

## JUNIOR "ON TRACK TIMES" - LONG COURSE METRES

## MALE FEMALE AGES AS OF 2013 AGES AS OF 2013

18	17	16	15	14	GOLD	17-18	16	15	14	13
22.64	22.84	23.21	23.81	24.67	50 Free	25.23	25.47	25.75	26.24	27.00
49.94	50.39	51.20	52.53	54.42	100 Free	55.15	55.67	56.29	57.36	59.02
1:49.30	1:50.28	1:52.05	1:54.96	1:59.10	200 Free	1:58.96	2:00.09	2:01.41	2:03.72	2:07.31
3:52.00	3:54.09	3:57.83	4:04.02	4:12.80	400 Free	4:09.97	4:12.34	4:15.12	4:19.97	4:27.51
15:18.46	15:26.73	15:41.55	16:06.03	16:40.81	800 Free	8:34.16	8:39.04	8:44.75	8:54.72	9:10.23
54.90	55.39	56.28	57.74	59.82	100 Back	1:01.33	1:01.91	1:02.59	1:03.78	1:05.63
1:58.55	1:59.62	2:01.53	2:04.69	2:09.18	200 Back	2:11.36	2:12.61	2:14.07	2:16.61	2:20.58
1:01.90	1:02.46	1:03.46	1:05.11	1:07.45	100 Breast	1:08.81	1:09.46	1:10.23	1:11.56	1:13.64
2:12.73	2:13.92	2:16.07	2:19.61	2:24.63	200 Breast	2:26.08	2:27.47	2:29.09	2:31.92	2:36.33
53.03	53.51	54.36	55.78	57.78	100 Fly	59.40	0:59.96	1:00.62	1:01.78	1:03.57
1:58.46	1:59.53	2:01.44	2:04.60	2:09.08	200 Fly	2:10.06	2:11.30	2:12.74	2:15.26	2:19.18
2:01.66	2:02.75	2:04.72	2:07.96	2:12.57	200 IM	2:13.04	2:14.30	2:15.78	2:18.36	2:22.37
4:17.37	4:19.69	4:23.84	4:30.70	4:40.45	400 IM	4:42.58	4:45.26	4:48.40	4:53.88	5:02.40
18	17	16	15	14	BRONZE	17-18	16	15	14	13
22.92	23.13	23.50	24.11	24.98	50 Free	25.50	25.74	26.03	26.52	27.29
50.23	50.68	51.49	52.83	54.73	100 Free	55.83	56.36	56.98	58.06	59.75
1:50.17	1:51.16	1:52.94	1:55.88	2:00.05	200 Free	2:00.47	2:01.61	2:02.95	2:05.29	2:08.92
3:53.80	3:55.90	3:59.68	4:05.91	4:14.76	400 Free	4:12.58	4:14.98	4:17.78	4:22.68	4:30.30
15:25.09	15:33.42	15:48.35	16:13.01	16:48.04	800 Free	8:38.88	8:43.81	8:49.57	8:59.63	9:15.28
56.00	56.50	57.41	0:58.90	1:01.02	100 Back	1:02.45	1:03.04	1:03.74	1:04.95	1:06.83
2:00.55	2:01.63	2:03.58	2:06.79	2:11.36	200 Back	2:12.94	2:14.20	2:15.68	2:18.26	2:22.27
1:03.01	1:03.58	1:04.59	1:06.27	1:08.66	100 Breast	1:09.44	1:10.10	1:10.87	1:12.22	1:14.31
2:15.55	2:16.77	2:18.96	2:22.57	2:27.70	200 Breast	2:27.46	2:28.86	2:30.50	2:33.36	2:37.81
53.63	54.11	54.98	56.41	58.44	100 Fly	59.93	1:00.50	1:01.16	1:02.33	1:04.13
2:00.80	2:01.89	2:03.84	2:07.06	2:11.63	200 Fly	2:11.62	2:12.87	2:14.33	2:16.88	2:20.85
2:02.67	2:03.77	2:05.75	2:09.02	2:13.67	200 IM	2:15.98	2:17.27	2:18.78	2:21.42	2:25.52
4:22.07	4:24.43	4:28.66	4:35.64	4:45.57	400 IM	4:45.90	4:48.62	4:51.79	4:57.33	5:05.96
18	17	16	15	14	FINAL	17-18	16	15	14	13
23.75	23.96	24.35	24.98	25.88	50 Free	26.50	26.75	27.05	27.56	28.36
51.34	51.80	52.63	54.00	55.94	100 Free	56.85	57.39	58.02	59.12	1:00.84
1:52.58	1:53.59	1:55.41	1:58.41	2:02.67	200 Free	2:03.56	2:04.73	2:06.11	2:08.50	2:12.23
3:58.19	4:00.33	4:04.18	4:10.53	4:19.55	400 Free	4:19.48	4:21.95	4:24.83	4:29.86	4:37.68
15:52.03	16:00.60	16:15.97	16:41.34	17:17.39	800 Free	8:51.72	8:56.77	9:02.68	9:12.99	9:29.02
57.82	58.34	59.27	1:00.81	1:03.00	100 Back	1:03.88	1:04.49	1:05.20	1:06.43	1:08.36
2:05.17	2:06.30	2:08.32	2:11.65	2:16.39	200 Back	2:16.50	2:17.80	2:19.31	2:21.96	2:26.08
1:04.35	1:04.93	1:05.97	1:07.68	1:10.12	100 Breast	1:10.40	1:11.07	1:11.85	1:13.22	1:15.34
2:21.75	2:23.03	2:25.31	2:29.09	2:34.46	200 Breast	2:32.70	2:34.15	2:35.85	2:38.81	2:43.41
55.48	55.98	56.87	58.35	1:00.45	100 Fly	1:01.68	1:02.27	1:02.95	1:04.15	1:06.01
2:03.72	2:04.83	2:06.83	2:10.13	2:14.81	200 Fly	2:16.77	2:18.07	2:19.59	2:22.24	2:26.37
2:06.70	2:07.84	2:09.89	2:13.26	2:18.06	200 IM	2:18.50	2:19.82	2:21.35	2:24.04	2:28.22
4:26.65	4:29.05	4:33.35	4:40.46	4:50.56	400 IM	4:54.72	4:57.52	5:00.79	5:06.51	5:15.40

OCTOBER 18, 2013