

2nd Edition Of CM'S Cup 2025 In Wrestling Competition Rules and Regulations

1 Event:- Free Style(Boys & Girls)

Description:It means the opponent grabs from head to toe and applies Techniques

2 Age Groups:-

Sub-Juniors 16 to 17 age(Boys and Girls) eligibility is from 15 years of age

3 Weight Categories:-

a. Sub-Juniors boys:44-45kg,48kg,51kg,55kg,60kg

Sub-Juniors girls:36-40kg,43kg,46kg,49kg,53kg

b. Juniors Boys:50-57kg,61kg,65kg,70kg,74kg.

Junior Girls:46-50kg,53kg,55kg,57kg,59kg.

Description:- 1.Each Wrestler can Participate in only one weight Category
2.Jumping to the higher Weight Category is not Allowed.

4 Technical Officials:- One mat Chairman,One judge,One referee,one controller,One time keeper,one recorder and One Announcer – 10

5 Duration of the bout:-Sub-Juniors:2mins of 2 rounds,30 seconds break

Juniors:3mins of 2 rounds, 30 seconds of break

6 Weighing Machine:-Electronic / Digital

7 Competition System:-Knock Out basis

8 UWW Rules are Implemented

9 Technical Points:-1,2,4 and 5

10 Types of victories :-Withdrawal / Walkover, technical superiority, By Fall

11 equipment Westling Mats- 72 Members

12 Competition Arena:-144 Metres/ 12*12

13 Mat Cover

- 14 Dress CodeRed Custom, Blue Custom and Mat Shoes
- 15 Points showing Bats 1,2,4,5, P,C, White Bat,W- $8*2+16=32$, Red and Blue bats
- 16 Medals Sub Junior Gold-5, Silver -5, Bronze -10 , $20*2=40$
Junior Gold-5, Silver -5, Bronze -10 , $20*2=40$
Total 80 Medals
- 17 Medical Team Doctor and Phyico Therapist
- 18 Merit Certificates -90
- 19 participation -200