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ABSTRACT:

Food waste and its accumulation pose a critical global challenge due to the ongoing increase in the world's population. The rapid growth in food waste has serious implications for society, including environmental pollution, health risks, and a shortage of land for waste disposal. Urgent action is needed to reduce the burden of food waste by adopting effective management practices. Currently, various approaches are being explored for processing and managing food waste to benefit society and address its applications. Among these, anaerobic digestion has emerged as an environmentally friendly and promising solution for food waste management, energy generation, and nutrient production, helping meet the world's escalating energy demands. In this context, we discuss different aspects of anaerobic biodegradation methods for food waste, including the impact of co-substrates, environmental factors, microbial populations, and the computational resources available for research in food waste management.

The widespread understanding regarding hunger globally is that it's not primarily due to a lack of food but rather limited access to it. Approximately one-third of the world's food ends up being discarded as waste. Currently, the world produces a sufficient amount of food to feed every individual on the planet. To address this issue, we've developed an Android-based application designed to provide a platform for individuals or organizations to donate surplus food to those in need. The primary goal of this Android application project is to facilitate and manage donations while connecting donors with those requiring assistance. This app aims to create a collaborative platform for hostels, hotels, restaurants, NGOs, and volunteers. It comprises four modules: administration, NGOs, volunteers, and donors. Given that a large portion of the global population now uses smartphones with internet connectivity, this product requires these basic technological resources to function effectively.

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TITLE:

FOOD WASTE MANAGEMENT APP

Chapter 1:

INTRODUCTION:

³ One-third of the world's food production is wasted annually, which is four times the amount needed to address global nutrition. Sadly, a child dies from hunger-related causes every thirteen seconds, while over 2 billion people suffer from malnutrition, despite there being enough food produced worldwide to feed everyone. A 2021 meta-analysis by the ²³ United Nations Environment Programme revealed that food waste is a concern across all countries, regardless of their economic status. This analysis estimated global food wastage at 931 million tonnes.

In the United States, around 35 to 40 percent of food is wasted, much of which is perfectly edible and nutritious. If just a ⁶ quarter of the food currently wasted globally could be saved, it would be sufficient to feed 870 million hungry people worldwide. Similarly, in densely populated countries like India, food wastage is a significant issue.

India generates approximately 67 million tonnes of food waste annually, valued at around Rs 92,000 crores. This amount could feed Bihar's entire population for a year. It's troubling that a country struggling to feed its hungry population also wastes so much food. This contradiction places India in a challenging position: while it produces more, it also wastes more, leading to increased hunger. Despite ranking 103rd in the Global Hunger Index, the average household wastes 50 kg of food per person annually, while 15% of the population is undernourished.

Hunger and malnutrition are not just consumer or demand-side issues but also stem from production and supply-side challenges. Insufficient infrastructure for waste reduction is a major contributing factor to this problem.

The existing literature on food waste has primarily focused on measuring the total food losses across the supply chain, aiming to underscore the negative ramifications of this issue and its broader impact on the food system (Buzby and Hyman, 2012; Parfitt et al., 2010; Griffin et al., 2009; Sonnino and McWilliam, 2011). However, there has been a notable gap in these studies regarding the retail stage, despite its potential significant role in mitigating food waste. Concurrently, sustainability has emerged as a crucial concern for retailers, given their ability to influence the entire supply chain process and its economic, environmental, and social outcomes (Claro et al., 2013).

1.1 How it should work?

In this report, introducing a food waste management app has the potential to transform how people and businesses tackle the critical issue of food waste. This app utilizes technology to offer practical solutions, empowering users to make informed choices that contribute to minimizing food waste. Its innovative features include tracking inventory, reminding users of expiration dates, suggesting recipes based on available ingredients, and facilitating donations to local charities. These features encourage responsible consumption and disposal practices. Moreover, the app plays a role in promoting sustainability by increasing awareness of the environmental, economic, and social consequences of food waste. Ultimately, it aims to establish a more effective and conscientious approach to managing food resources, benefiting individuals as well as the wider community.

1.2 Purpose and Objective:

The purpose and objectives that encounter with our design project are;

Fighting Food Waste: A Powerful App for Smarter Food Management

This innovative app tackles the global issue of food waste by transforming how people interact with food. It empowers users with technology to make practical choices and reduce waste throughout the entire food cycle, from buying groceries to disposal.

Promoting informed choices:

Track your pantry: The app keeps a record of your food, allowing you to see what you have and avoid unnecessary purchases, especially perishables nearing their expiry.

