor growth, depending on their subtype and TME signals. TAMs often adopt pro-tumorigenic phenotypes, secreting cytokines and growth factors that enhance proliferation and invasion [14]. CAFs are crucial in ECM remodeling, creating a scaffold for tumor expansion and metastasis. Tumor cells secrete matrix metalloproteinases (MMPs) that degrade ECM components, enhancing invasiveness and underscoring the need to target MMPs and the TME in treatment strategies [3, 5, 8, 14, 23]. CAFs also produce growth factors like TGF- and FGF, promoting survival.

Adipocytes release fatty acids as energy sources and secrete adipokines and inflammatory cytokines that modulate cancer cell behavior, enhancing proliferation and invasion [14, 5]. Their interaction with cancer cells can reprogram them into cancer-associated adipocytes (CAAs), further supporting tumor growth. Endothelial cells form the tumor vasculature, providing nutrients and oxygen while facilitating dissemination. The interactions among non-malignant and cancer cells create a niche fostering growth and resistance to therapy, emphasizing the need for targeted strategies to disrupt these networks [23, 14].

## 4.3 Acidic Conditions and Metabolic Interactions

Acidic conditions in the TME critically influence metabolic interactions and tumor progression. Tumor cell-produced acid facilitates invasion by creating inhospitable environments for normal tissue [24]. Glycolysis contributes to this acidic environment via lactate production, lowering the pH [19]. Energy-based analyses of biomolecular pathways highlight the balance between energy transformations and mass flows sustaining tumor growth under acidic conditions [26]. The framework of nonequilibrium thermodynamics connects glycolytic oscillations with thermodynamic entities, revealing cancer cells' optimization of these oscillations to maintain efficiency [17]. Environmental control significantly influences metabolic interactions, with coordination failures in inter-cellular exchanges resulting in overflow metabolism [11]. The kinetic model of anaerobic glycolysis emphasizes mass conservation and metabolic fluxes under acidic conditions [13].

Acidic conditions also create an immunosuppressive environment by inhibiting immune cell activity, facilitating immune evasion [27]. The thermodynamic optimality of glycolytic oscillations underscores cancer cells' adaptive capabilities in maintaining homeostasis while minimizing entropy production [12]. Understanding these influences is essential for developing strategies to exploit vulnerabilities, disrupting the supportive niche that facilitates growth and resistance. By focusing on enhanced glycolytic activity of cancer and tumor-infiltrating immune cells, researchers can identify opportunities to improve conventional therapy efficacy [4, 5].

#### 4.4 Vascular Growth Factors and Tumor Support

Vascular growth factors are pivotal in supporting tumor growth by facilitating angiogenesis, essential for providing nutrients and oxygen for rapid proliferation. The interactions between tumor cells and the TME are complex, with glycolytic acid production and vascular growth factors central to these dynamics. The Double Goods Game model conceptualizes acid production as a public good benefiting all tumor cells, while oxygen supply is a club good accessible primarily to cells near blood vessels [20]. Angiogenesis is driven by vascular growth factors like VEGF, upregulated in response to hypoxia. This upregulation of glycolysis meets heightened metabolic demands, known as the Warburg effect, resulting in increased glucose uptake and lactate production, acidifying the TME [3, 27, 4, 9]. The acidic environment supports growth and creates nutrient competition with immune cells, impairing function and contributing to immune evasion.

The newly formed vasculature is typically abnormal and leaky, contributing to the chaotic TME nature. Enhanced glycolytic activity in cancer cells supports growth by facilitating nutrient delivery and waste removal while creating a conducive environment for metastasis. This metabolic reprogramming provides a survival advantage and contributes to treatment resistance, highlighting the interplay between cancer metabolism and therapeutic outcomes [23, 4, 5]. Understanding vascular growth factors' role is critical for developing therapies aimed at disrupting these processes. Anti-angiogenic therapies targeting angiogenesis signaling pathways have shown promise in limiting growth by depriving cancer cells of vascular support. The dynamic adaptability of the TME presents challenges for effective treatment, underscoring the need for a comprehensive approach targeting various metabolic pathways. Innovative strategies, such as personalized metabolic analyses and targeted interventions, are essential for addressing unique biochemical networks within the TME [3, 4, 5, 8, 25].

