

## Eating Disorders

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**Also known as**

1. Anorexia nervosa
2. Binge disorder
3. Bulimia

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**Description**

**Anorexia Nervosa** is a disorder marked by excessive fasting, exercise and an exaggerated concern about body shape and weight. Intense feelings about obesity do not diminish even though the patient may be emaciated.

**Bulimia** is disorder marked by recurring episodes of binge eating, self-induced vomiting and diarrhea, excessive exercise, and an exaggerated concern about body shape and weight.

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**See also**

Similar, related, or easily confused documents:

- [Dietician Services](#) - A registered dietitian (or nutritionist) provides dietary assessments and counseling services to individuals whose medical diagnoses require guidance to properly manage an illness or disability.

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**Commercial**

These disorders are classified as mental health disorders; therefore treatment for INN benefits is coordinated through MBH. Refer the caller to MBH.

- Because of the physical ramifications of bulimia and anorexia behaviors, members **may require medical attention** (ex: treatment of dehydration, malnutrition, or perforated esophagus).
- Care to treat these immediate medical problems are covered under the **applicable medical benefit** (office visit, outpatient hospital, lab, x-ray, etc).
- Medical claims submitted by an MD would be covered INN for services received from an MBH approved clinic or facility.
- [Dietician Services](#) are also eligible for coverage as a medical, not mental health benefit.

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## Eating Disorders, Continued

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### Individual and Family Business (IFB)

These disorders are classified as mental health disorders; therefore treatment for INN benefits is coordinated through MBH. Refer to the Mental Health details in the Policy Document.

- Because of the physical ramifications of bulimia and anorexia behaviors, members **may require medical attention** (ex: treatment of dehydration, malnutrition, or perforated esophagus).
  - Care to treat these immediate medical problems are covered under the **applicable medical benefit** (office visit, outpatient hospital, lab, x-ray, etc).
  - Medical claims submitted by an MD would be covered INN for services received from an MBH approved clinic or facility.
  - [Dietician Services](#) are also eligible for coverage as a medical, not mental health benefit.
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### National Accounts Member Services (NAMS)

These disorders are classified as mental health disorders; therefore treatment for INN benefits is coordinated through UBH. Refer the caller to UBH.

- Because of the physical ramifications of bulimia and anorexia behaviors, members **may require medical attention** (ex: treatment of dehydration, malnutrition, or perforated esophagus).
  - Care to treat these immediate medical problems are covered under the **applicable medical benefit** (office visit, outpatient hospital, lab, x-ray, etc).
  - Medical claims submitted by an MD would be covered INN for services received from an UBH approved clinic or facility.
  - [Dietician Services](#) are also eligible for coverage as a medical, not mental health benefit.
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## Eating Disorders, Continued

Center for  
Healthy Aging  
(CHA)

Refer to the table below.

Plan	Coverage
Prime Solution	<ul style="list-style-type: none"><li>• These disorders are classified as mental health disorders; therefore treatment for INN benefits is coordinated through MBH. Refer the caller to MBH.</li><li>• Because of the physical ramifications of bulimia and anorexia behaviors, members <b>may require medical attention</b> (ex: treatment of dehydration, malnutrition, or perforated esophagus).</li><li>• Care to treat these immediate medical problems are covered under the <b>applicable medical benefit</b> (office visit, outpatient hospital, lab, x-ray, etc).</li><li>• Medical claims submitted by an MD would be covered INN for services received from an MBH approved clinic or facility.</li><li>• <a href="#">Dietician Services</a> are also eligible for coverage as a medical, not mental health benefit.</li><li>• This is a cost-sharing plan.</li><li>• Follows Medicare guidelines.</li><li>• Provider needs to bill per guidelines found in the <a href="#">Medicare Product Grid</a> (look for the <i>Product Grid – Medicare</i> documents).</li><li>• <b>Reminder:</b> These members can see providers outside of the Medica Service Area (MSA) and receive in-network (INN) benefits. Refer to the <a href="#">Out-of-MSA Benefits (Prime Solution)</a> document for more information.</li></ul>

