

\*Second Edition CM Cup 2025 - 26

\*VOLLEYBALL - MEN & WOMEN (JUNIOR AGE GROUP)\*

\*LEAGUE CUM KNOCKOUT\*

\*1. Court Measurements\*

- Court size: 18 m × 9 m
- Each side: 9 m × 9 m
- Attack line (3-m line): 3 m from the center line
- Free zone: Minimum 3 m on all sides
- Net length: About 9.5–10 m
- Net width: 1 m

\*2. Net Height\*

- Men: 2.43 meters
- Women: 2.24 meters

(Measured at the center of the net)

\*3. Ball Specifications\*

- Circumference: 65 – 67 cm
- Weight: 260 – 280 grams
- Pressure: 0.30 – 0.325 kg/cm<sup>2</sup>
- Material: Leather or synthetic leather

\*4. Players\*

- Players on court: 6 per team
- Positions: 3 front-row + 3 back-row
- Rotation: Clockwise rotation after winning service

\*5. Substitute Players\*

- Total players per team: Up to 12
- Substitutes allowed: 6
- Substitutions per set: 6 substitutions per team
- A player who is substituted may re-enter only for the same player

**\*6. Sets\***

- Match format: Best of 5 sets
- Winning sets: First team to win 3 sets

**\*7. Points System\***

- Scoring system: Rally point system
- Sets 1–4:
  - Played up to 25 points
  - Must win by 2 points
- 5th set (Tie-break):
  - Played up to 15 points
  - Must win by 2 points
- Point awarded on every rally, regardless of who served

**\*8. Time-outs\***

- 2 time-outs per team per set
- Duration: 30 seconds each

**\*9. Officials (Referees)\***

- 1st Referee (Main Referee):
  - Controls the match
  - Final decision authority
- 2nd Referee:
  - Assists 1st referee
  - Controls substitutions, time-outs, net faults
- Scorer:
  - Records points, substitutions, and time-outs
- Assistant Scorer:
  - Tracks Libero actions

**\*10. Line Referees\***

- Number: 2 or 4
- Duties:

- o Judge whether the ball is in or out
- o Check foot faults during service
- o Signal touches on the ball
- Position: At the corners of the court

**\*11. Scores\***

- Scores are recorded set-wise
- Example score:
- o Team A vs Team B
- o 25-20, 23-25, 25-22, 25-18
- Winning team must have a 2-point lead

**\*International Volleyball Federation Rules and Regulation\***