

Curriculum Vitae

SKYLAR J. LAURSEN, PhD

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Academic Appointments

Postdoctoral Fellow (Joint Appointment)

University of Waterloo & University of Ottawa

Supervisors: Dr. Evan Risko (UW), Dr. Colin MacLeod (UW), Dr Erin Maloney (UO)

Dates: Sept. 2025 – present

Research Focus: Metacognitive processes in learning and memory

Education

Ph.D. in Psychology (Neuroscience Collaboration)

University of Guelph – Completed Aug. 2025

Dissertation: *From Past to Prediction: Tracing the Source of Processing Fluency in Metacognitive Monitoring*

Supervisor: Dr. Chris Fiacconi

Practicum Research Project: *Losing control of metacognitive control: Framing modulates the influence of list context on metamemory control decisions.* Supervisor: Dr. Evan F. Risko at the University of Waterloo

M.Sc. in Psychology

University of Guelph – Completed Aug. 2021

Thesis: *Examining Adaptations in Study Time Allocation and Re-study Selection as a function of Expected Test Format: Do Individuals make Advantageous Decisions?*

Supervisor: Dr. Chris M. Fiacconi

Practicum Research Project: *Test Potentiated Transfer of Learning for Paired Associates.*

Supervisor: Dr. Harvey H. C. Marmurek at the University of Guelph

Honours B.Sc. in Psychology: Brain and Cognition

University of Guelph – Completed Apr. 2019

Minors: Neuroscience; Criminal Justice and Public Policy

Undergraduate Thesis: *Determining when Individuals use Perceptual Fluency as a Cue to Inform Judgments of Learning.*

Supervisor of Dr. Chris M. Fiacconi

Awards and Recognitions

Graduate Awards

Braithwaite Conference Travel Grant

University of Guelph – Awarded three times (Jun. 2025, Nov. 2024, Jun. 2024)

Total Funding: \$5, 050

Supports Ph.D students in sharing research and networking at academic conferences

Professor Recognition Award (Nomination)

University of Guelph – Apr. 2025

Nominated by first-year students for positively impacting and supporting learning experiences

Hebb Student Award for Best Talk (Runner Up)

Canadian Society for Brain, Behaviour and Cognitive Science – Jun. 2024

\$100

Graduate Conference Award

Psychonomic Society – Nov. 2022

\$1, 000 USD

Awarded to 20 graduate student members to support participation in the annual meeting

Alexander Graham Bell Canada Graduate Scholarship (NSERC CGS-D)

Natural Science and Engineering Research Council of Canada – Sept. 2022

Total Funding: \$110, 000

Recognizes high academic achievement and research potential

Richard Barham Graduate Medal (MA)

University of Guelph – 2022

College of Social and Applied Human Science nominee for the Governor General's Academic Medal

Queen Elizabeth II Graduate Scholarship in Science and Technology (QEII-GSST)

Sept. 2022 [declined]

\$15, 000

Awarded to students demonstrating academic excellence in graduate studies; psychology department was allocated 11 OGS/QEII-GSST awards of 115 applicants

Ontario Graduate Scholarship (OGS)

Sept. 2021

\$15, 000

Awarded to students demonstrating academic excellence in graduate studies: psychology department was allocated 11 OGS awards this year

Alexander Graham Bell Canada Graduate Scholarship (NSERC's CGS-M)

Natural Science and Engineering Research Council of Canada – Sept. 2020

\$17 500

Recognizes high academic achievement and research potential; the university was allocated 22 CGS-M awards this year

Dean's Tri-Council Top-Up

Psychology Department, University of Guelph - Sept. 2020
\$5, 000

CSAHS Dean's Scholarship

College of Social and Applied Human Science, University of Guelph – Jan. 2020
\$2, 500

