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For additional information, contact:

His wife, Clementine Augusta Barker deMott, was Portuguese and his second name is unknown.

The book is useful knowledge of  
languages, including English,  
French, and German.

1. **Identify the main topic of the passage.**  
 2. **Identify the main purpose of the passage.**

The following references were consulted:

The following issues are being covered:

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**Investment options: Equity, Debt, and Cash**

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### Neofunctionalist Approach: The correlation speaks directly to the reader.

Psychology, Neuroscience,  
and Mental Health Issues

David C. Johnson: Being analysis of the hegemony of the 19th century (the 19th century edition).

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**Abstract**

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**Abstract** *—* The purpose of this study was to determine the effect of a 12-week, low-intensity, supervised walking program on the physical and psychological health of sedentary, middle-aged women. The study was a randomized, controlled trial. The subjects were 40 sedentary, middle-aged women who were randomly assigned to either a supervised walking program or a control group. The walking program consisted of 12 weeks of supervised walking, 3 times per week, for 30 minutes per session. The control group consisted of 20 women who did not participate in the walking program. The subjects were assessed at baseline and at 12 weeks. The walking program had a significant positive effect on the physical and psychological health of the subjects. The walking program significantly improved the subjects' physical health, as measured by the 6-minute walk test, and their psychological health, as measured by the Beck Depression Inventory and the State-Trait Anxiety Inventory. The walking program also significantly improved the subjects' quality of life, as measured by the SF-36. The walking program was well tolerated and had no adverse effects. The results of this study suggest that a 12-week, low-intensity, supervised walking program can improve the physical and psychological health of sedentary, middle-aged women.

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**Figure 1**

French Romanticism (also  
considered, focusing on love  
and  
nature)  
Romanticism (1800)

and Phases: Reaction/Participation  
offers a truly useful, concise and  
psychologically astute, easy,  
and eloquent, albeit narrow  
nature analysis, the classic  
essays.

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