

Identifying regime transitions for water governance at a basin scale

Shuang Song^{1,2}, Shuai Wang^{1,2}, Xutong Wu^{1,2}, Yongping Wei³, Graeme S. Cumming⁴ and Bojie Fu^{1,2*}

^{1*}State Key Laboratory of Earth Surface Processes and Resource Ecology, Beijing Normal University,, Xijiekouwai Street, Beijing, 100875, Beijing, China.

²nstitute of Land Surface System and Sustainability, Beijing Normal University, Xijiekouwai Street, Beijing, 100875, Beijing, China.

³School of Earth and Environmental Sciences, The University of Queensland, Brisbane, 4067, QLD, Australia.

⁴ARC Centre of Excellence for Coral Reef Studies, James Cook University, Townsville, 4811, QLD, Australia.

*Corresponding author(s). E-mail(s): fubj@bnu.edu.cn;

Contributing authors: songshgeo@mail.bnu.edu.cn; shuaiwang@bnu.edu.cn; wuxutong@bnu.edu.cn; yongping.wei@uq.edu.au; graeme.cumming@jcu.edu.au;

Abstract

In many large river basins, water governance regimes from natural to social-ecological or ‘hydrosocial’ situations profoundly change who gets water, when, and how. Therefore, identifying regime changes is critical to understanding the transition and guiding sustainability in water governance. We combined three main dimensions -stress, purpose and allocation- to develop a quantitative Integrated Water Governance Index (IWGI) to detect water governance regimes at a basin scale. Applying the IWGI to a rapidly-changing basin (the Yellow River Basin, China) describes how water governance shifts between massive supply, transformation governance, and adaptation-oriented regimes. In the YRB, the regime shifts’ underlying causes were increasing water supply and demand before the governance transformation and re-allocation and regulation after the transformation. The IWGI offers a comprehensive and straightforward approach to linking the water governance regimes to the following challenges in sustainability, along with the hydrosocial transition.

Keywords: Regime shifts, Water governance, Transformation, Social-hydrology, Sustainability

1 Introduction

Water, being “at the centre of the planetary drama of the Anthropocene”, is essential not only for earth system processes but also in supporting the development and human well-being [1, 2]. As an integral part of earth system governance,

water governance requires a deep understanding of changes in the complex relationships between humans and water [3–5]. Human activities stemming from our reliance on the water have profoundly modified the natural water cycle, resulting in rivers dominated by a hybrid of social and

052 natural tendencies [6–8]. Facing this transition,
 053 many big river basins worldwide (which are hot
 054 spots of civilization and economic growth) are
 055 urgently in need of successful water governance for
 056 sustainability [9, 10].

057 Water governance refers to the political, social,
 058 economic, and administrative systems that influ-
 059 ence the use and management of water [11, 12].
 060 For populated large river basins, missing gover-
 061 nance means missing sustainability, and a first
 062 critical step in understanding the transitions
 063 with successful water governance is identifying
 064 the different regimes [13, 14]. Regimes of water
 065 governance maintained by concreted intertwine
 066 within human-water systems (such as manage-
 067 ment, institutions, and exploitations) as a stable
 068 state in structures and functions [15–17]. There-
 069 fore, regime shifts sometimes lead to new water
 070 governance challenges as both signals and conse-
 071 quences of substantive changes in human-water
 072 systems. The lack of a comprehensive but straight-
 073 forward approach to identifying changes in water
 074 governance regimes challenges sustainability, and
 075 filling this gap can well align human and water
 076 systems (Figure 1).

077 Governance is essentially about “who gets
 078 what, when and how” [18]. The United Nations
 079 Development Programme (UNDP) thus suggested
 080 that three key dimensions of water use are decided
 081 by the water governance directly: “When and
 082 what water to use?” (stress), “How does water
 083 provides different services to well-beings?” (pur-
 084 pose), and “Who can use water equally and
 085 efficiently?” (allocation) [19]. First, water stress
 086 depends not only on climate (with increasing
 087 scarcity and uncertainty in many regions) but also
 088 on the increasingly insatiable demands from eco-
 089 nomic activities such as irrigation and industry;
 090 water storage can resolve some but not all of these
 091 issues [20–22]. Second, the purpose of how water
 092 services human well-being is to consider trade-
 093 offs between consumptive uses (e.g., drinking and
 094 food production) and non-consumptive uses (e.g.,
 095 energy production) [23–25]. Third, the allocation
 096 of water across the whole basin is not only decided
 097 by regionally socio-economic and environmental
 098 context but also influenced by systematically reg-
 099 ulating [26, 27]. Despite regime shifts in water
 100 governance related to substantive changes in any
 101 of the three dimensions, separately considering
 102

their intertwines within human-water systems can
 lead to holistic failure in governing water.

The Yellow River Basin (YRB), the fifth-
 largest river in the world, was most in need of
 integrated water governance because drastically
 anthropogenic intervention led to intense gov-
 ernance challenges in sustainability [28]. Since
 the 1960s, the implementation of conservation
 measures, regulation reservoirs, and levee con-
 structions have contained the governance issues
 troubled by thousands of years of high sediment
 loads [29, 30]. However, decreased streamflows and
 water over-use then led to depletions of the over-
 burdened river, creating new challenges and new
 governance practices, including water use regula-
 tion and water transfer across basins [31]. Today, it
 is still impossible to completely solve water stress,
 trade-offs between ecosystem services, or lopsided
 development in different regions in the YRB; -
 “who gets water, when and how” is always an open
 question for sustainable development [32]. Con-
 fronting governance challenges induced by envi-
 ronmental, economic, social, and political factors,
 numerous governance practices have led the YRB
 to be among the most drastically-governing large
 river basins worldwide [33]. Identifying regime
 shifts in water governance within the YRB can
 thus provide crucial insights into rapidly-changing
 big river basins and how governance may respond
 to meeting challenges to their sustainability.

Here, we use the three core dimensions (stress,
 purpose and allocation) and corresponding indica-
 tors of water governance to develop an Integrated
 Water Governance Index (IWGI) that can detect
 and describe changes in water governance at a
 basin-scale (see Figure 1 and methods). Then, by
 applying the index to a typical rapid-changing
 big river basin (the YRB), we show how to ana-
 lyze the complicated water governance regimes
 in a comprehensive but straightforward way. Fol-
 lowing synthetic analyses of the changes in water
 demand, supply, economic outcomes, and insti-
 tutions, we interpret the leading causes of the
 regime shifts. Finally, we propose a general regime
 transition schema as a practical guideline for a
 coordinated approach to exploring the challenges
 faced by big river basin governance.

