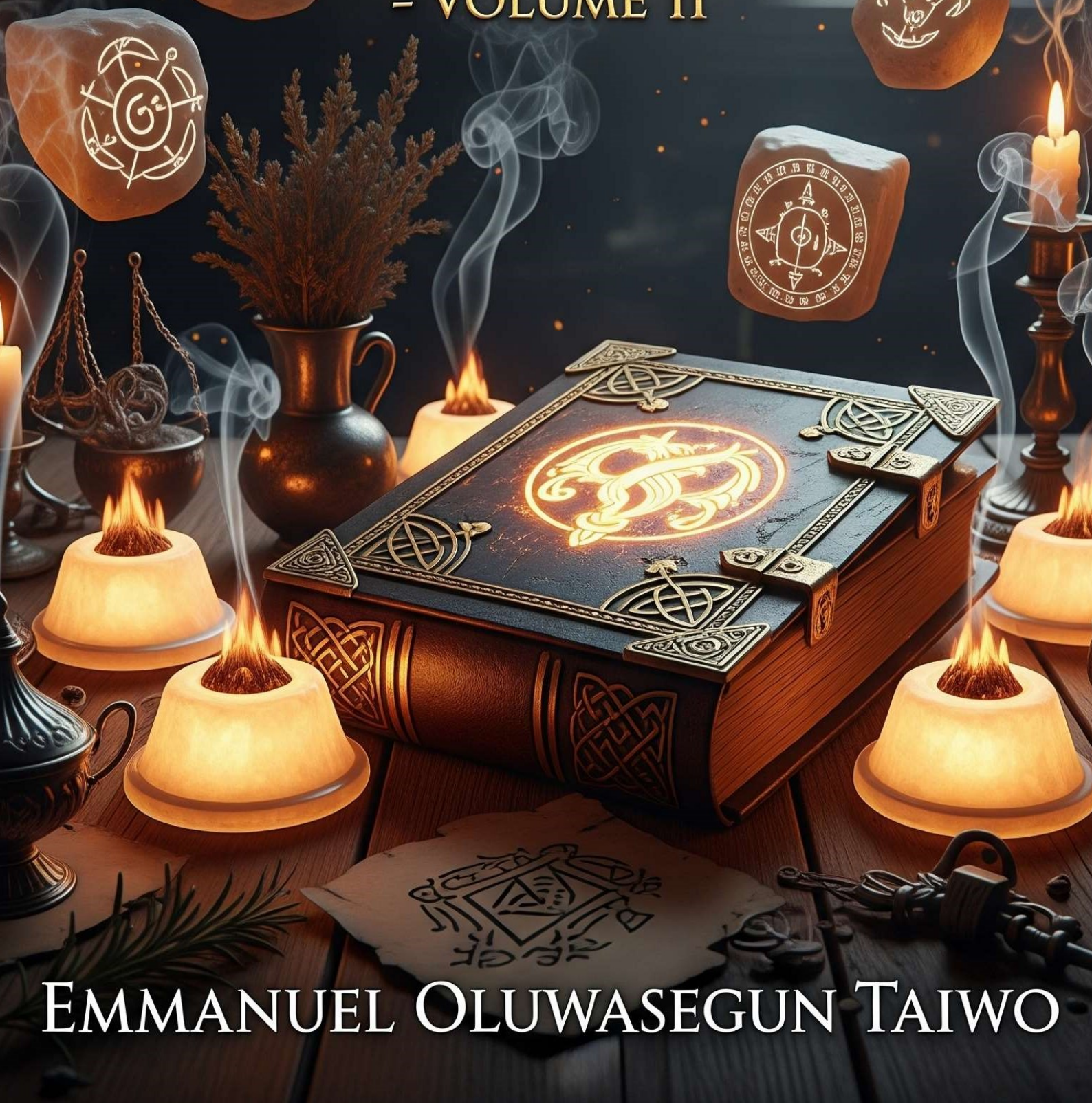


THE LOST BOOK OF MERLIN

- VOLUME II



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The Lost Book Of Merlin

Volume 2

AN ESTEEM BOOK OF MAGIC IN THE ANCIENT MAGIC OF MERLIN

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PRACTICE AND PREPARE

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40 SPELLS IN THE LOST BOOK OF MERLIN

VOLUME 2

1. The Salt of Healing Waters

Usefulness of the Spell

This working is both physical and spiritual. Salt, the eternal crystal of the earth, is known to absorb corruption and neutralize decay, while water the flowing essence of life cleanses and renews. Together, they form a sacred elixir that mends both flesh and soul. The salt water heals minor physical wounds, purges fevers, and draws out infections, but more importantly, it also washes away the invisible heaviness of sorrow, envy, or curses that cling to the spirit.

Efficiency of the Spell

This spell is most effective when performed during the **waxing moon**, when healing and growth are at their height. It works swiftly on minor wounds, fevers, or melancholy, but for deeper maladies it must be repeated across three nights. Its spiritual effects are immediate if faith and focus are steady.

Materials & Tools Needed

Pure **sea salt** (never mined salt, for sea holds the Mother's memory).

Fresh **spring water** (drawn before sunrise).

A **copper bowl**, for copper is Venus's metal, ruling harmony and restoration.

The rune **Laguz** (ᚲ) inscribed upon the bowl, invoking the flow of life and healing.

Spell & Incantation

Hold the salt in your right hand, the water in your left, and whisper thrice:

“Trí shalann na mara, trí n-áiteanna na talún, leighis an gort, athchóiriú an luach. Trí shalann agus sruth, trí gile shíoraí na gealaí, imeoidh an t-othar, lig don iomláine fás.”

Preparation

Prepare yourself before dawn. Wash your hands and face with clean water, for no dirt may mingle with the sacred mixture. Set your copper bowl upon a wooden table or stone altar, facing the east where the sun shall rise.

Take three pinches of sea salt. Drop them into the spring water one by one, and after each, circle your hand over the bowl clockwise as the planets wheel above. Whisper the name of the afflicted into the water if healing another, or into your heart if healing yourself.

Once prepared, the salt water may be sprinkled upon the wound, drunk in small sips for fevers, or dabbed upon the forehead for cleansing of the spirit. Keep the remaining water outside under the open sky until the next sunrise, then pour it upon the roots of a living tree to seal the work.

Precaution

Do not prepare this spell with anger or weariness in your heart; the water will absorb it and taint the cure.

Never use iron or steel in this rite, for Mars's metals provoke war and hinder healing.

If you are unwell with grave illness, the spell aids but does not replace the physician's art use both, for the wise druid works with all of Nature's hands.

Always give thanks after pouring away the remainder, lest the spirits of water feel you ungrateful and withdraw their blessing.

2. The Carved Sigil of Protection

Usefulness of the Spell

This working is one of the oldest and simplest wards, yet its strength is timeless. The carving of a sigil into oak creates a physical anchor for protective energies, setting a barrier that ill-willed spirits, wandering shades, and human malice cannot easily cross. It does not only shield the home from intrusion but also stabilizes the dwelling itself, turning it into a place of harmony and rest. Children sleep more peacefully, quarrels lessen, and unseen shadows are kept at bay.

This sigil calls upon the **memory of the oak tree**, sacred to Druids, a tree that resists storms and endures centuries. When carved with intent, oak becomes a sentinel that never tires.

Efficiency of the Spell

The sigil is most effective when carved during the **waning moon**, for that is when banishment and defense are strongest. It can hold for many years if the oak wood is kept dry and undisturbed, particularly if recharged every midsummer or midwinter with fresh offerings. The power of the spell multiplies when placed at the **threshold of the home**, where energies naturally converge.

Materials & Tools Needed

Oak wood – preferably from a fallen branch, never stolen or cut without asking the tree's leave.

A **knife or carving tool**, consecrated and used only for sacred workings.

A pinch of **salt**, to cleanse the wood.

a drop of **frankincense oil**, to anoint the sigil after carving.

The rune **Algiz** (**ᚷ**) also be added, for it is the stave of protection, resembling arms raised in warding.

Spell & Incantation

As the sigil is carved, the magician chants softly, each stroke of the blade imbued with power:

“Adhmaid agus focal, balla agus coimeád, Dair, bí láidir, agus coimeád an clós seo. Ní bheidh scáth trasna, ní mairfidh olc, Trí fréamh agus spéir, cas laige ar shiúl.”

Preparation

On the night of the waning moon, cleanse the oak wood with salt water, sprinkling lightly while whispering gratitude to the tree from which it came. Seat yourself upon the ground, for to carve is to ground energy into matter.

Begin your work facing north, the quarter of endurance and stillness. With steady hands, carve a five-pointed star enclosed within a circle upon the oak. Do not rush—each line should be cut with intention, your breath steady, your thoughts focused on the safety of your home.

Once the carving is complete, place the wood upon the earth, and rest your right hand upon it. Close your eyes, and imagine a dome of golden light rising from the sigil, spreading outward until it encompasses your entire dwelling. Whisper the incantation three times, with the final word spoken forcefully, sealing the working.

The sigil should then be buried beneath the threshold of the main doorway, facing outward. If no soil is available, it may be fixed behind the doorframe or placed beneath a welcome stone.

Precaution

Never carve this sigil in anger, for wrath will twist the ward into hostility and may repel even friends.

Do not place the wood in damp soil; rot weakens the ward as it weakens the oak.

Refresh the carving each year on midsummer's eve or winter solstice by pouring a libation of milk or honey at the threshold and whispering the incantation anew.

Remember that this spell shields, but it does not heal. If discord arises within the home, the ward will not end quarrels born of the heart. A clean house and a kind hearth are the best companions to a protective sigil.

3. The Flame of Purging

Usefulness of the Spell

This working is called upon when places or persons are weighed down with stagnant or corrupted energies. The Flame of Purging consumes what clings unnaturally: the remnants of grief, the stains of envy, or the lingering presence of spirits who will not depart. It clears rooms that have grown heavy, sanctifies objects that have been defiled, and restores clarity to the heart of the practitioner.

Unlike destructive fire, this flame is a **purifying fire**, burning only what is unclean, leaving behind a sanctified emptiness ready to be filled with light, peace, and new beginnings. It is a flame of rebirth, as much as it is of release.

Efficiency of the Spell

The spell finds greatest strength under the **waning moon**, when nature herself sheds what must no longer remain. It is especially potent at twilight or midnight, when the boundary between the visible and the unseen is thin.

Efficiency is swift shadows and lingering energies often depart immediately, though in deeply haunted places, the rite may need to be repeated across three nights. The spell is magnified when combined with herbs sacred to cleansing (sage, juniper, rosemary), though even a single candle may carry the purging fire if worked with true intent.

Materials & Tools Needed

A **black candle** to draw in and burn away impurity.

A **white candle** to summon pure light in its place

Dried sage (or rosemary/juniper) for smoke purification.

A **clay or stone pot** fireproof and grounded, to hold the embers.

A pinch of **sea salt**, to ward and seal the space.

Rune **Kenaz** (ᚔ), symbol of fire and illumination, inscribed upon parchment and placed between the two candles.

Spell & Incantation

When the candles are lit and the herbs begin to smolder, recite in clear voice:

*“Ardaíonn an deatach, titeann an scáth, Ní bheidh ann ach solas ag siúil sa halla seo.
Dóigh lasair, athraigh spiorad, Ní dhéanfaidh ach an glan a bheith in ann anseo
filleadh.”*

Repeat three times, each with stronger intent, while passing the flame or smoke to the corners of the space.

Preparation

Before beginning, cleanse yourself: wash your hands in cool water and, if possible, bathe in salt water to strip away lingering energies clinging to your flesh. Fast lightly or avoid heavy food before the rite, for the body must be light when channeling fire.

Prepare your space at dusk. Draw a circle of salt around your working area, ensuring the flame will be contained within the sacred boundary. Place the black candle to your left, the white candle to your right, and the pot with smoldering herbs between them. If you have carved or drawn the rune *Kenaz*, place it beneath the pot, allowing its fiery essence to radiate upward.

First, light the black candle, saying: *“By this flame, all shadows are gathered.”* Then light the white candle, saying: *“By this flame, all purity is restored.”* Finally, ignite the herbs and let their smoke rise. Slowly carry the pot around the space or direct the smoke with your hand, ensuring each corner, doorway, and window is touched. As the

smoke rises, chant the incantation, envisioning dark energies fleeing into the flame, dissolving into nothingness.

When the rite is complete, allow the black candle to burn until it extinguishes naturally. Snuff the white candle with respect, saving it for future works of light. Scatter the cooled ashes of the herbs to the wind, giving them back to nature.

Precaution

Do not attempt this working when angry or fearful, for the flame will magnify your inner state and may cause unrest. Enter calm and centered.

Never allow the flame to burn unattended; though sacred, fire is still fire.

Do not use metal vessels they carry Mars's aggression, which may twist the work. Clay or stone keep the fire grounded.

After the rite, always open a window or doorway, for expelled energies must have passage to leave.

If the space feels heavier afterward, it means resistance remains repeat for three nights under the waning moon to fully cleanse.

4. The Salt Seal of Binding

Usefulness of the Spell

This working is crafted for restraint, not destruction. When a harmful force whether spirit, curse, or the malice of another presses too heavily upon the life of the practitioner, the Salt Seal of Binding entraps it and casts it away into the greater flow of nature. It is a spell of **containment and release**, severing the grip of negative influence so that peace may return.

It does not destroy the influence, but locks it within the grains of salt, neutralizing its power until the current of water carries it into dissolution. Thus it is both shield and banishment, a working that preserves harmony without blood or conflict.

Efficiency of the Spell

The spell is most efficient when worked during the **waning half-moon**, the time of release and diminishing power. Its effect is swift, binding the influence the very moment the knot is sealed and the bundle cast into running water.

For best results, the water chosen should be **flowing and alive** a river, stream, or tidal current never stagnant. In stagnant water the force may linger; in flowing waters, it is carried swiftly away. The binding may last permanently if the act is performed with focus, though repeated works may be required against particularly strong or renewed influences.

Materials & Tools Needed

A square of **black cloth** symbol of concealment and sealing

A handful of **sea salt** the crystal of binding and purification.

A **cord of natural fiber** (hemp, wool, or flax) to tie the seal.

A symbol of the harmful influence this may be a written name, a strand of hair, or an object touched by the malice.

The rune **Isa** (I), carved upon the cloth or imagined, for it is the rune of stillness and binding.

Spell & Incantation

As the bundle is tied, recite:

“Ceangailte i gcrón, caite i n-aibhinn, Ní thabharfaidh dochar duit níos mó. Trí tháite agus tréibhe, trí thalamh agus mara, Níl aon rud a bhí in aghaidh dom.”

Speak the final line with firmness, casting the bundle into the water.

Preparation

Begin by preparing yourself with a small act of cleansing wash your hands in cool salt water, so that no trace of your own essence mingles with what is to be bound. Gather your tools and set them upon a cloth or wooden table, facing west, for west is the quarter of water, dissolution, and endings.

Lay the black cloth flat. Place within it the symbol of the influence whether word, object, or token and cover it completely with sea salt. As you pour the salt, envision it weighing down the malice, crystal by crystal, until it is immobilized. Whisper the name of what is being bound, then fold the cloth inward from each corner.

Take the cord and tie three knots around the bundle: the first for sealing, the second for binding, and the third for casting away. With each knot, speak the incantation, breathing your intent into the fibers. Hold the bundle to your forehead for a moment, letting your will impress upon it fully.

Travel to a flowing stream or river. Stand upon the bank and, with steady hand, cast the bundle into the current. As it vanishes into the water, exhale deeply, releasing the influence from your life. Watch until it is carried away and no longer in sight.

