

2nd Edition of Chief Minister's Cup 2025–26
Handball Men & Women (Senior Age Group) L.B. Stadium

International Handball Federation Rules & Regulations

1. Handball court measurements Length & Width – 40 × 20 Mtrs.
2. Goal Area line – 6 Mtrs.
3. Penalty Area line – 7 Mtrs.
4. Free throw line – 9 Mtrs.
5. Substitution line – 4.50 Mtrs.
6. Goal Post Height & Width – 2–3 Mtrs.
7. All Boundary lines – 5 cm
8. Match Duration – 20 Minutes – 10 Minutes – 20 Minutes
9. Men Ball Measurements – 425–475 gr
Circumference – 58–60
10. Women Ball Measurements – 325–375 gr
Circumference – 54–56
11. Technical Officials – 4 Members
Court Referees – 2
Scorer – 1
Time Keeper – 1