

Sentimental Analysis Using BERT to Understand Impact of Covid on Peoples Mental Health

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1. Abstract

In this paper we will look at how the pandemic has affected people's mental health sentiment and dietary sentiment using natural language processing. Using a pre-trained BERT model, we can find the sentiment of each free text response and attempt to find correlations with different demographics. With the help of topic modelling, we can find frequency of words to create common topic to see any similarities in responses.

2. Introduction

During the COVID-19 pandemic, issues around mental health and well-being gained widespread prominence. Although the lockdown was a short-term strategy to combat the disease, it inevitably gave rise to long-term health issues which may or may not have been aware of before. To understand this, we used a survey done by the Centre for public health at QUB. The response contains demographics of respondents and free text responses regarding their mental health and dietary health. With this dataset we can apply natural language processing methods such as sentimental analysis using BERT and topic modelling to better understand and analyze sentiment of respondents. We can go further and try to find correlation between demography and sentiment to find if different demographics were affected more or less by the pandemic.

3. Background Information and Research.

BERT (Bidirectional Encoder Representation from Transformers) is a pre-trained model and can be fine-tuned to a wide variety of task, in our case, for sentimental analysis. BERT was created by google and published their BERT blog along with a research paper by (Devlin J. et al., 2018) containing their explanation behind the BERT model. To understand the BERT model, one must learn the foundation shown in figure 4 specifically the attention layer as it was bases heavily on it. The research article ‘Attention is all you need’ by Vaswani A. et al., 2017 explains that “the Transformer, based solely on attention mechanisms” was “superior in quality while being more parallelizable and requiring significantly less time to train” compared to other model.

The BERT model is a 2-step framework: Pre-Training and Fine Tuning. It is initialized with a pretrain parameter and then fine-tuned with labelled data. The BERT report has 2 model sizes as shown in table 1.

| BERT MODEL | Layers (L) | Hidden Size (H) | No. of Self Attention Layer (A) | Total Perimeter |
|-----------------------------|------------|-----------------|------------------------------------|--------------------|
| <i>BERT_{Base}</i> | 12 | 768 | 12 | 110M |
| <i>BERT_{Large}</i> | 24 | 1024 | 16 | 340M |

Table 1 BERT MODEL

The BERT model is pre-trained hence the vocabulary is fixed, it uses a word piece embedding with 30,000 token vocabularies and each token has a feature vector of 768 features. For words not in the vocabulary, BERT breaks the unknow word into multiple subworlds. With each sub-word starting with a ‘##’ to indicate a sub-word except for the first sub-word. Each sequence of

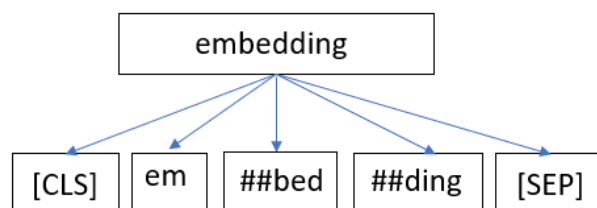


Figure 1 Embedding.

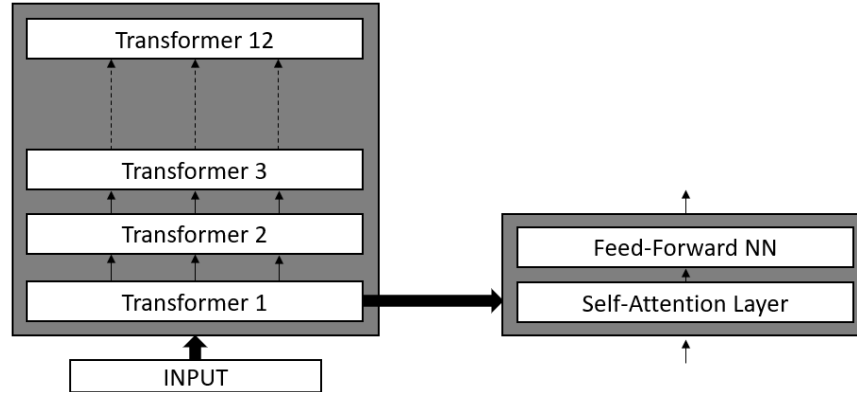


Figure 2 Transformer Layers

token starts with a special token '[CLS]' and sentences are separated with '[SEP]' token. For example, the word 'embedding is not in the vocabulary':

The BERT Architecture has 12 encoders and inside each encoder there is a self-attention layer and a feed-forward neural network layer. The self-attention layer allows it to look at other position in the input sequence for clues that can help lead to a better encoding for a word. It is calculated using 3 vectors from each of the encoder's input: Query vector (Q), Key vector (K), and Value vector (V).

