



DREAM DINNERS.
THE ORIGINAL MEAL KIT COMPANY™

LIFE IS SWEET!

Don't hurry.
Be happy.



Pucker Up!

Flavored Lemonade Bar

For a special summer BBQ or party, create a self-serve lemonade bar with all the fixings to craft a specialty beverage of your very own!

| Choose your squeeze of the day! | Add ice. | Mix in a flavored syrup. | Garnish with abandon! |
|--|--|---|---|
| Lemonade Pink Lemonade Limeade  |  | Watermelon Vanilla Strawberry Peach Coconut  | Lemon slices Mint sprigs Blackberries Strawberries Kiwi slices Peach slices Honey  |

Host a Teddy Bear Picnic!

First, invite all your favorite stuffies! Spread a checkered tablecloth out in the grass. Pack a picnic basket with lemonade, cookies, gummi bears, Teddy Grahams, honey packets, teacups, saucers, and colorful napkins. Or pick up bear claw pastries from your local bakery.



Chill out with these tasty combinations!

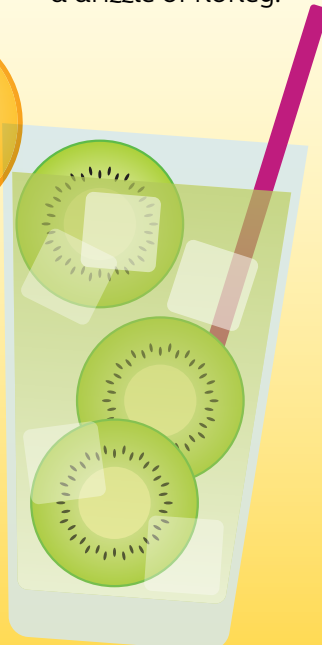
You're a Peach!

Peach syrup, coconut syrup, lemonade, fresh peach slices, and a cherry.



Put the Lime in the Coconut

Coconut syrup, limeade, fresh kiwi slices, and a drizzle of honey.



Too Cool for School

Pink lemonade, strawberry syrup, fresh strawberries, and a sprig of mint.



Adults-Only Lemonade!

Vanilla syrup, lemonade, fresh blackberries, lemon slice, a sprig of mint, and a shot of vodka.



FLIP FLOP FUN!

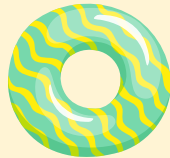
Mess-Free, Stress-Free Day at the Beach!

Handy clean-up hacks for your next beach trip!



Cover your car seats in sheets for a quick clean-up.

Store beach toys in a mesh laundry bag to shake out.



Baby powder is an easy way to brush sand off hands and toes.



Keep a lint roller in your car to pick up sand.



Let large water jugs warm in your car for rinsing off.

Roll a fresh change of clothing into a plastic bag and store it behind their car seat.



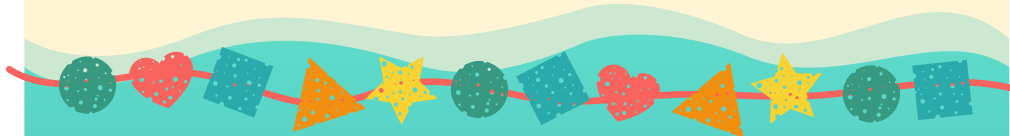
Rainbow-Colored Sandcastles

Dye beach sand using natural vegan food coloring that won't hurt animals or the water supply. Shovel sand into gallon-sized Ziploc bags. Add 5-8 drops of natural food dye into each bag. Zip the bag and shake to mix the color evenly. If needed, add more food coloring to make the colors more intense.



Keep-Your-Cool Sponge Necklace

Cut small squares or triangles out of new sponges in a variety of colors. String small sponge pieces with a knitting needle onto yarn to create a long necklace. Soak in water and then wring out excess. Drape around your neck to beat the heat!



Celebrate Summer National Days

June Holidays

- Go Fishing Day
- Onion Ring Day
- Sunglasses Day
- Camera Day



Take a family funny-face photo.

July Holidays

- Independence Day
- Teddy Bear Picnic Day
- Eat Jello Day
- Gummy Worm Day



To celebrate, add gummy worms to your favorite homemade popsicles!

- Hammock Day
- Hot Fudge Sundae Day
- Avocado Day

August Holidays

- Watermelon Day



See who can spit a watermelon seed the furthest.

- Honeybee Day
- Create a watering station for your local honeybees.*



HAPPY CAMPERS

Hip
Hippo
Hooray!



Water Balloons: More Than One Way to Play!

Hot Potato.

Sitting in a circle, pass the water balloon from person to person. The last person holding the balloon when the timer stops is out. If the balloon pops during the round, the person holding it is out. The last person wins! To make this more challenging for older kids, sit further apart in the circle!

Toss It Over.

Partners stand arm's length apart. One person tosses a water balloon to the other. If the water balloon doesn't pop, each takes one step backward. If the balloon pops, the team is out. The pair that are furthest apart wins!

Ready to Launch.

