ICPSR 36179

Chinese Longitudinal Healthy Longevity Survey (CLHLS), 1998-2012

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2011-2012 Data Collection Instrument

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Interviews are based on voluntary participation

Questionnaire for Interviews to the Surviving Participants in Chinese Longitudinal Healthy Longevity Survey (2011)

(Approved by National Statistics Bureau, China, P. R. NSB Doc. No.: 2011(0008)

Notes:

- (1) The shaded questions about characteristics that do not change such as education, occupation before retirement, childhood conditions and information about the history of the life course will not be asked again in the follow-up interviews for those previously recruited participants.
- (2) As compared with CLHLS previous waves' questionnaires, several questions were newly added PhenX measures closely related to healthy aging. They will be asked for all interviewees including previously and newly recruited participants.

Guarantee for interviewee

All individual information collected in this survey will be treated as strictly confidential. The record of your name and address will be used only in future follow-up surveys to enable us to contact with you. The computerized data resulting from this survey will not include your name and address. So, nobody will be able to identify any interviewee from the computerized data files. All of the questionnaires will be stored in the locked files containers.

	estionn vince	aire NO.			
Cor	unty or	city			
Cat	tegory o	of sampled	elder:		
	(A) ce	ntenarians	(B) nona	genarians (C) octogenarians (D) age 65-79	
Intervi	ewee's	name:			
Curren					_
		detai	led village	or street address (including street, apartment #, etc.)	
		distri	ct or town	ship county or city province	
Post C	ode: 🗆			Tel No:(area code)	
Contac	t perso	on:			
Inte	rview	Record			
Da	te and	time of inte	erview	Reasons for not finishing questionnaire	
month	day	start time	end time	1 the interviewee 2 the interviewee 3 the interviewee 4 other refused to be interviewed has died has emigrated	
		ļ	L	<u> </u>	

Si	ignature	
In	terviewer:	1st check at provincial level;
2 ⁿ	d check at provincial level	; Final check at provincial level;
1 s	tcheck in Beijing	; 2 nd check in Beijing;
		of interviewee
I. Ca	tegory of the interviewee:	
1.	Elder who was interviewed in all previous w	raves (1998, 2000, 2002, 2005, and 2008);
2.	Elder who was interviewed in last four wave	es (2000, 2002, 2005, and 2008);
3.	Elder who was interviewed in last three way	ves (2002, 2005, and 2008);
4.	Elder who was interviewed in last two wave	s (2005 and 2008)
5.	Elder who was interviewed in 2008 only	
6.	Newly added elder to replace a deceased, mi	grated, refusal, or lost to follow-up interviewee;
_	Identification code of the previously i	
7.	Newly added centenarian or newly added ele	_
8.	Sibling aged 80+ of another interviewee age	
	If answer is not	6, please skip to III
	(s)he is a sibling of an interviewed elder (terviewed elder?	name), what is the identification code of that
Ple	ease specify what kind of sibling	
1 s	ibling 2 half sibling 3 adopted sibling 4	others
III. c	urrent residence area of interviewee	
1 0	eity 2 town 3 rural	
	alidated age (See H5)	

General Instructions to interviewer

- 1. All questions marked with a '*' must be answered, if possible. The answers must come from the interviewees themselves, i.e., these questions may not be answered by other people. If the interviewee is not able to answer a question, please circle 'not able to answer'. In addition, interviewers should encourage the elders to attempt to answer as many of the other questions (those without a '*') as possible.
- 2. If some of the questions without a '*' cannot be answered by the elders themselves, interviewers should ask their closest relative(s) or caregiver(s) to answer them. (The box in the third column is to be checked whenever the question is not answered by the interviewee.) If no one can answer the question, please explain why in the margin.
- 3. Detailed instructions (including illustrations of definitions, how to measure, examples, etc.) are presented in the interviewers instruction booklet (in easily understandable Chinese language).
- 4. Interviewees who newly join the survey should attempt to answer all questions, including those appearing on a shaded background. Those who were interviewed in the previous

survey should attempt to answer only the questions that do not appear on a shaded background.

A. B	ASIC INFORMATION			Code
A1	Sex	1 male 2 female	0	
A2	Ethnic group	1 Han 2 Hui 3 Zhuang 4 Yao 5 Korean 6 Manchu 7 Mongolia 8 Other	0	
A3	Current Age			
A3.1	Animal year of interviewee's birth	1 rat 2 ox 3 tiger 4 rabbit 5 dragon 6 snake 7 horse 8 sheep 9 monkey 10 rooster 11 dog 12 boar	0	
A3.2	Date of birth:		0	
	(a) Western calendar(b) Chinese calendar	year month year month	0	
A4.1	In which province were you born?	province	0	
A4.2	In which county (city) were you born?	1 same as current address 2 other city or county	0	
A4.3	Was the place of birth an urban area or a rural area (at time of birth)?	1 urban 2 rural	0	
A5.1	Co-residence	1 with household member(s) 2 aloneskip to A5.3.3 3 in a nursing homeskip to A5.4	0	
A5.2	How many people are living with you? (excluding yourself)	person(s)	0	

Current Environmental Tobacco Smoke Exposure (Phenx Code: 060700) Relationship A5.3 Other members of your name sex Cigarettes age educarelatio age Sex educat household smoked per -nship tion -ion interviewee (Use back of paper for additional day inside people, if necessary.) home If age is unknown, please fill in \bigcirc '888'. Relationship with interviewee: 0 spouse 1 child 2 spouse of child 3 grandchild \bigcirc 4 spouse of grandchild 5 great grandchild or spouse of great grandchild \bigcirc 6 sibling 7 parent or parent-in-law \bigcirc 8 other Sex: 1 male 2 female \bigcirc **Education level**: 1 Never attended school 2 Primary school 3 Middle school 4 High school 5 Associate college Number of cigarettes he/she usually smoke per day inside home: If unknown, please fill in "88". 1 purchased 2 self-built A5.3.0 Is your house/apartment ()purchased/self-built/inherited/ 3 inherited rented? 4 welfare-oriented public housing 5 rented or subleased 6 others 1 self or spouse 2 child(ren) A5.3.1 Under whose name was your \bigcirc 3 grandchild(ren) current house/apartment purchased/self-built/inherited? 4 relative(s) 5 other A5.3.2 Do you (and your spouse) 1 ves 2 no have your own bedroom? Characteristics of Current Residence (PhenX code: 060100) 1 Detached house A5.3.3 What type of dwelling is your 0 2 Duplex/Triplex home? 3 Row house 4 Low rise apartment (1-3 floors) 5 High rise apartment (>3 floors) 6 Mobile home / Trailer 7 other A5.3.4 What is the approximate year Year built \bigcirc your home was built? A5.3.5 During the past 12 months, has 2 no 1 yes ()there been water or dampness 8 don't know in your home from broken pipes, leaks, heavy rain, or floods?

A5.3.6 Does your home frequently have a mildew odor or musty smell?	l yes 2 no 8 don't know	0	
A5.3.7 Which fuels are normally used for cooking in your home?	0 Never cooking 1 Gas: from underground pipe serving the neighborhood 2 Gas: bottled, tank, or LP 3 Electricity 4 Fuel oil, kerosene, etc 5 Coal or coke 6 Charcoal 7 Solar energy 8 Firewood or straw 9 other 99 Don't know	es	
	living with family, skip to Part	<i>B</i> ;	
A5.4.0 What is the primary reason that you live in an institution (Elderly center, elderly home, welfare center, etc.)	living alone, skip to A5-4 1 no child or child is unavair for caregiving 2 don't want to bother child 3 no own house/apartment be want to separate with childred able to interact with other persons 5 others	dren but	
A5.4.1 What is the average monthly cost for you living in an institution?	(Yuan) (if m		
A5.4.2 Who mainly pays the cost?	1 self 2 spouse 3 children & their spouses 4 grandchildren & their spo 5 state/collectives 6 other	uses	
A5.4 If living alone or in nursing home since when?	Year month		
B. LIFE EVALUATION AND PER (to be answered by interviewee B1. Life Satisfaction and Self-Rated Ho	ONLY)		Code
* B1.1 How do you rate your life at present?	1 very good 2 good 3 so so 4 bad 5 very bad 8 not able to answer		
* B1.2 How do you rate your health at present?	1 very good 2 good 3 so so 4 bad 5 very bad 8 not able to answer		