## 5 Aerobic Glycolysis and Immune Evasion

## 5.1 Impact of Glycolytic Byproducts on Immune Suppression

Glycolytic byproducts, especially lactate, play a pivotal role in immune suppression within the tumor microenvironment (TME), thereby promoting cancer progression and resistance to therapy. The Warburg effect, characterized by increased glycolysis and diminished oxidative phosphorylation, results in lactate accumulation, acidifying the TME and creating an immunosuppressive milieu that impairs cytotoxic T lymphocytes and natural killer cells, aiding immune evasion [22, 28]. Solvent dynamics within the TME enhance lactate dehydrogenase A (LDHA) activity, converting pyruvate to lactate and perpetuating these conditions. Inhibiting LDHA is challenging due to its narrow substrate-binding pocket, complicating efforts to counteract lactate-mediated suppression [2].

Overflow metabolism in the TME highlights how glycolytic byproducts shape the tumor's adaptive landscape, enabling cancer cells to thrive under nutrient scarcity and outcompete immune and stromal cells [11]. Competition between non-stem cancer cells and cancer stem cells (CSCs) exacerbates immune suppression, as non-stem cells deplete resources and shield CSCs, protecting them from immune attack [29]. Glycolytic pathway oscillations regulate metabolic processes within the TME, complicating the immune system's ability to respond effectively [18, 14].

Understanding glycolytic byproducts' role in immune suppression is vital for developing targeted therapies that exploit metabolic vulnerabilities in the TME. By elucidating these mechanisms, novel therapies could counteract immune evasion and enhance treatment efficacy, particularly in breast cancer, where increased glycolysis meets metabolic demands but hinders antitumor immunity [27, 4, 29, 5].

#### 5.2 Interplay Between Glycolysis and Immune System Components

The interaction between glycolysis and the immune system within the TME involves complex dynamics significantly impacting cancer progression and immune evasion. The Warburg effect alters the metabolic landscape, suppressing immune function and enhancing tumor survival. The glycolytic strategy of cancer cells results in lactate production, acidifying the TME and impairing immune cell function, particularly that of cytotoxic T lymphocytes and natural killer cells [29].

Resource competition within the TME is further complicated by the presence of CSCs and non-stem cancer cells, which shield CSCs from immune attack by creating physical barriers and depleting resources, enhancing immune evasion [29]. The ecological model of tumor progression emphasizes the strategic interactions between different tumor cell phenotypes, where glycolytic and angiogenic strategies optimize survival and growth in resource-limited conditions [20].

The double goods game framework posits that glycolytic byproducts act as public goods benefiting the entire tumor population, while angiogenic factors serve as club goods, primarily aiding cells near blood vessels [20]. This model illustrates how tumor cells manipulate the TME to their advantage, often at the expense of effective immune surveillance.

A comprehensive understanding of glycolysis-immune interactions is crucial for developing therapies that disrupt these dynamics. Such interventions could enhance the immune response against tumors, improving breast cancer treatment efficacy. Targeting metabolic pathways involved could inhibit tumor growth and bolster conventional therapies, including chemotherapy and immunotherapy [27, 4, 30, 5].

## 5.3 Modeling Approaches to Understanding Immune Evasion

Modeling approaches are vital for elucidating the interactions between tumor cells and the immune system, particularly regarding glycolysis-driven immune evasion. Agent-based models simulate competitive dynamics and resource allocation within the TME, exploring how resource competition, such as glucose consumption, influences cancer-immune interactions and contributes to immune evasion [29].

A model utilizing a 4-dimensional system of ordinary differential equations represents tumor and immune cell dynamics, incorporating parameters for glucose consumption and immune response [30]. This framework allows simulation of various tumor-immune interaction scenarios, enhancing understanding of immune evasion mechanisms and potential therapeutic targets.

The MetaboX library constructs metabolic networks from KEGG data, facilitating visualization and analysis of metabolic interactions within the TME [15]. By leveraging this library, researchers can model glycolysis's impact on immune cell function, improving predictions of how metabolic alterations might influence tumor behavior and immune responses.

The acid-mediation hypothesis, supported by models like Holder et al., suggests that the acidic environment created by glycolytic byproducts facilitates tumor invasion and immune suppression [24]. Future research should integrate metabolic and immune dynamics to develop comprehensive models predicting therapeutic intervention outcomes aimed at disrupting glycolysis and enhancing immune function.

These modeling approaches are essential for understanding the relationship between glycolysis and immune evasion in cancer, demonstrating how tumor metabolism meets malignancy's energetic demands while fostering an immunosuppressive microenvironment. This understanding lays the groundwork for innovative therapeutic strategies exploiting cancer cells' metabolic weaknesses while enhancing the immune response against tumors, potentially improving cancer treatment outcomes [27, 5].