Undergraduate Awards**NSERC Undergraduate Student Research Award**

University of Guelph – May – Aug. 2019
\$8 960

Worked in the Guelph Memory and Cognition Lab under Dr. Chris M. Fiacconi

Dean's Honours List

University of Guelph – 2016 – 2019

Publications

- **Laursen, S. J.**, Powers, E., Undorf, M., & Fiacconi, C. M. (In Revision). On the importance of performance-based cues in metacognitive monitoring.
- **Laursen, S. J.**, & Risko, E. F. (Submitted). Varieties of metacognitive control: Study time and restudy decisions are not equivalent.
- Churey, K. R., **Laursen, S. J.**, & Fiacconi, C. M. (2025). Do metamemory judgements impair relational encoding?. *Metacognition and Learning*.
- **Laursen, S. J.**, & Fiacconi, C. M. (2025). Becoming fluent overnight: Long-lasting influences of perceptual learning on metamemory judgments. *Canadian Journal of Experimental Psychology*
- Dimarco, D., **Laursen, S. J.**, Churey, K. C., & Fiacconi, C. M. (2025). Examining the influence of list composition on the mnemonic benefit of errorful generation. *Memory*, 33(2), 145 – 156. <https://doi.org/10.1080/09658211.2024.2413159>
- **Laursen, S. J.**, Fiacconi, C. M. (2024). Probing the effect of perceptual (dis)fluency on metacognitive judgments. *Memory & Cognition*, 52(6), 1275 – 1298.
- **Laursen, S. J.**, Sluka, D., & Fiacconi, C. M. (2024). Examining adaptations in study time allocation and restudy selection as a function of expected test format. *Metacognition and Learning*, 19(2), 421 – 462. <https://doi.org/10.1007/s11409-024-09373-2>
- **Laursen, S. J.**, Farrell, B. C. T., & Fiacconi, C. M. (2024). On the cost and benefits of restudying: Exploring the list strength effect in self-guided learning. *Memory*, 32(2), 197 – 222.
- **Laursen, S. J.**, Wammes, J. D., & Fiacconi, C. M. (2024). Examining the effect of expected test format and test difficulty on the frequency and mnemonic costs of mind wandering. *Quarterly Journal of Experimental Psychology*, 77(5), 1068 – 1092.
<https://doi.org/10.1177/17470218231187892>

- **Laursen, S. J.** & Fiacconi, C. M. (2022). Constraints on the use of the memorizing effort heuristic. *Metacognition and Learning*, 17(1), 1 – 51.
- **Laursen, S. J.** & Fiacconi, C. M. (2021). Examining the effect of list composition on monitoring and control processes in meta-memory. *Memory & Cognition*, 49(3), 498 – 517.
- Fiacconi, C. M., Mitton, E. E., **Laursen, S. J.**, & Skinner, J. (2020). Isolating the contribution of perceptual fluency to judgments of learning (JOLs): Evidence for reactivity in measuring the influence of fluency. *Journal of Experimental Psychology: Learning, Memory and Cognition*, 46(5), 926 – 944.

Invited Talks

- **Laursen, S. J. L.** (2025). The triumphs and pitfalls of metacognitive control. Western University: The Brain & Mind Coffee Talk Series, London, ON.
- **Laursen, S. J. L.** (2024). Examining adaptations in study time allocation and restudy selection as a function of expected test format. Southern Society for Philosophy and Psychology, Mar. 2024, Cincinnati, OH.

