

Delhi to Tungnath Trip – 2 Days / 3 Nights (Budget Itinerary)

Persons: 2

Trip Type: Budget / Backpacking

Best Time: March–June, Sept–Nov

Day 0 – Night Departure (Delhi → Rishikesh)

- Depart Delhi by overnight Volvo/AC bus or private car.
- Overnight journey (approx. 6–7 hours).

Day 1 – Rishikesh → Chopta

- Early morning arrival in Rishikesh.
- Drive to Chopta via Devprayag – Rudraprayag (7–8 hrs).
- Check in to budget homestay/lodge.
- Evening acclimatization walk & early dinner.

Day 2 – Chopta → Tungnath → Chandrashila → Rishikesh

- Start trek early morning (4–6 AM).
- Chopta to Tungnath trek: ~3.5–5 km.
- Optional Chandrashila summit for sunrise views.
- Trek back to Chopta by afternoon.
- Drive back to Rishikesh and overnight stay.

Day 3 – Rishikesh → Delhi

- Morning at leisure.
- Travel back to Delhi by bus or car.
- Trip ends.

Estimated Budget (for 2 persons)

- Delhi ↔ Rishikesh bus: ■3,600
- Rishikesh ↔ Chopta taxi: ■6,000
- Accommodation (2 nights): ■1,800
- Meals (3 days): ■1,800
- Miscellaneous: ■1,000
- **Total Approx Budget: ■14,000 – ■15,000**

Packing Essentials

- Warm clothes & jacket
- Trekking shoes
- Gloves, cap, sunglasses
- Water bottle & snacks
- Personal medicines & ID proof

Note: Weather can change quickly in Chopta–Tungnath region. Always check road and weather conditions before travel.