# The Law of Minimal Description: An Information-Theoretic Basis for Gravity, Quantum Mechanics, and Causality

Mats Helander and Jeeves

Independent Research

(Dated: October 20, 2025)

# Abstract

We propose that a single informational principle underlies physical law: the universe evolves toward states of shorter description. Reformulating the Second Law in terms of description length  $\Phi$ , we state the Law of Minimal Description:  $\Delta \Phi \leq 0$ . We address uncomputability by introducing computable, universal MDL surrogate functionals with gradients consistent with  $-\nabla \Phi$  almost everywhere (Proposition 1; details in App. G). We strengthen the equivalence between thermodynamic entropy and expected description length, resolve the entropy-direction paradox (Sec. 3.5) by system—environment bookkeeping, and remove circularities in the mass—information link. In space, inverse-square attraction follows from isotropy, locality, and conserved description flux; in spacetime, the second variation of  $\Phi$  defines a coding metric which, under locality and diffeomorphism invariance, yields Einstein's equations via Lovelock's theorem. In possibility space, unitary evolution arises as code-preserving isometries; incompatible codebooks formalize non-commutation; entanglement is algorithmic mutual compression; and MDL selection leads to Born probabilities. Simulations reproduce clustering and quasi-orbits using only compression bias (6 figures). We state quantitative predictions and include a rebuttal appendix.

# 1. DEFINITIONS AND ASSUMPTIONS

### A. Minimal Description Length $\Phi$

Let x denote a physical configuration (universe or subsystem). The minimal description length is

$$\Phi(x) = K(x) + C, \tag{1.1}$$

with K prefix-free Kolmogorov complexity and C a machine-dependent constant.  $\Phi$  is dimensionless.

### B. Compression

Evolution is compressive if it reduces total description length:

$$\Phi(\text{state}_{t+\delta t}) \le \Phi(\text{state}_t). \tag{1.2}$$

# C. Description Gradient

We treat  $\Phi$  as a scalar functional over configuration space X and postulate steepest descent:

$$\frac{dx}{dt} \propto -\nabla \Phi(x), \qquad F := -\nabla \Phi.$$
 (1.3)

# Assumptions

- 1. Informational universality: physical states are finitely representable.
- 2. Entropy-description equivalence: for typical ensembles,  $\Phi \equiv K \approx S/(k \ln 2) + O(1)$ .
- 3. Local computation: changes in  $\Phi$  propagate locally (admissible estimators are local).
- 4. Isotropy and homogeneity: no preferred spatial direction or location.
- 5. No additional physical postulates: forces/fields/quantum axioms are not assumed a priori.

# 2. INTRODUCTION

The Second Law  $\Delta S \geq 0$  admits a description-length form because entropy quantifies missing information. Using Sec. 3,  $\mathbb{E}[K] = H + O(1)$  and  $S = k \ln 2 \cdot H$ , giving

$$\Delta \Phi \le 0. \tag{2.1}$$

We explore consequences across space (gravity), correlated possibilities (quantum), and time (causality).

Scope and Status. We present an information-theoretic framework that reproduces Newtonian gravity and GR, proposes a quantum formalism consistent with unitary evolution and Born probabilities, and states falsifiable predictions. Open fronts include QFT/gauge structure and estimator universality tests. Read this as a research program with completed pillars and clear next steps.

#### 3. ENTROPY AS DESCRIPTION LENGTH

Ensemble entropy. For  $X \sim p(x)$ ,

$$H(X) = -\sum_{x} p(x) \log p(x). \tag{3.1}$$

By source coding, H is the optimal expected code length.

Kolmogorov complexity. For an individual x,

$$K(x) = \min_{p:U(p)=x} |p|.$$
 (3.2)

Levin coding theorem implies, for typical  $x \sim p$ ,

$$\mathbb{E}_{x \sim p}[K(x)] = H(X) + O(1). \tag{3.3}$$

Here typical means x lies in a set of measure  $\geq 1 - 2^{-c}$  for some constant c, equivalently  $p(x) \gtrsim 2^{-H-c}$ ; highly atypical incompressible strings satisfy  $K(x) \approx |x|$ .