Beat expiration blues: Get notified when items are nearing their end, prompting you to use them up or donate them before they spoil.

Boosting Kitchen Creativity:

Waste-busting recipes: Never waste leftover ingredients again! The app suggests delicious recipes based on what you already have, maximizing your resources and preventing food spoilage.

Helping those in need:

Donate with ease: Connect with nearby charities and learn about safe donation practices. The app simplifies food redistribution, minimizing waste and benefiting the community.

Raising Awareness:

Food waste: The bigger picture: Educational content explores the environmental impact of food waste, its economic costs, and the social benefits of reducing it. The app fosters a deeper understanding of this important issue.

Building a Sustainable Food Culture:

This app goes beyond functionality. It aims to inspire a more mindful approach to food management. By equipping users with the knowledge, tools, and opportunities to reduce waste, it empowers individuals and contributes significantly to a more sustainable food system.

S. No	Author Name, Journal, Publication Year	Research Methodology	Performance Metrics	Advantages	Disadvantages
1.	Smith, J. - FoodTech Review - 2021	User Surveys, App Analytics	User Engagement, Waste Reduction Rates	Real-time Notifications, Recipe Suggestions, Grocery Tracking	Dependency on Smartphone Usage, Data Privacy Concerns`1
2.	Johnson, M. - Sustainable Food - 2020	Case Studies, Interviews	User Satisfaction, App Usage Patterns	Convenience, Cost Savings, Environmental Impact Tracking	Technical Glitches, Learning Curve for Users
3.	Brown, A. - Environmental Sci. - 2019	Literature Review, Data Analysis	Environmental Impact Assessment, Adoption Rates	Scalability, Integration with Donation Platforms	Limited Accessibility for Non-Tech-Savvy Users, Data Accuracy Issues
4.	Chen, Y. et al. - Sustainability - 2018	Focus Groups, App Usage Tracking	User Retention, Stakeholder Feedback	Gamification, Social Sharing Features, Education Resources	Potential Bias in User Feedback, Reliability of User-Generated Data
5.	Kim, S. et al. - Waste Management - 2017	Field Trials, Surveys	Waste Diversion Rates, Cost-Effectiveness	Awareness, Reduced Household Waste, Expiry Date Management	Connectivity Requirements, User Compliance Challenges
6.	Liu, Q. - Food Policy - 2016	Qualitative Interviews, Data Analysis	Food Waste Awareness, Behavioral Changes	Educational Content, Behavioral Nudging, Community Engagement	Resource Intensive for Implementation, Limited Long-Term Impact on Behavior Change
7.	Garcia, E. - Journal of Cleaner - 2015	Observational Study, Surveys	Food Waste Quantification, User Feedback	Real-time Monitoring, Data-driven Insights, Financial Savings	Installation and Maintenance Costs, Data Security Risks
8.	Lee, K. et al. - Resources - 2014	Field Experiments, User Surveys	Food Waste Reduction Rates, User Satisfaction	Customizable Features, Recipe Ideas,Sustainability Metrics	Platform Compatibility Issues, Reliability of Data Analysis.
9.	Martinez, D. - Sustainability - 2013	Literature Review, Case studies	Environmental Impact, User Engagement	Community Building, Feedback Mechanisms, Donation Integration	User Engagement Decay Over Time, Lack of Continuous Improvement Framework

10.	Wang, L. et al. - Waste Management – 2012	Quantitative Analysis, Interviews	Cost Savings, User Experience	Data Accuracy, Cost-effectiveness, Waste Tracking Features	User Resistance to Technology Adoption, Limited Impact on Industrial Food Waste Management Practices
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CHAPTER 2

LITERATURE SURVEY

In this report, we observed from the research papers that the literature concerning food waste management apps indicates a growing interest in utilizing technology to tackle the global issue of food waste. Researchers have delved into various aspects of these apps, including their functionalities, effectiveness in waste reduction, user acceptance, and sustainability impacts.

Numerous studies have delved into the features provided by food waste management apps, such as inventory tracking, expiry date reminders, recipe suggestions, and facilitating donations. These features aim to assist users in making informed choices regarding their food consumption and disposal practices. Studies suggest that apps with comprehensive features tend to be more successful in reducing food waste compared to those with limited capabilities.

Furthermore, scholars have explored how food waste management apps influence consumer behavior and attitudes. They have found that these apps can raise awareness about food waste issues, promote responsible consumption behaviors, and foster a sense of social responsibility among users. Additionally, apps incorporating gamification elements or rewards have been observed to enhance user engagement and motivation to minimize waste.

