Audience: All Call Centers Location: Benefits/A-Z List System: N/A Updated: 8.9.24

Reviewed: 5.2.24

### **Elastography (MRI)**

#### See also

1. Magnetic Resonance Elastography (MRE)

#### Description

Elastography is a non-invasive method for measuring stiffness or elasticity of organs and other structures in the body. Elastography uses low frequency vibrations during an ultrasound or MRI to measure organ stiffness (or elasticity).

Important: This A-Z is for Elastography using an MRI. For Elastography using an ultrasound, see Elastography (Non-MRI).

#### See also

Similar, related, or easily confused documents.

- <u>Biochemical Biomarker Panels for Assessing Liver Disease</u> Biochemical biomarker panels are laboratory blood test panels intended to predict the degree of fibrosis in the liver.
- <u>Elastography (Non-MRI)</u> Elastography is a non-invasive method for measuring stiffness or elasticity of organs and other structures in the body. This is for Elastography using an ultrasound.

# Table of Contents

The following topics are included in this document:

- Commercial
- Government Programs
- Individual and Family Business (IFB)

# Document history

Date	Description
5.2.24	New document.

### **Commercial**

#### Introduction

This section applies to all Commercial members. Benefit details depend on the member's brand: Dean (including Dean Health Plan (DHP) and Prevea360), Mayo Medical Plan (MMP), or Medica (including MHPS).

#### Dean (DHP, Prevea360)

Coverage depends on the date of service.

DOS	Coverage
Prior to	Medical Policy, Elastography (MP9562), applies.
10.1.24	• <b>Tip</b> : For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u> .
	• Covered indications are listed under Coverage Criteria.
	<ul> <li>Important: Check policy for limits or exclusions.</li> </ul>
	• If approved, quote MRI, CT, PET scan benefits. If section doesn't exist, quote X-Ray/imaging benefits. Include
	facility benefits.
	Contrast: A contrast material injection may be required. If billed, covered under the same benefits.
After	Requires prior authorization.
10.1.24	See Radiology Prior Authorizations for details.
	– Some providers and POS are excluded from PA.
	• If approved, quote MRI, CT, PET scan benefits. If section doesn't exist, quote X-Ray/imaging benefits. Include facility benefits.
	• Contrast: A contrast material injection may be required. If billed, covered under the same benefits.

# Mayo Medical Plan (MMP)

Coverage depends on the provider.

Provider	Coverage
Mayo provider	• Quote MRI, CT, PET scan benefits. If section doesn't exist, quote X-Ray/imaging benefits. Include facility benefits.
	• Contrast: A contrast material injection may be required. If billed, covered under the same benefits.
Non-Mayo	Medica's Coverage Policy, Elastography – Mayo Medical Plan Only, applies.
provider	• <b>Tip</b> : For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u> .
	Covered indications are listed under Coverage Policy.
	<ul> <li>Important: Check policy for limits or exclusions.</li> </ul>
	• If eligible, quote MRI, CT, PET scan benefits. If section doesn't exist, quote X-Ray/imaging benefits. Include facility benefits.
	• Contrast: A contrast material injection may be required. If billed, covered under the same benefits.

#### Medica (including MHPS)

Coverage depends on the date of service.

DOS	Coverage
Prior to	• Medica's Coverage Policy, Elastography (Ultrasound, Acoustic Radiation Force Impulse Imaging, Shear Wave
5.1.24	Elastography), applies.
	• <b>Tip</b> : For instructions on locating policies, see <a href="Coverage and Prior Authorization Guidelines">Coverage and Prior Authorization Guidelines</a> .
	• Covered indications are listed under Coverage Policy.
	<ul> <li>Important: Check policy for limits or exclusions.</li> </ul>
	• If eligible, quote MRI, CT, PET scan benefits. If section doesn't exist, quote X-Ray/imaging benefits. Include
	facility benefits.
	• Contrast: A contrast material injection may be required. If billed, covered under the same benefits.
After	Requires prior authorization.
5.1.24	• See Radiology Prior Authorizations for details.
	<ul> <li>Some providers and POS are excluded from PA.</li> </ul>
	• If approved, quote MRI, CT, PET scan benefits. If section doesn't exist, quote X-Ray/imaging benefits. Include
	facility benefits.
	• Contrast: A contrast material injection may be required. If billed, covered under the same benefits.

# Document history

Date	Description
8.9.24	Dean (DHP, Prevea360) – Updated Carelon effective date.
5.2.24	New document.

### **Government Programs**

#### Introduction

This section applies to all Medicaid and Medicare products.

#### AccessAbility (SNBC),

#### Medicaid only groups:

• See Medicaid below.

#### Minnesota **Senior Care Plus** (MSC+)

#### Medicare eligible groups:

- Quote X-ray/imaging benefits.
- Contrast: A contrast material injection may be required. If billed, covered under the same benefits.
- Follows Medicare guidelines.
- Medicare is the primary payer.
- If no Medicare eligibility, Medicaid applies. See Medicaid below.

#### AccessAbility Enhanced (I-SNBC),

Coverage depends on the date of service.

