We have the following Hamiltonian in XXX-Heisenberg model in one dimension with periodic boundary conditions.

$$\widehat{H} = -J \sum_{j=1}^{N} \left(\hat{S}_{j}^{x} \hat{S}_{j+1}^{x} + \hat{S}_{j}^{y} \hat{S}_{j+1}^{y} + \hat{S}_{j}^{z} \hat{S}_{j+1}^{z} \right)$$

if we compute the commutator of \widehat{H} and spin vector operator $\vec{S}=\left(\hat{S}^x,\hat{S}^y,\hat{S}^z\right)\!,$ this is

$$\begin{split} \left[\widehat{H}, \vec{S}\right] &= \left[-J \sum_{j=1}^{N} \left(\hat{S}_{j}^{x} \hat{S}_{j+1}^{x} + \hat{S}_{j}^{y} \hat{S}_{j+1}^{y} + \hat{S}_{j}^{z} \hat{S}_{j+1}^{z} \right), \left(\hat{S}^{x}, \hat{S}^{y}, \hat{S}^{z} \right) \right] = -J \sum_{j=1}^{N} \left[\hat{S}_{j}^{x} \hat{S}_{j+1}^{x} + \hat{S}_{j}^{y} \hat{S}_{j+1}^{y} + \hat{S}_{j}^{z} \hat{S}_{j+1}^{z}, \left(\hat{S}^{x}, \hat{S}^{y}, \hat{S}^{z} \right) \right] \\ &= -J \sum_{j=1}^{N} \left(\left[\hat{S}_{j}^{y} \hat{S}_{j+1}^{y} + \hat{S}_{j}^{z} \hat{S}_{j+1}^{z}, \hat{S}^{x} \right], \left[\hat{S}_{j}^{x} \hat{S}_{j+1}^{x} + \hat{S}_{j}^{z} \hat{S}_{j+1}^{z}, \hat{S}^{y} \right], \left[\hat{S}_{j}^{x} \hat{S}_{j+1}^{x} + \hat{S}_{j}^{y} \hat{S}_{j+1}^{y}, \hat{S}^{z} \right] \right) = \vec{0} \end{split}$$

so we can use eigenvectors of any component of \vec{S} .

For preference let use S_z then the we can use the basis $\{|\uparrow\rangle, |\downarrow\rangle\}$. Indeed the number of N_{\uparrow} and N_{\downarrow} is fixed. Also the total number $N=N_{\uparrow}+N_{\downarrow}$ is fixed.

In this sense it's useful to express $\hat{S}^x_j\hat{S}^x_{j+1}+\hat{S}^y_j\hat{S}^y_{j+1}$ in terms of operators \hat{S}_+ and \hat{S}_- defined by

$$\hat{S}^+ = \hat{S}^x + i\hat{S}^y$$
$$\hat{S}^- = \hat{S}^x - i\hat{S}^y$$

and the operators \hat{S}^x and \hat{S}^y expressed in terms of these operators

$$\hat{S}^x = \frac{1}{2} \left(\hat{S}^+ + \hat{S}^- \right)$$
$$\hat{S}^y = \frac{i}{2} \left(\hat{S}^- - \hat{S}^+ \right)$$

then

$$\begin{split} \hat{S}_{j}^{x} \hat{S}_{j+1}^{x} &= \left(\frac{1}{2} \left(\hat{S}_{j}^{+} + \hat{S}_{j}^{-}\right)\right) \left(\frac{1}{2} \left(\hat{S}_{j+1}^{+} + \hat{S}_{j+1}^{-}\right)\right) = \frac{1}{4} \left(\hat{S}_{j}^{+} \hat{S}_{j+1}^{+} + \hat{S}_{j}^{+} \hat{S}_{j+1}^{-} + \hat{S}_{j}^{-} \hat{S}_{j+1}^{+} + \hat{S}_{j}^{-} \hat{S}_{j+1}^{-}\right) \\ \hat{S}_{j}^{y} \hat{S}_{j+1}^{y} &= \left(\frac{i}{2} \left(\hat{S}_{j}^{-} - \hat{S}_{j}^{+}\right)\right) \left(\frac{i}{2} \left(\hat{S}_{j+1}^{-} - \hat{S}_{j+1}^{+}\right)\right) = -\frac{1}{4} \left(\hat{S}_{j}^{-} \hat{S}_{j+1}^{-} - \hat{S}_{j}^{-} \hat{S}_{j+1}^{+} - \hat{S}_{j}^{+} \hat{S}_{j+1}^{-} + \hat{S}_{j}^{+} \hat{S}_{j+1}^{+}\right) \end{split}$$

