



**POLITECNICO**  
MILANO 1863

**M.SC.**  
**MATHEMATICAL ENGINEERING**  
**BIOMEDICAL ENGINEERING**

# **SLHD PROJECT CHALLENGE**

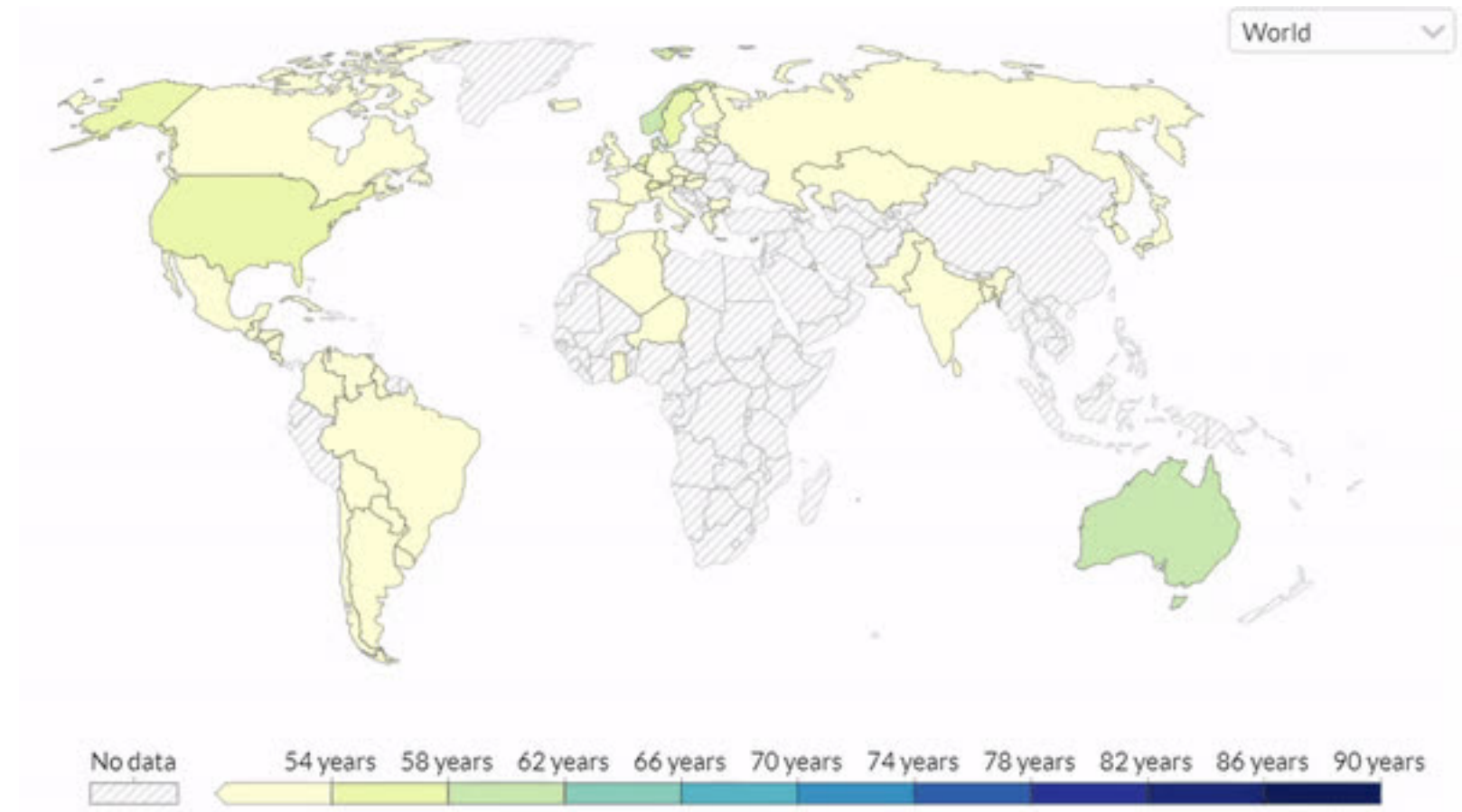
**CIPRIANI FILIPPO**  
**PURICELLI ANDREA**  
**SONNACCHI SOFIA**

# GOALS AND OBJECTIVES

## Context

The global rise in life expectancy has posed the challenge of an increased risk of falls and of fall-related injuries among the elderly population. Having a high impact on healthcare systems, individuals, and society.

Wearable fall detection systems utilizing accelerometers and machine learning algorithms represent a promising solution to mitigate fall-related injuries.



**Develop a machine learning algorithm able to identify patterns and distinguish between everyday activity and fall events using accelerometer data.**

# DATASET / CLASSES

## 468 events:

- 12 types of activities of daily living (ADL)
- 3 types of simulated falls

Gathered from 16 individuals while wearing an inertial sensor unit attached sideways to their waist at a belt high. Each event includes the activity label and three-time series measurements corresponding to the accelerometer readings on the X, Y, and Z axis.

