

UNIT 1 REFLECTION & NOTES:

Foundational Elements for Working Together



Notes (in my own words)

I believe that when I talk, I like to be listened to. So, I would like to do the same to others as listening to what they are having trouble with.

I nod and complete sentences when I lose of explaining. I ask questions, then at the end I like to rephrase what I understand and make sure I got the whole picture before moving to the next step.

Can you tell me what you understand about this topic so far?
Explain why do you think you are having problems with this topic?

So, what I understand is that you are thinking this way of this topic, is that right?

Reflection (what's my style?)

#1. How do you show care & concern? How do you recognize when someone is caring towards you? What actions demonstrate care?



#2. How do you show you're listening to someone?



#3. Given your role, what types of open ended questions or prompts might you use when working with a student?



#4. Practice paraphrasing! How would you paraphrase the example in this section?



#5. Consider how you like to be validated, but also how that may differ from person to person. Capture a few phrases (in your own words) that validate, normalize, or encourage in different ways.

