



FREE HERITAGE MEMBERSHIP– *Sponsor a New Heritage Member Today!*

Celebrate AND Share Your Norwegian Heritage Today!

As a member in good standing you are entitled to sponsor FREE Heritage membership for young relatives age 15 and under.

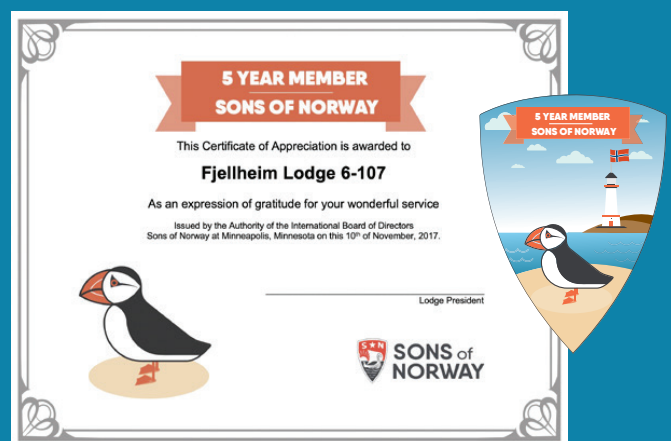
It's fun to explore Nordic traditions and more. We invite Heritage members to...

- Try out folk arts and earn Cultural Skills pins. Heritage members may take part through their lodge or online. Topics: Folk Dancing, Figure Carving, Knitting, Stamp Collecting and Hardanger Embroidery.
- Embrace fitness and outdoor fun like a Norwegian. Hike, bike, swim, walk or ski to earn bronze, silver, gold and enamel Sports Medals.

PLUS Language and Heritage Camps – These offer Norwegian language lessons and a chance to learn more about Nordic life.

Many lodges and districts sponsor camp scholarships for Heritage members.

JUST FOR KIDS are fun activity pages for children available online at sonsofnorway.com.



For over 125 years, like-minded members have enjoyed celebrating Norwegian heritage and culture. A growing community of daughters, sons and friends of Norway welcomes these newest members to our Sons of Norway family!

Heritage Membership Request

Heritage members must be related to the sponsoring Sons of Norway member, but they are not required to be part of the same household as the sponsor. At age 16 Heritage members may join Sons of Norway as an adult Individual member. Or, they may choose to continue as an adult member of an existing Family membership at the same mailing address.

Please print clearly so we can process your request quickly and accurately. Attach an additional sheet or fill out another form if needed. If you are sponsoring multiple new Heritage members in the same household, provide the mailing address for the first listed. Write in "same" for the mailing address of each additional member at that address.

Complete the following section for the **Sponsoring Sons of Norway Member**

Sponsor Name

FirstMiddleLast

Membership #

Relationship to Child:

Date:

District – Lodge

—

Complete the following section for the **Child or Children You Are Sponsoring**

Child's Name

FirstMiddleLast

Date of birth

MMDDYY

Mailing address

StreetApt/Unit/Suite #CityStateZip

Phone

☐ Male ☐ Female ☐ Other

Additional Contact (optional)

Name

Phone

Child's Name

FirstMiddleLast

Date of birth

MMDDYY

Mailing address

StreetApt/Unit/Suite #CityStateZip

Phone

☐ Male ☐ Female ☐ Other

Additional Contact (optional)

Name

Phone

Thank you for sponsoring one or more new Heritage members

Please mail this request form to:

Sons of Norway
1455 West Lake Street
Minneapolis, MN 55408-2666

You may also add family members to an existing membership at sonsofnorway.com

Protecting Your Privacy – Sons of Norway respects your privacy. We never share your personally identifiable medical or financial information for any purpose other than underwriting insurance applications. Sons of Norway has administrative, technical and physical safeguards in place to protect your information. For our full privacy policy, please visit www.sonsofnorway.com.