Refereed Conference Talks *indicates presenting author

- ***Laursen, S. J. L.**, & Fiacconi, C. F. (2025). Retrieval outcomes predict restudy decision efficacy. Canadian Society for Brain Behaviour and Cognitive Science (CSBBCS), Jul. 2025, Dundee, Scotland.
- ***Laursen, S. J. L.**, & Fiacconi, C. F. (2024). Reactivity in metacognitive control: A novel demonstration of offloading. Psychonomic Society Annual Meeting, Nov. 2024, New York, NY.
- ***Laursen, S. J.**, & Risko, E. F. (2024). Losing control of metacognitive control: Framing modulates the influence of list context on metamemory control decisions. Canadian Society for Brain Behaviour and Cognitive Science (CSBBCS), Jun. 2024, Edmonton, AB. **Best Talk Runner Up*
- ***Laursen, S. J.**, & Fiacconi, C. M. (2024). Becoming fluent overnight: Long-lasting effects of perceptual fluency on metamemory judgments. Canadian Society for Brain Behaviour and Cognitive Science (CSBBCS), Jun. 2024, Edmonton, AB.
- *Salvatierra, J., **Laursen, S. J.**, & Risko, E. F. (2024). Phenomenological correlates of fluency. Canadian Society for Brain Behaviour and Cognitive Science (CSBBCS), Jun. 2024, Edmonton, AB.
- ***Laursen, S. J.**, & Fiacconi, C. M. (2023). Metacognitive reactivity following restudy decisions: Does what you decide impact future memory? Canadian Society for Brain Behaviour and Cognitive Science (CSBBCS), Jul. 2023, Guelph, ON.
- Churey, K., **Laursen, S. J.**, Fiacconi, C. M. (2023). Judgment of learning (JOL) reactivity in order memory performance: A temporal bias analysis. Canadian Society for Brain Behaviour and Cognitive Science (CSBBCS), Jul. 2023, Guelph, ON.
- ***Laursen, S. J.**, Wammes, J. D., Fiacconi, C. M. (2023). Examining the effect of expected test format and test difficulty on the frequency and mnemonic costs of mind wandering. University of Guelph Neuroscience Day, May 2023 Guelph, ON.

- ***Laursen, S. J., & Fiacconi, C. M.** (2023). Becoming fluent overnight: Long-lasting effects of perceptual fluency on metamemory judgments. University of Guelph Interdisciplinary Psychology Graduate Symposium, Apr. 2023, Guelph, ON.
- ***Laursen, S. J., & Fiacconi, C. M.** (2022). Probing the effect of perceptual (dis)fluency: It's all relative. Canadian Society for Brain Behaviour and Cognitive Science (CSBPCS), Jul. 2022, Halifax, NS.
- *Churey, K. R., **Laursen, S. J., & Fiacconi, C. M.** (2022). How does asking about memory change performance? Assessing the reactivity of metacognitive judgments through memory for order. Canadian Society for Brain Behaviour and Cognitive Science (CSBPCS), Jul. 2022, Halifax, NS.
- *DiMarco, D., **Laursen, S. J.,** Fiacconi, C. M. (2022). Is the errorful generation effect moderated by experimental design? Canadian Society for Brain Behaviour and Cognitive Science (CSBPCS), Jul. 2022, Halifax, NS.
- *Fiacconi, C. M., **Laursen, S. J.** (2022). Probing the hidden costs of re-studying. Canadian Society for Brain Behaviour and Cognitive Science (CSBPCS), Jul. 2022, Halifax, NS.
- ***Laursen, S. J., & Fiacconi, C. M.** (2022). Does restudying entail a hidden cost for non-restudied information: A real-world application of the list strength effect. Toronto Area Memory Group (TAMeG), May 2022, Toronto, ON.
- ***Laursen, S. J.,** Powers, E., & Fiacconi, C. M. (2022). Investigating performance related cue dominance when predicting future memory. University of Guelph Interdisciplinary Psychology Graduate Symposium, Apr. 2022, Guelph, ON (virtual).
- *Churey, K. R., **Laursen, S. J., & Fiacconi, C. M.** (2022). Metamemory and reactivity: Investigating the influence of metacognitive judgments on patterns of recall. University of Guelph Interdisciplinary Psychology Graduate Symposium, Apr. 2022, Guelph, ON (virtual).
- *DiMarco, D., **Laursen, S. J., & Fiacconi, C. M.** (2022). Can we learn from our mistakes? Exploring errorful generation. University of Guelph Interdisciplinary Psychology Graduate Symposium, Apr. 2022, Guelph, ON (virtual).
- ***Laursen, S. J.** (2022). Overcoming the limitations of traditional inferential statistics using a linear mixed-effect modelling approach. Hidden Methods Conference, Apr. 2022, University of Alberta, AB (virtual).
- ***Laursen, S. J., & Fiacconi, C. M.** (2021). Does restudying impair memory for non-restudied information. Canadian Society for Brain Behaviour and Cognitive Science (CSBPCS), Jun. 2021, Montreal, QC. (virtual)
- ***Laursen, S. J.,** Wammes, J. D., & Fiacconi, C. M. (2021). Examining the influence of expected test format on the mnemonic impact and frequency of off-task thoughts/mind-wandering. University of Guelph Neuroscience Day, May 2021 Guelph, ON. (virtual).
- ***Laursen, S. J.** (2021). ‘R’ you an artist?: A guide to visualizing data using R software (workshop). University of Guelph Interdisciplinary Psychology Graduate Symposium, Apr. 2021, Guelph, ON. (virtual).
- ***Laursen, S. J.,** Fiacconi, C. M. (2020). Does expected test format differentially affect how individuals monitor their learning? University of Guelph Neuroscience Day, Jul. 2020, Guelph, ON. (virtual).
- ***Laursen, S. J.,** Fiacconi, C. M. (2020). Contextual Influences on the Reciprocal Relationship between Monitoring and Control Strategies in Self-Regulated Learning. McMaster Conference on Education & Cognition, Jul. 2020, Hamilton, ON. (virtual).

