Audience: All Call Centers Location: Benefits/A-Z List System: N/A Updated: 8.26.24

Reviewed: 2.8.16

ADHD Evaluation and Treatment

Also known as

- ADD
- Attention Deficit Disorder
- Attention Deficit Hyperactivity Disorder

Description

Attention deficit hyperactivity disorder (ADHD) is characterized by a persistent pattern of inattention and/or hyperactivity/impulsivity that occurs in academic, occupational, home or social settings. There is no single test to diagnose ADHD.

A comprehensive evaluation is necessary to confirm a diagnosis, rule out other causes, and determine the presence or absence of coexisting condition. This includes a clinical assessment of the individual's school/workplace, social and emotional functioning, and overall developmental level. Information should be gathered from parents, teachers, and the individual, as appropriate.

Effective treatment in children and teens usually involves a multi-modal approach involving multiple interventions working together as part of a comprehensive treatment plan.

See also

Similar, related, or easily confused documents.

- <u>Auditory Integration Training</u> A program to treat hearing distortions, hyper-acute hearing, and sensory processing anomalies.
- <u>Behavioral Health Services</u> Behavioral Health (BH) includes all services related to the diagnosis and treatment of mental health (MH) conditions and substance use disorders (SUD). Benefits for Behavioral Health are quoted here for some products.
- <u>Behavioral Health Services (Levels of Care, Therapy Types, Provider Specialties)</u> Some lines of business quote BH services. This supplies levels of care, therapy types, and provider types.
- <u>Sensory Integration Therapy</u> Sensory integration therapy is a form of occupational therapy in which exercises are used to address sense of touch, sense of balance, and sense of where the body and its parts are in space.
- <u>Single Photon Emission Computed Tomography (SPECT) for ADHD</u> Single photon emission computed tomography (SPECT) is a nuclear imaging technique using radiopharmaceuticals, a rotating camera, and a computer to produce 3D images of the body or brain
- <u>TOVA Test</u> Test of Variable Attention (TOVA) is a computerized test that measures responses to either visual or auditory stimuli.

Table of Contents

The following topics are included in this document:

- Commercial
- Government Programs
- Individual and Family Business (IFB)

Document history

Date	Description
8.26.24	See also - Updated content.
8.26.24	Updated to new template.

Commercial

Introduction

This section applies to all Commercial members. Benefit details depend on the member's brand: Dean (including Dean Health Plan (DHP) and Prevea360), Mayo Medical Plan (MMP), or Medica (including MHPS).

Dean (DHP, Prevea360)

Coverage depends on the provider.

- Medical provider: Quote office visit or outpatient hospital benefits.
- Behavioral health provider: Mental Health provider, see Behavioral Health Services.
- Medication (prescriptions): Pharmacy benefits apply.

Mayo Medical Plan (MMP)

Coverage depends on the provider.

- Medical provider: Quote office visit or outpatient hospital benefits.
- Behavioral health provider: Mental Health provider, see Behavioral Health Services.
- Medication (prescriptions): Pharmacy benefits apply.

Medica (including MHPS)

Coverage depends on the provider.

- Medical provider: Quote office visit or outpatient hospital benefits.
- Behavioral health provider: Mental Health provider, see <u>Behavioral Health Services</u>.
- Medication (prescriptions): Pharmacy benefits apply.

Document history

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Government Programs

Introduction

This section applies to all Medicaid and Medicare products.

AccessAbility (SNBC),

Medicaid only groups:

• See Medicaid below.

Minnesota Senior Care Plus (MSC+)

Medicare eligible groups:

- Evaluation (diagnosis): Eligible; coverage depends on the provider.
 - Medical provider: Quote office visit or outpatient hospital benefits.
 - Behavioral health provider: Mental Health provider, see Behavioral Health Services.
- Treatment (medication): Not Medicare eligible; not covered.
- Follows Medicare guidelines.
- Medicare is the primary payer.
- If no Medicare eligibility, Medicaid applies. See Medicaid below.

AccessAbility Enhanced (I-SNBC),

DUAL (MSHO)

Coverage depends on the provider.

- Medical provider: Quote office visit or outpatient hospital benefits.
- Behavioral health provider: Mental Health provider, see Behavioral Health Services.
- Medication (prescriptions): Pharmacy benefits apply.
- Medica is the only payer.

Cost (Prime)

Coverage depends on the service.

- Evaluation (diagnosis): Eligible; coverage depends on the provider.
 - Medical provider: Quote office visit or outpatient hospital benefits.
 - Behavioral health provider: Mental Health provider, see Behavioral Health Services.
- Treatment (medication): Not Medicare eligible; not covered.
- Follows Medicare guidelines.

Med Advantage

Coverage depends on the service.

- Evaluation (diagnosis): Eligible; coverage depends on the provider.
 - Medical provider: Quote office visit or outpatient hospital benefits.
 - Behavioral health provider: Mental Health provider, see <u>Behavioral Health Services</u>.
- Treatment (medication): Not Medicare eligible; not covered.
- Follows Medicare guidelines.
- Medica is the only payer.

Med Supp (Select, Signature)

Coverage depends on the service.

- Evaluation (diagnosis): Eligible; coverage depends on the provider.
 - Medical provider: Quote office visit or outpatient hospital benefits.
 - Behavioral health provider: Mental Health provider, see Behavioral Health Services.
- Treatment (medication): Not Medicare eligible; not covered.
- Follows Medicare guidelines.
- Medicare supplement.
- Medicare is the primary payer.

Medicaid

Coverage depends on the provider.

- Medical provider: Quote office visit or outpatient hospital benefits.
- Behavioral health provider: Mental Health provider, see <u>Behavioral Health Services</u>.
- Medication (prescriptions): Pharmacy benefits apply.

Document history

Date	Description
8.26.24	Updated to new template.
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Individual and Family Business (IFB)

Introduction

This section applies to all Individual and Family Business (IFB) members. Benefit details depend on the member's brand: Dean (including Dean Health Plan (DHP), Medica (formerly WellFirst), and Prevea360) or Medica.

Dean (DHP, Medica formerly WellFirst,

Prevea360)

Coverage depends on the provider.

- Medical provider: Quote office visit or outpatient hospital benefits.
- Behavioral health provider: Mental Health provider, see Behavioral Health Services.
- Medication (prescriptions): Pharmacy benefits apply.

Medica

Coverage depends on the provider.

- Medical provider: Quote office visit or outpatient hospital benefits.
- Behavioral health provider: Mental Health provider, see Behavioral Health Services.
- Medication (prescriptions): Pharmacy benefits apply.

Document history

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