so

$$\hat{S}_{j}^{x}\hat{S}_{j+1}^{x} + \hat{S}_{j}^{y}\hat{S}_{j+1}^{y} = \frac{1}{2} \left(\hat{S}_{j}^{+}\hat{S}_{j+1}^{-} + \hat{S}_{j}^{-}\hat{S}_{j+1}^{+} \right)$$

and the hamiltonian now is

$$\widehat{H} = -\frac{J}{2} \sum_{j=1}^{N} \left(\hat{S}_{j}^{+} \hat{S}_{j+1}^{-} + \hat{S}_{j}^{-} \hat{S}_{j+1}^{+} + 2 \hat{S}_{j}^{z} \hat{S}_{j+1}^{z} \right)$$

we know that

$$\hat{S}^+|\uparrow\rangle=0 \qquad \hat{S}^+|\downarrow\rangle=|\uparrow\rangle \qquad \hat{S}^-|\uparrow\rangle=|\downarrow\rangle \qquad \hat{S}^-|\downarrow\rangle=0 \qquad \hat{S}^z|\uparrow\rangle=\frac{1}{2}|\uparrow\rangle \qquad \hat{S}^z|\downarrow\rangle=-\frac{1}{2}|\downarrow\rangle$$

Construction of the basis

Now we will explote that N_{\uparrow} and N_{\downarrow} are constants. Also we explote translational invariance and periodic boundary conditions.

So we will have a set of representative states

$$|r_k\rangle = \hat{P}_k \frac{|r\rangle}{\sqrt{\left\langle r \middle| \hat{P}_k \middle| r \right\rangle}}$$

where a is the lattice parameter. Since we are using this basis each representative state we are using is characterized by its momenta, in other words the momenta is a quantum number well defined. Also we should notice

$$\hat{\boldsymbol{P}}_k \hat{\boldsymbol{P}}_k = \hat{\boldsymbol{P}}_k$$
$$\left[\hat{\boldsymbol{P}}_k, \hat{\boldsymbol{P}}_{k'}\right] = 0$$

And we will apply \widehat{H} to these states

$$\begin{split} \left\langle r_{q} | \widehat{H} | r_{k} \right\rangle &= \frac{\left\langle r_{q} | \widehat{H} \widehat{P}_{k} | r \right\rangle}{\sqrt{\left\langle r | \widehat{P}_{k} | r \right\rangle}} = \frac{\left\langle r_{q} | \widehat{P}_{k} \widehat{H} | r \right\rangle}{\sqrt{\left\langle r | \widehat{P}_{k} | r \right\rangle}} = \left\langle r_{q} | \widehat{P}_{k} \left(-\frac{J}{2} \sum_{j=1}^{N} \left(\widehat{S}_{j}^{+} \widehat{S}_{j+1}^{-} + \widehat{S}_{j}^{-} \widehat{S}_{j+1}^{+} + 2 \widehat{S}_{j}^{z} \widehat{S}_{j+1}^{z} \right) \right) \widehat{c}_{N,\sigma}^{\dagger} \cdots \widehat{c}_{1,\sigma}^{\dagger} \cdots \widehat{c}_{1,\sigma}^{\dagger} \frac{|0\rangle}{\sqrt{\left\langle r | \widehat{P}_{k} | r \right\rangle}} \\ &= -\frac{J}{2} \sum_{j=1}^{N} \frac{\left\langle r_{q} | \widehat{P}_{k} \left(\widehat{S}_{j}^{+} \widehat{S}_{j+1}^{-} + \widehat{S}_{j}^{-} \widehat{S}_{j+1}^{+} + 2 \widehat{S}_{j}^{z} \widehat{S}_{j+1}^{z} \right) \widehat{c}_{N,\sigma}^{\dagger} \cdots \widehat{c}_{1,\sigma}^{\dagger} |0\rangle}{\sqrt{\left\langle r | \widehat{P}_{k} | r \right\rangle}} \end{split}$$

