

iPhone 14 Plus - Tech Specs

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SupportGet HelpCommunityCheck CoverageRepairHelpful TopicsGet AppleCare+Apple Account and PasswordBilling & SubscriptionsAccessibility

Switch from PC to Mac

Explore All Apple Watch

Apple Watch Series 10

Apple Watch Ultra 2

Apple Watch For Your Kids

Explore TV & Home

Explore TV & Home

Shop TV & Home

Shop Apple TV 4K

TV & Home Accessories

More from TV & Home

Beats by Dr. Dre

Apple Account and Password

5 total resultsQuick LinksIf you forgot your Apple ID passwordIf you forgot the passcode for your iPhone, iPad, or iPod touchView, change, or cancel your subscriptionsUpdate iOS on your deviceContact Apple Support

If you forgot your Apple ID password

If you forgot the passcode for your iPhone, iPad, or iPod touch

View, change, or cancel your subscriptions

Update iOS on your device

Year introduced : 2022

Identify your iPhone model

Ceramic Shield front, Glass back and aluminium design

Width:78.1 mm (3.07 inches)

Width:78.1 mm (3.07 inches)

Height:160.8 mm (6.33 inches)

Height:160.8 mm (6.33 inches)

Depth:7.80 mm (0.31 inches)

Depth:7.80 mm (0.31 inches)

Weight:203 grams (7.16 ounces)

Weight:203 grams (7.16 ounces)

Super Retina XDR display

Super Retina XDR display

6.7-inch (diagonal) all-screen OLED display

6.7-inch (diagonal) all-screen OLED display

2778x1284-pixel resolution at 458 ppi

2778x1284-pixel resolution at 458 ppi

2,000,000:1 contrast ratio (typical)

2,000,000:1 contrast ratio (typical)

800 nits max brightness (typical); 1,200 nits peak brightness (HDR)

800 nits max brightness (typical); 1,200 nits peak brightness (HDR)

Support for display of multiple languages and characters simultaneously

Support for display of multiple languages and characters simultaneously

The iPhone 14 Plus display has rounded corners that follow a beautiful curved design, and these corners are within a standard rectangle. When measured as a standard rectangular shape, the screen is 6.68 inches diagonally (actual viewable area is less).

Splash, Water and Dust Resistant³

Rated IP68 (maximum depth of 6 metres up to 30 minutes) under IEC standard 60529

6-core CPU with 2 performance and 4 efficiency cores

6-core CPU with 2 performance and 4 efficiency cores

12MP Main: 26mm, $f/1.5$ aperture, sensor-shift optical image stabilisation, 100% Focus Pixels

12MP Main: 26mm, $f/1.5$ aperture, sensor-shift optical image stabilisation, 100% Focus Pixels

12MP Ultra Wide: 13mm, $f/2.4$ aperture and 120° field of view

12MP Ultra Wide: 13mm, $f/2.4$ aperture and 120° field of view

2x optical zoom out; digital zoom up to 5x

2x optical zoom out; digital zoom up to 5x

Sapphire crystal lens cover

Sapphire crystal lens cover

Portrait mode with Focus and Depth Control

Portrait mode with Focus and Depth Control

Portrait Lighting with six effects

Portrait Lighting with six effects

Panorama (up to 63MP)

Panorama (up to 63MP)

Wide colour capture for photos and Live Photos

Wide colour capture for photos and Live Photos

Lens correction (Ultra Wide)

Lens correction (Ultra Wide)

Image formats captured: HEIF and JPEG

Image formats captured: HEIF and JPEG

4K video recording at 24 fps, 25 fps, 30 fps or 60 fps

4K video recording at 24 fps, 25 fps, 30 fps or 60 fps

1080p HD video recording at 25 fps, 30 fps or 60 fps

1080p HD video recording at 25 fps, 30 fps or 60 fps

720p HD video recording at 30 fps

720p HD video recording at 30 fps

Cinematic mode up to 4K HDR at 30 fps

Cinematic mode up to 4K HDR at 30 fps

Action mode up to 2.8K at 60 fps

Action mode up to 2.8K at 60 fps

HDR video recording with Dolby Vision up to 4K at 60 fps

HDR video recording with Dolby Vision up to 4K at 60 fps

Slo-mo video support for 1080p at 120 fps or 240 fps

Slo-mo video support for 1080p at 120 fps or 240 fps

Time-lapse video with stabilisation

Time-lapse video with stabilisation

Sensor-shift optical image stabilisation for video (Main)