	1 How do you rate your health at present compared with one year ago?	1 much better 2 slightly better 3 almost the same 4 slightly worse 5 much worse 8 not able to answer	
B2. Pers	onality	·	·
* B2.1	Do you always look on the bright side of things?	1 always 2 often 3 sometimes 4 seldom 5 never 8 not able to answer	
* B2.2	Do you like to keep your belongings neat and clean?	1 always 2 often 3 sometimes 4 seldom 5 never 8 not able to answer	
* B2.3	Do you often feel fearful or anxious?	1 always 2 often 3 sometimes 4 seldom 5 never 8 not able to answer	
* B2.4	Do you often feel lonely and isolated?	1 always 2 often 3 sometimes 4 seldom 5 never 8 not able to answer	
* B2.5	Can you make your own decisions concerning your personal affairs?	1 always 2 often 3 sometimes 4 seldom 5 never 8 not able to answer	
* B2.6	Do you feel the older you get, the more useless you are?	1 always 2 often 3 sometimes 4 seldom 5 never 8 not able to answer	
* B2.7	Are you as happy as when you were younger?	1 same 2 often 3 sometimes 4 seldom 5 never 8 not able to answer (If you feel happier than when you were young, please fill in '1')	
Depress	sion (PhenX code: 120500)	1	
* B2.8	Have you had a time in last 12 months when you felt sad, blue, or depressed for two weeks or more?	1 Yes 2 No 8 not able to answer	
* B2.9	Have you had a time in last 12 months lasting two weeks or more when you lost interest in most things like hobbies, work, or activities that usually give you pleasure?	1 Yes 2 No 8 not able to answer	
	· ·	o" to B2.8 and B2.9, skip to Part C ther of the B2.8 or B2.9, continue to	B2.10
* B2.10	How much of the day did these feelings usually last?	1 All day long 2 Most of the day 3 About half of the day 4 Less than half of the day 8 not able to answer	
		o not dote to diswer	

C. MINI MENTAL STATE EXAM	INATION (MMSE)	Code
C1 ORIENTATION (to be answered by ir	nterviewee ONLY)	
* C1.1 What time of day is it right now (morning, afternoon, evening)?	1 correct 0 wrong 8 not able to answer	
* C1.2 What is the month (Western or Chinese calendar) right now?	1 correct 0 wrong 8 not able to answer	
* C1.3 What is the date (Chinese calendar day and month) of the mid-autumn festival?	1 correct 0 wrong 8 not able to answer	
* C1.4 What is the season right now, spring, summer, fall, winter?	1 correct 0 wrong 8 not able to answer	
* C1.5 What is the name of this county or district?	1 correct 0 wrong 8 not able to answer	
* C1.6 Please name as many kinds of food as possible in 1 minute.	(kinds of food)	
C2 REGISTRATION (to be answered by	interviewee ONLY)	
* C2.1 I am now going to test your memory. I will mention three objects. (Mention the following three objects without pausing:) table, apple, clothes Please repeat these three objects. (Evaluation based on first attempt only.) If all three questions are answered correct,	1 correct 0 wrong 8 not able to answer	
please skip to C3.1 table apple clothes		
*C2.2 If answers are insufficient or incorrect on the first attempt, repeat the names of all objects until the interviewee is able to name all three of them (6 attempts at maximum). Write the number of attempts (e.g., '1', if all three objects are repeated correctly on first attempt). Write '7' if interviewee cannot repeat the names even after 6 attempts.	attempts	
C3 ATTENTION AND CALCULATION (to be answered by interviewee ONLY)	

* C3.1 I will ask you to spend 3 dollars from 20 dollars, then you must spend 3 dollars from the number you arrived at and continue to spend 3 dollars until you are asked to stop.		
(Circle '1' each time the difference is 3 – even if a former answer was wrong. If the interviewee forgets the last number, the interviewer should repeat it, but then circle '0' even if the answer was correct. Maximum score = 5 correct answers.)	1st 1 correct 0 wrong 8 not able to answer 2nd 1 correct 0 wrong 8 not able to answer 3rd 1 correct 0 wrong 8 not able to answer 4th 1 correct 0 wrong 8 not able to answer 5th 1 correct 0 wrong 8 not able to answer	
* C3.2 Ask the interviewee to draw the figure on B Card. (Circle '1' if all the sides and angles are correct and if the figure in the middle is a quadrangle. Otherwise, circle '0'.)	1 correct 0 wrong 8 can't use pen to draw the figure 9 not able to do this (disabled)	
C4 RECALL (to be answered by interview	vee ONLY)	
* C4.1 Please repeat the three words (in any order) that I asked you to repeat a little while ago. (Note the correct or the wrong answers as the scores.) table apple	1 correct 0 wrong 8 not able to do this	
clothes		
C5 LANGUAGE (to be answered by interv	viewee ONLY)	
* C5.1 Give the interviewee a pen and then a watch and ask what these objects are called (1 point for each correct answer).	1 correct 0 wrong 8 not able to answer	
pen watch		

* C5.2 I will now ask you to repeat the following sentence: 'What you plant, what you will get.' (Circle '1' only if repeated correctly on the first attempt.)	1 correct 0 wrong 8 not able to answer	
* C5.3 I will give you a piece of paper. You must take the paper using your right hand, fold it in the middle using both hands, and place the paper on the floor. (Read the text aloud and hand a piece of paper to the interviewee. Give the paper directly to the interviewee. Do not repeat the instructions and do not offer any help. Note every movement as correct if it is made in the correct order.) right hand folding	1 correct 0 wrong 8 not able to do	
on the floor		
(Questions	C5.4 and C5.5 are for Interviewer ONLY)	
C5.4 Was the interviewee able to answer the questions in sections B and C?	1 yes Skip to session D 2 no 3 partly	
C5.5 If 'no' or 'partly', what is the main reason?	 visually impaired, but can hear hearing impaired, but can see visually and hearing impaired paralyzed did not wish to participate could not understand because of cognitive impairment not able to participate at the moment because of some temporary illness such as a cold could not understand question other (please explain): 	
D. LIFE STYLE		Code

D1 Please tell us eat.	the staple food you	1 rice 2 corn (maize) 3 wheat (noodles, 4 half rice and hal 5 other:		0		
D2 How much of you normally	the above food do eat per day?	liang		0		
D3.1 Do you eat fr	esh fruit?	1 everyday or almo 2 quite often 3 occasionally 4 rarely or never	ost everyday	0		
D3.2 Do you eat fi	esh vegetables?	1 everyday or almo 2 quite often 3 occasionally 4 rarely or never	ost everyday	0		
D3.3 What kind of mainly use fo		1 vegetable grease2 gingili grease3 lard4 other animal's fat	t			
D3.4 what kind of f have?	lavor do you mainly	1 Insipidity 2 Sa 4 Hot 5 Cr 6 Do not have all t	ude			
	what other kinds of mally eat and how	around age 60	at present		around age 60	at present
	meat			0		
	fish			0		
1 almost everyday	eggs			0		
2 not every day, but at least once per	food made from beans (tofu, etc.)			0		
week	salt-preserved					
3 not every week, but at least once per	vegetables					
month	sugar			0		
4 not every month, but occasionally	tea			0		
5 rarely or never	garlic			0		
	Milk products			0		
	Nut (peanut, walnut, etc)			0		
	Mushroom or algae			0		

		Vitamins (A/C/E,)					0				
		products Medicinal plant					\cap				
D5 V	What kind of w	1	1 hoiled wat	or 2 u	ın hoilad	Lwatar			_		
D5 What kind of water do you usually drink?			1 boiled water 2 un-boiled water			0					
D6	Such water is	(was):	childhood	arounc	d age 60	at present	0	childhood	age 60	present	
	3 water from	a river or lake					0				
D7.1	Do you smoke	e at the present time?	1 yes 2 no	to D7.8	0						
D7.2	Did you smol	ke in the past?	1 yes 2 no)			0				
		If the answe	rs of D71 is	'No', j	please s	skip to D7	7.8				
D7.3	How old were began to smo	e you when you ke?	age	_			0				
D7.4		e you when you king if you don't sent?	age If still smoking now, please code 999;If don't remember when stopped, please code 888.								
D7.5	•	at the present, how er day on average do	times				0				
Toba	cco - Nicotine	e Dependence (Phen)	X code: 0310	01)							
D7.6		er you wake up do our first cigarette?	1 Within 5 1 2 6-30 minu 3 31-60 minu 4 After 60 r	utes nutes			0				
Perso	nal Perceptio	n and Knowledge of	Smoking-rela	ated C	ancer R	isk (Phen)	X co	de: 070700)		
D7.7	do not curren you think abo being diagnos	others your age who atly smoke, what do out your chances of sed with lung cancer ifetime? Are you:	Smoking-related Cancer Risk (Phen) 1 at much less risk 2 at less risk 3 at the same risk 4 at higher risk 5 at much higher risk 8 Don't know				0				
	- -	oosure (PhenX code: (070300)				Tn				
D7.8			1 yes 2 no 9 Don't know If yes, forhours per day? For how many years								
D7.9	other people' tobacco prod	osed to smoke from s cigarettes or ucts during your hiddle-ages at home?	1 yes 2 no If yes, for _ For he	h		day?	0				