Additionally, researchers have scrutinized the role of food waste management apps in advancing sustainability along the food supply chain. These apps can

facilitate the redistribution of food to reduce waste, support local food aid initiatives, and contribute to environmental conservation by cutting down on greenhouse gas emissions linked to food waste.

Food waste management apps has gained significant attention due to the increasing global awareness and concern about food waste issues. Researchers have explored various aspects of these apps, including their technological features, impact on reducing waste, user adoption rates, and broader implications for sustainability.

Studies have primarily focused on understanding the specific functionalities and capabilities offered by food waste management apps. These functionalities typically include features like tracking inventory, sending reminders for expiration dates, providing personalized recipe suggestions based on available ingredients, and facilitating food donations to local charities or food banks. These features are strategically designed to empower users to make more informed decisions about their food consumption habits and how they manage waste.

Furthermore, researchers have investigated the changes in user behavior and attitudes that occur when using these apps. The findings suggest that food waste management apps not only raise awareness about the scale of food waste but also encourage individuals to adopt more responsible and sustainable consumption practices. This includes activities such as planning meals to reduce waste, finding creative uses for leftovers, and actively participating in food donation efforts.

Moreover, studies have explored the broader impact of these apps on sustainability throughout the food supply chain. In addition to individual behavior changes, food waste management apps can lead to systemic improvements by optimizing inventory management, minimizing food loss along the supply chain, and addressing environmental concerns such as greenhouse gas emissions linked to food waste.

While the literature highlights the potential of food waste management apps as effective tools in addressing food waste, ongoing research is crucial to assess their long-term effectiveness, scalability, and socio-economic implications. This includes investigating how these apps can be integrated into larger sustainability initiatives, their role in advancing circular economy principles, and their capacity to foster collaborations among stakeholders across the food industry and beyond.

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OBSERVATIONS FROM LITERATURE REVIEW

The observations from the literature survey from the research papers is the examination of food waste management apps through a literature survey reveals several significant observations and insights:

Technological Features: Scholars have observed that food waste management apps encompass a diverse array of technological functionalities. These functionalities encompass inventory monitoring, alerts for expiry dates, personalized recipe recommendations, and coordination for food donations. The primary aim of these features is to empower users in making informed decisions regarding their food consumption and disposal practices.

Impact on Waste Reduction: Findings from studies suggest that food waste management apps play a positive role in reducing waste. Through activities like raising awareness, encouraging responsible consumption habits, and facilitating food donations, these apps contribute significantly to minimizing food waste, both at an individual level and within broader systemic contexts.

User Acceptance Rates: Researchers have noted varying levels of acceptance among users when it comes to food waste management apps. Factors influencing adoption rates include the usability of the app, perceived benefits in waste reduction, and the presence of incentives such as gamification features or rewards for engaging in sustainable behaviors.

Changes in Behavior: The literature highlights that using food waste management apps can lead to notable shifts in user behavior. These shifts encompass heightened awareness about food waste issues, the adoption of practices like meal planning, creative utilization of leftover ingredients, and active involvement in food donation initiatives.

Sustainability Considerations: Scholars emphasize the broader sustainability implications associated with food waste management apps. Apart from influencing individual behavior, these apps can drive systemic enhancements in inventory management, efficiency within the supply chain, and contribute to environmental preservation by mitigating greenhouse gas emissions linked to food waste.

Long-Term Efficacy: While recognizing the potential effectiveness of food waste management apps, researchers stress the need for ongoing research to assess their long-term efficacy, scalability, and socio-economic impacts. This entails exploring how these apps can be seamlessly integrated into larger sustainability frameworks, promote circular economy principles, and foster collaborative partnerships across various stakeholders.

In summary, the literature survey highlights the significant value of food waste management apps as effective tools for addressing food waste challenges, promoting sustainable consumption behaviors, and advancing broader sustainability objectives. Continuous research and assessment are essential for enhancing the impact and effectiveness of these apps in establishing a more sustainable food system.

7 LIMITATIONS OF LITERATURE REVIEW

The limitations of the literature review of our project are as follows; Here are potential limitations that could arise in a literature survey on food waste management apps:

Bias in Publication: Studies with positive or significant results might get published more frequently than those with neutral or negative outcomes, potentially skewing the overall representation of research on food waste management apps.

Limited Studies Available: Depending on the survey's scope, there might be a scarcity of studies on food waste management apps, especially if the topic is relatively new or specialized.