Precaution

Do not open or untie the bundle once it is sealed to do so is to release the influence back into your sphere.

Always use natural cord; synthetic threads resist dissolution and may trap the energy unnaturally.

Never cast into stagnant ponds or still wells, for the influence may linger and stagnate near you.

Avoid performing this spell in wrath rage may empower the influence rather than confine it. Calm intent is the true blade of binding.

Give thanks to the waters when you depart a libation of milk, bread, or a whispered blessing ensures harmony between your will and the river's spirit.

5. The Druid's Breath

Usefulness of the Spell

This ancient working calls upon the **life-breath of the forest** to heal fevered flesh and cleanse the lungs of heaviness. The pine tree, ever-green and ever-living, carries within its needles the fire of renewal and the balm of air. By inhaling the steam of pine, the body is cooled from within, the lungs cleared, and the spirit refreshed.

It is a spell of breath itself the bridge between body and soul. With each inhalation, the sickness is drawn out and dissolved; with each exhalation, vitality is restored. This working not only eases the burning of fever but also strengthens the breath, making it a true ally for those who suffer from weariness, coughs, or heaviness of spirit.

Efficiency of the Spell

This spell is most potent when performed at **dawn**, as the first breath of day carries the blessing of renewal. It works quickly to soothe fevers and clear minor ailments of the chest, though in grave illnesses it must be repeated across **three mornings** for the strength to accumulate.

The healing is not only physical but spiritual sorrow, grief, and exhaustion that weigh upon the chest are also lightened, leaving the heart open once more to hope.

Materials & Tools Needed

A handful of fresh **pine needles** (collected respectfully from the tree).

A **clay cup or bowl**, earthen and grounding.

Boiling **spring water**, pure and untainted.

A clean **cloth or shawl** to trap the steam.

Rune **Ansuz** (ᚱ) inscribed upon the clay cup, for it governs breath, inspiration, and healing through air.

Spell & Incantation

As you breathe the steam, chant softly:

“Anáil chraobh, leighis in am, Glan an tine, fuaraigh an tobar. Trí aer na coille, trí phóg na duille, Athshocraigh na scamhóga, athnuaigh an spás seo.”

Repeat until the steam fades and the fever cools.

Preparation

Rise with the dawn, before the sun has fully crowned the horizon. Wash your hands and face in cold water, clearing the night’s residue from your body. Approach the pine tree with reverence; place your hand upon its bark and whisper your intent, then pluck only a few needles, never more than you need. Always thank the tree, for its gift is its breath.

Set your clay cup or bowl upon a wooden table or stone surface. Boil the spring water until it sings, then pour it over the pine needles, watching as the rising steam carries the forest's spirit into the air.

Drape the cloth over your head and the cup, creating a small chamber of steam. Close your eyes. With each inhale, draw the healing breath into your lungs; with each exhale, release the sickness and fever into the rising mist. Imagine the fire of illness leaving your body, dissolving into the air, leaving you cool, calm, and whole.

Whisper the incantation with each breath, allowing the words to weave with the steam. Continue until the water cools and the vapor fades. When finished, pour the remainder at the base of a living tree, sealing the cycle of healing.

Precaution

Do not perform this spell in haste your breath must be calm and measured, or the healing will falter.

Never take too many needles from a single pine; the spirit of the tree may resent your greed and withhold its blessing.

Avoid performing this working at noon or in the heat of day, for the spell may overheat rather than cool the body.

Do not use metal or iron vessels, as they interfere with the subtle essence of the pine. Clay or stone alone carry the balance of earth.

If the fever is grave and persists, this spell should walk hand-in-hand with the healing art of physicians, for magic and medicine are both children of the same Mother.

6. The Fire Rune of Courage

Usefulness of the Spell

This spell is a **summoning of inner fire**, crafted to banish fear and awaken bravery in the heart. Where doubt, timidity, or dread weigh heavily, the Fire Rune burns them away, leaving only resolve and strength.

The stone, bearing the carved mark of flame, becomes a talisman of courage. When carried upon the body, it steadies trembling hands, clears faltering speech, and fills the spirit with boldness. Warriors of old and seekers of wisdom alike have trusted such fire-carved stones before battles, journeys, and trials of the soul.

It is not recklessness that this spell brings, but **measured bravery** the ability to act rightly despite fear.

Efficiency of the Spell

The Fire Rune is most efficient when worked at **sunset on a Tuesday**, a day governed by Mars, spirit of boldness and strength. Its effect is immediate, stirring courage at once, but the talisman itself retains power for as long as the rune remains visible upon the stone.

When renewed by fire each month passed once more through flame while the rune is retraced the courage within the stone may endure indefinitely.

Materials & Tools Needed

A small, smooth **stone** that fits in the palm.

A **carving tool** (flint, steel point, or even a nail).

A single **candle flame**, representing the eternal fire.

Rune **Tiwaz** (↑) carved beside the triangle, for it calls forth victory and steadfast will.

Spell & Incantation

As the rune is heated above the flame, speak:

“Lasair laistigh de chloch, léirigh misneach, Cróinn a bheith de chroí, cuimhnigh ar eagla. Trí spota agus tine, trí ord na n-ainm, Siúlaim le neart, tríthoil fán mo sheasamh.”

Repeat thrice, the final time whispering into the stone, sealing it with your breath.

Preparation

At dusk, prepare a clean space, free of noise and distraction. Set the candle before you, its flame steady and undisturbed. Hold the stone in your hand, weighing it, knowing it will bear the fire of your will.

With calm focus, carve upon the stone a triangle the oldest symbol of flame and rising strength. If the stone resists carving, mark it with charcoal or red pigment, for intent binds as strongly as the tool.

Light the candle and hold the stone carefully above the flame, close enough to feel warmth but not to blacken it with soot. As the fire licks beneath, chant the incantation, visualizing the flame seeping into the stone, awakening a bright ember within it.

When the final words are spoken, bring the stone to your lips and exhale gently upon it as though breathing your own courage into the vessel. Carry the stone upon your person, tucked within pocket, pouch, or bound in a small cord around the neck.

Whenever fear arises, clasp the stone in your palm and breathe upon it again, reawakening the flame within.

Precaution

Do not carve this rune in haste or anger, for recklessness may bind itself to the talisman instead of courage

Avoid using a cracked or fragile stone; it must be whole, or the fire will scatter and weaken.

Never blow out the candle after the working always snuff it, for breath against flame may disperse the spell's strength.

Do not use this spell to impose will upon others; the Fire Rune burns for self-mastery, not domination.

If the rune fades from the stone, renew it with fresh carving or paint, or bury the stone respectfully and begin anew.

7. The Ashen Curse Breaker

Usefulness of the Spell

This working is a **purification charm** crafted to unravel hexes, baneful words, and unseen bindings laid upon a person. The strength of oak fire long revered as a tree of endurance and holy flame is carried within its ash, while the egg shell, symbol of life and protection, serves as a vessel of renewal.

When mingled and spread across the threshold of a dwelling, these substances form a barrier that shatters malicious workings and casts away the weight of curses. The Ashen Curse Breaker not only severs the bond of ill-wishing but also restores balance to the afflicted, opening their path once more to light.

It is a shield against unseen snares, and a sword that cuts the cords of malice.

Efficiency of the Spell

The spell is most efficient when performed at **dawn on a Saturday**, a day ruled by Saturn master of endings, banishment, and the breaking of bonds. At this hour, the first light of day carries with it the dispersal of night's shadows, empowering the ashen mixture to dissolve even stubborn curses.

For lesser hexes, a single sprinkling across the threshold suffices. For stronger bindings, the ritual should be repeated for **three consecutive dawns**, strengthening the layers of protection and cleansing.

Materials & Tools Needed

Fine **ash from an oak fire** (gathered once the flames have fully cooled).

Crushed **egg shell**, white or brown, dried and powdered.

A simple **bowl**, preferably of clay or wood, for mixing.

Rune **Algiz** (𐌵) drawn upon the bowl, for it calls the shield of divine protection.

Spell & Incantation

While sprinkling the mixture across the doorway, speak with steady voice:

"Le duilleog agus cnámh, ní bheidh aon locht ort, Le solas na maidine, beidh tú socraithe. Le lasair láidir na n-óstach, agus cloch an tsaoil, Táim ag gearr na gcuimhneach agus gorta."

Repeat until the threshold is fully dusted.

Preparation

Rise before the sun and cleanse yourself with fresh water, washing the hands and brow, for the pure must handle the work of banishment. Sit in quiet before your bowl. Into it place the ash of oak, the remnant of fire that devours corruption. Grind the egg shell

finely between your fingers, speaking your intent with each motion: *“Life overcomes death, shield overcomes harm.”*

Mix the two together until they are as one, gray and white interwoven, the fire and the womb joined as a single force. As the sun begins to crown the horizon, carry the bowl to the threshold of the afflicted’s dwelling. Stand facing outward, so the curse is driven away from the home.

With your right hand, take pinches of the mixture and sprinkle them along the doorway, left to right, until the entrance is dusted. As you cast, speak the incantation, letting each word strike like a hammer upon the unseen chain of the hex.

When the last of the mixture is spread, knock thrice upon the doorframe and whisper: *“It is undone.”* Enter without looking back.

Precaution

Only use ash from **oak wood**, for it alone bears the holy strength of endurance. Ash from lesser trees may weaken the charm.

Never perform this spell after sunset; the night empowers curses, while dawn breaks their hold.

Do not sweep away the mixture immediately leave it until the sun is at its highest, then sweep it outward from the doorway, never inward.

If the cursed person does not dwell in the home, carry the mixture to their doorstep and perform the rite there, with permission.

Should the hex persist after three workings, seek both magical and physical remedies, for some bindings cling not only to spirit but also to mind and body.

8. The Blood Sigil of Oath

Usefulness of the Spell

This is a spell of **binding truth and unbreakable promises**. Where men's words falter, the sigil seals their intent with the deepest essence of life blood, the river of spirit and flesh. To swear by blood is to place the soul itself in witness, making the oath inviolable beneath sun or star.

It is a working for solemn vows: between lovers, sworn brothers, covens, or allies of great cause. To bind in this manner is to call upon both the seen and unseen worlds to enforce the promise. To break such an oath invites the wrath of the spirits who heard it and the withering of one's own strength.

Efficiency of the Spell

The spell is most efficient when performed beneath the **new moon**, when beginnings are most potent, or upon **the first rising star of the evening**, marking witness to eternal light. Its effect is instant and absolute once the sigil is drawn and sealed, the oath cannot be lightly undone.

If renewed with blood or red ink upon the parchment at each new moon, the oath strengthens, weaving itself deeper into fate's tapestry.

Materials & Tools Needed

A sharp **knife or stylus** (reserved only for sacred use).

A sheet of **parchment or thick paper**.

Red ink, or a drop of blood (from each participant, if mutual).

A safe flame candle or lamp for sealing.

Rune **Gebo** (X) may be drawn into the circles, symbolizing sacred gift and bond.

Spell & Incantation

While completing the sigil, speak together:

“Arraíonn sé nach bhfuil sé sealed i gconradh fola. Ná bris an mhtmlach seo faoi réalta ná grian. Tríd sruth dearg na beatha agus análas na n-anam, Staonann muid mar aon go dtí deireadh an ghoid.”

Preparation

Cleanse the space with incense or salt before beginning. Lay the parchment upon a wooden table or stone surface. With calm and steady hand, draw **two interwoven circles**, representing unity. Within each, inscribe the name, sigil, or rune of the vow-keepers. If more than two bind themselves, weave the circles into a chain.

Dip the stylus into red ink, or prick the finger lightly to draw a single drop of blood.
Mark the center where the circles overlap, sealing the bond with the life-essence itself.
As you do, speak the incantation slowly, with breath steady and intent sharp as a blade.

When the words are complete, pass the parchment briefly over flame (without burning it), so the fire of spirit locks the bond. Fold it thrice and place it in a safe place a wooden box, beneath an altar stone, or sewn into cloth.

Precaution

Do not attempt this spell lightly; oaths sworn in blood bind beyond words and will bring misfortune if betrayed.

Never spill more than a single drop of blood the spell requires only a token, not a wound.

Do not burn the parchment unless you wish the oath to be dissolved and even then, the release may not be free of consequence.

All participants must give their blood or mark willingly; forced oaths invite reversal and danger.

Do not cast this spell in jest or for trivial promises; only solemn vows should be bound in this way, else the spirits will mock the vow-maker.

9. The Charm of Prosperous Salt

Usefulness of the Spell

This charm is wrought for the steady flow of **wealth, abundance, and lasting fortune**.

Salt, the eternal preserver, has long been honored as a substance of purity and endurance. Just as it keeps food from decay, so too does it guard against loss and waste.

When united with silver the moon's metal, a vessel of luck and trade it becomes a magnet for prosperity. The green pouch, color of fertile earth and growing fields, becomes the womb of fortune, where wealth is conceived and nurtured.

The Charm of Prosperous Salt does not bring sudden riches or reckless gains, but rather **steady streams of coin, trade, and opportunity**, ensuring that wealth, once gained, is not squandered. It is a working of stability, not excess; of lasting provision, not fleeting gold.

Efficiency of the Spell

This charm is most efficient when prepared on a **Thursday at sunrise**, the day of Jupiter, lord of expansion, abundance, and prosperity. If created on the waxing moon, it draws wealth toward you; if shaken at the full moon, it ensures the fullness of what has been gathered.

The charm's strength endures as long as the pouch remains intact. To renew its power, add a pinch of fresh salt and cleanse the silver coin under moonlight once each month.

Materials & Tools Needed

A small **green pouch** of cloth (silk, linen, or cotton).

A **silver coin**, genuine if possible, or a well-worn piece of silver-colored metal.

A handful of pure **salt** (sea salt or rock salt is preferred).

A sprig of **basil or mint**, dried and placed within the pouch, to double the charm's power of attraction.

Spell & Incantation

Each morning, while shaking the pouch gently, recite with steady breath:

“Lonrúil airgid, salann mo chroí, Guigh ar an gcraobh de choinn agus am. Trí thalamh agus gealaigh, le lámh an ádh, Tabhair saibhreas dom, ar mo ordu.”

Preparation

At dawn, cleanse the silver coin in cool water and dry it upon clean cloth. Hold it in your palm and gaze upon its shine, whispering your name to it, so it may know its keeper.

Lay the green pouch open before you. First, pour into it a measure of salt, each grain a crystal sun to guard and preserve your fortune. Then place the silver coin within, speaking softly: *“As silver shines, so shall fortune find.”*

If you choose, add basil or mint, symbols of prosperity since the days of the old temples, to stir the charm to greater strength. Draw the pouch shut, tie it with three knots, and breathe upon it to awaken the spirit within.

Each morning thereafter, hold the pouch to your heart, shake it thrice, and speak the incantation. Let your voice rise with confidence, for fortune favors those who call with certainty.

Precaution

Do not use false coin if true silver may be had; deception in materials leads to deception in results.

Keep the pouch clean and hidden; do not allow greedy hands to touch it, lest its power diminish.

Never let the salt within grow damp, for dampness corrupts and spoils prosperity's flow renew with fresh salt if moisture intrudes.

Do not use this charm for hoarding or miserly gain; its nature is balance, and it may turn against those who seek to choke the flow of wealth.

Always give a portion of gained fortune to others charity feeds the charm, while greed starves it.

10. The Circle of Thorns

Usefulness of the Spell

This is a spell of **protection and warding**, crafted to keep away enemies, ill-wishers, and all who come with harmful intent. Thorns, sharp and unyielding, have been nature's guardians since time immemorial the rose defends its beauty with them, and the hawthorn keeps its secrets by their bite.