Refereed Poster Contributions * indicates presenting author

- **Laursen, S. J.**, Fiacconi., C. F. (Accepted). Retrieval outcomes predict restudy decision efficacy. Psychonomic Society Annual Meeting. Nov. 2025, Denver, CO.
- *Golden, A., Faitakis, M., McLachlan, K., **Laursen, S. J.**, Ritter, C., Pei, J., Kennedy, K. E., Cook, J. (2025). Recommendations following clinical assessment for fetal alcohol spectrum disorder (FASD): Trends by age, sex, diagnostic status, and needs class. Canada FASD Conference, Oct. 2025, Toronto, ON.
- ***Laursen, S. J. L.**, Dollois, M. A., & Fiacconi, C. F. (2025). Using memory to model metamemory: A novel application of MINERVA 2. Canadian Society for Brain Behaviour and Cognitive Science (CSBCCS), Jul. 2025, Dundee, Scotland.
- ***Laursen, S. J.**, & Fiacconi, C. M. (2024). Becoming fluent overnight: Long-lasting effects of perceptual fluency on metamemory judgments. Psychonomic Society Annual Meeting, Nov. 2024, New York, NY.
- ***Laursen, S. J.** & Fiacconi, C. M. (2024). Decision-driven Metacognitive Reactivity: Does what you decide impact future memory. Lake Ontario Visionary Establishment (L.O.V.E), Feb. 2024, Niagara Falls, ON.
- ***Laursen, S. J.**, Undorf, M., & Fiacconi, C. M. (2023). Performance-based cues dominate metamemory judgments. Psychonomic Society Annual Meeting, Nov. 2023, San Francisco, CA.
- ***Laursen, S. J.**, Sluka, D., & Fiacconi, C. M. (2023). Examining adaptations in study time allocation and restudy selection as a function of expected test format. Canadian Society for Brain Behaviour and Cognitive Science (CSBCCS), Jul. 2023, Guelph, ON.
- ***Laursen, S. J.** & Fiacconi, C. M. (2023). Becoming fluent overnight. Lake Ontario Visionary Establishment (L.O.V.E), Feb. 2023, Niagara Falls, ON.
- *Powers, E., **Laursen, S. J.**, Undorf, M., & Fiacconi, C. M. (2023). Influence of performance-related cues on metacognitive judgments. Lake Ontario Visionary Establishment (L.O.V.E), Feb. 2023, Niagara Falls, ON.
- *Kazatchkova, A., **Laursen, S. J.**, Fiacconi, C. M. (2023). Becoming famous through distraction: Mind wandering and the false fame effect. Lake Ontario Visionary Establishment (L.O.V.E), Feb. 2023, Niagara Falls, ON.
- *Churey, K. R., **Laursen, S. J.**, Pun, J., Fiacconi, C. M. (2023). Examining the influence of metacognitive judgments on recall dynamics. Lake Ontario Visionary Establishment (L.O.V.E), Feb. 2023, Niagara Falls, ON.
- ***Laursen, S. J.**, Farrell, B., & Fiacconi, C. M. (2022). Does restudying impair memory for non-restudied information? A real world application of the list strength effect. Psychonomic Society Annual Meeting, Nov. 2022, Boston, MA. * Graduate Conference Award
- *Churey, K. R., **Laursen, S. J.**, Fiacconi, C. M. (2022). Exploring the reactivity of metamemory judgments through order memory performance. Psychonomic Society Annual Meeting, Nov. 2022, Boston, MA.
- ***Laursen, S. J.**, & Fiacconi, C. M. (2022). Assessing the effort invested when selecting items for restudy: Is there a role for cognitive offloading? Canadian Society for Brain Behaviour and Cognitive Science (CSBCCS), Jul. 2022, Halifax, NS.
- ***Laursen, S. J.**, Wammes, J. D., & Fiacconi, C. M. (2022). Examining the tendency to mind wander when preparing for different test formats and how this impacts future memory performance. University of Guelph Neuroscience Day, May 2022, Guelph, ON.

