# Identifying regime transitions for water governance at a basin scale

Shuang Song<sup>1,2</sup>, Shuai Wang<sup>1,2</sup>, Xutong Wu<sup>1,2</sup>, Yongping Wei<sup>3</sup>, Graeme S. Cumming<sup>4</sup> and Bojie Fu<sup>1,2\*</sup>

\*Corresponding author(s). E-mail(s): fubj@bnu.edu.cn; Contributing authors: songshgeo@mail.bnu.edu.cn; shuaiwang@bnu.edu.cn; wuxutong@bnu.edu.cn; yongping.wei@uq.edu.au; graeme.cumming@jcu.edu.au;

#### Abstract

In many large river basins, water governance regimes from natural to social-ecological or 'hydrosocial' situations profoundly change who gets water, when, and how. Identifying changes in governance regimes is critical to understanding the transition and guiding the efficient and sustainable use of water. We combined three main dimensions of water governance (supply, purpose and allocation) to develop a quantitative Integrated Water Governance Index (IWGI) to detect regime shifts in water governance at a basin scale. Applying the index to a rapidly-changing large river basin (the Yellow River Basin, China) describes how water governance shifts between three regimes over half a century. (massive supply regime; governance transformation regime; and adaptation oriented regime, respectively). In the YRB, the regime shifts' underlying causes are increasing water supply and demand through the construction of reservoirs and expansion of irrigated areas before the governance transformation, while are re-allocation and regulation after the transformation. Our application of the IWGI offers a comprehensive and straightforward way to link the water governance regimes to the hydrosocial transition, following challenges in sustainability.

Keywords: Regime shifts, Water governance, Transformation, Social-hydrology, Sustainability

### 1 Introduction

Water, being "at the centre of the planetary drama of the Anthropocene" [1], is essential not only for earth system processes but also in supporting development and human well-being. As an integral part of a proposed earth system governance framework, water governance requires a deep understanding of changes in the complex relationships

<sup>&</sup>lt;sup>1\*</sup>State Key Laboratory of Earth Surface Processes and Resource Ecology, Beijing Normal University,, Xinjiekouwai Street, Beijing, 100875, Beijing, China.

<sup>&</sup>lt;sup>2</sup>nstitute of Land Surface System and Sustainability, Beijing Normal University, Xinjiekouwai Street, Beijing, 100875, Beijing, China.

<sup>&</sup>lt;sup>3</sup>School of Earth and Environmental Sciences, The University of Queensland, Brisbane, 4067, QLD, Australia.

<sup>&</sup>lt;sup>4</sup>ARC Centre of Excellence for Coral Reef Studies, James Cook University, Townsville, 4811, QLD, Australia.

between humans and water [2–4]. Human activities stemming from our reliance on the water have profoundly modified the natural water cycle, resulting in rivers dominated by a hybrid of social and natural tendencies [1, 5–8]. Facing this transition, many big river basins worldwide (which are hot spots of civilization and economic growth) are urgently in need of successful water governance for sustainability [2, 9, 10].

Water governance refers to the political, social, economic, and administrative systems that influence the use and management of water For populated large river basins, missing governance means missing sustainability, and a first important step in understanding the transitions with successful water governance is identifying the different regimes. [11]. Regimes of water governance maintained by concreted intertwine within human-water systems (such as management, institutions, and exploitations), as a stable state in structures and functions [12–14]. Therefore, regime shifts sometimes lead to new water governance challenges as both signals and consequences of substantive changes in human-water systems. The lack of a comprehensive but straightforward approach to identifying changes in water governance regimes challenges sustainability, and filling this gap can well align human and water systems (Figure 1).

Governance is essentially about "who gets what, when and how". The United Nations Development Programme (UNDP) thus suggested that three key dimensions of water use are decided by the water governance directly: "When and what water to use?" (stress), "How does water provides different services to well-beings?" (purpose), and "Who can use water equally and efficiently?" (allocation) [11, 15, 16]. First, water stress depends not only on climate (with increasing scarcity and uncertainty in many regions) but also on the increasingly insatiable demands from economic activities such as irrigation and industry; water storage can resolve some but not all of these issues [17–19]. Second, the purpose of how water services human well-being is to consider tradeoffs between consumptive uses (e.g., drinking and food production) and non-consumptive uses (e.g., energy production) [20–22]. Third, the allocation of water across the whole basin is not only decided by regionally socio-economic and environmental

context but also influenced by systematically regulating [23, 24]. Despite regime shifts in water governance related to substantive changes in any of the three dimensions, separately considering their intertwines within human-water systems can lead to holistic failure in governing water.