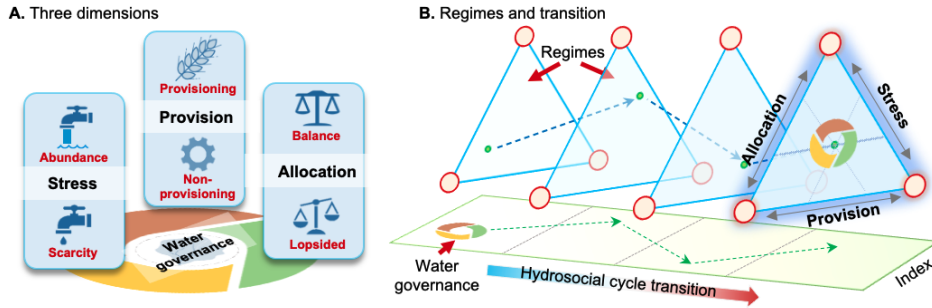


Fig. 1 Identifying the water governance regimes in transitions of a hydrosocial cycle. **A.** Water governance has three key dimensions (stress, purpose and allocation), each of which has two potential directions (denoted in red) when changing. (1) “stress” of water shifts between scarcity and abundance; (2) weighting “purpose” of water between consumptive services or non-consumptive uses; (3) “allocation” changes between balanced or lopsided. **B.** Along with a transition in hydrosocial water cycle, water governance shifts in line with the three dimensions. Combining corresponding indicators, an abrupt change of the IWGI thus indicates a regime shift in water governance.

2 Results

2.1 Water governance regimes

Two significant breakpoints divide the changes in the IWGI into three periods, with different contributions from three dimensions (Figure 2A). In the first period (P1, 1965–1978), the IWGI decreased rapidly. While the indicator of purpose and allocation contributed more to the IWGI (49.45% and 34.95% on average, respectively), the remarkable downward trend correlates significantly ($p < 0.01$) to the decreasing allocation and stress indicators (Figure 2B). In the second period (P2, 1979–2001), the increasing stress indicator significantly ($p < 0.01$) contributed to the upward IWGI, while the allocation and purpose indicators played negative roles in changing the IWGI. During the third period (P3, 1995–2013), while the stress indicator kept its most prominent share in contributions (57.11% on average), the increased allocation indicator and decreased purpose indicator changed the regime of IWGI. Taken together, the overall features of the three dimensions in different periods are relative to a directional change in the combination of three dimensions (Figure 2C). The results suggest three distinct water governance regimes: a massive supply regime (P1: 1965–1978), a governance transforming regime (P2: 1979–2001), and an adaptation oriented regime (P3: 2002–2013).

2.2 Causes of the regime shifts

The underlying causes of changes in the IWGI are associated with various factors but are different in

the two regime shifts. Changing water demands and supply were critical to the shift between P1 and P2. As the dominant water demand during the massive supply regime (P1), the area of irrigated agriculture in the YRB expanded rapidly at a rate of $0.25 \times 10^6 \text{ ha/yr}$ (Figure 3A), simultaneously supported by increasing supply through the construction of reservoirs (Appendix Figure B2). Entering the transformation governance regime (P2), however, the expansion of irrigated areas slowed down, and industry and services gradually took off (Figure 3A and B). Then, the efficiency of water use changed obviously from P2 to P3. Not only irrigated areas keep their slow expansion in the adaptation oriented regime (P3) (Figure 3A), but industry and urban services also assumed a more vital economic role (represented by Gross Added Values, GVA) (Figure 3B). Because of increased efficiency, however, they both experienced significant declines in water use for a unit irrigated area or unit production (Figure 3A and Figure 3B). As a result, the differences between sectors and regions in water use reduced while the total water stress steadily remained high during the adaptation oriented regime (Figure 2A).

Environmental context, social transformation and policies played roles in all three regimes. We calculated the ratios of regional and basinal water use for each reservoir (R/B ratio) (Figure 3C), with a higher ratio representing a potential role in water supply rather than basinal regulations. Under the guiding ethos of “conquering nature”, most of the reservoirs were built in regions with

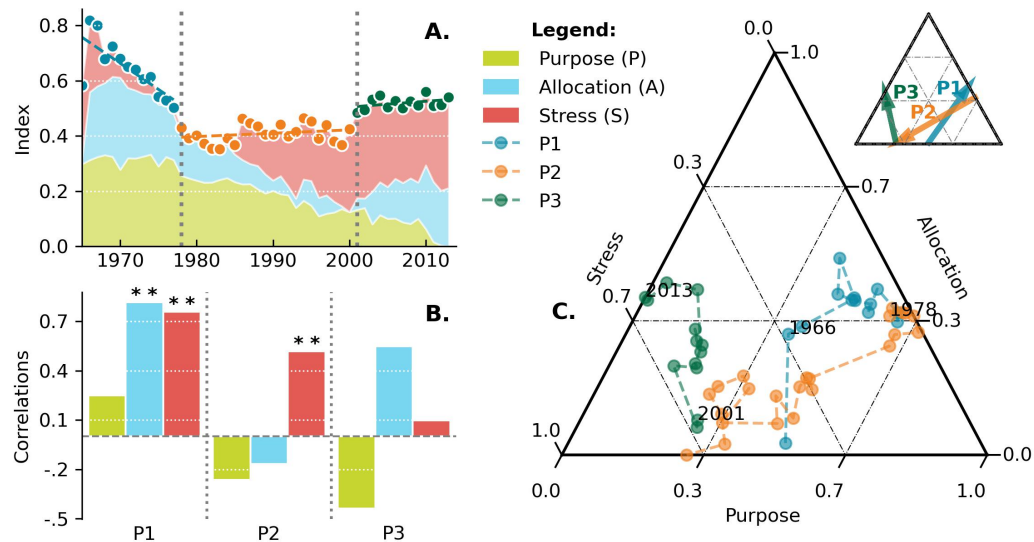


Fig. 2 Changes in the IWGI index and corresponding water governance regimes: P1: 1965–1978, P2: 1979–2001, and P3: 2002–2013. **A**, detecting change points of IWGI and contributions from each indicator. Two significant change points ($p < 0.01$) occurred in 1978 and 2001. **B**, correlation of trends between the IWGI and the indicators. **C**, across three indicators, changing components of the IWGI, whose directions shifts between different regimes.

high water demands during the massive supply regime (R/B ratios were significantly higher, $p < 0.01$, see Figure 3C)). Since the transformation governance regime (P2), the number of new reservoirs decreased significantly and significantly increased basinal policies rigorously controlled the allocation of water (Figure 3D, $p < 0.01$ and *SI Appendix* Figure B2). In the adaptation oriented regime, authorities proposed more national-level water governance policies under the guidance of the national strategy “environmental regulation” (Figure 3D). The regime shift from P1 to P2 is in line with the increasing water supply and demands; while driven by regulatory policies and efficiency enhancement under stable water stress from P2 to P3.

3 Discussion

Water governance gradually becomes a national or international concern from a primarily local concern because large river basins are critical sources of ecosystem services, economic development, and human well-being [9, 34]. As the ubiquitous tele-coupling is rising additional water governance challenges in the tighter connected world, the transition of hydrosocial cycle and regime shifts

align with different human-water relationships [35]. The process echoes how societies can change governance practices by enhancing their adaptive capacity in the hydrosocial cycle, and the IWGI quantitatively identifies this transition [17, 36]. It is vital for scientists and decision-makers to recognize the changing governance challenges because models, institutions, engineering, and approaches developed under one regime are not necessarily applicable under a different regime [37].