- ***Laursen, S. J.**, Wammes, J. D., & Fiacconi, C. M. (2021). Examining the mnemonic impact and frequency of off-task thoughts/mind-wandering as a function of expected test format. Psychonomic Society Annual Meeting, Nov. 2021, New Orleans, LA. (virtual).
- ***Laursen, S. J.**, & Fiacconi, C. M. (2021). Is there a hidden cost to restudy? McMaster Conference on Education & Cognition, Jul. 2021, Hamilton, ON. (virtual).
- ***Laursen, S. J.**, & Fiacconi, C. M. (2021). Context-dependent use of the memorizing effort heuristic. Canadian Society for Brain Behaviour and Cognitive Science (CSBPCS), Jun. 2021, Montreal, QC. (virtual).
- *Sluka, D., **Laursen, S. J.**, & Fiacconi, C. M. (2021). Are individuals' re-study decisions sensitive to test format? Canadian Society for Brain Behaviour and Cognitive Science (CSBPCS), Jun. 2021, Montreal, QC. (virtual).
- ***Laursen, S. J.**, Wammes, J. D., & Fiacconi, C. M. (2021). Does expected test format affect the mnemonic impact of off-task thought? University of Guelph Neuroscience Day, May 2021, Guelph, ON. (virtual). **Best Poster Honourable Mention*
- ***Laursen, S. J.**, Fiacconi, C. M. (2020). Contextual influences on monitoring and control strategies in self-regulated learning. Psychonomic Society Annual Meeting, Nov. 2020, Austin, TX. (virtual).
- ***Laursen, S. J.** & Fiacconi, C. M. (2020). Does test experience change how we monitor our learning? University of Guelph Neuroscience Day, Jul. 2020, Guelph, ON. (virtual).
- ***Laursen, S. J.**, Manning, S., & Fiacconi, C. M. (2020). Contextual Influences on Memory Predictions and Study Time Allocation. Lake Ontario Visionary Establishment (L.O.V.E), Feb. 2020, Niagara Falls, ON.
- ***Laursen, S. J.**, Mitton, E. E., Skinner, J., & Fiacconi, C. M. (2019). How and When does Perceptual Fluency Impact Predictions of Future Memory Performance? Psychonomic Society Annual Meeting, Nov. 2019, Montreal, QC.
- ***Laursen, S. J.**, Mitton, E. E., Skinner, J., & Fiacconi, C. M. (2019). Challenges in Measuring the Influence of Perceptual Fluency on Judgments of Learning (JOLs). Canadian Society for Brain, Behaviour and Cognitive Science (CSBPCS), Jun. 2019, Waterloo, ON.
- ***Laursen, S. J.** & Fiacconi, C. M. (2019). When does Perceptual Fluency Impact Predictions of Future Memory Performance? University of Guelph Honours Thesis Poster Conference, Apr. 2019, Guelph, ON.
- ***Laursen, S.**, Mitton, E., & Fiacconi, C. M. (2019). Is there a Role for Perceptual Fluency for Judgments of Learning (JOLs)? Lake Ontario Visionary Establishment (L.O.V.E), Feb. 2019, Niagara Falls, ON.
- *Mitton, E., **Laursen, S.**, & Fiacconi, C. M. (2018). Task Context Moderates the Influence of Perceptual Fluency on Judgments of Learning (JOLs): A Role for Cue Saliency. Psychonomic Society Annual Meeting, Nov. 2018, New Orleans, LA.