D7.10 Were you exposed to smoke from other people's cigarettes or tobacco products in social settings such as restaurants or friends' homes?	1 yes 2 no 9 Don't know If yes, forhours per day? For how many years	0	
D8.1 Do you drink alcohol at the present time?	1 yes 2 no. If "no", skip to 8.7	0	
D8.2 Did you drink alcohol in the past?	1 yes 2 no	0	
If the ansv	vers of D8.1 is 'no', please skip to D9.1	- 1 1	
D8.3 How old were you when you began to drink alcohol?	age	0	
D8.4 How old were you when stopped drinking alcohol if you don't drink alcohol at present?	age	0	
D8.5 If you drink alcohol at the present time, what kind of alcohol do you drink?	1 very strong liquor (≥38%) 2 not very strong liquor (<38%) 3 wine 4 rice wine 5 beer 6 others	0	
D8.6 If you drink alcohol at the present time, how much alcohol per day on average do you drink?	liang	0	
Alcohol - Lifetime Abuse and Depender	nce (PhenX code#: 030501)		
D8.7 When you stop, cut down, or go without drinking, do you feel anxious for most of the day for 2 days or longer?	1 yes 2 no	0	
D9.1 Do you do exercises regularly at present?	1 yes 2 no	\bigcirc	
D9.2 Did you do exercises regularly in the past?	1 yes 2 no	0	
	l and D9.2 are both 'no', please sk	tip to	D10.1
D9.3 How old were you when you began to do exercises?	age	0	
D9.4 How old were you when you stopped doing exercises if you don't do exercises at present?	age If still doing exercise now, please code 999; If don't remember when stopped, Please code 888.	0	
D10.1 Have you done physical labor regularly?	1 yes 2 noskip to D11	0	
D10.2 If yes, from which age	from age	0	
D10.3 to which age?	to age	0	

D11 Do you now perform the following activities regularly? (please choose one from frequency on the right)	least least	once a	a weel a mon	c 3 n th 4 i	not every day, ot every week, not every mont	but at		
D11.1 Housework (cooking, taking care of kids)	1	2	3	4	5	C)	
D11.2 Personal outdoor activities	1	2	3	4	5	C	\supset	
D11.3 Garden work	1	2	3	4	5	C)	
D11.4 Read newspapers/books	1	2	3	4	5	C	\supset	
D11.5 Raise domestic animals	1	2	3	4	5	C	\supset	
D11.6 Play cards and/or mah-jong	1	2	3	4	5	C	\supset	
D11.7 Watch TV and/or listen to radio	1	2	3	4	5	C)	
D11.8 Social activities (organized)	1	2	3	4	5	C)	
D12 How many tours beyond home city/county have you made in the past	the t	 tour, p			ou have not i	made)	
two years?	1,10	71						
E. ACTIVITIES OF DAILY LIVINSTRUMENTAL ACTIVITIES For each area of functioning listed be	VINC S OF clow,	G (A F DA	DL)	AN Y LI'	ID VING (IA ription that a	applies.		Code
E. ACTIVITIES OF DAILY LIVINSTRUMENTAL ACTIVITIES	VINCES OF Elow, ion, d	G (A F DA check	DL) AILY k the ion, o	AN Y LI' descr or pers	ID VING (IA ription that a conal assistan	applies.		Code
E. ACTIVITIES OF DAILY LIVINSTRUMENTAL ACTIVITIES For each area of functioning listed be (The word 'assistance' means supervised). For at least the last 6 months have you been limited in activities people usually do, because of a health problem? (If limited specify whether	INCS OF Elow, ion, dien,	G (A check direction Yes, s Yes, l lot lin ecceive ut of neans ecceive or par r a legeceive	DL) k the strong imited and of bases asset of tigg) es assene pa	description descri	ID VING (IA ription that a conal assistan	and Conly back		Code

E2 Dressing – gets clothes from closets and drawers – including underwear, outer garments and fasteners (including suspenders, if worn)	 gets clothes and gets completely dressed without assistance skip to E3 gets clothes and gets dressed without assistance except for tying shoes receives assistance in getting clothes or in getting dressed, or stays partly or completely undressed 	0	
E2.0 If receiving assistance, for how long?	days	0	
E3 Toilet – going to the toilet; cleaning oneself afterwards	 goes to the toilet, cleans self, and arranges clothes without assistance (may use object for support such as cane, walker, or wheelchair) skip to E4 can partly manage on his/her won, and receives assistance in going to the toilet or in cleaning self or in arranging clothes afterwards or in use of night bedpan or commode bedridden and needs complete assistance in use of night bedpan or commode in bed. 	0	
E3.0 If receiving assistance, for how long?	days	0	
E4 Indoor Transfer	 gets in and out of bed as well as in and out of a chair without assistance (may use object for support such as cane or walker)skip to E5 gets in and out of bed or chair with assistance bedridden 	0	
E4.0 If receiving assistance, for how long?	days	0	
E5 Continence	 has complete control of urination and bowel movement without assistance <i>skip to E6</i> has occasional 'accidents' supervision helps keep urine or bowel control; catheter is used or elder is incontinent 	0	
E5.0 If has occasional 'accidents' or needs supervision, for how long?	days	0	

E6 Eating	 feeds self without assistance skip to E6.1 feeds self, with some help receives assistance in feeding or is fed partly or completely intravenously 	0	
E6.0 If receiving assistance, for how long?	days	0	
If the respon	dent chooses all 1 for E1 to E6, skip to	E6.	6
E6.1 Who is the primary caregiver when you need assistance in above bathing, dressing, toileting, indoor transferring, continence, and eating?	1 spouse 2 son 3 daughter-in-law 4 daughter 5 son-in-law 6 unmarried son and daughter 7 grandchild(ren) 8 relative(s) 9 friends and neighbors 10 social services 11 housekeeper 12 nobody (<i>skip to E6.6</i>)	0	
E6.2 What is your primary caregiver's attitude when she/he takes care of you?	1 willing to do 2 impatience 3 need respite care 4 unwilling to do 5 don't know	0	
E6.3 How much is the total direct cost last week paid for these caregiving?	Yuan (if more than 100,000, please code 99998)	0	
E6.4 Who mainly pay the above cost?	1 self 2 spouse 3 children & their spouses 4 grandchildren & their spouses 5 state/collective 6 others	0	
E6.5 Do you think the helps that you received in above six tasks could meet your needs?	1 fully meet 2 so so 3 unmeet		
E6.6 How many persons among your children, grandchildren and their spouses helped you in above six tasks last week?	persons (If nobody, fill 0 and skip to E7)	0	
E6.7 How many hours in total did your children, grandchildren and their spouses help you last week?	hours	0	
E7 Can you visit your neighbors by yourself?	1 yes, independently 2 yes, but need some help 3 no, can't	0	
E8 Can you go shopping by yourself?	1 yes, independently 2 yes, but need some help 3 no, can't	0	

E9 Can you cook a meal by yourself whenever necessary?	1 yes, independently 2 yes, but need some help 3 no, can't	O						
E10 Can you wash clothing by yourself whenever necessary?	1 yes, independently 2 yes, but need some help 3 no, can't	0						
E11 Can you walk continuously for 1 kilometer at a time by yourself?	1 yes, independently 2 yes, but need some help 3 no, can't	0						
E12 Can you lift a weight of 5kg, such as a heavy bag of groceries?	1 yes, independently 2 yes, but need some help 3 no, can't	О						
E13 Can you continuously crouch and stand up three times?	1 yes, independently 2 yes, but need some help 3 no, can't	С						
E14 Can you take public transportation by yourself?	1 yes, independently 2 yes, but need some help 3 no, can't	С						
F. PERSONAL BACKGROUNI	D		Code					
F1 How many years did you attend school?	(if never, please code 00)	0						
F2 What was your primary occupation before age 60?	0 professional or technical personnel/doctors/teachers 1 governmental, institutional or managerial personnel 2 staff/service worker/industrial worker 3 self-employer 4 agriculture, forestry, animal husbandry, fishery 5 housewife 6 military personnel 7 unemployed 8 other, please specify:	0						
F2.1 Do you have a pension for retirement?	1 retired (worker) 2 retired (cadre) 3 noskip to F3.1	0						
F2.1.1 Are you retired now?	1 retired (worker) 2 retired (cadre) 3 noskip to F3.1	0						
F2.2 In which year did you retire if you have already retired?	year	0						
F2. 2.2b What is your monthly pension?	Yuan	0						
F2.3 If you have retired, are you still engaged in paid jobs now?	1 yes 2 no	0						
If having a pension for retirement, please skip to F3.1								