The Yellow River Basin (YRB), the fifthlargest river in the world, was most in need of integrated water governance because drastically anthropogenic intervention led to intense governance challenges in sustainability (see Appendix Methods S1 and Figure S1 for details). Since the 1960s, the implementation of conservation measures, regulation reservoirs, and levee constructions have contained the governance issues troubled by thousands of years of high sediment loads [25, 26]. However, decreased streamflows and water over-use then led to depletions of the overburdened river, creating new challenges and new governance practices, including water use regulation and water transfer across basins [27]. Today, it is still impossible to completely solve water stress, trade-offs between ecosystem services, or lopsided development in different regions in the YRB; -"who gets water, when and how" is always an open question for sustainable development [28, 29]. Confronting governance challenges induced by environmental, economic, social, and political factors, numerous governance practices have led the YRB to be among the most drastically-governing large river basins worldwide Identifying regime shifts in water governance within the YRB can thus provide crucial insights into rapidly-changing big river basins and how governance may respond to meeting challenges to their sustainability.

Here, we use the three core dimensions (stress, purpose and allocation) and corresponding indicators of water governance to develop an Integrated Water Governance Index (IWGI) that can detect and describe changes in water governance at a basin-scale (see Figure 1 and methods). Then, by applying the index to a typical rapid-changing big river basin (the YRB), we show how to analyze the complicated water governance regimes in a comprehensive but straightforward way. Following synthetic analyses of the changes in water demand, supply, economic outcomes, and institutions, we interpret the leading causes of the regime shifts. Finally, we propose a general regime transition schema as a practical guideline for a

coordinated approach to exploring the challenges faced by big river basin governance.

### 2 Results

### 2.1 Water governance regimes

Two significant breakpoints divide the changes in the IWGI into three periods, with different contributions from three dimensions (Figure 2A). In the first period (P1, 1965-1978), the IWGI decreased rapidly. While the indicator of purpose and allocation contributed more to the IWGI (49.45% and 34.95\% on average, respectively), the remarkable downward trend correlates significantly (p < 0.01) to the decreasing allocation and stress indicators (Figure 2B). In the second period (P2, 1979-2001), the increasing stress indicator significantly (p < 0.01) contributed to the upward IWGI, while the allocation and purpose indicators played negative roles in changing the IWGI. During the third period (P3, 1995-2013), while the stress indicator kept its most prominent share in contributions (57.11% on average), the increased allocation indicator and decreased purpose indicator changed the regime of IWGI. Taken together, the overall features of the three dimensions in different periods are relative to a directional change in the combination of three dimensions (Figure 2C). The results suggest three distinct water governance regimes: a massive supply regime (P1: 1965-1978), a governance transforming regime (P2: 1979-2001), and an adaptation oriented regime (P3: 2002-2013).

### 2.2 Causes of the regime shifts

The underlying causes of changes in the IWGI are associated with various factors but are different in the two regime shifts. Changing water demands and supply were critical to the shift between P1 and P2. As the dominant water demand during the massive supply regime (P1), the area of irrigated agriculture in the YRB expanded rapidly at a rate of  $0.25 * 10^6 ha/yr$  (Figure 3A), simultaneously supported by increasing supply through the construction of reservoirs (SI Appendix Fig. S3). Entering the transformation governance regime (P2), however, the expansion of irrigated areas slowed down, and industry and services gradually took off, with more water demands (Figure 3A and

B), leading to an 8% reduction in the proportion of irrigation water use (SI Appendix S3).

From P2 to P3, the efficiency of water use changed obviously. Not only irrigated areas keep their slow expansion in the adaptation oriented regime (P3) (Figure3A), but industry and urban services also assumed a more vital economic role (represented by Gross Added Values, GVA) (Figure 3B). However, because of more efficient technology and better water conservation practices (SI Appendix Fig. S4), both experienced significant declines in water use for a unit irrigated area or unit production (Figure 3A and Figure 3B). As a result, the differences between sectors of water use reduced while the total water stress remained stable during the adaptation oriented regime (SI Appendix Fig. S3).

Environmental context, social transformation and policies played roles in all three regimes. We calculated the ratios of regional and basinal water use for each reservoir (R/B ratio) (Figure 3C), with a higher ratio representing a potential role in water supply rather than basinal regulations. Under the guiding ethos of "conquering nature", most of the reservoirs were built in regions with high water demands during the massive supply regime (R/B ratios were significantly higher, see Figure 3C, p < 0.01), when natural water resources were also relatively abundant (SI Appendix Fig. S5). Since the transformation governance regime (P2), the number of new reservoirs decreased significantly and significantly increased basinal policies rigorously controlled the allocation of water (Figure 3D, p < 0.01 and SI Appendix Fig. S6). In the adaptation oriented regime, authorities proposed more national-level water governance policies under the guidance of the national strategy "environmental regulation" (Figure 3D). The regime shift from P1 to P2 is in line with the increasing water supply and demands; while driven by regulatory policies and efficiency enhancement under stable water stress from P2 to P3.