### Moving

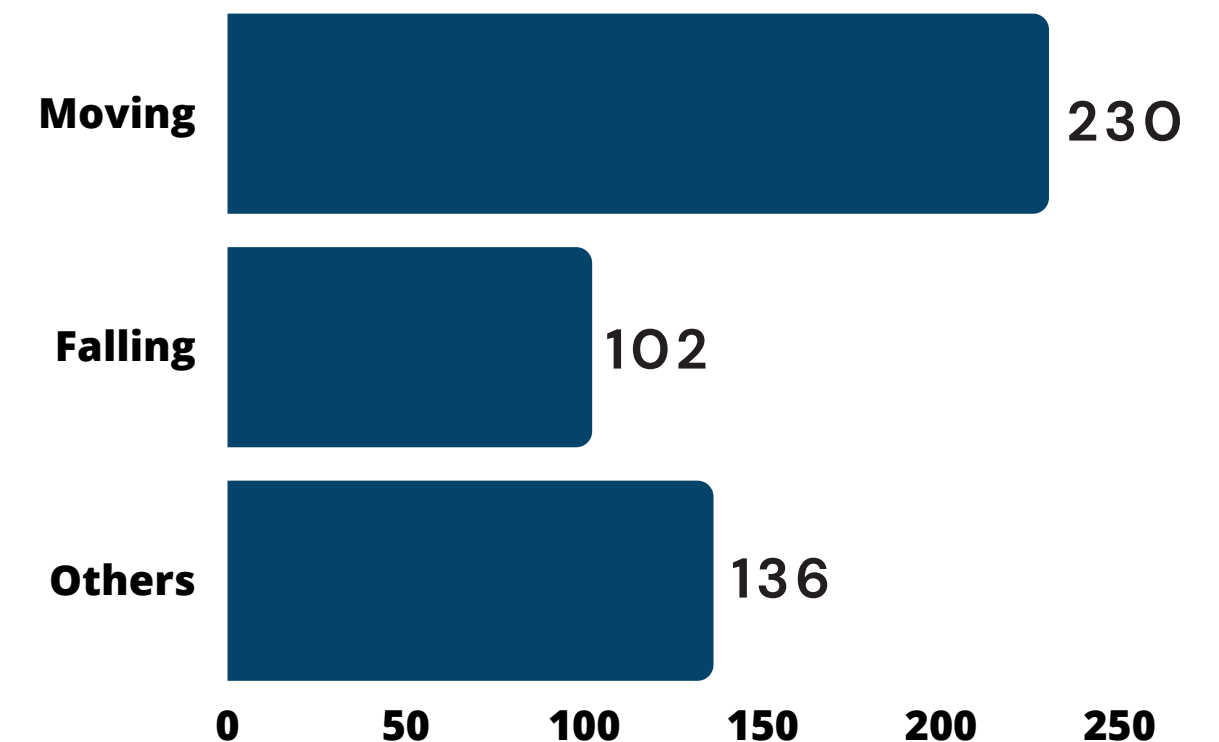
Walking  
Running  
Jumping  
Down the stairs  
Up the stairs

### Falling

Forward fall  
Sideways fall  
Backward fall

### Others

Lying down  
Inactive



# PREPROCESSING

## MISSING VALUES

The dataset did not contain any missing values.

## RESAMPLING

Consistent time interval for the accelerometer data. The signals were resampled at a frequency of 200 Hz and adjusted to begin at 0s

## DISCARDED FDA

Due to the major challenges posed by the differing lengths of the signals, we opted for a traditional multivariate analysis, performing feature extraction on the time series.

## DATA SCALING

Variables with different ranges were transformed to a common scale, allowing the confrontation of the features and their equal contribution in the analysis.

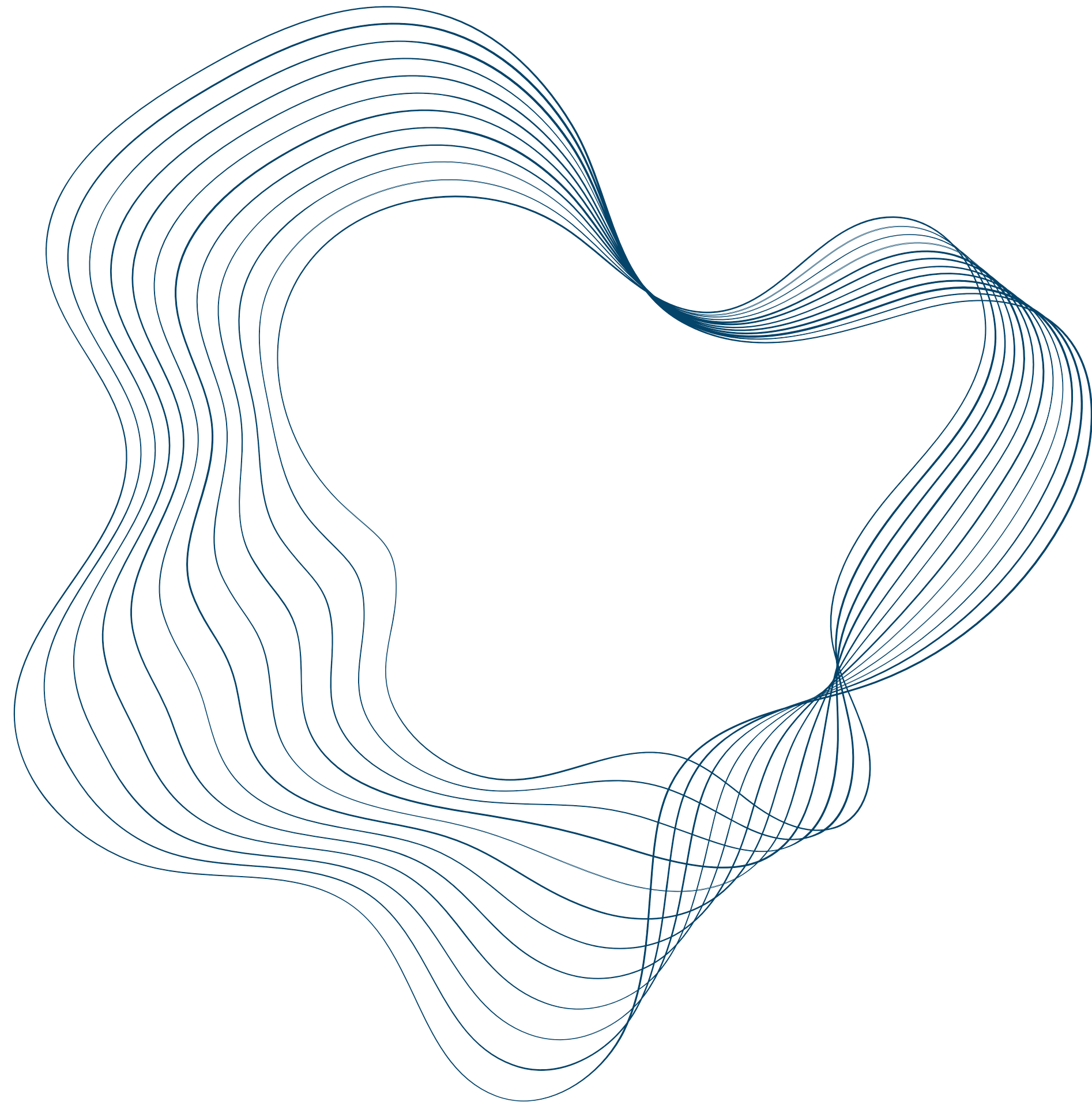
Before	After
104.47	0.0000
104.47	0.0050
104.48	0.0100

