

Pityriasis Versicolor (Tinea Versicolor)

■ Management

■ Topical or systemic treatment.

■ Nizoral shampoo (ketoconazole 2%) applied onto dampened trunk skin, lathered for 5 min before rinsing, x 3 d.

■ Topical selenium sulfide 2.5% shampoo applied for 15 min x 3 d.

■ Topical nizoral cream 2% (ketoconazole) bid x 2 wk.

■ Systemic ketoconazole 200 mg po qd x 5 – 7 d or fluconazole 400 mg x 1. Postinflammatory hypopigmentation may persist for 6 – 12 mo.

■ Even with treatment, tendency to recur in summer.

■ Zinc pyrithione soap lather may be applied to the body 1 – 3 times weekly for prevention.

[OCR from images:]