Audience: All Call Centers Location: Benefits/A-Z List System: N/A Updated: 8.6.24

Reviewed: 8.6.24

Bioidentical Hormone Replacement Therapy

Also known as

- 1. Amor Vie™ Bio-Identical Pellet Hormone Replacement Therapy
- 2. BHRT
- 3. Bioidentical hormone replacement
- 4. Natural Hormone Therapy
- 5. Sottopelle Bio-identical Hormone Replacement Therapy

Description

Bioidentical hormone replacement therapy, often referred to as *natural hormone replacement therapy*, is used to treat hormone imbalances in men and women. Bio-identical hormones are compounded from plant sources and are purported to be exactly the same hormones present in the human body. Prescriptions for these products are often written by alternative medicine providers in individualized doses/regimens and are often prepared by and obtained from compounding pharmacies. The hormone can be oral, cream, ring, tablet, injection, pellet, or surgically implanted. It can be for men or women. Bio-Identical hormones are NOT approved by the FDA.

See also

Similar, related, or easily confused documents.

• <u>Hormone Replacement Therapy</u> - Hormone replacement therapy refers to an FDA-approved implant, injection, pellet, or medication that is taken to increase hormone levels in women and men.

Table of Contents

The following topics are included in this document:

- Commercial
- Government Programs
- Individual and Family Business (IFB)

Document history

	Date	Description
	8.6.24	Re-review
2	2.21.24	Updated to new template.

Commercial

Introduction

This section applies to all Commercial members. Benefit details depend on the member's brand: Dean (including Dean Health Plan (DHP) and Prevea360), Mayo Medical Plan (MMP), or Medica (including MHPS).

Dean (DHP, Prevea360)

Considered investigative, not covered.

Mayo Medical Plan (MMP)

Medica's Drug Management Policy, Bioidentical Hormone Replacement Therapy, applies.

Tip: For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u>.

- Considered investigative, not covered.
- Note: Care availability does NOT apply when a procedure is not covered.

Medica (including MHPS)

Medica's Drug Management Policy, Bioidentical Hormone Replacement Therapy, applies.

Tip: For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u>.

- Considered investigative, not covered.
- Note: Care availability does NOT apply when a procedure is not covered.

Document history

Date	Description
8.6.24	Re-review
2.21.24	Updated to new template.

Government Programs

Introduction

This section applies to all Medicaid and Medicare products.

AccessAbility (SNBC),

Medicaid only groups:

• See Medicaid below.

Minnesota Senior Care Plus (MSC+)

Medicare eligible groups:

- Considered investigative, not covered.
- Note: Care availability does NOT apply when a procedure is not covered.
- Follows Medicare guidelines.
- Medicare is the primary payer.
- If no Medicare eligibility, Medicaid applies. See Medicaid below.

AccessAbility Enhanced (I-SNBC),

Medica's Drug Management Policy, Bioidentical Hormone Replacement Therapy, applies.

Tip: For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u>.

DUAL (MSHO)

Considered investigative, not covered.

- Note: Care availability does NOT apply when a procedure is not covered.
- Medica is the only payer.

Cost (Prime)

Considered investigative, not covered.

- Note: Care availability does NOT apply when a procedure is not covered.
- Follows Medicare guidelines.

Med Advantage

Medica's Drug Management Policy, Bioidentical Hormone Replacement Therapy, applies.

Tip: For instructions on locating policies, see Coverage and Prior Authorization Guidelines.

- Considered investigative, not covered.
- Note: Care availability does NOT apply when a procedure is not covered.
- Follows Medicare guidelines.
- Medica is the only payer.

Med Supp (Select, Signature)

Considered investigative, not covered.

- Note: Care availability does NOT apply when a procedure is not covered Follows Medicare guidelines.
- Medicare supplement.
- Medicare is the primary payer.

Medicaid

Medica's Drug Management Policy, Bioidentical Hormone Replacement Therapy, applies.

Tip: For instructions on locating policies, see **Coverage and Prior Authorization Guidelines**.

- Considered investigative, not covered.
- Note: Care availability does NOT apply when a procedure is not covered.

Document history

Date	Description
8.6.24	RE-review
2.21.24	Updated to new template.

Individual and Family Business (IFB)

Introduction

This section applies to all Individual and Family Business (IFB) members. Benefit details depend on the member's brand: Dean (including Dean Health Plan (DHP), Medica (formerly WellFirst), and Prevea360) or Medica.

Dean (DHP, Medica formerly WellFirst, Prevea360)

Considered investigative, not covered.

Medica

Medica's Drug Management Policy, Bioidentical Hormone Replacement Therapy, applies.

Tip: For instructions on locating policies, see <u>Coverage and Prior Authorization Guidelines</u>.

- Considered investigative, not covered.
- Note: Care availability does NOT apply when a procedure is not covered.
- For investigative indications, not covered.

Document history

Date	Description
8.6.24	RE-review
2.21.24	Updated to new template.