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# The 12 Spiritual Laws Of The Universe And What They Mean

BY KATHERINE HURST



When you think about the spiritual laws of the universe, your mind may go straight to the Law of Attraction (/what-is-the-law-of-attraction/). However, it turns out that there is a whole network of interconnected spiritual laws that can impact on every aspect of your life. Even better, although these laws can be used to assist in Law of Attraction work, you don't need to be working on any particular manifestation goal to benefit here.

Often discussed with reference to the healing practice of Ho'oponopono, the Twelve Spiritual Laws of the Universe each teach you something unique about well-being, happiness, and success. When you have a solid sense of these spiritual laws, you develop a clearer picture of your own place in the world. This guide will explore and summarize all twelve of the laws. Plus, it should help you to understand how they influence you and how your awareness of them can lead to positive change.

## The 12 Spiritual Laws Of The Universe

When you don't understand the connections between the spiritual laws, you naturally encounter obstacles. You may feel lost (/feel-lonely-lost/), frustrated and confused about your purpose (/tell-not-living-true-purpose/). It may even feel like virtually everything goes wrong for you, no matter how well you think you've planned.

In contrast, people who live their lives with an awareness of the interconnected laws typically report feeling more confident (/love-yourself/), productive and reflective than ever before. While there is advanced personal work you can do with respect to each law, even starting out with this general grasp of the different laws may make a noticeable difference to the way you feel.

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# 1. The Law of Divine Oneness

The Law of Divine Oneness is the foundational law, according to which absolutely everything in our universe is interconnected. In other words, every choice, word, desire, and belief you have will also have an impact on the world, and on the people in your life.

Sometimes this impact will be immediate and obvious. At other times, it may take a while to manifest, or you may never even discover that it has occurred. Try to think of yourself as part of everything around you to live in accordance with this law. We are all one, and awareness of this makes us more powerful as well as more empathetic.



## 2. Law of Vibration

According to the Law of Vibration, every particle in the universe is in constant movement and constantly carries energy. This applies to enormous parts of the universe, like the planets and stars. However, it also applies to the chair underneath you or the table where your computer sits.

In addition, everything has its own specific energy frequency (/how-to-raise-your-law-of-attraction-frequency/). High energy particles are naturally attuned to other high energy particles, and the same is true for those that have low energy.

If your goal is to live a more productive (/how-instantly-more-productive-focus/) and full life, consider what you would need to do to heighten your energy frequency.

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## 3. Law of Correspondence

The Law of Correspondence is directly related to the foundational Law of Divine Oneness. The key idea here is that patterns repeat throughout the universe, and that prominent patterns can also be found repeating on a very small scale.

For example, think of the popular example of the spiral pattern that reappears in a huge number of places in the galaxy. Look for patterns in your own life and in your thinking, and notice how they repeat elsewhere in the world. As you do so, consider the kinds of pattern changes you might be able to make, and how those will create change on a large scale.

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## . Law of Attraction

As you likely already know, the Law of Attraction tells us that like attracts like. So, in order to have the things you desire in life, you have to work out how to vibrate on the same frequency as these things. The more general lesson here is that being positive, proactive and loving attracts more of the same into your life. Meanwhile, pessimism, fear, and lethargy will lead you to generate more negative experiences in all aspects of life.

By working to live more positively even just today, you're already using the Law of Attraction to create a better existence for yourself.

## 5. Law of Inspired Action

Law of Attraction practitioners regularly say that they wish they had known about the Law of Inspired action at an earlier stage! These two laws are tightly bound together, and the Inspired Action law tells us that we must actively pursue our goals.

Many people think that visualizing a goal and developing a positive attitude (/good-day-stay-positive/) towards it will be sufficient to exploit the Law of Attraction.

However, you also have to take inspired steps towards that thing that you want. Whether it's a big or small step, it instantly helps you to attract that relationship, job, or enhanced abundance you seek.



## 6. Law of Perpetual Transmutation of Energy



The Law of Perpetual Transmutation of Energy states that everything around us is in constant flux. You can't see all of these changes because many of them exist at the cellular or atomic level, but they carry on regardless.

The reason that it's so important to be aware of this Law is that it helps you see how you can trigger positive change (/creating-change-a-6-step-guide/). Specifically, keep in mind that high vibrations can trigger improvements in low vibrations. For example, if you're vibrating at a low frequency, exposing yourself to the high frequency of a happy, encouraging friend will naturally trigger energy transmutation in you.

