

Carpal Tunnel Surgery

Description Outpatient surgery to relieve pain, numbness and tingling in the arms, wrists, and/ or hands caused by severe carpal tunnel syndrome. The carpal tunnel is a passageway in the wrist through which nerves and the flexor muscles of the hands pass.

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Document history The document history for the past 12 months is outlined below.

Date	Description
1.18.24	Updated to new template.

Commercial

Introduction	<p>This section applies to all Commercial brands: Dean Health Plan (DHP), Mayo Medical Plan (MMP), Medica (including MHPS), and Prevea360.</p>				
Benefits (all except MMP)	<p>Quote surgical benefits. Include physician, hospital, and anesthesia benefits.</p> <ul style="list-style-type: none">• Clinic POS: Also quote office visit benefits when done in the clinic.				
Mayo Medical Plan (MMP)	<p>Quote surgical benefits. Include physician, hospital, and anesthesia benefits.</p> <ul style="list-style-type: none">• Clinic POS: Also quote office visit benefits when done in the clinic.				
Document history	<p>The document history for the past 12 months is outlined below.</p> <table><tr><th>Date</th><th>Description</th></tr><tr><td>1.18.24</td><td>Updated to new template.</td></tr></table>	Date	Description	1.18.24	Updated to new template.
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Government Programs

Introduction	This section applies to all Medicaid and Medicare products.				
AccessAbility (SNBC), Minnesota Senior Care Plus (MSC+)	<p>Medicaid only groups:</p> <ul style="list-style-type: none">Refer to Medicaid below. <p>Medicare eligible groups:</p> <ul style="list-style-type: none">Quote outpatient surgical or inpatient hospital benefits.Follows Medicare guidelines.Medicare is the primary payer.If no Medicare eligibility, Medicaid applies. Refer to Medicaid below.				
AccessAbility Enhanced (I-SNBC), DUAL (MSHO)	<p>Quote outpatient surgical or inpatient hospital benefits.</p> <ul style="list-style-type: none">Medica is the only payer.				
Cost (Prime)	<p>Quote outpatient surgical or inpatient hospital benefits.</p> <ul style="list-style-type: none">Follows Medicare guidelines.				
Med Advantage	<p>Quote outpatient surgical or inpatient hospital benefits.</p> <ul style="list-style-type: none">Follows Medicare guidelines.Medica is the only payer.				
Med Supp (Select, Signature)	<p>Quote outpatient surgical or inpatient hospital benefits.</p> <ul style="list-style-type: none">Follows Medicare guidelines.Medicare supplement.Medicare is the primary payer.				
Medicaid	Quote surgical benefits. Quote physician, hospital, and anesthesia benefits.				
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Individual and Family Business (IFB)

Introduction	<p>This section applies to all Individual and Family Business (IFB) brands: Dean Health Plan (DHP), Medica, Medica (formerly WellFirst), and Prevea360.</p>				
Benefits	<p>Quote surgical benefits. Include physician, hospital, and anesthesia benefits.</p> <ul style="list-style-type: none">• Clinic POS: Also quote office visit benefits when done in the clinic.				
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