

Psoriasis

■ Phototherapy

- UVB (narrowband ultraviolet B); administer 2-5 times per week.

or

- PUVA; Interferes (Psoralen plus ultravioletA) with DNA synthesis, decreases cellular proliferation, and induces apoptosis of cutaneous lymphocytes leading to localized immunosuppression. Administer 3 times per week until clear, then tapered. (Skin cancer development, photoaging)

[OCR from images:]