

Ingredients

Egg.

Milk.

Green vegetables.

multi-nutrient powder.

1a:



1b:



It is important to wash your hands with soap water properly before cooking and feeding your children. [1a 1b]

1c:



1d:



Boil the eggs properly and peel. [1c 1d]

1e:



Separate the egg yolk from the egg white.[1e]

1f:



And mash it with a spoon.[1f]

1g:



1h:



Then add five spoons of milk and stir properly.[1g 1h]

This is ready to eat.

To make it tastier we can boil some green vegetables.

1i:



And add the paste to the mixture.[1i]

1j:



And stir the mixture properly. [1j]

1k:



Similarly, we can also add the multi-nutrient powder of the mixture.[1k]

1l:



And blend it nicely.[1l]

1m:



If the mixture thickens, you can add some warm milk to thin the mixture. [1m]

1n:



This is now ready to be served.[1n]