Each team of two has one bath towel. While holding each end of the towel, place a water balloon in the middle. Lower and raise the towel to launch the balloon for the other team to catch in their towel. If they successfully catch it without breaking, they can launch it back!

Water Balloon Pinatas.

Hang water balloons at various heights from a tree. Using a stick, kids take turns breaking a balloon.

Sit & Pop It.

Create two relay teams. The first person on each team runs to a designated point, where they need to sit on and pop their balloon. Once it pops, they run back and tag the next person. The first team to pop all their balloons wins.

Tag, You're It.

Classic game of tag with a wet twist. The person who is "it" holds the water balloons. If they hit someone with a balloon, that person becomes the new tagger.

Water Wars.

Split into two teams or individuals. Break out the water balloons, water guns, large sponges, cups, buckets, and a hose. Everyone wins when wet and cooled off!

Movies Under the Stars!

Create a backyard movie theater using a white twin bed sheet, an outdoor movie projector, plenty of blankets, and comfy oversized pillows.

Don't forget the popcorn and candy treats!



Create a Drive-In Movie Theater.

Your kiddos can decorate your empty large boxes to look like a car and sit in their crafty creation with pillows to watch the movie!

Oodles and Oodles of Bubbles:

Homemade Bubble Recipe

| | |
|--------------------|----------------------------------|
| 1 Quart warm water | ½ Cup of Dawn original dish soap |
| ½ Cup of sugar | 1 Tablespoon of baking soda |

Combine water and sugar. Stir until dissolved. Whisk in baking soda. Add dish soap. Leave overnight for the best results! Store in an airtight container. Use pipe cleaners to make wands.

Brilliant Idea!

Cut open glow sticks and pour the solution into your bubbles. Enjoy glow-in-the-dark bubbles on a warm summer night.

HAVE S'MORE FUN



Float My Boat

Try these cool combos for a new twist on the classic root beer float!

Whipped Dream:

Cream Soda +
Vanilla Ice Cream +
Whipped Cream

Purple Cow:

Grape Soda +
Vanilla Ice Cream

Strawberries & Cream:

Cream Soda +
Strawberry Ice Cream

Creamsicle:

Orange Soda +
Vanilla Ice Cream

Frozen Lemonade:

Sparkling Lemonade +
Vanilla Ice Cream

The Zinger:

Lemon-Lime Soda + Lime Sorbet

Check-Up:

Dr. Pepper Soda +
Vanilla Ice Cream

Chocolate Cow:

Cream Soda + Chocolate Ice Cream



Word Search!

Look forward, backward, and at an angle!

N G K C H R C Z E W F U Y G J S
D Y A R O T C L W J L X P U T T
Y S A R A C P O P S I C L E I X
X Z U S D P O Z T L N N F E U Y
M S B N A E Z N R A L X O R S L
G T E E S N N F U X O B H I M F
N T N E F C D B G T Z H J F I E
I I E T B E R C R S N C H P W R
P S M O R E S E A B H A I M S I
M J M L E L L K E S O E W A C F
A S R V P K C B Q N T B L C P C
C U J L N O V Q M Y D L E L R O
H C Y I M D M T G U O X E Z S Q
O T R M N B P M Q L B I U W I L
F P A A S E S S A L G N U S B G
S H S Q E D A N O M E L K G H I

| | | | |
|-----------|-----------|------------|------------|
| Popsicle | Sand | Pineapple | S'mores |
| Campfire | Camping | Sandcastle | Park |
| Sprinkler | Firefly | Swimsuit | Garden |
| Beach | Sunscreen | Lemonade | Hammock |
| Shells | Coconut | Sunglasses | Bumblebees |

The Smell of a Campfire Means Summer!

Enjoy these simple campfire hacks.

To Keep Pesky Bugs Away:

Bring sage or rosemary, natural bug repellents, to throw on the fire.

Change the Flame Color:

Toss in Borax (sodium tetraborate) for green flames, water softener salt for purple flames, or Epson salt for white flames.

Upgrade Your S'mores:

Try adding berries or apple slices. Change up your chocolate with Peppermint Patties, Reese's, or Nutella. And sandwich between chocolate or cinnamon graham crackers.

Bored of Marshmallows?

Try roasting fruit over an open flame. Pineapple chunks, apple slices, bananas, and strawberries work great! Sprinkle with a bit of cinnamon and drizzle with maple syrup.



GO BAREFOOT



That's the sealiest thing I've ever heard!



Summer Bucket List Bingo

Check off all the squares for a fantastic summer!

| | | | | |
|--|---|--|---|--|
|  Climb a tree |  Go to a drive-in movie |  Visit the beach |  Go barefoot |  Have a lemonade stand |
|  Make a campfire |  Lay in the grass |  Read a book |  Try mini-golf |  Watch fireworks |
|  Go on a road trip |  Plant flowers | FREE SPACE |  Eat a popsicle |  Visit the zoo |
|  Build a fort |  Sleep outside |  Eat corn on the cob |  Catch bugs |  Play in the dirt |
|  Run through a sprinkler |  Swing in a hammock |  Ride a bike |  Have a water balloon fight |  Make your bed |

Oreo Cookies Taste Test

Purchase a variety of Oreo cookies in different flavors (mint, peanut butter, lemon, golden) and/or store brands. Have each taster close their eyes and try each cookie with milk in between tastings. Rate each cookie on a scale of 1-5. Also, see if each taster can guess the flavor. At the end, have each taster pick their favorite!