# FEATURES EXTRACTED

## 60 features total

20 features extracted for each axis of the time series of the observation (X,Y,Z)

- Basic Statistical Measures (Max, Mean, etc.);
- Time Series Analysis inspired measures (Slope of linear fit, Zero Cross count, etc.);
- Signal Processing inspired measures (Area Under Curve, Fundamental Frequency, etc.).

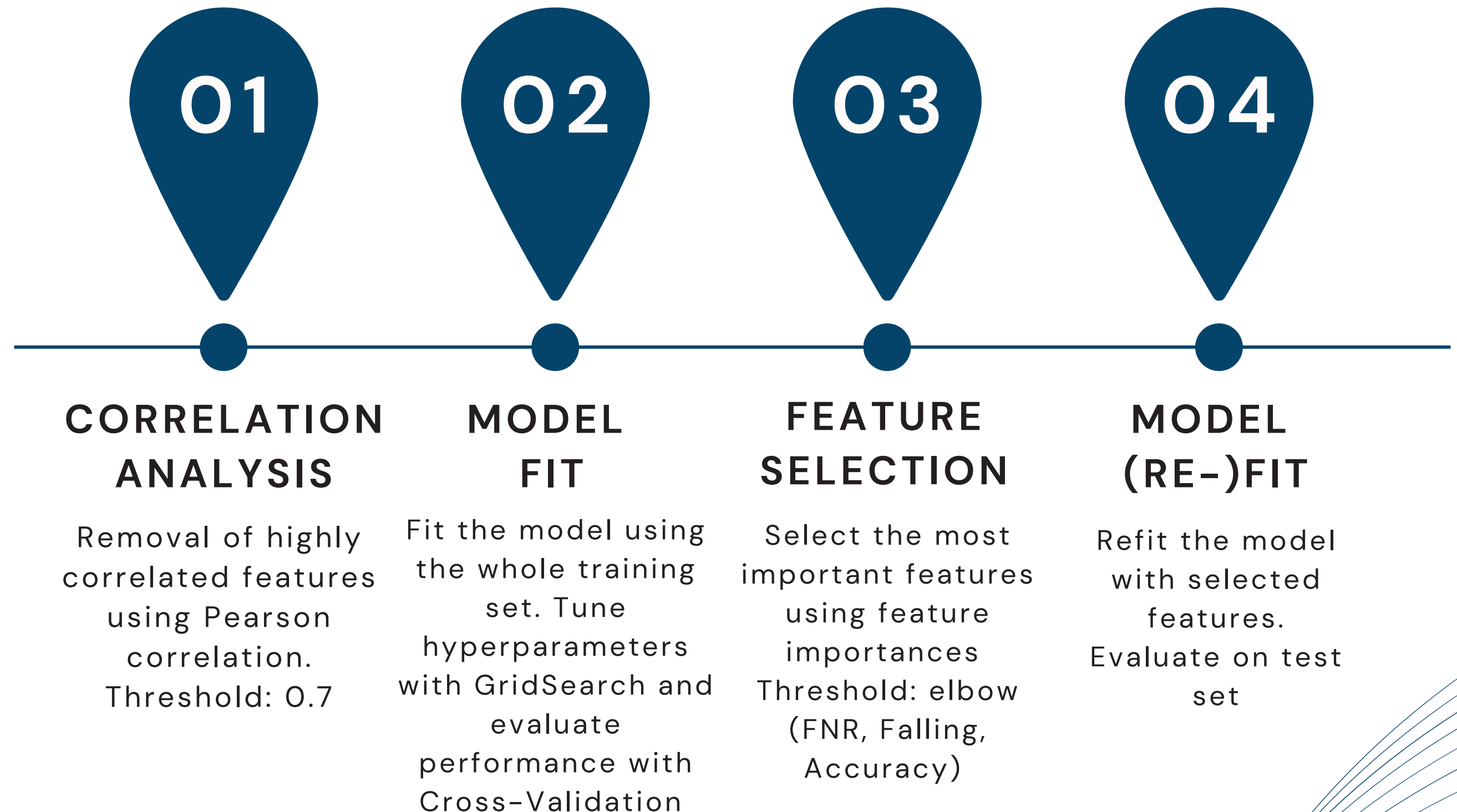




# PIPELINE

## Models:

- Logistic Regression
- Random Forest
- SVM
- KNN
- Naive Bayes
- Ensemble



# RESULTS

- Logistic Regression
- Random Forest
- Ensemble Model (LR+RF, soft voting)

Model	Precision	Recall	Features
Logistic Regression	0.88	0.94	13
Random Forest	0.86	0.97	4
Ensemble	0.94	0.97	16

