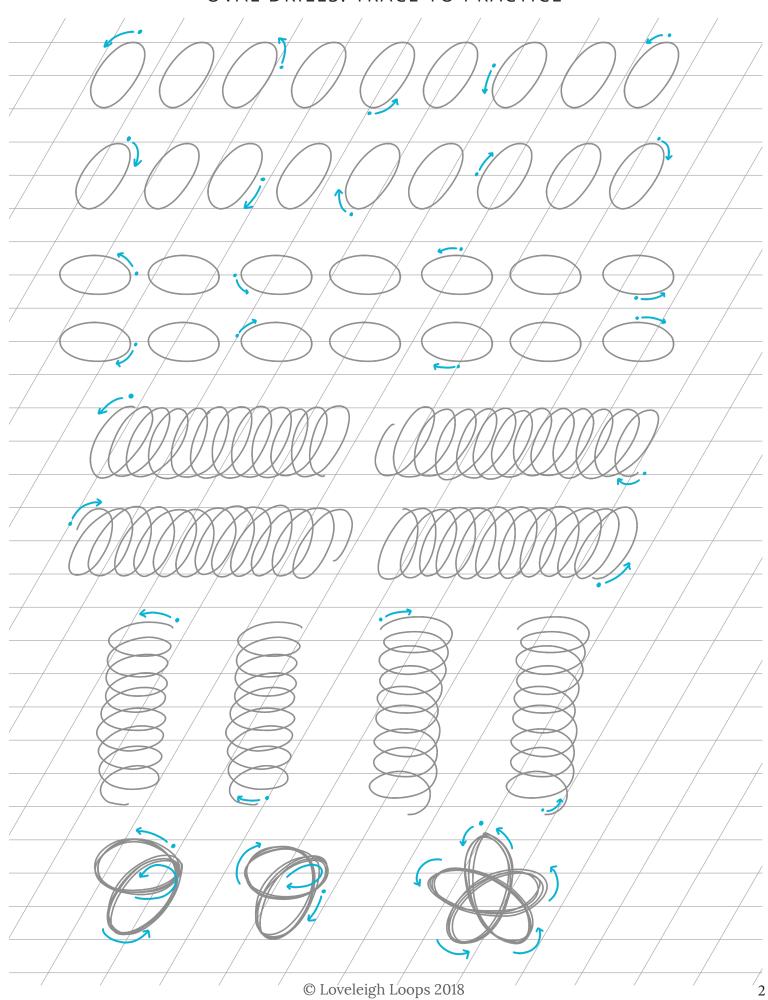


DAY 1: DRILLS

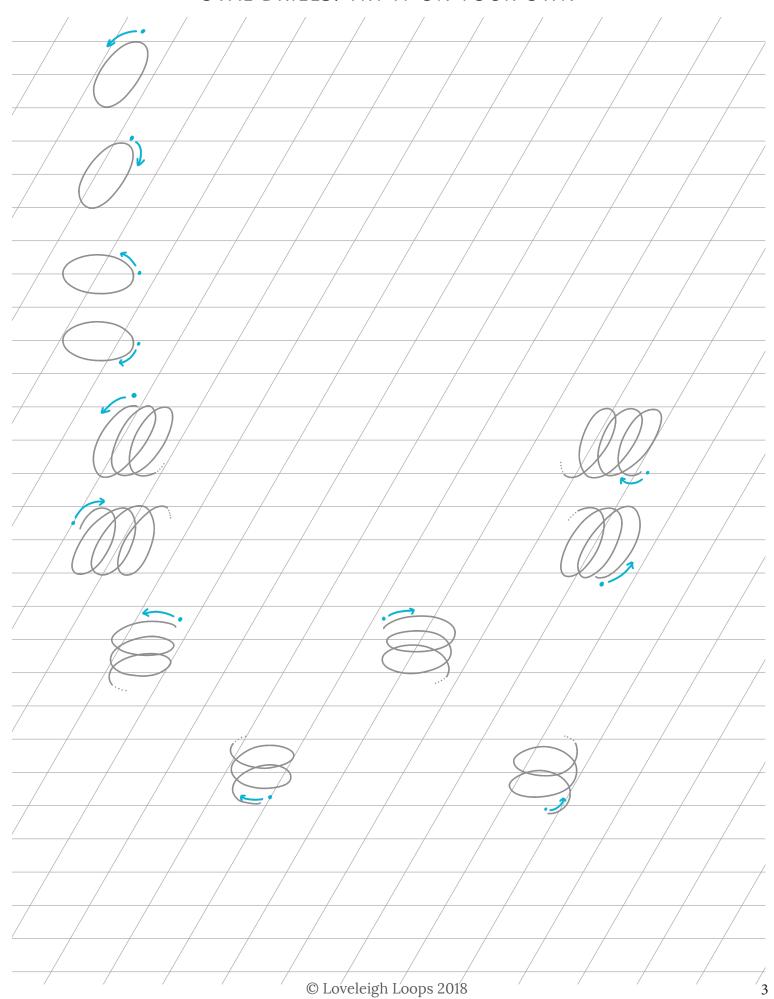
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OVAL DRILLS: TRACE TO PRACTICE



OVAL DRILLS: TRY IT ON YOUR OWN



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