When arranged in a sacred circle, thorns form a barrier between the self and the world, cutting at unseen forces and turning malice back upon its sender. The Circle of Thorns is both a shield and a warning: *those who seek harm shall find harm awaiting them.*

It is a working best suited for the defense of home, temple, or sacred ground, though it may also be set around one's person in dire need.

Efficiency of the Spell

The spell works most efficiently when cast under the **waning moon**, a time for banishment and protection. It is strongest at twilight, when the boundary between light and dark is thinnest.

Its protection endures as long as the circle remains unbroken. Should a thorn be removed or the circle disturbed, its strength falters. Renewal must be made by recasting the circle beneath the same phase of the moon.

Materials & Tools Needed

Freshly gathered **thorns** from rose, hawthorn, or blackthorn (each carries protective power).

A length of **red cord or thread**, symbol of warding.

A **knife** for carving protective runes into the ground or boundary.

Rune **Thurisaz** (ᚢ) may be inscribed, for it embodies the thorn's fierce defense.

Spell & Incantation

While laying the thorns in the circle, recite with firm voice:

“Le thorn agus tine, ní chrosfaidh aon duine, Le fuil agus cloch, téigh ar ais ó gach caillteanas. Ciorcal láidir, le cinniúint a bheith geallta, Cosain mé go maith, a sciath thorn.”

Preparation

At twilight, cleanse yourself with smoke of sage or rosemary, driving away all lingering impurities. With calm mind and steady hand, mark upon the ground the place where the circle shall be laid.

With the knife, carve the rune of Thurisaz at the four directions, each cut a tooth against intrusion. As you work, whisper: *“Here stands the gate that none may pass.”*

Take the gathered thorns, sharp and strong, and lay them upon the earth in a full and unbroken circle. Bind them where they meet with the red cord, sealing the ends with a knot of three turns. As each thorn is set, breathe your intent into it *to wound malice, to repel harm, to guard the sacred.*

When the circle is complete, stand at its center (or within the space it defends). Lift your hands and speak the incantation, letting your voice rise until it seems to strike the air itself. Feel the thorns awaken, their sharpness mirrored in unseen wards of power.

Leave the circle undisturbed. Know that any who would trespass shall find their malice cut by the spirit of the thorn.

Precaution

Always gather thorns with respect; do not strip a bush bare, but take only what is needed. Offer a drop of water or a whispered thanks in return.

Ensure the circle is unbroken; a single gap weakens the whole.

Do not set the Circle of Thorns in jest or for vanity it is a harsh protector, and it may cut even those who approach in ignorance.

Do not attempt to carry the circle once laid; its strength is bound to the ground where it is cast.

Should you ever wish to dissolve the circle, do so at dawn. Remove each thorn with care and burn it in fire, while speaking: *“The guard is lifted, the path made free.”*

11. The Rune of Healing Salt

Usefulness of the Spell

This spell is crafted for the easing of **chronic pain and lingering ailments**, calling upon the ancient powers of rune and salt. Salt, the crystal of earth and sea, has ever been a preserver and purifier, cleansing corruption and restoring balance. The rune **Ansuz** (ᚱ), gift of divine breath and wisdom, calls upon the higher spirit to mend and to guide healing where the body struggles.

Together, salt and rune create a vessel of renewal steady, gentle, and enduring. Unlike sudden cures or violent purges, the Rune of Healing Salt works subtly, night after night, drawing pain from the body and carrying it away like tide returning to sea. It is a charm of relief and balance, not conquest over illness, but harmony restored.

Efficiency of the Spell

The Rune of Healing Salt is most efficient when performed beneath the **waning moon**, for this is the time when pains, sickness, and burdens are best diminished. Begin the work at **nightfall**, so that as the body rests, the rune may weave its strength more deeply into flesh and spirit.

The stone beneath the bed will carry its virtue for a full month. To renew, cleanse it in fresh salt water and redraw the rune, repeating the ritual upon the next waning moon.

Materials & Tools Needed

A **flat stone**, large enough to inscribe upon, smooth if possible.

A stick of **chalk** (white or blue preferred, for purity and calm).

A bowl of **salt water**, mixed from clean water and a handful of salt.

A sprig of **rosemary** or **lavender** laid near the stone, to call peace and restful sleep alongside healing.

Spell & Incantation

As you draw the rune and bless the stone, recite:

“Dúisigh an rúin, leag an pian, Deisigh an chomhlacht, tabhair aire don anam. Salann agus cloch, faoina chroí na hoíche, Tarraing an pian, athnuaigh le grása.”

Preparation

At nightfall, prepare a quiet and calm space. Place the flat stone before you and cleanse it first in the bowl of salt water. Pass your hand above it, imagining the pain being washed away as the stone is purified.

Take the chalk and inscribe upon the stone the rune **Ansuz** (ᚱ), symbol of breath, wisdom, and divine aid. Draw it firmly, with care, knowing that each line carves intention into the unseen. Speak softly as you draw: “Trí rún na spiorad, lig dom a bheith scríofa leigheas”

When the rune is complete, dip the stone once more briefly in the salt water, letting the liquid seal the chalk's power into its form. Dry it gently with a clean cloth, then hold it to your forehead or chest. Whisper the incantation, letting the words flow with slow breath, calling the rune to life.

At last, place the stone beneath your bed, directly below where the body most aches. As you sleep, the salt draws the burden away, and the rune directs healing energy into your spirit and flesh.

Renew each month, or sooner if the chalk fades, always with fresh salt water and clear intent.

Precaution

Do not use a stone that is cracked or brittle; it must be whole to hold the rune's strength.

Never let the salt water become stagnant or dirty cleanse it after the ritual and discard away from the home.

Do not draw the rune in anger or haste; healing must be born of calm and patience.

This spell eases pain but does not replace needed medicine or care it works with the body, not against its nature.

If the stone breaks, bury its fragments respectfully in earth and begin again with a new vessel.

12. The Burial of Sorrow

Usefulness of the Spell

This is a spell of **release and renewal**, meant to lay grief, pain, and old wounds to rest. As earth takes seed and transforms it into new growth, so too does it take sorrow and remake it into fertile ground for joy. The act of writing sorrow gives shape to what burdens the heart; the burning turns it to ash, and the burial surrenders it to the deep womb of the earth.

The Burial of Sorrow is not a forgetting, but a **transformation**. It teaches that pain, once honored and released, no longer chains the spirit. What was grief becomes memory; what was despair becomes wisdom. Through this rite, one begins anew, lighter and freer to walk the path ahead.

Efficiency of the Spell

The spell is most efficient when performed at **sunset**, the hour of endings and release. It is especially potent during the **waning moon**, which draws away sorrow as the moon itself diminishes.

Its effect is gradual but certain. In the days following, the heart will feel a lifting, as though the weight has seeped into the soil and been taken by the roots. Renewal may be repeated at times of fresh grief, always under the setting sun.

Materials & Tools Needed

A sheet of **parchment or paper**, upon which the sorrow is written by hand.

A **black candle**, symbol of mourning and the end of burdens.

A small measure of clean **soil**, or the ground beneath a living tree.

A few **rose petals** or **sage leaves**, burned with the ash to bless the release.

Spell & Incantation

As the parchment burns and the ashes are gathered, recite slowly:

“Mar a thógtar an deannach, mar sin laigeann an brón, Mar a athdhéantar an talamh, scaoiltear áthas nua. Trí lasair agus talamh, trí dhóthain brón, Éirím arís, mar an grian maidin.”

Preparation

At sunset, prepare a quiet place where you will not be disturbed. Light the black candle, letting its flame symbolize the passing of sorrow into transformation. Take the parchment and write with full honesty the grief, pain, or burden you wish to release. Do not restrain your words; let the heart pour freely onto the page.

When the writing is complete, hold the parchment above the flame. Watch as fire consumes it, turning sorrow to smoke and memory to ash. Gather the ashes carefully, letting none scatter aimlessly upon the wind.

Carry them to the roots of a tree, for trees are the bridges between earth and sky, sorrow and renewal. Dig a small hollow at the base of the roots and place the ashes

within. Speak the incantation, voice steady, and cover the ashes with soil. If you wish, scatter rose petals or sage leaves over the place as a seal of blessing.

As you walk away, do not look back. Trust that the earth has taken your grief, and that new joy is already rooting within you.

Precaution

Never bury sorrow without first naming it upon the parchment unspoken grief lingers unhealed.

Do not cast ashes to the wind; they must be given to the earth, which alone remakes them.

Choose a living tree if possible, for dead wood cannot transform what it receives.

Do not rush the process; sorrow takes time to fade, but this spell begins the work of release.

If sorrow returns, repeat the spell at another sunset, each time loosening grief's hold more fully.

13. The Salt Circle of Dreaming

Usefulness of the Spell

This spell is fashioned to awaken the **power of dreams** granting clarity, lucidity, and sometimes visions of things yet to come. Dreams are the silent language of the soul, a

bridge between waking thought and hidden truth. Yet without guidance they scatter like mist, easily forgotten or confused.

Salt, the preserver, forms the boundary that protects the dreamer's spirit, ensuring no harmful force may intrude upon the realm of sleep. Mugwort, herb of vision and prophecy, stirs the dreaming mind to life, making the night not only a rest but a revelation.

The Salt Circle of Dreaming does not force visions, but **opens the gates** allowing true dreams to flow, while protecting the dreamer from nightmares and deceit. With repeated use, it sharpens the memory of dreams and deepens one's journey into the hidden realms of the night.

Efficiency of the Spell

The spell is most efficient when prepared on the **night of a waxing moon**, for as the moon grows, so too do dreams and visions strengthen. It should be performed just before sleep, when the body is ready to surrender to rest.

The circle of salt will last through the night and must be renewed each time the spell is performed. Mugwort within the pillow may serve for many nights but should be replaced every lunar cycle to keep its vision-bearing strength.

Materials & Tools Needed

A handful of pure **salt** (sea salt preferred).

A pinch of dried **mugwort** herb.

Your **pillow**, into which the mugwort will be placed.

A small piece of **amethyst** or clear quartz, laid beneath the pillow to strengthen clarity and recall of dreams.

Spell & Incantation

Before sleep, with the salt spread and the pillow prepared, whisper:

“Trí shalann agus duille, taispeánann brionglóid creideamh, Treoraigh mise tríd an oíche, nocht an radharc. Trí gealaí os cionn agus intinn thíos, Lásaigh fíricí folaigh i radharc.”

Preparation

At night, cleanse your space with calm and quiet. Take a small pinch of mugwort and place it within your pillow, saying softly: *“Leaf of vision, open the gate of dreams.”*

Then, sprinkle salt in a wide and unbroken circle beneath your bed, moving clockwise as you go. The circle need not be seen in full, but it must be whole, without gap or break. As you lay the salt, speak in your mind that it is your shield, keeping nightmares and false spirits outside the dream-realm.

Once the circle is complete, prepare your bed and sit for a moment in silence. Hold your pillow close, breathing slowly, imagining your dreams like a pool of still water waiting to ripple with truth. Speak the incantation, letting your voice soften into a near whisper, as though speaking directly to the world of dreams.

Lie down to sleep, keeping in mind the desire for clarity, lucidity, or prophecy. Upon waking, write down all that you recall, for the dream fades quickly if not honored.

Precaution

Never leave the salt circle broken a gap weakens protection and allows false visions to slip through.

Mugwort is a sacred herb of visions but can also bring restless sleep if overused; use sparingly within the pillow.

Do not perform the spell if the heart is troubled with fear, for fear may shape dreams into shadows. Calm the spirit first.

Replace mugwort monthly to keep dreams pure; stale herb draws dull or confusing visions.

Always record dreams upon waking; what is unremembered cannot guide.

14. The Carved Stone of Healing Bones

Usefulness of the Spell

This is a spell of **mending and strength**, crafted for those whose bones are broken or weakened. Stones, born of the earth's oldest memory, hold the power of endurance and stability. A river stone, smoothed by time and flowing waters, carries not only the

strength of earth but also the gentle persistence of water, teaching the body to heal with patience and steadiness.

The carving of a straight-line sigil marks the intent: bone made whole, fracture drawn into unity. Rosemary oil, herb of healing and remembrance, consecrates the stone with living virtue, calling upon both body and spirit to aid in recovery.

The Carved Stone of Healing Bones does not replace the craft of physicians, but it strengthens the natural process of healing, lending resolve, harmony, and subtle vitality to the body's work.

Efficiency of the Spell

This spell is most efficient when performed at **sunrise**, for the rising sun brings growth, renewal, and the knitting together of what was broken. It may also be performed on a **Sunday**, day of the sun, whose radiance feeds strength and life.

The carved stone will hold its virtue for the duration of the healing. Once the bone has mended, the stone should be buried in the earth, giving thanks for its service.

Materials & Tools Needed

A smooth **river stone**, preferably oval or round, easy to hold.

A **carving knife** or etching tool, to inscribe the sigil.

A small vial of **rosemary oil**, for consecration.

A strip of clean **white cloth** to wrap the stone when not in use, symbolizing bone and purity.

Spell & Incantation

As the stone is carved and anointed, recite:

“Cloch na habhainn, leighis agus scaoileadh, Cnámh a bheith láidir, leigheas a bheith fada. De laige na talún, de sholas na gréine, Aisghabh an cruth, socraigh gach rud i gceart.”

Preparation

At dawn, find a place of quiet. Take the river stone in hand and wash it in clean water, letting it dry in the open air. Hold it and feel its weight, imagining the strength of mountains and rivers that shaped it.

With the carving knife, inscribe a straight line upon its surface. This line is the bone first broken, now drawn together. As you carve, breathe steadily, thinking of the bone that must heal, and speak softly: *“As line is made whole, so shall bone be restored.”*

Once the sigil is marked, anoint the stone with rosemary oil. Let a few drops fall along the carved line, rubbing it gently into the mark. Lift the stone to the light of dawn and recite the incantation, steady and clear.

Place the stone near the bed or resting place of the wounded one, where it may lend its virtue night and day. If wrapped in white cloth, it may also be carried, so long as it remains unbroken and whole.

When the healing is complete, bury the stone in the earth as a gesture of gratitude. Whisper thanks, for the stone has shared its strength and must now return to rest.

Precaution

Never use a cracked or brittle stone it must be whole, or the healing will lack harmony.

Do not skip the anointing with rosemary oil; the herb seals vitality into the working.

This spell is an aid, not a substitute bones must still be set and cared for with proper treatment.

Do not reuse the same stone for another's wound; each stone must serve only once, then be returned to the earth.

If the stone is lost or broken before healing is complete, carve a new one immediately, or the work may falter.

15. The Burning of Obstacles

Usefulness of the Spell

This is a spell of **removal and liberation**, designed to clear away hindrances that weigh upon the spirit, block progress, or choke the path of magic. Just as fire consumes wood and reduces it to ash, so too does this rite consume the names of obstacles, leaving nothing but space and freedom in their place.

The wooden stick acts as the vessel of burden, bearing the written obstacle as though it were carved into fate itself. Black ink gives form and weight to what must be destroyed, binding it into matter. When the stick burns, the obstacle is unmade, and the smoke carries it into the unseen, where it dissolves and loses all hold upon the practitioner.

The Burning of Obstacles is both a rite of release and of renewal, ensuring that once the blockage is gone, the road ahead may be walked with clearer vision and unbound will.

Efficiency of the Spell

This spell is most efficient when performed during the **waning moon**, the phase of release, banishment, and clearing away. It is strongest when done at night, beneath the stars, where the fire's light reveals the truth of what is no longer needed.