F2.4 Do you participated in public old age insurance?	1 yes 2 noskip to F2.7	\bigcirc	
F2.5 What is the annual payment if participate in public old age insurance program?		0	
paid by individual:subsidy from collective or government:	Yuan		
	Yuan		
F2.5.b When did you initially participate in public old age insurance program?	Year	\circ	
F2.6 What is your monthly pension from old age insurance at present?	Month Yuan <i>skip to F3.1</i>	0	
F2.7 What's the reason that you did not participate in public old age insurance program?	1 not worth 2 not necessary 3 cannot afford to the payment 8 don't know	0	
F3.1 What is your primary means of financial support?	1 retirement wages 2 spouse 3 child(ren) 4 grandchild(ren) 5 relative(s) 6 local government or community 7 work 8 other, please specify:	0	
F3.2 What is your other means of financial support? (multiple choices but limit to 5 choices)	1 retirement wages 2 spouse 3 child(ren) 4 grandchild(ren) 5 relative(s) 6 local government or community 7 work 8 other, please specify: 9 no other means	0	
F3.3 Does all of your financial support sufficiently pay your daily costs?	1 yes 2 no	0	
F3.4.0 Will you please tell me your status of decision making on financial spending in your household?	 Make decisions on almost all spending in my household Make decisions on my own spending and a small amount of other spending in my household Make decisions only on my own spending Can't make decisions on any spending Don't know 	0	
F3.4 How do you rate your economic status compared with others in your local area?	1 very rich 2 rich 3 so so 4 poor 5 very poor 8 didn't answer	0	
F3.5 What was the income per capita of your household last year?	Yuan (if more than 100,000, please code 99998)	\circ	

F4.1 Current marital sta	tus:	2 marrie 3 divorc 4 widow		ving with	0					
F4.1a. Did you experience marital status change since interviewed last time for of in 2008 (or 2009)? Spouse passed-away	e you were CLHLS study	1. Yes; 1. Yes;								
Remarried		If yes, d 1. Yes;	ivorced in], [
F4.1b. Do you have cohal but not formally married			2. Nos	•						
F4.2 How many times ha married?	ave you been		, if ans	wer 0 sk	0					
F4.3 Please tell me your r	marriage history	your age at this marriage	this	age at marriage dissoluti on		age at this marriage		age at age at marriage dissolution		
('age at marriage dissolution' to be answered only by divorced	1 st marriage		1 married 2 divorced 3 widowed		1 good 2 so so 3 bad	0				
or widowed people) (If number of marriage is more than 4 times, please	2 nd marriage		1 married 2 divorced 3 widowed		1 good 2 so so 3 bad	0				
fill the last marriage in the cells of the 4 th marriage) (If the elder can't tell the exact age, the interviewer	3 rd marriage		1 married 2 divorced 3 widowed		0					
	4 th marriage		1 married 2 divorced 3 widowed		0					
F4.4 How many years di spouse attend scho		 If she/h please	tended sc	0						

F4.5 What was your last spouse's main occupation before age 60?	0 professional or technical personnel/doctors/teachers 1 governmental, institutional or managerial personnel 2 staff/service worker/industrial worker 3 self-employer 4 agriculture, forestry, animal husbandry, fishery 5 housewife 6 military personnel 7 unemployed 8 other, please specify:	0	
F4.6 Does your spouse have a paid job at present?	1 Yes, full time 2 Yes, part time 3 No	0	
F4.7 How do you rate your spouse's health at present?	1 very good 2 good 3 so so 4 bad 5 very bad		
F5 When you are sick, who usually takes care of you?	1 spouse 2 son 3 daughter-in-law 4 daughter 5 son-in-law 6 son and daughter 7 grandchildren and their spouses 8 other family members 9 friends 10 social services 11 live-in caregiver 12 nobody	0	
F6.1 Can you get adequate medical service when you are sick?	1 yes <i>(skip to F6.2)</i> 2 no	0	
F6.1.0 What's the primary reason that you didn't go to the hospital when it was necessary?	1 no money to pay for expenses 2 far away 3 inconvenient in movement 4 nobody with whom to go 5 didn't want to go 6 other	0	
F6.2 Could you get adequate medical service when you were sick at around age 60?	1 yes 2 no 8 didn't answer	0	
F6.3 Could you get adequate medical service when you were sick in childhood?	1 yes 2 no 8 didn't answer	0	

F6.4 Do you have following social security and commercialized insurances at present? If yes, fill in '1'; if no, fill in '0'.	1 retirement pension 2 public old-age insurance 3 commercialized old age insurance 4 public free medical services 5 medical insurance for urban workers 6 collective medical insurance for urban residents 7 the new rural cooperative medical insurance 8 commercial medical insurance 9 other (please specify)	0	
F6.5.1 How much did you spend on outpatient costs last year?	Yuan (if more than 100,000, please code 99998) Of which paid by family (self, spouse, children, etc.) Yuan	0	
F6.5.1.a How much did you spend on inpatient costs last year?	Yuan (if more than 100,000, please code 99998) Of which paid by family (self, spouse, children, etc.) Yuan	0	
F6.5.2 Who mainly pays these costs?	1 medical insurance for urban workers 2 collective medical insurance for urban residents 3 the new rural cooperative medical insurance 4 commercial medical insurance 5 self 6 spouse 7 children/grandchildren 8 no money to pay 9 others	0	
F6.5.2.a How far from your home to the nearest hospital? F6.5.2.b Do you have regular phycial examination once every year?	kilometres 1 yes 2 no		
F6.6 Did you frequently go to bed hungry as a child?	1 yes 2 no 8 didn't answer	0	
F7.1 Is your mother alive?	1 yes 2 no(skip to F7.2.2) (If the elder can't tell the exact age, the interviewer should help her/him recall an approximate one)	0	
F7.2.1 If so, how old is she?	age (skip to F8.1)	0	
F7.2.2 If not, how old was she when she died?	age (interviewers should help respondent to recall the age, see the survey manual)	0	

F7.3 If she is dead, how old were you when she died?	age (If the elder can't tell the exact age, the interviewer should help her/him recall an approximate one)	0	
F7.4 How many years did your mother attend school?	years (If she never attended school, fill '00'.)	0	
F8.1 Is your father alive?	1 yes 2 no(skip to F8.2.2)	0	
F8.2.1 If so, how old is he?	age (skip to F8.4) (If the elder can't tell the exact age, the interviewer should help her/him recall an approximate one)	0	
F8.2.2 If not, how old was he when he died?	age	0	
F8.3 If he is dead, how old were you when he died?	age (If the elder can't tell the exact age, the interviewer should help her/him recall an approximate one)	0	
F8.4 The main occupation of your father before age 60	0 professional or technical personnel/doctors/teachers 1 governmental, institutional or managerial personnel 2 staff/service worker/industrial worker 3 self-employer 4 agriculture, forestry, animal husbandry, fishery 5 housewife 6 military personnel 7 unemployed 8 other, please specify:	0	
F8.5 What was your father's occupation when you were a child?	0 professional or technical personnel/doctors/teachers 1 governmental, institutional or managerial personnel 2 staff/service worker/industrial worker 3 self-employer 4 agriculture, forestry, animal husbandry, fishery 5 housewife 6 military personnel 7 unemployed 8 other, please specify:	0	

F8.6 How many years of schooling did your father receive?	(If h	(If he never attended school, fill '00'.)											
F9.1 What is your birth order among all of your biological siblings?	(If y	(If you have no sibling, fill '01' and skip to F10.)											
F9.2 Please tell me about your biological brothers and sisters who live elsewhere or have died, by birth order.	birth order	sex	alive or not	age	frequent visits?	residence		birth order	sex	alive or not	age	visits?	residence
sex: 1 male 2 female living or not: 1 yes 2 no	2						00						
age: If alive, fill in the age at present. If dead, fill in the age at death. frequent visits? 1 yes 2 no residence: 1 in the same village/neighborhood 2 in the same township/district 3 in the same county/city 4 in a county/city nearby 5 elsewhere 8 unknown (If alive, fill in the place where she/he lives at present. If dead, fill in the place where she/he lived before her/his death.) (If the elder can't remember the exact age of a sibling, the interviewer should help her/him recall an approximate one)	3 4 5 6 7 8 9 10						0000000000						
name					aged 86								
F10 How many children, including thos who have died, do you have?	se	Amo	_	; :hem,			0], 🔲	
F10.1 Your age when gave the first birth	h O												
F10.2 Your age when gave the last birth							0						
F10.3 Please tell me about all your children who live with you, live elsewhere or have died, by birth order. Biological child: 1 yes 2 no	name	biological?	Sex	age at present	frequent	residence	С	biological?	sex	alive?	age at present	frequent visits?	residence

