

BRUNCH (UNTIL 4PM)

SHAKSHUKA

£

Eggs cooked with red peppers,
onions and chillies cooked in a tomato sauce.
Served with toasted sourdough. (v)

7.95

FRENCH TOAST

Streaky bacon & maple syrup 7.50
Grilled tomato & mushroom (v) 6.95

PANCAKES

All our pancakes are made with organic flour and come in a stack of five

Blue berries, bananas & maple syrup (v) 6.95
Bacon & maple syrup 7.50

SIDES

Smoked salmon 2.00
Poached egg 1.00
Bacon 1.50
Avocado 1.50

EGGS

Benedict
Streaky smoked bacon, poached eggs
on sourdough bread with homemade
hollandaise sauce.

7.50

Royale
Smoked salmon, poached eggs on
sourdough bread with homemade
hollandaise sauce.

7.95

Florentine (v)
Spinach, poached eggs on sourdough
bread with homemade hollandaise
sauce.

6.95

Smashed avocado on sourdough (v)
+Poached eggs
Scrambled eggs on sourdough (v)

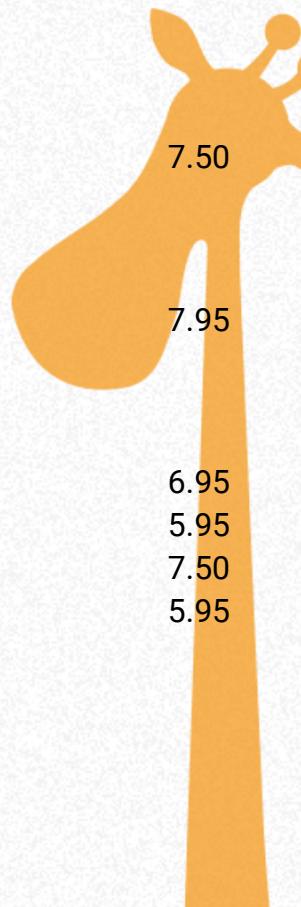
5.95

7.50

5.95

BUDDHA BOWLS

a.k.a hippie bowls are hearty, healthy dishes made raw or roasted veggies, brown rice or noodles. You also have the option of adding protein.



Buddha Bowl (ve) (gf)

A KAI classic. Brown rice with smashed avocado, beetroot pate, kale, siracha roasted butternut squash, chimichurri dressing and super seed mix.

8.95

KAI Bowl (ve) (gf)

An asian inspired noodle bowl dish. Brown rice noodles, bean sprouts, spring onions, butternut squash and mushrooms in a shallow miso broth topped with crispy seaweed and black sesame seeds.

8.95

ZEN Bowl (ve)

A Japanese noodle bowl with brown rice noodles in a ginger, garlic, chilli and soy dressing, miso infused butternut squash, cucumber, courgettes and carrot topped with chia seeds.

8.95

+ PROTEINS

4oz Steak	3.95
8oz Steak	6.95
Chicken	3.95
Siracha Tofu (ve)	2.95
Salmon	4.95

KAI BITES

Soup of the day

Served with sourdough bread.

3.95

Halloumi, chargrilled courgette & avocado

Served with chimichurri dressing.

4.95

Hummus served with sourdough (v)

Homemade hummus served with sourdough bread.

3.95

Falafel served with raita (v)

Homemade baked falafel made with chickpeas, kidney beans, parsley & coriander.

3.95

LUNCH (12PM UNTIL 4PM)

Chicken curry

A flavourful, homemade Punjabi curry served with brown rice. Garnished with homemade mint chutney.

8.95

Chickpea & vegetable curry

A healthy curry made with traditional Punjabi flavours served with brown rice. Garnished with homemade mint chutney.

7.95

Thai red curry

A mildly spiced Thai chicken curry served with brown rice.

8.95

(v) - Vegetarian (ve) - Vegan (gf) - Gluten Free

Please ask a member of staff if you require information on the ingredients in the food we serve.

DRINKS

ORGANIC COFFEE

Espresso	2.00
Americano	2.40
Flat White	2.40
Cappuccino	2.60
Latte	2.60
Matcha Latte	3.50
Tumeric Latte	3.00

TEA

Mao Feng Green Tea	2.00
Earl Grey	
Everyday Brew	
Peppermint	
Super Fruit	

SOFT DRINKS

Curiosity Cola	2.95
Rose Lemonade	2.95
Mandarin & Seville Orange Jigger	2.95
Victorian Lemonade	2.95
Bundaberg Ginger Beer	3.00

BEER

Bottled Lagers	3.95
Doom Bar (4.3%) 500ml	4.25
Guiness Dublin Porter	4.45