Teaching Experience

Sessional Lecturer

PSYC*1010 – Making Sense of Data in Psychological Research

University of Guelph – Jan. 2025 – May. 2025 (200 students)

*Nominated for the Professor Recognition Award**

PSYC*1010 – Making Sense of Data in Psychological Research

University of Guelph – Jan. 2024 – May. 2024 (200 students)

Guest Lecturer

NEUR*4000 – Current Issues in Neuroscience

University of Guelph – Oct. 2021

Topic: “*How do our study behaviours affect our ability to learn*”

PSYC*2650 – Cognitive Psychology

University of Guelph – Feb. 2021

Topic: “*Memory – Long Term Declarative Memory*”

Teaching Assistant

PSYC*3290 – Statistical Analysis in Psychology

University of Guelph – Sept. 2020 – Apr. 2025

Lab Instructor – Eight terms

Instructors: Dr. David Stanley, Dr. Chris Fiacconi, Dr. Danny Pincivero

PSYC*2360 – Psychological Methods and Statistics

University of Guelph – Sept. 2019 – Dec. 2023

Seminar Leader/TA Coordinator – Six terms

Instructors: Dr. Harvey Marmurek, Dr. Danny Pincivero

PSYC*1010 – Making Sense of Data in Psychological Research

University of Guelph – Jan. 2023 – Apr. 2023

Instructor: Dr. Danny Pincivero

PSYC*1500, Foundational Skills for Psychology

University of Guelph – Sept. 2019 – Dec. 2019

Instructor: Dr. Paula Barata

Workshop Leader

Visualizing Data in R

University of Waterloo – Sept. 2023 – Dec. 2023

NSERC Scholarship Writing

University of Guelph – Sept. 2022

PsychoPy Builder/Coder Tutorial

University of Guelph – Jul. 2019

Supervisory Roles

Katelyn Debrouwer – Independent Study (*Examining the efficacy of self-regulated learning*)
Jan. 2025 – Apr. 2025

Senadee Atapattu – Research Volunteer
Jan. 2024 – present

Emma Powers – Research Volunteer, Honours Thesis (*Examining Performance-related Cue Dominance in Metamemory*), Independent Study (*Investigating Cue Reactivity when Predicting Future Memory*)
Jan. 2022 – present

Mary-Therese Saad – Research Volunteer
Jan. 2024 – Apr. 2024

Elizabeth Ellsworth – Research Volunteer
Jan. 2024 – Apr. 2024

Stefanie Atkinson – Research Volunteer
Dec. 2022 – April 2024

Hannah Jordan – Research Volunteer
Jan. 2023 – Sept. 2023

Claire Krasinkiewicz – Research Volunteer
Dec. 2022 – May 2023

Anna Kazatchkova – Research Volunteer, Neuroscience Research Student (*Does mind wandering induce a false fame effect?*)
Sept. 2022 – Mar. 2023

