

Clinical Breast Exam

Description	A clinical breast exam is an exam of the breast by a doctor or other health professional. The doctor will carefully feel the breasts and under the arms for lumps or anything else that seems unusual.
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See also	Similar, related, or easily confused documents. <ul style="list-style-type: none">• Mammogram
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Commercial	Procedure is typically done as part of a routine exam, but can also be done to monitor or follow-up on a condition. <ul style="list-style-type: none">• If done as part of a routine exam, procedure is covered under <i>Preventive health care (early disease detection services including physicals)</i> benefits.• If done to monitor or follow-up on a condition, procedure is covered under office visit benefits.

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Clinical Breast Exam, Continued

Government Programs

Refer to the table below.

Plan	Coverage
AccessAbility (SNBC), Minnesota Senior Care Plus (MSC+)	<p>Medicaid only groups:</p> <ul style="list-style-type: none">• Refer to Medicaid below. <p>Medicare eligible groups:</p> <ul style="list-style-type: none">• Procedure is typically done as part of a routine exam, but can also be done to monitor or follow-up on a condition.• If done as part of a routine exam, procedure is covered under <i>Breast Cancer Screening (Clinical breast exams)</i> benefits.• If done to monitor or follow-up on a condition, procedure is covered under office visit benefits.• Medicare is the primary payer.• Follows Medicare guidelines.• If no Medicare eligibility, Medicaid applies. Refer to Medicaid below.
AccessAbility Enhanced (SNBC SNP), DUAL (MSHO)	<ul style="list-style-type: none">• Procedure is typically done as part of a routine exam, but can also be done to monitor or follow-up on a condition.• If done as part of a routine exam, procedure is covered under <i>Breast Cancer Screening (Clinical breast exams)</i> benefits.• If done to monitor or follow-up on a condition, procedure is covered under office visit benefits.• Medica is the only payer.

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Clinical Breast Exam, Continued

Government Programs, continued

Plan	Coverage
Advantage	<ul style="list-style-type: none"> • Procedure is typically done as part of a routine exam, but can also be done to monitor or follow-up on a condition. • If done as part of a routine exam, procedure is covered under <i>Breast Cancer Screening (Clinical breast exams)</i> benefits. • If done to monitor or follow-up on a condition, procedure is covered under office visit benefits. • Refer to the EOC for primary or specialist cost sharing. • Follows Medicare guidelines. • Provider must bill per Medicare Product Grid. • Medica is the only payer.
Advantage PartnerCare (I-SNP)	<ul style="list-style-type: none"> • Procedure is typically done as part of a routine exam, but can also be done to monitor or follow-up on a condition. • If done as part of a routine exam, procedure is covered under <i>Breast Cancer Screening (Clinical breast exams)</i> benefits. • If done to monitor or follow-up on a condition, procedure is covered under office visit benefits. • Refer to the EOC. Copays depend on place of service. • Provider must bill per Medicare Product Grid. • Medica is the only payer.

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Clinical Breast Exam, Continued

Government Programs, continued

Plan	Coverage
Medicaid (SPP)	<ul style="list-style-type: none"> • Procedure is typically done as part of a routine exam, but can also be done to monitor or follow-up on a condition. • If done as part of a routine exam, procedure is covered under <i>Preventive health care (early disease detection services including physicals)</i> benefits. • If done to monitor or follow-up on a condition, procedure is covered under office visit benefits.
Prime	<ul style="list-style-type: none"> • Procedure is typically done as part of a routine exam, but can also be done to monitor or follow-up on a condition. • If done as part of a routine exam, procedure is covered under <i>Breast Cancer Screening (Clinical breast exams)</i> benefits. • If done to monitor or follow-up on a condition, procedure is covered under office visit benefits. • Refer to the EOC for primary or specialist cost sharing. • Follows Medicare guidelines. • Provider must bill per Medicare Product Grid. • Reminder: Members can use non-Medica Service Area providers. Refer to Out-of-MSA Benefits.
Select, Signature	<ul style="list-style-type: none"> • Procedure is typically done as part of a routine exam, but can also be done to monitor or follow-up on a condition. • If done as part of a routine exam, procedure is covered under <i>Breast Cancer Screening (Clinical breast exams)</i> benefits. • If done to monitor or follow-up on a condition, procedure is covered under office visit benefits. • Medicare supplement. Medicare is the primary payer. • Follows Medicare guidelines.

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Clinical Breast Exam, Continued

Individual and Family Business (IFB)

Procedure is typically done as part of a routine exam, but can also be done to monitor or follow-up on a condition.

- If done as part of a routine exam, procedure is covered under *Preventive health care (early disease detection services including physicals)* benefits.
 - If done to monitor or follow-up on a condition, procedure is covered under office visit benefits.
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Medica Health Plan Solutions (MHPS)

Procedure is typically done as part of a routine exam, but can also be done to monitor or follow-up on a condition.

- If done as part of a routine exam, procedure is covered under *Preventive health care (early disease detection services including physicals)* benefits.
 - If done to monitor or follow-up on a condition, procedure is covered under office visit benefits.
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National Account Member Services (NAMS)

Procedure is typically done as part of a routine exam, but can also be done to monitor or follow-up on a condition.

- May be listed separately, if so, quote from iBAAG.
 - If not listed separately, refer to the following:
 - If done as part of a routine exam, procedure is covered under *Preventive health care (early disease detection services including physicals)* benefits.
 - If done to monitor or follow-up on a condition, procedure is covered under office visit benefits.
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Document history

The document history for the past 12 months is outlined below.

Note: See the KN for complete document history. Email questions to CSKNupdate@medica.com.

Date	Description
4.6.20	Updated to new template.

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Clinical Breast Exam, Continued

Applicability

Business Segments		
<input checked="" type="checkbox"/> All <input type="checkbox"/> Assoc. <input type="checkbox"/> Comm. <input type="checkbox"/> IFB <input type="checkbox"/> Medicaid <input type="checkbox"/> Medicare <input type="checkbox"/> MHPS <input type="checkbox"/> My Plan <input type="checkbox"/> PSC		
Specific Clients/Products		
<input checked="" type="checkbox"/> All <input type="checkbox"/> Other:		
System		
<input type="checkbox"/> CCMS <input type="checkbox"/> HealthRules Payor <input type="checkbox"/> ISET (Choose an item.) PBM (Choose an item.) <input checked="" type="checkbox"/> N/A		
Departments		
<input type="checkbox"/> All <input type="checkbox"/> Billing <input checked="" type="checkbox"/> Call Center <input type="checkbox"/> Claims <input type="checkbox"/> Enrollment <input type="checkbox"/> Other:		
Approved By	Document Owner	Date
A-Z Review Team	KNTWs	4.6.20