- 1) Create vectors for each word.

$$x \cdot W^Q = Q \quad x \cdot W^K = K \quad x \cdot W^V = V$$

- 2) Calculate score.

$$Q \times K = S$$

- 3) Divide the score by square root of the dimension of the key vector.

$$\sqrt{d_k}$$

- 4) Pass the results through a SoftMax operation.

$$\text{Softmax} = \frac{e^{x_i}}{\sum_{j=1}^n e^{x_i}}$$

- 5) Multiply each vector value by SoftMax score.

- 6) Sum up the weighted vector value.

A multi-headed attention approach is added in the attention layer that expands the model's ability to focus on different positions. (8 Heads) Hence it ends up with 8 different matrices then the matrices are condensed into a single matrix.

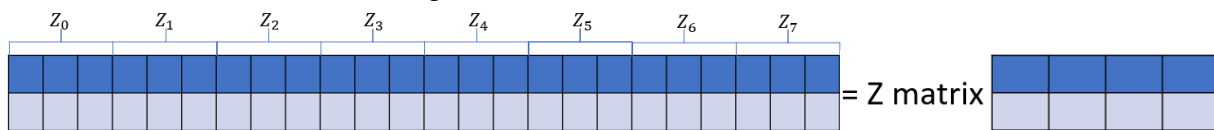


Figure 3 Attention layer matrix

3.1 Topic Modelling

Topic modelling is an unsupervised learning method in NLP that analyses the corpus and extracts the main topic presented in the data by detecting patterns like word clusters and frequency of words present. By detecting word frequency and word distance the information can be deduced into various set of topics. There are many different topic modelling methods like Latent Semantic Analysis (LSA), Latent Dirichlet Allocation (LDA) and others. In our model we will be using LDA for topic modelling and visualising it using pyLDAvis library in python. LDA is a generative probabilistic model of a corpus. It takes a corpus and represents document as random mixture over latent topics and each topic is characterized by a distribution over words as shown in figure 4.

3.1.1 How LDA works.

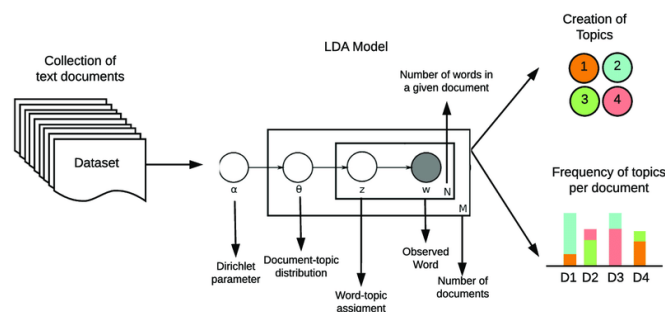


Figure 4 LDA Model

Firstly, LDA applies 2 assumptions to the corpus:

1. Documents are a mixture of topics.
2. Topics are a mixture of tokens.

Secondly, text data is then preprocessed and tokenized into 2 matrixes:

1. Document Topic Matrix which contains possible topics
2. Word Topic Matrix which contains words that those topics can contain.

Using the matrixes, it goes through iteration of assignments of topic to words. Correcting and adjusting variables across iterations until the most optimal representation of the matrixes are developed. In python the results can be visualized using the pyLDAvis

4. Dataset

Training data has been provided by Royal Victoria Hospital. The data set includes unstructured, and free-text responses by participants where they describe aspect of brain health and diet, as well as other aspects of wellbeing impacted by the COVID-19 pandemic. It has 19 question total divided into 4 different main categories: Demographic variable, General covid questions, covid and brain health, Covid and diet. The dataset has 6818 total difference respondents but only 1124 and 1217 responded to the 2 free text question respectively.

Example of question:

- Demographic Variables Question Examples:
 - Age: (16-39, 40-49, 50-65, 66-74, 75+)
 - Country (Northern Ireland, Scotland, England)
 - Gender (Male, Female, Non-binary, I'd prefer not to answer this question)
- General COVID Question Examples:
 - Do you feel impacted by COVID?
 - Have you had to check for COVID?
 - Have you received treatment for COVID-19?
- COVID and Brain Health Question Examples:
 - Has the ongoing pandemic impacted your brain health?
 - Do you feel your brain health has improved or deteriorated?
 - We are interested to know why your brain health might have deteriorated during COVID-19. Please provide a reason for this using the free text box below.
- Covid and Diet Question Examples:
 - Has COVID-19 impacted your dietary habits?
 - Do you feel that your diet has improved or deteriorated?
 - We are interested to know why your dietary habits might have deteriorated during COVID-19. Please provide a reason for this using the free text box below.