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## Eating Disorders, Continued

Center for  
Healthy Aging  
(CHA),  
continued

Plan	Coverage
Select Solution	<ul style="list-style-type: none"><li>• These disorders are classified as mental health disorders; therefore treatment for INN benefits is coordinated through MBH. Refer the caller to MBH.</li><li>• Because of the physical ramifications of bulimia and anorexia behaviors, members <b>may require medical attention</b> (ex: treatment of dehydration, malnutrition, or perforated esophagus).</li><li>• Care to treat these immediate medical problems are covered under the <b>applicable medical benefit</b> (office visit, outpatient hospital, lab, x-ray, etc).</li><li>• Medical claims submitted by an MD would be covered INN for services received from an MBH approved clinic or facility.</li><li>• <a href="#">Dietician Services</a> are also eligible for coverage as a medical, not mental health benefit.</li><li>• This is a true Medicare supplement plan. Medicare will be the primary payer.</li><li>• Follows Medicare guidelines.</li></ul>

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## Eating Disorders, Continued

### Care Coordination Products (CCP)

Refer to the table below.

Plan	Coverage
AccessAbility/ SNBC	For <a href="#">Medicaid only groups</a> : <ul style="list-style-type: none"><li>Refer to the <a href="#">SPP section below</a>.</li></ul>
MSC+/ Minnesota Senior Care Plus	For <a href="#">Medicare eligible groups</a> <ul style="list-style-type: none"><li>These disorders are classified as mental health disorders; therefore treatment for INN benefits is coordinated through MBH. Refer the caller to MBH.</li><li>Because of the physical ramifications of bulimia and anorexia behaviors, members <b>may require medical attention</b> (ex: treatment of dehydration, malnutrition, or perforated esophagus).</li><li>Care to treat these immediate medical problems are covered under the <b>applicable medical benefit</b> (office visit, outpatient hospital, lab, x-ray, etc).</li><li>Medical claims submitted by an MD would be covered INN for services received from an MBH approved clinic or facility.</li><li><a href="#">Dietician Services</a> are also eligible for coverage as a medical, not mental health benefit.</li><li>Medicare is the primary payer.</li><li>Follows Medicare guidelines.</li><li>If no Medicare eligibility, Medicaid benefits would apply instead. Refer to the <a href="#">SPP section below</a>.</li></ul>

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## Eating Disorders, Continued

### Care Coordination Products (CCP), continued

Plan	Coverage
Dual Solution/MSHO	<ul style="list-style-type: none"><li>• These disorders are classified as mental health disorders; therefore treatment for INN benefits is coordinated through MBH. Refer the caller to MBH.</li><li>• Because of the physical ramifications of bulimia and anorexia behaviors, members <b>may require medical attention</b> (ex: treatment of dehydration, malnutrition, or perforated esophagus).</li><li>• Care to treat these immediate medical problems are covered under the <b>applicable medical benefit</b> (office visit, outpatient hospital, lab, x-ray, etc).</li><li>• Medical claims submitted by an MD would be covered INN for services received from an MBH approved clinic or facility.</li><li>• <a href="#">Dietician Services</a> are also eligible for coverage as a medical, not mental health benefit.</li><li>• Medica is the only payer.</li></ul>

### State Public Programs (SPP)

These disorders are classified as mental health disorders; therefore treatment for INN benefits is coordinated through MBH. Refer the caller to MBH.

- Because of the physical ramifications of bulimia and anorexia behaviors, members **may require medical attention** (ex: treatment of dehydration, malnutrition, or perforated esophagus).
- Care to treat these immediate medical problems are covered under the **applicable medical benefit** (office visit, outpatient hospital, lab, x-ray, etc).
- Medical claims submitted by an MD would be covered INN for services received from an MBH approved clinic or facility.
- [Dietician Services](#) are also eligible for coverage as a medical, not mental health benefit.

### Document history

Document history outlined below.

Date	Description
10.6.15	Refreshed due to age.