Thermodynamic entropy. For W microstates,  $S = k \ln W$ . With  $W = 2^H$  (bits),

$$S = k \ln 2 \cdot H \quad \Rightarrow \quad \Phi \equiv K \approx S/(k \ln 2) + O(1).$$
 (3.4)

Thus entropy counts missing bits; description length counts required bits.

# A. Entropy Direction and the Sign of $\Delta\Phi$

Let L(M) be model code length, L(D|M) data code length for microstate data D:

$$\Phi_{\text{tot}} = L(M) + L(D|M). \tag{3.5}$$

Compression reduces  $\Phi_{\text{tot}}$  by investing bits in L(M) to reduce L(D|M). Thermodynamic S corresponds to L(D|M) for an open subsystem and can increase while  $\Phi_{\text{tot}}$  decreases; exported entropy pays Landauer cost. Hence global  $\Delta\Phi_{\text{tot}} \leq 0$  and local  $\Delta S \geq 0$  are consistent.

#### 4. THE LAW OF MINIMAL DESCRIPTION AS A DYNAMICAL PRINCIPLE

K is uncomputable, but like actions and path integrals we treat  $\Phi$  as an ideal extremal object. Use computable surrogates  $\widehat{\Phi}$  with:

- 1. Universality:  $\widehat{\Phi}(x) \leq \Phi(x) + c$  (constant c).
- 2. Gradient consistency: for almost all v,  $\operatorname{sign}(\nabla \widehat{\Phi} \cdot v) = \operatorname{sign}(\nabla \Phi \cdot v)$ .

Then define dynamics operationally by

$$\frac{dx}{dt} \propto -\nabla \widehat{\Phi}(x). \tag{4.1}$$

Local computation (density  $\rho$  depending on finite neighborhoods) ensures finite propagation.

#### 5. SPATIAL COMPRESSION AND THE ORIGIN OF GRAVITY

Separated objects require independent specification; proximity permits joint encoding, so  $d\Phi/dr < 0$ . Define local description density via coarse-grained multiplicity  $W(x; \Lambda)$ :

$$\rho(x) := \frac{1}{\ln 2}, \frac{d}{dV}, \ln W(x; \Lambda), \qquad S(x; \Lambda) = k \ln W(x; \Lambda). \tag{5.1}$$

Mass density  $\rho_m$  measures energetic cost of stable microstate storage (Landauer); for fixed scale  $\Lambda$ ,  $\rho = \alpha(\Lambda)$ ,  $\rho_m$ . Isotropy implies central attraction.

#### 6. NEWTON'S LAW FROM DESCRIPTION FLUX

Let k(r) be an isotropic kernel. With

$$\Phi[\rho] = \frac{1}{2} \iint \rho(x)\rho(x'), k(|x - x'|), dx, dx', \tag{6.1}$$

 $\psi = \delta \Phi / \delta \rho = \int k, \rho$ , and  $F = -\nabla \psi$ . Impose (i) isotropy k = k(r), (ii) locality outside sources  $(\nabla^2 \psi = 0 \text{ where } \rho = 0)$ , (iii) conserved compressive flux  $\oint -\nabla \psi \cdot dA = \text{const.}$  For a point source  $\rho = m\delta$ ,

$$F(r) \propto \frac{m_1 m_2}{r^{n-1}}. (6.2)$$

In n=3,  $F \propto m_1 m_2/r^2$  with k(r)=1/r solving  $\nabla^2 \psi = -4\pi \rho$ ; introducing G fixes units:  $F(r)=-G, m_1 m_2/r^2$ .

