Audience: CC All Location: Benefits/A-Z List Updated: 10.13.20

Reviewed: 10.13.20

## **Apolipoprotein E (APOE) Genetic Testing for Prediction and Management of Cardiovascular Disease**

#### Description

APOE gene testing is a genetic laboratory test performed on a blood sample to evaluate defects in the apolipoprotein E gene, which is involved with production of a protein (apolipoprotein E) involved in blood lipid regulation. APOE genetic testing has been proposed for use in predicting risk of cardiovascular disease (such as heart attack or stroke), hyperlipoproteinemia type III, and monitoring therapy response.

#### See also

Similar, related, or easily confused documents.

- <u>Lipoprotein Subclass Testing for Screening, Evaluation, and Monitoring of</u> Cardiovascular Disease
- Genetic Testing for Alzheimer Disease
- Genetic and Pharmacogenetic Testing Provides information about a person's genes and chromosomes.
- Genetic Counseling Helping people understand and adapt to the implications of genetic contributions to disease.

#### Commercial

A Coverage Policy, Apolipoprotein E (APOE) Genetic Testing for Prediction and Management of Cardiovascular Disease, is on medica.com.

• Considered investigative, not covered.

Continued on next page



# Apolipoprotein E (APOE) Genetic Testing for Prediction and Management of Cardiovascular Disease, Continued

### Government Programs

Refer to the table below.

Plan	Coverage	
AccessAbility (SNBC), Minnesota Senior Care	Medicaid only groups:  • Refer to Medicaid below.  Medicare eligible groups:	
Plus (MSC+)	<ul> <li>Considered investigative, not covered.</li> <li>Follows Medicare guidelines.</li> <li>If no Medicare eligibility, Medicaid applies. Refer to Medicaid below.</li> </ul>	
AccessAbility Enhanced (SNBC SNP), DUAL (MSHO)	<ul> <li>A Coverage Policy, Apolipoprotein E (APOE) Genetic         Testing for Prediction and Management of         Cardiovascular Disease, is on medica.com.</li> <li>Considered investigative, not covered.</li> </ul>	
Advantage	<ul> <li>A Coverage Policy, Apolipoprotein E (APOE) Genetic         Testing for Prediction and Management of         Cardiovascular Disease, is on medica.com.</li> <li>Considered investigative, not covered.</li> </ul>	
Advantage PartnerCare (I-SNP)	<ul> <li>A Coverage Policy, Apolipoprotein E (APOE) Genetic         Testing for Prediction and Management of         Cardiovascular Disease, is on medica.com.</li> <li>Considered investigative, not covered.</li> </ul>	

Continued on next page

### Apolipoprotein E (APOE) Genetic Testing for Prediction and Management of Cardiovascular Disease, Continued

## Government Programs, continued

Plan	Coverage		
Medicaid (SPP)	<ul> <li>A Coverage Policy, Apolipoprotein E (APOE) Genetic Testing for Prediction and Management of Cardiovascular Disease, is on medica.com.</li> <li>Considered investigative, not covered.</li> </ul>		
Prime	<ul> <li>Medicare does not have a policy. Medica's Coverage Policy, Apolipoprotein E (APOE) Genetic Testing for Prediction and Management of Cardiovascular Disease, on medica.com applies.</li> <li>Considered investigative, not covered</li> <li>Follows Medicare guidelines.</li> </ul>		
Select, Signature	<ul><li>Considered investigative, not covered.</li><li>Follows Medicare guidelines.</li></ul>		

### Individual and Family Business (IFB)

A Coverage Policy, *Apolipoprotein E (APOE) Genetic Testing for Prediction and Management of Cardiovascular Disease*, is on <u>medica.com</u>.

• Considered investigative, not covered.

### Medica Health Plan Solutions (MHPS)

A Coverage Policy, *Apolipoprotein E (APOE) Genetic Testing for Prediction and Management of Cardiovascular Disease*, is on <u>medica.com</u>.

• Considered investigative, not covered.

### Document history

The document history for the past 12 months is outlined below. See Iris/KN for the complete document history.

Date	Description
10.13.20	BIC re-review.

Continued on next page



# Apolipoprotein E (APOE) Genetic Testing for Prediction and Management of Cardiovascular Disease, Continued

Applicability					
Business Segments					
■ All □ AHP □ COM-ISET □ COM-HR □ GOVT-ISET □ GOVT-HR □ IFB □ MHPS □ PSC					
Specific Clients/Products					
■ All □ Other:					
System					
☐ HealthRules ☐ ISET (Choose an item.) ■ N/A ☐ Other:					
Departments					
☐ All ☐ Billing ■ Call Center ☐ Claims ☐ Enrollment ☐ Payment Integrity ☐ Other:					
Approved By	Document Owner	Date			
A-Z Review Team	KNTWs	10.13.20			