Audience: All Call Centers Location: Benefits/A-Z List System: N/A Updated: 4.18.24

Reviewed: 3.4.21

Artificial Intervertebral Disc Replacement

Devices

Cervical discs:

- 1. Bryan Cervical Disc
- 2. MOBI-C Cervical Disc Prosthesis
- 3. PCM Cervical Dis System
- 4. Prestige Cervical Disc System
- 5. ProDisc-C
- 6. Secure-C Artificial Cervical Disc

Lumbar discs:

- 1. Inmotion Lumbar Artificial Disc (formerly Charite' Artificial Disc)
- 2. PRODISC-L Total Disc Replacement

Description

Artificial disc replacement is a surgical procedure in which a diseased or damaged intervertebral disc is replaced with an artificial device. Artificial discs have been proposed to replace a disc in either the lumbar spine (lower back) or cervical spine (neck). They are intended to preserve/restore vertebral alignment, maintain spinal stability and flexibility, and alleviate pain. Surgery is performed in-patient and requires general anesthesia.

Table of Contents

The following topics are included in this document:

- Commercial
- Government Programs
- Individual and Family Business (IFB)

Document history

Date	Description
4.18.24	Updated to new template.

Commercial

Introduction

This section applies to all Commercial members. Benefit details depend on the member's brand: Dean (including Dean Health Plan (DHP) and Prevea360), Mayo Medical Plan (MMP), or Medica (including MHPS).

Dean (DHP, Prevea360)

Requires prior authorization.

- See Musculoskeletal Care (MSK) Prior Authorization for details.
 - Some providers and POS are excluded from PA.
- If approved, quote surgical benefits. Include physician, hospital, and anesthesia benefits.
- Clinic POS: Also quote office visit benefits when done in the clinic.

Mayo Medical Plan (MMP)

Quote surgical benefits. Include physician, hospital, and anesthesia benefits.

• Clinic POS: Also quote office visit benefits when done in the clinic.

Medica (including MHPS)

Coverage depends on the date of service.

DOS	Coverage
Prior to 5.1.24	 Two Medica's Utilization Management Policies, Cervical Spine Surgeries and Lumbar Spine Surgeries, exist. See the appropriate policy. Tip: For instructions on locating policies, see Coverage and Prior Authorization Guidelines.
	 Most situations require prior authorization. See Medical Necessity Criteria. Provider can submit a Prior Authorization Request. Note: Provider must pick the right form. There are multiple versions. Important: Check policy for limits or exclusions. If approved, quote surgical benefits. Include physician, hospital, and anesthesia benefits. Clinic POS: Also quote office visit benefits when done in the clinic.
After 5.1.24	 Requires prior authorization. See Musculoskeletal Care (MSK) Prior Authorization for details. Some providers and POS are excluded from PA. If approved, quote surgical benefits. Include physician, hospital, and anesthesia benefits. Clinic POS: Also quote office visit benefits when done in the clinic.

Document history

Date	Description
4.18.24	Updated for Medica Policy change.

Government Programs

Introduction

This section applies to all Medicaid and Medicare products.

AccessAbility (SNBC),

Medicaid only groups:

• See Medicaid below.

Minnesota **Senior Care Plus** (MSC+)

Medicare eligible groups:

- Quote outpatient surgical or inpatient hospital benefits.
- Follows Medicare guidelines.
- Medicare is the primary payer.
- If no Medicare eligibility, Medicaid applies. See Medicaid below.

AccessAbility **Enhanced** (I-SNBC),

Coverage depends on the date of service.

DUAL (MSHO)

DOS	Coverage
Prior to 5.1.24	• Two Medica's Utilization Management Policies, <i>Cervical Spine Surgeries</i> and <i>Lumbar Spine Surgeries</i> , exist. See
5.1.24	the appropriate policy.
	• Tip : For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u> .
	• Most situations require prior authorization. See Medical Necessity Criteria.
	Provider can submit a <u>Prior Authorization Request</u>.
	 Note: Provider must pick the right form. There are multiple versions.
	 Important: Check policy for limits or exclusions.
	If approved, quote outpatient surgical or inpatient hospital benefits.
	Medica is the only payer.
After	Requires prior authorization.
5.1.24	• See Musculoskeletal Care (MSK) Prior Authorization for details.
	 Some providers and POS are excluded from PA.
	If approved, quote outpatient surgical or inpatient hospital benefits.
	Medica is the only payer.