Sacred fire should be used whether in a hearth, a ritual brazier, or a consecrated outdoor flame. The greater the intent of the fire, the more complete the unbinding.

Materials & Tools Needed

A dry **wooden stick**, long enough to hold safely as it burns.

A vial of **black ink** or soot mixed with water.

A **sacred fire** prepared and consecrated for ritual use.

A small pinch of **sage or cedar** to cast into the flames for purification.

Spell & Incantation

As the stick is placed into the fire, recite firmly:

“Cad a sheasann i lasair, ní sheasfaidh sé níos mó, Bealach oscailte, spiorad ard. Trí an gaoithe scaoilte, trí chruaíocht na lasair, Glance an bealach, athchóirigh an solas.”

Preparation

On the night of the waning moon, prepare the sacred fire. Let it be kindled with care, and if possible, bless it with a few leaves of sage or cedar to mark its holy purpose.

Take the wooden stick in hand and dip a brush or quill into the black ink. Upon the wood, write the name of the obstacle that stands before you whether it be fear, illness, delay, envy, or any hindrance. If the obstacle is not a single word, write a symbol or draw a mark that represents it to your spirit.

Hold the stick before you and speak softly: *“You are bound into wood and ink. Now you shall be consumed.”*

Place the stick into the fire. Watch as flame devours it, the obstacle crackling and breaking apart. As the smoke rises, imagine the hindrance dissolving, drifting away into the night sky. Speak the incantation clearly, each word sealing the fire’s work.

Remain by the fire until the stick is wholly ash. When it is done, scatter the cooled ashes upon the wind or bury them in the earth, symbolizing that the obstacle has no power to rise again.

Precaution

Never attempt this spell with damp or rotten wood; the stick must burn cleanly or the obstacle may linger.

Do not abandon the fire before the stick is fully consumed half-burned burdens are half-removed.

Be mindful of the obstacle you choose; once burned, it cannot be called back. Choose only what you truly wish to be rid of.

Always perform the rite with calm mind and steady will; anger may twist the fire's purpose.

If new obstacles arise, repeat the spell, but only once per lunar cycle to avoid exhausting your spirit.

16. The Salt Key of Unlocking

Usefulness of the Spell

This is a spell of **opening and opportunity**, crafted to unseal doors that remain hidden, whether in fortune, love, craft, or fate itself. Salt, the eternal preserver, cleanses the path and strips away unseen barriers, while the iron key stands as the symbol of passage a bridge between what is locked and what awaits beyond.

The red cloth, the hue of vitality and courage, empowers the bearer to step boldly into what is revealed. The spell does not create chances, but **draws the veiled to sight**, ensuring that no doorway remains unseen and no chance passes unnoticed.

It is a rite for those who feel trapped in stillness, who sense opportunities slip by unseen, and who long for the right key to turn in the right lock.

Efficiency of the Spell

The spell is most efficient when performed on the **first night of the waxing moon**, for as the moon grows, so too does the strength of new paths. It is particularly effective when undertaken before a new venture, journey, or decision, lending unseen guidance to the seeker.

The key must remain wrapped in the red cloth and carried close in pocket, pouch, or hung upon the breast for its influence works by proximity, opening ways as the bearer walks the world.

Materials & Tools Needed

A small **iron key** (old or unused, symbolizing fate waiting to turn).

A bowl of pure **salt**.

A square of **red cloth**, large enough to wrap the key.

A drop of **wine** or **honey** to anoint the cloth, as offerings to the spirits of fortune.

Spell & Incantation

When binding the key in cloth, whisper the words with steady voice:

“Eochair na cinniúint, doras dúisigh, Oscail an bealach, ná déan dearmad ar an seans.
Trí shalann go bhfuil sé glan, trí chnaga go bhfuil sé láidir, Treoraigh mo chéimeanna
san áit a bhféadfadh na cosáin.”

Preparation

On the eve of the waxing moon, cleanse the key of past use by immersing it in a bowl of salt. Let it remain overnight, the salt drawing away all stagnant energies and charging the iron with purity.

At dawn, remove the key and wipe it clean, whispering: *“You are made new, a vessel of passage.”*

Lay the key upon the red cloth. If you wish, anoint one corner with a drop of wine or honey, offering sweetness to the unseen hands that guide opportunity. Fold the cloth around the key, binding it so that no part of the iron is exposed.

Hold the wrapped key between your palms, close your eyes, and envision doors opening before you, one after another, endless halls of chance and choice. Recite the incantation with a breath of certainty, then carry the key with you wherever opportunity is sought.

Each time you face an uncertain moment a threshold literal or figurative place your hand upon the hidden key and feel the cloth’s warmth. Trust that what is meant for you shall not pass unseen.

Precaution

The key must remain wrapped at all times; exposed iron may lose its charge.

Do not unwrap the key for idle curiosity; only during renewal at the next waxing moon may the salt cleansing be repeated.

Never use a key that still belongs to an earthly lock it must be free of mundane ties, lest your fortune remain bound.

Carry the key only when seeking opportunities; set it aside at home during rest, lest your spirit become restless in unending search.

If the red cloth frays or fades, replace it at once, for the seal of courage must remain strong.

17. The Candle of Returning Light

Usefulness of the Spell

This is a spell of **renewal and rekindling**, wrought to restore hope when despair has clouded the heart. Just as dawn scatters the darkness of night, so does this rite summon back the light of spirit, guiding the weary soul toward strength and clarity once more.

The white candle stands as the vessel of purity, new beginnings, and the steadfast flame of life. The mirror doubles the light, reflecting and magnifying its strength, while the bowl of water anchors the rite in calmness and renewal. Together, flame, reflection, and water form a trinity that drives away despair and calls forth the rising of hope.

This spell does not erase grief or hardship, but it **restores the will to endure** and grants courage to walk forward. It is a rite of gentle strength, suited for moments when shadows linger too heavily upon the spirit.

Efficiency of the Spell

The rite is most efficient when performed at **sunset on a Sunday**, the day of the sun, which governs illumination, vitality, and rebirth of the spirit. Sunset is chosen because it is the hour between light and dark, the perfect moment to call for the return of what seems lost.

The working should be repeated for **seven nights in succession**, each night renewing the flame and strengthening its hold within the heart of the practitioner.

Materials & Tools Needed

A **white candle** (preferably beeswax, symbol of purity and natural light).

A small **mirror**, polished and clean.

A **bowl of clear water** (spring or rainwater preferred).

A pinch of **rosemary** or **lavender**, placed near the bowl to lend peace and calm to the rite.

Spell & Incantation

As the candle burns before the mirror, say with steady, rising tone:

*“Tomptraigh solas, cuir an éadóchas ar gcíoch, Dúisigh dóchas mar a dhóidh an ghrainne.
Trí lasair, trí ghoirte, trí neart uisce, Tugaim ar ais áthas, tugaim ar ais solas.”*

Preparation

At sunset, prepare a quiet space where no interruption may come. Place the mirror upright, facing you, with the bowl of water set directly beneath it. Position the white candle before the mirror, so that when lit, its flame shines twice – once in truth, once in reflection.

Strike the flame and gaze upon both lights, the real and the mirrored, saying softly: *“As one flame becomes two, so may hope within me be doubled.”* Allow your breathing to steady, and as you watch the light dance upon the water, imagine despair as a dark veil slowly being lifted and dissolved by the brilliance of flame.

Recite the incantation with conviction, letting the words shape your will. Remain seated until you feel the light settle within your spirit. When the rite feels complete, extinguish the candle gently (never by breath, but with snuffer or fingers), whispering thanks to the flame.

Repeat this process for seven nights. On the final night, carry the bowl of water outside and pour it upon the earth, saying: *“The light remains, the shadow departs.”*

Precaution

Always use a clean and unbroken mirror cracks scatter light and may scatter intent.

Do not perform the rite in anger; despair is to be soothed, not burned in rage.

Keep the candle white; colored flames alter the purpose and may confuse the rite's clarity.

Never blow out the candle, for blowing scatters the hope you have summoned; always extinguish with care.

If hope fades again, the ritual may be repeated, but only after a full cycle of the moon has passed.

18. The Salted Ink of Binding Words

Usefulness of the Spell

This spell is one of **silencing and restraint**, crafted to still the sharpness of tongues that wound unjustly. Words, once spoken, take flight into the world they cannot be unseen, but they may be **bound**, muffled, and rendered powerless. This rite is designed to counter gossip, slander, and malice, turning the venom of speech into silence.

Salt, the eternal purifier, washes the ink of corruption and binds false words before they reach another ear. Water serves as the medium, shaping salt into liquid ink, while parchment bears the weight of the offender's name, anchoring the spell to its target.

Fire, the great devourer, is the final seal consuming the name and carrying its silenced voice into ash.

It is not a spell of revenge, but of **protection and peace** the stilling of harm so the truth may breathe freely again.

Efficiency of the Spell

This spell is most efficient when performed on a **waning moon**, the phase of release and banishment, for its strength lies in diminishing what no longer serves. The hours of night, when the world is hushed and words have less hold, are the most potent.

For lasting effect, the rite may be repeated three nights in succession, each burning deepening the silence upon the gossiping tongue.

Materials & Tools Needed

A small bowl of **salt water** (made by dissolving pure salt in clean water).

A **quill** or brush (a pen may be used, though quill holds truer symbolism).

A sheet of **parchment** or plain paper.

A safe source of **flame** candle or brazier, consecrated to the work.

A pinch of **ashes** from a previous ritual, sprinkled upon the flame to strengthen silence.

Spell & Incantation

As the parchment burns, speak with firm, commanding voice:

“Teanga atá bréagach, bíonn ceangailte, Níl aon níos mó focal fuatha ag aoibhinn. Trí shalann, trí thine, trí ainm neamhábháilte, Níl guth an mhalaice anois.”

Preparation

At night, mix salt into a small bowl of clean water until it dissolves fully, whispering:

“Be ink of silence, bind the tongue.” Dip the quill into the salted water and upon the parchment, write the name of the one whose words harm you. If their name is unknown, inscribe instead a symbol of their speech a jagged line or open mouth, whatever feels true to your spirit.

Hold the parchment briefly, focusing on the harm done, then fold it once. Bring it to the flame, allowing fire to consume it. As it burns, recite the incantation slowly, with each word tightening the binding. Watch until the paper is wholly ash, then scatter the cooled remains to the wind or bury them in earth, sealing the silence into place.

If repeated across three nights, each burning should be done with a fresh parchment, strengthening the binding like knots in a cord.

Precaution

This spell is for silencing **malice only** never use it to suppress truth or honest speech, for such intent turns the spell back upon the caster.

Ensure the salt is fully dissolved; unblended grains weaken the binding's clarity.

Do not speak the offender's name aloud during the ritual let the writing alone hold their identity.

Never leave the burning parchment unattended; words not fully consumed may linger and return.

If the gossip ceases but later rises again, the spell may be renewed at the next waning moon, but not before.

19. The Carving of the Triple Spiral

Usefulness of the Spell

This spell is one of **spiritual ascent and wholeness**, fashioned for those who seek wisdom, balance, and inner growth. The **triple spiral**, an ancient symbol of eternal turning, reflects the threefold path: birth, death, and rebirth; body, mind, and spirit; past, present, and future. By carving it into clay the very earth shaped by hand the magician grounds themselves in the cycle of becoming.

Salt water, the purifier, seals the spiral and awakens its flow, ensuring that wisdom drawn is clear and untainted. The placing of the tablet upon the altar makes it not just a symbol, but a living tool, radiating growth and guiding the soul toward wholeness.

This is not a spell of sudden revelation, but of **gradual unfolding**, granting strength of spirit, clarity of thought, and harmony with the eternal rhythms of life.

Efficiency of the Spell

The rite is most efficient when performed at **dawn**, the hour of awakening, when light breaks the horizon and mirrors the spiral's endless turning. It is especially powerful at the **spring equinox**, a time of balance when light and dark stand equal, echoing the spiral's harmony.

Its power grows the longer the tablet remains upon the altar, drawing energy day by day, until wisdom and growth flow naturally into the practitioner's life.

Materials & Tools Needed

A tablet of **soft clay**, unbaked, shaped by hand.

A **stick** or stylus for carving.

A bowl of **salt water**, consecrated with breath or prayer.

A sprig of **oak**, **ash**, or **rowan** laid beside the altar, trees long tied to wisdom and growth.

Spell & Incantation

When the carving is complete and the spiral anointed, recite with reverence:

“Spaidéal trí, eagna ionam, Fás na hanama, déan mé iomlán. De réir an ghréine, de réir an uisce, de réir neart an chasadh, Dúisigh laistigh dom an solas istigh.”

Preparation

At the first light of dawn, prepare your clay, pressing it flat with your palms as though grounding your spirit into the earth. Take the stick and, with steady hand, carve the triple spiral three curves flowing outward from a single center, each one representing a path of becoming.

As you carve, breathe slowly, intoning softly: *“What is within me shall grow, what is hidden shall be revealed.”* When the spiral is complete, dip your fingers into the salt water and trace the design, letting the drops sink into the grooves of clay. The spiral thus sealed becomes a vessel of living power.

Carry the tablet to your altar and place it at the center. Each time you pass the altar, pause, gaze upon the spiral, and let its turning remind you of the endless flow of growth and wisdom. The spiral does not speak swiftly, but its voice is deep its power works slowly, day by day, until the soul is shaped in its likeness.

Precaution

The clay must remain unbaked fire fixes form, while the spiral must remain living and changing.

Do not break or discard the tablet lightly; if its work is complete, return it to the earth by burial.

Never carve the spiral in haste the lines must flow in smooth turning, else the energy will twist.

Keep the spiral upon a clean altar, free of clutter, so its radiance is unhindered.

This spell should not be used for selfish gain; wisdom granted to greed curdles into folly.

20. The Burning Salt of Exorcism

Usefulness of the Spell

This is a spell of **banishment and cleansing**, forged for the driving away of restless or malevolent spirits that linger where they do not belong. Unlike gentle blessings or protections, this rite calls upon **fire, salt, and smoke** forces that cleanse with fierce clarity and command obedience from wandering presences.

Salt, the eternal ward, is the anchor of purity. Charcoal, born of fire, provides the vessel of transformation, while black pepper adds force and sting, making the smoke

unwelcoming to any spirit that seeks to remain. When burned together, these elements weave a curtain of purifying smoke that no restless shade can endure.

The purpose of this spell is not cruelty, but **restoration of peace** to reclaim the home, temple, or dwelling as a place for the living, not for the disturbed dead or wandering entities.

Efficiency of the Spell

The spell is most effective when performed at **midday** or **midnight**, for these are the turning points of power the zenith and the nadir where spirit activity is at its strongest and most vulnerable.

It gains potency when performed on a **Saturday**, the day ruled by Saturn, the great banisher and guardian of thresholds. For dwellings deeply haunted, the rite may be repeated three times in three consecutive days, sealing the expulsion firmly.

Materials & Tools Needed

A handful of **pure salt**, unbroken and clean.

A piece of **charcoal**, glowing hot or prepared in a brazier.

A measure of **black pepper**, ground fine.

A **fireproof bowl or censer**, safe to carry room to room.

A sprig of **sage** or **juniper**, added to the smoke for further cleansing.

Spell & Incantation

As the mixture burns and smoke rises, walk through the space with slow and steady steps, reciting with firm authority:

“Salann agus gort, spiorad briste, Ní bhfaighidh sé seo áit, imeall i n-eagla. Le lasair agus ggrainne, le deannach agus tine, Fág an áit seo, comhlíon d'áit.”