In the case of the YRB, our results show that there have been three distinct but sequential governance regimes: a massive supply regime (P1: 1965–1978), a governance transforming regime (P2: 1979–2001) and an adaptation oriented regime (P3: 2002–2013) (Figure 2). During the massive supply regime with lower water stress (1965–1978 in the YRB), water governance thus tended to boost water supply for services (mainly provisioning purposes then -livestock and crops) by constructing reservoirs and channels. As the popular slogan “man will conquer nature” suggested, however, the enhancement of water supply aligned with little consideration of the irreversible changes in the human-water relationship, thus drastically increasing water demand with little consideration in basinal conservation [38]. The

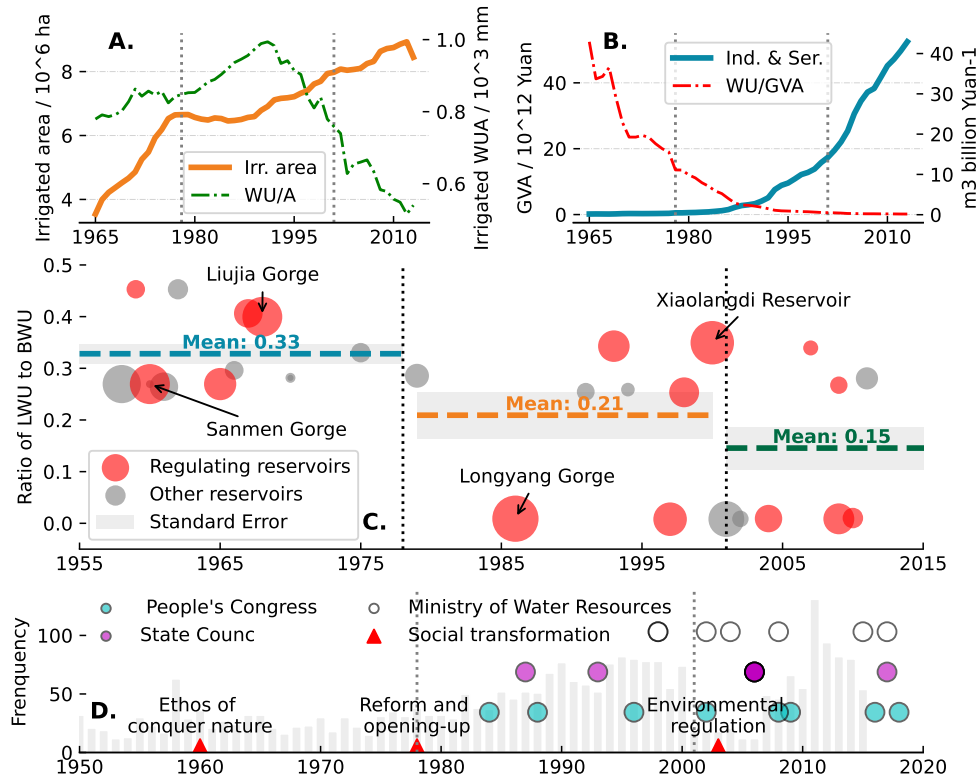


Fig. 3 Causes of water governance regime shifts in the YRB. **A.** Changes in the total irrigated area (orange line) and water use intensity (WU/A , water use divided by the irrigated area, the green dot line). **B.** Changes in gross values added (GVA) of industry and services (blue line) and their water use intensities (WU/GVA WU divided by the GVA, the red dot line). **C.** Completed time of each new reservoir and their located region's water use (LWU) percentages as a proportion of the total basinal water use (BWU) at that time. Red circles denote the reservoirs mainly for managing and regulating the whole basin. The size of each circle indicates the magnitude of its water storage capacity. **D.** Social transformations (red triangles) and national-level governance policies (the circles, different colours denote signed by different state institutions, see *Appendix Table C2*). The light grey bars count official documents related to the YRB on a basinal scale (the Yellow River Events).

rapid expansion of irrigated farmland and water diversion facilities in that decade brought the overburdened YRB close to the critical point, where keeping increasing supply to meet the unlimited demand is unpractical [17]. As a result, the over 80% surface water use then led to river depletions frequently since 1972, with ecological issues, such as wetlands shrinkage and declines in biodiversity [31]. In addition, as the water stress also limited the industrial economy in the ascendant, the existing modes of water governance led to a

social-ecological crisis and challenged sustainability rigorously [32].

The start of the governance transforming regime (P2: 1979–2001) coincided with the rising competition for water use after the “reform and opening-up”. The results in the YRB keep in line with the suggestions from the theoretical analysis: continuous increases in water demand when the basinal total supply is stable can follow substantial changes in governance regime and the rapid enhancement in overall social adaptive capacity

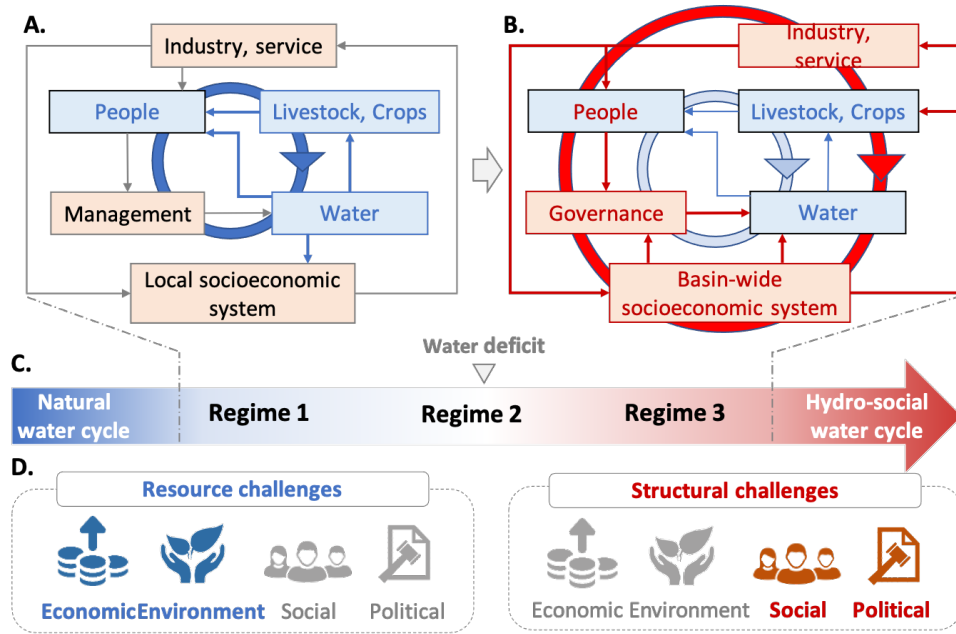


Fig. 4 Transition schema in hydrosocial cycle and water governance regimes. The natural water cycle dominates blue pathways, while socio-economic feedback dominates red pathways. **A.** As socio-economic systems develop, non-provisioning water demand increases; simultaneously, increased adaptive capacity by engineering allows people to manage water resources to alleviate the water stress. **B.** With further human interventions, trade-offs between provisioning-purpose and non-provisioning water use become prominent; a basin-wide socio-economic system requires more organized water governance. Thus, **C. the hydrosocial water cycle transition** correlates with the water governance regime shifts (in the YRB, they are massive supply regime, transformation governance regime, and adaptation oriented regime). The transformation governance regime shift occurs following the water deficit, with the rapid growth of adaptive capacity. **D. Water governance challenges** Through the transitional regimes, water governance faces primarily economic and environmental challenges but social and policy challenges later.

