

The APA is offering a number of “emerging measures” for further research and clinical evaluation. These patient assessment measures were developed to be administered at the initial patient interview and to monitor treatment progress. They should be used in research and evaluation as potentially useful tools to enhance clinical decision-making and not as the sole basis for making a clinical diagnosis. Instructions, scoring information, and interpretation guidelines are provided; further background information can be found in DSM-5-TR. The APA requests that clinicians and researchers provide further data on the instruments’ usefulness in characterizing patient status and improving patient care at <http://www.dsm5.org/Pages/Feedback-Form.aspx>.

Measure: LEVEL 2—Anger—Parent/Guardian of Child Age 6-17
(PROMIS Emotional Distress—Calibrated Anger Measure—Parent)

Rights granted: This material can be reproduced without permission by clinicians for use with their patients. Any other use, including electronic use, requires written permission of the PROMIS Health Organization (PHO).

Rights holder: PROMIS Health Organization (PHO) and PROMIS Cooperative Group

To request permission for any other use beyond what is stipulated above, contact: PROMIS Health Organization (PHO)

LEVEL 2—Anger—Parent/Guardian of Child Age 6-17*

*PROMIS Emotional Distress—Calibrated Anger Measure—Parent¹

Child's Name: _____

Age: _____

Date: _____

What is your relationship with the child receiving care? _____

Instructions to parent/guardian: On the DSM-5-TR Level 1 cross-cutting questionnaire that you just completed, you indicated that *during the past 2 weeks* your child receiving care has been bothered by “seeming irritated or easily annoyed” and/or “seeming angry or lost his/her temper” at a mild or greater level of severity. The questions below ask about these feelings in more detail and especially how often your child receiving care has been bothered by a list of symptoms during the past 7 days. Please respond to each item by marking (✓ or x) one box per row.

						Clinician Use
In the past SEVEN (7) DAYS...						Item Score
		Never	Almost Never	Sometimes	Often	
1.	My child felt mad.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
2.	My child was so angry he/she felt like yelling at somebody.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
3.	My child was so angry he/she felt like throwing something.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
4.	My child felt upset.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
5.	When my child got mad, he/she stayed mad.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
Total/Partial Raw Score:						
Prorated Total Raw Score:						
T-Score:						

¹This measure was not tested in the DSM-5 Field Trials.

©2008-2012 PROMIS Health Organization (PHO) and PROMIS Cooperative Group.

This material can be reproduced without permission by clinicians for use with their patients.

Any other use, including electronic use, requires written permission of the PHO.

Instructions to Clinicians

The DSM-5-TR Level 2—Anger—Parent/Guardian of Child Age 6–17 measure is the 5-item PROMIS Calibrated Anger Measure that assesses the pure domain of anger in children and adolescents. The measure is completed by the parent or guardian about the child prior to a visit with the clinician. Each item asks the parent or guardian to rate the severity of his or her child’s anger during the past 7 days.

Scoring and Interpretation

Each item on the measure is rated on a 5-point scale (1=almost never; 2=rarely; 3=sometimes; 4=often; and 5=almost always) with a range in score from 5 to 25 with higher scores indicating greater severity of anger. The clinician is asked to review the score on each item on the measure during the clinical interview and indicate the raw score for each item in the section provided for “Clinician Use.” The raw scores on the 5 items should be summed to obtain a total raw score. Next, the T-score table should be used to identify the T-score associated with the total raw score and the information entered in the T-score row on the measure.

Score	T-Score	SE
5	29	5.1
6	34.4	4.4
7	38.1	4.1
8	41.3	3.9
9	44.2	3.9
10	47.1	3.9
11	49.9	3.9
12	52.7	4
13	55.4	4.1
14	58	4.1
15	60.8	4.1
16	63.5	4.1
17	66	4
18	68.3	4
19	70.5	3.9
20	72.7	3.9
21	74.9	3.9
22	77.2	3.9
23	79.6	3.9
24	82.1	4
25	85.2	4.2

©2008-2012 PROMIS Health Organization (PHO)
and PROMIS Cooperative Group.

Frequency of Use

To track change in the severity of the child’s anger over time, the measure may be completed at regular intervals as clinically indicated, depending on the stability of the child’s symptoms and treatment status. For consistency, it is preferred that completion of the measures at follow-up appointments is by the same parent or guardian. Consistently high scores on a particular domain may indicate significant and problematic areas for the child that might warrant further assessment, treatment, and follow-up. Your clinical judgment should guide your decision.