

Source:

1 | **Tustard**

Phenylalanine 78.88388243566993% Valine 100.18798061274833% Leucine 94.51699130818912%
Isoleucine 115.95896183749683% Lysine 112.10357982590932% Threonine 119.19645104929056%
Tryptophan 93.25468414954841% Methionine 71.62966397360115% Histidine 98.34293136523347%

Diet List: 1. 150.891598g Turkey Sausage 2. 75.102569g Mustard

2 | **AATSB**

Phenylalanine 81.2080685572291% Valine 124.11991193514258% Leucine 94.13009551708133%
Isoleucine 121.33660481656196% Lysine 98.99885464164082% Threonine 117.22718754701687%
Tryptophan 136.44759141786292% Methionine 76.60724610188446% Histidine 93.59079200960244%

Diet List: 1. 205.162743g broccoli 2. 90.416268g mustard 3. 369.057053g butter stick 4
16.536808g whole milk 5. 161.597425g whole eggs

Phenylalanine 87.91268936156915 % Valine 105.08684737010394 % Leucine 89.98724371665506 %
Isoleucine 109.94987379700649 % Lysine 111.43108802230324 % Threonine 118.2740710353724 %
Tryptophan 114.84947167949286 % Methionine 68.9427795131111 % Histidine 106.99994166721545 %

1. 127.386725g Turkey sausage
2. 362.514000g Broccoli
3. 84.627282g Mustard