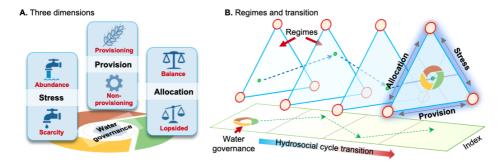


Fig. 1 Identifying the water governance regimes in transitions of a hydrosocial cycle. A. Water governance has three key dimensions (stress, purpose and allocation), each of which has two potential directions (denoted in red) when changing. (1) "stress" of water shifts between scarcity and abundance; (2) weighting "purpose" of water between consumptive services or non-consumptive uses; (3) "allocation" changes between balanced or lopsided. B. Along with a transition in hydrosocial water cycle, water governance shifts in line with the three dimensions. Combining corresponding indicators, an abrupt change of the IWGI thus indicates a regime shift in water governance.

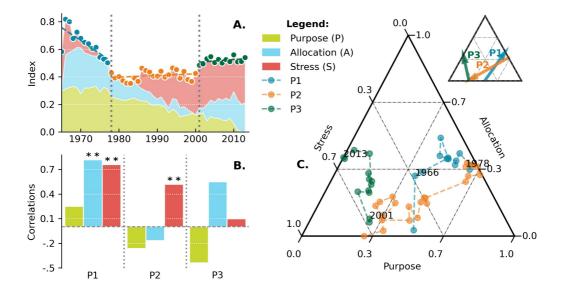


Fig. 2 Changes in the IWGI index and corresponding water governance regimes: P1: 1965-1978, P2: 1979-2001, and P3: 2002-2013. A, detecting change points of IWGI and contributions from each indicator. Two significant change points (p < 0.01) occurred in 1978 and 2001. B, correlation of trends between the IWGI and the indicators. C, across three indicators, changing components of the IWGI, whose directions shifts between different regimes.

### 3 Discussion

### 3.1 Challenges along with the transition

Water governance gradually becomes a national or international concern from a primarily local concern because large river basins are critical sources of ecosystem services, economic development, and human well-being. As the ubiquitous tele-coupling is rising additional water governance challenges in the tighter connected world, the transition of hydrosocial cycle and regime shifts align with different human-water relationships. The process echoes how societies can change governance practices by enhancing their adaptive capacity in the hydrosocial cycle, and the IWGI quantitatively identifies this transition. It is important for scientists and decision-makers to recognize the changing governance challenges because models,

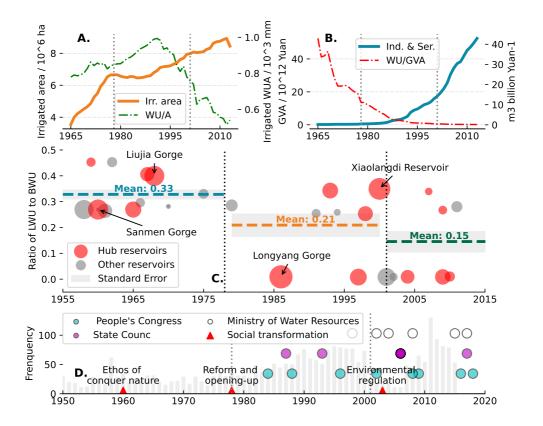


Fig. 3 Causes of water governance regime shifts in the YRB: environmental change, economic growth and efficiency changes, social transformation, and governance policies. A. Changes in the total irrigated area (orange line) and water use intensity (WU/A, water use divided by the area, the green dot line). B. Changes in gross values added (GVA) of industry and services (blue line) and their water use intensities (WU/GVA WU divided by the GVA, the red dot line). C. Completed time of each new reservoir and their located region's water use (LWU) percentages as a proportion of the total basinal water use (BWU) at that time. Red circles denote the reservoirs mainly for managing and regulating the whole basin. The size of each circle indicates the magnitude of its water storage capacity. Some crucial reservoirs include (1) Xiaolangdi reservoir and Sanmen Reservoir, which were constructed mainly for managing sediments; and (2) Impoundments at Liujia Gorge, Longyang Gorge, which was constructed mainly for managing floodwater discharge and water regulation. These named reservoirs are significant for the whole basin rather than local development. D. Social transformations (red triangles) and national-level governance policies (the circles, different colours denote signed by different state institutions, see SI Appendix Table S2). The light grey bars year-by-year show the frequency of official documents related to the YRB at a basinal scale (see SI Appendix Table S3).

institutions, engineering, and approaches developed under one regime are not necessarily useful under a different regime

