

Teucrium polium

Teucrium polium, known popularly as felty germander, is a sub-shrub and herb native to the western Mediterranean region (Albania, North Macedonia, Spain, France, Algeria, Morocco, Tunisia).[1] Its flowers are small and range from pink to white, and its leaves are used in cooking and for medicine.

Teucrium polium is used for various supposed treatments in traditional medicine, although it has potential for causing liver toxicity.[2]

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