## Dr. Claudia Winkler

## Negotiation Trainer | Mediator | Coach

## Sample One Day In-house Workshop

Module	Time	Issues	Method
Module 1	10:00 - 11:00	Introduction  - Negotiation skills in the legal field - Principled negotiation v. bargaining - Interest based negotiation	Lecture, exercises and discussion
		Coffee Break	
Module 2	11:00 - 12:30	<ul> <li>Negotiation Exercise I</li> <li>Group preparation</li> <li>Negotiation in teams</li> <li>Discussion of results and techniques</li> <li>Analysis of challenges and suitable solutions</li> <li>Feedback &amp; debrief</li> </ul>	Negotiation Exercise
		Lunch Break	
Module 3	13:30 - 14:30	Preparation is key  - Setting ambitious goals  - Sorting your interests and priorities  - Using your "BATNA" and bargaining power  Effective communication  - start with your client  - information exchange stage at the table  - information gathering behavior of the pros  Leverage these skills for your clients  - What matters to your clients?  - Process v. Results and scientific backup	Lecture, exercises and discussion
		Coffee Break	
Module 4	14:45 - 16:00	<ul> <li>Negotiation Exercise II</li> <li>Group preparation</li> <li>Negotiation in teams</li> <li>Discussion of results and techniques</li> <li>Analysis of challenges and suitable solutions</li> <li>Feedback &amp; debrief</li> </ul>	Negotiation Exercise
Module 5	16:00 - 17:00	Negotiation Techniques & Tools  - What numbers to prepare  - Should you make the first offer?  - How high/low should you open?  - Optimistic v Outrageous	Lecture, exercises and discussion