

## Extracorporeal Shock Wave Therapy (ESWT) for Musculoskeletal Indications and Soft Tissue Injuries

Also known as	<div><div></div><div><div>1. ESWT</div><div>2. Extracorporeal shock wave therapy</div><div>3. Orthotripsy</div></div></div>				
Description	<p>Shock wave therapy is a non-invasive treatment for chronic heel pain (plantar fasciitis, heel pain syndrome) and musculoskeletal disorders in other parts of the anatomy (including shoulder, elbow, and patella) and soft tissue injuries such as chronic wounds and fractures. Treatment uses shock wave therapy to break up calcium-like deposits to decrease pain and improve function.</p>				
See also	<p>Similar, related, or easily confused documents:</p> <div><div></div><div><div>• <a href="#">Extracorporeal Shock Wave Lithotripsy</a> - Uses shock waves to break up kidney stones.</div></div></div>				
Table of Contents	<p>The following topics are included in this document:</p> <div><div></div><div><div>• <a href="#">Commercial</a></div><div>• <a href="#">Government Programs</a></div><div>• <a href="#">Individual and Family Business (IFB)</a></div></div></div>				
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Commercial

Introduction	<p>This section applies to all Commercial members. Benefit details depend on the member’s brand: Dean (including Dean Health Plan (DHP) and Prevea360), Mayo Medical Plan (MMP), or Medica (including MHPS).</p>				
Dean (DHP, Prevea360)	<p>Medical Policy, <i>Extracorporeal Shock Wave Therapy (ESWT) for Musculoskeletal Indications and Soft Tissue Injuries (MP9706)</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.</li></ul>				
Mayo Medical Plan (MMP)	<p>Medica’s Coverage Policy, <i>Extracorporeal Shock Wave Therapy (ESWT) for Musculoskeletal Indications and Soft Tissue Injuries</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.</li></ul>				
Medica (including MHPS)	<p>Medica’s Coverage Policy, <i>Extracorporeal Shock Wave Therapy (ESWT) for Musculoskeletal Indications and Soft Tissue Injuries</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.</li></ul>				
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Government Programs

Introduction	This section applies to all Medicaid and Medicare products.						
AccessAbility (SNBC),  Minnesota Senior Care Plus (MSC+)	<p><a href="#">Medicaid only groups</a>:</p> <ul style="list-style-type: none"><li>• See <a href="#">Medicaid</a> below.</li></ul> <p><a href="#">Medicare eligible groups</a>:</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.<ul style="list-style-type: none"><li>– <b>Note:</b> If the member says this is medically necessary, offer a <a href="#">Member-Initiated PA (Organization Determination) Request</a>.</li></ul></li><li>• Follows Medicare guidelines.</li><li>• Medicare is the primary payer.</li><li>• If no Medicare eligibility, Medicaid applies. See <a href="#">Medicaid</a> below.</li></ul>						
AccessAbility Enhanced (I-SNBC),  DUAL (MSHO)	<p>Medica’s Coverage Policy, <i>Extracorporeal Shock Wave Therapy (ESWT) for Musculoskeletal Indications and Soft Tissue Injuries</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.<ul style="list-style-type: none"><li>– <b>Note:</b> If the member says this is medically necessary, offer a <a href="#">Member-Initiated PA (Organization Determination) Request</a>.</li></ul></li><li>• Medica is the only payer.</li></ul>						
Cost (Prime)	<p>Check for an LCD or NCD. If one does not exist, Medica’s Coverage Policy, <i>Extracorporeal Shock Wave Therapy (ESWT) for Musculoskeletal Indications and Soft Tissue Injuries</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.<ul style="list-style-type: none"><li>– <b>Note:</b> If the member says this is medically necessary, offer a <a href="#">Member-Initiated PA (Organization Determination) Request</a>.</li></ul></li><li>• Follows Medicare guidelines.</li></ul>						
Med Advantage	<p>Medica’s Coverage Policy, <i>Extracorporeal Shock Wave Therapy (ESWT) for Musculoskeletal Indications and Soft Tissue Injuries</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.<ul style="list-style-type: none"><li>– <b>Note:</b> If the member says this is medically necessary, offer a <a href="#">Member-Initiated PA (Organization Determination) Request</a>.</li></ul></li><li>• Follows Medicare guidelines.</li><li>• Medica is the only payer.</li></ul>						
Med Supp (Select, Signature)	<p>Considered investigative, not covered.</p> <ul style="list-style-type: none"><li>• Follows Medicare guidelines.</li><li>• Medicare supplement.</li><li>• Medicare is the primary payer.</li></ul>						
Medicaid	<p>Medica’s Coverage Policy, <i>Extracorporeal Shock Wave Therapy (ESWT) for Musculoskeletal Indications and Soft Tissue Injuries</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.</li></ul>						
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## Individual and Family Business (IFB)

Introduction	<p>This section applies to all Individual and Family Business (IFB) members. Benefit details depend on the member’s brand: Dean (including Dean Health Plan (DHP), Medica (formerly WellFirst), and Prevea360) or Medica.</p>				
Dean (DHP, Medica formerly WellFirst, Prevea360)	<p>Medical Policy, <i>Extracorporeal Shock Wave Therapy (ESWT) for Musculoskeletal Indications and Soft Tissue Injuries (MP9706)</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.</li></ul>				
Medica	<p>Medica’s Coverage Policy, <i>Extracorporeal Shock Wave Therapy (ESWT) for Musculoskeletal Indications and Soft Tissue Injuries</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.</li></ul>				
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