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## Eczema

### When to see a doctor?

You should consider seeing a doctor if you experience any of the following symptoms:

1. Intense itching that does not improve with over-the-counter treatments.
2. Skin rash that does not go away or worsens after a few weeks.
3. Skin becoming swollen, red, or painful.
4. Development of oozing or crusting sores.
5. Severe discomfort or difficulty sleeping due to itching.
6. Signs of infection such as warmth, pus, or fever.
7. Rash affecting a large area of your body.
8. Eczema flare-up impacting your quality of life or daily activities.

A healthcare professional can properly diagnose eczema and provide appropriate treatment options to manage your symptoms effectively.