

Support Groups

Overview

Directory



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A range of free in-person and remote support services are available to help those diagnosed with prostate cancer, their families and whānau.

An extensive national network of trained volunteers provides holistic support, founded on mutual respect and a shared understanding of the cancer journey. The contact details for your local Support Coordinator is listed on this page. Some groups meet on a regular basis, some informally as part of their Prost-FIT classes. Please don't hesitate to contact the group coordinator directly to find out more.

Other support services include:

- Nurse-led [0800 Information Service](tel:0800660800)

- Online [Support Forum](#),
- Rainbow Blue peer support for theGBTQIA+ community
- 24/7 [free counselling service](#)
- [Welfare Grant](#) service
- Tailored exercise programme called [Prost-FIT](#);
- And the Prostate Cancer Patient Empowerment Programme (PC-PEP).

If you have any questions regarding treatment please contact your usual health provider – they are in the best position to help you.

Directory

Region

All

 Search

Northland

Kaitaia

Raewyn Paviour
Phone: 0800 660 0800
Email: kaitaia@prostate.org.nz

Whangarei

Raewyn Paviour
Phone: 027 274 2435 or 027 293 9920
Email: whangarei@prostate.org.nz

Auckland

Auckland - Rodney

Doug Cresswell
Phone: 0274958157
Email: rodney@prostate.org.nz

Auckland - North Shore

Bruce Cochrane
Phone: 021 650 289
Email: aucklandnorth@prostate.org.nz

Auckland - Central

Raewyn Paviour
Phone: 0800 66 0800
Email: aucklandcentral@prostate.org.nz

Auckland - East

Ruben Naidoo
Phone: 0272413668
Email: aucklandeast@prostate.org.nz

Auckland - West

John and Lilian Woodards
Phone: 021 208 2089
Email: aucklandwest@prostate.org.nz

Auckland Women's Group

Raewyn Paviour
Phone: 09 414 46100 or 027 293 9920
Email: womensakl@prostate.org.nz

Auckland - South

Raewyn Paviour
Phone: 0800 66 0800
Email: aucklandsouth@prostate.org.nz

Waikato

Cambridge

Ron Greenwood
Phone: 07 823 5877 or 027 276 0336
Email: cambridge@prostate.org.nz

Whangamata

Ian Hunt and Ross Falconer
Phone: 027 479 1768 (Ian) or 021 894 832 (Ross)
Email: whangamata@prostate.org.nz

Waihi

Raewyn Paviour
Phone: 0800 66 0800
Email: waihi@prostate.org.nz

Hamilton

Brent Wood
Phone: 027 222 2575
Email: hamilton@prostate.org.nz

Bay of Plenty

Katikati

Rod Calver

Phone: 07 5490363 or 027 590 9710

Email:

katikati@prostate.org.nz

Tauranga

Mike Lane and Mike Jolly

Phone: 021 054 4660 (Mike Lane) 0275 868 789 (Mike Jolly)

Email:

tauranga@prostate.org.nz

Rotorua

Heinz Fett

Phone: 027 570 7601

Email:

rotorua@prostate.org.nz

Whakatane

Mark Wootton

Phone: 027 273 1437

Email:

whakatane@prostate.org.nz

Gisborne

Gisborne

Darrington Slater

Phone: 021 063 4515

Email:

gisborne@prostate.org.nz

Hawke's Bay

Hawke's Bay Partners

Heather Osborne

Phone: 021 252 6534

Email:

hawkesbaypartners@prostate.org.nz

Hawke's Bay

Ven and Trish Plummer

Phone: 06 834 6302 or 021 487 373 (Ven)

Email:

hawkesbay@prostate.org.nz

Taranaki

New Plymouth

Paul Klenner and Dennis

Hardie

Phone: 021 084 30914 (Dennis) or 022 413 1994 (Paul)

Email:

newplymouth@prostate.org.nz

Wanganui-Manawatu

Wanganui

Brian Deadman

Phone: 06 348 7115 or 027 555 0338

Email:

wanganui@prostate.org.nz

Palmerston North

Bruce Avery

Phone: 021 625 180

Email:

manawatu@prostate.org.nz

Wellington

Masterton

Robert and Susan Brader

Phone: 06 370 8699 or 027 272 1892

Email:

masterton@prostate.org.nz

Wellington Pals

Graeme Coutts

Phone: 022 674 7832

Email:

lowerhutt@prostate.org.nz

Lower Hutt

Bill Guthrie

Phone: 027 247 5427

Email:

lowerehutt@prostate.org.nz

Marlborough

Marlborough

Murray Eyles

Phone: 027 608 5667

Email:

marlborough@prostate.org.nz

Nelson-Tasman

Nelson

Bill Fergie

Phone: 03 544 8635 or 021 062 0427

Email: nelson@prostate.org.nz

Canterbury

Greymouth/Westport

David and Ruth Clarke
Phone: 027 877 8070
Email: westport@prostate.org.nz

Rangiora

Dean and Lois Farrow
Phone: 021 0224 6078 (Dean)
Email: rangiora@prostate.org.nz

Christchurch AM Group

Derek Goring
Phone: 021 277 7639
Email: christchurch.am@prostate.org.nz

Christchurch PM Group

Russell George
Phone: 022 697 3614
Email: christchurch.pm@prostate.org.nz

Selwyn

Chris and Dianne Ward
Phone: (03) 321 7046, 027 437 1254 (Chris) or 021 371 254 (Dianne)
Email: selwyn@prostate.org.nz

Ashburton

Doug Collie
Phone: 0727 5100 556
Email: ashburton@prostate.org.nz

Timaru

Chris Ward
Phone: 027 437 1254
Email: timaru@prostate.org.nz

Selwyn Men's Coffee Chat Group

Chris Ward
Phone: 027 437 1254
Email: selwyn@prostate.org.nz

Selwyn Women's Coffee Chat Group

Dianne Ward
Phone: 021 371 254
Email: selwyn@prostate.org.nz

Otago

Dunedin

Geoff Gray
Phone: 021 959 591
Email: dunedin@prostate.org.nz

Dunedin Partners Network

Angela Melrose
Phone: 027 406 2948
Email: support@prostate.org.nz

Central Otago 'Alexandra'

Central Otago 'Roxburgh'

David and Ruth Clarke
Phone: 027 877 8070
Email:
alexandra@prostate.org.nz

David and Ruth Clarke
Phone: 027 877 8070
Email:
roxburgh@prostate.org.nz

Central Otago 'Queenstown'

David and Ruth Clarke
Phone: 027 877 8070
Email:
alexandra@prostate.org.nz

Southland

Invercargill

Trish and Terry Wright
Phone: 021 029 32711 (Terry) or
021 110 9103 (Trish)
Email:
invercargill@prostate.org.nz