Audience: CC All Location: Benefits/A-Z List System: N/A Updated: 1.22.24

Reviewed: 8.22.22

External or Internal Cephalic Version

Also known as

- 1. ECV
- 2. ICV

Description

Cephalic version, or version, is a procedure used to turn a fetus from a breech (feet or butt-down) position or side-lying (transverse) position into a head-down (vertex) position before labor begins. When successful, version makes it possible for a vaginal birth. It is typically performed around 37 weeks. External cephalic version is done by the physician manoeuvring the baby from the outside. Internal cephalic version involves a hand inserted through the cervix.

See also

Similar, related, or easily confused documents.

- Prenatal and Maternity (Commercial, MHPS)
- Prenatal and Maternity (Individual and Family Business)
- Prenatal and Maternity (Medicaid)
- Tips for Handling Prenatal and Maternity Inquiries

Table of Contents

The following topics are included in this document:

- Commercial
- Government Programs
- Individual and Family Business (IFB)

Document history

Date	Description
1.22.24	Updated to new template.

Commercial

Introduction

This section applies to all Commercial brands: Dean Health Plan (DHP), Mayo Medical Plan (MMP), Medica (including MHPS), and Prevea360.

Benefits (all except MMP)

Quote prenatal benefits.

• Covered under Prenatal care services that are not considered preventive health services under the Pregnancy – Maternity Care section.

Mayo Medical Plan (MMP)

Quote prenatal benefits.

• Covered under Prenatal services in the Pregnancy – Maternity Care section.

Document history

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Government Programs

Introduction

This section applies to all Medicaid and Medicare products.

AccessAbility (SNBC),

Medicaid only groups:

• See Medicaid below.

Minnesota Senior Care Plus (MSC+)

Medicare eligible groups:

- Quote prenatal benefits.
- Follows Medicare guidelines.
- Medicare is the primary payer.
- If no Medicare eligibility, Medicaid applies. See Medicaid below.

AccessAbility Enhanced (I-SNBC),

Quote prenatal benefits.

• Medica is the only payer.

DUAL (MSHO)

Cost (Prime)

Quote prenatal benefits.

• Follows Medicare guidelines.

Med Advantage

Quote prenatal benefits.

- Follows Medicare guidelines.
- Medica is the only payer.

Med Supp (Select, Signature)

Quote prenatal benefits.

- Follows Medicare guidelines.
- Medicare supplement.
- Medicare is the primary payer.

Medicaid

Quote prenatal benefits.

Document history

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Individual and Family Business (IFB)

Introduction

This section applies to all Individual and Family Business (IFB) brands: Dean Health Plan (DHP), Medica, Medica (formerly WellFirst), and Prevea360.

Benefits

Quote prenatal benefits.

Document history

Date	Description
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