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$$1 \mid \int \tan^2 x + 1 dx$$

$$\begin{aligned}\int \tan^2 x + 1 dx &= \int \sec^2 x - 1 + 1 dx \\ &= \int \sec^2 x dx\end{aligned}$$

$$\text{Let } u = x, du = 1$$

$$\begin{aligned}&= \int \sec^2 u du \\ &= \tan u + C \\ &= \boxed{\tan x + C}\end{aligned}$$