

## Exhaled Nitric Oxide Breath Test

Description	The exhaled nitric oxide breath test can help with the diagnosis and treatment of asthma. This test measures the level of nitric oxide (NO) gas in the breath when exhaled. The sample is collected by having the patient breathe slowly into a mouthpiece that is attached to a machine that performs the measurement. It is under study for other respiratory conditions including cystic fibrosis (CF), chronic obstructive pulmonary disease (COPD), rhinitis, chronic cough, and other breathing conditions.				
See also	<div>Similar, related, or easily confused documents.</div> <div><ul style="list-style-type: none"><li><a href="#">Exhaled Condensate pH Breath Test</a> - Measures the pH value of breath condensate as patient exhales.</li><li><a href="#">Nitric Oxide Therapy, Inhaled (iNO)</a> - An inhaled gas administered via a NO (nitric oxide) delivery system used in conjunction with a ventilator.</li></ul></div>				
Table of Contents	<div>The following topics are included in this document:</div> <div><ul style="list-style-type: none"><li><a href="#">Commercial</a></li><li><a href="#">Government Programs</a></li><li><a href="#">Individual and Family Business (IFB)</a></li></ul></div>				
Document history	<div>The document history for the past 12 months is outlined below.</div> <table><tr><th>Date</th><th>Description</th></tr><tr><td>6.5.24</td><td>Updated to new template.</td></tr></table>	Date	Description	6.5.24	Updated to new template.
Date	Description				
6.5.24	Updated to new template.				

Commercial

Introduction

This section applies to all Commercial members. Benefit details depend on the member’s brand: Dean (including Dean Health Plan (DHP) and Prevea360), Mayo Medical Plan (MMP), or Medica (including MHPS).

Dean (DHP, Prevea360)

Medical Policy, *Exhaled Breath Tests for Asthma and Other Inflammatory Pulmonary Conditions: Exhaled Nitric Oxide Breath Test and Exhaled Breath condensate pH Measurement (MP9560)*, applies.

Tip:

For instructions on locating policies, see [Coverage and Prior Authorization Guidelines](#).

• Covered indications are listed under *Coverage Criteria*.

– Important: Check policy for limits or exclusions.

• If eligible, quote office visit or outpatient hospital benefits.

• For investigative indications, not covered.

Mayo Medical Plan (MMP)	Coverage depends on the provider.						
	<table><tr><th>Provider</th><th>Coverage</th></tr><tr><td>Mayo provider</td><td><div>• Quote office visit or outpatient hospital benefits.</div></td></tr><tr><td>Non-Mayo provider</td><td><div><div>• Medica’s Coverage Policy, <i>Exhaled Breath Tests for Asthma and Other Inflammatory Pulmonary Conditions: Exhaled Nitric Oxide Breath Test and Exhaled Breath condensate pH Measurement</i>, applies.</div><div>• Tip: For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</div><div>• Covered indications are listed under <i>Coverage Policy</i>.</div><div>– Important: Check policy for limits or exclusions.</div><div>• If eligible, quote office visit or outpatient hospital benefits.</div><div>• For investigative indications, not covered.</div></div></td></tr></table>	Provider	Coverage	Mayo provider	<div>• Quote office visit or outpatient hospital benefits.</div>	Non-Mayo provider	<div><div>• Medica’s Coverage Policy, <i>Exhaled Breath Tests for Asthma and Other Inflammatory Pulmonary Conditions: Exhaled Nitric Oxide Breath Test and Exhaled Breath condensate pH Measurement</i>, applies.</div><div>• Tip: For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</div><div>• Covered indications are listed under <i>Coverage Policy</i>.</div><div>– Important: Check policy for limits or exclusions.</div><div>• If eligible, quote office visit or outpatient hospital benefits.</div><div>• For investigative indications, not covered.</div></div>
Provider	Coverage						
Mayo provider	<div>• Quote office visit or outpatient hospital benefits.</div>						
Non-Mayo provider	<div><div>• Medica’s Coverage Policy, <i>Exhaled Breath Tests for Asthma and Other Inflammatory Pulmonary Conditions: Exhaled Nitric Oxide Breath Test and Exhaled Breath condensate pH Measurement</i>, applies.</div><div>• Tip: For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</div><div>• Covered indications are listed under <i>Coverage Policy</i>.</div><div>– Important: Check policy for limits or exclusions.</div><div>• If eligible, quote office visit or outpatient hospital benefits.</div><div>• For investigative indications, not covered.</div></div>						

Medica (including MHPS)

Medica’s Coverage Policy, *Exhaled Breath Tests for Asthma and Other Inflammatory Pulmonary Conditions: Exhaled Nitric Oxide Breath Test and Exhaled Breath condensate pH Measurement*, applies.

Tip:

For instructions on locating policies, see [Coverage and Prior Authorization Guidelines](#).

• Covered indications are listed under *Coverage Policy*.

– Important: Check policy for limits or exclusions.

• If eligible, quote office visit or outpatient hospital benefits.

• For investigative indications, not covered.

Document history	The document history for the past 12 months is outlined below.				
	<table><tr><th>Date</th><th>Description</th></tr><tr><td>6.5.24</td><td>Updated to new template.</td></tr></table>	Date	Description	6.5.24	Updated to new template.
Date	Description				
6.5.24	Updated to new template.				