Example of free-text responses:

- Question: We are interested to know why your brain health might have deteriorated during COVID-19.
 - "Being at home, less able to converse with friends, anxiety re being out shopping etc."
 - "Lack of exercise and more sitting"
 - "I'm now very isolated and getting a bit forgetful, nothing serious"
 - "I've been unable to see family and friends, and this is really difficult and makes me really sad"
- Question: We are interested to know why your dietary habits might have deteriorated during the COVID-19 pandemic.
 - "Eating a lot more rubbish, i.e., chocolate and biscuits!"
 - "Out of routine with diet and exercise"
 - "I'm at home more, and so treat myself to less healthy foods"
 - "I'm drinking more alcohol because I am not free to do the things I want to do."

The main data we will be using are the demographic variables and free-text responses.

5. Tools Used

- Transformer model: We will be using a pre trained BERT model from the hugging face library (Cardiffnlp/twitter-roberta-base-sentiment)
- Gensim: Is an open-source python library for representing documents as semantic vectors efficiently. We will be using it for its word2vec and LDA model.
- Nltk: Contains a database of corpora used for NLP tasks.
- Matplotlib/pyLDAvis: Plotting libraries to visualize results.

6. Model Used

As stated previously, we will be using a pre-trained BERT model from the hugging face library. The model was trained using a large corpus containing 60 million English tweets [Barbieri, Neves, Camacho-Collados and Espinosa-Anke, 2021] to handle 6 different tasks: emotional recognition, emoji prediction, irony detection, hate speech detection, offensive language identification, sentimental analysis, and stance detection as shown in figure 5. Each task was trained using a range of a few hundred to 45,000 tweets.


| Dataset | Tweet | Label |
|-------------|--|---|
| Emoji | Thx for showing this newbie passholder around @ Disneyland |  |
| Emotion | I love swimming for the same reason I love meditating...the feeling of weightlessness. | joy |
| Hate | Another illegal alien that shouldn't be in America killed an innocent American couple! #BuildThatWall | hateful |
| Irony | Leaving whilst its dark is fun. #not | ironic |
| Offensive | Are we all ready to sit and watch Indakurate Passcott play football? | non-offensive |
| Sentiment | Hmmmm where are the #BlackLivesMatter when matters like this a rise... kids are a disgrace!! | negative |
| Stance(fem) | Rather be an "ugly" feminist then be these sad people that throws hat on people that believes in equality! | in favour |

Figure 5 Roberta models

With this model, we will be focusing on sentimental analysis specifically. Sentimental analysis which analysis if the statement is 'negative', 'neutral' or 'positive'.

The pre-trained model was trained using three variants of the RoBERTa language model due to its outstanding performance in the GLUE benchmark, which is used to evaluate performance of models in NLP tasks. As shown in figure 6 the RoBERTa model performed well on all the tasks with a score of 77 in emotion and 74.2 on sentiment, averaging 69.4 on all tasks.

| | | Emoji | Emotion | Hate | Irony | Offensive | Sentiment | Stance | ALL |
|------|----------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--|-------------|
| Val | SVM | 25.0 | 63.8 | 73.1 | 63.4 | 72.7 | 68.4 | 67.9 | 62.0 |
| | FastText | 23.2 | 62.9 | 71.7 | 62.7 | 70.0 | 62.2 | 67.3 | 60.0 |
| | BLSTM | 19.4 | 62.6 | 72.1 | 60.6 | 72.1 | 61.9 | 63.4 | 58.9 |
| | RoB-Bs | 24.7±0.3 (24.3) | 73.1±1.7 (74.9) | 76.5±0.3 (76.6) | 73.7±0.6 (73.7) | 77.1±0.6 (77.6) | 71.4±1.9 (72.7) | 71.4±1.9 (73.9) | 67.7 |
| | RoB-RT | 24.4±1.5 (26.2) | 75.4±1.5 (77.0) | 77.8±1.1 (79.6) | 74.7±1.5 (75.6) | 77.2±0.6 (77.7) | 73.0±1.2 (74.2) | 72.9±1.0 (75.2) | 69.4 |
| | RoB-Tw | 23.4±1.1 (24.6) | 67.6±0.9 (68.6) | 74.3±2.0 (76.6) | 70.0±0.3 (70.7) | 76.1±0.6 (76.2) | 70.5±1.0 (69.4) | 68.3±2.4 (71.4) | 65.4 |
| Test | SVM | 29.3 | 64.7 | 36.7 | 61.7 | 52.3 | 62.9 | 67.3 | 53.5 |
| | FastText | 25.8 | 65.2 | 50.6 | 63.1 | 73.4 | 62.9 | 65.4 | 58.1 |
| | BLSTM | 24.7 | 66.0 | 52.6 | 62.8 | 71.7 | 58.3 | 59.4 | 56.5 |
| | RoB-Bs | 30.9±0.2 (30.8) | 76.1±0.5 (76.6) | 46.6±2.5 (44.9) | 59.7±5.0 (55.2) | 79.5±0.7 (78.7) | 71.3±1.1 (72.0) | 68.4±0.8 (70.9) | 61.3 |
| | RoB-RT | 31.4±0.4 (31.6) | 78.5±1.2 (79.8) | 52.3±0.2 (55.5) | 61.7±0.6 (62.5) | 80.5±1.4 (81.6) | 72.6±0.4 (72.9) | 69.3±1.1 (72.6) | 65.2 |
| | RoB-Tw | 29.3±0.4 (29.5) | 72.0±0.9 (71.7) | 46.9±2.9 (45.1) | 65.4±3.1 (65.1) | 77.1±1.3 (78.6) | 69.1±1.2 (69.3) | 66.7±1.0 (67.9) | 61.0 |
| | SotA | 36.0* | - | 65.1 | 70.5 | 82.9 | 68.5 | 71.0 | - |
| | Metric | M-F1 | M-F1 | M-F1 | F ⁽ⁱ⁾ | M-F1 | M-Rec | AVG (F ^(a) , F ^(f)) | TE |