Preparation

Begin by lighting the charcoal until it glows red and strong, the heart of fire ready to consume. Place it within the fireproof bowl or censer. Whisper to the salt as you hold it:

“You are purity eternal; drive away all that clings unclean.” Then mix the salt with black pepper in your palm, binding their powers into one.

Cast the mixture upon the burning charcoal. Immediately, thick smoke will rise, pungent and sharp. Move with the bowl through each room of the dwelling, pausing at corners, windows, and doorways the thresholds where spirits often linger. With each step, recite the incantation, your voice steady and commanding.

Visualize the smoke as a wall of light and fire sweeping through the house, flushing out every shadow and presence that does not belong. Imagine the spirits recoiling, fleeing beyond your walls into the vastness where they must go.

When every room has been walked, return to the center of the dwelling. Let the charcoal burn to ash and scatter the cooled remains outside the threshold, saying: *“As smoke has risen, so have you departed. Peace now dwells within.”*

Precaution

Always burn the mixture in a safe and fireproof vessel; never place directly upon household fire or hearth.

The practitioner should remain calm and firm fear invites spirits to linger. Authority is key.

Do not perform this rite in jest or without need; the banishment may offend guardian spirits who are welcome in the home.

Open at least one window or door during the rite, so that expelled energies have a way to leave.

For heavily troubled places, do not attempt alone; invite another magician or priest to strengthen the expulsion.

21. Salt of the Four Winds Purification

Usefulness of the Spell

This is a spell of **sacred cleansing and elemental harmony**, wrought to summon the powers of the four winds — East, South, West, and North — to purify a space and banish corruption. Where darker exorcisms command with fire and smoke, this rite is

gentler but no less potent, for it calls upon the eternal breath of the world to sweep away all that clings impure.

Salt, the eternal ward and purifier, is here divided into four portions, each bound to a direction and its wind. Thus the space becomes encircled, protected, and cleansed by the very breath of creation. The spiral of walking and sweeping seals the rite, ensuring that no taint may linger where the winds have been called.

It is a spell not of violence, but of **balance and renewal** — well-suited for cleansing homes, temples, or places of gathering that have grown heavy with unseen weight.

Efficiency of the Spell

The spell is most efficient when performed at **dawn**, the hour when night gives way to day and the first winds stir with purity. Yet it may also be done at **sunset**, to sweep away the residue of the day and call for fresh strength.

It gains particular power during the **equinoxes**, when day and night stand equal, and the four directions are most balanced. Repeating the rite once each season ensures a continual cycle of cleansing and renewal.

Materials & Tools Needed

A measure of **coarse sea salt**, divided evenly into four small bowls.

A **broom** or ritual sweep (a branch of birch, cedar, or palm may suffice).

A clean **working space**, free of clutter.

Optional: Incense of **frankincense** or **sandalwood** to accompany the winds with sacred breath.

Spell & Incantation

As you whisper into each bowl of salt, say:

“Trí gaoithe ó Thoir, ó Janthar, ó Iarthar, agus ó Thuaidh, Glan agus cosain mo chosán ó anois amach. Trí an anál na spéire agus ghrá na talún, Ná lig d'aon chréacht é a fháil anseo.”

Preparation (Magician's Explanatory Style)

Begin by cleansing yourself with a few grains of salt touched to your forehead and hands, saying: *“As I am purified, so shall this space be.”*

Place one bowl of salt at each of the four cardinal directions of your working space — East first, then South, then West, then North. At each placement, bow your head slightly and whisper the invocation, calling upon the wind of that quarter to join in cleansing.

When all four bowls are set, stand in the center of the space and turn slowly, acknowledging the guardians you have summoned. Then, take up your broom or ritual sweep. Walk in a **sunwise circle (clockwise)** around the room three times, sweeping gently outward as though brushing corruption from the space into the salt at the quarters.

When the circling is complete, gather the bowls and cast their contents outward beyond your threshold, scattering them to the earth. As you do, proclaim: *“The winds have spoken; this space is made whole.”*

Precaution

Always use **sea salt**, never processed or iodized salt, for the winds recognize only purity.

Do not perform this rite in storms or violent weather, as the winds called will not be harmonious.

If working indoors, ensure at least one window is opened, that the winds may pass freely.

The sweeping should be done gently — not with anger or haste, for the rite works by harmony, not force.

Never reuse the salt from this rite; it has absorbed impurity and must be cast away to the earth.

22. Carving of the Sun-Sigil for Strength

Usefulness of the Spell

This is a spell of **vitality, courage, and inner fire**, wrought to call upon the eternal power of the sun. Where shadows bring weakness and fear, the sun ignites the spirit

with clarity, determination, and radiant strength. By carving its image — the circle and rays — upon oak, the sacred tree of endurance, the magician carries within their grasp a living emblem of solar might.

The circle is the sun's eternal wholeness, a symbol of completeness and divine power. The eight rays burst outward, signifying renewal, courage, and unbroken force. To hold the sigil is to carry the **warmth of daylight** into one's own heart, making it a steadfast ally against doubt, timidity, or despair.

It is not merely a charm of courage but a **fountain of endurance**, helping the bearer to rise in times of challenge, to face trials with bold spirit, and to move forward with confidence unshaken.

Efficiency of the Spell

The spell is most efficient when performed at **high noon**, when the sun is at its zenith and its strength pours most fully upon the earth. It gains great power when done on a **Sunday**, the day ruled by the sun itself.

For continual strength, the talisman may be recharged by placing it in direct sunlight on the first day of each month. In times of weakness, clutching the sigil for a few breaths restores courage swiftly.

Materials & Tools Needed

A piece of **oak bark** or a small flat section of oak wood.

A **sharp carving tool** or knife consecrated for magical work.

A safe place beneath **open sunlight** for charging.

Optional: A small pouch of **red cloth** to carry the sigil close to the body.

Spell & Incantation

When charging the carved sigil beneath the sun, recite with steady voice:

“Ciorcal gile, le laige tine, Neart laistigh, le grian éilím. Duine cróga, lig uafás eitilt, Le lasadh an lae, táim ag iompar an tsolais.”

Preparation (Magician’s Explanatory Style)

Choose a piece of oak, strong and unbroken, for oak is the tree of the thunder god and the keeper of solar force. With your tool, carve upon its surface a circle — the eternal sun — with eight rays extending outward. As you cut each line, breathe steadily, envisioning golden light spilling from your hands into the wood.

When the carving is complete, carry it into the open air at high noon. Hold it aloft or set it upon clean ground, letting sunlight bathe it for one full hour. During this time, focus upon the strength of the sun pouring into the sigil, as though it were a vessel being filled with radiant flame. Speak the incantation at the beginning, and once more at the end, sealing the charge.

After charging, carry the sigil in your pocket or pouch. In moments of fear or doubt, clasp it firmly and whisper: *“The sun is with me.”* Feel its warmth spread through you, dispelling weakness and igniting courage.

Precaution

Always carve upon **oak** or another strong wood; soft or fragile woods do not hold the sun's fire.

Do not perform the charging in shadow or cloudy weather — the sun's rays must touch the sigil directly.

Never use the sigil for aggression or cruelty; it is a force of courage, not domination.

If the sigil breaks or cracks, bury it in the earth with thanks, and carve anew, for a broken sun cannot shine.

Refrain from exposing the sigil to fire — its power is solar, not destructive flame.

23. The Burning of the Dark Bindings

Usefulness of the Spell

This spell is one of release and liberation, crafted for the breaking of chains both seen and unseen. It is a rite designed to sever harmful attachments, whether they come from the cruelty of others, the burden of one's own destructive thoughts, or the lingering shadows of old vows and bindings. Where some spells shield and others banish, this

one burns through the cords of influence that weigh upon the spirit, leaving the soul unshackled. Fire is the purifier, and the bay leaf, sacred to Apollo, is the vessel of truth and clarity. Olive oil, gift of Athena, carries wisdom and peace, making the flames not an act of violence, but of transformation. Together, they turn poison into smoke, releasing its hold and scattering it into nothingness.

Efficiency of the Spell

The spell holds its greatest power when performed during the waning moon, for that is the time of release, when the world itself lets go of what no longer serves. It is especially potent when cast at nightfall, as the day surrenders to twilight, for the dimming light aids in carrying away what is bound. If the binding is born from a specific person, the spell may be repeated thrice, each time with a new bay leaf, until the spirit feels entirely free. When performed on a Tuesday, the day of Mars, its fire grows fierce and cutting; when performed on a Sunday, under the Sun, it becomes a gentler rite of renewal and clarity.

Materials and Tools Needed

Prepare a single bay leaf, unbroken and strong, upon which the weight of the binding shall be written. The name of a person, the phrase of a harmful thought, or the symbol of the dark chain is traced upon its green surface. Anoint the leaf with olive oil, calling upon peace and wisdom to govern the burning. Fire, contained safely within a flame-proof bowl, is the crucible of release.

Spell and Incantation

When the leaf is ready, hold it between your fingers and breathe upon it, as though giving form to the binding one final time before it is cast away. Place it into the flame

and watch as fire seizes it, consuming what was once written. As it burns, chant with firm and steady voice:

“Níl ann ach duileach é atá gafa san teach, tá a ghabhail imithe, tá a shlabhra briste.”

Repeat the words until the flame has consumed the leaf entirely, the smoke carrying with it the burden you no longer bear.

Preparation and Ritual Act

Begin the rite by stilling your mind and setting clear intent. Focus not on anger toward the source of the binding, but upon freedom, release, and the reclamation of your power. Write carefully, whether name or thought, letting the act of inscription transfer its weight from you into the bay leaf. As you anoint with olive oil, whisper: *“Wisdom and peace, be the fire’s guide.”* Then, with steady hands, feed the leaf into flame.

Watch closely as the fire curls its edges, blackens its surface, and reduces it to ash. Let no fear or doubt creep into your heart during this act, for hesitation weaves new cords even as old ones burn away. When the leaf is gone, scatter its ashes to the wind or bury them beneath soil, saying: *“From earth to flame, from flame to sky, the chain is broken, the spirit is free.”*

Precaution

This spell should never be performed lightly, nor out of vengeance, for the fire does not discriminate between malice and truth. It burns whatever is given to it, and so the practitioner must be clear that what is released is indeed a burden and not a bond worth keeping. Perform the rite with respect for the forces called upon—the bay leaf, the olive oil, and the fire are sacred gifts, not tools of anger. Always ensure the burning is done in a safe vessel and with attention to the flames. The magician must remain

calm, for wild emotions can twist the release into new forms of bondage. If doubt remains, seek guidance before casting, lest the fire unmake what should have endured.

24. The Healing Saltwater Hand Bath

Usefulness of the Spell

This spell is a rite of healing and release, crafted to draw away both the hurts of the flesh and the heavy burdens of the heart. Where some workings call upon fire for purification or wind for release, this rite turns to water, the element of flow, memory, and renewal. Salt, the eternal purifier, draws sickness and sorrow out of the body.

Rosemary, the herb of remembrance and protection, brings vitality and clarity to the spirit. Lavender, gentle yet profound, soothes pain, quiets restless thoughts, and invites peace. Together, mingled in warm water, they form a bath not of the body entire but of the hands—the instruments of our deeds, our labors, and our touch upon the world. To heal the hands is to heal the bond between self and life, for in them lies the power to create, to give, and to hold. Thus this spell is not only for physical mending, but also for the easing of grief, anxiety, and unseen wounds.

Efficiency of the Spell

The rite gains potency when performed at dawn, as the first light of day stirs both body and soul toward renewal. Yet it may also be practiced at twilight, when the day passes into rest and the spirit seeks release. It is most effective when the moon waxes, for growth and repair, or during the full moon, when the waters of earth and spirit are at their height. For deep emotional healing, the spell should be repeated for three nights in succession, allowing the herbs and salt to draw away layers of pain as waves slowly

wear away the roughness of stone. When performed on a Friday, the day of Venus, it calls forth love and comfort; when on a Sunday, the day of the Sun, it invokes strength and vitality.

Materials and Preparation

Gather a vessel large enough to hold water sufficient for both hands. Fill it with warmth, not scalding heat, for comfort and flow are the essence of this rite. Into the water, pour a handful of pure sea salt, whispering to it as you cast it forth: *“You are the crystal of the ocean, draw away all that is unclean.”* Add sprigs of rosemary, fresh if possible, calling upon its vigor and protective spirit: *“Guard and renew, remember my wholeness.”* Then place lavender, whether blossom or oil, into the water, saying: *“Calm the storm, bring peace to heart and mind.”* Stir the water sunwise with your fingers, uniting their essences into one current.

The Rite and Incantation

When the water is ready, place both hands within its warmth. Allow the fingers to spread and relax, letting the salt and herbs wash over every crease and line. Close your eyes and breathe deeply, imagining all weariness, pain, or sorrow flowing down the arms, into the hands, and out into the water. As you immerse your hands, chant with a steady and soothing tone:

“Salann chun tarraingt, luibh chun deisiú, sreabhadh uisce, agus cuireadh deireadh le hiontair.”

Repeat until the words feel woven into the water itself, until the warmth seems to pulse with light. Stay within the bath until you feel a lessening of the burden, whether in body or in spirit. When the rite is complete, raise your hands and let the water drip freely back into the vessel, carrying with it what has been released.

Closing of the Spell


When the hands are withdrawn, dry them gently with a clean cloth, preferably white, symbol of purity and renewal. The water that remains should not be kept, for it now holds what has been drawn forth. Carry it outside and pour it upon the earth, returning what was heavy to the soil, where it may be broken down and transformed by the cycles of nature. As you release it, say softly: *“To earth I give, to earth I leave, what is gone shall not return.”*

Precaution

This rite is sacred and should not be performed in haste. Approach the water with reverence, for salt, rosemary, and lavender are not mere materials but bearers of ancient power. Do not reuse the same water, for to do so is to invite back what has been released. Should the spell stir deep emotions, allow them to flow freely—tears are part of the healing, as the water within mirrors the water without. And above all, the practitioner must hold no doubt; for healing to take root, the heart must believe that release is not only possible, but already begun.

25. Carving the Rune of Plenty

Usefulness of the Spell

This spell is an ancient rite of prosperity and abundance, calling upon the rune *Fehu*——the first of the elder runes, whose name means “cattle,” the oldest sign of wealth among humankind. In the days when herds meant sustenance, trade, and survival,

Fehu was the very emblem of fortune and fertile increase. To carve this rune is to inscribe upon wood the law of flow—that wealth, like cattle, must move, breed, and circulate. The apple branch, sacred to plenty and renewal, becomes the vessel for this sign of fortune. Placed above the door, the threshold of all comings and goings, it blesses the household with continual flow of prosperity, opportunity, and fruitful endeavors. The purpose of this spell is not greed, but balance: to draw resources and blessings enough to sustain, to share, and to grow.

Efficiency of the Spell

This working is strongest when performed on a waxing moon, when growth and increase align with the natural tide of the heavens. It is most auspicious when carved at sunrise, for the dawn carries the promise of fresh beginnings and unfolding opportunities. Thursday, the day of Thor, lord of strength and expansion, is especially favored, though Friday, sacred to Freyja—the goddess of fertility, love, and prosperity—magnifies its charm as well. For those who seek urgent aid in matters of fortune, the rite may be repeated each month as the moon begins its growth, renewing the power of the rune and refreshing its call for plenty.