Government Programs

Introduction	This section applies to all Medicaid and Medicare products.
AccessAbility (SNBC),  Minnesota Senior Care Plus (MSC+)	<p><a href="#">Medicaid only groups</a>:</p> <ul style="list-style-type: none"><li>• See <a href="#">Medicaid</a> below.</li></ul> <p><a href="#">Medicare eligible groups</a>:</p> <ul style="list-style-type: none"><li>• Quote office visit or outpatient hospital benefits.</li><li>• Follows Medicare guidelines.</li><li>• Medicare is the primary payer.</li><li>• If no Medicare eligibility, Medicaid applies. See <a href="#">Medicaid</a> below.</li></ul>
AccessAbility Enhanced (I-SNBC),  DUAL (MSHO)	<p>Medica’s Coverage Policy, <i>Exhaled Breath Tests for Asthma and Other Inflammatory Pulmonary Conditions: Exhaled Nitric Oxide Breath Test and Exhaled Breath condensate pH Measurement</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Covered indications are listed under <i>Coverage Policy</i>.<ul style="list-style-type: none"><li>– <b>Important:</b> Check policy for limits or exclusions.</li></ul></li><li>• If eligible, quote office visit or outpatient hospital benefits.</li><li>• For investigative indications, not covered.</li><li>• Medica is the only payer.</li></ul>
Cost (Prime)	<p>Check for an LCD or NCD. If one does not exist, Medica’s Coverage Policy, <i>Exhaled Breath Tests for Asthma and Other Inflammatory Pulmonary Conditions: Exhaled Nitric Oxide Breath Test and Exhaled Breath condensate pH Measurement</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Covered indications are listed under <i>Coverage Policy</i>.<ul style="list-style-type: none"><li>– <b>Important:</b> Check policy for limits or exclusions.</li></ul></li><li>• If eligible, quote office visit benefits.</li><li>• For investigative indications, not covered.</li><li>• Follows Medicare guidelines.</li></ul>
Med Advantage	<p>Medica’s Coverage Policy, <i>Exhaled Breath Tests for Asthma and Other Inflammatory Pulmonary Conditions: Exhaled Nitric Oxide Breath Test and Exhaled Breath condensate pH Measurement</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Covered indications are listed under <i>Coverage Policy</i>.<ul style="list-style-type: none"><li>– <b>Important:</b> Check policy for limits or exclusions.</li></ul></li><li>• If eligible, quote office visit benefits.</li><li>• For investigative indications, not covered.</li><li>• Follows Medicare guidelines.</li><li>• Medica is the only payer.</li></ul>
Med Supp (Select, Signature)	<p>Quote office visit or outpatient hospital benefits.</p> <ul style="list-style-type: none"><li>• Follows Medicare guidelines.</li><li>• Medicare supplement.</li><li>• Medicare is the primary payer.</li></ul>

Continued on next page

Medicaid

Medica’s Coverage Policy, *Exhaled Breath Tests for Asthma and Other Inflammatory Pulmonary Conditions: Exhaled Nitric Oxide Breath Test and Exhaled Breath condensate pH Measurement*, applies.

**Tip:** For instructions on locating policies, see [Coverage and Prior Authorization Guidelines](#).

- Covered indications are listed under *Coverage Policy*.
  - **Important:** Check policy for limits or exclusions.
- If eligible, quote office visit or outpatient hospital benefits.
- For investigative indications, not covered.

Document history

The document history for the past 12 months is outlined below.

Date	Description
6.5.24	Updated to new template.

## Individual and Family Business (IFB)

Introduction	<p>This section applies to all Individual and Family Business (IFB) members. Benefit details depend on the member’s brand: Dean (including Dean Health Plan (DHP), Medica (formerly WellFirst), and Prevea360) or Medica.</p>				
Dean (DHP, Medica formerly WellFirst, Prevea360)	<p>Medical Policy, <i>Exhaled Breath Tests for Asthma and Other Inflammatory Pulmonary Conditions: Exhaled Nitric Oxide Breath Test and Exhaled Breath condensate pH Measurement (MP9560)</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Covered indications are listed under <i>Coverage Criteria</i>.<ul style="list-style-type: none"><li>– <b>Important:</b> Check policy for limits or exclusions.</li></ul></li><li>• If eligible, quote office visit or outpatient hospital benefits.</li><li>• For investigative indications, not covered.</li></ul>				
Medica	<p>Medica’s Coverage Policy, <i>Exhaled Breath Tests for Asthma and Other Inflammatory Pulmonary Conditions: Exhaled Nitric Oxide Breath Test and Exhaled Breath condensate pH Measurement</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Covered indications are listed under <i>Coverage Policy</i>.<ul style="list-style-type: none"><li>– <b>Important:</b> Check policy for limits or exclusions.</li></ul></li><li>• If eligible, quote office visit or outpatient hospital benefits.</li><li>• For investigative indications, not covered.</li></ul>				
Document history	<p>The document history for the past 12 months is outlined below.</p> <table><tr><th>Date</th><th>Description</th></tr><tr><td>6.5.24</td><td>Updated to new template.</td></tr></table>	Date	Description	6.5.24	Updated to new template.
Date	Description				
6.5.24	Updated to new template.				