## **6** Therapeutic Implications

Category	Feature	Method
Targeting Glycolytic Pathways	Metabolic Pathway Insights	M[25]
Integration with Chemotherapy and Radiotherapy	Metabolic Pathway Targeting	AMTCI[24]
Metabolic Vulnerabilities and Immune Modulation	Metabolic Processes	SILAC-2D-LC-MS/MS[9]

Table 1: This table provides a comprehensive summary of various methods utilized in targeting cancer metabolism, with a focus on glycolytic pathways, integration with chemotherapy and radiotherapy, and metabolic vulnerabilities related to immune modulation. It highlights the specific features and approaches, such as metabolic pathway insights, metabolic pathway targeting, and metabolic processes, employed in these therapeutic strategies.

The deepening understanding of cancer metabolism underscores the therapeutic potential of targeting specific metabolic pathways, particularly glycolysis, which is essential for energy production and survival in many cancers. This reliance, especially in breast cancer, presents unique intervention opportunities. Table 1 presents a detailed summary of the methods and strategies employed in targeting cancer metabolism, emphasizing the importance of glycolytic pathways, integration with chemotherapy and radiotherapy, and the exploitation of metabolic vulnerabilities for therapeutic advancement. Additionally, Table 2 presents a comprehensive comparison of various methods employed in targeting cancer metabolism, emphasizing the significance of glycolytic pathways, their integration with conventional therapies, and the exploration of metabolic vulnerabilities for therapeutic advancement. The following subsection discusses strategies for targeting these pathways to disrupt cancer metabolism and improve treatment efficacy.

#### 6.1 Targeting Glycolytic Pathways

Inhibiting glycolytic pathways offers a promising strategy to curb cancer progression, notably in breast cancer, where the Warburg effect is prevalent. Modulating glycolytic enzymes, such as lactate dehydrogenase A (LDHA), overexpressed in cancer cells, is a key approach. LDHA inhibitors have demonstrated potential in enhancing treatment outcomes, especially when used alongside other therapies [2]. Mathematical models incorporating feedback mechanisms and the adenine nucleotide cycle provide insights into the metabolic processes sustaining cancer cell survival [19].

The discovery of unbounded oscillatory solutions in glycolytic models highlights potential therapeutic targets, guiding the development of strategies to disrupt metabolic networks supporting cancer proliferation [21]. Comprehensive metabolic network analysis, rather than isolated pathways, identifies significant alterations that can be leveraged in cancer therapy [25].

Mathematical modeling techniques ensuring mass conservation and non-negative concentrations offer a robust framework for analyzing biochemical networks, including glycolysis, helping to identify critical nodes for potential targeting [13]. Additionally, varied cancer cell responses to different radiation types suggest strategies for targeting cancer metabolism by inducing specific metabolic responses [9].

An integrated approach combining enzyme inhibition, metabolic modeling, and personalized metabolic network analysis is essential for targeting glycolytic pathways. By focusing on cancer cells' enhanced glycolytic metabolism, or the 'Warburg effect,' essential metabolic networks can be disrupted, enhancing the efficacy of conventional therapies such as chemotherapy and immunotherapy. This approach also addresses nutrient competition between cancer and immune cells, presenting promising therapeutic avenues in breast cancer that could reverse treatment resistance and improve outcomes [27, 4, 22].

## 6.2 Integration with Chemotherapy and Radiotherapy

Modulating glycolysis is becoming a key strategy to enhance chemotherapy and radiotherapy effectiveness in breast cancer. Combining glycolytic inhibitors with traditional therapies shows promise in overcoming the tumor microenvironment's challenges, particularly its acidic conditions. The acid-mediation hypothesis suggests that the acidic environment from tumor glycolysis facilitates invasion and therapy resistance, emphasizing targeting metabolic pathways for better treatment outcomes [24].

Recent studies highlight the synergistic effects of glycolytic inhibitors with chemotherapy and radiotherapy. By targeting key glycolytic enzymes like LDHA, these inhibitors disrupt metabolic processes sustaining cancer cell survival, enhancing chemotherapy's cytotoxic effects and sensitizing tumor cells to radiotherapy, potentially overcoming resistance mechanisms [4].

Comparative analyses of glycolytic inhibitors reveal their potential to alter cancer metabolism, enhancing conventional therapies' efficacy and addressing cancer cells' metabolic reprogramming. This shift supports cancer proliferation and mitigates challenges like treatment resistance and nutrient competition within the tumor microenvironment [2, 4]. By inhibiting glycolysis, these strategies reduce the tumor's adaptive capacity, making it more susceptible to therapeutic interventions.

