

MENU NUTRITIONAL INFORMATION



	Nutritional Information											Ingredients
	Serving Size	Calories	Fat	Sat Fat	Trans Fat	Cholesterol	Carbs	Fiber	Sugars	Protein	Sodium	
SIDES												
Seasoned Mashed Potatoes	1/2 cup	158	7 g	3 g	0 g	15 mg	20 g	2 g	1 g	3 g	406 mg	Potatoes, Milk, Butter (sweet cream, salt, annatto color), Margarine (vegetable oil blend [liquid soybean oil, partially hydrogenated soybean oil], artificial color, water, salt, whey [milk], soy lecithin, vegetable mono and diglycerides, sodium benzoate [to protect quality], artificial flavor, citric acid, vitamin A palmitate), Salt, Potassium Sorbate to protect flavor, Disodium Pyrophosphate to maintain color, Water, Spice
Gorgonzola Mashed Potatoes	1/2 cup svg	124	6 g	3 g	0 g	13 mg	13 g	1 g	1 g	3 g	357 mg	Mashed Potatoes (Potatoes, Milk, Butter (sweet cream, salt, annatto color), Margarine (vegetable oil blend [liquid soybean oil, partially hydrogenated soybean oil], artificial color, water, salt, whey [milk], soy lecithin, vegetable mono and diglycerides, sodium benzoate [to protect quality], artificial flavor, citric acid, vitamin A palmitate), Salt, Potassium Sorbate to protect flavor, Disodium Pyrophosphate to maintain color, Water, Spice), Gorgonzola Cheese (Pasteurized milk, Cheese Cultures, Salt, Enzymes, Powered Cellulose to prevent caking, Natamycin to protect flavor), Green Onion.
Roasted Garlic Mashed Potatoes	4.5 oz svg (approx 1/2 cup)	168	9 g	3 g	0 g	15 mg	21 g	1 g	1 g	2 g	326 mg	
Baby Roasters	6 oz. wt.	180	4 g	0 g	0 g	0 mg	30 g	1 g	0 g	6 g	340 mg	Potatoes, soybean oil, seasoning [salt, natural flavors [contains dairy, soy], sugar, garlic powder, yeast extract, onion powder, black pepper, vinegar powder (maltodextrin, modified corn starch, vinegar)] safflower oil and disodium dihydrogen pyrophosphate (to maintain natural color). Contains: Milk, and Soybean
Twice Baked Potatoes		107	5 g	3 g	0.80 g	13 mg	12 g	1 g	0 g	4 g	169 mg	
Roasted Heirloom Potato Medley	3 oz. svg.	134	6 g*	1 g	0 g	0 mg	18 g	3 g	2 g	2 g	354 mg	Heirloom Potatoes (Potatoes, Sweet Potatoes, Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate [to promote color retention]), Olive Oil, Rosemary, Kosher salt, Black Pepper.
Sweet Potato Fries	3oz. (approx. 15 fries)	180	8 g	1 g	0 g	0 mg	25 g	3 g	7 g	2 g	200 mg	Sweet Potatoes, Canola Oil, Modified Food Starch, Rice Flour, Cornstarch, Dextrin, Salt, Dextrose, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Colored with Turmeric and Oleoresin Paprika.
Sweet Potato Puffs	3 oz svg	130	4 g	0 g	0 g	0 mg	23 g	2 g	8 g	1 g	230 mg	
Chalet Garlic Butter Vegetables	4 oz svg (approx 1 cup)	110	9 g	5 g	0 g	20 mg	6 g	2 g	3 g	1 g	510 mg	Broccoli, Cauliflower, Carrots, Yellow Carrots, Butter (cream, salt), Water, Seasonings (salt, modified corn starch, spice, butter, buttermilk solids, corn syrup solids, guar gum, xanthan gum, natural flavor [dairy], sodium caseinate), Margarine (soybean oil and hydrogenated soybean oil, water, salt, vegetable mono and diglycerides , soy lecithin, citric acid, natural and artificial flavor, beta carotene, vitamin A palmitate), Roasted Garlic and Citric Acid.
Harbor Lemon Dill Vegetables	4 oz svg (approx 1 cup)	100	7 g	4 g	0 g	15 mg	8 g	3 g	3 g	2 g	400 mg	Green Beans, Broccoli, Carrots, Yellow Carrots, Butter (cream, salt), Water, Seasonings (salt, garlic, modified corn starch, corn syrup solids, natural flavor [contains milk], butter, maltodextrin, buttermilk solids, citric acid, guar gum, xanthan gum, and sodium caseinate) Margarine (soybean oil and hydrogenated soybean oil, water, salt, vegetable mono and diglycerides, soy lecithin, citric acid, natural and artificial flavor, beta carotene, vitamin A palmitate), Parsley, Dill, and Lemon Juice Concentrate.