sex: 1 male 2 female						0							
alive or not:			ļ			0							
1 alive 2 dead 3 unknown			ļ			0							
age at present: If alive, fill in the age at present. If						0							
dead, how old would she/he be today?						\bigcirc							
frequent visits? 1 yes 2 no						\bigcirc							
residence:		0											
0 co-residence with the interviewee 1 in the same village/neighborhood			†			0							
2 in the same township/district 3 in the same county/city						0							
4 in the county/city nearby 5 elsewhere						0							
8 unknown (If alive, fill in the place where she/he lives		 	†			0							
at present. If dead, fill in the place where													
she/he lived before her/his death.) (If the elder can't remember the exact age of						\bigcirc							
children, the interviewer should help her/him recall an approximate one)													
						0							
F10.4 If your eldest child has died, how	(skip te	o F10.5	5 if no	t				<u>.</u>		- -		<u></u>
old would s/he be at present if s/he were still alive?	applicabl	e)]	
F10.5 If your youngest child has died, how	\		o F11.1	l if no	t	\cap							
old would s/he be at present if s/he were still alive?	applicabl	e)									<u>L</u>	<u> </u>	
F11.1 To whom do you usually talk most	0 spouse			_			Firs	±	Seco	nd '	Thire	4	
frequently in daily life?	3 daughte 5 grandch											u]	
(Choose three)	6 other re			en sp	ouses								
	7 friends/neighbors					\cup							
	8 social w 9 houseke		S										
	10 nobod	-											
F11.2 To whom do you talk first when you	0 spouse						E.		α.	1	TI.		
need to tell something of your thoughts?	3 daughter-in-law 4 son-in-law 5 grandchildren and their spouses 6 other relatives 7 friends/neighbors						Firs	t	Secoi	na 	Thir	a T	
						0		_		= '		-	
	8 social w	orker											
	9 houseke 10 nobod	•											
	u	J				L	U						

F11.3 Who do you ask first for help when you have problems/difficulties?	3 daug 5 grand 6 other 7 friend 8 socia	thter-in-la dehildren r relatives ds/neight al worker ekeeper	oors	0	First Se	econd Th	ird	
F12 How much money (including cash and value of materials) did you get last year from your children and their spouses both living and not living with you? (if more than 100,000, please		daught ers and their spouses	grandchildren	\bigcirc	sons and their spouses	daughters and their spouses	grand children	
code 99998)	Yuan	 _ Yuan	Yuan)				
F13 How much money (including cash and value of materials) did you give last year to your children and their spouses both living and not living with you? (if more than 100,000, please	and their	daught ers and their spouses	grandchildren	0	sons and their spouses	daughters and their spouses	grand children	
code 99998)	<u> </u>	 Yuan	Yuan					
F14. What kind of social services are available in your community? (1 Yes 2 No)	2 hom 3 psyc 4 daily 5 soci 6 hum servic 7 heal 8 neig	ne visits chologica y shoppir al and rec nan rights tes th educat ghboring ters(please	creation activities consulting tion relations	0				
F15. What kind of social services do you expect to be provided by your community? (1 Yes 2 No)	1 pers 2 hom 3 psyc 4 daily 5 soci 6 hum servic 7 heal 8 neig	sonal dail ne visits chologica y shoppir al and re- nan rights res lth educat ghboring re- grs(please	creation activities consulting and tion relations	0				
F16. Which living arrangement do you prefer?	1 living no may 2 1 living but it 3 cores 4 instituted and 1 living 1 livin	ng alone (atter how ving alone is better to esidence v	(or with spouse), far children live e (or with spouse), that live nearby with children elderly center, etc.)	0				

	SJECTIVE EXAMINATION A CATION:	ND ILLNESSES		Code
G0.1	How about the quality of your sleep?	1 very good 2 good 3 so so 4 bad 5 very bad	0	
G0.2	How many hours do you sleep normally?	hours	0	
G1	Can the interviewee see a break in the circle on the cardboard sheet when lit by a flashlight and distinguish where the break is located?	1 can see and distinguish 2 can see only 3 cannot see 4 blind		
G2.1	How many natural teeth does the interviewee have? (excluding false teeth)		0	
G2.2	Does the interviewee have false teeth?	1 yes 2 no	0	
Oral H	ygiene of Personal Care (PhenX co	ode: 080900)		
G2.3	How often do you brush your teeth?	-1 Not applicable (No teeth) 0 Do not 1 Once per day 2 Twice per day 3. Once or trice per day 4 More than trice per day 5 Sporadically 6 Unknown	0	
Tootha	ache and Orofacial Pain (PhenX co	ode: 081500)		
G2.4	During the past 6 months, did you have a toothache more than once, when biting or chewing?	1 Yes 2 No— <i>If "No", Skip to G2.5</i>	0	
G2.4.	1 On a scale of 1–10, where 1 is mild and 10 is severe, how would you rate this pain at its worst?		0	
G2.5	During the past 6 months, did you have pain in the jaw joint or in front of the ear or across your face or cheek more than once?	1 Yes 2 No <i>Skip to G3</i>	0	
G2.5.	1 On a scale of 1–10, where 1 is mild and 10 is severe, how would you rate this pain at its worst?		0	
G3	Can the interviewee use chopsticks to eat?	1 yes 2 no		
Hand [Dominance (PhenX code: 020600)			
G4	Which hand do you normally use to eat?	1 right-hand 2 left-hand	0	

G4a Which hand do you normally use to write?	1 right-hand 2 left-hand 3 Never write	0	
G4b Which hand do you normally use to clean your teeth?	1 right-hand 2 left-hand 3 Never clean teeth	0	
G5. Blood pressure G5.1 Systolic G5.2 Diastolic	mm mercurymm mercury		
G6 Rhythm of heart	1 regular 2 irregular		
G7 Heart rate	beats/min		
G8 Upper extremities - can interviewee put G8.1 Hand behind neck	1 right 2 left 3 both 4 neither		
G8.2 Hand behind lower back	1 right 2 left 3 both 4 neither		
G8.3 Raise arms upright	1 right 2 left 3 both 4 neither		
G9 Can the interviewee stand up from sitting in a chair?	1 yes, without using hands 2 yes, using hands 3 no		
G10.1 Weight	kg		
Standing height (PhenX code 020703) or	self-reported height (PhenX code 02	0704)	
G10.2a Standing Height, measured directly; if this is done, i.e., the height can be measured directly, skip to G10.2c	cm; 9 cannot measure		
G10.2b Self-reported height	cm	<u> </u>	
Waist Circumference (Phenx code: 02160	00)	T	, <u></u>
G10.2c Waist Circumference	cm		

Follow the procedures below to obtain this measure

The waist circumference measurement should be taken on bare skin.

- 1) Mark the measurement site: Stand on the participant's right side. Palpate the hip area to locate the right ilium of the pelvis. You may ask the participant to locate his/her ilium before palpation. With the cosmetic pencil, draw a horizontal line just above the uppermost lateral border of the right ilium. Cross this mark at the midaxillary line, which extends from the armpit down the side of the torso. Exhibit 1 shows the anatomical location of the abdominal waist at the ilium. Repeat the same process on the participant's left side.
- 2)Take the measurement: Make sure the participant does not inhale while his/her waist circumference is being measured and that the tape is not twisted. Wrap the tape measure around the individual's waist as you would a belt, making sure that the zero end of the measure is at the beginning of the circumference. Use a retractable, tension-controlled steel measuring tape. When measuring the waist, be sure to position the tape in a horizontal plane at the level of the measurement mark. A wall mirror is useful to view the tape to ensure the horizontal alignment of the tape. Another person positioned on the opposite side of the participant should check that the tape sits parallel to the floor and lies snug but does not compress the skin. If a mirror or other person is not available, check the horizontal alignment of the tape before taking the measurement. Always position the zero end of the tape below the section containing the measurement value. Exhibit 1 demonstrates the correct placement of the tape at the ilium. Take the measurement to the nearest 0.1 cm at the end of the participant's normal expiration.
- 3) Remove the tape measure and record the result.
- 4) Repeat the measurement.

Note: Tools are available that include a retractable tape with an anchoring pin that fits into the handle. These tools also assist the participant to lightly cinch the tape. If the investigator uses these tools, the protocol should be altered slightly to comply with directions of the manufacturer. See protocol B for use of this tool when measuring a different waist circumference. Detailed videos illustrating this procedure can be found on the NHANES website at: http://www.cdc.gov/nchs/products/elec_prods/subject/video.htm

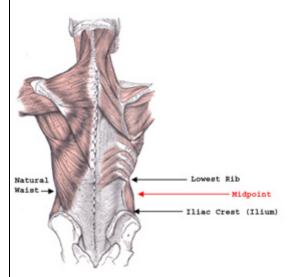


Exhibit 1:Location of Measurement Landmarks between the Lowest Rib and Iliac Crest (Ilium).