96%

ACCURACY



# FINAL MODEL: RF

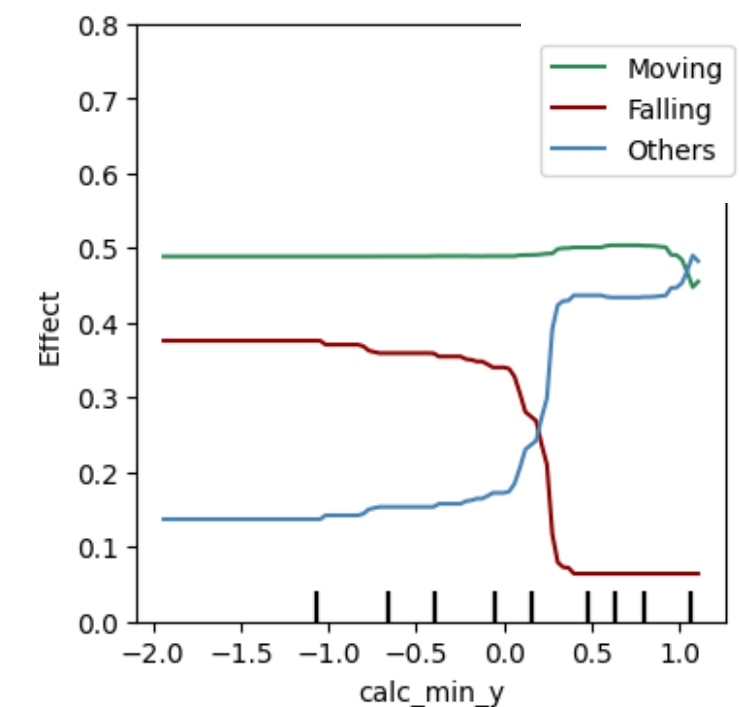
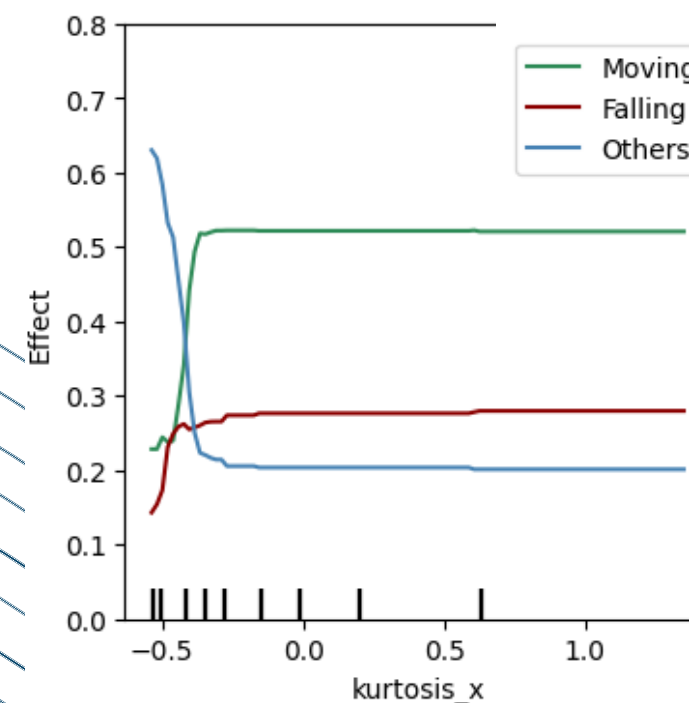
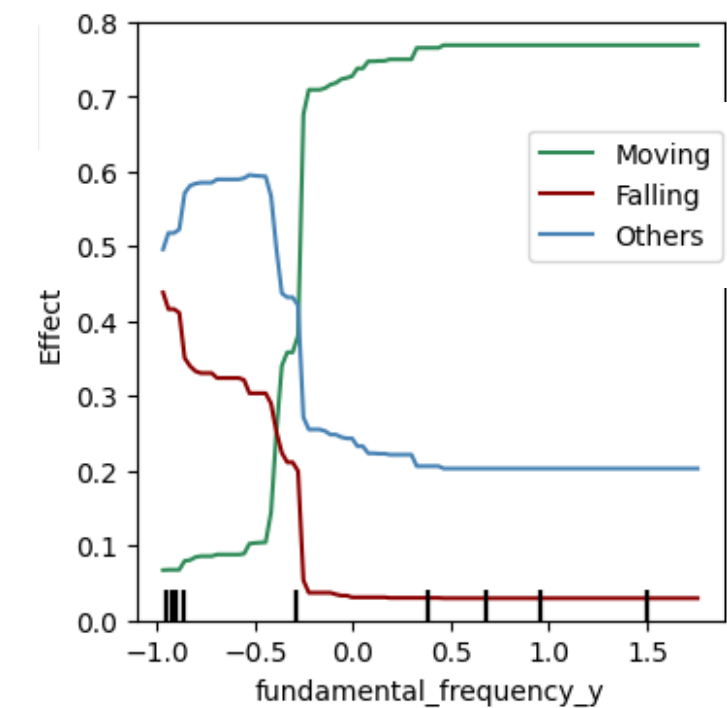
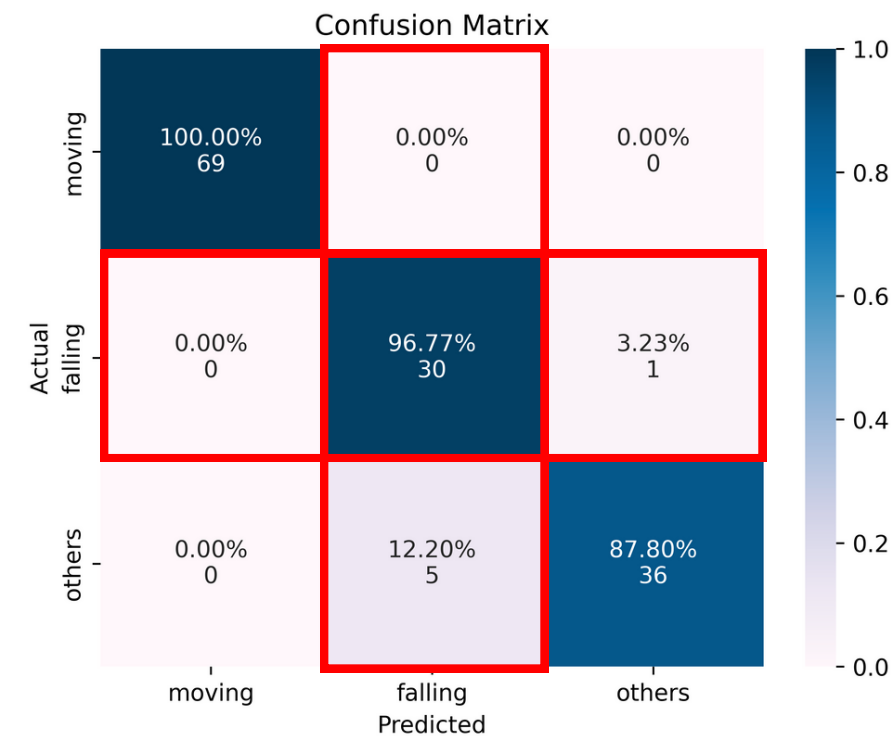
## 4 FEATURES

