## Source:

Phenylalanine 78.88388243566993% Valine 100.18798061274833% Leucine 94.51699130818912% Isoleucine 115.95896183749683% Lysine 112.10357982590932% Threonine 119.19645104929056% Tryptophan 93.25468414954841% Methionine 71.62966397360115% Histidine 98.34293136523347%

Diet List: 1. 150.891598g Turkey Sausage 2. 75.102569g Mustard

Phenylalanine 81.2080685572291% Valine 124.11991193514258% Leucine 94.13009551708133% Isoleucine 121.33660481656196% Lysine 98.99885464164082% Threonine 117.22718754701687% Tryptophan 136.4475914178629 Methionine 76.60724610188446% Histidine 93.59079200960244%

205.162743g broccoli 90.416268g mustard 369.057053g butter stick 16.536808g whole milk 161.597425g whole eggs

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