G10.2 Height, measured directly	cm	
If the height of the participant cannot be		
measured directly G10.2.1 Length from Acromion –	cm	
processus to styloideus ulnae G10.2.2 height from Right knee to the	cm	
floor		

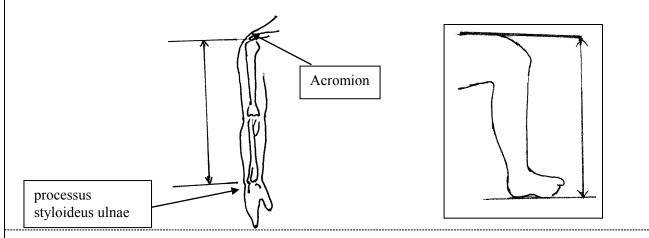
How to indirectly measure height of the elderly (G10.2.1 and C10.2.2):

Please see the following figure for illustration on positions of Acrimion and processus styloideus ulnae.

The method for measuring distance from right knee to the floor is as follows:

Ask elder to take off right shoe;

- (1) Ask elder to put the sole of his or her right foot onto the ground and to make his or her right calf and right thigh into a 90 degree angle.
- (2) Put a plastic board or a thick paper on his or her right thigh levelly, and measure its height from ground with a ruler.



Hearing loss (PhenX code: 201500) G10.6 Do you have any difficulty with your hearing? 2 no—skip to G11 G10.6.1 In which ear(s) do you have a 1 left 2 right 3 both hearing difficulty? G10.6.2 At what age did you first notice 1 I have had a hearing difficulty a hearing difficulty? since I was born 2 My hearing difficulty developed during my childhood years (before the age of 15) 3 My hearing difficulty developed between the ages of 15 and 40 4 My hearing difficulty developed after the age of 40 G10.6.3 How quickly did your hearing 1 Suddenly (over a few days) difficulty develop? 2 Over a few months 3 Over several years G11 Was the interviewee able to pick 1 yes, standing up a book from the floor? 2 yes, sitting 3 no G12 Was the interviewee able to turn around 360° without help? steps (if no, fill in '88') If yes, please count the number of steps required to finish the turn.

G13.0 Have you felt not well in two weeks?	the past	1 y	yes 2 no						
suffered from a serious ill that required hospitalization	suffered from a serious illness that required hospitalization or caused you to be bedridden at			ses, fill in '00' and 5; if permanently , fill in '88')	,)			
G14.1 Name of disease suffered bedridden days at the first occurrence (Ref. Code in		dise	ase	days		[,		
G14.2 Name of disease suffered bedridden days at the seconoccurrence (Ref. Code in the seconoccurrence)	ond	dise	ase	days			<u></u> ПП,		
G14.3 Name of disease suffered bedridden days at the third occurrence. If more than to occurrences, please ask for occurrence. (Ref. Code in G15)	d hree	dise	ase	days			□□□,		
(11011 0000 111 010)									
G15 Are you suffering from any of the following	yes or no)	Diagnosed by hospital?	disability in daily life	ease or		ed by or not?	,	
	2 no 3 don't ki	now	1 yes 2 no	1 rather serious 2 more or less 3 no	With disease or	not:/	Diagnosed by hospital or not?	Disability	
01 Hypertension	2 no	now	1 yes 2 no	2 more or less	With dise	uot?	Diagnose Diagnose	Disability	
01 Hypertension 02 Diabetes	2 no	now	1 yes 2 no	2 more or less	With dise		Diagnose Diagnose	Disability	
	2 no	now	1 yes 2 no	2 more or less	With dise		Diagnose Diagnose	Disability Disability	
02 Diabetes	2 no	now	1 yes 2 no	2 more or less	With dise		Diagnos«	Disability Disability	
02 Diabetes 03 Heart disease	2 no	now	1 yes 2 no	2 more or less	With dise		Diagnos Diagno	Disability	
02 Diabetes 03 Heart disease 04 Stroke, cerebrovascular disease 05 Bronchitis, emphysema,	2 no	now	1 yes 2 no	2 more or less	With dise		Diagnos«	Disability	
02 Diabetes 03 Heart disease 04 Stroke, cerebrovascular disease 05 Bronchitis, emphysema, asthma, pneumonia	2 no		1 yes 2 no	2 more or less	With dise	D D D	Diagnos«	Disability	
02 Diabetes 03 Heart disease 04 Stroke, cerebrovascular disease 05 Bronchitis, emphysema, asthma, pneumonia 06 Pulmonary tuberculosis	2 no	now	1 yes 2 no	2 more or less	With dise		Diagnos Diagnos	Disability	
02 Diabetes 03 Heart disease 04 Stroke, cerebrovascular disease 05 Bronchitis, emphysema, asthma, pneumonia 06 Pulmonary tuberculosis 07 Cataracts	2 no	now	1 yes 2 no	2 more or less	With dise		Diagnos Diagnos	□ □ □ □ Disability	
02 Diabetes 03 Heart disease 04 Stroke, cerebrovascular disease 05 Bronchitis, emphysema, asthma, pneumonia 06 Pulmonary tuberculosis 07 Cataracts 08 Glaucoma	2 no		1 yes 2 no	2 more or less	With dise		Diagnoss	□ □ □ □ □ □ □ Disability	
02 Diabetes 03 Heart disease 04 Stroke, cerebrovascular disease 05 Bronchitis, emphysema, asthma, pneumonia 06 Pulmonary tuberculosis 07 Cataracts 08 Glaucoma 09 Cancer	2 no		1 yes 2 no	2 more or less	With dise		Diagnoss	Disability	
02 Diabetes 03 Heart disease 04 Stroke, cerebrovascular disease 05 Bronchitis, emphysema, asthma, pneumonia 06 Pulmonary tuberculosis 07 Cataracts 08 Glaucoma 09 Cancer 10 Prostate tumor	2 no	now	1 yes 2 no	2 more or less	With dise		Diagnoss	Disability	
02 Diabetes 03 Heart disease 04 Stroke, cerebrovascular disease 05 Bronchitis, emphysema, asthma, pneumonia 06 Pulmonary tuberculosis 07 Cataracts 08 Glaucoma 09 Cancer 10 Prostate tumor 11 Gastric or duodenal ulcer	2 no		1 yes 2 no	2 more or less	With dise		Diagnoss	□ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	
02 Diabetes 03 Heart disease 04 Stroke, cerebrovascular disease 05 Bronchitis, emphysema, asthma, pneumonia 06 Pulmonary tuberculosis 07 Cataracts 08 Glaucoma 09 Cancer 10 Prostate tumor 11 Gastric or duodenal ulcer 12 Parkinson's disease	2 no	now	1 yes 2 no	2 more or less	With dise		Diagnoss	Disability	

16 Epilepsy			
17 Cholecystitis, cholelith disease			
18 Blood disease			
19 Rheumatism or rheumatoid disease			
20 Chronic nephritis			
21 Galactophore disease			
22 Uterine tumor			
23 Hyperplasia of prostate			
24 Hepatitis			
25 Others, please specify:			
I		 .ii	
H. QUESTIONS I	OR INTERVIEWER		Code
H1 Was the interviewee able to hear what you said?	1 yes, without hearing aid2 yes, but needs hearing aid3 partly, despite hearing aid4 no		
H2.1 Was the interviewee able to participate in the physical check during the interview?	1 yes <i>skip to H3</i> 2 no 3 partially able to		
H2.2 If no or partially able, please give reason:	 visually impaired, but can hear hearing impaired, but can see visually and hearing impaired paralyzed did not wish to participate could not understand because of cognitive impairment not able to participate at the moment because of some temporary illness such as a cold other (please explain): 		

H3 The interviewee was	 surprisingly healthy (almost no obvious ailments) relatively healthy (only minor ailments) moderately ill (moderate degrees of major ailments or illnesses) very ill (major ailments or diseases, bedridden, etc.) 	
H4 Date of birth printed on the individual ID Card (Note: Those oldest old who were not issued individual ID Card according to local regulations, please fill date of birth printed on the household booklet.)	yearmonthday	
H4.1 Was the date of birth printed on the Individual ID Card (or household booklet) the same as the self-reported age?	1 no 2 yes <i>skip to H5</i> 3 no self-reporting <i>skip to H5</i> 4 other (specify)	
H4.2 If not, which one do you consider correct?	1 self-reported age 2 Individual ID Card or household booklet 3 not sure	
H4.3 ID number printed on the individual ID Card (if ID card is not available for some oldest-old, please fill in "0")		
H5 Please write the evidence for confirming the interviewee's age-reporting: (Regardless of whether or not there is self-reporting, you should confirm the age of the interviewee. If there is not enough space to write down your confirmation, please use the last page of this questionnaire).	Age Evidence:	
H6 Have you checked whether you have failed to ask a question?	1 yes 2 no	
H7 Did anyone help the interviewee to answer any question?	1 yes 2 no (<i>skip H7.1</i>)	

H7.1 If yes, please check whether you have marked 'x' in the of the third column for those questions answered by people other than the interviewee. Please indicate mainly who helped to answer those questions.	1 spouse 2 child or spouse of child 3 grandchild or spouse of grandchild 4 great grandchild or spouse of great grandchild 5 sibling 6 parent or parent-in-law 7 caregiver or institutional staff 8 other, please specify	
S	SPECIAL OBSERVATIONS	