Since we know that

$$\begin{split} \left[\hat{S}_{l}^{z},\hat{c}_{m,\sigma}^{\dagger}\right] &= (\pm)\frac{1}{2}\delta_{lm}\hat{c}_{m,\sigma}^{\dagger} &+ (-):\uparrow(\downarrow) \\ \left[\hat{S}_{l}^{+},\hat{c}_{m,\sigma}^{\dagger}\right] &= \frac{1}{2}\delta_{lm}\hat{c}_{m,\bar{\sigma}}^{\dagger}\delta_{\bar{\sigma},\uparrow} \\ \left[\hat{S}_{l}^{-},\hat{c}_{m,\sigma}^{\dagger}\right] &= \frac{1}{2}\delta_{lm}\hat{c}_{m,\bar{\sigma}}^{\dagger}\delta_{\bar{\sigma},\downarrow} \end{split}$$

so for each term in the hamiltonian we will have

$$\begin{split} \hat{S}_{j}^{z}\hat{S}_{j+1}^{z}|r\rangle &= \hat{c}_{N,\sigma}^{\dagger}\cdots\hat{S}_{j}^{z}\hat{S}_{j+1}^{z}\hat{c}_{j,\sigma}^{\dagger}\hat{c}_{j+1,\sigma}^{\dagger}\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle = \hat{c}_{N,\sigma}^{\dagger}\cdots\hat{S}_{j}^{z}\hat{c}_{j,\sigma}^{\dagger}\hat{S}_{j+1}^{z}\hat{c}_{j+1,\sigma}^{\dagger}\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle \\ &= \hat{c}_{N,\sigma}^{\dagger}\cdots\left(\frac{1}{2}\hat{c}_{j,\sigma}^{\dagger}+\hat{c}_{j,\sigma}^{\dagger}\hat{S}_{j}^{z}\right)\left(\frac{1}{2}\hat{c}_{j+1,\sigma}^{\dagger}+\hat{c}_{j+1,\sigma}^{\dagger}\hat{S}_{j+1}^{z}\right)\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle = \hat{c}_{N,\sigma}^{\dagger}\cdots\left(\frac{1}{2}\hat{c}_{j,\sigma}^{\dagger}+\hat{c}_{j,\sigma}^{\dagger}\hat{S}_{j}^{z}\right)\left(\frac{1}{2}\hat{c}_{j+1,\sigma}^{\dagger}\right)\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle \\ &= \frac{1}{4}\hat{c}_{N,\sigma}^{\dagger}\cdots\hat{c}_{j,\sigma}^{\dagger}\hat{c}_{j+1,\sigma}^{\dagger}\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle = \frac{1}{4}|r\rangle \\ \hat{S}_{j}^{\dagger}\hat{S}_{j+1}^{-}|r\rangle &= \hat{c}_{N,\sigma}^{\dagger}\cdots\hat{S}_{j}^{\dagger}\hat{S}_{j+1}^{-}\hat{c}_{j,\sigma}^{\dagger}\hat{c}_{j+1,\sigma}^{\dagger}\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle = \hat{c}_{N,\sigma}^{\dagger}\cdots\hat{S}_{j}^{\dagger}\hat{c}_{j,\sigma}^{\dagger}\hat{S}_{j+1}^{-}\hat{c}_{j+1,\sigma}^{\dagger}\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle \\ &= \hat{c}_{N,\sigma}^{\dagger}\cdots\left(\frac{1}{2}\hat{c}_{j,\sigma}^{\dagger}\delta_{\sigma,\uparrow}+\hat{c}_{j,\sigma}^{\dagger}\hat{S}_{j}^{\dagger}\right)\left(\frac{1}{2}\hat{c}_{j+1,\sigma}^{\dagger}\delta_{\sigma,\downarrow}+\hat{c}_{j+1,\sigma}^{\dagger}\hat{S}_{j+1}^{-}\right)\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle \\ &= \hat{c}_{N,\sigma}^{\dagger}\cdots\left(\frac{1}{2}\hat{c}_{j,\sigma}^{\dagger}\delta_{\sigma,\uparrow}+\hat{c}_{j,\sigma}^{\dagger}\hat{S}_{j}^{\dagger}\right)\left(\frac{1}{2}\hat{c}_{j+1,\sigma}^{\dagger}\delta_{\sigma,\downarrow}+\hat{c}_{j+1,\sigma}^{\dagger}\hat{S}_{j+1}^{-}\right)\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle \\ &= \frac{1}{4}\delta_{\sigma_{j+1,\downarrow}}\delta_{\sigma_{j,\uparrow}}\hat{c}_{N,\sigma}^{\dagger}\cdots\hat{c}_{j,\sigma}^{\dagger}\hat{c}_{j+1,\bar{\sigma}}^{\dagger}\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle \end{aligned}$$

