Audience: All Call Centers Location: Benefits/A-Z List System: N/A Updated: 8.19.24

Reviewed: 8.19.24

Comprehensive Metabolic Panel

Also known as

- Chem 14
- Chemistry panel
- Chemistry screen
- CMP
- Metabolic panel

Description

A comprehensive metabolic panel (CMP) is a series of 14 blood tests. It gives doctors a snapshot of liver function, kidney function, blood sugar (glucose) level, electrolytes, and fluid balance. The 14 tests include alkaline phosphatase (ALP), alanine aminotransferase (ALT), aspartate aminotransferase (AST), bilirubin, blood urea nitrogen (BUN), creatinine, sodium, potassium, carbon dioxide, chloride, albumin, total protein, glucose, and calcium.

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- <u>Commercial</u>
- Government Programs
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Document history

Date	Description
8.19.24	New A-Z sheet.

Commercial

Introduction

This section applies to all Commercial brands: Dean Health Plan (DHP), Mayo Medical Plan (MMP), Medica (including MHPS), and Prevea360.

Dean (DHP, Prevea360)

Coverage depends on the reason for the test.

- Routine exam (no medical concern): Quote preventive benefits.
- Medical concern (diagnosis or follow-up): Quote laboratory benefits. When done in a facility, also quote facility benefits.

Mayo Medical Plan (MMP)

Coverage depends on the reason for the test.

- Routine exam (no medical concern): Quote preventive benefits.
- Medical concern (diagnosis or follow-up): Quote laboratory benefits. When done in a facility, also quote facility benefits.

Medica (including MHPS)

Coverage depends on the reason for the test.

- Routine exam (no medical concern): Quote preventive benefits.
- Medical concern (diagnosis or follow-up): Quote laboratory benefits. When done in a facility, also quote facility benefits.

Document history

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Government Programs

Introduction

This section applies to all Medicaid and Medicare products.

AccessAbility (SNBC),

Medicaid only groups:

• See Medicaid below.

Minnesota Senior Care Plus (MSC+)

Medicare eligible groups:

- Coverage depends on the reason for the test.
- Routine exam (no medical concern): Quote preventive benefits.
- Medical concern (diagnosis or follow-up): Quote diagnostic services.
- Follows Medicare guidelines.
- Medicare is the primary payer.
- If no Medicare eligibility, Medicaid applies. See Medicaid below.

AccessAbility Enhanced (I-SNBC),

DUAL (MSHO)

Coverage depends on the reason for the test.

- Routine exam (no medical concern): Quote preventive benefits.
- Medical concern (diagnosis or follow-up): Quote outpatient diagnostic tests and therapeutic services and supplies.
- Medica is the only payer.

Cost (Prime)

Coverage depends on the reason for the test.

- Routine exam (no medical concern): Quote preventive benefits.
- Medical concern (diagnosis or follow-up): Quote outpatient diagnostic tests and therapeutic services and supplies.
- Follows Medicare guidelines.

Med Advantage

Coverage depends on the reason for the test.

- Routine exam (no medical concern): Quote preventive benefits.
- Medical concern (diagnosis or follow-up): Quote outpatient diagnostic tests and therapeutic services and supplies.
- Follows Medicare guidelines.
- Medica is the only payer.

Med Supp (Select, Signature)

Coverage depends on the reason for the test.

- Routine exam (no medical concern): Quote preventive benefits.
- Medical concern (diagnosis or follow-up): Quote laboratory benefits.
- Follows Medicare guidelines.
- Medicare supplement.
- Medicare is the primary payer.

Medicaid

Coverage depends on the reason for the test.

- Routine exam (no medical concern): Quote preventive benefits.
- Medical concern (diagnosis or follow-up): Quote diagnostic services. When done in a facility, also quote facility benefits.

Document history

Date	Description
8.19.24	New A-Z sheet.

Individual and Family Business (IFB)

Introduction

This section applies to all Individual and Family Business (IFB) brands: Dean Health Plan (DHP), Medica, Medica (formerly WellFirst), and Prevea360.

Dean (DHP, Medica formerly WellFirst, Prevea360)

Coverage depends on the reason for the test.

- Routine exam (no medical concern): Quote preventive benefits.
- Medical concern (diagnosis or follow-up): Quote laboratory benefits. When done in a facility, also quote facility benefits.

Medica

Coverage depends on the reason for the test.

- Routine exam (no medical concern): Quote preventive benefits.
- Medical concern (diagnosis or follow-up): Quote laboratory benefits. When done in a facility, also quote facility benefits.

Document history

Date	Description
8.19.24	New A-Z sheet.