

## Psoriasis

■ Physical: Most common chronic plaque psoriasis.

Characteristic sharply defined, erythematous plaques with silvery-white scale; distributed over extensor surfaces (elbows, knees), scalp, sacrum and other sites

- Nail psoriasis: Pitting, thickening, "oil-drop", lifting of nail plate off of distal nail bed (onycholysis)

- Koebnerization = new lesions occur at sites of skin trauma (as with lichen planus)

[OCR from images: ]