$$\begin{split} \hat{S}_{j}^{-}\hat{S}_{j+1}^{+}|r\rangle &= \hat{c}_{N,\sigma}^{\dagger}\cdots\hat{S}_{j}^{-}\hat{S}_{j+1}^{\dagger}\hat{c}_{j,\sigma}^{\dagger}\hat{c}_{j+1,\sigma}^{\dagger}\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle = \hat{c}_{N,\sigma}^{\dagger}\cdots\hat{S}_{j}^{-}\hat{c}_{j,\sigma}^{\dagger}\hat{S}_{j+1}^{\dagger}\hat{c}_{j+1,\sigma}^{\dagger}\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle \\ &= \hat{c}_{N,\sigma}^{\dagger}\cdots\left(\frac{1}{2}\hat{c}_{j,\bar{\sigma}}^{\dagger}\delta_{\bar{\sigma},\downarrow} + \hat{c}_{j,\sigma}^{\dagger}\hat{S}_{j}^{-}\right)\left(\frac{1}{2}\hat{c}_{j+1,\bar{\sigma}}^{\dagger}\delta_{\bar{\sigma},\uparrow} + \hat{c}_{j+1,\sigma}^{\dagger}\hat{S}_{j+1}^{+}\right)\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle \\ &= \frac{1}{4}\delta_{\bar{\sigma}_{j+1},\uparrow}\delta_{\bar{\sigma}_{j},\downarrow}\hat{c}_{N,\sigma}^{\dagger}\cdots\hat{c}_{j,\bar{\sigma}}^{\dagger}\hat{c}_{j+1,\bar{\sigma}}^{\dagger}\cdots\hat{c}_{1,\sigma}^{\dagger}|0\rangle \end{split}$$

then we can express the Hamiltonian as

$$\begin{split} \left\langle r_{q} \middle| \widehat{H} \middle| r_{k} \right\rangle &= -\frac{J}{2} \sum_{j=1}^{N} \left[\frac{1}{2} \frac{\left\langle r_{q} \middle| \widehat{P}_{k} \middle| r \right\rangle}{\sqrt{\left\langle r \middle| \widehat{P}_{k} \middle| r \right\rangle}} + \frac{1}{4} \frac{\left\langle r_{q} \middle| \widehat{P}_{k} \delta_{\bar{\sigma}_{j+1},\downarrow} \delta_{\bar{\sigma}_{j},\uparrow} \widehat{c}_{N,\sigma}^{\dagger} \cdots \widehat{c}_{j,\bar{\sigma}}^{\dagger} \widehat{c}_{j+1,\bar{\sigma}}^{\dagger} \cdots \widehat{c}_{1,\sigma}^{\dagger} \middle| 0 \right\rangle}{\sqrt{\left\langle r \middle| \widehat{P}_{k} \middle| r \right\rangle}} \\ &+ \frac{1}{4} \frac{\left\langle r_{q} \middle| \widehat{P}_{k} \delta_{\bar{\sigma}_{j+1},\uparrow} \delta_{\bar{\sigma}_{j},\downarrow} \widehat{c}_{N,\sigma}^{\dagger} \cdots \widehat{c}_{j,\bar{\sigma}}^{\dagger} \widehat{c}_{j+1,\bar{\sigma}}^{\dagger} \cdots \widehat{c}_{1,\sigma}^{\dagger} \middle| 0 \right\rangle}{\sqrt{\left\langle r \middle| \widehat{P}_{k} \middle| r \right\rangle}} \end{split}$$

Some aspects about the basis

In general we choose only representative states, with the projection operator

$$\hat{\boldsymbol{P}}_k = \frac{1}{L} \sum_{j=0}^{L-1} \exp \biggl(i 2\pi \frac{k}{L} j \biggr) \hat{T}^j$$

and if we apply \hat{T}^j to some state we will obtain a minus sign if the total number of lattice elements in the chain is even.

