



Gplast Pvt Ltd “ Unit II

Date	Day	Item
14-11-2019	Thursday	Dinner Dosa,Veg Jaltrezi,Fryums,Kadhamba Chutney,Tiffin Sambar, Tomato Rice,
15-11-2019	Friday	Dinner Coconut Chutney,Idli,Coriander Rice,Paruppu Thuvayal,Tiffin Sambar,
16-11-2019	Saturday	Dinner Chapati,Onion Raitha,Veg Briyani,Veg Kurma,
17-11-2019	Sunday	Dinner Coconut Chutney,Green Gram Rice,Idli,Kara Chutney,Potato Fry,
18-11-2019	Monday	Dinner Wheat Dosa,Coconut Chutney,Potato Poriyal,Tiffin Sambar,Tamarind Rice,Kara Chutney,
19-11-2019	Tuesday	Dinner Fryums,Idli,Tiffin Sambar,Mix Veg Sambar Rice,Tomato Chutney,
20-11-2019	Wednesday	-
21-11-2019	Thursday	-