[17]. Being a pioneer in shifting governing institutions, the YRB triggered a series of changes in “who gets water, when and how” during this regime: slowing growth of irrigated acreage; leading water-saving infrastructure; China’s first water quota scheme; The preliminary cross-boundaries water transfer plan and so on [33, 39, 40]. Consequently, though water stress remained and increased (mainly led by reducing streamflow and flexibility), the last depletion of the Yellow River in 1999 added a footnote to the climax of this transformation in water governance [39].

When it came to an adaptation-oriented regime (P3: 2002-2013), drastically shifting in societies adapted to the stable high water stress. Socio-economic trade-offs between water-dependent regions and sectors played a more important role in this regime, so water governance had to achieve efficient water allocation while balancing different purposes in the face of limited water supply [41, 42]. Reconstruction of resources

widespread in different industries and regions was calling for adaptation in water governance, where the urgent requirements of adjusting the rigid quota shares from the previous regime can be an example [39]. Like this, many national-level governing practices were proposed under the regime because the absence of such policies with the social dilemma of high-quality development became new structural challenges for water governance [43].

In general, water governance of the YRB is among the most prominent example in the general transition of hydrosocial cycle - “improving supply, transforming governance, and enhancing adaptation”. With each dimension changing gradually, the emergence of regime shifts drives the water governance challenges at a basin-scale: primarily economic and environmental before the transformation but social and policy-related towards the end (Figure 4) [44, 45]. In the analogy at a global scale, the resource challenges, represented as water shortage and water supplying difficulties,

are mainly faced by undeveloped and developing basins [27, 46, 47]. Alternatively, highly-controlled and developed basins (especially for transboundary rivers) must mainly resolve structural challenges, such as water disputes or lack of equity, and maybe in urgent need of novel flexible, efficient sociopolitical governance structures [48, 49]. Linking regime shifts to the governance challenges, the implementation of IWGI thus offers a comprehensive and straightforward way to interpret the intertwines between water governance and the hydrosocial transition.

One of the main limitations in the approach is the few data worldwide with a long-term period, which means still a gap between the comprehensively identifying and widespread application of IWGI. However, we assumed that all water governance issues are relative to “who gets water, when and how”, so water stress, purposes of water services, and water allocation patterns matter. Therefore, we suggest that choices of the indicators for the dimensions can be adapted according to available datasets as the intertwines between the underlying components are much more crucial in holistically understanding the transition of governance regimes. In today’s world, the regime shifts from biophysical to hydrosocial control of dynamics may become increasingly widespread, so the comprehensive strategies to address governance challenges have become the core of complex human-water systems [25, 50, 51]. Although river basins have shown improvements in water management technologies and water use efficiency, many of them are still approaching planetary boundaries where human-water systems may collapse [52, 53]. A deeper understanding of governance that incorporates ideas of non-linear regime shifts and transformations should help shift the focus of governance towards maintaining the resilience of the basin’s social-ecological system and improving its sustainability [54].

4 Conclusion

Three dimensions of water governance change along with the hydrosocial cycle transition: water stress, services purpose, and water allocation, affecting “who gets water, when and how”. We developed an Integrated Water Governance Index (IWGI) to detect regime shifts in water governance by integrating them. Applying the index to

a rapidly-changing large river basin (the Yellow River Basin, China) describes how water governance shifts between three regimes over half a century (massive supply regime; governance transformation regime; and adaptation oriented regime, respectively). Our approach quantitatively identifies the general schema for water governance regimes in the YRB, in line with previous theoretical analysis with a representative transition process. Linking regime shifts to the underlying causes, the implementation of IWGI offers a comprehensive and straightforward way to interpret changes in intertwines of water governance, hydrosocial transition, and human-water relationships.

5 Methods

To develop a comprehensive and straightforward approach to identifying water governance regimes. First, we constructed the Integrated Water Governance Index (IWGI) based on three dimensions (Stress, Purpose, and Allocation, see Figure 1). Then, we analyzed the changes in the IWGI from 1965 to 2013 using change point detection methods. The normalized Indicator for each dimension affects the IWGI by changing trends and contributions.

5.1 Integrated Water Governance Index (IWGI)

As shown in the framework Figure 1, the IWGI combines the three core dimensions (Stress, Purpose, and Allocation) of water governance. Each dimension keeps two directions, and we assumed the hydrosocial cycle aligns with one of them, respectively:

$$Transformation \propto S * P * A \quad (1)$$

We selected an indicator (I_x , $x = S$, P or A , corresponding to stress, purpose, and allocation, respectively) to quantify the dimensions effectively. Then, the above equation was transformed into a natural logarithm to facilitate calculation:

$$Transformation \propto \ln(I_S) + \ln(I_P) + \ln(I_A) \quad (2)$$

Then, the Integrated Water Governance Index (IWGI) is an average of the normalized indicators

$$I'_x: \quad IWGI = (I'_S + I'_P + I'_A)/3 \quad (3)$$

where:

$$I'_x = (I_x - I_{x,min})/(I_{x,max} - I_{x,min}) \quad (4)$$

Indicator of stress

We used the scarcity-flexibility-variability (SFV) water stress index proposed in Qin et al., 2019 to evaluate water stress [20]. This metric considers management measures (such as the construction of reservoirs) and the impact of changes in the structure of water use on the evaluation of water scarcity. Based on the hydrological and economic context of YRB, four second-level regions are divided (Source Region, Upper Region, Middle Region, and Lower Region, see [Appendix A](#)). For the whole YRB, the indicator of water stress I_S is the average of all regions' SFV-index:

$$I_S = \frac{1}{4} * \sum_{i=1}^4 SFV_i \quad (5)$$

Where SFV_i is the SFV-index for region i , and the detailed calculation of SFV_i can be found in the [Appendix B](#).

Indicator of purpose

To quantify purpose I_P , we used Non-Provisioning purpose Shares (NPS) of water use as an indicator. While provisioning purpose water use (WU_{pro}) includes domestic, irrigated, and livestock water uses, non-provisioning purpose water use ($WU_{non-pro}$) includes industrial and urban services water uses. We calculated the NPS as:

$$NPS = \frac{WU_{pro}}{WU_{pro} + WU_{non-pro}} \quad (6)$$

In this study, we consider water for livestock, rural or urban domestic and water for agriculture as provisioning water. Others are non-provisioning water uses, such as energy water use.