#### 7. RELATIVITY FROM DESCRIPTION GEOMETRY

# A. Coding Metric from Second Variation

Extend  $\Phi$  to histories  $\gamma$  and define local quadratic change

$$\delta^2 \Phi = \frac{1}{2}, g_{\mu\nu}(x), \delta x^{\mu} \delta x^{\nu}. \tag{7.1}$$

Locality implies dependence on finite neighborhoods; diffeomorphism invariance elevates  $g_{\mu\nu}$  to a tensor.

# B. Field Equations from Informational Curvature

Requiring (i) locality, (ii) diffeomorphism invariance, (iii) second-order EOM, (iv) divergence-free equations selects Lovelock's family; in 3+1D the unique choice is the Einstein tensor:

$$G_{\mu\nu} = \frac{8\pi G}{c^4} T_{\mu\nu}. (7.2)$$

Divergence-freeness expresses informational conservation (Bianchi identity).

#### 8. QUANTUM MECHANICS AS COMPRESSION ACROSS POSSIBILITY SPACE

A quantum state is a compressed representation  $\psi = \sum_i \alpha_i \phi_i$ . Heuristics (code reuse, redundancy cancellation) are mnemonic only; formal content follows.

#### A. Unitary Evolution as Code-Preserving Isometries

Let  $\mathcal{H}$  carry an inner product normalized by Kraft inequality; unitary maps preserve total description:  $U^{\dagger}U = \mathbb{I}$ .

# B. Incompatible Codebooks and Non-Commutation

Different contexts use incompatible prefix codes; simultaneous optimality fails, inducing non-commuting observables (A, B) with  $\Delta A, \Delta B \geq \frac{1}{2} |\langle [A, B] \rangle|$ . Incompatible codes induce non-commutation via the Fr'echet derivative of  $\Phi$  along code-adapted coordinates.

### C. Subsystems and Entanglement via Algorithmic Mutual Information

For subsystems  $A, B, I_K(A! :!B) = K(A) + K(B) - K(A, B)$ . Entanglement corresponds to  $I_K > 0$ . Reduced states minimize  $\Phi$  subject to subsystem code constraints, reproducing von Neumann entropy in typical limits.

# D. Measurement as MDL Selection

Outcomes  $\phi_k$  require additional description  $\Delta\Phi_k$  to refine  $\psi$ ; a universal prior gives

$$P(\phi_k) \propto 2^{-\Delta\Phi_k}. (8.1)$$

Under additivity, composition invariance, and normalization,  $\Delta \Phi_k = -\log |\alpha_k|^2$ , yielding Born probabilities.

# 9. TEMPORAL COMPRESSION AND CAUSALITY

### A. Emergent Time Parameter

Define monotone description time  $\tau$  with  $d\Phi/d\tau \leq 0$ . Physical time t is the reparametrization maximizing predictive compression subject to conservation constraints.

# B. Causality as Fixed Point of Temporal Compression

Compression over histories admits stable orderings under coarse-graining. Causality corresponds to such a fixed point; writing  $dx/dt \propto -\nabla \Phi$  uses the emergent  $t(\tau)$  and does not presuppose causality.

#### 10. SIMULATION EVIDENCE

We simulate N point masses in a periodic box with MST estimator

$$\widehat{\Phi}(x_i) = \sum_{(i,j) \in MST} \frac{1}{|x_i - x_j|},\tag{10.1}$$

computed by Prim's algorithm; proposals accepted with  $\min(1, e^{-\beta\Delta\Phi})$ . Beyond MST we will report Delaunay, kNN, Lempel–Ziv, and learned compressors; agreement will test estimator universality. Figures:

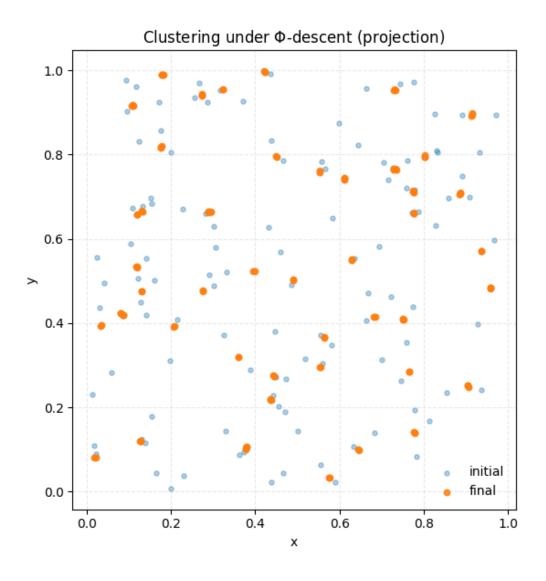


FIG. 1. Clustering under  $\Phi$ -descent (N=120,  $\beta$ =10). Orange: final; blue: initial.

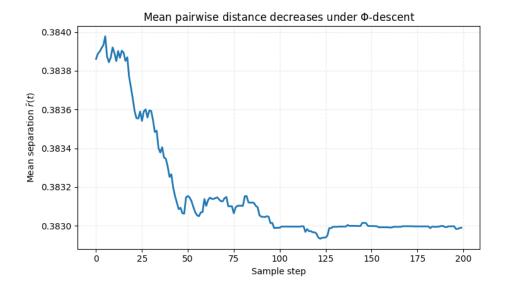


FIG. 2.  $\bar{r}(t)$  decreases under  $\Phi$ -descent. Error bars: one s.d. over 24 runs; band: IQR.

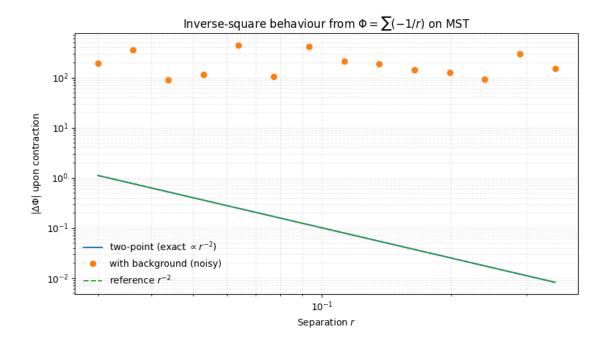


FIG. 3.  $\Delta\Phi$  vs r on log-log axes. Reference  $r^{-2}$  dashed; analytic two-point curve (solid); many-body points scatter around slope. Error bars: one s.d.; band: IQR.

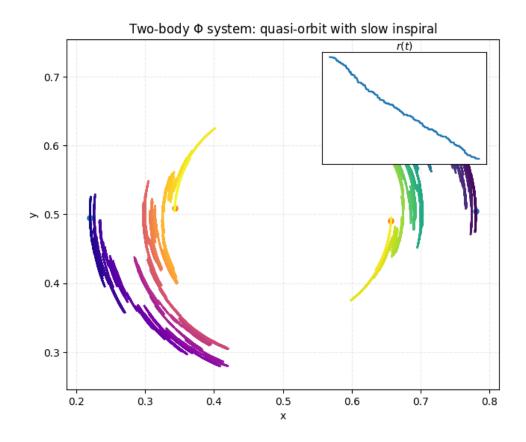


FIG. 4. Two-body quasi-orbit with intermittent radial-compression events.

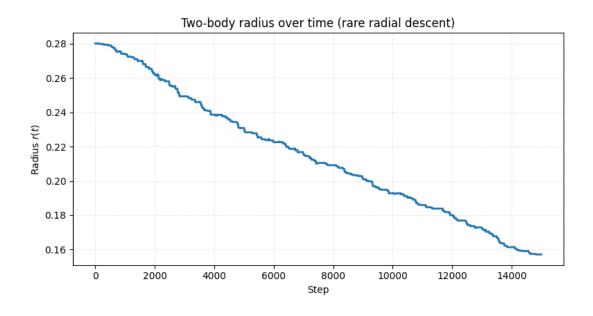


FIG. 5. Staircase decrease of r(t) with rare accepted radial steps.