I. SPECIAL QUESTION	IS (only appli	cable to those age	ed 105 or above)	Code
Note to all persons who help to a	nswer the que	estions listed below	v:	
According to Article 14 of survey will be treated as strictly of you have helped to provide us inguished written down anywhere. The except qualified researchers will information collected here and to	onfidential. We formation by a information continuation of have access the personal have access	Ve will not tell anyon answering the follow collected here is put to this information onor of the elder o	one, including the elder owing questions, and yourely for scientific rese on. There will be NO con or any benefits she/he ro	him/herself, that our name will not earch and nobody nnection between eceives.
The elder's name:	Sex:	Code:	Self-reported	age:
S1 Information obtained from the elder's neighbors: What is your opinion about this? (Present these possibilities and ask the respondent to choose one. The respondent should freely choose one based on the facts he or she knows.)	 2 I have dou 3 Perhaps the know. 4 I suppose the sure. 5 I am absolowhatever 	he elder's age is corre	age. et, perhaps not – I do not ect, but I do not know for	
S2 Information obtained from the village leader or the neighborhood committee leader: What is your opinion about this? (Present these possibilities and ask the respondent to choose one. The respondent should freely choose one based on the facts he or she knows.)	 2 I have dou 3 Perhaps the know. 4 I suppose the sure. 5 I am absolowhatever 	he elder's age is corre	age. et, perhaps not – I do not eet, but I do not know for	
S3 Information obtained from the Aging Association officer: What is your opinion about this? (Present these possibilities and ask the respondent to choose one. The respondent should freely choose one based on the facts he or she knows.)	 2 I have dou 3 Perhaps the know. 4 I suppose the sure. 5 I am absolow Whatever 	he elder's age is corre	age. et, perhaps not – I do not ect, but I do not know for	
S4 If there are genealogical records for the elder, please locate them and answer the following questions: S4 I Birth date of the elder:	vear · mont	h : day :		

year___; month___; day___;

S4.2 Date of first marriage of the

elder:

B Card Discording Counting to the property of the continue
Please draw figure above here:

Interviews are based on voluntary participation



Questionnaire Addressed to a Close Family Member of the Deceased

Interviewees in Determinants of Healthy Longevity in China (2011)

No			
Note: This questionnaire is addressed to a family the deceased elder.	y member (or a close frie	nd if the family m	ember is not available) of
the deceased elder.			
		Province co	
Verify whether deceased elder was previously		County (district) c or 2009) in "Chin	
Longevity Survey". Did the deceased elder participated in the "Chines"	se Longitudinal Health Lo	ongevity Survey" (uestionnaire interview in
2008 (or 2009)?	e Longitudinai Heatai Le	ingevity burvey	1. Yes 2. No
Interviewer should please note the following: If the 2008-2009 survey, you may help them to remark remind them to rememorize the content of the status, daily life style, self-assessed health statistical as picking up a book from the floor and state after prompting, the deceased elder's family 2008-2009 survey, then you write "cannot confine the state of	nember what the 2008-2 ne 2008-2009 survey int us, and chronic disease anding up from sitting in members still believes rm", and continue the int	2009 survey was. terviews includin status, and a few a chair without not that the elder di	For example, you may g questions about basic examples of basic tasks eeding assistance, etc. If
Place of residence of the deceased elder at death	1. city 2.	town 3. rural	
Name of deceased elder			
Name of proxy reporter Signature	of proxy reporter		
Relationship between deceased elder and pro-	оху		
0. Parent 1. Spouse 2. Child 3. Spouse of child	d 4. Grandchild or grand	dchild's spouse 5.	Relative 6. Neighbor 7.
Community worker 8. Other			
Address of the deceased elder before death:			
detailed village or street address (including str	eet, apartment #, etc.)	district or town	n/township
county or city province			
Post Code Tel No (area code)			
Date at death of the deceased elder:			
Reported by family members	day	month	year
Validated date at death	day	month	year
If the interview could not be conducted, the $$	reason is:		
1. refusal 2. other (please specify)			
Signature:			
Interviewer	; 1st check at provinci	al level	;
2 nd check at provincial level	_; Final check at provi	ncial level	·,
1 st check in Beijing			

Informed Consent Form

Dear	Mr	or Ms.	
Dear	IVII.	OI IVIS.	

We invite you to participate in the "Chinese Longitudinal Health Longevity Survey" questionnaire interview. This is an integrated study of the factors that influence healthy longevity and their interaction mechanisms. This survey is a joint project of Peking University, the China CDC, and associated scholars. The goal of this research program is to better understand the social, behavioral, environmental, and biological factors that influence healthy longevity, in order to provide information for scientific research and health policy making. If you agree to participate in this study, an interviewer will ask you questions about family structure, capacity in daily life activities, the caregiving situation, life style, illnesses, and health status for the deceased elder who is your family member. The interview should last about half an hour.

The goal of this program is scientific research. It should also be mentioned that any datasets resulted from this project and to be distributed to the needed researchers absolutely will not include names, addresses, telephone numbers, or any other personal information of the deceased elder and you which can be used to identify individuals. In other words, the deceased elder's and your private information will be strictly protected.

We completely respect your wish to participate or not. If you agree, please sign your name at the bottom of this Informed Consent Form. If you have any questions or doubts, you can ask the interviewer or write (or call) us directly (the phone number and postal address are below). We sincerely appreciate your assistance!

Thank you!

Chinese Center for Disease Control and Prevention (China CDC)
/ / 2012

Contact person: Shi Xiaoming, Associate Professor, China CDC, Office of Chronic Diseases Control and Community Health

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Telephone: 010-58900215 Fax: 010-58900247

"I received a copy of the Informed Consent Form and I agree to participate in this study. I understand that even if I now agree to participate in this study, I still have the right to change my mind at any time."

(signature)	
	/ / 2012

(Remember: In general, in the case of inability to answer, can not answer, does not know, refuses to answer, it should be noted and the appropriate code be filled in 8, or 88 and so on. Does not apply should be first noted in words and then the appropriate code of 9, or 99 and so on, be used. If it's the case that a question is to be skipped, for the item that was skipped draw a horizontal line in the code box. If the answer chosen is "other," then use words to explain the situation. In special circumstances, follow the instructions of the question.)

1. Sex	1. male 2	. fema	le								
2. Marital status before dying	2. married 3. divorce 4. widow	1. married and living with spouse 2. married but separated from spouse 3. divorced 4. widowed 5. never married						С			
2.1 Prior to death did the elder have a cohabiting partner with whom he/she lived but were not officially married?	1 yes 2 If yes, sin together		_ mo	nth _	year	began to liv	ve			□, [
2.2a. Prior to death was the elder retired?	1 retired 2 retired 3 no (sk	(cadre	e) ⁽								
2.2b. If elder was retired, what year did he/she retire? How much was his/her monthly pension?		year yuan									
2.3. Prior to death did elder participate in the old-age insurance program?	1 yes 2	no (sl	cip to	2.5)							
2.4a. If he/she participated in old-age insurance program prior to death, each year how much was the personal contribution, collective and state subsidy?	Personal of State, coll										
2.4b. Every month receive how much pension		yuan (
2.5. Reason for not participating:	1 not wor 3 could 1					<i>I</i>				_	
2-6. Other household members living in the deceased persons' household in the last year of his/her life. <i>If age is unknown, please fill in 888.</i>	Relationship with interviewee	name	sex	age	educati on	Cigarettes smoked per day inside home	relation		ge	Sex	educat -ion
Relationship with interviewee:											
0 spouse 1 child											
2 spouse of child 3 grandchild											
4 spouse of grandchild 5 great grandchild or spouse of great											
grandchild 6 sibling											
7 parent or parent-in-law 8 other											
Sex: 1 male 2 female											

1 Never attended school 2. Primary school but not graduated 3 Primary school 4 Middle school 5 High school 6 Associate college Number of cigarettes other household member usually smokes per day inside home 0 Don't smoke 88 don't know		
3.1 Main living arrangement in year prior to death? (choose none answer only)	 Nursing home Never-married and alone Widowed and alone With old spouse only with married child (including grandchildren) with married grandchild (not including child) with unmarried child/grandchild Other relative Other (please note) 	
3.2 Number of people in household	(Including self) people	
4. Number of generations in household (refers to family that lives and eats together)	 one generation Two generations three generations Four or more generations 	
5. Place of death	 home 2. hospital 3. institution other (please specify) 	
7. Primary caregiver before dying (select one only)	1. spouse 2. child(ren) and his/her/their spouse(s) 3. grandchild(ren) and his/her/their spouse(s) 4. other family member(s) 5. friend(s) 6. social worker 7. housekeeper 8. nobody to take care 9. no need to take care	
7-1. Days of caregiving provided by the primary caregiver in the last month of life	days	
8. Whether bedridden before dying	1. no 2. yes. If yes,days	
9-1. Since the last interview, how many times did the deceased elder suffer from serious illness that required hospitalization or caused him/her to be bedridden at home?	(If no occurrences, fill 00. If bedridden the entire time, fill 88.)time(s)	