Indicator of allocations

To describe allocations I_A , we designed an indicator based on entropy, called Allocation Entropy Metric (AEM), which measures the degree of evenness in water allocation:

$$I_A = CEM = \sum_{i=1}^N -\log(p_i) * p_i \quad (7)$$

where p_i is the water proportion of region i to the whole basin (here, $N = 4$ considering divided regions in the YRB, see [Appendix A](#)).

5.2 Change points detection

With no assumptions about the distribution of the data, we applied the Pettitt (1979) approach of change-point detection to detect a single change-point in hydrological time series with continuous data [55]. It tests H_0 : The variables follow one or more distributions with the exact location parameter (no change) against the alternative: a change point exists. Mathematically, when a sequence of random variables is divided into two segments represented by x_1, x_1, \dots, x_{t_0} and $x_{t_0+1}, x_{t_0+2}, \dots, x_T$, if each segment has a common distribution function, i.e., $F_1(x)$, $F_2(x)$ and $F_1(x) \neq F_2(x)$, then the change point is identified at t_0 . To achieve the identification of change point, a statistical index $U_{t,T}$ is defined as follows:

$$U_{t,T} = \sum_{i=1}^t \sum_{j=t+1}^T \text{sgn}(X_i - X_j), 1 \leq t < T \quad (8)$$

where:

$$\text{sgn}(\theta) = \begin{cases} 1 & \text{if } \theta > 0 \\ 0 & \text{if } \theta = 0 \\ -1 & \text{if } \theta < 0 \end{cases} \quad (9)$$

The most probable change point τ is found where its value satisfies $K_\tau = \max_{1 \leq t \leq T} U_{t,T}$ and the significance probability associated with value K_τ is approximately evaluated as:

$$p = 2 \exp\left(\frac{-6K_\tau^2}{T^2 + T^3}\right) \quad (10)$$

Given a certain significance level α , if $p < \alpha$, we reject the null hypothesis and conclude that x_τ is a significant change point at level α .

We used $\alpha = 0.001$ as the threshold level of the p-value, meaning that the probability of a statistically significant change-point judgment being valid was more than 99.9%. We divided the

series into two at that point and analyzed each series separately until all significant change points were detected. Though two break points in the main text with $\alpha = 0.001$, the threshold from 0.0005 to 0.05 does not affect our results, and the breakpoints we identified are robust (see *Appendix* Figure B3).

5.3 Datasets

In order to calculate IWGI in the YRB, all the datasets we need are listed in the *SI Appendix* Table C1 with a detailed description in C.

Supplementary information. When calculating the indicators (especially the SFV water stress index and the allocation entropy metric), we should use data at a lower (regional scale in this study) spatial scale. Therefore, we divide the YRB into four regions: source region (SR), upper region (UR), middle region (MR), and lower region (LR), according to characteristics and customary practices in the A. The formulation in detail for applying the SFV-index is available in the B. We used multiple sources of datasets in this study, *Appendix* C introduces where they came from and how we harmonise them for analysis.

Acknowledgments. Funding was provided by the National Natural Science Foundation of China (CN) (Grant Nos. NSFC 42041007).

Declarations

- Funding
- Conflict of interest/Competing interests (check journal-specific guidelines for which heading to use)
- Ethics approval
- Consent to participate
- Consent for publication
- Availability of data and materials
- Code availability
- Authors' contributions

If any of the sections are not relevant to your manuscript, please include the heading and write 'Not applicable' for that section.

Editorial Policies for:

Springer journals and proceedings:
<https://www.springer.com/gp/editorial-policies>

Nature Portfolio journals: <https://www.nature.com/nature-research/editorial-policies>

Scientific Reports: <https://www.nature.com/srep/journal-policies/editorial-policies>

BMC journals: <https://www.biomedcentral.com/getpublished/editorial-policies>

Appendix A YRB Regions

We divide the YRB into four regions to calculate the indicators considering both socio-economic and natural conditions. The division aligns with the customary schema from publications and the YRCC [29, 31, 56], so four important hydrological stations can distinguish the regions (see Figure A1).

- **Source Region (SR):** Over 50% of natural runoff originates from this region. The most ecological function here is water yield, as sparsely populated and less economically developed.
- **Upper Region (UR):** With the highest per capita irrigated land area, there are numbers of large irrigation lands in this region. However, irrigation efficiency is relatively much lower than its lower reaches.
- **Middle Region (MR):** Crossing Loess Plateau, a famous rich-sand area, Yellow River loads most of its sediments here with the highest soil erosion risk. The “grain for the green” project changed the water utilization here strikingly to reverse this situation [57].
- **Lower Region (LR):** With a dense population and the traditional agricultural trajectory, the lower region used to be the largest water use region. However, as the industrial transformation going, the proportion of agriculture keeps decreasing, but LR is still the largest water use region in each aspect.

Appendix B SFV-index

By taking water flexibility and variability into account, the scarcity-flexibility-variability (SFV) index focus more on dynamic responses to water resources in a developing perspective, which is a valid metric of temporal changes in water stresses [20]. To apply this method, we need to combine three metrics following:

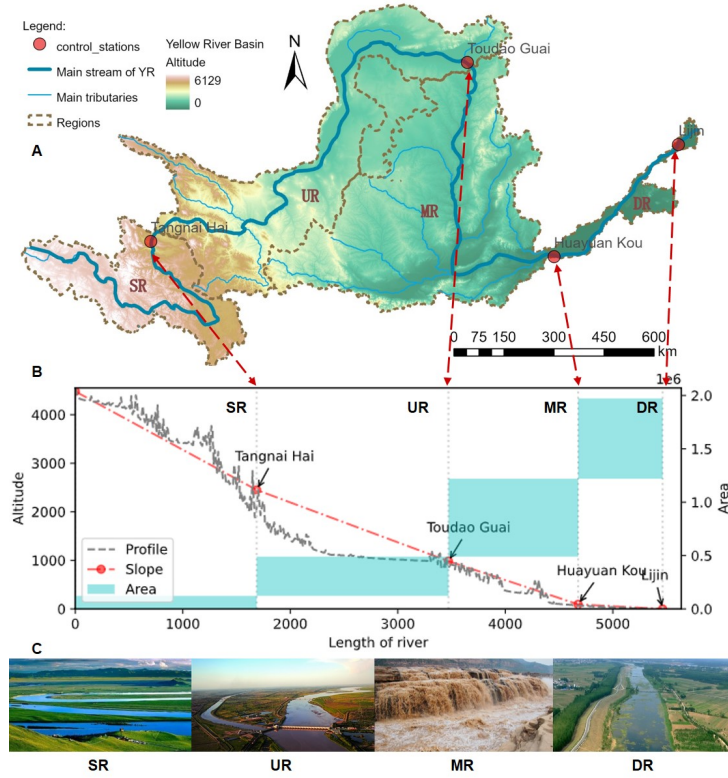


Fig. A1 The study area. **A.** Diagram of the YRB and the subdivision of the basin (SR: Source Region, UR: Upper Region, MR: Middle Region, DR: Downstream region). **B.** Profile of the main channel of the Yellow River. The hydrological stations control the SR, UR, MR and DR. **C.** Typical landscapes in different regions in the YRB.

