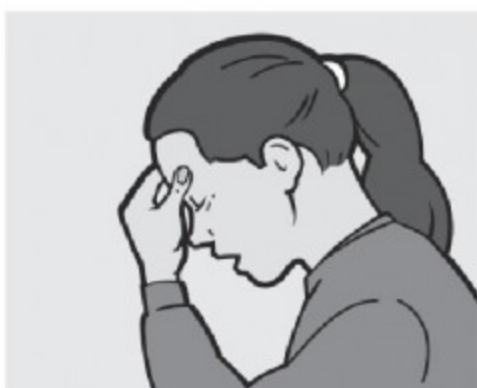


G present perfect simple and continuous V illnesses and injuries P /f/, /dʒ/, /tʃ/, and /k/

## 1 VOCABULARY illnesses and injuries

a Complete the minor illnesses and injuries.

1 She has a rash.2 Her ankle is swollen.3 She's being sick.4 Her finger is bleding.5 She has swburn.6 She's sneezing.7 She has a cough.8 Her back hurts.9 She has a headache.10 She has a temperature.

b Complete the sentences.

- Alex has diarrhoea. He's been to the toilet six times this morning.
- I think I have flu. I have a temperature and I ache all over.
- That knife is very sharp. Please don't cut yourself.
- Matt fell over in the art gallery. It was so hot that he lost consciousness.
- These shoes aren't very comfortable. I think I have a blibber.
- I have a sore throat. It hurts when I talk.
- Rachel feels sick. She thinks she's going to vomit.
- You're coughing and sneezing a lot. Do you have a cold?
- I feel dizzy. Everything is spinning round.

c Complete the conversations with a word from the list.

allergic reaction   ~~blood pressure~~   ~~burnt~~   ~~choking~~  
~~food poisoning~~   sprained   ~~unconscious~~

- P There's a rash all over my body.

D You might have had an allergic reaction to something.
- P Where am I?

D In hospital. You had an accident and you've been unconscious for an hour.
- P I fell and hurt my wrist playing tennis – now it's very swollen.

D I think you've sprained it.
- P I sometimes feel a bit dizzy when I first get up.

D It sounds like you have low blood pressure.
- P I've been sick and I have diarrhoea.

D You might have food poisoning. Didn't you say you thought the prawns you had for lunch were off?
- P What should I do if one of my children starts choking?

D Tell them not to panic and to keep coughing – they need to move the food.
- P I dropped a pan of boiling water on my hand.

D Yes, you've burnt yourself quite badly.



d Match conditions 1–6 to treatments a–f.

- 1 an allergic reaction

e
- 2 a headache

f
- 3 an infection

d
- 4 a major cut

g
- 5 a minor cut

b
- 6 a sprained ankle

c

- have stitches
- put antiseptic cream and a plaster on it
- put ice on it and bandage it
- take antibiotics
- ~~take antihistamine tablets or cream~~
- ~~take painkillers~~

e Complete the sentences with a word from the list.

~~down~~ out over round up

- 1 You should go and lie down if you aren't feeling well.

2 If you stand for too long in this heat, you might pass out.

3 You shouldn't go out until you get over the flu properly.

4 If you think you're going to throw up, tell me and I'll stop the car.

5 I must have fainted. When I came round I was lying on the floor.

f Complete the medical advice with the words in the list.

bandage damp cloth pinch press rub  
running water ~~tip~~

- 1 You can stop a nosebleed if you pinch the soft part of your nose and tip your head forward.

2 If you put cool running water on a burn, it will stop blisters from forming.

3 You shouldn't put a hot damp cloth on a sprained ankle, as the heat will make the ankle more swollen.

4 Don't rub the arms and legs of someone with hypothermia, as you will make them lose more heat.

5 You should only stand behind someone who's choking and press their stomach inwards if they can't talk, cough, or breathe.

6 If you put antiseptic cream and a bandage on a bad cut, you will stop the wound getting infected.

g Write a short paragraph about your last illness / injury. Include...

- when you were ill / injured and what the illness / injury was.
- what the symptoms were.
- what the treatment was.
- how long it took you to get over it.

2 VOCABULARY FROM READING

Complete the sentences with a phrase from the list.

~~heart rate~~ ~~life-threatening illness~~ ~~miracle cures~~  
~~open-heart surgery~~ ~~scare stories~~ ~~under the weather~~  
~~worst-case scenario~~

- 1 Most stories about miracle cures are fake news.