In the case of the YRB, our results show that there have been three distinct but sequential governance regimes: a massive supply regime (P1: 1965-1978), a governance transforming regime (P2: 1979-2001) and an adaptation oriented regime (P3: 2002-2013). During the massive supply regime with lower water stress (1965-1978 in the YRB), water governance thus tended to boost water supply for services (mainly provisioning purposes then -livestock and crops) by constructing reservoirs and channels. As the popular slogan "man will conquer nature" suggested, however, the enhancement of water supply aligned with little consideration of the irreversible changes

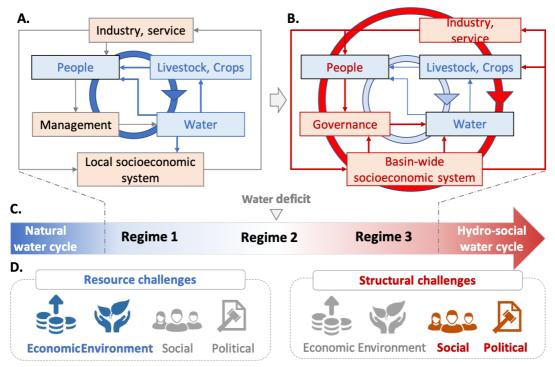


Fig. 4 Transition schema in hydrosocial cycle and water governance regimes. The natural water cycle dominates blue pathways, while socio-economic feedback dominates red pathways. A. As socio-economic systems develop, non-provisioning water demand increases; simultaneously, increased adaptive capacity by engineering allows people to manage water resources to alleviate the water stress. B. With further human interventions, trade-offs between provisioning-purpose and non-provisioning water use become prominent; a basin-wide socio-economic system requires more organized water governance. Thus, C. the hydrosocial water cycle transition correlates with the water governance regime shifts (in the YRB, they are massive supply regime, transformation governance regime, and adaptation oriented regime). The transformation governance regime shift occurs following the water deficit, with the rapid growth of adaptive capacity. D. Water governance challenges Through the transitional regimes, water governance faces primarily economic and environmental challenges but social and policy challenges later.

in the human-water relationship, thus drastically increasing water demand with little consideration in basinal conservation [30]. The rapid expansion of irrigated farmland and water diversion facilities in that decade brought the overburdened YRB close to the critical point, where keeping increasing supply to meet the unlimited demand is unpractical As a result, the over 80% surface water use then led to river depletions frequently since 1972, with ecological issues, such as wetlands shrinkage and declines in biodiversity. In addition, as the water stress also limited the industrial economy in the ascendant, the existing modes of water governance led to a social-ecological crisis and challenged sustainability rigorously [31].

The start of the governance transforming regime (P2: 1979-2001) coincided with the rising competition for water use after the "reform and opening-up". The results in the YRB keep in line

with the suggestions from the theoretical analysis: continuous increases in water demand when the basinal total supply is stable can follow substantial changes in governance regime and the rapid enhancement in overall social adaptive capacity Being a pioneer in shifting governing institutions, the YRB triggered a series of changes in "who gets water, when and how" during this regime: slowing growth of irrigated acreage; leading watersaving infrastructure; China's first water quota scheme; The preliminary cross-boundaries water transfer plan and so on [32]. Consequently, though water stress remained and increased (mainly led by reducing streamflow and flexibility), the last depletion of the Yellow River in 1999 added a footnote to the climax of this transformation in water governance.

When it came to an adaptation-oriented regime (P3: 2002-2013), drastically shifting in

societies adapted to the stable high water stress. Socio-economic trade-offs between waterdependent regions and sectors played a more important role in this regime, so water governance had to achieve efficient water allocation while balancing different purposes in the face of limited water supply [33]. Reconstruction of resources widespread in different industries and regions was calling for adaptation in water governance, where the urgent requirements of adjusting the rigid quota shares from the previous regime can be an example. Like this, many national-level governing practices were proposed under the regime because the absence of such policies with the social dilemma of high-quality development became new structural challenges for water governance [34].

In general, water governance of the YRB is among the most prominent example in the general transition of hydrosocial cycle - "improving supply, transforming governance, and enhancing adaptation". With each dimension changing gradually, the emergence of regime shifts drives the water governance challenges at a basin-scale: primarily economic and environmental before the transformation but social and policy-related towards the end (Figure 4) [35, 36]. In the analogy at a global scale, the resource challenges, represented as water shortage and water supplying difficulties, are mainly faced by undeveloped and developing basins [21, 37, 38]. Alternatively, highly-controlled and developed basins (especially for transboundary rivers) must mainly resolve structural challenges, such as water disputes or lack of equity, and may be in urgent need of novel flexible, efficient sociopolitical governance structures [23, 39, 39, 40. Linking regime shifts to the governance challenges, the implementation of IWGI thus offers a comprehensive and straightforward way to interpret the intertwines between water governance and the hydrosocial transition.