First, for scarcity, $A_{i,j}$ is the total water consumption as a proportion of regional multi-year average runoff volume in year j and region i (in this study, four regions in the YRB, *Appendix A*):

$$A_{i,j} = \frac{WU_{i,j}}{R_{i,avg}} \quad (B1)$$

Second, for flexibility, $B_{i,j}$ is the inflexible water use $WU_{inflexible}$ (i.e. for thermal power plants or humans and livestock) as a proportion of average multi-year runoff, in year i and region j :

$$B_{i,j} = \frac{WU_{i,j,inflexible}}{R_{i,avg}} \quad (B2)$$

Finally for variability, the capacity of the reservoir and the positive effects of storage on natural runoff fluctuations are also considered.

$$C_i = C1_i * (1 - C2_i) \quad (B3)$$

$$C1_{i,j} = \frac{R_{i,std}}{R_{i,avg}} \quad (B4)$$

$$C2_i = \frac{RC_i}{R_{i,avg}}, \text{ if } RC < R_{i,avg} \quad (B5)$$

$$C2_i = 1, \text{ if } RC \geq R_{i,avg} \quad (B6)$$

In all the equations above, $R_{i,avg}$ is the average runoff in region i , RC_i is the total storage capacities of reservoirs in the region i , $R_{i,std}$ is the standard deviation of runoff in the region i .

Finally, assuming three metrics (scarcity, flexibility and variability) have the same weights, we can calculate the *SFV* index after normalizing them:

$$V = \frac{A_{normalize} + B_{normalize} + C_{normalize}}{3} \quad (B7)$$

$$a = \frac{1}{V_{max} - V_{min}}; \quad (B8)$$

$$b = \frac{1}{V_{min} - V_{max}} * V_{min} \quad (B9)$$

$$SFV = a * V + b \quad (B10)$$

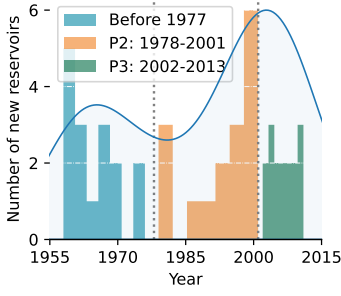


Fig. B2 Numbers of new reservoirs in each year.

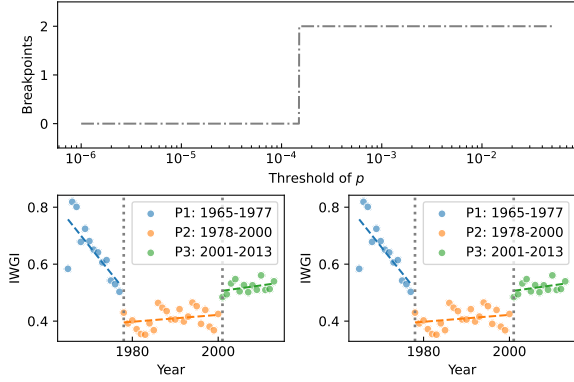


Fig. B3 Sensitivity analysis of the threshold of p-values. **A.** number of breakpoints in different p-values, the scheme with two-breakpoints are the dominant situation. **B.** Threshold of p-values $\alpha = 0.0005$. **C.** Threshold of p-values $\alpha = 0.05$.

Appendix C Datasets

Descriptions

This study used multiple types of data (see Table C1): statistical datasets, hydrological datasets, and political datasets.

Statistical datasets

The water resources use dataset was published by Zhou et al. [38], which records water utilization in different sectors along with social-economic situations at the Prefectures level. 2nd National Water Resources Assessment Program mainly extracted this dataset launched in 2002, led by the National Development and Reform Commission and the Ministry of Water Resources (see ref (1) and <http://www.mwr.gov.cn/english/pubs/> for more details). Since then, the statistics from the survey using the same criteria have been supplemented

and harmonized with the 2013 administrative divisions.

The data covers a total of subcategories of water use under four broad categories: agriculture (IRR), industry (IND), urban (URB) and rural (RUR) water use (see Zhou et al., for details [38]).

Hydrological datasets

The reservoir dataset was collected by Wang et al. [31], which introduced includes the significant new reservoirs built in the YRB since 1949 (Figure B2). YRCC labelled the regulation-oriented reservoirs among them, see <http://www.yrcc.gov.cn/hhyl/sngc/>). In addition, annual runoff data derived from hydrological station measurements are the same as the datasets used in [31] and [29].

Political datasets

The policy dataset collects laws and policies listed in the book [56], which are related to the Yellow River basin promulgated and implemented by departments at (such as YRCC) and above (such as national institutions) at the Basin's level (Table C2). In addition, some are difficult to categorize; not a landmark, but numerous water governance practices in the YRB had been recorded in “Yellow River Events” by the YRCC; we collected them from <http://www.yrcc.gov.cn/hhyl/hhjs/>.

Methods S3. Harmonization

Due to the wide sources of our data set and the different spatial scales, we need to harmonize them into a practical scale.

- 1. Datasets at watersheds scales: We directly divided the annual hydrological data and measured runoff data according to their watersheds' corresponding hydrological stations (see Figure A1 A and B).
- 2. Prefecture: We calculate the area of each prefecture to determine whether they belong to a region, with the threshold of 95%:

$$S_{ij} = MAX(S_{ij}/S_i) \quad (C11)$$

Where i refers to a specific prefecture and j refers to a region within YRB, i.e. SR, UR, MR, or DR. S_i refers to the area of perfect i , and S_{ij} refers intersecting area between perfect i and region j . We define prefecture i belongs to

region j if their intersecting area S_{ij} over 95% of S_i , i.e.:

$$MAX(S_{ij}) > 0.95 * S_i \quad (C12)$$

• 3. Province: According to the major provinces contained in different regions, we determine which region the data of that province is merged into by referring to the traditional division practice:

- SR: Qinghai Gansu and Sichuan,
- UR: Ningxia and Inner Mongolia,
- MR: Shanxi and Shaanxi,
- DR: Shandong, Hebei and Henan.

Finally, when we process the location data (i.e., the location data of the reservoirs), we judge the province it belongs to according to its location and then fit it to the regional scale.