2 Ethan is concerned because his heart rate gets very high when he does exercise.

3 Most people want to know about the worst-case scenario when they are diagnosed with an illness, but it's unlikely things will get that bad.

4 It isn't easy for doctors to tell patients that they are suffering from a life-threatening illness.




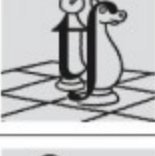


5 I've been feeling under the weather recently, so I've made an appointment with my doctor.

6 My uncle is very ill in hospital, and he's going to have open-heart surgery tomorrow.

7 Newspapers are full of scare stories about what will happen if we eat certain foods.

3 PRONUNCIATION /ʃ/, /dʒ/, /tʃ/, and /k/

a Circle the word with a different sound.

1  shower	1 <u>chest</u> infection pressure rash
2  keys	2 ache <b>cholesterol</b> sick <u>specialist</u>
3  jazz	3 allergic emergency <u>finger</u> injury
4  chess	4 <b>choke</b> stitches <u>stomach</u> temperature
5  shower	5 <u>couch</u> operation <b>shock</b> unconscious
6  jazz	6 bandage injection <u>negative</u> surgeon

b 2.1 Listen and check. Then listen again and repeat the words.



#### 4 GRAMMAR present perfect simple and continuous

##### a Right (✓) or wrong (X)? Correct the mistakes in the highlighted phrases.


- 1 You don't need to call the doctor – I've already made an appointment for you.  
✓
- 2 This is the first time I've been spraining my ankle – I didn't know it hurt so much!  
X I've sprained my ankle
- 3 Mia isn't going to school today, because she's been throwing up all night.  
+
- 4 I've fallen over lots of times playing football, but I've never broken a bone.  
+
- 5 I can't take anything for my headache, because we've been running out of painkillers.  
we've ran out
- 6 You've been complaining about your back for weeks – why don't you go to the doctor's?  
+
- 7 How long have you been knowing about your grandfather's illness?  
How long do you know
- 8 Sasha's coughed all day, and now he has a sore throat.  
was coughing
- 9 My sister has a skin problem – she's been going to the hospital for treatment for over two years.  
She was going
- 10 How many times have you been fainting recently?  
have you fainted

##### b Complete the sentences using the words in brackets. Use the present perfect simple or continuous form of the verb. Put the adverbs in the correct position.

- 1 Jess is a bit nervous – she's never ridden a horse before. (she / ride / never)
- 2 How many biscuits have you eaten? (you / eat)
- 3 My brother's really stressed about work, so he wasn't sleeping very well recently. (he / not sleep)
- 4 I've just burnt my hand on the oven – it really hurts! (I / burn / just)
- 5 I've had problems with my shoulder for several months now. (I / have)
- 6 Ed is one of the nicest people I've ever met. (I / meet / ever)

- 7 She hasn't been going to the gym for long – just a few weeks. (Georgia / not go)
- 8 Jamie's had a sore throat for more than a week now. (Jamie / have)
- 9 How long has your gf been looking for a job? (your girlfriend / look for)
- 10 I bought that book last month, but I haven't read it yet. (I / not read)

##### c Complete the email with the correct form of the verbs in brackets. Use the present perfect simple or continuous.



Hi Nicola,

Thanks for your email – it was great to hear from you!

Sorry I <sup>1</sup>haven't replied (not reply) until now, but I <sup>2</sup>didn't feel (not feel) very well recently. I <sup>3</sup>had (have) flu, and I'm only just getting over it now. I <sup>4</sup>haven't gone (not go) to work for a week; I <sup>5</sup>was lying (lie) on the sofa at home all day. My mum <sup>6</sup>was looking after (look after) me all week, and I'm nearly better now. I'll probably go back to work the day after tomorrow.

Anyway, I'm so glad you're planning on coming to visit next summer – it will be lovely to see you! While I've been off work, I <sup>7</sup>was thinking (think) about what we can do while you're here, and I <sup>8</sup>came up with (come up with) a few ideas. I know how much you love music, so for the last few days I <sup>9</sup>was trying (try) to get some tickets for a music festival, but I <sup>10</sup>didn't manage (not manage) to get any yet. Is there anything else you'd like to do during your visit? I'm really looking forward to seeing you, and I know that we'll have a fantastic time.

Write back soon!

Love,

Sophie xx

##### d Answer Sophie's email. Write 140–190 words. Use the present perfect simple and continuous. Include the following:

- thank Sophie for her email
- explain why you haven't written until now
- answer Sophie's question
- ask Sophie a question