One of the main limitations in the approach is the few data worldwide with a long-term period, which means still a gap between the comprehensively identifying and widespread application of IWGI. However, we assumed that all water governance issues are relative to "who gets water, when and how", so water stress, purposes of water services, and water allocation patterns matter. We suggest that choices of the indicators for the dimensions, therefore, can be adapted according to available datasets as the intertwines between

the underlying components are much more crucial in understanding the transition of governance regimes holistically [3, 4, 41, 42]. In today's world, the regime shifts from biophysical to hydrosocial control of dynamics may become increasingly widespread, so the comprehensive strategies to address governance challenges have become the core of complex human-water systems [43–45]. Although river basins have shown improvements in water management technologies and water use efficiency, many of them are still approaching planetary boundaries where human-water systems may collapse [46-48]. A deeper understanding of governance that incorporates ideas of non-linear regime shifts and transformations should help to shift the focus of governance towards maintaining the resilience of the basin's social-ecological system and improving its sustainability.

### 4 Conclusion

Three dimensions of water governance change along with the hydrosocial cycle transition: water stress, services purpose, and water allocation, affecting "who gets water, when and how". We developed an Integrated Water Governance Index (IWGI) to detect regime shifts in water governance by integrating them. Applying the index to a rapidly-changing large river basin (the Yellow River Basin, China) describes how water governance shifts between three regimes over half a century (massive supply regime; governance transformation regime; and adaptation oriented regime, respectively). Our approach quantitatively identifies the general schema for water governance regimes in the YRB, in line with previous theoretical analysis with a representative transition process. Linking regime shifts to the underlying causes, the implementation of IWGI offers a comprehensive and straightforward way to interpret changes in intertwines of water governance, hydrosocial transition, and human-water relationships.

### 5 Methods

To develop a comprehensive and straightforward approach to identifying water governance regimes. First, we constructed the Integrated Water Governance Index (IWGI) based on three dimensions (Stress, Purpose, and Allocation, see Figure 1).

Then, we analyzed the changes in the IWGI from 1965 to 2013 using change point detection methods. The normalized Indicator for each dimension affects the IWGI by changing trends and contributions.

### 5.1 Integrated Water Governance Index (IWGI)

As shown in the framework Figure 1, the IWGI combines the three core dimensions (Stress, Purpose, and Allocation) of water governance. Each dimension keeps two directions, and we assumed the hydrosocial cycle aligns with one of them, respectively:

$$Transformation \propto S * P * A$$
 (1)

We selected an indicator  $(I_x, x = S, P \text{ or } A, \text{ corresponding to stress, purpose, and allocation, respectively) to quantify the dimensions effectively. Then, the above equation was transformed into a natural logarithm to facilitate calculation:$ 

$$Transformation \propto ln(I_S) + ln(I_P) + ln(I_A)$$
 (2)

Then, the Integrated Water Governance Index (IWGI) is the average of the normalized indicators  $I'_x$ :

$$IWGI = I_S' + I_P' - I_A' \tag{3}$$

where:

$$I'_{x} = (I_{x} - I_{x,min})/(I_{x,max} - I_{x,min})$$
 (4)

### Indicator of stress

We used the scarcity-flexibility-variability (SFV) water stress index proposed in Qin et al., 2019 to evaluate water stress  $(SFV_i)$  as the Indicator in a particular region i [19]. This metric takes into account management measures (such as the construction of reservoirs) and the impact of changes in the industrial structure of water use on the evaluation of water scarcity (see SI Appendix Methods S4 for details). For the whole YRB, the indicator of water stress  $I_S$  is the average of all regions' SFV-index:

$$I_S = \frac{1}{4} * \sum_{i=1}^{4} SFV_i \tag{5}$$

Where  $SFV_i$  is the SFV-index for region i, and i = 1 to 4 refers SR, UR, MR, and DR (see SI Appendix Methods S1 Definition of study area).

### Indicator of purpose

To quantify purpose  $I_P$ , we used Non-Provisioning purpose Shares (NPS) of water use as an indicator. While provisioning purpose water use  $(WU_{pro})$  includes domestic, irrigated, and livestock water uses, non-provisioning purpose water use  $(WU_{non-pro})$  includes industrial and urban services water uses. We calculated the NPS as:

$$NPS = \frac{WU_{pro}}{WU_{pro} + WU_{non-pro}} \tag{6}$$

### Indicator of allocations

To describe allocations  $I_A$ , we designed an indicator based on entropy, called Allocation Entropy Metric (AEM), which measures the degree of evenness in water allocation:

$$I_A = CEM = \sum_{i=1}^{N} -log(p_i) * p_i$$
 (7)

where  $p_i$  is the water proportion of region i to the whole basin (N regions in sum). The YRB is divided into 4 regions (i.e., N=4) according to the natural and socio-economic backgrounds (see SI Appendix XX).

