

Necrobiosis lipodica

■ Treatment

■ Topical and intralesional steroids slow the inflammation but may promote further atrophy. Middle- to high-potency corticosteroids can be used under occlusion.

■ Intralesional injections of triamcinolone acetonide 10 mg/mL can be helpful.

■ A short course (5-6 weeks) of oral corticosteroids can be considered if disease activity and symptoms are severe, but this is rarely the case.

■ Pentoxifylline (Trental) 400mg t.i.d. has been advocated by some and has been used in combination with low-dose aspirin for ulcerating necrobiosis lipoidica.

■ Skin grafting can be performed for extensive disease.

[OCR from images:]