



# FLOURISH

## Prayer Workshop

*“And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep praying for all of the Lord’s people.”*

*Ephesians 6:18*

*“God’s purposes and plans will not fail. Before you spend all your prayer time telling Him about yours, ask about His.”*

*– Louie Giglio*

*“True prayer is God the Holy Spirit talking to God the Father in the name of God the Son, and the believer’s heart is the prayer room.”*

*– Samuel M Zwemer*

We are praying...

TO \_\_\_\_\_ the Father

**Our Father who art in Heaven....**

**Matthew 6**

Through \_\_\_\_\_ the Son

**Jesus mediates our interests to God and God’s to us. 1 Timothy 2:5**

By \_\_\_\_\_ the Spirit

**The Spirit intercedes for us and we get to agree with what He is doing and saying. Romans 8:26-27**



## Prayer Workshop

### Conversational, Cry of the heart, Intercession

Many categories such as \_\_\_\_\_

supplication, corporate, confession and repentance, deliverance, warfare, and more.

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Tonight we are focusing on:

Conversational: simply **talking** to God **throughout** the day

Anytime you are talking to God throughout the day is sacred. Sharing life with Him in

the big and small things matters to Him, too. He is Father, Savior, Friend.

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What did you notice as we practiced this prayer? \_\_\_\_\_

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Cry of the Heart: **Pouring** **unfiltered** **heart to the Lord**

out the contents of my \_\_\_\_\_

Anger, joy, fear, desperation. Unfiltered desires. Don't minimize your prayers. God already

knows so share freely. Ask God what He thinks about your heart cries and seek Scripture

for answers to these cries.

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Intercession: **Praying** **behalf** to God on \_\_\_\_\_ of others

Always rely on the Holy Spirit to lead you in prayers on behalf of others. You don't have

to feel pressure to come up with a perfect prayer. Rely on Him to give you the words. He leads

and we get to participate with Him simply asking on behalf of others.

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## Prayer Workshop

Where to start...

We always start in **the word** \_\_\_\_\_ and in the **presence of Jesus** \_\_\_\_\_.

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**Worship, imagination** \_\_\_\_\_, **gratitude memories** \_\_\_\_\_ are great ways  
practice His **presence** \_\_\_\_\_.

My list of gratitude memories:

**Gratitude memories are remembering times in the past when you felt His presence. Take**  
**some time to sit in those memories. Practice gratitude. It can help center you and take you back to those**  
**moments as faith builders and reminders of what's available to you in the presence of God.**

Observations from practicing His Presence:

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Observations from practicing Cry of the Heart:

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Observations from practicing Intercession:

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