

# 1 | Experiment Design

## 1.0.1 | Mechanistic Understanding

- Once data has been collected, it is important that one tries to get a mechanistic understanding.
  - This means more why this pattern is occurring. ### Data vs Theory
- Evidence is very different from theory.
  - Evidence may describe a pattern, but as soon as any theory or interpretation is applied it
    - One of De's mentors called this religion vs evidence
  - Example: He takes a survey that has us all saying that we feel relatively safe, but we don't feel calm and we feel stressed out
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