

Pityriasis rosea

■ Management

- Reassurance is key
- Symptomatic management of pruritus (e.g. mild topical steroids, antihistamines); mentholated lotion or sprays for itching
- Erythromycin 250 mg, q.i.d or 25-40 mg/kg in four divided doses in children for 2 weeks may clear the eruption
- Light therapy (e.g. UVB) may help hasten resolution and relieve pruritus

[OCR from images:]