Materials and Preparation

Take a small branch of apple wood, for apple is the fruit of plenty, joy, and eternal renewal. It must be cut with reverence, never taken thoughtlessly, for the spirit of the tree must be honored. Whisper a word of thanks as you cut, leaving an offering—a drop of milk, honey, or bread—at its roots. With a sharp blade kept solely for sacred carving, etch into the wood the rune Fehu, its form resembling horns or the branches of abundance. As you carve, focus upon the flow of wealth not as hoarded treasure, but as living energy that moves to and through you. Once carved, wind green thread around

the branch, for green is the color of life, growth, and fertile increase. Knot it firmly, each knot binding the rune's blessing into the wood.

The Rite and Incantation

When the carving is complete, hold the branch aloft in both hands and speak aloud with steady voice:

“*℥ Fehu, sruth lasair agus ádh, baintreach na gcrón agus saibhreas na beatha,*

Move through this branch, move through my door,

Bring fertile gain and gifts once more.”

Breathe upon the rune, as if giving it breath and life, and feel the wood awaken beneath your hand. The rune is not mere mark but a living power, and your breath seals it into being.

Closing of the Spell

At last, take the carved branch and place it above the main door of your dwelling. The doorway is the threshold where all things pass, and here the rune will guard against lack and call forth opportunity. Each time you step through the door, glance at the rune, remembering that prosperity flows like a river—ever moving, ever returning. Should fortune begin to wane, touch the wood lightly and whisper again the incantation, reawakening its power. After a year and a day, the branch should be respectfully returned to the earth, and a new one carved if you wish the blessing to endure.

Precaution

This charm calls forth abundance, but it will not serve those who seek to hoard or consume without thought. Fehu is a rune of flow—wealth gained unjustly, greedily, or

without gratitude will quickly slip away. Always honor the gifts you receive, share when you are able, and give thanks to the unseen powers that grant increase. Never carve the rune carelessly, for its form is sacred and should be treated as such. And always respect the apple tree, for to wound it without gratitude is to lessen the spell's strength.

26. Salt & Charcoal Protection Circle

Usefulness of the Spell

This is a spell of warding and defense, crafted for those who work within the unseen realms. When one opens the gates of spirit, both light and shadow may gather, for power is a beacon to all. The Salt & Charcoal Circle is therefore a *living boundary*, a ring of purity and grounding, designed not merely to separate the practitioner from harm but to absorb and neutralize the forces that seek intrusion. Salt, eternal purifier, drives away corruption and falsehood, while charcoal, born from fire and earth, anchors

the circle with weight and gravity, drawing out impurities like a vessel of stone.

Together, they form a protective veil that is neither passive nor rigid, but alive — a barrier that drinks in malice, disperses shadow, and steadies the worker of rites.

The purpose of this spell is not to entrap but to **guard and balance**, creating a space wherein magic may be performed free of disturbance, safe from wandering spirits, curses, or stray energies. To work within this circle is to stand within the calm eye of a storm, untouched by the winds of chaos.

Efficiency of the Spell

The circle is most effective when drawn just before the beginning of any ritual, invocation, or conjuration. It is especially potent at twilight or midnight, times when the veil between worlds is thin and the risk of intrusion is greater. Though powerful at any hour, it gains further strength on Saturdays, a day consecrated to Saturn, the warder of boundaries and guardian of limits. If the work being undertaken is dangerous or of high spiritual intensity, the circle may be layered thrice, each line reinforcing the other, until no shadow may dare to cross.

Materials and Preparation

Take clean sea salt, unbroken and pure, and charcoal that has been burned down to black perfection — not soot or ash, but true charcoal that carries the memory of fire. Grind them together into fine powder, murmuring as you do: *“Salt to cleanse, coal to ground, together bind, protection round.”* Keep the powder in a consecrated vessel, never used for mundane purposes, for it is the seed of the living circle.

The Rite and Incantation

When ready, sprinkle the powder with measured hand upon the floor, tracing a

complete circle around your working space. As you walk the circumference, move sunwise, for this direction follows the eternal turning of the heavens. Speak aloud as you draw, your voice steady and commanding:

“Ciorcal salainn, ciorcal chloch, Cosain mo spiorad, cosain mo thóin. Ól an scáth, talamh an tine, Ná lig aon ní neamhábháilte trasna an fhráma seo.”

As the line is completed, pause at the east, the place of beginnings, and press your hand upon the circle, feeling its power awaken. It is not mere dust but a living boundary, pulsing with the charge of salt’s purity and charcoal’s weight. Within this space, your words, your invocations, and your workings will stand shielded and firm.

Closing of the Spell

When the rite for which the circle was drawn has ended, the boundary must not be left unattended. With a broom or your hand, sweep the salt and charcoal outward, dispersing it away from the working space, whispering: *“Work is ended, guard released, by salt and coal, all harm is ceased.”* Scatter the remnants to the earth, far from the dwelling, allowing the absorbed shadows to be swallowed by the soil. Never leave the powder to linger indoors, for what it has absorbed belongs not to the living space but to the void beyond.

Precaution

This circle is a living vessel; it is not to be drawn in jest or without need, for the powers it stirs are watchful. Always complete the circle — a broken line invites weakness and allows what should be barred to seep through. Never step out once it is cast until the ritual is ended, for to cross the boundary weakens its hold. Should the circle be disturbed by accident, redraw it at once with fresh powder. And remember, protection

is not isolation; the circle shields, but it is the strength of the caster's will that holds it firm.

27. The Spell of the Silver Thread

Usefulness of the Spell

This is a charm of subtle power, woven from the union of moonlight, salt, and thread. Where other wards blaze like fire, this one glimmers like silver mist — quiet, constant, and unseen. The Silver Thread spell is fashioned for **protection against hidden malice**, the silent darts of envy, ill will, and unseen curses. Worn upon the body or bound to an object, it forms an invisible shield, weaving moon's purity into every fiber, so that no shadow may cling to the bearer.

The saltwater, in which the thread is first bathed, purges corruption and seals the thread with purity, making it hostile to falsehood and decay. The moon, silent keeper of mysteries, then blesses it with gentle but enduring radiance, turning the common thread into a silver cord of defense. Once tied, it serves as a guardian knot, turning aside all whispers of harm.

Efficiency of the Spell

The spell is strongest when worked under the light of the waxing or full moon, for here the moon's force is abundant and ready to bless. It is best performed at night, when stillness rules, and no other light intrudes upon the work. If performed during the waning moon, the charm takes on a more banishing quality, repelling not only malice but also attachments and lingering negativity.

When worn on the wrist, it serves as a personal shield. When tied about an object — a staff, a talisman, or even the entrance of a home — it extends its power outward, guarding what it encircles. Its strength may last a full lunar cycle, and it may be renewed each month by placing it once more beneath the moonlight.

Materials and Preparation

Take a length of simple white thread, unmarked and unused, for white is the vessel of purity and reflects the light of all things. Prepare a small bowl of saltwater by dissolving clean salt into spring water, whispering: *“By salt and sea, cleanse and bind.”* Place the thread into the bowl, letting it soak until it has taken the blessing of the salt.

When the moon has risen high, remove the thread and lay it upon a clean cloth or stone where the moonlight may strike it without shadow. Leave it there until it dries, resting beneath the silver glow. As it rests, breathe upon it three times, envisioning light weaving itself into every fiber, so that the thread no longer belongs to the mundane world but to the realm of the moon.

The Rite and Incantation

When the thread is ready, take it in your hand and tie it gently about your wrist, or upon the object you wish to guard. As you knot it, whisper softly but with intent:

“Ceangail an ghealach, coimeád glan, dess na mo chroí, Sliolagh airgid, an conradh diaga.”

Feel the knot tighten not only in cloth but in spirit, binding to you a constant shield. If tied upon yourself, carry it with trust. If bound upon an object, see it wrapped in silver light that nothing dark may breach.

Closing of the Spell

The charm will guard until the thread frays, loosens, or breaks of its own accord — a sign that its work is complete. When this happens, do not keep the remnants, but cast them into flowing water or bury them beneath earth, returning the absorbed malice to be dissolved. Then, if needed, fashion a new thread under a fresh moon.

Precaution

This charm is woven for defense, never for entrapment. Do not bind it with thoughts of malice, for the moon will not bless ill intent, and the thread will wither powerless.

Always let the salt fully dissolve into the water; if grains remain, the thread's purity may be incomplete. Never cut the thread from your wrist in anger or haste — let it fall naturally, or remove it with calm words of release, saying: *"Your work is done; depart in peace."* In this way, the silver blessing endures without backlash.

28. Carving of the Healing Cross

In the olden ways of the healers, the birch tree was called the *Tree of Renewal*, for its bark gleams like the first light of dawn and its spirit is tied to recovery and rebirth. To call upon this ancient virtue, take a piece of birch wood, smooth and unblemished, and with a sharpened blade carve upon its surface the symbol of the Healing Cross: two interlocked lines, simple yet eternal, forming the balance of the four directions and the meeting of the mortal and divine.

Once carved, anoint the cross with golden honey, for honey is the essence of sweetness and preservation, carrying within it the power to draw out corruption and restore

harmony to the body and the soul. When the cross is so prepared, place it beside the bed of the sick, where it shall watch through the hours of night and day, gathering the subtle forces of renewal and guiding them into the sufferer's body. Whisper softly as you set it down:

"Adhmad bealaigh agus milis fíor, Ardaigh an pian agus tabhair saol nua. Líneacha ceithre, in aonacht seas, Leighis an chraiceann seo le lámh na nDaonn. "

The charm must remain in its place for seven days, for seven is the sacred cycle of regeneration, the number by which the body renews and the spirit is tested. At the seventh dawn, take the cross away and return it to the earth, burying it beneath a tree or within clean soil, thus releasing the sickness it has absorbed. Should the illness persist, a new cross is to be carved and placed once more, for each fresh carving renews the pact with the birch spirit and doubles the strength of the healing force.

This is not a mere charm but a living rite, for the cross carved upon birch is a sigil of harmony: it balances the four winds, calls the aid of the Earth's pulse, and weaves together body, breath, and spirit into alignment. Thus the patient, though frail, is touched by the hidden hands of renewal, and the sickness finds no place to dwell.

29. Salt in the Shoe Charm

Among the simplest yet most steadfast protections known to the wise is the use of salt, that crystal of the sea which carries the essence of purity and incorruptibility. Salt has long been called *the white fire of the earth*, a gift that both preserves and banishes, binding no malice within its grains.

To fashion this charm, take a small pinch of blessed salt—preferably drawn from the sea or sanctified by moonlight prayer—and place it inside each shoe you wear. In doing so, you create a hidden circle of protection upon your very path, for wherever you tread, the guardianship of salt moves with you.

When the salt is in place, step beyond your threshold and walk seven steps upon the earth. Seven, being the number of completion, seals the charm and aligns it with the unseen forces of balance. As you walk, whisper the incantation low and steady, letting it fall into the soil like a secret promise:

*"Earth below, shield as I go,
Turn away envy, misfortune, and woe."*

With this rite, the salt binds itself to your stride, breaking the gaze of envy, turning aside the whisper of curses, and confounding the pathways of ill fortune. Those who seek to lay snares against you will find their threads unwoven, for each grain of salt is a guardian spirit, scattering malice into dust.

The salt may remain within your shoes until it dissolves with wear, at which time it should be cast into running water or scattered at a crossroads, thus returning the gathered negativity back into the great balance. To refresh the charm, new salt must be placed, for the guardian flame must always be kindled anew.

This is a charm of humble appearance, yet of great potency, for it shields not with loud wards nor heavy sigils, but with the quiet and constant vigilance of earth's most ancient crystal.

30. Burning of the Ill-Fated Letter

Usefulness of the Spell

This spell is one of release and unbinding, fashioned for those who carry the weight of memories, curses, or misfortunes that cling like shadow to the soul. The writing of the ill-fated letter is the first act of transference — for words upon parchment act as vessels, binding the energy of grief, anger, or misfortune into a form that can be undone. Just as scribes of old sealed fate with ink, so too may the wise unseal it with flame.

The burning fire becomes the purifier, consuming the tether that ties one to sorrow. Flames, in their hungry dance, are agents of both destruction and renewal. What is bound in their blaze is broken, what is carried into their smoke is lifted to the unseen realms. The sage that feeds the fire brings cleansing and clarity, driving away lingering echoes of what has been cast aside.

Finally, the scattering of the ashes into running water seals the release. Water, ever flowing and never still, carries away remnants of energy, dissolving what was bound and returning it to the greater current of life. Thus, the event, curse, or memory loses its power, and the one who performs the rite is freed, lighter, and able to walk unshackled. This is a spell not of vengeance but of liberation — a sacred art of letting go.

Efficiency of the Spell

The spell is most efficient when performed under the waning moon, for that is the time of decrease, when nature herself withdraws and diminishes. To act in harmony with

the moon's retreat is to give strength to the unbinding. The rite is also powerful when performed at twilight, the hour between day and night, a liminal time when boundaries grow thin and the unseen becomes most responsive.

Its force is doubled if the letter is written with ink infused with salt water, for salt seals intention and draws negativity from the hidden places of the heart. Likewise, the scattering of ashes into a flowing river, stream, or even the sea ensures that no fragment of the ill fate remains to cling or return. The longer the practitioner contemplates the words before the burning, the more complete the transference of energy, and the more thorough the release.

Materials & Tools Needed

A piece of clean parchment or natural paper, unruled, upon which the fate is written.

A quill or pen, dipped in ordinary ink or ink mixed with a drop of salt water.

A bay leaf or two, ground lightly between the fingers, for bay magnifies the will and seals intention.

A small clay bowl or earthen vessel, which holds the flame in a natural cradle.

Sage, dried and crumbled, to feed the fire and cleanse the act.

A source of living water — river, stream, or the sea — into which the ashes shall be cast.

Spell & Incantation

When the letter is written and the fire is prepared, speak with solemn voice as the flames take hold:

"Cad atá ceangailte i gcrónna, téann sé ina choinne; Tá a gcoimeád imithe, tá a shlabhaid briste. Scream isteach, ná filleann arís, Ais go abhainn, ceacht foghlamtha."

Preparation

Choose a quiet space where no interruption shall break your focus. Sit with the parchment before you and write with honest hand — let no word be concealed, for the paper must bear the full burden of what you cast off. Speak the words softly as you inscribe them, so that your voice and ink weave together into a single binding.

When the writing is done, fold the parchment three times, for three is the number of finality. Place it within the clay bowl and sprinkle the sage upon it. Touch flame to the edge, and as it burns, gaze into the fire, seeing the sorrow or curse dissolve into smoke.

When the ashes are cool, gather them with reverence and walk to living water. Cast them into the current with your right hand, whispering the final words of release.

Watch as they are carried beyond sight, a sign that the burden no longer belongs to you.

Precaution

The words upon the parchment must be spoken with truth — to deceive or lessen them is to leave shadows behind. Never burn the letter in haste; sit until the fire has fully consumed it, else fragments may remain to trouble you. Ashes must always be given to

moving water; if none is near, scatter them to the wind at dawn, never keeping them within the home.

This spell should not be used to banish what you still secretly cling to, for the fire obeys honesty. If your heart is unwilling to release, the ashes may find their way back, carried by dream or thought. Only when one is ready to let go completely will the burning truly cleanse and the river truly carry away.

31. The Carving of Silence

Usefulness of the Spell

This spell belongs to the art of secrecy, an ancient craft cherished by those who must guard words, thoughts, and intentions against wandering ears and prying eyes. To carve the line of silence upon stone is to draw a boundary — a barrier between the voice and the world, between knowledge and those who would misuse it. The single horizontal stroke is not mere simplicity, but a symbol of stillness, of the unbroken horizon where sky and earth meet in quiet.

