

## Allergy Skin Testing

**Description**

An allergy skin test exposes a patient to certain allergy-causing substances (allergens) to look for allergic reactions. Testing is typically done in a physician’s office. There are three main types of allergy skin tests:

- Intradermal test (intracutaneous) injects allergens into the skin of your arm.
- Patch test (epicutaneous) where the allergen is applied to a patch, placed on the skin and worn for 2 or more days.
- Puncture, prick or scratch test (percutaneous) is most commonly performed where tiny drops of an allergen are pricked or scratched into the skin’s surface.

**See also**

Similar, related, or easily confused documents.

- [Serial Dilution Endpoint Titration for Diagnosis and Treatment of Airborne Allergy](#) – the use of progressively increased concentrations of an allergen extract as a means of determining patient sensitivity to the allergen and/or the concentration level required to produce a reaction.

**Table of Contents**

The following topics are included in this document:

- [Commercial](#)
- [Government Programs](#)
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**Document history**

The document history for the past 12 months is outlined below.

Date	Description
3.15.24	Refreshed due to age.

Commercial

Introduction	<p>This section applies to all Commercial brands: Dean Health Plan (DHP), Mayo Medical Plan (MMP), Medica (including MHPS), and Prevea360.</p>				
Benefits (all except MMP)	<p>Quote office visit benefits.</p> <p><b>Notes:</b></p> <ul style="list-style-type: none"><li>Allergy testing is NOT the same as allergy shots.</li><li><a href="#">Serial Dilution Endpoint Titration (SDET)</a> is an allergy skin test where the allergen is injected a little bit at a time to see at what point the member is allergic to the allergen. This specific test is NOT covered. Confirm the allergy test in question is not SDET before quoting as covered.</li><li>The provider, Allergy Associates of LaCrosse, bills procedure code <i>95165 – Professional Services for the supervision and provision of antigens for allergen immunotherapy</i>. Code is denied when billed by Allergy Associates of LaCrosse, WI. This code is eligible when billed by other providers.</li></ul>				
Mayo Medical Plan (MMP)	<p>Quote office visit benefits.</p> <p><b>Notes:</b></p> <ul style="list-style-type: none"><li>Allergy testing is NOT the same as allergy shots.</li><li><a href="#">Serial Dilution Endpoint Titration (SDET)</a> is an allergy skin test where the allergen is injected a little bit at a time to see at what point the member is allergic to the allergen. This specific test is NOT covered. Confirm the allergy test in question is not SDET before quoting as covered.</li><li>The provider, Allergy Associates of LaCrosse, bills procedure code <i>95165 – Professional Services for the supervision and provision of antigens for allergen immunotherapy</i>. Code is denied when billed by Allergy Associates of LaCrosse, WI. This code is eligible when billed by other providers.</li></ul>				
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Government Programs

Introduction	This section applies to all Medicaid and Medicare products.				
AccessAbility (SNBC),  Minnesota Senior Care Plus (MSC+)	<p><a href="#">Medicaid only groups</a>:</p> <ul style="list-style-type: none"><li>• See <a href="#">Medicaid</a> below.</li></ul> <p><a href="#">Medicare eligible groups</a>:</p> <ul style="list-style-type: none"><li>• Quote office visit benefits.<ul style="list-style-type: none"><li>– <b>Note:</b> Allergy testing is NOT the same as allergy shots.</li></ul></li><li>• Follows Medicare guidelines.</li><li>• Medicare is the primary payer.</li><li>• If no Medicare eligibility, Medicaid applies. See <a href="#">Medicaid</a> below.</li></ul>				
AccessAbility Enhanced (I-SNBC),  DUAL (MSHO)	<p>Quote office visit or outpatient hospital benefits.</p> <ul style="list-style-type: none"><li>• <b>Note:</b> Allergy testing is NOT the same as allergy shots.</li><li>• Medica is the only payer.</li></ul>				
Cost (Prime)	<p>Quote outpatient diagnostic test and therapeutic services and supplies benefits. Refer to EOC for coverage details.</p> <ul style="list-style-type: none"><li>• <b>Note:</b> Allergy testing is NOT the same as allergy shots.</li><li>• Follows Medicare guidelines.</li></ul>				
Med Advantage	<p>Quote outpatient diagnostic test and therapeutic services and supplies benefits. Refer to EOC for coverage details.</p> <ul style="list-style-type: none"><li>• <b>Note:</b> Allergy testing is NOT the same as allergy shots.</li><li>• Follows Medicare guidelines.</li><li>• Medica is the only payer.</li></ul>				
Med Supp (Select, Signature)	<p>Quote office visit benefits.</p> <ul style="list-style-type: none"><li>• <b>Note:</b> Allergy testing is NOT the same as allergy shots.</li><li>• Follows Medicare guidelines.</li><li>• Medicare supplement.</li><li>• Medicare is the primary payer.</li></ul>				
Medicaid	<p>Quote office visit or outpatient hospital benefits.</p> <p><b>Note:</b> Allergy testing is NOT the same as allergy shots.</p>				
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## Individual and Family Business (IFB)

Introduction	<p>This section applies to all Individual and Family Business (IFB) brands: Dean Health Plan (DHP), Medica, Medica (formerly WellFirst), and Prevea360.</p>				
Benefits	<p>Quote office visit benefits.</p> <p><b>Notes:</b></p> <ul style="list-style-type: none"><li>Allergy testing is NOT the same as allergy shots.</li><li><a href="#">Serial Dilution Endpoint Titration (SDET)</a> is an allergy skin test where the allergen is injected a little bit at a time to see at what point the member is allergic to the allergen. This specific test is NOT covered. Confirm the allergy test in question is not SDET before quoting as covered.</li><li>The provider, Allergy Associates of LaCrosse, bills procedure code <i>95165 – Professional Services for the supervision and provision of antigens for allergen immunotherapy</i>. Code is denied when billed by Allergy Associates of LaCrosse, WI. This code is eligible when billed by other providers.</li></ul>				
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