Cost (Prime)

Quote outpatient surgical or inpatient hospital benefits.

- Does NOT require prior authorization (PA) through Medica.
- Follows Medicare guidelines.

Med Advantage Coverage depends on the date of service.

DOS	Coverage
Prior to 5.1.24	• Two Medica's Utilization Management Policies, <i>Cervical Spine Surgeries</i> and <i>Lumbar Spine Surgeries</i> , exist. See the appropriate policy.
	• Tip : For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u> .
	• Most situations require prior authorization. See Medical Necessity Criteria.
	Provider can submit a <u>Prior Authorization Request</u>.
	 Note: Provider must pick the right form. There are multiple versions.
	 Important: Check policy for limits or exclusions.
	• If approved, quote outpatient surgical or inpatient hospital benefits.
	Follows Medicare guidelines.
	Medica is the only payer.
After	Requires prior authorization.
5.1.24	• See Musculoskeletal Care (MSK) Prior Authorization for details.
	 Some providers and POS are excluded from PA.
	• If approved, quote outpatient surgical or inpatient hospital benefits.
	Follows Medicare guidelines.
	Medica is the only payer.

Med Supp (Select, Signature)

Quote outpatient surgical or inpatient hospital benefits.

- Follows Medicare guidelines.
- Medicare supplement.
- Medicare is the primary payer.

Continued on next page

Government Programs, Continued

Medicaid

Coverage depends on the date of service.

DOS	Coverage
Prior to 5.1.24	 Two Medica's Utilization Management Policies, Cervical Spine Surgeries and Lumbar Spine Surgeries, exist. See the appropriate policy. Tip: For instructions on locating policies, see Coverage and Prior Authorization Guidelines. Most situations require prior authorization. See Medical Necessity Criteria. Provider can submit a Prior Authorization Request. Note: Provider must pick the right form. There are multiple versions. Important: Check policy for limits or exclusions. If approved, quote surgical benefits. Include physician, hospital, and anesthesia benefits.
After 5.1.24	 Requires prior authorization. See Musculoskeletal Care (MSK) Prior Authorization for details. Some providers and POS are excluded from PA. If approved, quote surgical benefits. Include physician, hospital, and anesthesia benefits.

Document history

Date	Description
4.18.24	Updated for Medica Policy change.

Individual and Family Business (IFB)

Introduction

This section applies to all Individual and Family Business (IFB) members. Benefit details depend on the member's brand: Dean (including Dean Health Plan (DHP), Medica (formerly WellFirst), and Prevea360) or Medica.

Dean (DHP, Medica formerly WellFirst, Prevea360)

Requires prior authorization.

- See Musculoskeletal Care (MSK) Prior Authorization for details.
 - Some providers and POS are excluded from PA.
- If approved, quote surgical benefits. Include physician, hospital, and anesthesia benefits.
- Clinic POS: Also quote office visit benefits when done in the clinic.

Medica

Coverage depends on the date of service.

DOS	Coverage
Prior to 5.1.24	• Two Medica's Utilization Management Policies, <i>Cervical Spine Surgeries</i> and <i>Lumbar Spine Surgeries</i> , exist. See the appropriate policy.
	• Tip : For instructions on locating policies, see Coverage and Prior Authorization Guidelines.
	• Most situations require prior authorization. See Medical Necessity Criteria.
	Provider can submit a <u>Prior Authorization Request</u>.
	 Note: Provider must pick the right form. There are multiple versions.
	 Important: Check policy for limits or exclusions.
	• If approved, quote surgical benefits. Include physician, hospital, and anesthesia benefits.
	Clinic POS: Also quote office visit benefits when done in the clinic.
After	Requires prior authorization.
5.1.24	• See Musculoskeletal Care (MSK) Prior Authorization for details.
	 Some providers and POS are excluded from PA.
	• If approved, quote surgical benefits. Include physician, hospital, and anesthesia benefits.
	Clinic POS: Also quote office visit benefits when done in the clinic.

Document history

Date	Description
4.18.24	Updated for Medica Policy change.