When carried, this talisman hushes restless tongues, both the tongue of the bearer and those around them. It fosters discretion in speech, stilling the urge to reveal too much, while cloaking the bearer's secrets in an aura of guardedness. The stone, cold and enduring, absorbs the carved intention and seals it tight, while fennel, ancient herb of secrecy and concealment, strengthens the binding, ensuring that silence is maintained in all dealings.

This spell is not meant to suppress truth, nor to encourage deceit, but rather to protect sacred knowledge, sensitive words, or vulnerable moments that must not be spoken aloud. It is the charm of those who carry burdens too delicate for careless mouths, and of those who tread paths where silence is the greatest protection.

Efficiency of the Spell

The spell is most efficient when performed beneath a waning moon, for in its retreat, the moon carries away the voices of the world, dimming their power. It gains added force when worked at midnight, the hour when silence itself reigns supreme, and when even nature withdraws into hushed breath.

The stone, once carved, grows stronger with time. The longer it is carried, the deeper its quiet power sinks into the bearer's aura. If placed upon a threshold or within a chamber, it can still wandering words from entering that space, cloaking the room in an invisible shroud of secrecy. The charm is especially effective for oaths, vows, or hidden workings, where silence must be absolute until the time of unveiling.

Materials & Tools Needed

A flat piece of slate or stone, unmarked and unbroken, smooth enough to bear a carved line.

A sharp blade, chisel, or carving tool to inscribe the mark of silence.

A small measure of fennel seeds, consecrated for their virtue of concealment and warding of idle chatter.

A pouch of natural fiber — linen, leather, or wool — to hold stone and seed together, binding their powers.

Spell & Incantation

When the carving is made and the stone placed with fennel, speak softly, almost as though whispering to yourself:

"Líne cloiche, ciúnas taispeáint, Coimeád mo chuid focal, coimeád le mo chuid. Teanga go ciúin, guth ceangailte, Rúin sábháilte, nach labhair, nach aimsigh."

Preparation

Choose a quiet hour, free of disturbance, and sit with the stone before you. Let your breathing fall into rhythm until your mind grows calm, for silence begins within the heart. With steady hand, carve a single horizontal line across the face of the slate. Do not hurry, for each stroke of the blade must be smooth, as though you are drawing the horizon between speech and silence.

Once the line is cut, hold the stone against your lips and breathe upon it, exhaling the will to remain silent into the mark. Place the stone within the pouch and add fennel seeds, whispering the incantation as you seal it closed. The pouch may then be carried in pocket or worn at the waist, where its influence rests close to the body.

Precaution

The stone of silence must never be broken or discarded lightly, for to shatter it is to release all secrets it has kept. If its service is no longer required, bury it deep in the earth with a handful of fennel, returning its power to stillness.

This spell is not to be used for treachery or betrayal, for silence bent to dark purpose will eventually recoil upon its wielder, turning secrecy into suffocating isolation. Use it only when silence is sacred and necessary, when the tongue must be guarded for wisdom's sake.

It is also wise to renew the charm at intervals — each new moon, sprinkle a few fresh fennel seeds into the pouch and whisper again the words of binding, so that the silence remains strong and unbroken.

32. The Salt and Vinegar Banishing Wash

Usefulness of the Spell

This spell is one of warding and purification, crafted for the defense of thresholds and the banishment of unwelcome spirits that linger at the edges of dwelling and sanctuary. Where salt alone guards as the eternal purifier and keeper of boundaries, vinegar brings with it the sting of sharp dissolution, eating away at corruption and weakening the foothold of harmful presences. Together, these two simple yet mighty agents form a wash that cleanses the very ground it touches, leaving no space for darkness to linger or cross.

Thresholds are liminal places, the dividing lines between inner safety and the world beyond. Spirits, both seen and unseen, often gather at such borders, drawn to the weakness of the in-between. By laying down a banishing wash of salt and vinegar, the magician strengthens these liminal points, setting a wall both material and unseen, a barrier through which malevolence cannot pass. This spell does not merely repel, but

dissolves — it unravels the hold of subtle energies, scattering them like mist before the morning sun.

It is a spell of cleansing, not cruelty, for its purpose is to restore the home, the temple, or the sacred chamber to a place of peace, untroubled by whispering shadows or lingering malice.

Efficiency of the Spell

The banishing wash is most efficient when performed at dawn, for the rising sun lends force to the act of cleansing, dispersing spirits of night and driving back shadows. Yet it may also be performed at sunset, sealing the dwelling against the coming dark. Its strength is heightened on the waning moon, when the light recedes and all that is unwanted may be carried away with it.

The spell is particularly potent when repeated over three consecutive days, for repetition deepens the seal and ensures no lingering influence creeps back. Once established, the barrier may last many weeks, though it is wise to refresh the wash at least once each lunar cycle to keep the ward alive and strong.

Materials & Tools Needed

For this working, one requires only three things, though their virtue is great. First, a measure of pure salt, untainted and unbroken, the eternal crystal of protection. Second, vinegar, sharp and cleansing, prepared from sour wine or apple — both are potent in

banishing. Third, a vessel or bowl from which to pour or sprinkle the wash, humble yet consecrated for sacred work.

Spell & Incantation

As the mixture is sprinkled across doors, windows, and thresholds, the magician must say with firm voice:

"Géar aigéad, láidir salann, Ní théid aon olc thar. Trí ghráinín agus trí theas aoibhinn, Séalraím an spás seo, ní féidir le haon duine comhoibriú."

These words bind the elements into a living ward, ensuring their power is not merely material but also spiritual.

Preparation

At the chosen hour, pour vinegar into a bowl and stir into it a handful of salt, watching as the grains dissolve and cloud the liquid. As you stir, whisper your intent: "Let this be the wash that cleanses, the bitter draught that spirits cannot endure." Feel the sharpness rising, the union of earth's purity and the sour bite of dissolution.

Carry the vessel to each threshold of your dwelling — doors, windows, even the hearth. Sprinkle the mixture in a thin line across each, tracing the barrier as though you were sealing cracks against the entry of unwanted forces. As you move, speak the incantation with steady voice, not hurried, but with the weight of authority. Imagine the wash hardening into an invisible wall, gleaming like glass, sharp as a blade, through which nothing foul may step.

When the last threshold is sealed, pour any remaining liquid outside, upon the earth, saying: “As water flows away, so too does all corruption depart.” In this way, the mixture completes its cycle, returning to the ground the impurities it has stripped away.

Precaution

The spell must be performed with intent clear and firm. Doubt weakens the seal, and fear invites that which one seeks to drive away. It is vital that the magician stand in calm authority, for spirits sense wavering hearts and press where weakness lies.

Do not allow the mixture to stagnate indoors, for the sourness of vinegar may turn heavy if not returned to earth. Always dispose of the remnants outside, never within.

This charm must not be worked in jest or for the delight of spectacle, for the forces it moves are stern and serious. To trifle with banishment is to invite attention from that which you sought to repel.

When done with reverence and need, however, the Salt and Vinegar Banishing Wash is a shield most steadfast, and the dwelling so guarded shall remain free of corruption, its peace undisturbed.

33. The Breath of the Fire-Leaf

Usefulness of the Spell

This is a spell of clarity, inspiration, and awakening, wrought from the union of leaf and flame. Where the mind grows dull, burdened by heaviness or lost in the mists of

confusion, the Fire-Leaf calls forth brightness and renewed energy. Mint, the chosen leaf, carries with it the powers of coolness and breath, but when set to flame it releases a sharp and fiery spirit that cuts through fog and awakens thought.

The ancients held that the breath is the bridge between body and spirit, for with each inhalation life is drawn in, and with each exhalation life is given forth. By inhaling the smoke of the burning mint — lightly, reverently, not to intoxicate but to quicken — the magician partakes in this bridge, inviting the leaf's essence into the soul. It is not fire alone, nor breath alone, but the weaving of the two that gives rise to the spell.

This rite is not one of healing wounds of flesh, but of restoring the sharpness of spirit, the fire of thought, and the illumination of inner sight. It is a spell for the poet, the seer, the student, and all who seek the flame of inspiration when their own embers burn low.

Efficiency of the Spell

The Breath of the Fire-Leaf is most efficient when performed at sunrise, for the rising light stirs the mind as the mint stirs the breath. It may also be worked at the beginning of any new venture, when clarity and inspiration are most needed.

The spell is especially potent in spring, the season of green life reborn, when mint grows strong in the earth and carries the essence of renewal. Yet it may be called at any season, so long as dried mint is kept pure and stored well.

Materials & Tools Needed

To perform the spell, the magician requires dried mint leaves, gathered with care and respect, for no leaf gives its virtue freely to the careless hand. A piece of glowing

charcoal, prepared in a brazier or fire-safe vessel, shall serve as the hearth of transformation. No grand tools are required beyond these, for breath itself is the sacred instrument, the thread that binds body and spirit.

Spell & Incantation

As the leaves burn and their smoke rises, inhale gently and recite:

“Anáil na gcnámh, inspiorid an intinn, Duilliúr na gaoithe, smaointe níos aoibhinn. Lasair na haise, an spiorad ag dúiseacht, Trí aer agus tine, new cosáin a ghlacaim.”

The words must be spoken not with haste, but slowly, in rhythm with the breath, so that each phrase sinks into the body as the smoke does.

Preparation

Begin by placing the charcoal within a brazier or fireproof dish. Light it until it glows red, steady and alive, the vessel of fire awaiting its offering. Upon it lay the dried mint leaves, one by one, whispering: *“Leaf of clarity, awaken within me.”* The leaves will curl, crackle, and release their fragrant smoke, sharp and cleansing.

Lean close, but not too near. Allow the smoke to rise to you, and inhale gently, drawing it only as far as is comfortable. This is no rite of excess — it is a kiss of breath, a mingling of smoke and spirit. With each inhalation, speak the incantation softly, timing the words with the rhythm of your breathing. Feel the fog of the mind lifting, the heaviness dissolving, and in its place a fire, bright and dancing, kindling in the center of your thoughts.

Continue until the mint is wholly consumed, or until you sense your spirit is clear.

When the rite is complete, scatter the ashes to the wind, saying: *“As leaf is fire, so thought is flame — may my mind be ever bright.”*

Precaution

The spell must be performed with respect and restraint. Never draw too deeply of the smoke, for its purpose is inspiration, not intoxication. To overwhelm the body is to dim the mind, not to kindle it.

Always burn mint upon charcoal in a safe vessel, away from flammable things. Fire is a servant when respected, but a destroyer when neglected.

Do not call upon this spell idly; the fire of thought it awakens should be directed toward worthy ends — study, creation, vision, or truth. To waste the gift upon vanity or frivolity is to dishonor the leaf and the flame, and inspiration so squandered will not swiftly return.

When performed with reverence, the Breath of the Fire-Leaf is a simple yet profound working, turning leaf into flame, flame into breath, and breath into light of the mind.

34. The Carving of the Spiral of Life

Usefulness of the Spell

The Spiral of Life is one of the oldest and most universal symbols, found carved into stones of forgotten ages, painted upon sacred vessels, and whispered in the patterns of the stars themselves. It speaks of journeys without end, the unfolding of spirit from the

hidden seed to the vast horizon. To carve this spiral is to open a path, a doorway between the waking world and the dream, between the silence of night and the voice of vision.

This spell is used for the calling of dreams that go beyond the idle wanderings of sleep — dreams that bear messages, omens, and truths that would otherwise remain veiled. It is a charm of prophecy, guiding the dreamer through labyrinths of vision so that meaning may be drawn forth. It is also a charm of renewal, for the spiral not only carries one outward, but inward again, drawing the dreamer closer to the secret center of the soul.

Efficiency of the Spell

The Carving of the Spiral of Life is most potent when worked on the eve of a new moon, when the night is deepest and the veil between the worlds is at its thinnest. Yet it may be worked at any time when guidance is sought, when the seeker longs for direction or illumination.

It is especially efficient when performed in times of uncertainty, before choices of great weight, or when one feels lost amidst the currents of life. The spiral acts as a compass of the spirit, leading the dreamer to clarity through vision.

Materials & Tools Needed

A branch of hazel wood, for hazel is sacred to wisdom, prophecy, and the opening of hidden doors.

A sharp blade, consecrated and kept pure for magical carving.

Olive oil, the oil of life and blessing, to anoint and awaken the symbol once cut.

A white cloth or pouch to keep the carved spiral safe when not in use.

Spell & Incantation

As you anoint the spiral with olive oil, speak:

“Éiríonn an saol, cuireadh na brionglóidí ar oscailt, Casann an dráma, nochtann an fhírinne.
Tríd an gcóras atá casta téim, Treoraigh mé chuig na solas brionglóid.”

The incantation should be whispered slowly, with the breath flowing as a circle, steady and unbroken, mirroring the very shape of the spiral itself.

Preparation

At twilight, take the hazel branch in hand and hold it in silence, feeling its living memory. With the sharpened blade, carve slowly upon it a spiral that winds outward. Each cut should be deliberate, as though you were carving not into wood, but into the very pattern of the unseen. As the spiral grows, envision your own spirit uncoiling, opening, and expanding.

Once carved, take the olive oil and anoint the spiral, tracing the lines of the carving with your fingertip. As you do, whisper the words of the incantation, letting them sink into the wood as the oil does. The spiral is now alive, a vessel of dreaming.

Wrap it in white cloth until the time of sleep. When night falls, place the spiral beneath your pillow. As slumber overtakes you, know that the spiral will guide your spirit through the hidden roads of dream, leading you not into chaos, but into visions with meaning.

Precaution

The Spiral of Life does not always grant sweet dreams — its purpose is truth, and truth may wound as well as heal. One must be ready to receive what is revealed, whether it be a comfort or a warning.

Never carve the spiral hastily, nor without purpose. A spiral made in vanity will hold no power, and a spiral made in jest may twist the dream-path into confusion.

Always anoint with pure oil and keep the carving wrapped in clean cloth, for disrespect toward the vessel dulls its virtue.

Above all, remember: the Spiral of Life is not merely wood, nor symbol, but a living bridge. Treat it with reverence, and it will carry you safely through the dream.

36. The Stone of Binding

Usefulness of the Spell

The Stone of Binding is a charm of stillness, silence, and containment. Where words wander unchecked, where secrets threaten to spill, or where malicious tongues weave webs of gossip, this stone acts as a ward and a seal. Its virtue lies not in the breaking of chains but in their fashioning — it binds loose energies, stills restless thoughts, and holds what must remain veiled.

The cross-mark carved upon it is not of creed but of closure, the fourfold lines drawing inward to the center, locking the energy in place. The smoothness of the river stone is vital, for it has been shaped by waters long flowing, made round and calm by the patience of time. Thus, when set to this work, it lends that same patience and containment to the spell.

This is a working not only for secrecy, but for protection. Letters, tokens, or objects of sentiment may be covered by the Stone of Binding to keep them shielded from prying eyes and wandering influences. What lies beneath remains hidden, sealed as though beneath the surface of the river itself.

Efficiency of the Spell

The spell is most efficient when performed under a waning moon, for this is the time when energies withdraw and diminish, echoing the stone's power to quiet and subdue.

It is especially potent if the river stone is gathered by the hand of the practitioner, taken from waters that run swift and clear. Stones gifted by another or bought carry little of the living memory of water and may lack strength.

The longer the stone is kept in use, the stronger its binding becomes, for it grows familiar with the hand that carves it and the secrets it keeps.

Materials & Tools Needed

A smooth river stone, no larger than the palm, chosen for its natural roundness.

A sharp blade, awl, or carving tool, to inscribe the cross-mark.

A letter, token, or object to be sealed beneath the stone.

A quiet place free from disturbance, where secrecy may be woven without interruption.

