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// assign04b with user-defined call-by-value functions
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/* Input height and weight then compute and display BMI.
Print the classification for the computed weight.
Input a target weight then compute and display target weight.
Input gender (1=female, 2=male) then compute and display ideal weight
Validate all user enter data before using it.
height (59-78), weight (90-350), gender (1, 2), target BMI (18.5-30.0)
Do the above for one or more people.
*/

#include <stdio.h>

// FUNCTION PROTOTYPES =====
// THE GET FUNCTIONS =====
void    getHealthStats( double *inches, double *pounds, char *gender );
double  getInches();
double  getPounds();
char    getGender();
double  getTargetBmi();
// THE CONVERSION FUNCTIONS =====
double  inches2meters( double inches );
double  pounds2kg( double pounds );
double  kg2pounds( double kg );
// BMI =====
void    computeDisplayBmi( double inches, double pounds );
double  computeBmi( double kg, double meters );
void    displayBmi( double bmi );
// TARGET WEIGHT =====
void    displayTargetBmiWeight( double bmi, double pounds );
double  weightForBmi( double bmi, double meters );
void    targetWeightForBmi( double inches );
// IBW =====
void    computeDisplayIbw( char gender, double inches );
double  computeIdealWeight( char gender, double height );

int main()
{
    double inches, pounds;    // input
    char    gender;           // female(F/f) or male(M/m)
    int     numPeople,        // number of people
           count;             // count people

    // Prompt for the number of people
    printf("Enter the number of people: ");
    scanf("%d", &numPeople);

    // for each person enter and compute stats
    for (count=1; count<=numPeople; count++)
    {
        // === GET =====
        // get user health information within ranges
        getHealthStats( &inches, &pounds, &gender );

        // === BMI =====
        computeDisplayBmi( inches, pounds );
    }
}

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    // === Target BMI and weight =====
    targetWeightForBmi( inches );

    // === IBW =====
    computeDisplayIbw(gender, inches);

} // end for each person loop
return 0;
}
// FUNCTION PROTOTYPES =====
// GET FUNCTIONS WITH DATA VALIDATION =====
// get health stats for a person
void getHealthStats( double *inches, double *pounds, char *gender )
{
    *inches = getInches();
    *pounds = getPounds();
    *gender = getGender();
}
// get the inches
double getInches()
{
    double inches;
    // While not a good height, prompt the user to enter a value for height in inches
    do
    {
        printf("Enter the height in inches(59-78): ");
        scanf("%lf", &inches);
    } while ( inches < 59.0 || inches > 78.0 );
    return inches;
}
// get the pounds
double getPounds()
{
    double pounds;
    // While not a good weight, prompt the user to enter a value for weight in poundss
    do
    {
        printf("Enter the weight in pounds(90-350): ");
        scanf("%lf", &pounds);
    }while ( pounds < 90.0 || pounds > 350.0 );
    return pounds;
}
// get target BMI
double getTargetBmi()
{
    double bmi;
    // While not a good bmi, prompt the user to enter a value for BMI.
    do
    {
        printf("Enter the target BMI(18.5-30.0): ");
        scanf("%lf", &bmi);
    }while ( bmi < 18.5 || bmi > 30.0 );
    return bmi;
}

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// get gender
char getGender()
{
    char gender;
    // While not a good gender, prompt user to enter the gender (F/f or M/m).
    do
    {
        printf("Is the person a female or male? Enter F or M: ");
        scanf(" %c", &gender);
    }while(!(gender=='m' || gender=='M' || gender=='f' || gender=='F'));
    return gender;
}

// CONVERSION FUNCTIONS =====
// convert inches to meters
double inches2meters( double inches )
{
    return inches * 0.0254;
}

// convert pounds to kilograms
double pounds2kg( double pounds )
{
    double kilograms;
    kilograms = pounds / 2.2046;
    return kilograms;
}

// convert kilograms to pounds
double kg2pounds( double kg )
{
    return 2.2046 * kg;
}

// BMI =====
// Compute and display BMI
void computeDisplayBmi( double inches, double pounds )
{
    double bmi;
    // calculate bmi
    bmi = computeBmi( pounds2kg( pounds ), inches2meters( inches ) );
    // display BMI and classification
    displayBmi( bmi );
}

// compute BMI
double computeBmi( double kg, double meters )
{
    return kg /(meters * meters);
}

// display BMI and classification
void displayBmi( double bmi )
{
    printf("\nThe BMI is: %.2f\n", bmi);
    printf("BMI Classification: ");
    if (bmi < 25)
        printf("Normal\n\n");
    else if (bmi >= 30)
        printf("Obese\n\n");
    else
        printf("Overweight\n\n");
}

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}
// TARGET BMI - TARGET WEIGHT =====
// compute and find the target weight for the target BMI
void targetWeightForBmi( double inches )
{
    double bmi, kg;
    bmi = getTargetBmi();
    // Compute weight
    kg = weightForBmi( bmi, inches2meters( inches ) );
    // Display weight
    displayTargetBmiWeight( bmi, kg2pounds( kg ) );
}
// compute the target weight
double weightForBmi( double bmi, double meters )
{
    double kilograms;
    kilograms = bmi * meters * meters;
    return kilograms;
}
// display the target bmi and weight
void displayTargetBmiWeight( double bmi, double pounds )
{
    printf("For the target BMI %.2f, the ideal weight is %.2f pounds.\n", bmi, pounds);
}
// IBW =====
// compute and display IBW
void computeDisplayIbw( char gender, double inches )
{
    double ideal; // kg
    // compute ideal weight (kg)
    ideal = computeIdealWeight( gender, inches );
    // display IBW
    printf("The ideal weight is %.2f pounds.\n\n", kg2pounds( ideal ) );
}
// compute the IBW for the given height and gender
double computeIdealWeight( char gender, double height )
{
    double ideal; // kg
    if( gender=='F' || gender=='f' )
        ideal = 45.5 + 2.3 * (height-60);
    else
        ideal = 50.0 + 2.3 * (height-60);
    return ideal;
}

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