Figure 6 GLUE Results of Models

7. Pre-Processing

Before using the data, some changes were made. First the file format was changed from excel format (.xlsx) to comma separated value format (.csv) due to its efficiency and flexibility with the Pandas library. Then the dataset was separated into two different files, one for brain health responses ('Brain sentiment.csv') and the other for dietary health responses ('Dietary sentiment.csv') to remove the empty cell due to it causing errors in the transformer models.

Going through the data I noticed an emoji in one of the responses. Initially after seeing the emoji I was planning to use the demoji library in python to convert them to readable text but there were only a handful of them, so I manually changed them. The free text responses were also separated and merged into a Json file ('TextForTopic.json') for topic modelling later.

8. Sentimental Analysis

Using the pre trained Bert model tokenizer, we can find the sentiment of all the free text responses. The tokenizer is applied to two different set of responses: Health sentiment responses and dietary health sentiment as shown in table 2.

| Sentiment | Health Sentiment | Dietary Sentiment |
|-----------|------------------|-------------------|
| Negative | 955 | 394 |
| Neutral | 156 | 814 |
| Positive | 13 | 4 |

Table 2 Number of sentiments

From the results we can see that most of the responses had negative or neutral sentiment to the pandemic, only a handful of responses were positive. For health sentiment, an overwhelming number of responses were negative but for dietary sentiment most of the responses were neutral.

8.1 Correlation to demographic differences

After finding sentiment for each response, it was then sorted to the different demographic's variables e.g., age, country, gender to find any correlation. The results are then plotted into a graph using the matplotlib library in python.

| | Variables | Negative | Neutral | Positive |
|--|---------------------|----------|---------|----------|
| | 16-39 | 0 | 0 | 0 |
| | 40-49 | 77 | 16 | 0 |
| | 50-65 | 456 | 78 | 9 |
| | 66-74 | 314 | 44 | 3 |
| | 75+ | 108 | 18 | 0 |
| | Northern Ireland | 97 | 25 | 0 |
| | Republic of Ireland | 220 | 28 | 3 |
| | Scotland | 121 | 20 | 2 |
| | England | 501 | 80 | 7 |
| | Wales | 16 | 3 | 0 |
| | Male | 205 | 24 | 2 |
| | Female | 742 | 131 | 9 |
| | Non-Binary | 0 | 0 | 0 |
| | No Responses | 8 | 1 | 1 |
| | White | 931 | 152 | 11 |
| | Chinese | 1 | 0 | 0 |
| | Irish Traveler | 0 | 0 | 0 |

