

## Lichen Planus

### ■ Management

■ Topical: Mild to high potency steroid bid for 2 weeks; intralesional if hypertrophic/thick. Triamcinolone acetonide in adhesive base for oral lesion

■ Systemic: (if severe and generalized)

- Prednisolone; a 4 weeks course starting at 1 mg/kg q.d.
- Retinoids
- UV therapy
- Cyclosporine
- Metronidazole 500 mg po bid \* 6 wk, sedative antihistamines for itching

[OCR from images: ]