Sensor-shift optical image stabilisation for video (Main)

2x optical zoom out

2x optical zoom out

Digital zoom up to 3x

Digital zoom up to 3x

Cinematic video stabilisation (4K, 1080p and 720p)

Cinematic video stabilisation (4K, 1080p and 720p)

Take 8MP still photos while recording 4K video

Take 8MP still photos while recording 4K video

Video formats recorded: HEVC and H.264

Video formats recorded: HEVC and H.264

Autofocus with Focus Pixels

Autofocus with Focus Pixels

Portrait mode with Focus and Depth Control

Portrait mode with Focus and Depth Control

Portrait Lighting with six effects

Portrait Lighting with six effects

Wide colour capture for photos and Live Photos

Wide colour capture for photos and Live Photos

4K video recording at 24 fps, 25 fps, 30 fps or 60 fps

4K video recording at 24 fps, 25 fps, 30 fps or 60 fps

1080p HD video recording at 25 fps, 30 fps or 60 fps

1080p HD video recording at 25 fps, 30 fps or 60 fps

Cinematic mode up to 4K HDR at 30 fps

Cinematic mode up to 4K HDR at 30 fps

HDR video recording with Dolby Vision up to 4K at 60 fps

HDR video recording with Dolby Vision up to 4K at 60 fps

Slo-mo video support for 1080p at 120 fps

Slo-mo video support for 1080p at 120 fps

Time-lapse video with stabilisation

Time-lapse video with stabilisation

Cinematic video stabilisation (4K, 1080p and 720p)

Cinematic video stabilisation (4K, 1080p and 720p)

Enabled by TrueDepth camera for facial recognition

Pay with your iPhone using Face ID in shops, within apps and on the web

Pay with your iPhone using Face ID in shops, within apps and on the web

Complete purchases made with Apple Pay on your Mac

Complete purchases made with Apple Pay on your Mac

Pay for your journey using Express Travel4

Pay for your journey using Express Travel4

Learn more about Apple Pay

Emergency SOS via satellite5

Emergency SOS via satellite5

Roadside Assistance via satellite5

Roadside Assistance via satellite5

5G NR (Bands n1, n2, n3, n5, n7, n8, n12, n20, n25, n26, n28, n30, n38, n40, n41, n48, n53, n66,

n70, n77, n78, n79)

5G NR (Bands n1, n2, n3, n5, n7, n8, n12, n20, n25, n26, n28, n30, n38, n40, n41, n48, n53, n66, n70, n77, n78, n79)

FDD-LTE (Bands 1, 2, 3, 4, 5, 7, 8, 12, 13, 17, 18, 19, 20, 25, 26, 28, 30, 32, 66)

FDD-LTE (Bands 1, 2, 3, 4, 5, 7, 8, 12, 13, 17, 18, 19, 20, 25, 26, 28, 30, 32, 66)

TD-LTE (Bands 34, 38, 39, 40, 41, 42, 46, 48, 53)

TD-LTE (Bands 34, 38, 39, 40, 41, 42, 46, 48, 53)

UMTS/HSPA+/DC-HSDPA (850, 900, 1700/2100, 1900, 2100 MHz)

UMTS/HSPA+/DC-HSDPA (850, 900, 1700/2100, 1900, 2100 MHz)

GSM/EDGE (850, 900, 1800, 1900 MHz)

GSM/EDGE (850, 900, 1800, 1900 MHz)

5G NR (Bands n1, n2, n3, n5, n7, n8, n12, n20, n25, n26, n28, n30, n38, n40, n41, n48, n53, n66, n70, n77, n78, n79)

5G NR (Bands n1, n2, n3, n5, n7, n8, n12, n20, n25, n26, n28, n30, n38, n40, n41, n48, n53, n66, n70, n77, n78, n79)

FDD-LTE (Bands 1, 2, 3, 4, 5, 7, 8, 12, 13, 17, 18, 19, 20, 25, 26, 28, 30, 32, 66)

FDD-LTE (Bands 1, 2, 3, 4, 5, 7, 8, 12, 13, 17, 18, 19, 20, 25, 26, 28, 30, 32, 66)

TD-LTE (Bands 34, 38, 39, 40, 41, 42, 46, 48, 53)

