

Second Edition CM Cup 2025–26

Table Tennis (LB Stadium)Category – U19 (Boys & Girls)

1. Technical Guidelines

a) Rules of Play

- The ball must be thrown vertically at least 16 cm during service.
- Serve must start behind the end line and above the table surface.
- The ball must bounce once on the server's side and once on the receiver's side.
- Rally continues until a player fails to make a correct return.
- Players must not touch the table with their non-playing hand during play.
- Players swap ends after each game; in the deciding game, they switch ends after 5 points.

b) Match Duration and Scoring System

- Matches will be conducted as Best of 3 games.
- Semi-finals and Finals will be conducted as Best of 5 games.
- Each game is played to 11 points, with a minimum 2-point lead required to win.
- If the score reaches 10–10, play continues until one player leads by 2 points.

c) Umpiring Procedures and System

- Umpire: Controls the match, announces the score, and ensures rules are followed.
- Assistant Umpire: Assists with edge-ball decisions and net service calls.
- Chief Referee: Supervises the competition, resolves disputes, and ensures fair play.
- Umpires rotate sides to maintain neutrality.

2. Standard Operating Procedures

a) Safety Measures

- Ensure the playing area is free of obstacles and has non-slippery flooring.
- Adequate lighting and ventilation must be provided as per ITTF rules.
- Players must wear proper sports shoes and avoid jewelry or sharp objects.

b) Warm-up and Cool-down Protocols

- Warm-up:
 - 5–10 minutes of light jogging
 - Dynamic stretching
 - Shadow strokes
- Cool-down:
 - Gentle rallies
 - Static stretching
 - Breathing exercises to relax muscles

c) Injury Management and First Aid

- A first aid kit must be available along with one ambulance on standby.
- Minor injuries (blisters, sprains) should be treated immediately with ice or bandages.

d) Technical Officials' Roles and Responsibilities

- Chief Referee: Overall authority; ensures tournament rule compliance.
- Umpire: Manages match flow, scoring, and rule enforcement.
- Assistant Umpire: Supports umpire with service faults and edge-ball calls.
- Scorekeeper: Records official scores and match results.

3. Playfield / Court Dimensions

a) Length and Width

- 2.74 meters (9 feet) × 1.525 meters (5 feet)

b) Markings and Zones

- End Lines: 2 cm wide white lines along the shorter edges.
- Side Lines: 2 cm wide white lines along the longer edges.
- Center Line: 3 mm wide white line dividing the table lengthwise (*used only in doubles play to mark service zones*).
- Playing Surface: Must be uniformly dark-colored and matte to avoid glare.

c) Net Specifications

- Net Height: 15.25 cm (6 inches).
- Net Length: Covers the full width of the table (1.83 m including posts).

- Net Assembly: Suspended by two posts, 15.25 cm high, placed flush with the table edges.

4. Requirements

a) Required Equipment for the Tournament

- Four (4) new TTFI-approved table tennis tables.
- Forty (40) boxes of Stag 3-star white table tennis balls.