### 5.2 Change points detection

With no assumptions about the distribution of the data, we applied the Pettitt (1979) approach of change-point detection to detect a single change-point in hydrological time series with continuous data [49]. It tests H0: The variables follow one or more distributions with the exact location parameter (no change) against the alternative: a change point exists. Mathematically, when a sequence of random variables is divided into two segments represented by  $x_1, x_1, \ldots, x_{t_0}$  and  $x_{t_0+1}, x_{t_0+2}, \ldots, x_T$ , if each segment has a common distribution function, i.e.,  $F_1(x)$ ,  $F_2(x)$  and  $F_1(x) \neq F_2(x)$ , then the change point is identified at  $t_0$ . To achieve the identification of change point, a statistical index  $U_{t,T}$  is defined as follows:

$$U_{t,T} = \sum_{i=1}^{t} \sum_{j=t+1}^{T} sgn(X_i - X_j), 1 \le t < T \quad (8)$$

where:

$$\operatorname{sgn}(\theta) = \begin{cases} 1 & \text{if } \theta > 0 \\ 0 & \text{if } \theta = 0 \\ -1 & \text{if } \theta < 0 \end{cases}$$
 (9)

The most probable change point  $\tau$  is found where its value satisfies  $K_{\tau} = max U_{-}t$ , T" and the significance probability associated with value  $K_{\tau}$  is approximately evaluated as:

$$p = 2 \exp\left(\frac{-6K_{\tau}^2}{T^2 + T^3}\right) \tag{10}$$

Given a certain significance level  $\alpha$ , if  $p < \alpha$ , we reject the null hypothesis and conclude that  $x_{\tau}$  is a significant change point at level  $\alpha$ .

We used  $\alpha=0.001$  as the threshold level of the p-value (see SI Appendix Methods S5 for Sensitivity analysis), meaning that the probability of a statistically significant change-point judgment being valid was more than 99.9%. Since this method can only return one significant change point, we divided the series into two at that point and analyzed each series separately until all significant change points were detected.

### 5.3 Datasets

In order to calculate IWGI from 1965 to 2013, we need to calculate multiple indicators and sub-indicators. All the datasets used are listed in the SI Appendix table S1. A detailed description of the data is provided in the supplementary materials SI Appendix Methods S2.

**Supplementary information.** If your article has accompanying supplementary file/s please state so here.

Authors reporting data from electrophoretic gels and blots should supply the full unprocessed scans for key as part of their Supplementary information. This may be requested by the editorial team/s if it is missing.

Please refer to Journal-level guidance for any specific requirements.

**Acknowledgments.** Acknowledgments are not compulsory. Where included they should be brief. Grant or contribution numbers may be acknowledged.

Please refer to Journal-level guidance for any specific requirements.

### **Declarations**

- Funding
- Conflict of interest/Competing interests (check journal-specific guidelines for which heading to use)
- Ethics approval
- Consent to participate
- Consent for publication
- Availability of data and materials
- Code availability
- Authors' contributions

If any of the sections are not relevant to your manuscript, please include the heading and write 'Not applicable' for that section.

Editorial Policies for:

Springer journals and proceedings: https://www.springer.com/gp/editorial-policies

Nature Portfolio journals: https://www.nature.com/nature-research/editorial-policies

Scientific Reports: https://www.nature.com/srep/journal-policies/editorial-policies

BMC journals: https://www.biomedcentral.com/getpublished/editorial-policies

## Appendix A Section title of first appendix

### References

- Gleeson, T. et al. Illuminating water cycle modifications and Earth system resilience in the Anthropocene. Water Resources Research
  56 (4) (2020). https://doi.org/10.1029/2019WR024957.
- [2] Di Baldassarre, G. et al. Sociohydrology: Scientific Challenges in Addressing the Sustainable Development Goals. Water Resources

- Research **55** (8), 6327–6355 (2019). https://doi.org/10.1029/2018WR023901 .
- [3] Biermann, F. et al. Navigating the Anthropocene: Improving Earth System Governance. Science 335 (6074), 1306–1307 (2012). https://doi.org/10.1126/science.1217255.
- [4] Steffen, W. et al. The emergence and evolution of Earth System Science. Nature Reviews Earth & Environment 1 (1), 54–63 (2020). https://doi.org/10.1038/s43017-019-0005-6.
- [5] Sivapalan, M., Savenije, H. H. G. & Blöschl, G. Socio-hydrology: A new science of people and water: INVITED COMMENTARY. *Hydrological Processes* 26 (8), 1270–1276 (2012). https://doi.org/10.1002/hyp.8426.
- [6] Qin, D. et al. Theoretical framework of dualistic nature–social water cycle. Chinese Science Bulletin 59 (8), 810–820 (2014). https://doi.org/10.1007/s11434-013-0096-2.
- [7] Abbott, B. W. et al. A water cycle for the Anthropocene. Hydrological Processes 33 (23), 3046–3052 (2019). https://doi.org/ 10.1002/hyp.13544.
- [8] Levia, D. F. et al. Homogenization of the terrestrial water cycle. Nature Geoscience 13 (10), 656–658 (2020). https://doi.org/10.1038/s41561-020-0641-y
- [9] Best, J. Anthropogenic stresses on the world's big rivers. Nature Geoscience 12 (1), 7–21 (2019). https://doi.org/10.1038/ s41561-018-0262-x.
- [10] Falkenmark, M., Wang-Erlandsson, L. & Rockström, J. Understanding of water resilience in the Anthropocene. *Journal of Hydrology X* 2, 100009 (2019). https://doi. org/10.1016/j.hydroa.2018.100009.
- [11] UNDP Water Governance Facility. Water Governance: Issue Sheet. Tech. Rep.
- [12] Carpenter, S. R. et al. Early Warnings of Regime Shifts: A Whole-Ecosystem Experiment. Science 332 (6033), 1079–1082 (2011). https://doi.org/10.1126/science.1203672.

