EXAMPLE:

I found the idea in this passage in a book called XYZ by author ABC:

Dummy quoted text which is an example of a block of text.

Dummy quoted text which is an example of a block of text.

Dummy quoted text which is an example of a block of text.

Dummy quoted text which is an example of a block of text.

Dummy quoted text which is an example of a block of text.

As you can see, this is brilliant text.

EXPLANATION:

I didn't use the quote symbol because it is a block of text. But I used extra paragraph spacing and an indentation to make it clear what the quoted text is. After the quoted text, you just resume your own text like it's done here with the sentence "As you can see, this is brilliant text."