Integrating glycolysis modulation with chemotherapy and radiotherapy embodies a multifaceted cancer treatment approach. By targeting the metabolic reprogramming underpinning cancer cell sur-

vival, particularly glycolysis reliance, these innovative strategies hold potential for enhancing various therapeutic modalities' effectiveness. Addressing the tumor microenvironment, comprising malignant and non-malignant cells, is crucial for influencing tumor growth and treatment response. Targeting glycolytic pathways may represent a promising strategy for overcoming therapeutic challenges and improving patient outcomes [4, 5, 8, 14, 22].

#### 6.3 Metabolic Vulnerabilities and Immune Modulation

Exploiting cancer cells' metabolic vulnerabilities offers a strategic approach to modulating the immune response and enhancing therapeutic efficacy. The metabolic reprogramming in cancer cells, particularly the glycolysis shift, presents specific vulnerabilities for targeting tumor progression and immune evasion. The fundamental limits and trade-offs in glycolytic performance, characterized by autocatalytic pathways, underscore the balance between robustness and efficiency in identifying therapeutic targets [10].

Integrating alternative metabolic pathways and exploring non-linear dynamics within broader networks can uncover additional vulnerabilities affecting the immune response against cancer. Investigating inter-cellular lactate exchanges and their influence on tumor metabolism may offer new therapeutic intervention avenues [11]. Furthermore, cancer cells' adaptation to varying environmental conditions, such as different radiation exposures, highlights the need for future research into diverse cancer types' metabolic responses and the molecular mechanisms driving these changes [9].

Thermodynamically consistent modeling of enzymatic reactions is crucial for understanding these metabolic vulnerabilities and their implications for immune modulation. The fusion of thermodynamic principles with biochemical modeling provides insights into glycolytic processes' efficiency, vital for developing strategies targeting these vulnerabilities while preserving or enhancing immune cell function [12].

Strategically targeting metabolic vulnerabilities, particularly cancer cells' enhanced glycolytic dependency—the Warburg effect—can significantly increase tumor susceptibility to conventional therapies like chemotherapy and immunotherapy while modulating the immune response by addressing nutrient competition between tumor and immune cells. This approach has the potential to improve cancer patient outcomes [27, 4]. By leveraging insights from metabolic modeling and examining glycolysis and immune modulation interplay, effective therapeutic strategies can be developed to target cancer metabolism and enhance existing treatments' efficacy.

Feature	Targeting Glycolytic Pathways	Integration with Chemotherapy and Radiotherapy		Metabolic Vulnerabilities and Immune Modulation
Target Focus	Glycolytic Enzymes	-	Glycolysis Modulation	Metabolic Vulnerabilities
Integration Strategy	Enzyme Inhibition		Synergistic Combination	Immune Modulation
Therapeutic Potential	Enhance Treatment Outcomes		Overcome Resistance	Enhance Immune Response

Table 2: This table provides a comparative analysis of therapeutic strategies targeting cancer metabolism, with a focus on glycolytic pathways, their integration with chemotherapy and radiotherapy, and the exploitation of metabolic vulnerabilities for immune modulation. It highlights the target focus, integration strategies, and therapeutic potential of each approach, offering insights into enhancing treatment outcomes and overcoming resistance in cancer therapy.

#### 7 Conclusion

## 7.1 Future Research Directions

Advancing research on glycolysis in breast cancer necessitates a concentrated effort on several pivotal areas to refine our understanding and improve therapeutic strategies. Experimental validation of models exploring the advantages of aerobic glycolysis in cancer cells is crucial to uncover the metabolic shifts that facilitate tumor progression. A comprehensive exploration of the mechanisms that regulate tumor glycolysis and its interaction with the tumor microenvironment is imperative, as these insights could lead to the identification of novel therapeutic targets.

Enhancing existing models to incorporate additional biochemical pathways and parameters is essential. This includes investigating the influence of enzyme availability, energy balance, and molecular crowding on metabolic pathways, which could affect proteomic costs across various cellular contexts. Addressing the limitations of current models, such as the issue of unbounded oscillations, and

developing new frameworks that produce biologically meaningful outcomes can substantially advance our understanding of cancer glycolysis.

Moreover, applying energy-based analytical techniques to more intricate biomolecular systems offers a promising avenue to enhance our comprehension of energy dynamics within cancer metabolism. The development of algorithms for calculating non-equilibrium steady states could also facilitate the identification of metabolic weaknesses in cancer, leading to novel therapeutic approaches.

Finally, integrating competition-driven models of tumor-immune interactions with experimental validation could provide valuable insights into the dynamics between cancer cells and the immune system, informing strategies to bolster immune responses against tumors. By delving into these research pathways, we can significantly enhance our understanding of glycolysis in breast cancer and devise more effective therapeutic interventions.

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