

Arthroscopy (Small Joint)

Also known as	<div>1. Arthroscopic surgery</div> <div>2. Keyhole surgery</div>						
Description	<p>Arthroscopy is a surgical procedure in which an arthroscope (an instrument used to examine the inside of a joint), is inserted into the joint to inspect, diagnose, and repair tissues.</p> <p>This document describes benefits for small joints including:</p> <div><div>• Elbow</div><div>• Finger</div><div>• Wrist</div></div> <p>Large joints: For large joints (hip, knee, or shoulder) see Arthroscopy (Large Joint).</p>						
See also	<p>Similar, related, or easily confused documents.</p> <div><div>• Arthroscopy (Large Joint) - Surgical insertion of an arthroscope into a joint to inspect, diagnose, and repair tissue.</div><div>• Autologous Chondrocyte Implantation in the Knee - Surgical procedure to help repair damaged knee cartilage.</div><div>• Tidal Knee Lavage for Osteoarthritis - Washing of a knee joint with sterile saline under local anesthetic using a wide bore needle or small bore arthroscope to remove debris from the joint.</div></div>						
Table of Contents	<p>The following topics are included in this document:</p> <div><div>• Commercial</div><div>• Government Programs</div><div>• Individual and Family Business (IFB)</div></div>						
Document history	<p>The document history for the past 12 months is outlined below.</p> <table><tr><th>Date</th><th>Description</th></tr><tr><td>4.23.24</td><td>Split into two docs: <i>Arthroscopy (Large Joint)</i> and <i>Arthroscopy (Small Joint)</i>.</td></tr><tr><td>4.23.24</td><td>New stand alone document.</td></tr></table>	Date	Description	4.23.24	Split into two docs: <i>Arthroscopy (Large Joint)</i> and <i>Arthroscopy (Small Joint)</i> .	4.23.24	New stand alone document.
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Commercial

Introduction	<p>This section applies to all Commercial brands: Dean Health Plan (DHP), Mayo Medical Plan (MMP), Medica (including MHPS), and Prevea360.</p>				
Benefits (all except MMP)	<p>Quote surgical benefits. Include physician, hospital, and anesthesia benefits.</p> <ul style="list-style-type: none">• Clinic POS: Also quote office visit benefits when done in the clinic.				
Mayo Medical Plan (MMP)	<p>Quote surgical benefits. Include physician, hospital, and anesthesia benefits.</p> <ul style="list-style-type: none">• Clinic POS: Also quote office visit benefits when done in the clinic.				
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Government Programs

Introduction	This section applies to all Medicaid and Medicare products.				
AccessAbility (SNBC), Minnesota Senior Care Plus (MSC+)	<p>Medicaid only groups:</p> <ul style="list-style-type: none">• See Medicaid below. <p>Medicare eligible groups:</p> <ul style="list-style-type: none">• Quote outpatient surgical or inpatient hospital benefits.• Follows Medicare guidelines.• Medicare is the primary payer.• If no Medicare eligibility, Medicaid applies. See Medicaid below.				
AccessAbility Enhanced (I-SNBC), DUAL (MSHO)	<p>Quote outpatient surgical or inpatient hospital benefits.</p> <ul style="list-style-type: none">• Medica is the only payer.				
Cost (Prime)	<p>Quote outpatient surgical or inpatient hospital benefits.</p> <ul style="list-style-type: none">• Follows Medicare guidelines.				
Med Advantage	<p>Quote outpatient surgical or inpatient hospital benefits.</p> <ul style="list-style-type: none">• Follows Medicare guidelines.• Medica is the only payer.				
Med Supp (Select, Signature)	<p>Quote outpatient surgical or inpatient hospital benefits.</p> <ul style="list-style-type: none">• Follows Medicare guidelines.• Medicare supplement.• Medicare is the primary payer.				
Medicaid	Quote surgical benefits. Include physician, hospital, and anesthesia benefits.				
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Individual and Family Business (IFB)

Introduction	<p>This section applies to all Individual and Family Business (IFB) brands: Dean Health Plan (DHP), Medica, Medica (formerly WellFirst), and Prevea360.</p>				
Benefits	<p>Quote surgical benefits. Include physician, hospital, and anesthesia benefits.</p> <ul style="list-style-type: none">• Clinic POS: Also quote office visit benefits when done in the clinic.				
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