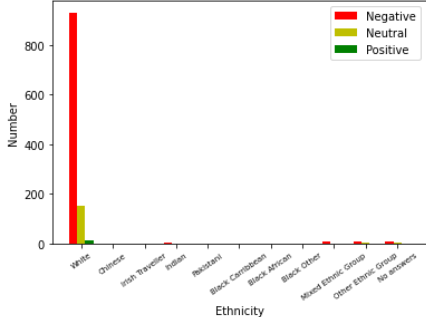
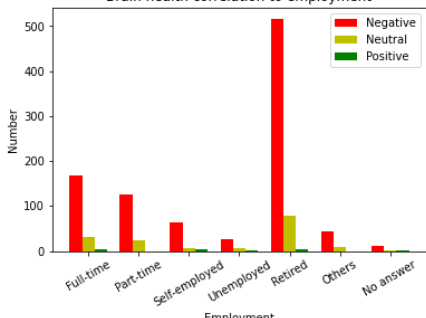
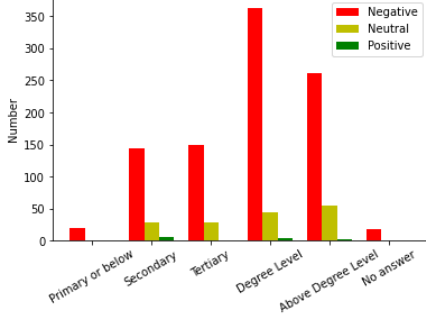
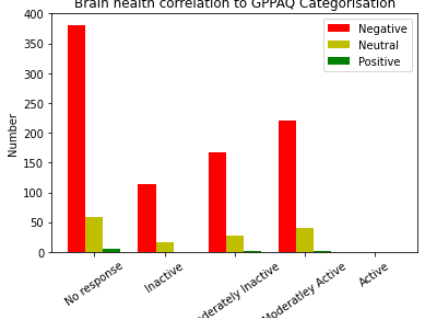
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|---|--|------------------|-----|----|---|-----------|-----|----|---|---------------------|-----|----|---|-------------------|-----|----|---|--------------|-----|----|---|--------------------|----|---|---|-----------------------|----|---|---|-----------|---|---|---|--|--|
|  | <table> <tr><td>Indian</td><td>2</td><td>0</td><td>0</td></tr> <tr><td>Pakistani</td><td>0</td><td>0</td><td>0</td></tr> <tr><td>Black Caribbean</td><td>0</td><td>0</td><td>0</td></tr> <tr><td>Black African</td><td>0</td><td>0</td><td>0</td></tr> <tr><td>Black Other</td><td>0</td><td>0</td><td>0</td></tr> <tr><td>Mixed Ethnic Group</td><td>6</td><td>0</td><td>0</td></tr> <tr><td>Other Ethnicity Group</td><td>6</td><td>2</td><td>0</td></tr> <tr><td>No Answer</td><td>9</td><td>2</td><td>1</td></tr> </table> | Indian | 2 | 0 | 0 | Pakistani | 0 | 0 | 0 | Black Caribbean | 0 | 0 | 0 | Black African | 0 | 0 | 0 | Black Other | 0 | 0 | 0 | Mixed Ethnic Group | 6 | 0 | 0 | Other Ethnicity Group | 6 | 2 | 0 | No Answer | 9 | 2 | 1 | | |
| Indian | 2 | 0 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Pakistani | 0 | 0 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Black Caribbean | 0 | 0 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Black African | 0 | 0 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Black Other | 0 | 0 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Mixed Ethnic Group | 6 | 0 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Other Ethnicity Group | 6 | 2 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| No Answer | 9 | 2 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | <table> <tr><td>Full-Time</td><td>169</td><td>31</td><td>2</td></tr> <tr><td>Part-Time</td><td>126</td><td>24</td><td>0</td></tr> <tr><td>Self-Employment</td><td>63</td><td>7</td><td>3</td></tr> <tr><td>Unemployment</td><td>27</td><td>6</td><td>1</td></tr> <tr><td>Retired</td><td>515</td><td>78</td><td>5</td></tr> <tr><td>Others</td><td>44</td><td>8</td><td>0</td></tr> <tr><td>No Answer</td><td>11</td><td>2</td><td>1</td></tr> </table> | Full-Time | 169 | 31 | 2 | Part-Time | 126 | 24 | 0 | Self-Employment | 63 | 7 | 3 | Unemployment | 27 | 6 | 1 | Retired | 515 | 78 | 5 | Others | 44 | 8 | 0 | No Answer | 11 | 2 | 1 | | | | | | |
| Full-Time | 169 | 31 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Part-Time | 126 | 24 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Self-Employment | 63 | 7 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Unemployment | 27 | 6 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Retired | 515 | 78 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Others | 44 | 8 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| No Answer | 11 | 2 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | <table> <tr><td>Primary or below</td><td>20</td><td>0</td><td>0</td></tr> <tr><td>Secondary</td><td>143</td><td>29</td><td>6</td></tr> <tr><td>Tertiary</td><td>150</td><td>28</td><td>0</td></tr> <tr><td>Degree</td><td>363</td><td>44</td><td>3</td></tr> <tr><td>Above Degree</td><td>261</td><td>54</td><td>2</td></tr> <tr><td>No Answer</td><td>18</td><td>1</td><td>1</td></tr> </table> | Primary or below | 20 | 0 | 0 | Secondary | 143 | 29 | 6 | Tertiary | 150 | 28 | 0 | Degree | 363 | 44 | 3 | Above Degree | 261 | 54 | 2 | No Answer | 18 | 1 | 1 | | | | | | | | | | |
| Primary or below | 20 | 0 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Secondary | 143 | 29 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Tertiary | 150 | 28 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Degree | 363 | 44 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Above Degree | 261 | 54 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| No Answer | 18 | 1 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | <table> <tr><td>No Response</td><td>381</td><td>59</td><td>5</td></tr> <tr><td>Inactive</td><td>114</td><td>16</td><td>0</td></tr> <tr><td>Moderately Inactive</td><td>167</td><td>27</td><td>2</td></tr> <tr><td>Moderately Active</td><td>221</td><td>41</td><td>2</td></tr> <tr><td>Active</td><td>72</td><td>13</td><td>3</td></tr> </table> | No Response | 381 | 59 | 5 | Inactive | 114 | 16 | 0 | Moderately Inactive | 167 | 27 | 2 | Moderately Active | 221 | 41 | 2 | Active | 72 | 13 | 3 | | | | | | | | | | | | | | |
| No Response | 381 | 59 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Inactive | 114 | 16 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Moderately Inactive | 167 | 27 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Moderately Active | 221 | 41 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Active | 72 | 13 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Table 3 Brain Health sentiment

9. Dietary Sentiment

Similar, sentimental analysis of people diet was also done. Most of the responses were neutral and only 4 of the responses were negative as shown in table 4.

