



December Newsletter



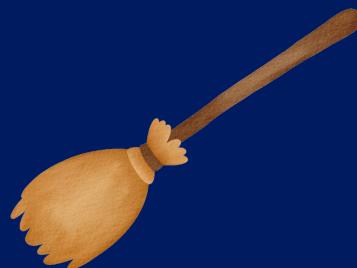
Happy Holidays!

The Trollhaugen Board of Directors would like to extend warm holiday wishes to all our campers, members and newsletter followers.

Christmas Tradition

Dont forget to hide your broom!

Norwegians often hide their brooms on Christmas Eve to keep away mischievous spirits who might try to fly off with them.



Have you had a chance to join or visit your local Scandinavian Association?

<https://www.norway.no/en/canada/norway-canada/scandinavian-associations-in-canada/>



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LOOKING FOR VOLUNTEER INSTRUCTORS

Do you have a skill you want to share? Interested in passing down your Scandinavian culture to the next generation? Fill out an interest form today!



TROLLHAUGEN CAMP 2026

9th- 15th
August

We hope to see you there!



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Trollhaugen Memberships Are Due!

Current memberships expire December 31.

Please contact Tami to renew your membership at registrar@trollhaugenalberta.com.

For only \$20, your annual membership gets you access to:

- Member pricing for Camp
- Mailing list for forms & newsletter
- Voting privileges at general meetings



Camp 2026 Theme is Sports and Olympics!

Norwegians grow up on skis—especially cross-country—and cheer for ski jumping, biathlon, and alpine skiing.

Ice hockey and speed skating keep the action fast, while sledding and skating make winter welcoming for everyone.



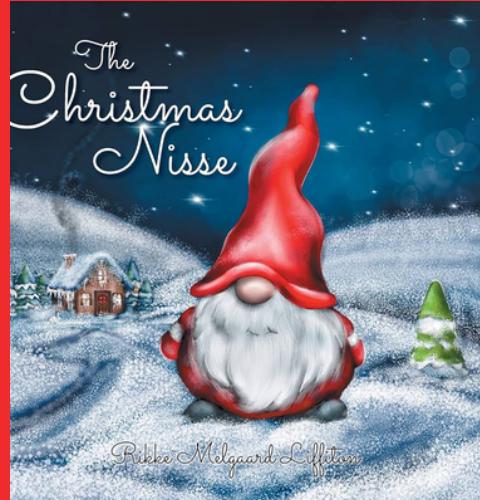
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Elf on the Shelf? Norway has its own tiny holiday visitor.

The main tradition surrounding the nisse (a Scandinavian folkloric household spirit) is leaving out a bowl of porridge with butter on Christmas Eve as a gift to ensure the nisse's protection and good fortune for the farm and family.

Historically, a neglected or angered nisse could cause misfortune, but modern traditions often feature a more mischievous and jolly figure who also leaves small gifts.



Purchase a copy of this family from your local retailer or Amazon.

Generations Award Nominations

Do you know someone who should be recognized for their contributions to Trollhaugen over the years?

If so, please contact our Generations Award Committee.

Alyssa@trollhaugenalberta.com

Do you have an event coming up or an idea for something we should include in a future newsletter? Reach out to:

miranda@trollhaugenalberta.com

Seeking: 2026 Trollhaugen Assistant Camp Director

Do you know someone who would be a great fit? Contact:
heidi@trollhaugenalberta.com