TD-LTE (Bands 34, 38, 39, 40, 41, 42, 46, 48, 53)

UMTS/HSPA+/DC-HSDPA (850, 900, 1700/2100, 1900, 2100 MHz)

UMTS/HSPA+/DC-HSDPA (850, 900, 1700/2100, 1900, 2100 MHz)

GSM/EDGE (850, 900, 1800, 1900 MHz)

GSM/EDGE (850, 900, 1800, 1900 MHz)

5G (sub?6 GHz) with 4x4 MIMO⁷

5G (sub?6 GHz) with 4x4 MIMO⁷

Gigabit LTE with 4x4 MIMO and LAA⁷

Gigabit LTE with 4x4 MIMO and LAA⁷

Wi-Fi 6 (802.11ax) with 2x2 MIMO

Wi-Fi 6 (802.11ax) with 2x2 MIMO

Ultra Wideband chip for spatial awareness

Ultra Wideband chip for spatial awareness

NFC with reader mode

NFC with reader mode

Express Cards with Power Reserve

Express Cards with Power Reserve

For details on 5G and LTE support, contact your carrier and see apple.com/uk/iphone/cellular.

GPS, GLONASS, Galileo, QZSS and BeiDou

GPS, GLONASS, Galileo, QZSS and BeiDou

FaceTime video calling over Wi-Fi or a mobile network

FaceTime video calling over Wi-Fi or a mobile network

FaceTime HD (1080p) video calling over 5G or Wi-Fi

FaceTime HD (1080p) video calling over 5G or Wi-Fi

Share experiences like movies, TV, music and other apps in a FaceTime call with SharePlay

Share experiences like movies, TV, music and other apps in a FaceTime call with SharePlay

Portrait mode in FaceTime video

Portrait mode in FaceTime video

Voice Isolation and Wide Spectrum microphone modes

Voice Isolation and Wide Spectrum microphone modes

Zoom with rear-facing camera

Zoom with rear-facing camera

Voice over LTE (VoLTE)

Voice over LTE (VoLTE)

Share experiences like movies, TV, music and other apps in a FaceTime call with SharePlay

Share experiences like movies, TV, music and other apps in a FaceTime call with SharePlay

Voice Isolation and Wide Spectrum microphone modes

Voice Isolation and Wide Spectrum microphone modes

Supported formats include AAC, MP3, Apple Lossless, FLAC, Dolby Digital, Dolby Digital Plus and Dolby Atmos

Supported formats include AAC, MP3, Apple Lossless, FLAC, Dolby Digital, Dolby Digital Plus and Dolby Atmos

User-configurable maximum volume limit

User-configurable maximum volume limit

Supported formats include HEVC, H.264 and ProRes

Supported formats include HEVC, H.264 and ProRes

HDR with Dolby Vision, HDR10+/HDR10 and HLG

HDR with Dolby Vision, HDR10+/HDR10 and HLG

Up to 4K HDR AirPlay for mirroring, photos and video out to Apple TV (2nd generation or later) or AirPlay-enabled smart TV

Up to 4K HDR AirPlay for mirroring, photos and video out to Apple TV (2nd generation or later) or AirPlay-enabled smart TV

Video mirroring and video out support: up to 1080p through Lightning Digital AV Adapter and Lightning to VGA Adapter (adapters sold separately)¹⁰

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Get help with everyday tasks like sending messages, setting reminders and more

Get help with everyday tasks like sending messages, setting reminders and more

Activate hands-free with only your voice using Siri or Hey Siri

Activate hands-free with only your voice using Siri or Hey Siri

Protected by the strongest privacy of any intelligent assistant

Protected by the strongest privacy of any intelligent assistant

Learn more about Siri

External Buttons and Connectors

SIM tray (available on models purchased outside the U.S.)

SIM tray (available on models purchased outside the U.S.)

Video playback:Up to 26 hours

Video playback:Up to 26 hours

Video playback (streamed):Up to 20 hours

Video playback (streamed):Up to 20 hours

Audio playback:Up to 100 hours

Audio playback:Up to 100 hours

Built-in rechargeable lithium-ion battery

Built-in rechargeable lithium-ion battery

MagSafe wireless charging up to 15W¹³

MagSafe wireless charging up to 15W¹³

Qi wireless charging up to 7.5W¹³

Qi wireless charging up to 7.5W¹³

Charging via USB to computer system or power adapter

Charging via USB to computer system or power adapter

Fast-charge capable: Up to 50% charge in around 30 minutes¹⁴with20W adapteror higher (available separately)

Fast-charge capable: Up to 50% charge in around 30 minutes¹⁴with20W adapteror higher (available separately)

Wireless charging up to 15W¹³

Wireless charging up to 15W¹³

High dynamic range gyro

High dynamic range gyro

Dual ambient light sensors

Dual ambient light sensors

Our most personal and secure mobile operating system yet, iOS is packed with powerful features and designed to protect your privacy.

