Reviewed: 8.22.24

Audience: All Call Centers Location: Benefits/A-Z List System: N/A Updated: 8.22.24

### **Canalith Repositioning**

#### Also known as

- Epley maneuver
- Particle repositioning maneuver

#### Description

Canalith repositioning can treat benign paroxysmal positional vertigo (BPPV), which causes dizziness when a person moves their head. The procedure includes head positions that move the canalith particles (otoconia) in the inner ear that cause the dizziness to a part of the ear where they won't (the utricle).

## Table of Contents

The following topics are included in this document:

- Commercial
- Government Programs
- Individual and Family Business (IFB)

# Document history

Date	Description
8.22.24	New A-Z sheet.

### **Commercial**

#### Introduction

This section applies to all Commercial brands: Dean Health Plan (DHP), Mayo Medical Plan (MMP), Medica (including MHPS), and Prevea360.

#### Dean (DHP, Prevea360)

Quote **Physical Therapy** benefits.

• Must be performed by a physical therapist or a physician to be eligible for coverage.

# Mayo Medical Plan (MMP)

Quote **Physical Therapy** benefits.

• Must be performed by a physical therapist or a physician to be eligible for coverage.

#### Medica (including MHPS)

Quote **Physical Therapy** benefits.

• Must be performed by a physical therapist or a physician to be eligible for coverage.

# Document history

Date	Description
8.22.24	New A-Z sheet.

### **Government Programs**

#### Introduction

This section applies to all Medicaid and Medicare products.

## AccessAbility (SNBC),

#### Medicaid only groups:

• See Medicaid below.

#### Minnesota Senior Care Plus (MSC+)

#### Medicare eligible groups:

- Quote **Physical Therapy** benefits.
- Must be performed by a physical therapist or a physician to be eligible for coverage.
- Follows Medicare guidelines.
- Medicare is the primary payer.
- If no Medicare eligibility, Medicaid applies. See Medicaid below.

#### AccessAbility Enhanced (I-SNBC),

Quote **Physical Therapy** benefits.

- Must be performed by a physical therapist or a physician to be eligible for coverage.
- Medica is the only payer.

### Cost (Prime)

**DUAL (MSHO)** 

Quote **Physical Therapy** benefits.

- Must be performed by a physical therapist or a physician to be eligible for coverage.
- Follows Medicare guidelines.

#### **Med Advantage**

Quote Physical Therapy benefits.

- Must be performed by a physical therapist or a physician to be eligible for coverage.
- Follows Medicare guidelines.
- Medica is the only payer.

#### Med Supp (Select, Signature)

Quote **Physical Therapy** benefits.

- Must be performed by a physical therapist or a physician to be eligible for coverage.
- Follows Medicare guidelines.
- Medicare supplement.
- Medicare is the primary payer.

### Medicaid

Quote **Physical Therapy** benefits.

• Must be performed by a physical therapist or a physician to be eligible for coverage.

### Document history

Date	Description
8.22.24	New A-Z sheet.

### **Individual and Family Business (IFB)**

#### Introduction

This section applies to all Individual and Family Business (IFB) brands: Dean Health Plan (DHP), Medica, Medica (formerly WellFirst), and Prevea360.

#### Dean (DHP, Medica formerly WellFirst, Prevea360)

Quote **Physical Therapy** benefits.

• Must be performed by a physical therapist or a physician to be eligible for coverage.

#### Medica

Quote **Physical Therapy** benefits.

• Must be performed by a physical therapist or a physician to be eligible for coverage.

## Document history

Date	Description
8.22.24	New A-Z sheet.