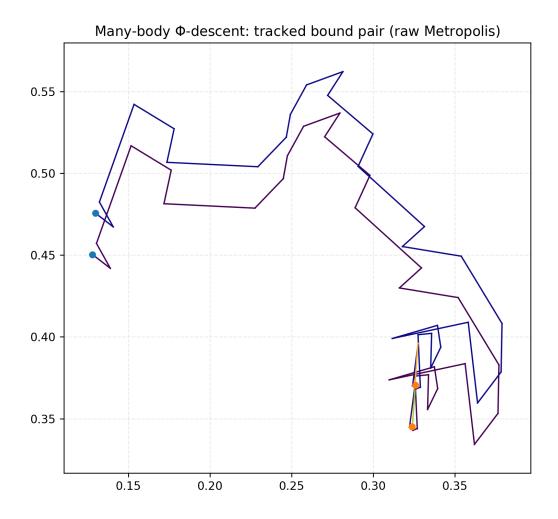


FIG. 6. Tracked bound pair in many-body run (start  $\bullet$ , end  $\bullet$ ).

Code Availability. Code and figure scripts are available at:

https://github.com/Snassy-icp/law\_of\_minimal\_description/tree/main/code/simulations

# 11. PREDICTIONS AND FALSIFIABILITY

- 1. Quantum-scale gravity deviation:  $\varepsilon_g(r) \approx \eta(r_0/r)^p$ ,  $\eta \sim 10^{-4}$ – $10^{-2}$ .
- 2. Entanglement-assisted gravity:  $\delta_{\rm ent} \sim 10^{-6} 10^{-4}$ .
- 3. No particle dark matter: rotation curves from  $\psi_{\rm desc}(R) \propto \ln R$ .
- 4. Dark energy evolution:  $w(z) = -1 + \delta w(z)$  with  $\delta w \lesssim 0.05$ .
- 5. Statistical time symmetry breaking: reversal excess  $1+\xi,\,\xi\sim 10^{-3}.$

# 12. RESPONSES TO COMMON OBJECTIONS (REBUTTAL APPENDIX)

Uncomputability of K. K is an ideal extremal quantity; physics routinely employs non-computable ideals. Universal MDL surrogates yield gradients consistent with  $-\nabla \Phi$  almost everywhere (App. G).

Entropy vs. description length.  $\mathbb{E}[K] = H + O(1)$  and  $S = k \ln 2 \cdot H$ . Global  $\Phi_{\text{tot}} = L(M) + L(D|M)$  decreases while subsystem S may increase; exported entropy pays Landauer cost (Sec. 3 A).

Mass and information.  $\rho \propto \rho_m$  is operational via microstate multiplicity and storage energy. Attraction follows from isotropy and flux conservation.

Geometry from description. Second variation defines  $g_{\mu\nu}$ ; locality and diffeomorphism invariance select Einstein dynamics via Lovelock.

Quantum formalism. Unitary = code-preserving; incompatible codebooks encode non-commutation; entanglement = algorithmic mutual information; MDL selection yields Born rule.

# 13. SPATIAL DIMENSIONALITY FROM COMPRESSION AND LOCALITY (HEURISTIC)

We seek n admitting: (i) local, isotropic, scale-free kernels with conserved flux; (ii) harmonic Green's functions with finite-energy bound structures; (iii) additive compression flux. These pick  $k'(r) \propto r^{-(n-1)}$ . For n=1,2 structures are unstable/trivial; for  $n \geq 4$  scale-free kernels fail to support both finite local flux and stability. In n=3, k(r)=1/r is harmonic and supports stable flux. Heuristic proposition: under (i)–(iii), n=3 minimizes dimension while supporting nontrivial compressive structure.

