



1. Number of bones in the human body is

(a) 205

(b) 305

(c) 206

(d) 306

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2. Number of bones in an arm is

(a) 40

(b) 35

(c) 32

(d) 30

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3. Skeleton system is a framework of bones and

(a) Muscles

(b) Muscles and nerves

(c) A few cartilages

(d) All of the above.

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4. Cartilage has a slightly pliable matrix formed of

- a. Ossein
- b. Chondroitin salts
- c. Chromoproteins
- d. Sterols

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5. Which of the following muscular disorders is inherited?
[2019]

- a. Tetany
- b. Muscular dystrophy
- c. Myasthenia gravis
- d. Pelvis

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6. Ribs are attached to

a. Scapula

b. Sternum

c. Clavicle

d. Ilium

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7. What is the type of movable joint present between the atlas and axis

- (a) Pivot
- (b) Saddle
- (c) Hinge
- (d) Gliding

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8. Glenoid cavity articulates:

- a. Scapula with acromion
- b. Clavicle with scapula
- c. Humerus with scapula
- d. Clavicle with acromion

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9. The functional unit of the contractile system in striated muscle is

- a. myofibril
- b. sarcomere
- c. Z- band
- d. cross bridges

(1998)



10. The number of floating ribs in the human body is

(1995)

- (a) 6 pairs
- (b) 3 pairs
- (c) 5 pairs
- (d) 2 pairs

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11. Parathormone deficiency produces muscle ramps or tetany as a result of (1999)

- (a) lowered blood Ca^{2+}
- (b) enhanced blood Na^2
- (c) enhanced blood glucose
- (d) enhanced blood Ca^2



12. Collar bone is

a. Scapula

b. Clavicle

c. Stapes

d. Malleus

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13. Radius is bone of

(a) Arm

(b) Leg

(c) Pelvic girdle

(d) Cranium

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14. The functional unit of contractile system striated muscle is

(1998)

- (a) myofibril
- (b) sarcomere
- (c) Z- band
- (d) cross bridges

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15. In the resting muscle fibre, troponin partially covers

- (a) calcium-binding sites on troponin
- (b) actin-binding sites on myosin
- (c) myosin-binding sites on actin
- (d) calcium-binding sites on actin



16. Ends of long bones are covered with

- (a) blood cells
- (b) muscles
- (c) cartilages
- (d) ligaments

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17. Passage of ova through the female reproductive tract is facilitated by

(a) ciliary movements

(b) amoeboid movements

(c) flagellar movements

(d) cyclosis

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18. The joints between the carpal bones are

a. gliding joints

b. hinge joints

c. saddle joints

d. pivot joints

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19. ATPase of the muscle is located in

- a. actinin
- b. troponin
- c. myosin
- d. actin

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20. Intervertebral disc is found in the vertebral column of

- a. birds
- b. reptiles
- c. mammals
- d. amphibians

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21. Which of the following is a source of energy for muscle contraction?

(a) Actin

(b) ATP

(c) Myosin

(d) Actomyosin



22. The protein whose removal enables myosin to bind action is smooth muscle is

- (a) troponin
- (b) caldesmon
- (c) myosin light chain kinase
- (d) calmodulin

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23. Which of the following is a non-locomotory movement?

- (a) *Hydra* following its prey
- (b) A person bending anteriorly
- (c) Deer running on grassland
- (d) Snail crawling on sand



24. Which of the following is not the feature of red muscle fibers?

- a. They have plenty of mitochondria
- b. They have a high content of myoglobin
- c. They have a high amount of sarcoplasmic reticulum
- d. They are called aerobic muscles



25. A neural signal reaching the NMJ releases a neurotransmitter (acetylcholine) which generates an action potential in

- a. Sarcolemma
- b. Sarcoplasmic reticulum
- c. Sarcoplasm
- d. Cross arm

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26. Muscle band that remains unchanged during contraction and relaxation of skeleton muscle is

a. I- band

b. H- Band

c. A- band

d. Z- line

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27. Cyclosis, a characteristic of cells like Amoeba and vertebrate

WBCs. This movement is due to

a. Sliding microtubule

b. Cytoplasmic streaming

c. Beating formation

d. Podia formation

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28. Ciliary movement is found in:

- a. Macrophages and leucocytes
- b. Fallopian tube and vasa deferentia
- c. Fallopian tube and Trachea
- d. Tongue and Limbs



29. Mechanism of muscle contraction is best explained by

- a. Contraction theory
- b. Sliding filament theory
- c. Microfilaments
- d. Actin

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30. Which of the following joints would allow no movement?

[2015, C]

- a. Cartilaginous joint
- b. Synovial joint
- c. Ball and Socket joint
- d. Fibrous joint

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31. Which of the following is not a function of the skeleton system?

