



TELANGANA KHO-KHO ASSOCIATION

ROOM NO:9 BLOCK NO:II L.B.STADIUM, HYDERABAD

REGD.NO:290/2006

Affiliated to:KHO-KHO FEDERATION OF INDIA, SPORTS AUTHORITY OF TELANGANA OLYMPIC ASSOCIATION.

Corresponding Address:LIG-I-111, Housing Board Colony, Post&Dist YADADRI-BHONGIR ,Telangana -508116.

PRESIDENT

JANGA RAGHAVA REDDY

CHAIRMAN

Telangana State Cooperative Oil Seeds
& Grower Federation

Government of Telangana

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Technical Submission Template: Second Edition CM CUP – 2025 – 26

1. Name of the Sport/Game: Kho-Kho Category: Juniors / Seniors

2. Technical Guidelines

- Rules of play Rules of Play: Following the official Kho Kho Federation of India (KKFI) rules. The game involves two teams of 15 players (9 on the field, 6 substitutes). It is a game of "chase" and "run" where defenders try to avoid being touched by the chasers

- A formal protest must be submitted in writing within 30 minutes of the match conclusion.

- Match duration: A standard fixture consisted of two innings, with each inning having two turns – one for each side. Each turn was 9 minutes long, totaling 36 minutes per inning. This meant each full match had 36 minutes of active gameplay, 14 -minutes break.

| Match Segment | Duration |
|-------------------|------------|
| 1st Inning Turn 1 | 9 minutes |
| Interval | 3 minutes |
| 1st Inning Turn 2 | 9 minutes |
| Interval | 5 minutes |
| 2nd Inning Turn 3 | 9 minutes |
| Interval | 3 minutes |
| 2nd Inning Turn 4 | 9 minutes |
| Total Duration | 47 Minutes |

-Scoring system: 2 Point for every defender touched/put out and The Defending team will get 1 additional point as DreamRun if any Batch survives for 4.00 minutes and plus 01 additional point for every 1.00 minute thereafter.

-Tie-breaker rule in Kho-Kho: If the score is tied after two innings, a Extra inning is played. If the score remains tied after the extra inning, the winner is decided by a "minimum chase"

Umpiring procedure: Referee (1) umpires (2) Timekeeper (2) Scorer (2) Pole Umpire (2) Duckout Umpires (2) Total Umpires - 11

3. Standard Operating Procedures (SOPs):

- Safety measures: Leveling of the ground to prevent ankle injuries; checking for stones/debris. Players must use knee caps and proper grip shoes.

Warm-up and cool-down protocols: 15-minute warm-up, 10-minute cool-down

- Injury management and first aid: Immediate "Cold Spray" application on-field. Medical team must be stationed within 20 meters of the court with a dedicated stretcher and ambulance on standby. 1 Doctor 2 Nurses

- Technical Officials' roles: Referee: The referee is the overall authority on the field, responsible for checking the score sheet, ground, and taking the toss

Umpires: Umpires conduct the game, declare fouls, and help each other with decisions

Timekeeper: The timekeeper starts and ends turns with whistle blows, declares minute completions, and keeps track of time.

Scorers: Scorer-1 records player names, numbers, and performance, while Scorer-2 tracks defender order, substitutions, and outs

4. Playfield/Court Dimensions:

- Length: 27m x 16m (rectangular court)

- Markings: Central lane, post lines with chunam

- Equipment Specifications: Smooth wooden poles required

- Surface: Firm, leveled clay or synthetic mat (standardized for professional play).