9.1 Correlation to Demographic Variables

| | Variables | Negative | Neutral | Positive |
|---|---------------------|----------|---------|----------|
| <p>Dietary health correlation to age</p> | 16-39 | 0 | 0 | 0 |
| | 40-49 | 31 | 91 | 0 |
| | 50-65 | 181 | 387 | 3 |
| | 66-74 | 133 | 244 | 1 |
| | 75+ | 49 | 96 | 0 |
| <p>Brain health correlation to country</p> | Northern Ireland | 41 | 106 | 0 |
| | Republic of Ireland | 93 | 193 | 1 |
| | Scotland | 46 | 105 | 0 |
| | England | 208 | 390 | 3 |
| | Wales | 6 | 24 | 0 |
| <p>Dietary health correlation to gender</p> | Male | 80 | 167 | 1 |
| | Female | 312 | 643 | 3 |
| | Non-Binary | 0 | 1 | 0 |
| | No Responses | 2 | 8 | 0 |
| | White | 384 | 799 | 4 |
| | Chinese | 1 | 1 | 0 |
| | Irish Traveler | 0 | 0 | 0 |
| | Indian | 0 | 2 | 0 |
| | Pakistani | 0 | 0 | 0 |
| | Black Caribbean | 0 | 0 | 0 |
| | Black African | 0 | 0 | 0 |

| | | | | |
|---|-----------------------|-----|-----|---|
| <p>Dietary health correlation to ethnicity</p> | Black Other | 0 | 0 | 0 |
| | Mixed Ethnic Group | 2 | 3 | 0 |
| | Other Ethnicity Group | 3 | 6 | 0 |
| | No Answer | 4 | 8 | 0 |
| <p>Dietary health correlation to employment</p> | Full-Time | 66 | 175 | 0 |
| | Part-Time | 48 | 119 | 0 |
| | Self-Employment | 26 | 53 | 2 |
| | Unemployment | 12 | 23 | 0 |
| | Retired | 216 | 398 | 2 |
| | Others | 22 | 34 | 0 |
| | No Answer | 4 | 16 | 0 |
| <p>Dietary health correlation to education</p> | Primary or below | 158 | 317 | 2 |
| | Secondary | 59 | 155 | 4 |
| | Tertiary | 68 | 125 | 0 |
| | Degree | 147 | 295 | 0 |
| | Above Degree | 106 | 223 | 0 |
| | No Answer | 4 | 12 | 0 |
| <p>Dietary health correlation to GPPAQ Categorisation</p> | No Response | 158 | 317 | 2 |
| | Inactive | 52 | 99 | 0 |
| | Moderately Inactive | 67 | 142 | 0 |
| | Moderately Active | 84 | 204 | 1 |
| | Active | 33 | 56 | 1 |

Table 4 Dietary sentiment

10. Pearson Correlation Coefficient

To find any correlation between brain sentiment and dietary sentiment, Pearson correlation coefficient was used. Pearson correlation measures linear correlation between datasets, it is measured from 0 to 1. The closer its is to 1, the stronger the correlation and vice versa. For our dataset we got a correlation of 0.48 with a p-value of 6.85, which tells us that there is medium correlation between brain and dietary sentiment.

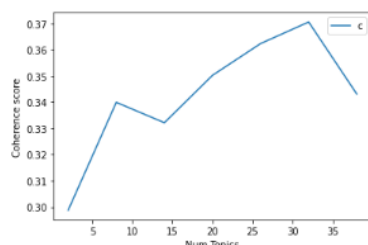
11. Latent Dirichlet Allocation (LDA)

To perform LDA on our dataset some preprocessing must be done before it can be put through a LDA model.