- [13] Rocha, J. C., Peterson, G., Bodin, Ö. & Levin, S. Cascading regime shifts within and across scales. *Science* 6 (2018).
- [14] Gregr, E. J. et al. Cascading social-ecological costs and benefits triggered by a recovering keystone predator. Science (2020). https://doi.org/10.1126/science.aay5342.
- [15] Maria Jacobson, Fiona Meyer, Ingvild Oia, Paavani Reddy & Håkan Tropp. *User's Guide* on Assessing Water Governance (United Nations Development Programme, 2013).
- [16] Kjellén, D. M., Tropp, D. H. & Jiménez, D. A. Water governance in perspective: Water Governance Facility 10 years 2005-2015. Tech. Rep., Water Governance Facility (2015).
- [17] Greve, P. et al. Global assessment of water challenges under uncertainty in water scarcity projections. Nature Sustainability 1 (9), 486–494 (2018). https://doi.org/10.1038/ s41893-018-0134-9.
- [18] Wada, Y. et al. Human-water interface in hydrological modelling: Current status and future directions. Hydrol. Earth Syst. Sci. 26 (2017).
- [19] Qin, Y. et al. Flexibility and intensity of global water use. Nature Sustainability 2 (6), 515–523 (2019). https://doi.org/10.1038/s41893-019-0294-2.
- [20] Liu, J. et al. Water scarcity assessments in the past, present, and future. Earth's Future 5 (6), 545–559 (2017). https://doi.org/10. 1002/2016EF000518.
- [21] Flörke, M., Schneider, C. & McDonald, R. I. Water competition between cities and agriculture driven by climate change and urban growth. *Nature Sustainability* 1 (1), 51–58 (2018). https://doi.org/10.1038/ s41893-017-0006-8.
- [22] Kleemann, J. et al. Quantifying interregional flows of multiple ecosystem services A case study for Germany. Global Environmental Change 61, 102051 (2020). https://doi.org/10.1016/j.gloenycha.2020.102051.

- [23] Roobavannan, M., Kandasamy, J., Pande, S., Vigneswaran, S. & Sivapalan, M. Role of Sectoral Transformation in the Evolution of Water Management Norms in Agricultural Catchments: A Sociohydrologic Modeling Analysis: ECONOMIC DIVERSIFICATION IN WATER USEAGE. Water Resources Research 53 (10), 8344–8365 (2017). https: //doi.org/10.1002/2017WR020671.
- [24] Speed, R. & Asian Development Bank. Basin Water Allocation Planning: Principles, Procedures, and Approaches for Basin Allocation Planning (Asian Development Bank, GIWP, UNESCO, and WWF-UK, Metro Manila, Philippines, 2013).
- [25] Wang, S. et al. Reduced sediment transport in the Yellow River due to anthropogenic changes. Nature Geoscience 9 (1), 38–41 (2016). https://doi.org/10.1038/ngeo2602.
- [26] Wu, X. et al. Evolution and effects of the social-ecological system over a millennium in China's Loess Plateau. Science Advances 6 (41), eabc0276 (2020). https://doi.org/10. 1126/sciadv.abc0276.
- [27] Xia, C. & Pahl-Wostl, C. The Development of Water Allocation Management in The Yellow River Basin. Water Resources Management 26 (12), 3395–3414 (2012). https://doi.org/10.1007/s11269-012-0078-1.
- [28] Wang, Y., Zhao, W., Wang, S., Feng, X. & Liu, Y. Yellow River water rebalanced by human regulation. Scientific Reports 9 (1), 9707 (2019). https://doi.org/10.1038/s41598-019-46063-5.
- [29] Wohlfart, C., Kuenzer, C., Chen, C. & Liu, G. Social-ecological challenges in the Yellow River basin (China): A review. Environmental Earth Sciences 75 (13), 1066 (2016). https://doi.org/10.1007/s12665-016-5864-2.
- [30] Zhou, F. et al. Deceleration of China's human water use and its key drivers. Proceedings of the National Academy of Sciences 201909902 (2020). https://doi.org/10.1073/ pnas.1909902117.

