

+ How to prevent 2019-nCoV +

1. Don't go to high-incidence areas

2. Don't go to crowded places

(Avoid closed, airless public places and crowded places, especially children, the elderly and people with low immunity. Wear a mask when going out, and choose a surgical mask for medical use.)

3. Open windows and keep air flowing

(Every day at home, you should open the window for ventilation for a period of time to strengthen air circulation to effectively prevent respiratory infections.)

4. keep clean

(Wash your hands frequently and wash with soap and water for more than 20 seconds. Cover your mouth and nose with a tissue or elbow when sneezing or coughing. It is not advisable to cover your mouth and nose with both hands. Put the used paper towels in a covered trash bin, and then wash your hands thoroughly.)

5. See a doctor in time

(If fever, especially high fever persists, cough, shortness of breath, and other symptoms of respiratory tract infections, you should wear a mask to seek medical treatment in time.)