Glow Pins for the Win!

Glow sticks on a warm night can add a lot of fun for your littles! Try night bowling. Fill six empty water bottles with water and two activated glow sticks. Tighten the lids. Use a soccer ball, or you can purchase a glow-in-the-dark ball, to knock down the pins. Keep score or play for fun!



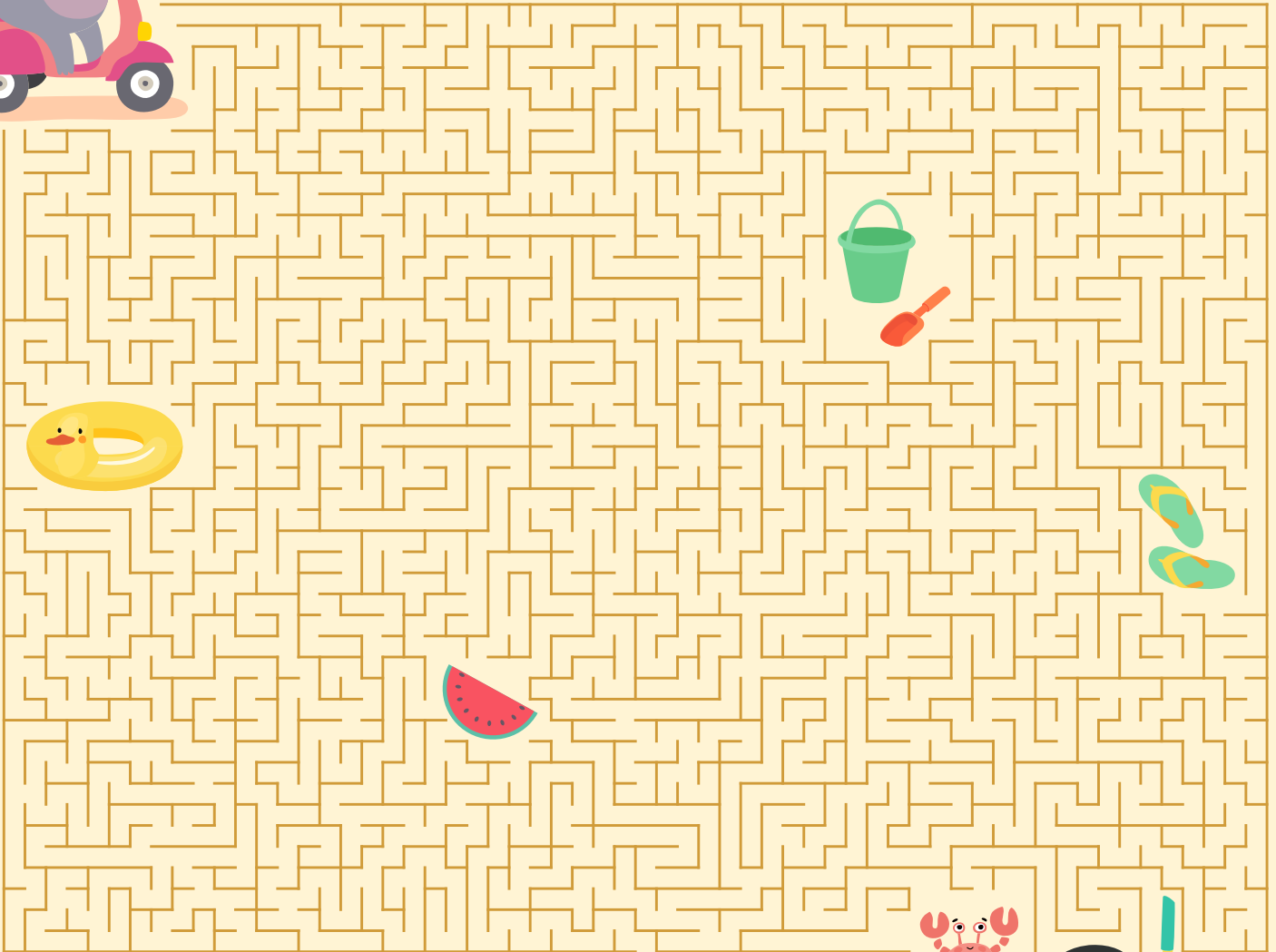
VACAY MOOD



How do you know
if the ocean is
friendly?
It waves!



Get Henry Hippo to the beach and pick up
these things along the way: pail and
shovel, floatie, flip flops, and watermelon.



The Beach



Word Scramble

Can you unscramble
these summer words?

Stay cool!



wutsimui

glsunsases

tlensacaeds

slocippe

hlse

eoamndl

rkap