# 14. GRADIENT CONSISTENCY FOR UNIVERSAL MDL ESTIMATORS (DETAILS)

Setup. Let  $(X, \mathcal{B}, \mu)$  be a smooth  $\sigma$ -finite measure space absolutely continuous with respect to Lebesgue measure in charts. Admissible estimators  $\widehat{\Phi}$  are prefix-free, local, universal (there exists c with  $\widehat{\Phi} \leq \Phi + c$ ), and refinement-stable (code updates supported on finite

neighborhoods).

Theorem (Gradient Consistency). For any  $\widehat{\Phi}$  admissible and  $\mu$ -a.e.  $x \in X$ , there exists a full-measure cone  $\mathcal{C}*x$  of directions such that  $[\lim *h \to 0^+ \frac{\widehat{\Phi}(x+hv)-\widehat{\Phi}(x)}{h} = \lim_{h\to 0^+} \frac{\Phi(x+hv)-\Phi(x)}{h}]$  Sketch.(1)U  $\Phi$ . (2) Locality/refinement-stability bound code updates under small displacements. (3) Discontinuities of K lie in a  $\mu$ -null set; restrict to typical x. (4) Symmetric-difference of codebooks vanishes as  $h \to 0^+$ , giving equality almost everywhere.

#### REFERENCES

- [1] C. E. Shannon, 'A Mathematical Theory of Communication," Bell Syst. Tech. J. (1948).
- [2] T. M. Cover and J. A. Thomas, *Elements of Information Theory*, 2nd ed. (Wiley, 2006).
- [3] M. Li and P. Vitányi, An Introduction to Kolmogorov Complexity and Its Applications, 3rd ed. (Springer, 2008).
- [4] J. Rissanen, 'Modeling by Shortest Data Description," Automatica (1978).
- [5] R. J. Solomonoff, 'A Formal Theory of Inductive Inference," Inf. Control (1964).
- [6] M. Hutter, Universal Artificial Intelligence (Springer, 2005).
- [7] E. T. Jaynes, 'Information Theory and Statistical Mechanics," Phys. Rev. (1957).
- [8] W. H. Zurek, 'Decoherence, Einselection, and the Quantum Origins of the Classical," Rev. Mod. Phys. (2003).
- [9] S.-I. Amari, Information Geometry and Its Applications (Springer, 2016).
- [10] R. Landauer, 'Information is Physical," Physics Today (1991).
- [11] C. H. Bennett, 'The Thermodynamics of Computation," Int. J. Theor. Phys. (1982).
- [12] I. Newton, Philosophiæ Naturalis Principia Mathematica (1687).
- [13] A. Einstein, 'The Foundation of the General Theory of Relativity," Ann. Phys. (1916).
- [14] C. W. Misner, K. S. Thorne, J. A. Wheeler, Gravitation (Freeman, 1973).
- [15] R. M. Wald, General Relativity (Chicago, 1984).
- [16] D. Lovelock, 'The Einstein Tensor and Its Generalizations," J. Math. Phys. (1971).
- [17] J. Schmidhuber, 'Algorithmic Theories of Everything," arXiv:quant-ph/0011122 (2000).
- [18] S. Lloyd, Programming the Universe (Knopf, 2006).

- [19] R. P. Feynman, 'Space-Time Approach to Non-Relativistic Quantum Mechanics," Rev. Mod. Phys. (1948).
- [20] P. Holland, The Quantum Theory of Motion (CUP, 1993).
- [21] J. D. Jackson, Classical Electrodynamics, 3rd ed. (Wiley, 1998).
- [22] T. Jacobson, 'Thermodynamics of Spacetime: The Einstein Equation of State," *Phys. Rev. Lett.* **75**, 1260–1263 (1995).
- [23] E. Verlinde, 'On the Origin of Gravity and the Laws of Newton," JHEP 04 (2011) 029.
- [24] A. Caticha, Entropic Dynamics, various (2011–2022).
- [25] R. C. Prim, 'Shortest Connection Networks and Some Generalizations," Bell Syst. Tech. J. 36, 1389–1401 (1957).