- Fundamental Frequency (Y-axis)
- Mean (Y-axis)
- Minimum (Y-axis)
- Kurtosis (X-axis)

## INTERPRETATION

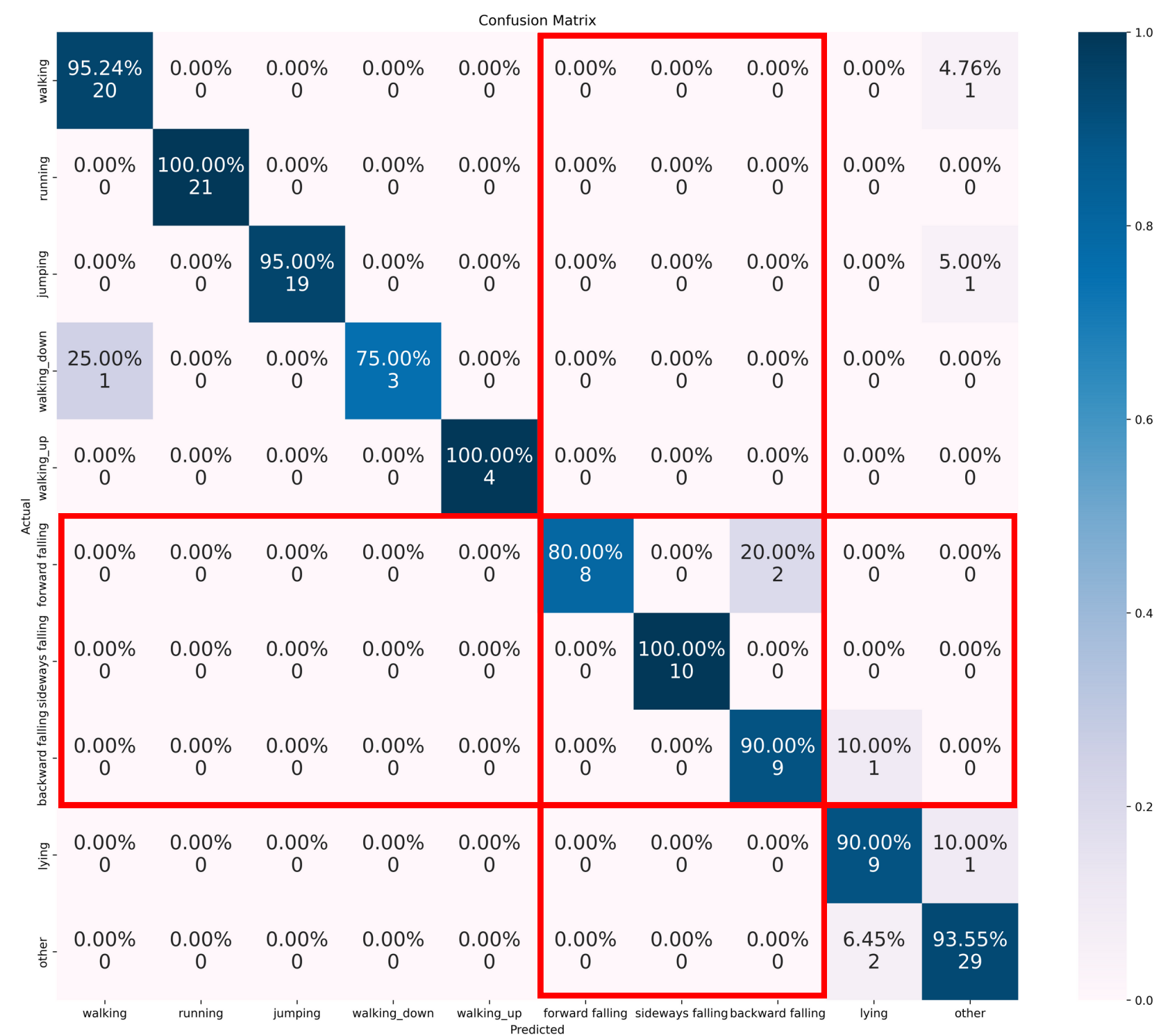
Using partial dependence plots:

- Fundamental Frequency (Y-axis) separates well the 3 categories
- Kurtosis (X-axis) divides Moving from the other two classes
- Minimum (Y-axis) splits Falling from the other two classes





