

To
The DD C&A and Associations
Sports Authority of Telangana,
Hyderabad

Subject: Submission of Technical Guidelines, SOPs, and Playfield Dimensions for Cycling & Para Cycling Disciplines – CM's Cup 2025–26

Respected Sir/Madam,

With reference to the subject cited above and in compliance with the instructions issued for the “Second Edition CM Cup 2025–26”, the detailed “Technical guidelines, Standard Operating Procedures (SOPs), and playfield/course specifications” for the “Cycling and Para Cycling disciplines” are hereby submitted for your kind consideration.

1. Name of the Sport / Game: Cycling (Road Cycling) and Para Cycling

2. Age Categories

Cycling:

- Under-16 (Boys & Girls)
- Under-18 (Boys & Girls)
- Elite (Men & Women)

Para Cycling:

- As per classification approved by the Cycling Federation of India (CFI) / UCI Para Cycling regulations

3. Events Proposed

Cycling:

1. Individual Time Trial (ITT)
2. Mass Start Road Race

Para Cycling:

1. Individual Time Trial (ITT) only**.

4. Technical Guidelines

a) Rules of Play

1. All Cycling and Para Cycling events will be conducted strictly in accordance with the Cycling Federation of India (CFI) and UCI / UCI Para Cycling rules and regulations.
2. Wearing of approved helmets is mandatory for all participants.
3. Drafting is strictly not permitted in Individual Time Trial events for both Cycling and Para Cycling.
4. Drafting is permitted in Mass Start events for Cycling.
5. Para Cycling athletes shall compete as per their approved classification, using permitted bicycles/tricycles/handcycles as per regulations.
6. Any violation of technical or safety rules may attract penalties or disqualification.

b) Match Duration & Scoring System

1. Individual Time Trial (Cycling & Para Cycling): Rankings shall be determined based on the shortest time taken to complete the course.
2. Mass Start (Cycling): Rankings shall be determined based on the order of finish at the finish line.
3. **Indicative Distances:**

Cycling – Individual Time Trial

- Under-16: 5 to 10 km
- Under-18: 10 to 15 km
- Elite: 20 to 30 km

Cycling – Mass Start

- Under-16: 20 to 30 km
- Under-18: 40 to 60 km
- Elite: 80 to 120 km

Para Cycling – Individual Time Trial

- Distance to be finalized based on classification, course safety, and CFI/UCI Para Cycling guidelines.

Note: Distances may be modified depending on course conditions and safety considerations.

c) Officiating Procedures

All events shall be supervised by SATG Nominated Officials, including a Starter, Timekeepers, Marshals, and Finish Judges. Para Cycling events will be officiated with special attention to classification compliance and athlete safety.

5. Standard Operating Procedures (SOPs)

a) Safety Measures

- Mandatory helmet and equipment checks.
- Pre-race bicycle and assistive equipment inspection.
- Adequate route marshals, barricading, signage, and traffic control.
- Lead and follow vehicles for all events.
- Ambulance with qualified medical staff stationed on-site and on-course.

b) Warm-Up and Cool-Down Protocols

- Designated warm-up areas provided
- Riders encouraged to follow proper warm-up and cool-down routines under supervision

c) Injury Management & First Aid

- On-site medical team with first-aid equipment
- Immediate medical attention in case of injury
- Ambulance support for emergency evacuation
- Incident documentation by technical officials

d) Technical Officials' Roles and Responsibilities

- Officials shall ensure fair conduct of competition, accurate timing, safety compliance, finishing order confirmation, and proper reporting of results and incidents.

6. Playfield / Course Dimensions

Course Type: Open road or closed circuit approved by competent authorities

Road Width: Minimum 6–8 meters (preferred)

Markings & Zones: Clearly marked start, finish, turning points, and hazard zones

Start & Finish Specifications

ITT (Cycling & Para Cycling): Riders start individually at fixed time intervals

Mass Start (Cycling): Common start line

Finish line clearly marked and barricaded

7. Submission Compliance

The above documentation has been prepared strictly as per recognized sports federation norms (CFI / UCI / UCI Para Cycling) and is submitted in soft copy and hard copy.

Thanking you sir.

Yours faithfully,

Vijay Bhaskar Reddy
Cycling Coach
SATG Cycling Velodrome
Sports Authority of Telangana