References

- [1] Gleeson, T. *et al.* Illuminating water cycle modifications and Earth system resilience in the Anthropocene **56** (4). <https://doi.org/10.1029/2019WR024957> .
- [2] Gleeson, T., Cuthbert, M., Ferguson, G. & Perrone, D. Global Groundwater Sustainability, Resources, and Systems in the Anthropocene **33** .
- [3] Ahlström, H. *et al.* An Earth system law perspective on governing social-hydrological systems in the Anthropocene **10**, 100120. <https://doi.org/10.1016/j.esg.2021.100120> .
- [4] Biermann, F. *et al.* Navigating the Anthropocene: Improving Earth System Governance **335** (6074), 1306–1307. <https://doi.org/10.1126/science.1217255>, <https://arxiv.org/abs/22422966> .
- [5] Steffen, W. *et al.* The emergence and evolution of Earth System Science **1** (1), 54–63. <https://doi.org/10.1038/s43017-019-0005-6> .
- [6] Sivapalan, M., Savenije, H. H. G. & Blöschl, G. Socio-hydrology: A new science of people and water: INVITED COMMENTARY **26** (8), 1270–1276. <https://doi.org/10.1002/hyp.8426> .
- [7] Qin, D. *et al.* Theoretical framework of dualistic nature–social water cycle **59** (8), 810–820. <https://doi.org/10.1007/s11434-013-0096-2> .
- [8] Abbott, B. W. *et al.* A water cycle for the Anthropocene **33** (23), 3046–3052. <https://doi.org/10.1002/hyp.13544> .
- [9] Best, J. Anthropogenic stresses on the world’s big rivers **12** (1), 7–21. <https://doi.org/10.1038/s41561-018-0262-x> .
- [10] Di Baldassarre, G. *et al.* Sociohydrology: Scientific Challenges in Addressing the Sustainable Development Goals **55** (8), 6327–6355. <https://doi.org/10.1029/2018WR023901> .
- [11] OECD. *OECD Water Governance Indicator Framework*, 49–105. OECD Studies on Water (OECD).
- [12] Wang, J. *et al.* Understanding the Human–Water Relationship in China during 722 B.C.–1911 A.D. from a Contradiction and Co-Evolutionary Perspective **31** (3), 929–943. <https://doi.org/10.1007/s11269-016-1555-8> .
- [13] Kjellén, D. M., Tropp, D. H. & Jiménez, D. A. Water governance in perspective: Water Governance Facility 10 years 2005–2015.
- [14] Grafton, R. Q. *et al.* Global insights into water resources, climate change and governance **3** (4), 315–321. <https://doi.org/10.1038/nclimate1746> .
- [15] Falkenmark, M. & Wang-Erlandsson, L. A water-function-based framework for understanding and governing water resilience in the Anthropocene **4** (2), 213–225. <https://doi.org/10.1016/j.oneear.2021.01.009> .
- [16] Bressers, H. & Kuks, S. Water governance regimes: Dimensions and dynamics **1** (1), 133–156. <https://doi.org/10.7564/12-IJWG1> .
- [17] Loch, A., Adamson, D. & Dumbrell, N. P. The Fifth Stage in Water Management: Policy Lessons for Water Governance **56** (5), e2019WR026714. <https://doi.org/10.1029/2019WR026714> .

Table C1 Used datasets and their sources.

Dataset	Type	Spatial scale	Time scale	Source
1. Administrative water use	Statistical	Prefectures	1965-2013	2nd National Water Resources Assessment Program [38]
2. GDP	Statistical	Province	1949-2019	Wind database
3. Streamflow withdrawals	Statistical	Watershed	2003-2019	Yearbooks http://www.yrcc.gov.cn/other/hhgb/
4. Reservoirs	Hydrological	Location	1949-2015	Publication [31]
5. Measured runoff	Hydrological	Location	1949-2019	Measured data [29, 31]
6. Laws	Political	Documents	1949-2013	YRCC [56]
7. History of YRCC	Political	Documents	1949-2002	YRCC [58]
8. YRB Events	Political	Documents	1949-2015	YRCC: http://www.yrcc.gov.cn/hhyl/hhjs/

Table C2 Policies and regulations above YRB level which affected the whole basin in water utilization

Name	Year	Agency
1. Water Law of PRC	1988	National People's Congress of the PRC
2. Water Law of PRC -revised 1	2009	National People's Congress of the PRC
3. Water Law of PRC -revised 2	2016	National People's Congress of the PRC
4. Regulations on the Administration of Water Drawing Licences and The Collection of water resource fees	2006	State Council of the PRC
5. Regulations on the Administration of Water Drawing Licences and The Collection of water resource fees -revised 1	2017	State Council of the PRC
6. Regulations on the Allocation of Water in the Yellow River	2006	State Council of the PRC
7. Yellow River water supply distribution scheme	1987	State Council of the PRC
8. Measures for the Administration of Water Drawing Permits	2008	Ministry of Water Resources of the PRC
9. Measures for the Administration of Water Drawing Permits -revised 1	2015	Ministry of Water Resources of the PRC
10. Measures for the Administration of Water Drawing Permits -revised 2	2017	Ministry of Water Resources of the PRC
11. Regulations on the Allocation of Water in the Yellow River	2006	State Council of the PRC
12. Annual distribution of available water supply of the Yellow River and mainstream water dispatching scheme	1998	Ministry of Water Resources of the PRC
13. The Yellow River water dispatching management measures	1998	Ministry of Water Resources
14. Measures for the Implementation of the Yellow River Water Rights Conversion Management	2004	Ministry of Water Resources
15. Regulations on the Administration of Water Drawing Licences and The Collection of water resource fees	2006	State Council of the PRC
16. Measures for the implementation of the water drawing Permit system	1993	State Council of the PRC
17. Measures for the demonstration and management of water resources in construction projects	2002	Ministry of Water Resources of the PRC
18. Implementation Opinions on the Reform of Water Conservancy Project Management System	2006	State Council of the PRC

[1]If a policy was proposed by multiple legacies, we only show the highest one.

2019WR026714 .

URL <https://www.watergovernance.org/wp-content/uploads/2016/08/Issue-sheet-Water-Governance-WEB-1.pdf>.

[18] Lasswell, H. D. *Politics: Who Gets What, When, How* (Pickle Partners Publishing). [UlekDwAAQBAJ](#).

[20] Qin, Y. *et al.* Flexibility and intensity of global water use **2** (6), 515–523. <https://doi.org/10.1038/s41893-019-0294-2> .

[19] UNDP Water Governance Facility. Issue sheet: Water governance.

