



TELANGANA KHO-KHO ASSOCIATION

ROOM NO:9 BLOCK NO:II L.B.STADIUM, HYDERABAD

REGD.NO:290/2006

Affiliated to:KHO-KHO FEDERATION OF INDIA, SPORTS AUTHORITY OF TELANGANA OLYMPIC ASSOCIATION.

Corresponding Address:LIG-I-111, Housing Board Colony, Post&Dist YADADRI-BHONGIR ,Telangana -508116.

PRESIDENT

JANGA RAGHAVA REDDY

CHAIRMAN

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Technical Submission Template: Second Edition CM CUP – 2025 – 26

1. Name of the Sport/Game: Kho-Kho Category: Juniors / Seniors

2. Technical Guidelines

- Rules of play Rules of Play: Following the official Kho KhoFederation of India (KKFI) rules. The game involvestwo teamsof 15players(9on thefield,6substitutes).It is a game of "chase" and "run" where defenders try to avoid being touched by the chasers

- A formal protest must be submitted in writing within 30 minutes of the match conclusion.

- Match duration: A standard fixture consisted of two innings, with each inning having two turns – one for each side. Each turn was 9 minutes long, totaling 36 minutes per inning. This meant each full match had 36 minutes of active gameplay, 14 -minutes break.

Match Segment	Duration
1st Inning Turn 1	9 minutes
Interval	3 minutes
1st Inning Turn 2	9 minutes
Interval	5 minutes
2nd Inning Turn 3	9 minutes
Interval	3 minutes
2nd Inning Turn 4	9 minutes
Total Duration	47 Minutes

-Scoring system: 2 Point for every defender touched/put out and The Defending team will get 1 additional point as DreamRun if any Batch survives for 4.00 minutes and plus 01 additional point for every 1.00 minute thereafter.

-Tie-breaker rule in Kho-Kho: If the score is tied after two innings, a Extra inning is played. If the score remains tied after the extra inning, the winner is decided by a "minimum chase"

Umpiring procedure: Refree (1) umpires (2) Timekeeper (2) Scorer (2) Pole Umpire (2) Duckout Umpires (2) Total Umpires - 11

3. Standard Operating Procedures (SOPs):

- Safety measures: Leveling of the ground to prevent ankle injuries; checking for stones/debris. Players must use knee caps and proper grip shoes.

Warm-up and cool-down protocols: 15-minute warm-up, 10-minute cool-down

- Injury management and first aid: Immediate "Cold Spray" application on-field. Medical team must be stationed within 20 meters of the court with a dedicated stretcher and ambulance on standby. 1 Doctor 2 Nurses

- Technical Officials' roles: Referee: The referee is the overall authority on the field, responsible for checking the score sheet, ground, and taking the toss

Umpires: Umpires conduct the game, declare fouls, and help each other with decisions

Timekeeper: The timekeeper starts and ends turns with whistle blows, declares minute completions, and keeps track of time.

Scorers: Scorer-1 records player names, numbers, and performance, while Scorer-2 tracks defender order, substitutions, and outs

4. Playfield/Court Dimensions:

- Length: 27m x 16m (rectangular court)

- Markings: Central lane, post lines with chunam

- Equipment Specifications: Smooth wooden poles required

- Surface: Firm, leveled clay or synthetic mat (standardized for professional play).

- Uniform: Jersey with distinct numbers (1–15) and shorts for All the District Players

- Uniform For Technical Officials: Track Point & T - Shirt

-Total Number of Technical Officials Required 70 MEMBERS

TELANGANA CM CUP TOURNAMENT – 2025

Telangana CM Cup kho kho tournament will conduct league cum knockout basis for MEN & WOMEN, 33 Men and 33 Women Teams will participate. Teams will divide into 8 pools schedule as follows

POOL A	POOL B	POOL C	POOL D	POOL E	POOL F	POOL G	POOL H
5Teams	4 Teams						

MEN LEAGUE MATCHES	:	52
WOMEN LEAGUE MATCHES	:	52
TOTAL LEAGUE MATCHES MEN	:	104
KNOCKOUT MATCHES WOMEN	:	16
KNOCKOUT MATCHES	:	16

LEAGUE SCHEDULE AS FOLLOWS:

DAY & DATE	CATEGORY	MORNIG	EVENING	TOTAL	GRAND TOTAL
DAY: 01	MEN	5	17	22	40
	WOMEN	7	11	18	
DAY: 02	MEN	9	13	22	48
	WOMEN	11	15	26	
DAY: 03	MEN	8		8	16
	WOMEN	8		8	
TOTAL LEAGUE MATCHES					104
KNOCKOUT MATCHES					
DAY: 03	MEN		PRE QUARTER & QUARTER FINALS	8	24
	WOMEN		PRE QUARTER & QUARTER FINALS	4	
DAY: 04	MEN		SEMI FINALS & FINALS	3	6
	WOMEN		SEMI FINALS & FINALS	3	
DAY: 04	MEN		3RD & 4TH PLACE	1	2
TOTAL KNOCKOUT MATCHES					32

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SECOND EDITION CM CUP 2025 - 26

Requirements for CM CUP KHOKHO Tournament - 2025

SL. NO	NAME OF THE THINGS	QUANTITY	SL. NO	NAME OF THE THINGS	QUANTITY		
1	Kho Kho Poles	10 PAIRS	Requirements of Stationery				
2	lining chunnam	600 KGS	4	Staple Pins	1 box		
3	lining Rope	100 MTRS	5	Tochan	1		
4	Measuring Tape (50 mtrs)	2	6	File Tags	01 bunch		
5	Nails	350	7	Cd Markers (Block)	4		
6	Ribbon	3 ROLES	8	Blue Pens	02 box		
7	Stop watches	8	9	Block Gel Pens	2		
8	Time indicates (1-8 Numbers)	8 SETS	10	Red,Green, Gel Pens	2		
9	Small Tables	12	12	Score Sheets (A3 SIZE)	150		
10	Big Umbrellas for scorer table	8	13	Scorer -II Sheets	150		
11	Chairs	400	14	Half Time Sheets	100		
12	TENTS	6 50	15	Result Sheets	2		
13	Drinking Water cans For Each sessions		16	List of Players Sheets	80		
Requirements of Stationery			17	Entry Forms	80		
1	Files	12	18	Exam Pads	10		
2	Whole Punch	1	19	White Papers	100		
3	Staplers	2	11	Rubber bands Pocket (BIG)	1 POCKET		
TEA & SNACKS FOR TECHNICAL OFFICIALS IN EVENING SESSIONS							

Yours faithfully,

(Nathi Krishna Murthy)

General Secretary
Telangana Kho Kho Association