Hello
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I am so excited to be preparing to walk the Flourish Journey with you! I have prayed and waited, and I am ready to dive into this season with you! I pray this journey will be light and inspiring, and I also pray it will be so effective and transformative for you. I pray you are ready to invest in this with a joyful heart, and that each day will offer you so much life and encouragement as you intentionally commit to saying yes to where Jesus will take you through this season!

A brief overview: The baseline of our relationship will be the Flourish curriculum. The book offers us content for a 12 month journey, where we will deepen our knowledge of Scripture and Jesus and His higher standards for our lives. Also very importantly, in this journey you have the amazing opportunity to open your hearts and lives to let Him work in areas where you need growth and change -- and I will be the one supporting and guiding you as much as I can (and looking forward to seeing all God will do in these 12 months!). With that, there are two important elements in the program: your short daily devotional reading from the book (15 minutes a day, 5 days a week) + meetings with me. We will have one group meeting per month, and I am available to meet with you individually as well. We don't need to meet individually every month, but I think at least every other month we should. So, to get ready make sure you order a copy of the Year One Flourish online at flourishmentor.com. I am ready to put our first meeting on the calendar (see below), and we will talk about the remaining of the meetings then!

You will receive more information about our journey at the Flourish	i Kick-off on at
For now, will you please reply to this email by	with the answers to these
five questions below?	

- 1. Why do you want to be in a mentoring relationship?
- 2. What do you hope to gain/learn from being mentored?
- 3. What are your expectations for me as a mentor?
- 4. The Flourish curriculum will guide us through covering some specific areas of life such as rooting our lives in The Word, we will explore the power of Prayer, your Identity, your Calling, Kinship (your relationships) and Gratitude. What are some other specific areas/themes in your life where you'd like to discuss/focus? These might be areas involving some goals we can create for you specifically -- I will guide you through that!
- 5. What days/ times are usually good for you to meet? After receiving your preference individually I will send some date options for our first meeting. Like I said earlier, we will discuss the rest of the meeting at our first meeting.
- 6. Lastly, at our first meeting we will share a little bit about our background and life journey so far. Be thinking about the major events of your life and how it shaped you to share with our group.