## . The Law of Cause and Effect

One of the most straightforward laws of the universe, the Law of Cause and Effect tells us that all actions have a corresponding reaction. You will already know this, of course, when it comes to the physical aspects of the world. However, perhaps you haven't considered how this law might be applied to the spiritual aspects of our universe.

Your spiritual life (/increase-spirituality-today/) can impact the world around you, causing positive or negative reactions. Similarly, your physical environment can impact on your spirituality, whether for good or for ill. Ask yourself what types of relationships you see between the spiritual and the physical, and how you might want to change them.



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According to the Law of Compensation, you will receive what you put out. This is similar to the Law of Attraction, but with a focus on the idea that compensation can come in many forms.

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For example, if you win a large amount of money then you might think you're getting a reward. However, depending on how you have lived, your vast amount of wealth could lead to a worse life rather than a better one.

Essentially, you reap what you sow. This law reminds you to be careful about how you treat others, and indeed the planet.

## Get Notifications . Law of Relativity

The Law of Relativity is all about the neutrality of things when seen in isolation. So, no particular person, experience, emotion or action is evaluated as good or bad until you look at it in comparison with something else.

For example, you may think you are poor, but perhaps that's because you have three wealthy friends. By keeping this law in mind, you remain conscious of the fact that there are always multiple perspectives on anything that happens to you. Trying to slip into these alternate perspectives can make you more grateful (</daily-gratitude-exercises/>), and can also show you where you can make improvements in life.

## 10. Law of Polarity

When thinking about the Law of Polarity, the most important thing to remember is that absolutely everything has an opposite and that it's the very existence of these opposites that allow us to understand our life. Consequently, when you go through something difficult, it will be this thing that helps you truly appreciate the good developments to come.

By regularly reminding yourself of this, you can improve your resilience in troubled times. For example, though a bad breakup (</get-back-ex-questions/>) is painful, it teaches you what doesn't work for you in a relationship, helping you to eventually find what does.

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## 11. Law of Rhythm

Sometimes called the Law of Perpetual Motion, the Law of Rhythm is (unsurprisingly) focused on movement. In particular, it refers to the fact that all things come in cycles.

You can see this in nature, e.g., in the seasons, and in the body's aging process. However, it equally applies to a person's life stages, and reflecting on this helps you to gain perspective. Today's season may be good, but nothing is permanent, so enjoy what you have while it lasts. Alternatively, perhaps you're in a negative part of the cycle right now, but it may be the very thing that prepares you for a prosperous change in cycles next month.

## 12. Law of Gender

Finally, the Law of Gender has very little to do with biological sex. Rather, it refers to the fact that there are two major types of energy. You can think of them as masculine and feminine, as yin and yang, or as anima and animus. We

I contain a certain amount of both energy and must find a way to achieve balance between both types if we are to live authentically and happily. Think about the role each type of energy appears to play in your life, and whether there is an excess or a deficit of either.



## Unleash Your Full Manifesting Potential

We mentioned earlier the connection between these 12 spiritual laws and the healing practice of Ho'oponopono.

But did you know you can harness the power of the subconscious and transform your life using this practice? **Click here to discover the 3-step formula**

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Have you ever had  
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In this powerful free video ([https://joevitale.thelawofattraction.com/?\\_fs=fed0446a-d5bf-47b0-8223-f6085908fab5](https://joevitale.thelawofattraction.com/?_fs=fed0446a-d5bf-47b0-8223-f6085908fab5)), Dr. Joe Vitale will introduce you to 'The Secret Mirror'. Within this incredible program you will gain access to:

- The Secret Mirror 3.0: You will be able to see Dr. Joe Vitale's very own personal mirror session to gain an understanding of the process.
- Step By Step Video Demo sessions!
- Private Facebook Group Mastermind Access.
- And more, including over 8 hours of video content.

Are you ready to learn the 3-step formula to remove the abundance blocks from your subconscious mind and finally unleash your full potential? Then, **click here now** ([https://joevitale.thelawofattraction.com/?\\_fs=fed0446a-d5bf-47b0-8223-f6085908fab5](https://joevitale.thelawofattraction.com/?_fs=fed0446a-d5bf-47b0-8223-f6085908fab5)).

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### Katherine Hurst



lives of all.

Katherine Hurst used to live a normal life until something happened that changed her life forever. She discovered the Law of Attraction and began a new, life-changing chapter. She now runs the world's largest Law of Attraction community with millions of followers. Her mission is to share her own experiences to inspire change and happiness in the

12 Comments

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**Amanda Brethauer**

Who created the Laws of the Universe? Where did they come from?

