

Autism Spectrum Disorder (ASD) Evaluation and Treatment

Also known as	<ul style="list-style-type: none">Autism assessment						
Description	<p>Autism spectrum disorder (ASD) is a neurological and developmental disorder that affects how people interact with others, communicate, learn, and behave. Although autism can be diagnosed at any age, it is described as a developmental disorder because symptoms generally appear in the first 2 years of life.</p> <p>Health care providers diagnose ASD by evaluating a person’s behavior and development.</p>						
See also	<p>Similar, related, or easily confused documents.</p> <ul style="list-style-type: none">Applied Behavioral Analysis - This treatment program uses time-intensive behavioral techniques to treat children with autism spectrum disorders. Reinforcement is used to elicit or control certain behaviors.Auditory Integration Training - A program to treat hearing distortions, hyper-acute hearing, and sensory processing anomalies.Behavioral Health Services - Behavioral Health (BH) includes all services related to the diagnosis and treatment of mental health (MH) conditions and substance use disorders (SUD). Benefits for Behavioral Health are quoted here for some products.Behavioral Health Services (Levels of Care, Therapy Types, Provider Specialties) - Some lines of business quote BH services. This supplies levels of care, therapy types, and provider types.Sensory Integration Therapy - Sensory integration therapy is a form of occupational therapy in which exercises are used to address sense of touch, sense of balance, and sense of where the body and its parts are in space.						
Table of Contents	<p>The following topics are included in this document:</p> <ul style="list-style-type: none">CommercialGovernment ProgramsIndividual and Family Business (IFB)						
Document history	<p>The document history for the past 12 months is outlined below.</p> <table><tr><th>Date</th><th>Description</th></tr><tr><td>8.26.24</td><td>Changed title from <i>Pervasive Developmental Disorder (PDD) Evaluation and Treatment</i> to <i>Autism Spectrum Disorder (ASD) Evaluation and Treatment</i>.</td></tr><tr><td>8.26.24</td><td><i>Description</i> - Updated to match title.</td></tr></table>	Date	Description	8.26.24	Changed title from <i>Pervasive Developmental Disorder (PDD) Evaluation and Treatment</i> to <i>Autism Spectrum Disorder (ASD) Evaluation and Treatment</i> .	8.26.24	<i>Description</i> - Updated to match title.
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Commercial

Introduction	<p>This section applies to all Commercial members. Benefit details depend on the member’s brand: Dean (including Dean Health Plan (DHP) and Prevea360), Mayo Medical Plan (MMP), or Medica (including MHPS).</p>				
Dean (DHP, Prevea360)	<p>Coverage depends on the provider.</p> <ul style="list-style-type: none">• Medical provider: Quote office visit or outpatient hospital benefits.• Behavioral health provider: Mental Health provider, see Behavioral Health Services.				
Mayo Medical Plan (MMP)	<p>Coverage depends on the provider.</p> <ul style="list-style-type: none">• Medical provider: Quote office visit or outpatient hospital benefits.• Behavioral health provider: Mental Health provider, see Behavioral Health Services.				
Medica (including MHPS)	<p>Coverage depends on the provider.</p> <ul style="list-style-type: none">• Medical provider: Quote office visit or outpatient hospital benefits.• Behavioral health provider: Mental Health provider, see Behavioral Health Services.				
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Government Programs

Introduction	This section applies to all Medicaid and Medicare products.				
AccessAbility (SNBC), Minnesota Senior Care Plus (MSC+)	<p>Medicaid only groups:</p> <ul style="list-style-type: none">• See Medicaid below. <p>Medicare eligible groups:</p> <ul style="list-style-type: none">• Coverage depends on the provider.• Medical provider: Quote office visit or outpatient hospital benefits.• Behavioral health provider: Mental Health provider, see Behavioral Health Services.• Follows Medicare guidelines.• Medicare is the primary payer.• If no Medicare eligibility, Medicaid applies. See Medicaid below.				
AccessAbility Enhanced (I-SNBC), DUAL (MSHO)	<p>Coverage depends on the provider.</p> <ul style="list-style-type: none">• Medical provider: Quote office visit or outpatient hospital benefits.• Behavioral health provider: Mental Health provider, see Behavioral Health Services.• Medica is the only payer.				
Cost (Prime)	<p>Coverage depends on the provider.</p> <ul style="list-style-type: none">• Medical provider: Quote office visit or outpatient hospital benefits.• Behavioral health provider: Mental Health provider, see Behavioral Health Services.• Follows Medicare guidelines.				
Med Advantage	<p>Coverage depends on the provider.</p> <ul style="list-style-type: none">• Medical provider: Quote office visit or outpatient hospital benefits.• Behavioral health provider: Mental Health provider, see Behavioral Health Services.• Follows Medicare guidelines.• Medica is the only payer.				
Med Supp (Select, Signature)	<p>Coverage depends on the provider.</p> <ul style="list-style-type: none">• Medical provider: Quote office visit or outpatient hospital benefits.• Behavioral health provider: Mental Health provider, see Behavioral Health Services.• Follows Medicare guidelines.• Medicare supplement.• Medicare is the primary payer.				
Medicaid	<p>Coverage depends on the provider.</p> <ul style="list-style-type: none">• Medical provider: Quote office visit or outpatient hospital benefits.• Behavioral health provider: Mental Health provider, see Behavioral Health Services.				
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Individual and Family Business (IFB)

Introduction	<p>This section applies to all Individual and Family Business (IFB) members. Benefit details depend on the member’s brand: Dean (including Dean Health Plan (DHP), Medica (formerly WellFirst), and Prevea360) or Medica.</p>				
Dean (DHP, Medica formerly WellFirst, Prevea360)	<p>Coverage depends on the provider.</p> <ul style="list-style-type: none">• Medical provider: Quote office visit or outpatient hospital benefits.• Behavioral health provider: Mental Health provider, see Behavioral Health Services.				
Medica	<p>Coverage depends on the provider.</p> <ul style="list-style-type: none">• Medical provider: Quote office visit or outpatient hospital benefits.• Behavioral health provider: Mental Health provider, see Behavioral Health Services.				
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