

## Bioimpedance Spectroscopy (BIS) and Bioelectrical Impedance Analysis (BIA)

Also known as	<div><div>1. BIA</div><div>2. BIS</div></div>								
Description	<p>Bioimpedance spectroscopy (BIS) is a non-invasive method for measuring lymphedema (excessive build-up of fluid in tissues causing swelling in the arms or legs, often as a result of breast-cancer related treatment). BIS is done by passing a small, painless, electrical current through a limb and measuring the resistance to current (impedance).</p> <p>Bioelectrical impedance analysis (BIA) is a non-invasive test proposed as a method for measuring body composition, in particular body fat, based on the rate at which a painless low-strength electrical current travels through the body. Electrical electrodes are placed on two points of contact, such as two hands (hand-hand BIA) or hand-to-foot BIA. On a BIA scale, the two points of contact are both feet (foot-foot BIA). BIA measures the electrical impedance (opposition to the flow) of this electric current. Body fat causes greater resistance (impedance) than fat-free mass. This test is commonly performed in conjunction with nutritional evaluations, weight management consultations, or work-up for bariatric surgery.</p>								
Table of Contents	<p>The following topics are included in this document:</p> <ul style="list-style-type: none"><li><a href="#">Commercial</a></li><li><a href="#">Government Programs</a></li><li><a href="#">Individual and Family Business (IFB)</a></li></ul>								
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Commercial

Introduction	<p>This section applies to all Commercial members. Benefit details depend on the member’s brand: Dean (including Dean Health Plan (DHP) and Prevea360), Mayo Medical Plan (MMP), or Medica (including MHPS).</p>										
Dean (DHP, Prevea360)	<p>Medical Policy, <i>Bioimpedance Spectroscopy (BIS) and Bioelectrical Impedance Analysis (BIA) (MP9690)</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.</li></ul>										
Mayo Medical Plan (MMP)	<p>Coverage depends on the provider.</p> <table><tr><th>Provider</th><th>Coverage</th></tr><tr><td>Mayo provider</td><td><ul style="list-style-type: none"><li>• Quote office visit or outpatient hospital benefits.</li><li>• <b>DOS prior to 8.1.23:</b> Mayo providers were subject to the Coverage Policy, <i>Bioimpedance Spectroscopy (BIS) and Bioelectrical Impedance Analysis (BIA)</i>.<ul style="list-style-type: none"><li>– Considered investigative, not covered.</li><li>– <b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</li></ul></li></ul></td></tr><tr><td>Non-Mayo provider</td><td><ul style="list-style-type: none"><li>• Medica’s Coverage Policy, <i>Bioimpedance Spectroscopy (BIS) and Bioelectrical Impedance Analysis (BIA)</i>, applies.</li><li>• <b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</li><li>• Considered investigative, not covered.</li></ul></td></tr></table>	Provider	Coverage	Mayo provider	<ul style="list-style-type: none"><li>• Quote office visit or outpatient hospital benefits.</li><li>• <b>DOS prior to 8.1.23:</b> Mayo providers were subject to the Coverage Policy, <i>Bioimpedance Spectroscopy (BIS) and Bioelectrical Impedance Analysis (BIA)</i>.<ul style="list-style-type: none"><li>– Considered investigative, not covered.</li><li>– <b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</li></ul></li></ul>	Non-Mayo provider	<ul style="list-style-type: none"><li>• Medica’s Coverage Policy, <i>Bioimpedance Spectroscopy (BIS) and Bioelectrical Impedance Analysis (BIA)</i>, applies.</li><li>• <b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</li><li>• Considered investigative, not covered.</li></ul>				
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Medica (including MHPS)	<p>Medica’s Coverage Policy, <i>Bioimpedance Spectroscopy (BIS) and Bioelectrical Impedance Analysis (BIA)</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.</li></ul>										
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Government Programs

Introduction	This section applies to all Medicaid and Medicare products.								
AccessAbility (SNBC),  Minnesota Senior Care Plus (MSC+)	<p><a href="#">Medicaid only groups</a>:</p> <ul style="list-style-type: none"><li>• See <a href="#">Medicaid</a> below.</li></ul> <p><a href="#">Medicare eligible groups</a>:</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.<ul style="list-style-type: none"><li>– <b>Note:</b> If the member says this is medically necessary, offer a <a href="#">Member-Initiated PA (Organization Determination) Request</a>.</li></ul></li><li>• Follows Medicare guidelines.</li><li>• Medicare is the primary payer.</li><li>• If no Medicare eligibility, Medicaid applies. See <a href="#">Medicaid</a> below.</li></ul>								
AccessAbility Enhanced (I-SNBC),  DUAL (MSHO)	<p>Medica’s Coverage Policy, <i>Bioimpedance Spectroscopy (BIS) and Bioelectrical Impedance Analysis (BIA)</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.<ul style="list-style-type: none"><li>– <b>Note:</b> If the member says this is medically necessary, offer a <a href="#">Member-Initiated PA (Organization Determination) Request</a>.</li></ul></li><li>• Medica is the only payer.</li></ul>								
Cost (Prime)	<p>Check for an LCD or NCD. If one does not exist, Medica’s Coverage Policy, <i>Bioimpedance Spectroscopy (BIS) and Bioelectrical Impedance Analysis (BIA)</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.<ul style="list-style-type: none"><li>– <b>Note:</b> If the member says this is medically necessary, offer a <a href="#">Member-Initiated PA (Organization Determination) Request</a>.</li></ul></li><li>• Follows Medicare guidelines.</li></ul>								
Med Advantage	<p>Medica’s Coverage Policy, <i>Bioimpedance Spectroscopy (BIS) and Bioelectrical Impedance Analysis (BIA)</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.<ul style="list-style-type: none"><li>– <b>Note:</b> If the member says this is medically necessary, offer a <a href="#">Member-Initiated PA (Organization Determination) Request</a>.</li></ul></li><li>• Follows Medicare guidelines.</li><li>• Medica is the only payer.</li></ul>								
Med Supp (Select, Signature)	<p>Considered investigative, not covered.</p> <ul style="list-style-type: none"><li>• Follows Medicare guidelines.</li><li>• Medicare supplement.</li><li>• Medicare is the primary payer.</li></ul>								
Medicaid	<p>Medica’s Coverage Policy, <i>Bioimpedance Spectroscopy (BIS) and Bioelectrical Impedance Analysis (BIA)</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.</li></ul>								
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## Individual and Family Business (IFB)

Introduction	<p>This section applies to all Individual and Family Business (IFB) members. Benefit details depend on the member’s brand: Dean (including Dean Health Plan (DHP), Medica (formerly WellFirst), and Prevea360) or Medica.</p>								
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Medica	<p>Medica’s Coverage Policy, <i>Bioimpedance Spectroscopy (BIS) and Bioelectrical Impedance Analysis (BIA)</i>, applies.</p> <p><b>Tip:</b> For instructions on locating policies, see <a href="#">Coverage and Prior Authorization Guidelines</a>.</p> <ul style="list-style-type: none"><li>• Considered investigative, not covered.</li></ul>								
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