Like · Reply · 1 · 13w



**The Law Of Attraction**

Unfortunately, I'm not able to give you a specific answer but you may find this article very interesting Amanda...

<http://www.thelawofattraction.com/history-law-attraction.../>

I hope you enjoy reading this! Sending love and positive vibrations

Like · Reply · 1 · 12w



**Amanda Brethauer**

The Law Of Attraction thanks so much! I'll give it a read!

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Like · Reply · 12w**Laura Ann Birr**

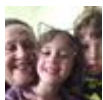
I feel as if I'm operating from a place (most of the time) that is in alignment with my "higher self" and at the same time, I adhere to these laws with the thoughts that I think, foremost. Thoughts precede action and each thought emits a certain transmission of energy into the Universe that usually attracts back to you similar energy; hence keeping your thoughts positive as much as possible. This is the foundation of the Law of Attraction. Attunement. Alignment. Heart-centered. Balanced. Grounded. Flowing with the Universal current, letting go, and never resisting. Thank you for this article; it was indeed insightful and accurate. Blessings ~ \*

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**The Law Of Attraction**

This is awesome to hear Laura! I am so pleased that you found the article so helpful! Sending love and positive vibrations to you

Like · Reply · 1 · 14w

**Mayra Pinareña**

You must add the paralelism and synchronicity laws that complete cause and effect..

Like · Reply · 1 · 28w

**The Law Of Attraction**

Hi Mayra! Thank you for commenting

Like · Reply · 28w

**John Snow**

I have seen The Secret, and that was the very first time when I have heard about the Law of Attraction. Since then I am trying to find ways to rediscover myself and my potential, to live a happier lifetime, to enhance everything I never knew existed.

This reading, made me happier because I understand many more things about the universe and the world around us. So thank you for this amazing reading. Hope you all have a happy life. Lots of love for everyone. Bogdan S

Like · Reply · 2 · 28w

**The Law Of Attraction**

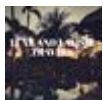
Hello, John! I am so glad to hear you enjoyed this article, thank you for your kind words! Wishing all the very best on your journey with the Law of Attraction

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**Terry Hirst-Hermans**

Great article. I continue to deepen my understanding of the Law of Attraction through listening to the Abraham-Hicks material, specifically the workshop question and answer material on youtube. Brilliant.

Like · Reply · 19w

**Luxe Lavish**

This was great. I have heard of most of these laws but not in this context, so its great to piece everything together. I am pumped to start doing and being conscious of these things now.

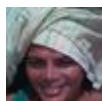
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**The Law Of Attraction**



That's awesome to hear, Luxe!

Like · Reply · 36w



**Marifi Mangaron**

hello mAm

Like · Reply · 1 · 36w



**The Law Of Attraction**

Hi Marifi! We hope you enjoyed this article!

Like · Reply · 36w



**Asad Meah**

Excellent read. thank you.

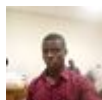
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**The Law Of Attraction**

You are very welcome, Asad! So pleased you enjoyed the article

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**Bobdoo Richard**

wow actually, i learn something here, i was triggered to read these laws, after watching a movie and i wanted to write on a subject matter, thank you LOA.

Like · Reply · 1 · 43w



**The Law Of Attraction**

You are so welcome! I am excited that you are on this journey with the LOA

Like · Reply · 1 · 43w



**Arun Tejas**

Nice , gives more importance of happiness

Like · Reply · 1 · 45w



**The Law Of Attraction**

Thanks so much for commenting, Arun! Sending love and light!

Like · Reply · 45w



**George Antonio Sanchez**

I am grateful for this information thanks you.

Like · Reply · 1 · 46w



**The Law Of Attraction**

You are so welcome, George!

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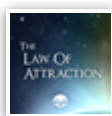
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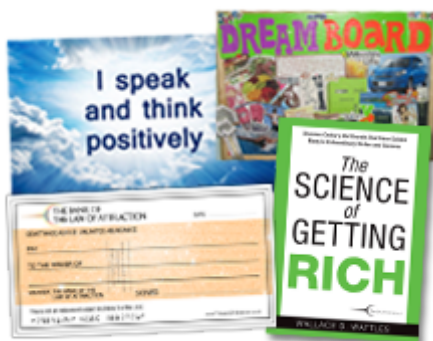
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