

**Source:** [KBiologyMasterIndex](#)

## Script

GitHub Repo Data Download

### Scriptable foods

- dry white cheese
- dark chicken meat
- raw chicken skin
- greek yogurt
- ground turkey
- pollock
- some corn biscuit thing
- sweet and sour pork
- tamale pork
- beef breakfast sausage
- broccoli
- butter stick salted
- cantaloupe
- carrots
- ricotta cheese
- egg whites
- egg yolk
- egg whole
- figs
- mission figs?
- kiwi
- milk (1 %, 2 %, skim, whole)
- mustard
- nectarines
- oranges
- pears
- romaine lettuce
- strawberries

### Exr0n's Plan

[KBe20bio101retFoodDataProteinAminos](#)

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