See what's new in iOS

Built-in accessibility features supporting vision, mobility, hearing, speech and cognitive needs help you get the most out of your iPhone in the ways that work best for you.

Learn more about Accessibility

RTT and Textphone support

RTT and Textphone support

Dual SIM (nano-SIM and eSIM)¹⁵

Dual SIM (nano-SIM and eSIM)¹⁵

Learn more about eSIM.

Learn more about travelling with eSIM

Rating for Hearing Aids

.jpg, .tiff, .gif (images); .doc and .docx (Microsoft Word); .htm and .html (web pages); .key (Keynote); .numbers (Numbers); .pages (Pages); .pdf (Preview and Adobe Acrobat); .ppt and .pptx (Microsoft PowerPoint); .txt (text); .rtf (rich text format); .vcf (contact information); .xls and .xlsx (Microsoft Excel); .zip; .ics; .usdz (USDZ Universal)

.jpg, .tiff, .gif (images); .doc and .docx (Microsoft Word); .htm and .html (web pages); .key (Keynote); .numbers (Numbers); .pages (Pages); .pdf (Preview and Adobe Acrobat); .ppt and .pptx (Microsoft PowerPoint); .txt (text); .rtf (rich text format); .vcf (contact information); .xls and .xlsx (Microsoft Excel); .zip; .ics; .usdz (USDZ Universal)

Apple ID (required for some features)

Apple ID (required for some features)

Syncing to a Mac or PC requires:

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macOS Catalina 10.15 or later using the Finder

macOS Catalina 10.15 or later using the Finder

macOS High Sierra 10.13 to macOS Mojave 10.14.6 using iTunes 12.9 or later

macOS High Sierra 10.13 to macOS Mojave 10.14.6 using iTunes 12.9 or later

Windows 10 or later using iTunes 12.12.10 or later (free download from [itunes.com/uk](https://www.apple.com/itunes/download/uk))

Windows 10 or later using iTunes 12.12.10 or later (free download from [itunes.com/uk](https://www.apple.com/itunes/download/uk))

Ambient operating temperature: 0° to 35° C (32° to 95° F)

Ambient operating temperature: 0° to 35° C (32° to 95° F)

Non-operating temperature: 20° to 45° C (68° to 113° F)

Non-operating temperature: 20° to 45° C (68° to 113° F)

Relative humidity: 5% to 95% non-condensing

Relative humidity: 5% to 95% non-condensing

Operating altitude: tested up to 3,000 metres (10,000 feet)

Operating altitude: tested up to 3,000 metres (10,000 feet)

English (Australia, UK, US), Chinese (Simplified, Traditional, Traditional ? Hong Kong), French (Canada, France), German, Italian, Japanese, Korean, Spanish (Latin America, Spain), Arabic, Bulgarian, Catalan, Croatian, Czech, Danish, Dutch, Finnish, Greek, Hebrew, Hindi, Hungarian, Indonesian, Kazakh, Malay, Norwegian, Polish, Portuguese (Brazil, Portugal), Romanian, Russian, Slovak, Swedish, Thai, Turkish, Ukrainian, Vietnamese

English (Australia, Canada, India, Japan, New Zealand, Singapore, South Africa, UK, US), Chinese ? Simplified (Handwriting, Pinyin QWERTY, Pinyin 10-Key, Shuangpin, Stroke), Chinese ? Traditional (Cangjie, Handwriting, Pinyin QWERTY, Pinyin 10-Key, Shuangpin, Stroke, Sucheng, Zhuyin), French (Belgium, Canada, France, Switzerland), German (Austria, Germany, Switzerland), Italian, Japanese (Kana, Romaji), Korean (2-Set, 10-Key), Spanish (Latin America, Mexico, Spain), Ainu, Albanian, Amharic, Apache (Western), Arabic, Arabic (Najdi), Armenian, Assamese, Assyrian, Azerbaijani, Bangla, Belarusian, Bodo, Bulgarian, Burmese, Cantonese ? Traditional (Cangjie, Handwriting, Phonetic, Stroke, Sucheng), Catalan, Cherokee, Croatian, Czech, Danish, Dhivehi, Dogri, Dutch, Dzongkha, Emoji, Estonian, Faroese, Filipino, Finnish, Flemish, Fula (Adlam), Georgian, Greek, Gujarati, Hawaiian, Hebrew, Hindi (Devanagari, Latin, Transliteration), Hungarian,

