Course Syllabus Fellowship in Facial Aesthetics

Module 1: Basic Sciences, Skin Anatomy& Research Methodologies

Anatomy & Anesthesia

- Anesthesia for minimally Invasive Cosmetic surgery of Head and Neck
- Local Anesthesia Blocks of Head and Neck
- Anatomy of Head and Neck
- Blood supply , Nerve supply
- Skin
- Universal Classification of skin type
- Facial Scale : Measurement of facial skin & soft –tissue laxity
- Facial aging & its mechanics
- Peptides for Facial skin aging
- Treatment of Hyperpigmented photodamaged skin
- Chemical Peels: Rejuvenation of Neck
- Types of peel Intraoral / Extraoral use
- Combined techniques of Ablative skin resurfacing
- Photorejuvenation
- Electrocoagulation
- Microderma -abrasion
- Medico-legal aspects of Cosmetic Dermatology

- Ethics in cosmetic practice

Module 2: Blood Derivatives & Injectables

- **Blood**
  a) Blood product / Derivative
  b) Plasma Skin Resurfacing
  c) Concept of PRP ,PRF , IPRF, APRF
  d) Extraoral & Intraoral use of Blood derivative
  e) Application/ Use of PRP/PRF
  f) Face, skin , hair , joints injections
- **Botulinum Toxin**
  a) Serotypes
  b) Techniques, Complications
  c) Extraoral / Intraoral use
- Mesotherapy

Module 3: Injectable Facial Pads & Threads

- Fillers
  a) What are fillers
  b) Full face lift (8 point lift)
  c) Complete face points
  d) Mini facelift
  e) Facial implants
  f) Intra oral use of fillers
  g) Lip Augmentation
  h) Nose , chin Augmentation
- Threads
  a) History of sutures/ threads
  b) Antigravity/ elevation lift
  c) Biolifting & bioresurfacing
  d) Types of threads
- Micro Needling

Module 4: Hair Restoration / Removal

- Hair Restoration AND Complication
  a) Aesthetic principles for hair restoration
  b) FUE/ FUT METHOD
  c) Application of FUE Methods
  d) Mesotherapy for treatment of Male type Alopecia
  e) Female type alopecia

Module 5: Advanced Procedures in Aesthetic Medicine

  a) LASERS
  b) Radio frequency
  c) Laser scar removal
  d) Laser hair removal
  e) Surgery for prominent Ears

Module 6: Revision / Examination

  2 day Revision class of all modules
  Exam – theory and practical
  Work done Presentation