Example

$$\begin{split} \hat{T}|0101\rangle &= \hat{T}\hat{c}_{4,\downarrow}^{\dagger}\hat{c}_{3,\uparrow}^{\dagger}\hat{c}_{2,\downarrow}^{\dagger}\hat{c}_{1,\uparrow}^{\dagger}|0\rangle = \hat{c}_{1,\downarrow}^{\dagger}\hat{c}_{4,\uparrow}^{\dagger}\hat{c}_{3,\downarrow}^{\dagger}\hat{c}_{2,\uparrow}^{\dagger}|0\rangle \\ &\hat{T}|0101\rangle = -\hat{c}_{4,\uparrow}^{\dagger}\hat{c}_{3,\downarrow}^{\dagger}\hat{c}_{2,\uparrow}^{\dagger}\hat{c}_{1,\downarrow}^{\dagger}|0\rangle = -|1010\rangle \\ \\ \hat{T}|101101\rangle &= \hat{T}\hat{c}_{6,\uparrow}^{\dagger}\hat{c}_{5,\downarrow}^{\dagger}\hat{c}_{4,\uparrow}^{\dagger}\hat{c}_{3,\uparrow}^{\dagger}\hat{c}_{2,\downarrow}^{\dagger}\hat{c}_{1,\uparrow}^{\dagger}|0\rangle = \hat{c}_{1,\uparrow}^{\dagger}\hat{c}_{6,\uparrow}^{\dagger}\hat{c}_{5,\downarrow}^{\dagger}\hat{c}_{4,\uparrow}^{\dagger}\hat{c}_{3,\uparrow}^{\dagger}\hat{c}_{2,\downarrow}^{\dagger}|0\rangle \\ \\ \hat{T}|101101\rangle &= -\hat{c}_{6,\uparrow}^{\dagger}\hat{c}_{5,\downarrow}^{\dagger}\hat{c}_{4,\uparrow}^{\dagger}\hat{c}_{3,\uparrow}^{\dagger}\hat{c}_{2,\downarrow}^{\dagger}\hat{c}_{1,\uparrow}^{\dagger}|0\rangle = -|110110\rangle \\ \\ \hat{T}|101101101\rangle &= \hat{T}\hat{c}_{9,\uparrow}^{\dagger}\hat{c}_{8,\downarrow}^{\dagger}\hat{c}_{7,\uparrow}^{\dagger}\hat{c}_{6,\uparrow}^{\dagger}\hat{c}_{3,\uparrow}^{\dagger}\hat{c}_{2,\downarrow}^{\dagger}\hat{c}_{1,\uparrow}^{\dagger}|0\rangle = \hat{c}_{1,\uparrow}^{\dagger}\hat{c}_{9,\uparrow}^{\dagger}\hat{c}_{8,\downarrow}^{\dagger}\hat{c}_{7,\uparrow}^{\dagger}\hat{c}_{6,\uparrow}^{\dagger}\hat{c}_{3,\uparrow}^{\dagger}\hat{c}_{2,\downarrow}^{\dagger}|0\rangle \\ \\ \hat{T}|101101101\rangle &= \hat{c}_{9,\uparrow}^{\dagger}\hat{c}_{8,\downarrow}^{\dagger}\hat{c}_{7,\uparrow}^{\dagger}\hat{c}_{6,\uparrow}^{\dagger}\hat{c}_{5,\downarrow}^{\dagger}\hat{c}_{4,\uparrow}^{\dagger}\hat{c}_{3,\uparrow}^{\dagger}\hat{c}_{2,\downarrow}^{\dagger}\hat{c}_{1,\uparrow}^{\dagger}|0\rangle = \hat{c}_{1,\uparrow}^{\dagger}\hat{c}_{9,\uparrow}^{\dagger}\hat{c}_{8,\downarrow}^{\dagger}\hat{c}_{7,\uparrow}^{\dagger}\hat{c}_{6,\uparrow}^{\dagger}\hat{c}_{3,\uparrow}^{\dagger}\hat{c}_{2,\downarrow}^{\dagger}|0\rangle \\ \\ \hat{T}|101101101\rangle &= \hat{c}_{9,\uparrow}^{\dagger}\hat{c}_{8,\downarrow}^{\dagger}\hat{c}_{7,\uparrow}^{\dagger}\hat{c}_{6,\uparrow}^{\dagger}\hat{c}_{5,\downarrow}^{\dagger}\hat{c}_{3,\uparrow}^{\dagger}\hat{c}_{3,\uparrow}^{\dagger}\hat{c}_{2,\downarrow}^{\dagger}\hat{c}_{1,\uparrow}^{\dagger}|0\rangle = |110110110\rangle \\ \end{aligned}$$

when we apply now this \hat{P}_k over the representative vector we obtatin cases where the chain repeat itself whe the number of translations is less than the number of lattice sites. From the previous example we see the three possible cases, when the subset of the chain the lattice set that repeat itself is even and the total lattice is even (1), when subset is odd and total lattice site is even (2) and when the subset is even and the total is odd (3). We can see that it's not possible the case where subset is even and the total is odd.