Icelandic, Igbo, Indonesian, Irish Gaelic, Kannada, Kashmiri (Arabic, Devanagari), Kazakh, Khmer, Konkani (Devanagari), Kurdish (Arabic, Latin), Kyrgyz, Lao, Latvian, Lithuanian, Macedonian, Maithili, Malay (Arabic, Latin), Malayalam, Maltese, Manipuri (Bengali, Meetei Mayek), M?ori, Marathi, Mongolian, Navajo, Nepali, Norwegian (Bokmål, Nynorsk), Odia, Pashto, Persian, Persian (Afghanistan), Polish, Portuguese (Brazil, Portugal), Punjabi, Rohingya, Romanian, Russian, Samoan, Sanskrit, Santali (Devanagari, Ol Chiki), Serbian (Cyrillic, Latin), Sindhi (Arabic, Devanagari), Sinhala, Slovak, Slovenian, Swahili, Swedish, Tajik, Tamil (Anjal, Tamil 99), Telugu, Thai, Tibetan, Tongan, Turkish, Turkmen, Ukrainian, Urdu, Uyghur, Uzbek (Arabic, Cyrillic, Latin), Vietnamese (Telex, VIQR, VNI), Welsh, Yiddish, Akan, Bangla (Transliteration), Chickasaw, Choctaw, Chuvash, Gujarati (Transliteration), Hausa, Hmong (Pahawh), Ingush, Japanese (Handwriting), Kabyle, Kannada (Transliteration), Liangshan Yi, Malayalam (Transliteration), Mandaic, Marathi (Transliteration), Mi?kmaw, N?Ko, Osage, Punjabi (Transliteration), Rejang, Tamazight (Standard Moroccan), Tamil (Transliteration), Telugu (Transliteration), Urdu (Transliteration), Wancho, Wolastoqey, Yoruba

QuickType keyboard support with auto-correction

Arabic, Arabic (Najdi), Bangla, Bulgarian, Catalan, Cherokee, Chinese ? Simplified (Pinyin QWERTY), Chinese ? Traditional (Pinyin QWERTY), Chinese ? Traditional (Zhuyin), Croatian, Czech, Danish, Dutch, English (Australia, Canada, India, Japan, New Zealand, Singapore, South Africa, UK, US), Estonian, Filipino, Finnish, Dutch (Belgium), French (Belgium, Canada, France, Switzerland), German (Austria, Germany, Switzerland), Greek, Gujarati, Hawaiian, Hebrew, Hindi (Devanagari, Latin, Transliteration), Hungarian, Icelandic, Indonesian, Irish Gaelic, Italian, Japanese (Kana, Romaji), Korean (2-Set, 10-Key), Latvian, Lithuanian, Macedonian, Malay, Marathi, Norwegian (Bokmål, Nynorsk), Persian, Persian (Afghanistan), Polish, Portuguese (Brazil, Portugal), Punjabi, Romanian, Russian, Serbian (Cyrillic, Latin), Slovak, Slovenian, Spanish (Latin America, Mexico, Spain), Swedish, Tamil (Anjal, Tamil 99), Telugu, Thai, Turkish, Ukrainian, Urdu, Vietnamese (Telex)

QuickType keyboard support with predictive typing

English (Australia, Canada, India, Japan, Singapore, South Africa, UK, US), Chinese (Simplified, Traditional), French (Belgium, Canada, France, Switzerland), German (Austria, Germany, Switzerland), Italian, Japanese, Korean, Spanish (Latin America, Mexico, Spain), Arabic, Arabic (Najdi), Cantonese (Traditional), Dutch, Hindi (Devanagari, Latin), Portuguese (Brazil, Portugal), Russian, Swedish, Thai, Turkish, Vietnamese, Hebrew, Polish, Romanian