1. Punctuation and unnecessary characters are removed from the text.
2. The texts are then tokenized.
3. Bigram and Trigrams are created. Bigrams are a two-word sequence in a text commonly together. Trigrams are similar but with three words.
4. Stop words are then removed and the words are then Lemmatized.
5. Using the lemmatized words, a dictionary and corpus is created.
6. With the help of Gensim we use the dictionary and corpus to create a LDA model

```
1 #LDA model
2 lda_model = gensim.models.ldamodel.LdaModel(corpus=corpus,
3                                             num_topics=30,
4                                             id2word=id2word,
5                                             chunksize=100,
6                                             passes=10,
7                                             update_every=1,
8                                             alpha='auto',
9                                             decay=0.9,
10                                            random_state=100,
11                                            per_word_topics=True)
```

Figure 7 LDA Model Parameters



Num Topics = 2 has Coherence Value of 0.2988
Num Topics = 8 has Coherence Value of 0.3399
Num Topics = 14 has Coherence Value of 0.3321
Num Topics = 20 has Coherence Value of 0.3502
Num Topics = 26 has Coherence Value of 0.3623
Num Topics = 32 has Coherence Value of 0.3705
Num Topics = 38 has Coherence Value of 0.3431

Figure 8 Coherence value/topic

30 topics was chosen as it gave the best coherence value (0.3705) compared to other number of topics as shown in figure.

Using the pyLDavis library in python we can plot it out as shown in figure 8.

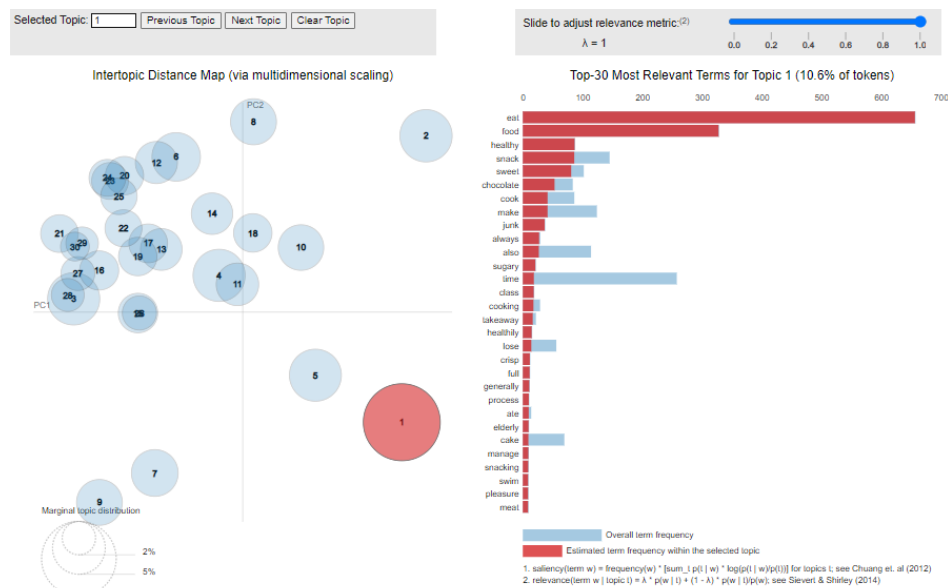


Figure 9 pyLDavis representation

Each circle on the left grid represents a topic. The larger circle represents a higher number of texts in the corpus about the topic. Circles that are closer together in a cluster are more similar and circles that are further away from each other represent how different they are. On the left graph the blue bar represents the number of times the word appeared in the corpus and the red bar gives an estimation of the times a given term was generated by a given topic. In the bottom right grid, topic 1-5 seems to be about drinking and eating which on the opposite end seems to be negative sentiments.

| Document_No | Dominant_Topic | Topic_Perc_Contrib | | Keywords | Text |
|-------------|----------------|--------------------|--------|---|---|
| 0 | 0 | 3.0 | 0.8453 | feel, work, less, sometimes, stress, accessibl... | Having been on furlough for the majority of th... |
| 1 | 1 | 13.0 | 0.4949 | home, eat, work, comfort, food, snack, less, t... | Being at home, less able to converse with frie... |
| 2 | 2 | 17.0 | 0.4466 | motivation, lack, work, sick, diet, social, ho... | lack of exercise and more sitting |
| 3 | 3 | 5.0 | 0.5933 | much, food, baking, drink, alcohol_consumption... | My wife has had to shield for an extended peri... |
| 4 | 4 | 9.0 | 0.8953 | less, meal, snack, work, golf, social, become,... | I am a frontline health care worker. Due to st... |
| 5 | 5 | 0.0 | 0.0500 | eat, food, bored, delivery, use, fish, normall... | Isolation and lockdown |
| 6 | 6 | 12.0 | 0.6833 | transport, public, family, indulge, diet, spec... | Not seeing friends |
| 7 | 7 | 3.0 | 0.3233 | feel, work, less, sometimes, stress, accessibl... | I'm now very isolated and getting a bit forget... |
| 8 | 8 | 13.0 | 0.6550 | home, eat, work, comfort, food, snack, less, t... | Home schooling 3 kids. Not being able to suppo... |
| 9 | 9 | 11.0 | 0.9406 | food, eat, comfort, shop, able, go, use, bit, ... | Think it has affected me not being able to be ... |

