1 | Cauchy-Schwarz Inequality important

'One of the most important inequalities in mathematics'

Suppose $u, v \in V$ (where V is an inner product space). Then

$$|\langle u, v \rangle| \le ||u|| ||v||$$

The inequality is an equality iff one of u, v is a scalar multiple of the other.

1.1 | intuition

For the Euclidean inner product, this is true because $\langle u,v\rangle=\|u\|\|v\|\cos\theta$. However, the Cauchy-Schwarz inequality works for all inner product spaces, using the generalized Pythagorean theorem (instead of the law of cosines).

1.2 proof is by the orthogonal decomposition

By homogeneity of norms,

$$\left\| \frac{\langle u, v \rangle}{\|v\|} v \right\|^2 = \left| \frac{\langle u, v \rangle}{\|v\|} \right|^2 \|v\|^2$$

1.3 | results

1.3.1 | triangle inequality

Suppose $u, v \in V$. Then

$$||u + v|| \le ||u|| + ||v||$$

The inequality is an equality if and only if one of u, v is a non-negative multiple of the other (degenerate triangle)

This is proven by noticing that $\langle u,v\rangle+\langle v,u\rangle=\langle u,v\rangle\overline{\langle v,u\rangle}=2Re\langle u,v\rangle\leq 2|\langle u,v\rangle|$ by conjugate symmetry and Cauchy-Schwartz

1.3.2 | Parallelogram Equality

Suppose $u, v \in V$. Then

$$||u+v||^2 + ||u-v||^2 = 2(||u||^2 + ||v||^2)$$

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