9-2. What kind of diseases did he/she suffer (please use the disease	first time (disease), days	
	second time (disease), days	
categories in question 10 below)?		
For how many days?	third time (disease), days (If more than three times, please ask for the last time.)	
	01. Hypertension 0 no 1 yes	
	02. Diabetes 0 no 1 yes	
	03. Heart Disease 0 no 1 yes	
	04. Stroke, CVD 0 no 1 yes	
	05. bronchitis, emphysema, pneumonia, asthma 0 no 1 yes	
	06. tuberculosis 0 no 1 yes	
	07. cancer 0 no 1 yes	
	08. glaucoma, cataracts 0 no 1 yes	
10. Did elder suffer from any of the	09. prostate tumor 0 no 1 yes	
following diseases:	10. gynecological diseases 0 no 1 yes	
	11. gastric or duodenal ulcer 0 no 1 yes	
	12. Parkinson's Disease 0 no 1 yes	
	13. Bedsores 0 no 1 yes	
	14. Dementia 0 no 1 yes	
	15. Psychosis 0 no 1 yes	
	16. Neuropathy 0 no 1 yes	
	17. Arthritis 0 no 1 yes	
	18. Other (Please note)	
11. Did the deceased elder get timely treatment when he/she was ill before dying?	1.yes 2. no 3. was not ill	
12. Main financial source before dying	1. retirement wage 2. spouse 3. child(ren) 4. grandchild(ren) 5. other relative(s) 6. local government or community 7. own work 8. other (please specify)	
13. Household annual income per capita in the year before dying	Yuan (RMB)	
14. Were the following facilities available in the elder's home before he/she died? (multiple choices)	1. toilet 0 no 1 yes	
	2. tap water 0 no 1 yes	
	3. bathing/showering facility 0 no 1 yes	
	4. heater(heating system) 0 no 1 yes 5. TV 0 no 1 yes	
	6. washing machine 0 no 1 yes	
	7. telephone 0 no 1 yes	

15. Was there a doctor in the village? (refers to rural deceased elders only)	1. no 2. yes If yes, village doctor was: 1. licensed with college degree 2.licensed without college degree 3.unlicensed	
16. Mainly who paid the medical costs for the deceased elder?	01. state Medicare fund 02. the deceased elder 03. spouse 04. co-residing child(ren) 05. shared by children (including grandchildren) living or not living together 06. cooperate Medicare fund 07. state or collective subsidy 08. medical insurance 09. no money to pay medical costs 10. other (please specify)	
17. Total medical costs of the deceased elder in the last year of life	Yuan (RMB)	
18-1. Functioning in bathing before dying	fully independent. partially dependent. Days lasted fully dependent. Days lasted	
18-2. Functioning in dressing before dying	fully independent. partially dependent. Days lasted fully dependent. Days lasted	
18-3. Functioning in using toilet before dying	fully independent. partially dependent. Days lasted fully dependent. Days lasted	
18-4. Functioning in indoor transferring before dying:	fully independent. partially dependent. Days lasted fully dependent. Days lasted	
18-5. Functioning in continence before dying	able to control. cocasional accidents. Days lasted catheter was used or was incontinent. Days lasted	
18-6. Functioning in self-feeding	fully independent. partially dependent. Days lasted fully dependent. Days lasted	
18-7. Days in fully dependent functioning before dying	days	
18-8. Total cost for the caregiving (includes nursing, cost for labor hours lost, costs for home visits and, and so on, but excluding cost for prescriptions)	Yuan (RMB) (fill 99998, if more than 100,000)	
18-9. Direct cost for the caregiving (includes nursing, costs for home visits and, but excluding cost for labor hours lost and cost for prescriptions)	Yuan (RMB) (fill 99998, if more than 100,000)	
18-10. Who mainly paid those care costs?	1 medical insurance 2 elder self 3 spouse 4 children/grandchild 5 state/collectives 6 other	
19. How many days before dying did the elder not often go outdoors to chat with others?	days	

20. How many days before dying did the elder stay in bed longer than be out of bed in the daytime?	days		
21. Did the deceased elder smoke since the last interview?	1. no 2. yes; If No, skip to 22-1. If yes, time(s) /per day		
Tobacco - Nicotine Dependence			
21-1. Normally, how soon after the		5 minutes	
deceased elder woke up did he/she	2 6-30 mi		
smoke his/her first cigarette?	3 31-60 n		
22-1. Did the deceased elder drink	4 After 60 minutes		
alcohol since the last interview?	1 no 2 x	ves.	
22-2. If so, what kind of alcohol?	1. no 2. yes 1. very strong liquor 2. not very strong liquor		
22-2. If 50, what kind of alcohor:		4. rice wine	
		o. other (specify)	
22-3. How much alcohol did the		(1)	
deceased elder drink per day?		liang	
23. Did the deceased elder give some			
advance directives?	1. no 2. y	ves; if yes, days before death	
24. Did the deceased elder ever tell			
you or other people about his dream of	1 no 2. yes	s 3. do not know	
death?	, and the second		
25. Did the deceased elder feel painful		nful 2. relatively painful 3. so so 4.	
when death was coming?		peaceful 5. very peaceful 6. difficult to	
26. Was the deceased elder in	1. no 2. yes; if yes,days in		
unconsciousness?	unconsciousness		\square , \square
Characteristics of Current Residence			
		1 Detached house	
		2 Duplex/Triplex	
27. What type of dwelling did the decea	ased elder	3 Row house	
live in before dying?		4 Low rise apartment (1-3 floors) 5 High rise apartment (>3 floors)	
		6 Mobile home / Trailer	
		7 other	
28. What is the approximate year the de	eceased	Year built	
elder's home was built?			
29. During the past 12 months, has ther		1 yes 2 no	
water or dampness in the deceas		8 don't know	
home from broken pipes, leaks, lor floods?	neavy rain,		
30. Did the deceased elder's home frequ	ently have	1 yes 2 no	
a mildew odor or musty smell?		8 don't know	
a made odor or madey differi		1 Gas: from underground pipes serving	
		the neighborhood	
		2 Gas: bottled, tank, or LP	
		3 Electricity	
31. Which fuels were normally used for	cooking in	4 Fuel oil, kerosene, etc	
the deceased elder's home?		5 Coal or coke 6 Wood	
		7 Solar energy	
		8 other	
		9 No fuel used	
		99DON'T KNOW	

Oral Hygiene of Personal Care		
32. How often did the deceased elder brush his/her teeth?	-1 Not applicable (No teeth) 0 Do not 1 1/day 2 2/day 3 >2/day 4 Sporadically 5 Not applicable 6 1 or 2/day 9 Unknown	
Toothache and Orofacial Pain		
33. During the past 6 months, did the deceased elder have a toothache more than once, when biting or chewing?	1 Yes 2 No— <i>Skip to G2.5</i> 9 Don't know.	
34. On a scale of 1–10, where 1 is mild and 10 is severe, how would you rate the deceased elder's tooth pain at its worst?	9 Don't know.	
35. During the past 6 months, did the deceased elder have pain in the jaw joint or in front of the ear or across his/her face or cheek more than once?	1 Yes 2 No <i>Skip to G3</i> 9 Don't know.	
36. On a scale of 1–10, where 1 is mild and 10 is severe, how would you rate the deceased elder's facial pain at its worst?	9 Don't know.	
Hand Dominance		
37. Which hand do you normally use to eat?	1 right-hand 2 left-hand	
38. Which hand did the deceased elder normally use to write?	1 right-hand 2 left-hand 3 Never write 9 Don't know.	
39. Which hand did the deceased elder normally use to clean his/her teeth?	1 right-hand 2 left-hand 3 Never clean teeth 9 Don't know.	
Reported height		
40. What was the deceased elder's height	cm 9 Don't know.	
Hearing loss		
41. Did the deceased elder have any difficulty with his/her hearing?	1 yes 2 no— <i>skip to G11</i> 9 Don't know.	
42. In which ear(s) did the deceased elder have a hearing difficulty?	1 left 2 right 3 both 9 Don't know.	

	1 He/she had a hearing difficulty since he/she was born	
43. At what age did the deceased elder first notice a	2 His/her hearing difficulty developed during his/her childhood years (before the age of 15)	
hearing difficulty?	3 His/her hearing difficulty developed between the ages of 15 and 40	
	4 His/her hearing difficulty developed after the age of 40.	
	9 Don't know.	
44. How quickly did the deceased elder's hearing difficulty develop?	1 Suddenly (over a few days)	
	2 Over a few months	
	3 Over several years	
	9 Don't know.	