

Applicability Of the Project:

The purpose of this phase is to present a detailed description of the applicability of our project Fitness World. Nowadays people go to the gym most often so By keeping this thing in mind, we developed this project Fitness World which helps them to maintain their gym plans a user-friendly web application where the user can do the following things

The system will provide an intuitive and user-friendly UI to allow the user to view the personal Diet list. Which is a balanced diet plan and is provided at the request of the user. This feature is managed by the admin and the user is just able to view this feature. This allows the user to view the responses to the Diet plan which were requested by the user earlier this is the feature only for user

The system will provide a user-friendly UI allows the user to view the tutorials which are in the form of videos. the user is just able to view the videos and admin can able to change the content or add the contents. This also allows the user to request the video tutorial. This feature is only for user

The system will provide a user-friendly UI allows the user to ask and manage the personal workout plans. This feature is managed by the admin and the user is just able to view this feature. This also allows the user to request the workout schedules. Requesting Diet Plan is only the feature of the user

The system will provide a user-friendly UI allows the user to view the responses to the queries which were asked by the user earlier user has the access only to view the queries not to answer This is the part performed by the admin and there is no involvement of the user as this is the reply for the questions asked by user earlier.