[2015, C]

- a. Storage of minerals
- b. Production of body heat
- c. Locomotion
- d. Production of erythrocytes



32. Muscles that are primarily involved in locomotory actions and changes in body postures?

a. Cardiac muscles

b. Smooth muscles

c. Skeleton muscles

d. All of the above



33. Muscles of the body are originated:

a. Ectoderm

b. Mesoderm

c. Endoderm

d. All of above

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34. Cardiac muscles are different from that skeleton muscles as

the former are

a. Striated but involuntary

b. nonstriated and involuntary

c. smooth or un striated

d. voluntary in action



35. Red muscle fibers are rich in

- a. Golgi bodies
- b. mitochondria
- c. lysosomes
- d. ribosomes

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36. Lubrication occurs at hinge joints which need to be able to move without friction. Which one of the following aids lubrication?

a. Cartilage

b. Ligament

c. Synovial fluid

d. Connective tissues



37. Stimulation of muscles fiber by a major neuron occurs at:

(NEET- 2014)

a. The sarcoplasmic reticulum

b. The neuromuscular junction

c. The transverse tubules

d. The myofibril



38. Detachment of myosin from actin requires the attachment of

- a. ATP to the myosin head
- b. Mg^{++} to the actin filament
- c. ATP to the actin molecule
- d. Ca^{++} to the myosin head



39. Which of the following vertebrae are fused?

a. Cervical

b. Sacral

c. Lumbar

d. Thoracic

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40. Floating ribs arepairs and attached to Only.

a. 2, Sternum

b. 2, Vertebra

c. 3, Sternum

d. 3, Vertebra

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41. Pectoral girdle consists of:

- a. 2 bones
- b. 4 bones
- c. 8 bones
- d. 12 bones

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42. Synovial fluid is found in:

- a. Cranial cavity
- b. Spinal cavity
- c. Immovable joints
- d. Freely movable joints

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Locomotion and Movement MCQs

43. Joint between atlas and axis is:

a. Pivot joint

b. Saddle joint

c. Angular joint

d. Hinge joint

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44. Which one is the bone of the forelimb?

a. Humerus

b. Femur

c. Tibia

d. Fibula

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Locomotion and Movement MCQs

45. Some voluntary movements that result in a change of place or location are called

a. Translocation

b. Transmutation

c. Transformation

d. Locomotion

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46. Locomotory organs in starfishes are:

a. Parapodia

b. Pseudopodia

c. Suckers

d. Tube feet

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47. Decrease in bone mass and higher chances of fractures with advancing age leads to

a. Osteoporosis

b. Muscular dystrophy

c. Gout

d. Tetany



Locomotion and Movement MCQs

48. Gout is caused due to the accumulation of

a. Estrogen

b. Uric acid crystals

c. Calcium ions

d. Iodine

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49. Number of vertebrae in the human skeleton is

a. 30

b. 32

c. 33

d. 26

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50. Smallest bone in the human body is:

- a. Stapes
- b. Malleus
- c. Patella
- d. Navicular bone

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Answers

- 1) (c) 206
- 2) (d) 30
- 3) (c) A few cartilages
- 4) b. Chondroitin salts
- 5) b. Muscular dystrophy
- 6) b. Sternum
- 7) (a) Pivot
- 8) c. Humerus with scapula
- 9) b. sarcomere
- 10) (d) 2 pairs
- 11) (a) lowered blood Ca^{2+}
- 12) b. Clavicle
- 13) (a) Arm
- 14) (b) sarcomere
- 15) (c) myosin-binding sites on actin
- 16) (c) cartilages
- 17) (a) ciliary movements
- 18) a. gliding joints
- 19) c. myosin
- 20) c. mammals
- 21) (b) ATP

- 22) (a) troponin
- 23) (b) A person bending anteriorly
- 24) c. They have a high amount of sarcoplasmic reticulum
- 25) a. Sarcolemma
- 26) c. A-band
- 27) b. Cytoplasmic streaming
- 28) c. Fallopian tube and Trachea
- 29) b. Sliding filament theory
- 30) d. Fibrous joint
- 31) b. Production of body heat
- 32) c. Skeleton muscles
- 33) b. Mesoderm
- 34) a. Striated but involuntary
- 35) b. mitochondria
- 36) c. Synovial fluid
- 37) b. The neuromuscular junction
- 38) a. ATP to the myosin head
- 39) b. Sacral
- 40) b. 2, Vertebra
- 41) b. 4 bones
- 42) d. Freely movable joints
- 43) a. Pivot joint

- 44) a. Humerus
- 45) d. Locomotion
- 46) d. Tube feet
- 47) a. Osteoporosis
- 48) b. Uric acid crystals
- 49) D. 26
- 50) a. Stapes