QuickType keyboard support with multilingual typing

English (Australia, Canada, India, Japan, New Zealand, Singapore, South Africa, UK, US), Chinese ? Simplified (Pinyin), Chinese ? Traditional (Pinyin), French (Belgium, Canada, France, Switzerland), German (Germany, Austria, Switzerland), Italian, Japanese (Romaji), Portuguese (Brazil, Portugal), Spanish (Latin America, Mexico, Spain), Dutch (Belgium, Netherlands), Hindi (Latin), Vietnamese, Polish, Romanian, Turkish

QuickType keyboard support with contextual suggestions

English (Australia, Canada, India, Japan, New Zealand, Singapore, South Africa, UK, US), Chinese (Simplified), French (Belgium, Canada, France, Switzerland), German (Austria, Germany, Switzerland), Italian, Spanish (Latin America, Mexico, Spain), Arabic, Arabic (Najdi), Dutch (Belgium, Netherlands), Hindi (Devanagari, Latin), Russian, Swedish, Portuguese (Brazil), Turkish, Vietnamese

QuickType keyboard support with QuickPath

English (Australia, Canada, India, Japan, New Zealand, Singapore, South Africa, UK, US), Chinese (Simplified Pinyin QWERTY), Chinese (Traditional Pinyin QWERTY), French (Canada, France, Switzerland), German (Germany, Austria, Switzerland), Italian, Spanish (Latin America, Mexico, Spain), Portuguese (Brazil, Portugal), Dutch (Belgium, Netherlands), Swedish, Vietnamese, Arabic, Hebrew, Korean, Polish, Romanian

English (Australia, Canada, India, Ireland, New Zealand, Singapore, South Africa, UK, US), Spanish (Chile, Mexico, Spain, US), French (Belgium, Canada, France, Switzerland), German (Austria, Germany, Switzerland), Italian (Italy, Switzerland), Japanese (Japan), Korean (Republic of Korea), Mandarin Chinese (China mainland, Taiwan), Cantonese (China mainland, Hong Kong), Arabic

(Saudi Arabia, United Arab Emirates), Danish (Denmark), Dutch (Belgium, Netherlands), Finnish (Finland), Hebrew (Israel), Malay (Malaysia), Norwegian (Norway), Portuguese (Brazil), Russian (Russia), Swedish (Sweden), Thai (Thailand), Turkish (Türkiye)

English (Australia, Canada, India, Ireland, Malaysia, New Zealand, Philippines, Saudi Arabia, Singapore, South Africa, United Arab Emirates, UK, US), Cantonese (China mainland, Hong Kong), Mandarin Chinese (China mainland, Taiwan), French (Belgium, Canada, France, Luxembourg, Switzerland), German (Austria, Germany, Switzerland), Italian (Italy, Switzerland), Japanese, Korean, Spanish (Chile, Colombia, Mexico, Spain, US), Portuguese (Brazil, Portugal), Arabic (Kuwait, Qatar, Saudi Arabia, United Arab Emirates), Catalan, Croatian, Czech, Danish, Dutch (Belgium, Netherlands), Finnish, Greek, Hebrew, Hindi, Hungarian, Indonesian, Malay, Norwegian (Bokmål), Polish, Romanian, Russian, Shanghainese (China mainland), Slovak, Swedish, Thai, Turkish, Ukrainian, Vietnamese

English (UK, US), Chinese (Simplified, Traditional, Traditional ? Hong Kong), Danish, Dutch, French, German, Hebrew, Hindi, Italian, Japanese, Korean, Norwegian, Portuguese, Russian, Spanish, Swedish, Thai, Turkish, Bulgarian, Catalan, Greek, Malay, Polish, Punjabi, Romanian

Simplified Chinese, Traditional Chinese?English, Cantonese?English

Arabic?English, Bangla?English, Chinese (Simplified)?English, Chinese (Traditional)?English, Czech?English, Dutch?English, Finnish?English, French?English, French?German, German?English, Gujarati?English, Hindi?English, Hungarian?English, Indonesian?English, Italian?English, Japanese?English, Japanese?Chinese (Simplified), Korean?English, Polish?English, Portuguese?English, Russian?English, Spanish?English, Tamil?English, Telugu?English, Thai?English, Urdu?English, Vietnamese?English, English?Greek, English?Malay, English?Swedish

English (UK, US), Chinese (Simplified)

