

"Determine that today you will overcome yourself of the day before, tomorrow you will win over those of lesser skill, and later you will win over those of greater skill." - Miyamoto Musashi

"Truth is not what you want it to be; it is what it is, and you must bend to its power or live a lie." - Miyamoto Musashi

"In fighting and in everyday life you should be determined though calm." - Miyamoto Musashi

"Generally speaking, the Way of the warrior is resolute acceptance of death." - Miyamoto Musashi

"The path that leads to truth is littered with the bodies of the ignorant." - Miyamoto Musashi

"Think lightly of yourself and deeply of the world." - Miyamoto Musashi

"Do not let the body be dragged along by mind nor be dragged along by the body." - Miyamoto Musashi

"Study strategy over the years and achieve the spirit of the warrior." - Miyamoto Musashi

"Get beyond love and grief: exist for the good of man." - Miyamoto Musashi

"No fear, no hesitation, no surprise, no doubt." - Miyamoto Musashi

"A man cannot understand the art he is studying if he only looks for the end result without taking the time to delve deeply into the reasoning of the study." - Miyamoto Musashi

"One thousand days of lessons for discipline; ten thousand days of lessons for mastery." - Miyamoto Musashi

"If there isn't discipline, how can there be a true realization of an ideal?" - Miyamoto Musashi