# 10-CLASSES: ENSEMBLE (RF + LR)



14 FEATURES

- 6 Features for the X-axis
- 6 Features for the Y-axis
- 2 Features for the Z-axis
- Fundamental Frequency and Minimum (Y-axis) are still among the most influential features

Model performances					
Model	Class	Metrics			Features
		Precision	Recall	F-score	
Ensemble	Walking	0.95	0.95	0.95	14
	Running	1.00	1.00	1.00	
	Jumping	1.00	0.95	0.97	
	Walking down	1.00	0.75	0.86	
	Walking up	1.00	1.00	1.00	
	Forward fall	0.89	0.80	0.84	
	Sideways fall	1.00	1.00	1.00	
	Backward fall	0.82	0.90	0.86	
	Lying down	0.90	0.90	0.90	
	Inactive	0.91	0.97	0.94	

# CONCLUSIONS

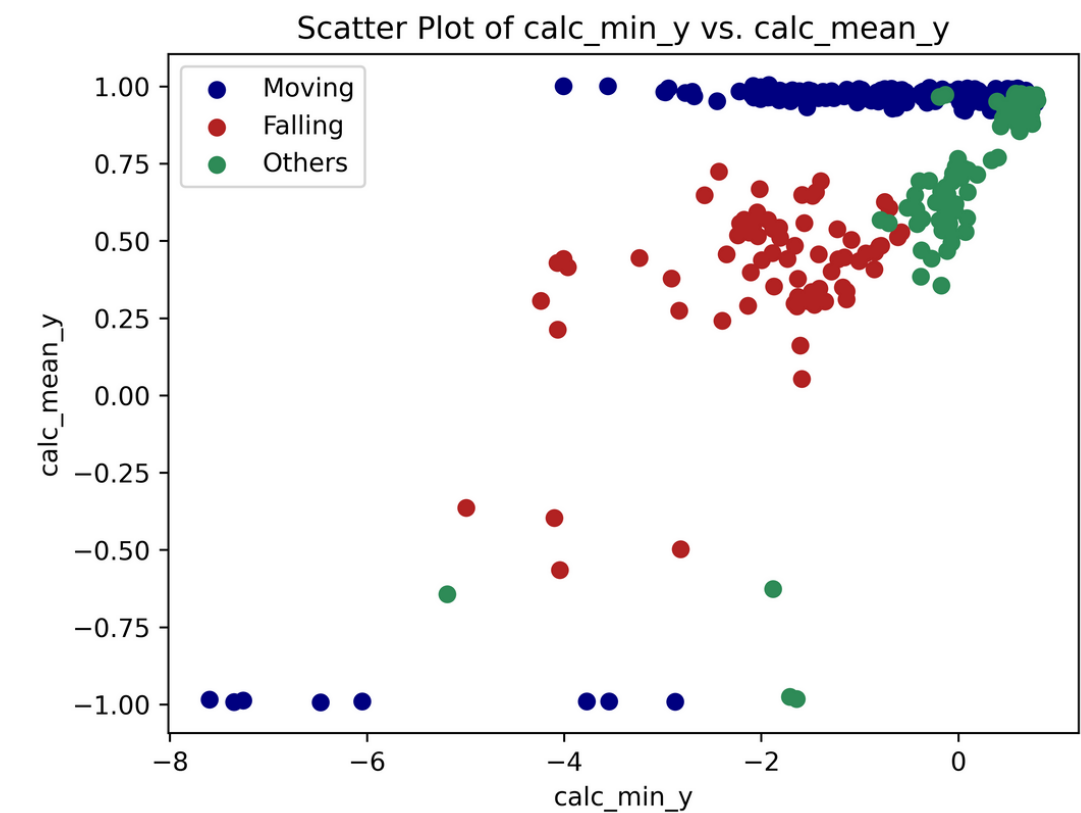
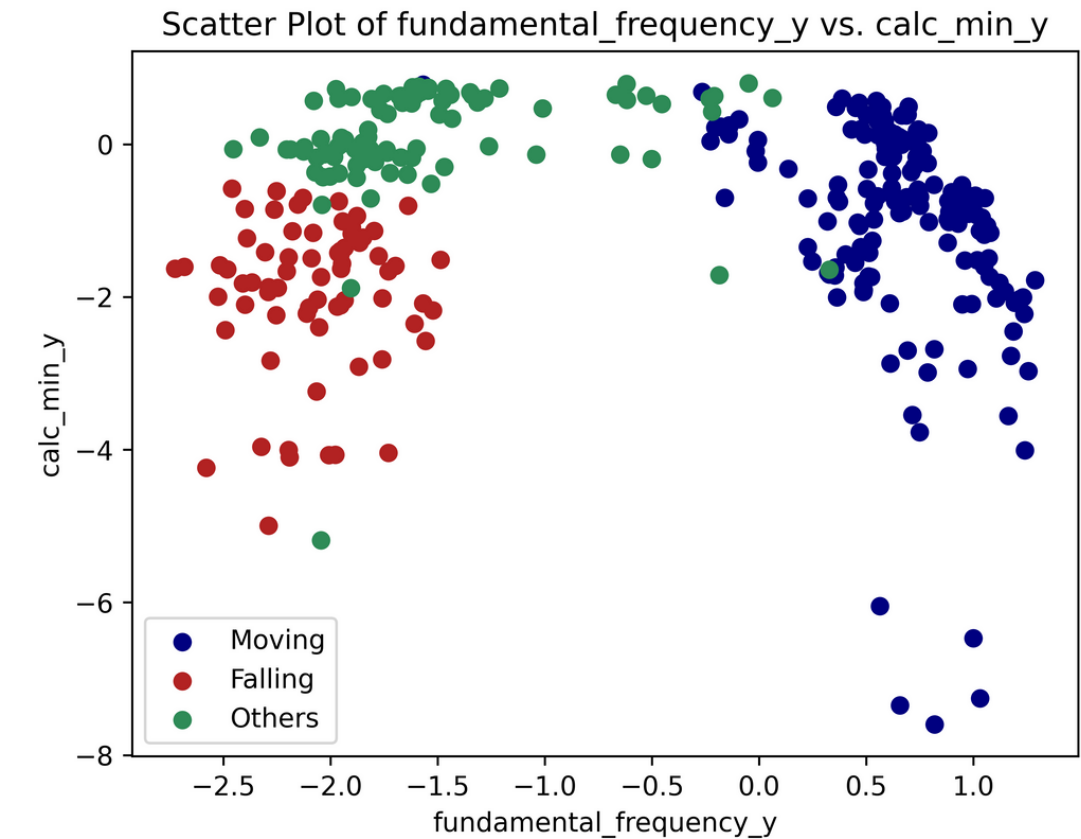
## MODELS