English (Australia, Canada, India, Japan, New Zealand, Singapore, South Africa, UK, US), French (Belgium, Canada, France, Switzerland), German (Austria, Germany, Switzerland), Italian, Spanish (Latin America, Mexico, Spain), Arabic, Arabic (Najdi), Bulgarian, Czech, Danish, Dutch (Belgium,

Netherlands), Finnish, Greek, Hindi (Devanagari), Hungarian, Irish Gaelic, Norwegian (Bokmål, Nynorsk), Polish, Portuguese (Brazil, Portugal), Punjabi, Romanian, Russian, Swedish, Telugu, Turkish, Vietnamese

Argentina, Armenia, Australia, Austria, Azerbaijan, Bahrain, Belarus, Belgium, Brazil, Bulgaria, Canada, Chile, China mainland,¹⁷Colombia, Costa Rica, Croatia, Cyprus, Czech Republic, Denmark, El Salvador, Estonia, Faroe Islands, Finland, France, Georgia, Germany, Greece, Greenland, Guatemala, Guernsey, Honduras, Hong Kong, Hungary, Iceland, Ireland, Isle of Man, Israel, Italy, Japan, Jersey, Jordan, Kazakhstan, Korea (Republic of), Kuwait, Latvia, Liechtenstein, Lithuania, Luxembourg, Macao, Malaysia, Malta, Mexico, Moldova, Monaco, Montenegro, Morocco, Netherlands, New Zealand, Norway, Palestinian Territories, Panama, Peru, Poland, Portugal, Qatar, Romania, San Marino, Saudi Arabia, Serbia, Singapore, Slovakia, Slovenia, South Africa, Spain, Sweden, Switzerland, Taiwan, UK, Ukraine, United Arab Emirates, US, Vatican City, Vietnam

USB-C to Lightning Cable

USB-C to Lightning Cable

As part of our efforts to reach carbon neutrality by 2030, iPhone 14 and iPhone 14 Plus do not include a power adapter or EarPods. Included in the box is a USB-C to Lightning Cable that supports fast charging and is compatible with USB-C power adapters and computer ports

We encourage you to reuse your current USB-A to Lightning cables, power adapters and headphones that are compatible with these iPhone models. But if you need any new Apple power adapters or headphones, they are available for purchase.

iPhone and the Environment

iPhone 14 and iPhone 14 Plus are designed with the following features to reduce their environmental impact:¹⁸

See the iPhone 14 and iPhone 14 Plus Product Environmental Reports

Made with better materials

100% recycled gold in the wire of all cameras and the plating of multiple printed circuit boards

100% recycled gold in the wire of all cameras and the plating of multiple printed circuit boards

100% recycled tungsten in the Taptic Engine, representing 100% of the tungsten in iPhone 14 Plus¹⁹ and 99% of the tungsten in iPhone 14

100% recycled tungsten in the Taptic Engine, representing 100% of the tungsten in iPhone 14 Plus¹⁹ and 99% of the tungsten in iPhone 14

100% recycled rare earth elements in all magnets, representing 100% of the rare earth elements in iPhone 14²⁰ and 99% of the rare earth elements in iPhone 14 Plus

100% recycled rare earth elements in all magnets, representing 100% of the rare earth elements in iPhone 14²⁰ and 99% of the rare earth elements in iPhone 14 Plus

100% recycled tin in the solder of multiple printed circuit boards

100% recycled tin in the solder of multiple printed circuit boards

35% or more recycled plastic in multiple components

35% or more recycled plastic in multiple components

Meets US Department of Energy requirements for battery charger systems²¹

Meets US Department of Energy requirements for battery charger systems²¹

Mercury-, BFR-, PVC- and beryllium-free

Mercury-, BFR-, PVC- and beryllium-free

Apple's Zero Waste Programme helps suppliers eliminate waste sent to landfill

Apple's Zero Waste Programme helps suppliers eliminate waste sent to landfill

All final assembly supplier sites are transitioning to 100% renewable energy for Apple production

All final assembly supplier sites are transitioning to 100% renewable energy for Apple production

100% of virgin wood fibre comes from responsibly managed forests

100% of virgin wood fibre comes from responsibly managed forests

90% or more fibre-based packaging

90% or more fibre-based packaging

Apple and the Environment

We're committed to making our products without taking from the earth, and to become carbon neutral across our entire business, including products, by 2030.

