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Disease Diagnosed: Eczema

When to see a doctor?

You should see a doctor if you are experiencing any of the following symptoms: 1. Severe or persistent itching: If the itching is severe or does not go away with over-the-counter treatments, it is important to seek medical attention. 2. Worsening symptoms: If your eczema symptoms are getting worse, spreading rapidly, or becoming more painful, it is time to see a doctor. 3. Infection: If you notice signs of infection, such as increased redness, pus-filled blisters, or a fever, you should seek immediate medical help. 4. Sleep disturbances: If eczema is interfering with your sleep patterns or affecting your daily activities, it is advisable to see a doctor for further evaluation and treatment. 5. Emotional distress: If the condition is causing significant emotional distress or affecting your quality of life, it is essential to seek medical assistance. Additionally, if you have tried self-care measures for more than a few weeks without relief or if you have a history of eczema and are experiencing a flare-up, it is recommended to consult a doctor for proper diagnosis and management.