Grecian Rosemary Vegetables	1 cup (112 g)	110	8 g	4.5 g	0 g	20 mg	9 g	3 g	3 g	1 g	460 mg	
Flame-Roasted Sweet Corn and Peppers	3 oz. (approx 3/4 cup)	120	4 g	0 g	0 g	0 mg	20 g	4 g	6 g	3 g	120 mg	Corn, bell peppers, onions, soybean oil, seasoning (salt, sugar, dehydrated garlic, paprika, dehydrated onion, spices, chili pepper, citric acid, corn dextrin, grill flavor, natural smoke flavor, natural flavoring).
Baked Spinach Dip	2 tbsp (32 grams)	60	4.5 g	2.5 g	0 g	10 mg	2 g	1 g	0 g	2 g	140 mg	
Bountiful Baked Beans	6.5 oz svg (approx 1/2 cup)	270	4 g	1 g	0 g	15 mg	47 g	7 g	24 g	12 g	818 mg	
BREADS												
Garlic Bread	2 oz slice	189	8 g	4 g	0 g	16 mg	25 g	1 g	1 g	6 g	271 mg	French Bread [Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic
Home Style Biscuits	1 biscuit	220	10 g	3 g	1 g	0 mg	29 g	1 g	2 g	5 g	600 mg	Enriched Flour Bleached (Wheat Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Hydrogenated
Southern Style Biscuits with Cinnamon Honey Butter	1 biscuit	249	14 g	6 g	*	13 mg	27 g	1 g	4 g	6 g	607 mg	
Rustic Country Rolls	1.8 oz svg (1 roll)	110	2 g	0 g	0 g	0 mg	20 g	1 g	0 g	3 g	210 mg	Unbleached Enriched Wheat Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic
Breakfast Scones	1 scone	440	21 g	11 g	0 g	15 mg	57 g	1 g	28 g	5 g	300 mg	
Cinnamon Pull-Apart Bites	50 g	180	8 g	2 g	0 g	10 mg	25 g	1 g	8 g	3 g	210 mg	
Italian Bread with Parmesan Garlic Dipping Oil	Italian bread (2 oz svg) Dipping oil (2 tsp svg)	145 58	3 g 6 g	0 g 1 g	0 g 0 g	0 mg 0 mg	24 g 1 g	1 g 0 g	1 g 0 g	4 g 1 g	238 mg 28 mg	
DESSERTS												
Apple Crisp	Yields 12 servings	373	16 g	4 g		10 mg	57 g	4 g	24 g	4 g	257 mg	
Molten Chocolate Lava Cakes	5 oz svg (1 cake)	560	33 g	19 g	0 g	45 mg	63 g	5 g	41 g	7 g	470 mg	Sugar, Water, Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Bittersweet Chocolate [Sugar, Chocolate Liquor, Chocolate Liquor (Processed With Alkali), Benzoate (Preservative), Artificial Flavor, Vitamin a Palmitate, Beta Carotene (Color)], Whole Liquid Eggs, Yogurt [Cultured Low Fat Milk, Modified Food Starch, Gelatin, Agar], Sweetened Condensed Milk [Pasteurized Milk, Sucrose], Water, Key Lime Oil, Cocoa, Heavy Whipping Cream, Chocolate Liquor, Margarine [Vegetable Oil (Soybean & Palm Oils), Water, Mono & Diglycerides, Nonfat Dry Milk, Soy Lecithin, Sodium Benzoate (Preservative), Artificial Flavor, Vitamin a Palmitate, Beta Carotene (Color)], Evaporated Milk [Milk, Dipotassium Phosphate, Carrageenan, Vitamin D3], Maltitol, Corn Syrup, Baking Soda, Coffee, Salt, Baking Powder [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate], Vanilla [Natural & Artificial Flavor, Alcohol, Water, Propylene Glycol, Sugar, Caramel Color], Lecithin.
Pineapple Upside Down Cakes	1 cake (4.9 oz)	440	18 g	11 g	0 g	105 mg	65 g	1 g	50 g	5 g	300 mg	
Chocolate Chip Gourmet Cookie	1 cookie	200	19 g	10 g	0 g	25 mg	49 g	2 g	29 g	4 g	250 mg	
Chocolate Chunk Gourmet Cookie	1 cookie	370	20 g	10 g	0 g	25 mg	48 g	2 g	29 g	4 g	250 mg	
Oatmeal Raisin Gourmet Cookie	1 cookie	330	16 g	7 g	0 g	25 mg	45 g	2 g	25 g	4 g	220 mg	
Peanut Butter Gourmet Cookie	1 cookie	400	25 g	9 g	0 g	25 mg	39 g	2 g	25 g	8 g	310 mg	
White Chocolate Macadamia Nut Gourmet Cookie	1 cookie	390	21 g	11 g	0 g	25 mg	47 g	1 g	31 g	4 g	240 mg	
Tiramisu Crepes	1 crepe	316	21 g	10 g	0 g	56 mg	26 g	1 g	17 g	6 g	195 mg	

Our nutritional information is based on standard formulations; variations may occur due to manufacturer/supplier alterations and individual assembly and preparation.