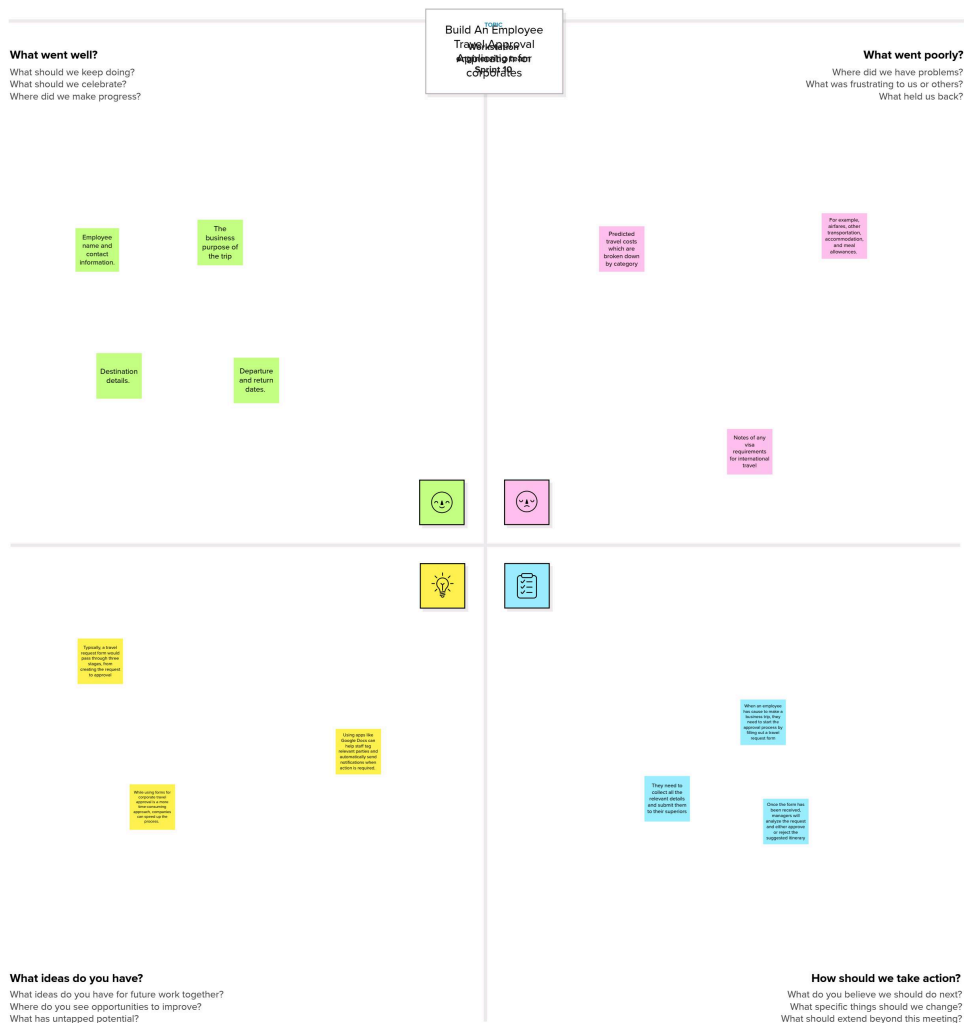


Use this framework to reflect on recent work. This simple structure is useful both alone and in groups.

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### Reflect on the topic

Working silently and individually, have each person create a few sticky notes in all four quadrants below for about five minutes. With the remaining time, discuss notes in each quadrant.



**Need some inspiration?**

See a finished version of this template to kickstart your work.

[Open example](#) →