* To identify your iPhone model number, see support.apple.com/en-gb/HT3939. For details on 5G and LTE support, contact your provider and see apple.com/uk/iphone/cellular. Mobile data technology support is based on iPhone model number and configuration for GSM networks.

Available space is less and varies due to many factors. A standard configuration uses approximately 12GB to 17GB of space, including iOS 18 with its latest features and Apple apps that can be deleted. Apple apps that can be deleted use about 4.5GB of space, and you can re-download them from the App Store. Storage capacity subject to change based on software version, settings and iPhone model.

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Size and weight vary by configuration and manufacturing process.

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iPhone 14 and iPhone 14 Plus are splash, water and dust resistant and were tested under controlled laboratory conditions with a rating of IP68 under IEC standard 60529 (maximum depth of 6 metres up to 30 minutes). Splash, water and dust resistance are not permanent conditions. Resistance might decrease as a result of normal wear. Do not attempt to charge a wet iPhone; refer to the user guide for cleaning and drying instructions. Liquid damage not covered under warranty.

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Available only in selected cities and public transport systems. Requires eligible device and OS version. See [here](#) for details.

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Roadside Assistance and Emergency SOS via satellite are included free for two years with the activation of any iPhone 14 model. Connection and response times vary based on location, site conditions and other factors. [Seesupport.apple.com/en-gb/HT213885](https://support.apple.com/en-gb/HT213885), for more information.

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iPhone 14 and iPhone 14 Pro can detect a serious car crash and call for help. Requires a cellular connection or Wi-Fi calling.

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Data plan required. 5G, Gigabit LTE, 4G LTE, VoLTE and Wi-Fi calling are available in selected markets and through selected network providers. Speeds are based on theoretical throughput and vary based on site conditions and network. For details on 5G and LTE support, contact your provider and [seeapple.com/uk/iphone/cellular](https://apple.com/uk/iphone/cellular).

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Ultra Wideband availability varies by region.

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FaceTime calling requires a FaceTime-enabled device for the caller and recipient and a Wi-Fi connection. Availability over a mobile network depends on network provider policies; data charges may apply.

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Standard dynamic range video content only.

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Siri may not be available in all languages or in all areas, and features may vary by area. Internet access required. Mobile data charges may apply.

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All battery claims depend on network configuration and many other factors; actual results will vary. Battery has limited recharge cycles and may eventually need to be replaced. Battery life and charge cycles vary by use and settings. See apple.com/uk/batteries and apple.com/uk/iphone/battery.html for more information.

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Wireless chargers sold separately.

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Testing conducted by Apple in August 2022 using pre-production iPhone 14 and iPhone 14 Plus units and software and accessory Apple USB-C Power Adapter (20W Model A2305). Fast-Charge testing conducted with drained iPhone units. Charge time varies with settings and environmental factors; actual results will vary.

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Use of eSIM requires a wireless service plan (which may include restrictions on switching service providers and roaming, even after contract expires). Not all providers support eSIM. Use of eSIM in

iPhone may be disabled when purchased from some providers. See your provider for details. To learn more, visit apple.com/uk/esim.

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Wireless broadband recommended; fees may apply.

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In China mainland, you can use Apple Pay on the web in Safari only on compatible iPhone and iPad models using iOS 11.2 or later.

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Data accurate as of product launch.

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Excludes trace amount of tungsten found outside the Taptic Engine and accounting for less than 0.1% of the total found in the device.

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Excludes trace amount of rare earth elements found outside the magnets and accounting for less than 0.2% of the total found in the device.

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Efficiency performance is based on the US Department of Energy Federal Energy Conservation Standards for Battery Chargers.

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Apple's Regulated Substances Specification describes Apple's restrictions on the use of certain

chemical substances in materials in Apple products, accessories, manufacturing processes, and packaging used for shipping products to Apple's end customers. Restrictions are derived from international laws or directives, regulatory agencies, eco-label requirements, environmental standards and Apple policies. Every Apple product is free of PVC and phthalates except for AC power leads in India, Thailand (for two-pin AC power leads) and the Republic of Korea, where we continue to seek government approval for our PVC and phthalates replacement. Apple products comply with the European Union Directive 2011/65/EU and its amendments, including exemptions for the use of lead such as high-temperature solder. Apple is working to phase out the use of these exempted substances for new products where technically possible.

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Some features may not be available in all countries or all areas.[View complete list.](#)

iPhone 14 Plus - Tech Specs