

*Second Edition CM Cup 2025 - 26

VOLLEYBALL - MEN & WOMEN (JUNIOR AGE GROUP)

LEAGUE CUM KNOCKOUT

1. Court Measurements

- Court size: 18 m × 9 m
- Each side: 9 m × 9 m
- Attack line (3-m line): 3 m from the center line
- Free zone: Minimum 3 m on all sides
- Net length: About 9.5–10 m
- Net width: 1 m

2. Net Height

- Men: 2.43 meters
- Women: 2.24 meters

(Measured at the center of the net)

3. Ball Specifications

- Circumference: 65 – 67 cm
- Weight: 260 – 280 grams
- Pressure: 0.30 – 0.325 kg/cm²
- Material: Leather or synthetic leather

4. Players

- Players on court: 6 per team
- Positions: 3 front-row + 3 back-row
- Rotation: Clockwise rotation after winning service

5. Substitute Players

- Total players per team: Up to 12
- Substitutes allowed: 6
- Substitutions per set: 6 substitutions per team
- A player who is substituted may re-enter only for the same player

6. Sets

- Match format: Best of 5 sets
- Winning sets: First team to win 3 sets

7. Points System

- Scoring system: Rally point system
- Sets 1–4:
 - o Played up to 25 points
 - o Must win by 2 points
- 5th set (Tie-break):
 - o Played up to 15 points
 - o Must win by 2 points
- Point awarded on every rally, regardless of who served

8. Time-outs

- 2 time-outs per team per set
- Duration: 30 seconds each

9. Officials (Referees)

- 1st Referee (Main Referee):
 - o Controls the match
 - o Final decision authority
- 2nd Referee:
 - o Assists 1st referee
 - o Controls substitutions, time-outs, net faults
- Scorer:
 - o Records points, substitutions, and time-outs
- Assistant Scorer:
 - o Tracks Libero actions

10. Line Referees

- Number: 2 or 4
- Duties:

- o Judge whether the ball is in or out
- o Check foot faults during service
- o Signal touches on the ball
- Position: At the corners of the court

11. Scores

- Scores are recorded set-wise
- Example score:
 - o Team A vs Team B
 - o 25-20, 23-25, 25-22, 25-18
- Winning team must have a 2-point lead

International Volleyball Federation Rules and Regulation