### **DUAL (MSHO)**

DOS	Coverage
Prior to 5.1.24	• Medica's Coverage Policy, Elastography (Ultrasound, Acoustic Radiation Force Impulse Imaging, Shear Wave Elastography), applies.
	<ul> <li>Tip: For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u>.</li> <li>Covered indications are listed under <u>Coverage Policy</u>.         <ul> <li>Important</li> <li>Check policy for limits or exclusions.</li> </ul> </li> <li>If eligible, quote X-Ray/imaging benefits.</li> <li>Contrast: A contrast material injection may be required. If billed, covered under the same benefits.</li> <li>Medica is the only payer.</li> </ul>
After 5.1.24	<ul> <li>Requires prior authorization.</li> <li>See Radiology Prior Authorizations for details.         <ul> <li>Some providers and POS are excluded from PA.</li> <li>If approved, quote X-Ray/imaging benefits.</li> <li>Contrast: A contrast material injection may be required. If billed, covered under the same benefits.</li> <li>Medica is the only payer.</li> </ul> </li> </ul>

#### Cost (Prime)

Quote outpatient diagnostic tests and therapeutic services and supplies.

- Contrast: A contrast material injection may be required. If billed, covered under the same benefits.
- Does NOT require prior authorization (PA) through Medica.
- Follows Medicare guidelines.

**Med Advantage** Coverage depends on the date of service.

DOS	Coverage
Prior to	Medica's Coverage Policy, Elastography (Ultrasound, Acoustic Radiation Force Impulse Imaging, Shear Wave
5.1.24	Elastography), applies.
	• <b>Tip</b> : For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u> .
	• Covered indications are listed under Coverage Policy.
	<ul> <li>Important: Check policy for limits or exclusions.</li> </ul>
	• If eligible, quote outpatient diagnostic tests and therapeutic services and supplies.
	• Contrast: A contrast material injection may be required. If billed, covered under the same benefits.
	Follows Medicare guidelines.
	Medica is the only payer.
After	Requires prior authorization.
5.1.24	• See <u>Radiology Prior Authorizations</u> for details.
	<ul> <li>Some providers and POS are excluded from PA.</li> </ul>
	• If approved, quote outpatient diagnostic tests and therapeutic services and supplies.
	• Contrast: A contrast material injection may be required. If billed, covered under the same benefits.
	Follows Medicare guidelines.
	Medica is the only payer.

Continued on next page

### **Government Programs, Continued**

### Med Supp (Select, Signature)

Quote X-ray/imaging benefits.

- Contrast: A contrast material injection may be required. If billed, covered under the same benefits.
- Follows Medicare guidelines.
- Medicare supplement.
- Medicare is the primary payer.

#### Medicaid

Coverage depends on the date of service.

DOS	Coverage
Prior to	• Medica's Coverage Policy, Elastography (Ultrasound, Acoustic Radiation Force Impulse Imaging, Shear Wave
5.1.24	Elastography), applies.
	• <b>Tip</b> : For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u> .
	• Covered indications are listed under Coverage Policy.
	- Important: Check policy for limits or exclusions.
	• If eligible, quote X-Ray/imaging benefits. Include facility benefits.
	• Contrast: A contrast material injection may be required. If billed, covered under the same benefits.
After	Requires prior authorization.
5.1.24	• See <u>Radiology Prior Authorizations</u> for details.
	– Some providers and POS are excluded from PA.
	If approved, quote X-Ray/imaging benefits. Include facility benefits.

# Document history

Date	Description
5.2.24	New document.

## **Individual and Family Business (IFB)**

#### Introduction

This section applies to all Individual and Family Business (IFB) members. Benefit details depend on the member's brand: Dean (including Dean Health Plan (DHP), Medica (formerly WellFirst), and Prevea360) or Medica.

Dean (DHP, Medica formerly WellFirst, Prevea360) Coverage depends on the date of service.

DOS	Coverage
Prior to	Medical Policy, Elastography (MP9562), applies.
10.1.24	• <b>Tip</b> : For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u> .
	Covered indications are listed under Coverage Criteria.
	- Important: Check policy for limits or exclusions.
	• If eligible, quote MRI, CT, PET scan benefits. If section doesn't exist, quote X-Ray/imaging benefits. Include
	facility benefits.
	Contrast: A contrast material injection may be required. If billed, covered under the same benefits.
After	Requires prior authorization.
10.1.24	See <u>Radiology Prior Authorizations</u> for details.
	– Some providers and POS are excluded from PA.
	• If approved, quote MRI, CT, PET scan benefits. If section doesn't exist, quote X-Ray/imaging benefits. Include facility benefits.
	Contrast: A contrast material injection may be required. If billed, covered under the same benefits.

### Medica Coverage depends on the date of service.

DOS	Coverage
Prior to 5.1.24	• Medica's Coverage Policy, Elastography (Ultrasound, Acoustic Radiation Force Impulse Imaging, Shear Wave Elastography), applies.
	• <b>Tip</b> : For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u> .
	Covered indications are listed under Coverage Policy.
	- Important: Check policy for limits or exclusions.
	• If eligible, quote MRI, CT, PET scan benefits. If section doesn't exist, quote X-Ray/imaging benefits. Include facility benefits.
	• Contrast: A contrast material injection may be required. If billed, covered under the same benefits.
After	Requires prior authorization.
5.1.24	• See <u>Radiology Prior Authorizations</u> for details.
	<ul> <li>Some providers and POS are excluded from PA.</li> </ul>
	• If approved, quote MRI, CT, PET scan benefits. If section doesn't exist, quote X-Ray/imaging benefits. Include facility benefits.
	• Contrast: A contrast material injection may be required. If billed, covered under the same benefits.

# Document history

Date	Description
8.9.24	Dean (DHP, Medica formerly WellFirst, Prevea360) – Updated Carelon effective date.
5.2.24	New document.