**Task 1: CSS Basics**

**CSS (Cascading Style Sheets)** is a language used to style and format the layout of web pages. It controls the appearance of HTML elements, such as colors, fonts, and spacing, by separating the content from the presentation layer.

**Example HTML and CSS**

**html**

<!DOCTYPE html>

<html lang="en">

<head>

    <meta charset="UTF-8">

    <meta name="viewport" content="width=device-width, initial-scale=1.0">

    <title>Basic CSS Example</title>

    <link rel="stylesheet" href="styles.css">

</head>

<body>

    <h1>Welcome to CSS Basics</h1>

    <p>This page is styled with basic CSS.</p>

</body>

</html>

**css**

/\* styles.css \*/

body {

    background-color: lightblue; /\* Changes the background color of the page \*/

    color: darkblue; /\* Changes the text color \*/

    font-size: 18px; /\* Sets the font size for the text \*/

}

**Explanation:**

* background-color: Changes the background of the body to light blue.
* color: Changes the text color of the body to dark blue.
* font-size: Sets the font size for the entire body to 18px, affecting all text inside the body.