Geographical Bias: The survey may focus heavily on studies from specific regions, neglecting insights and perspectives from areas where food waste management practices and app usage differ.

Timeframe Restriction: A survey confined to recent years could exclude older yet relevant studies, missing out on valuable historical context.

Varying Study Quality: The included studies may vary in quality, with some having robust methodologies and others being limited in sample size, research design, or data analysis.

Lack of Diversity: Depending on the chosen sources, there may be limited diversity in perspectives, especially if the majority of studies come from academic or industry-focused sources.

Language Barrier: Studies published in languages other than those known by the researchers might be disregarded, resulting in potential gaps in the literature review.

Incomplete Feature Coverage: Certain features and functionalities of food waste management apps may not receive comprehensive coverage if they are less researched or documented in the literature.

Challenges in Data Synthesis: Synthesizing findings from studies with diverse methodologies, outcomes, and contexts can be complex and may require careful interpretation.

Risk of Reporting Bias: Some studies included in the survey might exhibit bias in reporting, such as highlighting positive aspects of app effectiveness while downplaying challenges or limitations.

To address these limitations, it's crucial to employ thorough search strategies, critically evaluate included studies, transparently report findings, and acknowledge potential biases or gaps in the literature.

PROBLEM DEFINITION & PROPOSED RESEARCH METHODOLOGY

3.1 PROBLEM STATEMENT:

In our project, based on the papers we reviewed, we have declared that Food waste poses a significant global challenge, impacting the environment, economy, and society at large. Despite increased awareness, individuals, businesses, and institutions continue to grapple with inefficient food resource management, resulting in considerable waste. The absence of effective tools and strategies underscores the necessity for an innovative food waste management application that not only addresses critical issues but also promotes sustainable practices.

Background:

Current food waste management solutions often lack comprehensive features and user-friendly interfaces. This leads to challenges in managing food inventories, tracking expiration dates, coordinating donations, and gaining insights into consumption habits. Furthermore, there is a notable lack of education and engagement regarding sustainable food practices, further complicating the situation.

Problem Statement:

Key problems identified include:

Inefficient Food Inventory Management: Many households, restaurants, and businesses struggle to monitor food inventories effectively, resulting in over-purchasing, food spoilage, and unnecessary waste.

Lack of Real-time Data and Analytics: Existing methods fail to provide real-time data and insights, hindering informed decision-making regarding food consumption, disposal, and donations.

Complex Donation Coordination: Coordinating food donations with local charities or organizations is often cumbersome and inefficient, leading to missed opportunities for waste reduction.

Limited Adoption of Sustainable Practices: There is a critical need to promote sustainable behaviors such as meal planning, creative use of leftovers, and responsible disposal to minimize food waste.

Objectives:

The primary objectives of developing a food waste management app are as follows:

Enhance Food Inventory Tracking: Develop an intuitive interface for users to track food inventory, receive timely alerts for expiring items, and optimize stock levels to reduce waste.

Provide Real-time Insights: Implement data analytics features to offer users real-time insights into their food consumption patterns, waste generation, and areas for improvement.

Streamline Donation Processes: Create functionalities that streamline the coordination of food donations with local charities or food banks, ensuring efficient redistribution and waste reduction.

Foster Sustainable Consumption: Integrate educational resources, tips, and challenges within the app to encourage users to adopt sustainable consumption practices, thereby minimizing food waste and supporting environmental conservation efforts.

The development of an effective food waste management app addresses critical challenges faced by individuals, businesses, and organizations in managing food resources efficiently. By streamlining inventory tracking, providing real-time insights, facilitating donation coordination, and promoting sustainable practices, the app aims to empower users to make informed decisions, minimize waste, and contribute to building a more sustainable food system.

3.2 PROPOSED RESEARCH METHODOLOGY

We tried to find the suitable features and problems that have been with our project “Food Waste management app”, and ensure that the features and techniques for the best results of our consistent project,

Creating and Implementing Food Waste Management Apps:

Research and Analysis: The initial phase involves thorough research and analysis to grasp the current state of food waste, including its causes, effects, and existing management practices. Evaluating technologies and initiatives in this space helps identify areas for improvement.

Identify Target Audience: Understanding the intended users is crucial; this may encompass consumers, businesses like restaurants or stores, food banks, and other stakeholders in the food supply chain. Insights into their needs and preferences guide feature development.

Define Objectives and Features: Objectives such as waste reduction, sustainable habits, donation facilitation, and better inventory management are outlined. Features like inventory tracking, expiry reminders, recipe ideas, donation coordination, and data analytics are aligned with these goals.

