```python
import cv2
import mediapipe as mp


# Function to detect poses
def detect_pose(frame, pose_detector):
    # Convert the image to RGB format
    image_rgb = cv2.cvtColor(frame, cv2.COLOR_BGR2RGB)

    # Detect poses in the image
    results = pose_detector.process(image_rgb)

    # Draw pose landmarks on the image if poses are detected
    if results.pose_landmarks:
        mp.solutions.drawing_utils.draw_landmarks(frame, results.pose_landmarks, mp.solutions.pose.POSE_CONNECTIONS)


# Main function
def main():
    # OpenCV video capture
    cap = cv2.VideoCapture(0)  # Use 0 for the default webcam

    # Initialize Mediapipe Pose model
    mp_pose = mp.solutions.pose
    pose_detector = mp_pose.Pose()

    while cap.isOpened():
        # Read frame from webcam
        success, frame = cap.read()
        if not success:
            break

        # Detect pose in the frame
        detect_pose(frame, pose_detector)

        # Display the frame
```

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37          cv2.imshow('Pose Detection', frame)
38
39          # Exit loop when 'q' key is pressed
40          if cv2.waitKey(1) & 0xFF == ord('q'):
41              break
42
43      # Release the VideoCapture and close all OpenCV
    windows
44      cap.release()
45      cv2.destroyAllWindows()
46
47
48  if __name__ == '__main__':
49      main()
50
```