

Psoriasis

- Common (1%-2% prevalence), chronic, recurrent inflammatory skin disease with unpredictable course.
 - Onset: any age, peaks late twenties
 - Etiology: Genetic & environment factors; abnormal epidermal differentiation and hyperproliferation initiated and maintained primarily by T-cell
 - History: Visible itchy red plaques with increase skin scaling and peeling. May have joint pain (7-20%). May have preceding URTI (Streptococcus infection). Worsened by smoking, alcohol & stress, physical trauma
- [OCR from images:]