Figure 10 Dominant Topics in each text

| Index | Dominant_Topic | Topic_Keywords | Num_Documents | Perc_Documents |
|-------|----------------|---|---------------|----------------|
| 0.0 | 2.0 | eat, snack, drink, home, alcohol, food, day, work, lockdown, treat | 179.0 | 0.0765 |
| 1.0 | 7.0 | restrict, work, family, stress, friend, time, full, life, occasionally, develop | 120.0 | 0.0513 |
| 2.0 | 3.0 | fresh, lack, food, shopping, shop, delivery, choice, cause, less, supermarket | 123.0 | 0.0525 |
| 3.0 | 5.0 | increase, carb, less, low, improve, social, activity, diet, family, smell | 109.0 | 0.0466 |
| 4.0 | 6.0 | eat, much, food, baking, supply, home, time, spend, safe, snack | 107.0 | 0.0457 |
| 5.0 | 0.0 | eat, food, comfort, biscuit, time, treat, feel, chocolate, eating, make | 93.0 | 0.0397 |
| 6.0 | 12.0 | less, home, work, foodstuff, friend, lack, feel, able, family, activity | 64.0 | 0.0273 |
| 7.0 | 4.0 | eat, comfort, food, due, boredom, time, eating, carbs, motivation, home | 109.0 | 0.0466 |
| 8.0 | 16.0 | work, home, eat, social, exercise, go, stress, less, restriction, due | 219.0 | 0.0935 |
| 9.0 | 14.0 | able, family, keep, see, gain, home, class, motivation, sugar, attend | 151.0 | 0.0645 |
| 10.0 | 11.0 | home, less, lack, work, cook, thing, due, family, ability, also | 69.0 | 0.0295 |
| 11.0 | 11.0 | home, less, lack, work, cook, thing, due, family, ability, also | 81.0 | 0.0346 |
| 12.0 | 0.0 | eat, food, comfort, biscuit, time, treat, feel, chocolate, eating, make | 141.0 | 0.0602 |
| 13.0 | 7.0 | restrict, work, family, stress, friend, time, full, life, occasionally, develop | 88.0 | 0.0376 |
| 14.0 | 1.0 | weight, eat, drink, feel, often, time, relative, social, alcohol, food | 73.0 | 0.0312 |
| 15.0 | 1.0 | weight, eat, drink, feel, often, time, relative, social, alcohol, food | 147.0 | 0.0628 |
| 16.0 | 10.0 | lose, graze, intake, overeat, treat, motivation, lockdown, work, even, deserve | 160.0 | 0.0683 |
| 17.0 | 6.0 | eat, much, food, baking, supply, home, time, spend, safe, snack | 99.0 | 0.0423 |
| 18.0 | 18.0 | eat, meal, food, cook, also, lot, chocolate, comfort, home, lockdown | 158.0 | 0.0675 |
| 19.0 | 6.0 | eat, much, food, baking, supply, home, time, spend, safe, snack | 51.0 | 0.0218 |
| 20.0 | 9.0 | home, eat, work, snack, food, time, much, meal, motivation, cook | NaN | NaN |
| 21.0 | 2.0 | eat, snack, drink, home, alcohol, food, day, work, lockdown, treat | NaN | NaN |
| 22.0 | 2.0 | eat, snack, drink, home, alcohol, food, day, work, lockdown, treat | NaN | NaN |
| 23.0 | 12.0 | less, home, work, foodstuff, friend, lack, feel, able, family, activity | NaN | NaN |
| 24.0 | 2.0 | eat, snack, drink, home, alcohol, food, day, work, lockdown, treat | NaN | NaN |

Figure 11 Topic Distribution across documents

From Figure 10 and 11, the dominant topics were mainly about food and restricted social interactions.

12. Discussion and Reflection on Project

Using sentimental analysis and topic modelling we found that many of the respondents had a negative impact on their brain health and dietary health due to the pandemic. For brain health over 80% of the respondents were affective negatively and only about 1% felt positive. Even across different demographics the negative responses to positive responses were proportional. For dietary health, most respondents (~70%) felt neutral but there were still large amounts of negative sentiment. Pearson correlation coefficient between brain and dietary sentiment was calculated. A coefficient of 0.48 which indicated moderate collation between the two subjects. When using topic modeling, we found that most dominant topics were about food and lack of social interactions. This can be inferred that the negative sentiment for the pandemic was mainly due to the lack of social interaction. Reflecting on my work and results so far after, I see that I should have used a more appropriate model for my sentimental analysis or even created my own model to use for comparison against the one I have used to see if I could have increased my accuracy. Optimization of the genism LDA model could also have been improved. Plotting of results, analysis and topic modelling could have also been done using purpose built tools like

Power BI and tabulae for more flexible and clean diagrams/plots. In the future I will revisit this project once I have broadened my knowledge.

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- Blei D., B., Ng A., Y. Jordan M., I. (2003) Latent Dirichlet Allocation