Source: [KBhBlO101CentralDogmaQuizReview]

# 1 | Diseases, an overview

**Definition 1** \*\***Disease**\*\* an abnormal condition that causes impairment in/loss of function of an organism (a.k.a. decreased fitness) that is not due to immediate external injury.

### 1.1 | Causes of Disease

- · Infectious agents
- · Deficiency disorders
- · Heritable factors
- · Physiological disorders (immunodeficiency, autoimmune disorders, allergies, etc.)

## 1.2 | Types of Diseases

### 1.2.1 | Congenital Disease

Diseases present at birth due to DNA abnormalities / pregnancy pathological issues

## 1.2.2 | Acquired Disease

Diseases that begin during the lifetime due to exposure to some environmental factors...

- Microrganism Invasion => "infectious disease"
- Autoimmune reaction => your body fighting your body
- Nutrient deficiency => not eating good
- Mechanical wear => wear and tear a