We tried many models and we achieved an overall good performance, especially with the Random Forests.



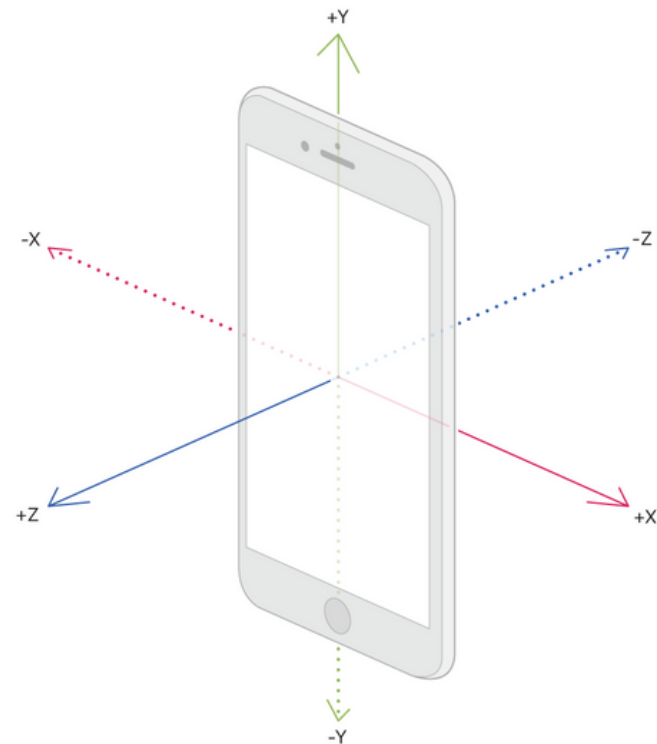
## STRENGTH OF THE MODEL

We found meaningful features such as the fundamental frequency that allowed us to cluster the 3 classes accurately.



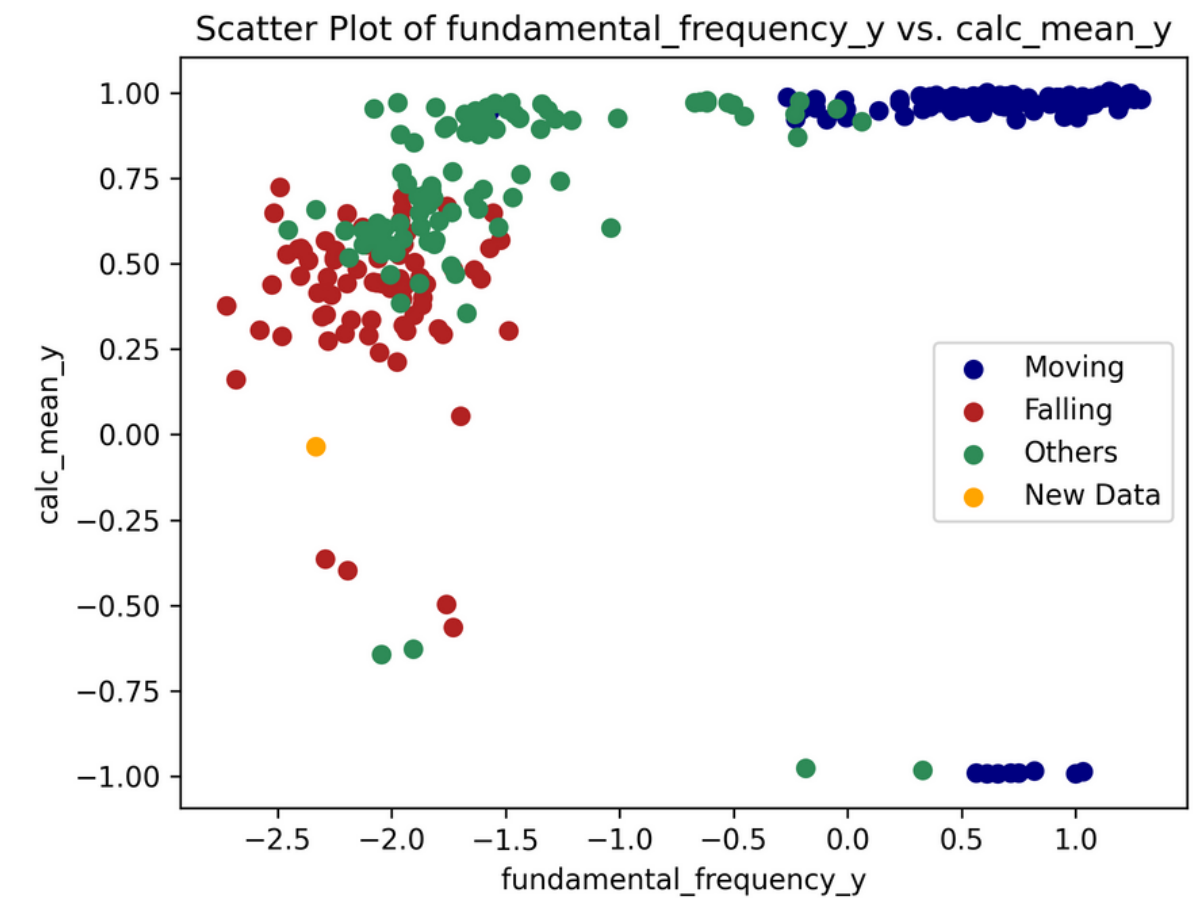
# TESTING THE MODEL (AGAIN)

Using our phones' accelerometer we collected new data.