- [31] Wohlfart, C., Liu, G., Huang, C. & Kuenzer, C. A River Basin over the Course of Time: Multi-Temporal Analyses of Land Surface Dynamics in the Yellow River Basin (China) Based on Medium Resolution Remote Sensing Data. Remote Sensing 8 (3), 186 (2016). https://doi.org/10.3390/rs8030186.
- [32] Wang, Y., Peng, S., Jiang, G. & Fang, H. Thirty Years of the Yellow River Water Allocation Scheme and future Prospect. MATEC Web of Conferences 246, 01083 (2018). https://doi.org/10.1051/matecconf/ 201824601083.
- [33] Dalin, C., Qiu, H., Hanasaki, N., Mauzerall, D. L. & Rodriguez-Iturbe, I. Balancing water resource conservation and food security in China. Proceedings of the National Academy of Sciences 112 (15), 4588-4593 (2015). https://doi.org/10.1073/pnas.1504345112.
- [34] Konar, M., Garcia, M., Sanderson, M. R., Yu, D. J. & Sivapalan, M. Expanding the Scope and Foundation of Sociohydrology as the Science of Coupled Human-Water Systems. Water Resources Research 55 (2), 874–887 (2019). https://doi.org/10.1029/ 2018WR024088.
- [35] Singh, A., Saha, D. & Tyagi, A. C. (eds) Water Governance: Challenges and Prospects Springer Water (Springer Singapore, 2019).
- [36] Porcher, S. & SAUSSIER, S. (eds) Facing the Challenges of Water Governance Palgrave Studies in Water Governance: Policy and Practice (Palgrave Macmillan, 2019).
- [37] Allan, J. R. et al. Navigating the complexities of coordinated conservation along the river Nile. Science Advances 5 (4), eaau7668 (2019). https://doi.org/10.1126/sciadv.aau7668.
- [38] Liu, J. & Yang, W. Water Sustainability for China and Beyond. *Science* **337** (6095), 649–650 (2012). https://doi.org/10.1126/science. 1219471.
- [39] Kitroeff, N. 'This Is a War': Cross-Border Fight Over Water Erupts in Mexico. *The New*

York Times (2020).

- [40] UNEP-DHI, UNEP & UNEP. Transboundary River Basins: Status and Trends (2016).
- [41] Muneepeerakul, R. & Anderies, J. M. The emergence and resilience of self-organized governance in coupled infrastructure systems. Proceedings of the National Academy of Sciences 117 (9), 4617–4622 (2020). https:// doi.org/10.1073/pnas.1916169117.
- [42] Bodin, Ö. Collaborative environmental governance: Achieving collective action in social-ecological systems. Science 357 (6352), eaan1114 (2017). https://doi.org/10.1126/science.aan1114.
- [43] Best, J. & Darby, S. E. The Pace of Human-Induced Change in Large Rivers: Stresses, Resilience, and Vulnerability to Extreme Events. *One Earth* **2** (6), 510–514 (2020). https://doi.org/10.1016/j.oneear. 2020.05.021.
- [44] Cumming, G. S. & von Cramon-Taubadel, S. Linking economic growth pathways and environmental sustainability by understanding development as alternate social–ecological regimes. Proceedings of the National Academy of Sciences 115 (38), 9533–9538 (2018). https://doi.org/10.1073/pnas. 1807026115.
- [45] Cumming, G. S. et al. Implications of agricultural transitions and urbanization for ecosystem services. Nature 515 (7525), 50–57 (2014). https://doi.org/10.1038/nature13945
- [46] An, W. et al. Exploring the effects of the "Grain for Green" program on the differences in soil water in the semi-arid Loess Plateau of China. Ecological Engineering 107, 144–151 (2017). https://doi.org/10.1016/j.ecoleng.2017.07.017.
- [47] de Graaf, I. E. M., Gleeson, T., (Rens) van Beek, L. P. H., Sutanudjaja, E. H. & Bierkens, M. F. P. Environmental flow limits to global groundwater pumping. *Nature* **574** (7776), 90–94 (2019). https://doi.org/

#### 10.1038/s41586-019-1594-4.

- [48] Huggins, X. et al. The social-ecological dimensions of changing global freshwater availability. Preprint, EarthArXiv (2020).
- [49] Pettitt, A. N. A Non-Parametric Approach to the Change-Point Problem. *Journal of the Royal Statistical Society. Series C (Applied Statistics)* **28** (2), 126–135 (1979). https://doi.org/10.2307/2346729.