

2nd edition of Chief Minister cup 2025

Athletics Track and Field

Stadium Dimensions:

- Standard Track: 400 meters (8 lanes)

Field Events:

1. Long Jump
 - Runway length: 40 meters
 - Sand pit dimensions: typically, 9x2.75 meters
2. High Jump
 - Approach runway length: 15-20 meters
 - Bar height: varies (up to 2.45m for men, 2.05 for women)
3. Shot put
 - Circle diameter: 2.135 meters (7 feet)
4. Discus Throw
 - Circle diameter: 2.5 meters (8 feet 2.5 inches)
5. Javelin Throw
 - Runway length: 30-36.5 meters
 - Sector angle: 29 degrees

General Rules:

1. False start: A false start can result in disqualification.
2. Lane discipline: Athletes must stay in their designated lanes.
3. Equipment: Athletes must use approved equipment.

Track Events:

1. Start procedure: Events start with a starting gun or electronic signal.
2. Finish: Athletes must cross the finish line with their torso.

Field Events:

1. Attempts: Athletes typically have multiple attempts.
2. Measurement: Performances are measured precisely.

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Specific Rules:

1. High jump: Athletes must clear the bar without knocking it off.
2. Long jump: Athletes must land in the sand pit.
3. Throwing events: Athletes must stay within the throwing circle.

Competition Rules:

1. Protests: Athletes can protest decisions.
2. Disqualification: Athletes can be disqualified for rule violations.

Age Categories:

1. Sub-Junior
2. Junior
3. Senior

Competitions will be conducted at:

- Gram panchayat level
- Cluster level
- Assembly Level
- District Level
- State level

Under 14 years Boys & Girls category:

- **Triathlon-C**
 - 60mts, long Jump (5mts approach run), 600mts
- **Kids javelin**

Note: Each Athlete can participate in only two events.

According to rules and regulations of Athletics Federation of India (AFI).