## Activities:

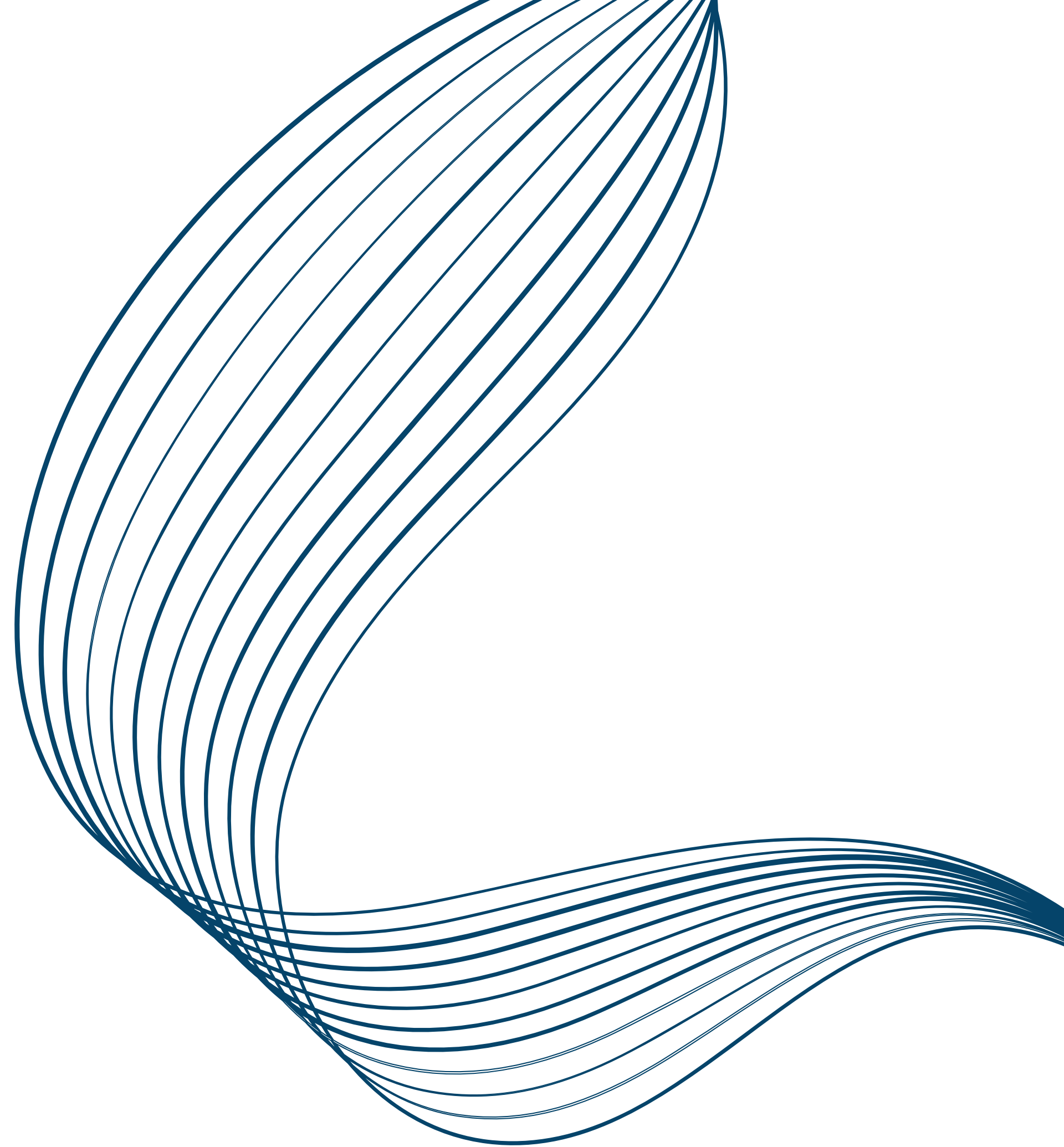
- Walking (up-down the stairs, running)
- Falling (simulated sideways, phone drop)
- Lying



## IMPORTANT STEPS:

- Resampling to match frequency
- Scaling

# THANKS FOR LISTENING



# REFERENCES

1. [url: https://www.who.int/news-room/fact-sheets/detail/ageing-and-health#:~:text=By%5C%202030%5C%2C%5C%201%5C%20in%5C%206,will%5C%20double%5C%20\(2.1%5C%20billion.](https://www.who.int/news-room/fact-sheets/detail/ageing-and-health#:~:text=By%5C%202030%5C%2C%5C%201%5C%20in%5C%206,will%5C%20double%5C%20(2.1%5C%20billion.)
2. [url: https://www.who.int/news-room/fact-sheets/detail/falls.](https://www.who.int/news-room/fact-sheets/detail/falls)
3. Curtis S Florence et al. 'Medical costs of fatal and nonfatal falls in older adults'. en. In: J. Am. Geriatr. Soc. 66.4 (Apr. 2018), pp. 693–698.
4. Raul Igual, Carlos Medrano and Inmaculada Plaza. 'Challenges, issues and trends in fall detection systems'. en. In: Biomed. Eng. Online 12.1 (July 2013), p. 66.