



# FLOURISH

## Prayer Workshop

*“And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep praying for all of the Lord’s people.”*

*Ephesians 6:18*

*“God’s purposes and plans will not fail. Before you spend all your prayer time telling Him about yours, ask about His.”*

*– Louie Giglio*

*“True prayer is God the Holy Spirit talking to God the Father in the name of God the Son, and the believer’s heart is the prayer room.”*

*– Samuel M Zwemer*

We are praying...

To \_\_\_\_\_ the Father

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Through \_\_\_\_\_ the Son

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By \_\_\_\_\_ the Spirit

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## Prayer Workshop

Many categories such as **Conversational, Cry of the heart, Intercession**  
**supplication, corporate, confession and repentance, deliverance, warfare, and more.**

**Tonight we are focusing on:**

Conversational: simply **talking** to God **throughout** the day  
**Anytime you are talking to God throughout the day is sacred. Sharing life with Him in**  
**the big and small things matters to Him, too. He is Father, Savior, Friend.**

What did you notice as we practiced this prayer?

Cry of the Heart: **Pouring** out the **unfiltered** contents of my **heart to the Lord**  
**Anger, joy, fear, desperation. Unfiltered desires. Don't minimize your prayers. God already**  
**knows so share freely. Ask God what He thinks about your heart cries, and seek Scripture**  
**for answers to these cries.**

Intercession: **Praying** to God on **behalf** of others  
**Always rely on the Holy Spirit to lead you in prayers on behalf of others. You don't have**  
**to feel pressure to come up with a perfect prayer. Rely on Him to give you the words. He leads**  
**and we get to participate with Him simply asking on behalf of others.**



## Prayer Workshop

### Where to start...

We always start in **the word** \_\_\_\_\_ and in the **presence of Jesus** \_\_\_\_\_.

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**Worship, imagination** \_\_\_\_\_ and **gratitude memories** \_\_\_\_\_ are great ways  
practice His **presence** \_\_\_\_\_.

My list of gratitude memories:

**Gratitude memories are remembering times in the past when you felt His presence. Take  
some time to sit in those memories. Practice gratitude. It can help center you and take you back to those  
moments as faith builders and reminders of what's available to you in the presence of God.**

Observations from practicing His Presence:

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Observations from practicing Cry of the Heart:

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Observations from practicing Intercession:

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