From this relation also we can compute which elements of k will give is a non vanishing wavefunction. Let see case by case considering the length of the subset is ν

1. Subset even and chain even

The number that the element will repeat itself is $r=\frac{L}{\nu}$ and since ν is even the sign of this elements is the same. So if the value of the following sum is enoughly close to zero then k will give us a vanishing wavefunction.

```
S = abs(sum([exp(im*2*pi*i*nu*k/n) for i in 0:r-1]))
```

2. Subset odd and chain even

The number that the element will repeat itself is $r=\frac{L}{\nu}$ and since ν is odd the sign of this elements is different. So if the value of the following sum is enoughly close to zero then k will give us a vanishing wavefunction.

```
S = abs(sum([exp(im*2*pi*i*nu*k/n)*(-1)^r for i in 0:r-1]))
```

3. Subset odd and chain odd

The number that the element will repeat itself is $r=\frac{L}{\nu}$ and since L is even the sign of this elements is the same. So if the value of the following sum is enoughly close to zero then k will give us a vanishing wavefunction.

```
S = abs(sum([exp(im*2*pi*i*nu*k/n) for i in 0:r-1]))
```

Some aspects about the dot product

We have the following dot value $\left\langle r_q \middle| \widehat{H} \middle| r_k \right\rangle$, let focus for a moment in $\widehat{H} | r_k \rangle$

$$\widehat{H}|r_k\rangle = \frac{\widehat{H}\widehat{P}_k|r_0\rangle}{\sqrt{\left\langle r_0\big|\widehat{P}_k\big|r_0\right\rangle}} = \frac{\widehat{P}_k\widehat{H}|r_0\rangle}{\sqrt{\left\langle r_0\big|\widehat{P}_k\big|r_0\right\rangle}} = \frac{\widehat{P}_k(\lambda_0)|r_{i'}\rangle}{\sqrt{\left\langle r_0\big|\widehat{P}_k\big|r_0\right\rangle}} = \frac{\widehat{P}_k(\lambda_0)e^{i2\pi\frac{k}{L}d}|r_i\rangle}{\sqrt{\left\langle r_0\big|\widehat{P}_k\big|r_0\right\rangle}}$$

where

 r_0 : is the representative of the initial state

 $\boldsymbol{r}_{i'}$: is a state that belongs to same cycle as the \boldsymbol{r}_i

d : is the distance from r_i to $r_{i'}$

 r_i : is the representative of the intermediate state

 r_f : is the representative of the final state

$$\left\langle r_{q} \middle| \widehat{H} \middle| r_{k} \right\rangle = \frac{\left\langle r_{f} \middle| \widehat{P}_{k} \widehat{P}_{k}(\lambda_{0}) e^{i2\pi\frac{k}{L}d} \middle| r_{i} \right\rangle}{\sqrt{\left\langle r_{0} \middle| \widehat{P}_{k} \middle| r_{0} \right\rangle} \sqrt{\left\langle r_{f} \middle| \widehat{P}_{k} \middle| r_{f} \right\rangle}} = \lambda_{0} e^{i2\pi\frac{k}{L}d} \frac{\sqrt{\left\langle r_{f} \middle| \widehat{P}_{k} \middle| r_{f} \right\rangle}}{\sqrt{\left\langle r_{0} \middle| \widehat{P}_{k} \middle| r_{0} \right\rangle}}$$

in the last step r_i has to be equal to r_f to have non zero values. And the value of $\langle r_l | \hat{P}_k | r_l \rangle$ is equal to $\frac{1}{\nu_i}$. So we can express

$$\left\langle r_{q}\middle|\widehat{H}\middle|r_{k}\right\rangle =\lambda_{0}e^{i2\pi\frac{k}{L}d}\frac{\sqrt{\nu_{0}}}{\sqrt{\nu_{f}}}$$

and since we have a matrix for each k we can represent this as

$$H^{k=0} = \begin{pmatrix} H_{11} & H_{12} & \dots & H_{1b} \\ H_{21} & H_{22} & \dots & H_{2b} \\ \vdots & \vdots & \ddots & \vdots \\ H_{b1} & H_{b2} & \dots & H_{bb} \end{pmatrix}$$

where b is the total number of representative states we have.