#### Source:

## 1 | Tustard

- Phenylalanine 78.88388243566993%
- · Valine 100.18798061274833%
- · Leucine 94.51699130818912%
- · Isoleucine 115.95896183749683%
- Lysine 112.10357982590932%
- Threonine 119.19645104929056%
- Tryptophan 93.25468414954841%
- Methionine 71.62966397360115%
- · Histidine 98.34293136523347%

Diet List: 1. 150.891598g Turkey Sausage

2. 75.102569g Mustard

### 2 | **AATSB**

- Phenylalanine 81.2080685572291%
- · Valine 124.11991193514258%
- · Leucine 94.13009551708133%
- Isoleucine 121.33660481656196%
- Lysine 98.99885464164082%
- Threonine 117.22718754701687%
- Tryptophan 136.44759141786292%
- Methionine 76.60724610188446%
- · Histidine 93.59079200960244%

#### Diet List:

- 1. 205.162743g broccoli
- 2. 90.416268g mustard
- 3. 369.057053g butter stick
- 4. 16.536808g whole milk
- 5. 161.597425g whole eggs

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# 3 | The Magic School Bus

- Phenylalanine 87.91268936156915%
- · Valine 105.08684737010394%
- Leucine 89.98724371665506%
- Isoleucine 109.94987379700649%
- Lysine 111.43108802230324%
- Threonine 118.2740710353724%
- Tryptophan 114.84947167949286%
- Methionine 68.9427795131111%
- Histidine 106.99994166721545%
- 1. 127.386725g Turkey sausage
- 2. 362.514000g Broccoli
- 3. 84.627282g Mustard

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