



# BLESSED TRADER.

*Your guide to consistency in the industry of fake.*

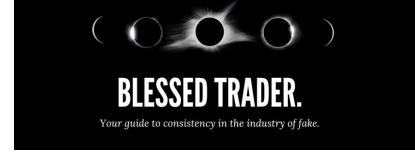


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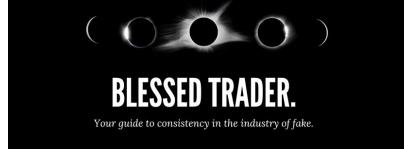
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## DISCLAIMER

**Everything here are my notes from my trading blog. I am not a financial advisor. This is not financial advice. The content is provided for informational purposes only. To make the best decision that meets your needs please do your own research. All investments carry some form of risk. Nothing is guaranteed. Please do not invest money you can not afford to lose.**



## LESSON - 11



In the previous lesson you learned more about the Daily TF, how the whole process flows, how we build bias and what levels we target. In this lesson you will learn about the importance of the 60min TF. This time-frame is used for context & framework.



## The middleman

Time-frame between Weekly / Daily & 15min and lower that we focus on are 60min & 4 hour (mainly 60min). This time-frame is like the middle man, not the one who owns the show, not the one who runs the show but the one who makes sure the show happens.

Lots of beginner traders miss this important step of having a clear vision of what the 60min TF is doing. Does it align with the Daily direction? Is it giving signs that the position is not ready yet or is it showing a green light to drop to the lower TF's and start looking for the entry?

Once you become really familiar with this middle TF it will help you see what the market is telling you and it will save you from a lot of unnecessary losses IF you're patient enough.





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This is how one full trading day looks one the 60min TF.



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This is the true day range. The price action that we focus on - NY midnight open to 03:00 pm NY. Then the actual range where we look for opportunities as I think you all know by now is 2:00 am NY to 10:00 am NY (LOKZ-London Lunch-NYOKZ). The 60min TF here is like your road map after you align it with the Daily bias & draw on Liquidity.



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Draw a horizontal line from midnight open price to the 11:00 am NY time – all the best LOKZ bearish opportunities will happen above the midnight open price and all the bullish ones below the midnight open price (it won't always be this way, sometimes price will explode right after a tiny sweep).



Notice how every time right after the NY midnight open  
during LOKZ price sweeps liquidity.



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Usually into some PDA and only then turns around and shoots to the opposite side.



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This is not coincidence. This is a typical Daily candle expansion day (Power of 3 – Accumulation / Manipulation / Distribution). LOKZ Low of the day / High of the day.



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NYOKZ Continuation of what happened in the LOKZ.



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London Close Killzone aka “profit taking time” starts capping the day. That's when we have majority of profit taken, and leave a small portion run towards extreme targets if there're any.



Always have all the main liquidity pools marked out, so you know what the draw on LQ is. On the first day price trades into the unknown fields – that's when we don't have clear draw on LQ and base our targets only on the Swing Projections (Fib extensions), Asia Deviation Levels. On day-2 price stays inside the previous day's range, so the main draw on LQ is the PDL, however, it wasn't reached. On day-3 price moves and takes out that SSLQ (old low). On day-4 price reverses, what we have here is a MM Buy Model, the main draw on LQ is the PDH. Lastly, on day-5 price pulls back after 200+ pip expansion & again the main draw is PDH.



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Also, notice the low resistance and high resistance signatures in price. Traders with some experience are able to spot where the liquidity is resting on the 5/15min TF's but can't see the bigger picture from the 60min TF POV. Notice how in most cases, price has difficulties to break a high resistance low/high (even with one-sided order flow), and how easily it slices the low resistance highs & lows. If the Higher TF like Daily is pushing price lower, and 60min forms a high resistance low – it doesn't mean that there's no SSLQ resting below that low, of course, there is, however, keep in mind that it's more "protected" and price will struggle way more to break through it, it will spend more time around those lows and it will chop around more – that's when we want to be a bit more careful & a bit more nimble.



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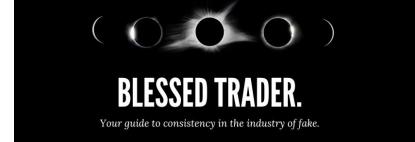




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Notice how Daily expansion moves put 200+ pip moves, and inside days / small range days give up to 100+ pip moves. What that means?  
If the Daily direction is clear, there's something to catch even in the small range / inside days.



## The middleman

So, you already know the importance of the Daily TF, now the middle man 60min TF is like a filter to the Lower TF's (15/5/2min), if the 60min is not looking against your anticipated direction, and if from 60min POV the potential move already makes sense, then it's a green light to go on and look for potential entries on the 15/5/2min TF's.

There will be lots of situations when price looks great on the 2/5min TF's but the 60min will be totally against that side – we don't try to fight the Higher TF, we want the Daily → 60min → 15/5/2min to align, that's where all the explosive moves happen.

Of course, on quick scalp plays 60min doesn't play a huge role, however, even then it can't be aggressively against the direction you want to trade towards, it has to be at least neutral.





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