Spell & Incantation

When the cross-mark has been carved, and the stone placed over the object, speak softly:

“Cloch na siochana, gnáthóga an abhainn, Rúin coimeádta, agus ciúnas mionna. Crois na dúnta, séala anois doigh, Ceangail na poill, clúdaigh ó radharc.”

The words should be murmured low, almost like a whisper, so that even in the speaking, the silence is deepened.

Preparation

Begin by washing the chosen stone in clean water, honoring its long journey through the river. Hold it in your hand until it warms to your touch, breathing upon it three times to awaken its spirit.

With steady hand, carve a cross-mark into its surface. The mark need not be deep, only clear enough to catch the eye and hold the intent. As you carve, breathe slowly, focusing on stillness and closure.

When the carving is complete, place the stone upon the letter, item, or token you wish to seal. Rest your palm over the stone and speak the incantation, letting the words sink into both object and stone. Imagine a web of silence wrapping around what is beneath, thick as river clay, unmoving as the depths.

Leave the stone in place until the need for secrecy has passed. When removed, blow gently across the stone to release it, saying: *“Stone unbound, your work is done.”*

Precaution

The Stone of Binding holds firmly but does not judge what it seals. Use it wisely, for to bind a falsehood or deceit will not purify it, only conceal it — and what is hidden may yet fester.

Never use a jagged or broken stone, for such carries unrest and will make the binding brittle. Always choose a stone shaped by water, for it must know the patience of flow to carry the weight of silence.

Do not place the stone over another’s possessions without their knowledge, for this act turns binding into a chain of control, and such misused power returns upon its wielder.

Above all, remember: the stone is a keeper of trust. Treat it with respect, and it will remain a faithful guardian of secrets; misuse it, and the silence will crack.

37. The Burning of Seven Herbs

Usefulness of the Spell

The Burning of Seven Herbs is an ancient rite of cleansing, protection, and renewal, drawing its virtue from the sacred number seven and the combined power of plants long revered in both hearth and temple. Each herb lends its own spirit to the flame: bay for triumph and prophecy, rosemary for remembrance and purification, sage for banishment, thyme for courage, fennel for warding, lavender for peace, and mugwort for vision. Alone, each carries virtue; together, they weave a living shield of sevenfold strength.

This spell is not merely an act of burning, but of transformation. As the herbs smolder, their essences mingle and rise as smoke — a bridge between earth and air, matter and spirit. When this smoke is circled about the body, it becomes a cloak of unseen power, dispersing shadows, cutting away lingering negativity, and sealing the soul in strength.

Thus, this working is both cleansing and empowering: it clears what is harmful while strengthening what is pure, leaving the practitioner centered, calm, and fortified.

Efficiency of the Spell

The rite is most efficient when performed on the seventh day of the lunar cycle, or upon the seventh hour after dawn or dusk, for seven is the number of completeness and balance.

It carries heightened potency during liminal times: at the turning of the year, the equinoxes, or the solstices, when thresholds are crossed, and new cycles begin. At such times, the smoke not only protects but prepares the soul for what lies ahead.

The spell may also be performed whenever one feels weakened by malice, exhausted by toil, or overshadowed by unseen forces. Its power is immediate yet leaves a lingering shield that endures for days.

Materials & Tools Needed

Bay leaves, symbols of victory and divine favor.

Rosemary sprigs, for memory and cleansing.

Sage leaves, to banish ill spirits and shadows.

Thyme, herb of courage and the lifting of burdens.

Fennel seeds or stalks, for warding against envy and deceit.

Lavender flowers, to bring peace and calm.

Mugwort, herb of the seer and protector of travelers in both body and spirit.

A cauldron, fireproof bowl, or brazier, to serve as the vessel of transformation.

Charcoal or a steady flame, upon which the herbs may be placed.

Spell & Incantation

As the smoke rises and you circle it around yourself, recite with steady voice:

“Luibheanna seacht, glan agus leá, Cosnaigh m'anam le cumhacht a tugadh.
Tine agus duille, deatach anois ceangail, Cosnaigh mo spiorad, glan m'intinn.”

Preparation

Begin by gathering the seven herbs with reverence, naming each one aloud as you lay it before you, acknowledging the virtue it brings. Place the cauldron or brazier at the center of your working space and kindle the charcoal or flame until it glows steady and bright.

Add the herbs one by one, beginning with bay and ending with mugwort, speaking their names as you cast them into the fire. As each herb burns, envision its power rising with the smoke, joining the others in a spiral of mingled strength.

When the cauldron smolders with the fragrance of all seven, stand before it. With your hands, draw the smoke upward and circle it around your body, moving from head to feet. Step through the rising veil of smoke, turning slowly, until you are wholly encompassed.

As you do so, recite the incantation, letting the rhythm of your voice merge with the curling of the smoke. Feel the weight of troubles and shadows lifting, dissolving into the air, while a luminous shield of sevenfold power settles around you.

When the herbs are fully consumed, gather the ashes. These may be scattered at the threshold of your dwelling to keep it safe, or cast into running water to carry the cleansing power outward into the world.

Precaution

The herbs chosen must be pure, free of decay or corruption, for any taint will weaken the working. Never burn them in a careless or crowded space — the cauldron must rest in safety, and the air must be allowed to carry the smoke freely.

Take care not to inhale the smoke too deeply; it is a veil to surround, not a draught to consume.

This rite should not be used frivolously, for its shield is strong and woven to last. To call upon it without true need is to squander its gift, and the spirits of the herbs may grow reluctant.

Above all, remember: the Burning of Seven Herbs is a covenant of balance — a pact between plant, flame, and soul. Treat the rite with honor, and it will guard you steadfastly, as though cloaked in sevenfold light.

38. Salt in the Window Ledge

Usefulness of the Spell

This spell is a simple yet enduring charm of warding, rooted in one of the oldest traditions of household magic: the scattering of salt across thresholds. Where doors guard the comings and goings of the dwelling, windows stand as watchful eyes — openings through which both light and shadow may pass. To line these liminal spaces with salt is to draw an invisible boundary, commanding that no unclean spirit, ill thought, or malicious will may cross.

Salt, eternal in its virtue, has long been revered as the great purifier. It carries within itself the memory of ocean and stone, of deep earth and primeval waters. When spread upon the window ledge, it becomes a silent sentinel, warding against the creeping of unseen forces that would seek entrance. This working is not for summoning or commanding but for steadfast defense, ensuring peace within the home and guarding those who dwell inside.

It is a spell both humble and mighty: humble in that it requires no rare tools or grand rites, and mighty in that its protection endures so long as the salt remains.

Efficiency of the Spell

The Salt in the Window Ledge is most efficient when performed at twilight, that in-between hour when shadows lengthen and the first stars rise, for it is at this threshold that wandering spirits often stir. It may also be renewed at the dark of the moon, when protective workings hold greatest power against unseen banes.

The rite is further strengthened when combined with spoken words of power. Even a simple chant uttered with steady voice seals the act, binding spirit to substance.

For dwellings that have known unrest or where ill will has been cast, the salt should be refreshed weekly, each time repeating the charm so that the ward remains living and vigilant.

Materials & Tools Needed

A measure of pure, untainted salt — sea salt is best, for it carries the breath of the primordial waters.

A small dish or bowl from which the salt may be drawn.

The windows of the dwelling, clean and clear, to receive the protective line.

Spell & Incantation

As the salt is laid upon the ledges, speak with quiet but firm voice:

“Ní dess na scáthanna, ní théann na buaidhe isteach. Trí ghránna na talún, trí chuimhne na farraige, tá an teach seo ceangailte, tá an baile seo saor. ”

Preparation

Before the rite begins, cleanse the windows of dust or clutter, for the salt must rest upon a pure surface. At twilight, when the light softens and the world shifts toward night, carry your bowl of salt from room to room.

At each window, take a pinch of salt between your fingers. Hold it briefly, whispering: *“Grain of earth, shield this place.”* Then scatter it evenly along the ledge, forming an unbroken line. Move slowly and with intention, for it is the act of will that awakens the salt to its work.

As you go, repeat the incantation at each window, letting the words carry into the corners and frames, sealing them as surely as if they were bound in stone. When all windows are completed, return to the center of the home, bow your head, and give thanks to the spirits of earth and sea, who lend their power to the salt.

Precaution

The salt line must remain unbroken. If it is disturbed by wind, hand, or beast, the ward is weakened. Should the salt scatter or grow soiled, replace it promptly, for its virtue lies in its purity.

Do not use this spell for purposes of malice, for salt turns against those who wield it unjustly. Its nature is protection, not oppression.

Finally, remember that salt works best when paired with vigilance of spirit. Keep your home in order, your mind clear, and your intentions steadfast. Then the salt will stand strong as guardian of your dwelling, a silent watchman at every window.

39. Carving the Moon-Sigil

Usefulness of the Spell

This spell is one of intuition, inner sight, and the weaving of dream-magic, fashioned for those who seek to open the hidden eye and walk more deeply within the mysteries of the unseen. The crescent moon has ever been the emblem of beginnings, growth, and subtle power — a vessel half-lit, half-veiled, teaching that what is hidden is as mighty as what is revealed. By carving this sigil into apple wood, the magician draws down lunar light into a vessel of earth, marrying the wisdom of tree and moon.

Apple has long been sacred to enchantment, its fruit bearing the hidden star of five seeds, a symbol of knowledge and magic. When combined with the crescent, it becomes a key that opens the dream realm, heightens foresight, and deepens the currents of intuition. The beeswax, kissed by the labor of the hive, binds and seals the sigil, carrying with it purity, preservation, and the sweetness of spirit. Together, these forces create a talisman not of mere ornament, but of living connection with the silver powers of the moon.

This is no spell of dominance, but of attunement — it sharpens the inner ear to whispers of truth and guides the dreamer through the veil of night with clarity and vision.

Efficiency of the Spell

The Carving of the Moon-Sigil is most efficient when wrought beneath the waxing moon, when her light is growing, for then intuition and magic increase in strength. It is especially potent when performed on the night of the first crescent, the beginning of new lunar cycles, when pathways of foresight and dream are most easily opened.

Its virtue grows the more it is kept near during sleep, as the sigil drinks nightly of the moonlight and aligns itself to the rhythm of the dreamer's soul. Carried by day, it heightens intuition in dealings, warns of falsehood, and draws subtle guidance to the practitioner.

Materials & Tools Needed

A piece of apple wood, smooth and sound, cut with reverence.

A sharp blade or carving tool, consecrated for magical work.

Pure beeswax, to seal and awaken the carving.

The light of a waxing moon under which the rite must be done.

Spell & Incantation

When the crescent has been carved and the beeswax applied, hold the sigil aloft beneath the moon and speak:

“Crosaire gile, crosaire gar, Osail an cosán, déan físe soiléir. De réir na gealaí agus na crón, Dúisigh an brionglóid, nocht an rud atá i bhfolach.”

Preparation

Begin by cutting or selecting your apple wood at dawn or twilight, times of balance between day and night, offering a whispered thanks to the tree: *“Gift of branch, vessel of sight, I honor your spirit.”* Smooth the wood, letting your hand grow familiar with its weight.

As the waxing moon rises, sit in quiet space with blade in hand. Carve into the wood a crescent, curved and flowing, the symbol of the silver mother in her growth. Carve slowly, with steady breath, feeling each stroke as both shaping the wood and shaping the pathways of your inner sight.

When the crescent is complete, take the beeswax and rub it into the carving, sealing the lunar light into the grain. Whisper with each stroke: *“Wax of hive, bind and preserve; moonlight within, awaken and serve.”*

At last, lift the sigil toward the moon, recite the incantation, and hold it so the moon’s glow falls directly upon it. Envision the crescent upon the wood glowing with silver radiance, a living reflection of the moon above. Place it afterward by your bedside or

beneath your pillow, where it will weave its power into dreams and guide your spirit in the night.

Precaution

The sigil must only be carved in reverence, never in haste or mockery, for the moon is a power both gentle and fierce. To dishonor her symbol is to invite confusion instead of clarity, shadow instead of vision.

Never perform this working under the waning or dark moon, for its purpose is growth and illumination, not banishment. In such times, the sigil will remain mute.

If the wood breaks or cracks, bury it beneath an apple tree or in clean soil, returning it to the earth with thanks. A new sigil must then be carved under the waxing light.

Handled with respect, the Carving of the Moon-Sigil is a gateway to vision and dream, a bridge between waking and sleeping, and a lantern for the soul upon hidden paths.

40. Burning Candle of Salt & Oil

Usefulness of the Spell

The Burning Candle of Salt and Oil is a guardian flame, set to drive back baneful influences and establish a circle of safety around the practitioner. White is the color of purity and illumination, olive oil the ancient anointing of consecration and blessing, and salt the eternal crystal of protection and sanctity. When joined together upon the

candle, these elements forge a beacon of warding that dispels shadows, silences ill intent, and calms the spirit of the worker.

This spell is of high virtue in rites of invocation, meditation, and divination, when the soul is most open and vulnerable. The flame acts as a sentinel, its light consuming negativity, its smoke carrying prayers to the higher realms. It is not only a shield but also a purifier, stripping away unseen stains that cling to the aura and sanctifying the space with elemental power.

Through this working, the practitioner gains a stillness of mind and a fortress of spirit, making it among the most reliable and accessible protections of the magical art.

Efficiency of the Spell

The spell is most efficient when performed at the beginning of any magical operation, ensuring a clean and secure environment. It may also be lit during meditation or dream-work to safeguard against intrusive spirits. Its efficiency lies in the simple yet ancient power of the elements — earth (salt), oil (fruit of the tree), fire (flame), and air (breath upon the flame).

The candle should be allowed to burn until a steady, unwavering flame is established. Once consecrated by its first burning, it may be used repeatedly for future workings, provided it is snuffed respectfully rather than blown out.

Materials & Tools Needed

A **white candle**, symbol of purity and illumination.

Olive oil, for anointing and consecration.

Powdered salt, finely ground for even coating.

A fire-safe dish or holder for the candle.

Spell & Incantation

As the candle is lit, speak with intent:

“Trí thalamh agus ola, trí lasair agus solas, Dún mé an áit seo, coinním an oíche seo. Ní bheidh scáth trasna, ní mairfidh aon olc, Trí dhó shacra, cosnaím, tacaím.”

Preparation

Begin by placing the candle upon your altar or a clean, quiet surface. Pour a small amount of olive oil into your palm, and with reverence, anoint the candle from base to wick, whispering: *“I consecrate thee with the oil of blessing.”*

Next, roll the oiled candle in powdered salt until it is fully coated. As the grains cling, envision each crystal as a wall of light, surrounding and sealing your space.

When the candle is prepared, set it in its holder. Breathe upon it gently, awakening its spirit. At the moment of lighting, focus on your intent of protection, and recite the incantation slowly, letting each word echo into the flame.

The candle should burn as you perform your ritual or meditation, its light guarding and purifying. When finished, snuff it respectfully with a candle snuffer or by pressing the wick with a clean tool — never by blowing, for the breath scatters the spell.

Precaution

The candle must always be handled with care, for fire is both protector and devourer.

Place it in a safe vessel, far from cloth, paper, or any fuel that could catch its flame.

Should the flame sputter, crackle, or bend unusually, it may indicate the presence of opposing forces. In such cases, focus your intent more strongly, repeat the incantation, or burn a fresh candle if needed.

Never use this candle for baneful workings, for its spirit is of warding and purification; to twist it toward harm will strip it of virtue and invite reversal upon the one who misuses it.

With respect, this burning candle becomes a steadfast guardian — its salt a wall, its oil a blessing, its flame a shield of fire.