Brooke Farrell – Research Volunteer, Advanced Independent Study (*List Length vs. List Strength: Investigating inconsistencies and computational differences in the field*)
Sept. 2021 – Dec. 2022

Dana Aronowitz – Honours Thesis (*Probing the Effect of Perceptual (Dis)Fluency: It's All Relative*)
Sept. 2021 – Apr. 2022

Dorina Sluka – Research Volunteer, Honours Thesis (*The Effect of Test Format on Study Time Allocation and Re-study Selection*)
Sept. 2020 – Aug. 2021

Brianna Mitton – Honours Thesis (*Contextual differences raise doubts in the memorizing effort heuristic*), Independent Study (*The Effect of List Composition on Re-study Decisions*)
Jan. 2020 – Apr. 2021

Sierra Goldfinger – Research Volunteer
Jan. 2020 – Apr. 2020

Greer Gillies, Research Assistant
Oct. 2019 – Apr. 2020

Silas Manning – Independent Study (*The Effect of List Composition on Study Time and Metamemory Judgments*)
Sept. 2019 – Mar. 2020

Activities and Contributions

Journal Peer Reviews

- Memory & Cognition, 2025
- Memory, 2023
- Zeitschrift fur Psychologie, 2019

Conference Organization

- Toronto Area Memory Group (TAMeG), 2024/2025
- Psychology Graduate Student Association Annual Symposium, 2023, 2024 & 2025
- Canadian Society for Brain Behaviour and Cognitive Science, 2023

Honour's Thesis Poster Conference Judge

University of Guelph – Apr. 2021, Apr. 2022, Apr. 2023, Apr. 2024, Apr. 2025

CSBBCS Associate Departmental Representative

Jan. 2020 – July 2023

- Disseminated information regarding events and initiatives from CSBBCS to graduate students and faculty in the University of Guelph Psychology Department
- Conducted interview with past award recipient Dr. Evan Risko for the CSBBCS “Meet the Researcher” initiative

Graduate Mentor

University of Guelph – Oct. 2020 – Apr. 2021

- Supported new NACS graduate students in transitioning to graduate school, providing advice on time management, productivity, and program details

Panellist – Psychology Society Event

University of Guelph – March 2021

- Shared experiences applying to and studying in the NACS Master's program with undergraduate students

Networking Facilitator for Prospective First Generation and BIPOC students

University of Guelph – Nov. 2020

- Provided program information and answered questions about the NACS Master's program

Psychology/Neuroscience Representative

University of Guelph – Nov. 2019

- Represented the University of Guelph's Psychology Department on Fall Preview Day and Science and Engineering Sunday

Graduate Representative

University of Guelph – Sept. 2019

- Represented the University of Guelph Ontario Universities' Fair, providing detailed program and career information

Orientation Volunteer Team Leader

University of Guelph – Feb. 2019 – Sept. 2019

- Mentored orientation volunteers and assisted first-year students transitioning to university life

Tour Guide/Directional/Residence Room Ambassador

University of Guelph – Oct. 2015 – Mar. 2019

- Led campus and residence tours for prospective students and families during major recruitment events

Orientation Volunteer

University of Guelph – Apr. 2018 – Sept. 2018

- Assisted first-year students during orientation week and supported volunteer well-being

Undergraduate Representative

University of Guelph – Sept. 2018

- Represented the University of Guelph at the Ontario Universities' Fair, providing program and application information

Computer Training

Proficient in:

- Microsoft Office Suite (Word, Excel, Powerpoint)
- R (data analysis and visualization)
- PsychoPy (Builder and Coder)

Working knowledge of:

- SPSS
- E-Prime