

## Canella winterana

The Canellaceae are a family of flowering plants in the order Canellales.[3] The order includes only one other family, the Winteraceae.[4] Canellaceae is native to the Afrotropical and Neotropical realms. They are small to medium trees, rarely shrubs, evergreen and aromatic.[5] The flowers and fruit are often red.

Several species of Canellaceae are important in herbal medicine or as a substitute for cinnamon, which is obtained from genus *Cinnamomum* in family Lauraceae. *Canella winterana* is the only species known in cultivation.[6]

The family is divided into five genera,[7] but studies of DNA sequences have indicated one of these genera should be split.[8] These genera together comprise about 25 species. In the Greater Antilles, many of these species are rare and restricted to small ranges. As of 2008, five of the species were newly recognized and not yet named.[8]

Some common properties include:[7][8][9]

Synapomorphies for Canellaceae include monadelphous stamens, parietal placentation, and campylotropous ovules.[8]

Other notable traits include the conspicuous lenticels, the aromatic bark, the peppery taste of the leaves, the three (rarely two) fleshy sepals, and the berry with reniform seeds.[8]

Some sources indicate *Cinnamodendron* has 20-40 stamens, contrary to the sources that are regarded here as reliable. The very large stamen numbers (20 to 40), are probably counts of thecae or microsporangia.

Canellaceae has species in both xeric and wet forests.

In *Canella winterana*, the flowers are protogynous. The berries are usually red, and probably eaten by birds, which contribute to seed dispersal (ornithochory). The trees are attacked by larvae of different insects, including dipterans.

Monoterpenes are common, as are drimane-type sesquiterpenes, including cinnafragrins, cinnamodial, and capsicodendrin. These three sesquiterpenes are shared with only the Winteraceae in angiosperms. Canellaceae also have alkaloids of the aporphine type, such as N-(cinnamoyl)-tryptamine, lignans of the aryl-tetralin type, cinnamaldehydes, and allylphenols. Crystals of calcium oxalate are in the leaf mesophyll. Most species are cyanogenetic. Protocyanidins, flavonols, saponins, sapogenins, and ellagic acid are absent.[citation needed]

The saro, or green sandalwood, (also known locally as mandravasarotra), *Cinnamosma fragrans*, is native to Madagascar and is exported from there to India to be burned in ceremonies. It is not related to the true sandalwoods, which are in the family Santalaceae.[citation needed]

Most species of Canellaceae produce bark that is similar in odor and flavor to cinnamon, but they are closer related to the family Piperaceae including black pepper (*Piper nigrum*) than to

true cinnamons, which are in the family Lauraceae (still within Magnoliids).

The white cinnamon, *Canella winterana*, a native of Florida and the Antilles, is used as a condiment, with tonic properties.[citation needed]

Commercial production of "white cinnamon" from *C. winterana* has ceased,[11] but small-scale, local production continues. The Canellaceae have long had local use as aromatic plants and as herbal medicines.

The bark of the red cinnamon or false Winter's bark, *Cinnamodendron corticosum*, is used as a substitute for Winter's bark (*Drimys winteri*, a member of Winteraceae) in Chile and Argentina, where it is called canelo, a name that is also applied to cinnamon. In Africa, several species of *Warburgia* have medicinal uses. The barks of *Warburgia salutaris* and *Warburgia ugandensis* are used to treat fevers, colds, and malaria.[citation needed] Other species are used for timber or in the production of resins used as glue.[citation needed]

Fossil leaves of *Canella* are known from the Pliocene of Bahia (Brazil).[citation needed] Pollen of *Pleodendron* is known from the Oligocene of Puerto Rico.[citation needed]

Depending on the classification system and the characters considered, Canellaceae has been placed close to Annonaceae, Myristicaceae or Winteraceae.[5] In his last book, Armen Takhtajan defined the order Canellales as consisting of Canellaceae and Winteraceae.[9] This circumscription is followed in the APG IV system, in which the order Canellales is sister to another small order, the Piperales.[12] These two orders combined with another two sister-orders Laurales and Magnoliales form together the clade Magnoliids.[13]

In this article, the genus *Capsicodendron* is maintained in synonymy with *Cinnamodendron*, although preliminary molecular phylogenetic studies separate *Capsicodendron* from *Cinnamodendron* and place *Capsicodendron* closer to *Cinnamosma* and *Warburgia* than to *Cinnamodendron*. This placement is not corroborated by morphology. The currently recognized genera in Canellaceae can be distinguished as follows:[8]

