

Ambulatory Blood Pressure Monitoring (ABPM)

Description

Ambulatory blood pressure monitoring (ABPM) is a take-home device that monitors blood pressure over a 24-hour period. This is ordered by a physician and is not a self-monitoring system. Readings are recorded, stored on a computer, and then downloaded by the physician or clinic for analysis.

This is **NOT** the same as an automatic blood pressure cuff or monitor for repeated home use. This is referenced on the [DME grid - Alpha](#).

Table of Contents

- The following topics are included in this document:
- [Commercial](#)
 - [Government Programs](#)
 - [Individual and Family Business \(IFB\)](#)

Document history

The document history for the past 12 months is outlined below.

Date	Description
8.8.24	Refreshed due to age.

Commercial

Introduction	This section applies to all Commercial brands: Dean Health Plan (DHP), Mayo Medical Plan (MMP), Medica (including MHPS), and Prevea360.				
Benefits (all except MMP)	Quote office visit or outpatient hospital benefits.				
Mayo Medical Plan (MMP)	Quote office visit or outpatient hospital benefits.				
Document history	<div>The document history for the past 12 months is outlined below.</div> <table><tr><th>Date</th><th>Description</th></tr><tr><td>8.8.24</td><td>Refreshed due to age.</td></tr></table>	Date	Description	8.8.24	Refreshed due to age.
Date	Description				
8.8.24	Refreshed due to age.				

Government Programs

Introduction	This section applies to all Medicaid and Medicare products.				
AccessAbility (SNBC), Minnesota Senior Care Plus (MSC+)	<p>Medicaid only groups:</p> <ul style="list-style-type: none">• See Medicaid below. <p>Medicare eligible groups:</p> <p>Quote office visit or outpatient hospital benefits.</p> <ul style="list-style-type: none">• Follows Medicare guidelines.• Medicare is the primary payer.• If no Medicare eligibility, Medicaid applies. See Medicaid below.				
AccessAbility Enhanced (I-SNBC), DUAL (MSHO)	<p>Quote office visit or outpatient hospital benefits.</p> <ul style="list-style-type: none">• Medica is the only payer.				
Cost (Prime)	<p>Quote office visit benefits. Check EOC for cost sharing.</p> <ul style="list-style-type: none">• Follows Medicare guidelines.				
Med Advantage	<p>Quote office visit benefits. Check EOC for cost sharing.</p> <ul style="list-style-type: none">• Follows Medicare guidelines.• Medica is the only payer.				
Med Supp (Select, Signature)	<p>Quote office visit or outpatient hospital benefits.</p> <ul style="list-style-type: none">• Follows Medicare guidelines.• Medicare supplement.• Medicare is the primary payer.				
Medicaid	<p>Quote office visit or outpatient hospital benefits.</p>				
Document history	<p>The document history for the past 12 months is outlined below.</p> <table><tr><th>Date</th><th>Description</th></tr><tr><td>8.8.24</td><td>Refreshed due to age.</td></tr></table>	Date	Description	8.8.24	Refreshed due to age.
Date	Description				
8.8.24	Refreshed due to age.				

Individual and Family Business (IFB)

Introduction	This section applies to all Individual and Family Business (IFB) brands: Dean Health Plan (DHP), Medica, Medica (formerly WellFirst), and Prevea360.				
Benefits	Quote office visit or outpatient hospital benefits.				
Document history	The document history for the past 12 months is outlined below.				
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