- [21] Wada, Y., Gleeson, T. & Esnault, L. Wedge approach to water stress **7** (9), 615–617. <https://doi.org/10.1038/ngeo2241> .
- [22] Huang, Z., Yuan, X. & Liu, X. The key drivers for the changes in global water scarcity: Water withdrawal versus water availability **601**, 126658. <https://doi.org/10.1016/j.jhydrol.2021.126658> .
- [23] Liu, J. *et al.* Water scarcity assessments in the past, present, and future **5** (6), 545–559. <https://doi.org/10.1002/2016EF000518> .
- [24] Flörke, M., Schneider, C. & McDonald, R. I. Water competition between cities and agriculture driven by climate change and urban growth **1** (1), 51–58. <https://doi.org/10.1038/s41893-017-0006-8> .
- [25] Jaeger, W. K. *et al.* Scope and limitations of drought management within complex human-natural systems **2** (8), 710–717. <https://doi.org/10.1038/s41893-019-0326-y> .
- [26] Schmandt, J. & Kibaroglu, A. in *Better Basin Management with Stakeholder Participation* (eds Kibaroglu, A. & Schmandt, J.) *Sustainability of Engineered Rivers In Arid Lands: Challenge and Response* 260–270 (Cambridge University Press).
- [27] Speed, R. & Asian Development Bank. *Basin Water Allocation Planning: Principles, Procedures, and Approaches for Basin Allocation Planning* (Asian Development Bank, GIWP, UNESCO, and WWF-UK). URL <http://www.adb.org/sites/default/files/pub/2013/basic-water-allocation-planning.pdf>.
- [28] Mostern, R. & Horne, R. M. *The Yellow River: A Natural and Unnatural History* Yale Agrarian Studies Series (Yale University Press).
- [29] Wang, S. *et al.* Reduced sediment transport in the Yellow River due to anthropogenic changes **9** (1), 38–41. <https://doi.org/10.1038/ngeo2602> .
- [30] Song, S. *et al.* Sediment transport under increasing anthropogenic stress: Regime shifts within the Yellow River, China **49** (12), 2015–2025. <https://doi.org/10.1007/s13280-020-01350-8> .
- [31] Wang, Y., Zhao, W., Wang, S., Feng, X. & Liu, Y. Yellow River water rebalanced by human regulation **9** (1), 9707. <https://doi.org/10.1038/s41598-019-46063-5> .
- [32] Wohlfart, C., Kuenzer, C., Chen, C. & Liu, G. Social-ecological challenges in the Yellow River basin (China): A review **75** (13), 1066. <https://doi.org/10.1007/s12665-016-5864-2> .
- [33] Nickum, J. E. & Shaofeng, J. in *The Yellow River Basin* (eds Kibaroglu, A. & Schmandt, J.) *Sustainability of Engineered Rivers In Arid Lands: Challenge and Response* 107–120 (Cambridge University Press).
- [34] Best, J. & Darby, S. E. The Pace of Human-Induced Change in Large Rivers: Stresses, Resilience, and Vulnerability to Extreme Events **2** (6), 510–514. <https://doi.org/10.1016/j.oneear.2020.05.021> .
- [35] Díaz, S. *et al.* Pervasive human-driven decline of life on Earth points to the need for transformative change **366** (6471). <https://doi.org/10.1126/science.aax3100> .
- [36] Turton, A. *Water Scarcity and Social Adaptive Capacity: Towards an Understanding of the Social Dynamics of Water Demand Management in Developing Countries* (SOAS). [WSuRjwEACAAJ](https://www.soa.ac.uk/~/media/Files/Research/Working%20Papers/WSuRjwEACAAJ).
- [37] Reyers, B., Folke, C., Moore, M.-L., Biggs, R. & Galaz, V. Social-Ecological Systems Insights for Navigating the Dynamics of the Anthropocene **43** (1), 267–289. <https://doi.org/10.1146/annurev-environ-110615-085349> .
- [38] Zhou, F. *et al.* Deceleration of China’s human water use and its key drivers **117** (14), 7702–7711. <https://doi.org/10.1073/pnas.1909902117> .
- [39] Wang, Y. *et al.* Review of the implementation of the yellow river water allocation scheme for thirty years **41** (9), 6–19. <https://doi.org/10.1007/s13280-020-01350-8> .

3969/j.issn.1000-1379.2019.09.002 .

- [40] Long, D. *et al.* South-to-North Water Diversion stabilizing Beijing's groundwater levels **11** (1), 3665. <https://doi.org/10.1038/s41467-020-17428-6> .
- [41] Dalin, C., Qiu, H., Hanasaki, N., Mauzerall, D. L. & Rodriguez-Iturbe, I. Balancing water resource conservation and food security in China **112** (15), 4588–4593. <https://doi.org/10.1073/pnas.1504345112> .
- [42] Song, S., Wang, S., Wu, X., Huang, Y. & Fu, B. Decreased virtual water outflows from the Yellow River basin are increasingly critical to China **26** (8), 2035–2044. <https://doi.org/10.5194/hess-26-2035-2022> .
- [43] Konar, M., Garcia, M., Sanderson, M. R., Yu, D. J. & Sivapalan, M. Expanding the Scope and Foundation of Sociohydrology as the Science of Coupled Human-Water Systems **55** (2), 874–887. <https://doi.org/10.1029/2018WR024088> .
- [44] Singh, A., Saha, D. & Tyagi, A. C. (eds) *Water Governance: Challenges and Prospects* Springer Water (Springer Singapore). URL <https://www.springer.com/gp/book/9789811326998>.
- [45] Porcher, S. & SAUSSIÉ, S. (eds) *Facing the Challenges of Water Governance* Palgrave Studies in Water Governance: Policy and Practice (Palgrave Macmillan). URL <https://www.palgrave.com/gp/book/9783319985145>.
- [46] Allan, J. R. *et al.* Navigating the complexities of coordinated conservation along the river Nile **5** (4), eaau7668. <https://doi.org/10.1126/sciadv.aau7668> .
- [47] Liu, J. & Yang, W. Water Sustainability for China and Beyond **337** (6095), 649–650. <https://doi.org/10.1126/science.1219471> .
- [48] UNEP-DHI, UNEP & UNEP. *Transboundary River Basins: Status and Trends* URL <http://geftwap.org/publications/river-basins-technical-report>.
- [49] Mirumachi, N. *Transboundary Water Politics in the Developing World* Earthscan Studies in Water Resource Management (Routledge, Taylor & Francis Group).
- [50] Cumming, G. S. & von Cramon-Taubadel, S. Linking economic growth pathways and environmental sustainability by understanding development as alternate social-ecological regimes **115** (38), 9533–9538. <https://doi.org/10.1073/pnas.1807026115> .
- [51] Cumming, G. S. *et al.* Implications of agricultural transitions and urbanization for ecosystem services **515** (7525), 50–57. <https://doi.org/10.1038/nature13945> .
- [52] Gleeson, T. *et al.* The Water Planetary Boundary: Interrogation and Revision **2** (3), 223–234. <https://doi.org/10.1016/j.oneear.2020.02.009> .
- [53] Wang-Erlandsson, L. *et al.* A planetary boundary for green water 1–13. <https://doi.org/10.1038/s43017-022-00287-8> .
- [54] Falkenmark, M., Wang-Erlandsson, L. & Rockström, J. Understanding of water resilience in the Anthropocene **2**, 100009. <https://doi.org/10.1016/j.hydroa.2018.100009> .
- [55] Pettitt, A. N. A Non-Parametric Approach to the Change-Point Problem **28** (2), 126–135. <https://doi.org/10.2307/2346729>, <https://arxiv.org/abs/2346729> .
- [56] Commission, Y. R. C. *Yellow River Basin Comprehensive Plan (2012-2030)* 1 edn (Yellow River Water Conservancy Press). URL http://www.yrcp.com/wssd/bkjc/sll_bkjc/201811/t20181113.44020.html.
- [57] Wu, X. *et al.* Evolution and effects of the social-ecological system over a millennium in China's Loess Plateau **6** (41), eabc0276. <https://doi.org/10.1126/sciadv.abc0276> .
- [58] Archives, Y. R. *Organizational History of the Yellow River Conservancy Commission* (Yellow River Water Conservancy Press).