*Cinnamosma*

*Canella*

*Pleodendron*

*Cinnamodendron*

*Warburgia*

*Canella winterana* was an important medicinal plant of the natives of the American tropics, and it was soon adopted as such by the Europeans, as well. Dr. Diego Álvarez Chanca accompanied Christopher Columbus on his second voyage, after which he wrote of a cinnamon (canela in Spanish) which was unlike any of the species of cinnamon used in Europe.[14] He had probably reported the use of *C. winterana*.[8]

In 1737, in his *Hortus Cliffortianus*, Linnaeus combined *Canella* with *Drimys*, a genus now in Winteraceae, and *Cinnamomum*, now in Lauraceae, to form a taxon which he called *Winterania*. [15] In 1753, in the first edition of *Species Plantarum*, Linnaeus divided *Winterania*

into four species.[16] Three of these are now in *Cinnamomum*, and the fourth, which he called *Laurus winterana*, consisted of what are now *Canella winterana* and *Drimys winteri*. These four species were included in a broadly defined *Laurus*.

In 1756, Patrick Browne applied the name *Canella* to the species now known as *Canella winterana*.<sup>[17]</sup> He did not add a specific epithet to create a binomial.<sup>[18]</sup> The generic name is derived from *canela*, the Spanish word for cinnamon, but the Spanish word is derived from the Latin *canna*, meaning "a reed", or from the related Greek *kanna*, which refers to a piece of rolled bark.<sup>[19]</sup>

The genus *Canella* was not adopted by Linnaeus, who resurrected *Winterania* in the second edition of *Species Plantarum* in 1762.<sup>[20]</sup> He assigned to *Winterania* a single species, *Winterania canella*, which was equivalent to the species he had previously called *Laurus winterana*.

In 1784, Johan Andreas Murray divided *Winterania* into two monospecific genera, the constituent species of which were *Canella alba* and *Wintera aromatica*.<sup>[21]</sup> The name *Canella alba* was validated by Murray in 1784,<sup>[17]</sup> but it had long been in use. Linnaeus attributed the name to Samuel Dale, who used it in his *Pharmacologia*,<sup>[15]</sup> the first edition of which was published in 1693.<sup>[22]</sup> Patrick Browne mentions its use by Mark Catesby.<sup>[18]</sup> *Canella alba* was renamed as *Canella winterana* by Joseph Gaertner in 1788 in his classic work *De Fructibus et Seminibus Plantarum* (The Fruits and Seeds of Plants).<sup>[23]</sup> The name change was required by the rules of botanical nomenclature. *Wintera aromatica* is now known as *Drimys winteri* and is in the family Winteraceae.

The family Canellaceae was established by Carl von Martius in 1832 and was defined as consisting of only the genus *Canella*.<sup>[24][25]</sup> Stephan Endlicher divided *Canella* in 1840, creating the new genus *Cinnamodendron*. *Cinnamosma* was erected in 1867, *Warburgia* in 1895, and *Pleodendron* in 1899. *Capsicodendron* was erected in 1933. Some authors accept *Capsicodendron* and assign to it two species, *Capsicodendron pimenteira* and *Capsicodendron dinisii*.<sup>[11]</sup> Other authors subsume *Capsicodendron* into *Cinnamodendron* and *C. pimenteira* into *C. dinisii*.<sup>[8]</sup>

Molecular phylogenetic studies of DNA sequences have shown *Cinnamodendron*, as traditionally circumscribed, is polyphyletic, consisting of two distinct groups.<sup>[8]</sup> These groups are morphologically different and their ranges do not overlap.

One of these groups is related to the African genera *Cinnamosma* and *Warburgia*, and might be paraphyletic over them. It consists of eight species, one of which was named in 2005.<sup>[26]</sup> Two other species in this group have not been formally named and described in the scientific literature.<sup>[8]</sup> This group is restricted to South America. Since it includes the type species, *Cinnamodendron axillare*, it will retain the name *Cinnamodendron*.

The other group of *Cinnamodendron* species is most closely related to *Pleodendron* and is restricted to the Greater Antilles. It consists of six species, two of which remain unnamed.<sup>[8]</sup> The name *Antillodendron* has been proposed for this group, but this name is considered by some to be invalid because it was not effectively published.<sup>[27]</sup>

