Audience: All Call Centers Location: Benefits/A-Z List System: N/A Updated: 5.6.24

Reviewed: 5.6.24

Chemically Induced Stress Tests

Also known as

- 1. Adenosine Cardiolite stress test
- 2. Dobutamine Cardiolite stress test
- 3. Persantine Cardiolite stress test

Description

A chemically induced stress test is a type of stress test used when a patient is advised to not exercise on a treadmill. A chemical is injected to produce an effect on the heart similar to exercise and images are taken with the patient lying down.

See also

Similar, related, or easily confused documents.

- <u>Cardiac Stress Test</u> Exercise stress test using a treadmill or a stationary bike.
- Myocardial Perfusion Imaging (MPI) A procedure to monitor a patient's heart. A drug is injected into the patient to simulate the cardiac effect of exercise stress.
- <u>Nuclear Stress Test</u> An outpatient test where a small amount of radioactive substance is administered through an IV. A scanning device is used to measure the uptake of the substance by the heart to determine how well blood flows through the heart at rest and during exercise.
- <u>Stress Echocardiogram</u> The stress echocardiogram (stress echo) is done before and after a stress electrocardiogram (stress EKG or stress ECG). The stress echo uses echo images (ultrasound) to help assess a patient's coronary arteries for blockages.

Table of Contents

The following topics are included in this document:

- Commercial
- Government Programs
- Individual and Family Business (IFB)

Document history

Date	Description
5.6.24	Refreshed due to age.
5.6.24	See also - Added additional links.

Commercial

Introduction

This section applies to all Commercial brands: Dean Health Plan (DHP), Mayo Medical Plan (MMP), Medica (including MHPS), and Prevea360.

Benefits (all except MMP)

Quote office visit or outpatient hospital benefits.

• Similar tests: Myocardial Perfusion Imaging (MPI) and Nuclear Stress Test are similar tests, but have different benefits. Verify which procedure is being done.

Mayo Medical Plan (MMP)

Quote office visit or outpatient hospital benefits.

• Similar tests: Myocardial Perfusion Imaging (MPI) and Nuclear Stress Test are similar tests, but have different benefits. Verify which procedure is being done.

Document history

Date	Description
5.6.24	Refreshed due to age; added Similar tests note to all sections.

Government Programs

Introduction

This section applies to all Medicaid and Medicare products.

AccessAbility (SNBC),

Medicaid only groups:

• See Medicaid below.

Minnesota Senior Care Plus (MSC+)

Medicare eligible groups:

- Quote office visit or outpatient hospital benefits.
- Similar tests: Myocardial Perfusion Imaging (MPI) and Nuclear Stress Test are similar tests, but have different benefits. Verify which procedure is being done.
- Follows Medicare guidelines.
- Medicare is the primary payer.
- If no Medicare eligibility, Medicaid applies. See Medicaid below.

AccessAbility Enhanced (I-SNBC),

DUAL (MSHO)

Quote office visit or outpatient hospital benefits.

- Similar tests: Myocardial Perfusion Imaging (MPI) and Nuclear Stress Test are similar tests, but have different benefits. Verify which procedure is being done.
- Medica is the only payer.

Cost (Prime)

Quote outpatient diagnostic tests and therapeutic services and supplies.

- Similar tests: Myocardial Perfusion Imaging (MPI) and Nuclear Stress Test are similar tests, but have different benefits. Verify which procedure is being done.
- Follows Medicare guidelines.

Med Advantage

Quote outpatient diagnostic tests and therapeutic services and supplies.

- **Similar tests**: Myocardial Perfusion Imaging (MPI) and Nuclear Stress Test are similar tests, but have different benefits. Verify which procedure is being done.
- Follows Medicare guidelines.
- Medica is the only payer.

Med Supp (Select, Signature)

Quote office visit or outpatient hospital benefits.

- **Similar tests**: Myocardial Perfusion Imaging (MPI) and Nuclear Stress Test are similar tests, but have different benefits. Verify which procedure is being done.
- Follows Medicare guidelines.
- Medicare supplement.
- Medicare is the primary payer.

Medicaid

Quote office visit or outpatient hospital benefits.

• Similar tests: Myocardial Perfusion Imaging (MPI) and Nuclear Stress Test are similar tests, but have different benefits. Verify which procedure is being done.

Document history

Date	Description
5.6.24	Refreshed due to age; added Similar tests note to all sections.
 3.0.2	New content and to age; added on man tests mote to an economic

Individual and Family Business (IFB)

Introduction

This section applies to all Individual and Family Business (IFB) brands: Dean Health Plan (DHP), Medica, Medica (formerly WellFirst), and Prevea360.

Benefits

Quote diagnostic services. If section doesn't exist, quote other outpatient hospital services received from a physician.

- Similar tests: Myocardial Perfusion Imaging (MPI) and Nuclear Stress Test are similar tests, but have different benefits. Verify which procedure is being done.
- Medica IFB DOS prior to 1.1.24: Covered under office visit or outpatient hospital benefits.

Document history

Date	Description
5.6.24	Refreshed due to age; updated benefits to diagnostic services; added Similar tests note; added Medica IFB DOS
	prior to 1.1.24 note.