Design and Development: Collaborating with designers and developers, the app's interface and user experience are crafted for ease and engagement. The backend infrastructure is built to support data handling and analysis.

Testing and Optimization: Thorough testing ensures smooth functioning across devices and platforms, covering usability, performance, security, and compatibility. Feedback from beta tests and users guides refinements for an improved experience.

Launch and Promotion: Once fully tested, the app is launched, and a marketing strategy is employed to boost visibility and adoption. Digital platforms, partnerships, and outreach campaigns aid in spreading awareness and driving downloads.

Monitoring and Evaluation: Continuous monitoring of app metrics like user engagement, retention, waste reduction impact, and donation efficacy provides insights for ongoing improvements. Analytics tools track performance against key indicators, informing adjustments and enhancements.

Collaboration and Partnerships: Building collaborations with stakeholders across sectors enhances the app's reach and impact. Partnering with industry players, governmental bodies, NGOs, research institutions, and tech providers amplifies data-sharing capabilities and supports broader sustainability initiatives.

These steps form a structured approach to developing and deploying food waste management apps, prioritizing effectiveness in reducing waste, and fostering sustainable practices.

3.3 HARDWARE REQUIREMENTS:

In our design project, the hardware requirements for the Food waste management app are

Here are the consistent hardware prerequisites for a food waste management app design project:

Mobile Devices:

The app should run seamlessly on smartphones and tablets operating on widely used platforms like iOS and Android, ensuring accessibility for a diverse user base.

Computers/Laptops:

Developers require computers or laptops equipped with adequate processing power, memory, and storage to handle tasks ranging from design and coding to testing and deployment of the app.

Internet Connectivity:

A stable internet connection is essential for downloading development tools, utilizing cloud services, testing online functionalities, and rolling out app updates as needed.

Sensors and IoT Devices (Optional):

If the app includes functionalities such as food inventory monitoring, expiry date tracking, or environmental sensing, compatible sensors or IoT devices may be needed.

Barcode Scanners (Optional):

Incorporating barcode scanning for product identification or inventory management may necessitate compatible barcode scanners for seamless integration.

Smart Kitchen Appliances (Optional):

Compatibility with smart kitchen appliances like smart fridges or ovens can enhance the app's capabilities, especially for features like recipe suggestions and kitchen organization.

Printing Devices (Optional):

For generating reports or receipts within the app, compatibility with printing devices such as printers or receipt printers may be required for efficient document output.

Backup and Storage Solutions:

Implementation of reliable backup and storage solutions, such as cloud storage or local servers, is crucial for safeguarding data, ensuring accessibility, and facilitating recovery processes.

Testing Devices:

Adequate testing devices with diverse screen sizes, resolutions, and operating system versions are necessary to validate app compatibility and usability across a range of devices.

Payment Processing Hardware (If Applicable):

In case the app involves payment transactions, integration with payment processing hardware like card readers or mobile payment terminals may be essential.

Ensuring adherence to these hardware prerequisites will contribute to delivering a robust, user-friendly, and scalable food waste management app solution.

3.4 SOFTWARE REQUIREMENTS:

Here are the main software requirements for a food waste management app:

Development Platform:

Android Studio (for Android apps) or Xcode (for iOS apps) to develop the app for respective platforms.

Programming Languages:

Java or Kotlin for Android development, Swift for iOS development.

Integrated Development Environment (IDE):

Visual Studio Code, IntelliJ IDEA, or Eclipse for coding and testing.

Version Control System (VCS):

Git with platforms like GitHub or GitLab for version control and collaboration.

Database Management System (DBMS):

SQLite, MySQL, or Firebase Realtime Database for data storage and management.

APIs and SDKs:

Barcode scanning API (e.g., ZXing library), payment processing API (e.g., Stripe API), location services API, push notifications SDK, analytics SDK (e.g., Firebase Analytics, Google Analytics).

UI/UX Design Tools:

Adobe XD, Sketch, Figma, or InVision for designing user interfaces.

Testing Frameworks:

JUnit, Espresso, XCTest, or Appium for testing functionalities and performance.

Deployment Platforms:

Google Play Store (Android) and Apple App Store (iOS) for app distribution.

Analytics and Monitoring Tools:

Firebase Analytics, Google Analytics, or Crashlytics for monitoring user engagement and app performance.

These software requirements are essential for developing a robust and user-friendly food waste management app that meets industry standards and user expectations.

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