Audience: All Call Centers Location: Benefits/A-Z List System: N/A Updated: 5.24.24

Reviewed: 5.24.24

### **Amino Acid-Based Elemental Formulas**

#### Also known as

- 1. Dietary Formula
- 2. EleCare
- 3. Neocate
- 4. Oral Formula
- 5. Specialized Formula
- 6. Supplemental Formula

#### Description

An amino acid-based formula contains proteins which are broken down into their simplest and purest form making it easier for the body to process and digest. An infant or child may be placed on an amino acid-based formula if he/she is unable to digest or tolerate whole proteins found in other formulas, due to certain allergies or gastrointestinal conditions.

When a patient is on an elemental diet, they are getting the majority of their protein intake from amino acid-based formulas. These formulas are given orally or through a feeding tube and may be in addition to other foods but are likely the only nutrition that the patient can tolerate.

#### See also

Similar, related, or easily confused documents.

- Enteral Nutrition Therapy Specialized formula that is delivered to the stomach through a nasogastric or gastric tube.
- <u>Food Supplements</u> Supplements used to increase caloric intake, but are NOT the sole source of nutrition. Examples include baby food and Ensure.
- <u>Total Parenteral Nutrition (TPN)</u> This is a complete form of the total nutritional and caloric needs for a person unable to eat and digest food. The TPN is delivered through an IV line and bypasses the entire digestive system.

# Table of Contents

The following topics are included in this document:

- Commercial
- Government Programs
- Individual and Family Business (IFB)

# Document history

Date	Description
5.24.24	Refreshed due to age.

### **Commercial**

#### Introduction

This section applies to all Commercial members. Benefit details depend on the member's brand: Dean (including Dean Health Plan (DHP) and Prevea360), Mayo Medical Plan (MMP), or Medica (including MHPS).

#### Dean (DHP, Prevea360)

A Medical Policy, Amino Acid Formulas and Human Breast Milk (MP9355), is online.

**Tip**: For the website and instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u>.

- Covered indications are listed under Coverage Criteria.
  - Important: Check policy for limits or exclusions.
- If eligible, quote miscellaneous medical services and supplies.
- Exclusion: Some plans specifically exclude coverage for this. Check the plan before quoting coverage.
- **Provider**: If eligible, must be obtained from a DME provider. Can't be obtained through a pharmacy.
- **Ensure**: Ensure is a formula intended to be a supplemental snack or meal replacement. It is made up of whole or complete proteins. Ensure is NOT an amino acid-based elemental formula, and is NOT covered.
  - Do not refer members back to the provider for a prior authorization. Care management does not review for Ensure.
- For investigative indications, not covered.

# Mayo Medical Plan (MMP)

A Coverage Policy, Amino Acid-Based Elemental Formula, is online.

**Tip**: For the website and instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u>.

- Covered indications are listed under Coverage Policy.
- Important: Check policy for limits or exclusions.
- If eligible, quote miscellaneous medical services and supplies.
- Exclusion: Some plans specifically exclude coverage for this. Check the plan before quoting coverage.
- **Provider**: If eligible, must be obtained from a DME provider. Can't be obtained through a pharmacy.
- **Ensure**: Ensure is a formula intended to be a supplemental snack or meal replacement. It is made up of whole or complete proteins. Ensure is NOT an amino acid-based elemental formula, and is NOT covered.
- − Do not refer members back to the provider for a prior authorization. Care management does not review for Ensure.
- For investigative indications, not covered.

### Medica (including MHPS)

A Coverage Policy, Amino Acid-Based Elemental Formula, is online.

**Tip**: For the website and instructions on locating policies, see **Coverage and Prior Authorization Guidelines**.

- Covered indications are listed under Coverage Policy.
- Important: Check policy for limits or exclusions.
- If eligible, quote miscellaneous medical services and supplies.
- Exclusion: Some plans specifically exclude coverage for this. Check the plan before quoting coverage.
- **Provider**: If eligible, must be obtained from a DME provider. Can't be obtained through a pharmacy.
- Ensure: Ensure is a formula intended to be a supplemental snack or meal replacement. It is made up of whole or complete proteins. Ensure is NOT an amino acid-based elemental formula, and is NOT covered.
  - − Do not refer members back to the provider for a prior authorization. Care management does not review for Ensure.
- For investigative indications, not covered.

# Document history

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## **Government Programs**

#### Introduction

This section applies to all Medicaid and Medicare products.