- Uniform: Jersey with distinct numbers (1–15) and shorts for All the District Players

- Uniform For Technical Officials: Track Point & T - Shirt

-Total Number of Technical Officials Required 70 MEMBERS

TELANGANA CM CUP TOURNAMENT – 2025

Telangana CM Cup kho kho tournament will conduct league cum knockout basis for MEN & WOMEN, 33 Men and 33 Women Teams will participate. Teams will divide into 8 pools schedule as follows

| POOL A | POOL B | POOL C | POOL D | POOL E | POOL F | POOL G | POOL H |
|--------|---------|---------|---------|---------|---------|---------|---------|
| 5Teams | 4 Teams | 4 Teams | 4 Teams | 4 Teams | 4 Teams | 4 Teams | 4 Teams |

| | | |
|--------------------------|---|-----|
| MEN LEAGUE MATCHES | : | 52 |
| WOMEN LEAGUE MATCHES | : | 52 |
| TOTAL LEAGUE MATCHES MEN | : | 104 |
| KNOCKOUT MATCHES WOMEN | : | 16 |
| KNOCKOUT MATCHES | : | 16 |

LEAGUE SCHEDULE AS FOLLOWS:

| DAY & DATE | CATEGORY | MORNIG | EVENING | TOTAL | GRAND TOTAL |
|------------------------|----------|--------|------------------------------|-------|-------------|
| DAY: 01 | MEN | 5 | 17 | 22 | 40 |
| | WOMEN | 7 | 11 | 18 | |
| DAY: 02 | MEN | 9 | 13 | 22 | 48 |
| | WOMEN | 11 | 15 | 26 | |
| DAY: 03 | MEN | 8 | | 8 | 16 |
| | WOMEN | 8 | | 8 | |
| TOTAL LEAGUE MATCHES | | | | | 104 |
| KNOCKOUT MATCHES | | | | | |
| DAY: 03 | MEN | | PRE QUARTER & QUARTER FINALS | 8 | 24 |
| | | | | 4 | |
| | WOMEN | | PRE QUARTER & QUARTER FINALS | 8 | |
| | | | | 4 | |
| DAY: 04 | MEN | | SEMI FINALS & FINALS | 3 | 6 |
| | WOMEN | | SEMI FINALS & FINALS | 3 | |
| DAY: 04 | MEN | | 3RD & 4TH PLACE | 1 | 2 |
| TOTAL KNOCKOUT MATCHES | | | | | 32 |



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SECOND EDITION CM CUP 2025 - 26

Requirements for CM CUP KHOKHO Tournament - 2025

| SL. NO | NAME OF THE THINGS | QUANTITY | SL. NO | NAME OF THE THINGS | QUANTITY |
|---|---------------------------------------|----------|----------------------------|---------------------------|----------|
| 1 | Kho Kho Poles | 10 PAIRS | Requirements of Stationery | | |
| 2 | lining chunnam | 600 KGS | 4 | Staple Pins | 1 box |
| 3 | lining Rope | 100 MTRS | 5 | Tochan | 1 |
| 4 | Measuring Tape (50 mtrs) | 2 | 6 | File Tags | 01 bunch |
| 5 | Nails | 350 | 7 | Cd Markers (Block) | 4 |
| 6 | Ribbon | 3 ROLES | 8 | Blue Pens | 02 box |
| 7 | Stop watches | 8 | 9 | Block Gel Pens | 2 |
| 8 | Time indicates (1-8 Numbers) | 8 SETS | 10 | Red,Green, Gel Pens | 2 |
| 9 | Small Tables | 12 | 12 | Score Sheets (A3 SIZE) | 150 |
| 10 | Big Umbrellas for scorer table | 8 | 13 | Scorer -II Sheets | 150 |
| 11 | Chairs | 400 | 14 | Half Time Sheets | 100 |
| 12 | TENTS | 6 50 | 15 | Result Sheets | 2 |
| 13 | Drinking Water cans For Each sessions | | 16 | List of Players Sheets | 80 |
| Requirements of Stationery | | | 17 | Entry Forms | 80 |
| 1 | Files | 12 | 18 | Exam Pads | 10 |
| 2 | Whole Punch | 1 | 19 | White Papers | 100 |
| 3 | Staplers | 2 | 11 | Rubber bands Pocket (BIG) | 1 POCKET |
| TEA & SNACKS FOR TECHNICAL OFFICIALSINEVENINGSESSIONS | | | | | |

Yours faithfully,

(Nathi Krishna Murthy)

General Secretary
Telangana Kho Kho Association