I believe the main idea of Scrum is to plan ahead but be open to change at any moment. With this in mind, if everyone stays on top of backlog and works to keep their portion of the project ongoing, it would be within reason to complete a project on time. There are always going to be outside forces that come into play that may detour the time a bit but there should always be a contingency plan. As I said above there can be changes that are necessary at any time and should be accounted for, almost like a plan b. No project will ever run perfectly, but with proper planning, forward thinking, and dedication a 4 month due date is not unreasonable to an experienced team or a beginning team with a project that isn’t recreating the Taj Mahal.