# AccessAbility (SNBC),

#### Medicaid only groups:

• Refer to Medicaid below.

### Minnesota Senior Care Plus (MSC+)

#### Medicare eligible groups:

- Not Medicare eligible.
- Follows Medicare guidelines.
- Medicare is the primary payer.
- If no Medicare eligibility, Medicaid applies. Refer to Medicaid below.

### AccessAbility Enhanced (I-SNBC),

A Coverage Policy, *Amino Acid-Based Elemental Formula*, is online.

Tip: For the website and instructions on locating policies, see Coverage and Prior Authorization Guidelines.

#### **DUAL (MSHO)**

- Covered indications are listed under Coverage Policy.
- Important: Check policy for limits or exclusions.
- If eligible, quote medical equipment and supplies.
- Exclusion: Some plans specifically exclude coverage for this. Check the plan before quoting coverage.
- Provider: If eligible, must be obtained from a DME provider. Can't be obtained through a pharmacy.
- **Ensure**: Ensure is a formula intended to be a supplemental snack or meal replacement. It is made up of whole or complete proteins. Ensure is NOT an amino acid-based elemental formula, and is NOT covered.
- − Do not refer members back to the provider for a prior authorization. Care management does not review for Ensure.
- For investigative indications, not covered.
- Medica is the only payer.

### Cost (Prime)

Not Medicare eligible.

Follows Medicare guidelines.

### **Med Advantage**

Not Medicare eligible.

- Follows Medicare guidelines.
- Medica is the only payer.

### Med Supp (Select, Signature)

Not Medicare eligible.

- Follows Medicare guidelines.
- Medicare supplement.
- Medicare is the primary payer.

## Medicaid

A Coverage Policy, Amino Acid-Based Elemental Formula, is online.

**Tip**: For the website and instructions on locating policies, see **Coverage and Prior Authorization Guidelines**.

- Covered indications are listed under Coverage Policy.
  - Important: Check policy for limits or exclusions.
- If eligible, quote medical equipment and supplies.
- Exclusion: Some plans specifically exclude coverage for this. Check the plan before quoting coverage.
- Provider: If eligible, must be obtained from a DME provider. Can't be obtained through a pharmacy.
- **Ensure**: Ensure is a formula intended to be a supplemental snack or meal replacement. It is made up of whole or complete proteins. Ensure is NOT an amino acid-based elemental formula, and is NOT covered.
  - − Do not refer members back to the provider for a prior authorization. Care management does not review for Ensure.
- For investigative indications, not covered.

# Document history

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## **Individual and Family Business (IFB)**

#### Introduction

This section applies to all Individual and Family Business (IFB) members. Benefit details depend on the member's brand: Dean (including Dean Health Plan (DHP), Medica (formerly WellFirst), and Prevea360) or Medica.

### Dean (DHP, Medica formerly WellFirst, Prevea360)

A Medical Policy, Amino Acid Formulas and Human Breast Milk (MP9355), is online.

Tip: For the website and instructions on locating policies, see Coverage and Prior Authorization Guidelines.

- Covered indications are listed under Coverage Criteria.
- **Important**: Check policy for limits or exclusions.
- If eligible, quote miscellaneous medical services and supplies.
- Exclusion: Some plans specifically exclude coverage for this. Check the plan before quoting coverage.
- **Provider**: If eligible, must be obtained from a DME provider. Can't be obtained through a pharmacy.
- **Ensure**: Ensure is a formula intended to be a supplemental snack or meal replacement. It is made up of whole or complete proteins. Ensure is NOT an amino acid-based elemental formula, and is NOT covered.
  - − Do not refer members back to the provider for a prior authorization. Care management does not review for Ensure.
- For investigative indications, not covered.

#### Medica

A Coverage Policy, Amino Acid-Based Elemental Formula, is online.

Tip: For the website and instructions on locating policies, see Coverage and Prior Authorization Guidelines.

- Covered indications are listed under *Coverage Policy*.
  - Important: Check policy for limits or exclusions.
- If eligible, quote miscellaneous medical services and supplies.
- Exclusion: Some plans specifically exclude coverage for this. Check the plan before quoting coverage.
- **Provider**: If eligible, must be obtained from a DME provider. Can't be obtained through a pharmacy.
- **Ensure**: Ensure is a formula intended to be a supplemental snack or meal replacement. It is made up of whole or complete proteins. Ensure is NOT an amino acid-based elemental formula, and is NOT covered.
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