

# Diabetes@Home

TheOneJudyG@hotmail.com

••••

CONTINUE

ABOUT DIABETES

ABOUT US

# Diabetes@Home

TheOneJudyG@hotmail.com

••••

ERROR: Password must be atleast 8 characters long

CONTINUE

ABOUT DIABETES

ABOUT US

# Diabetes@Home

TheOneJudyG@hotmail.com

●●●●●●●●

CONTINUE

ABOUT DIABETES

ABOUT US



# Dashboard



**Judy Garbrandt**

Melbourne, VIC

[Update Profile](#)



83% Engagement

[Leaderboard](#)

## Support Messages

2h

I see your engagement has just hit above 80%.  
As long as its above 80% your profile will  
remain ticked!!! 😍😍😍

[VIEW ALL](#)

## Data Records

7.5 nmol/L	Blood Glucose Lvl		<a href="#">ADD COMMENT</a>
kg	Weight		<a href="#">ADD COMMENT</a>
	Insulin Doses		<a href="#">ADD COMMENT</a>
8153 Steps	Step Count		<a href="#">ADD COMMENT</a>
<a href="#">VIEW HISTORIC DATA</a>		<a href="#">CONFIRM</a>	



John Doe  
Admin

100% Complete  
100% Complete

### Support Messages

Support messages and messages received from product users in support system

100%

### Add Comment

SUBMIT



John Doe  
Admin

100% Completed  
100% Completed  
100% Completed

### Support Messages

Support messages and comments are displayed here. You can click on the message to view the details.

View All

**Comment saved!**

CONTINUE

12:25PM AEDT

50% Complete for Today!

CONTINUE



## SETTINGS



**Name**

J



**Screen Name**

TheOneJudyG



**Account**

TheOneJudyG@hotmail.com



**Birth Year**

1969



**Update Bio**



**Change Password**





# SETTINGS

Old password

●●●●●●●●

New password

●●●●●●●●●●

CONFIRM



# About Diabetes

Diabetes is a chronic condition marked by high levels of glucose (sugar) in the blood. It is caused by the body being unable to produce insulin (a hormone made by the pancreas to control blood glucose levels) or to use insulin effectively, or both.

The main types of diabetes are:

type 1 diabetes

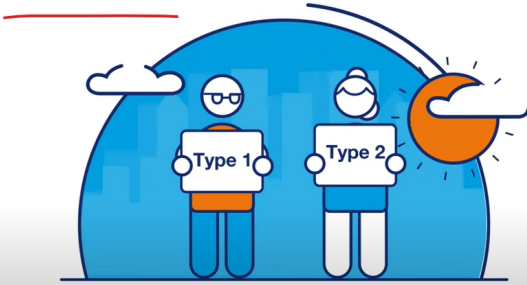
- an autoimmune disease that usually occurs in childhood or early adulthood

type 2 diabetes

- the most common form of diabetes, generally occurring in adulthood. It is largely preventable and is often associated with lifestyle factors such as insufficient physical activity, unhealthy diet, obesity and tobacco smoking. Risk is also associated with genetic and family-related factors

gestational diabetes

- when higher than normal blood glucose is diagnosed for the first time during pregnancy

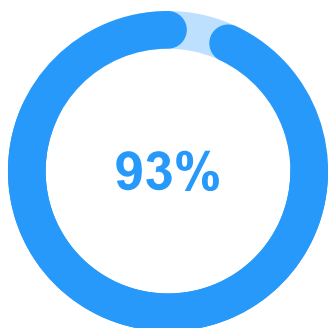


Diabetes is a chronic health conditions that can affect one's entire body. It occurs when a person either has trouble producing enough insulin, or regulating the insulin it does produce that is need in order to control blood sugar. While at this time there is no cure for diabetes, there are ways it can be managed that can lead a person with this disease to live an enjoyable life.

Diabetes can be broken down into 2 main types. Type 1 diabetes is thought to be caused by an autoimmune reaction (the body attacks itself by mistake) that stops your body from making insulin. It is often diagnosed early in life and can be managed by taking insulin everyday. Type 2 diabetes, your body doesn't use insulin well and can't keep blood sugar at normal levels. Type 2 diabetes often is diagnosed later in life and can be prevented or delayed with healthy lifestyle changes, such as losing weight, eating healthy food, and being active.

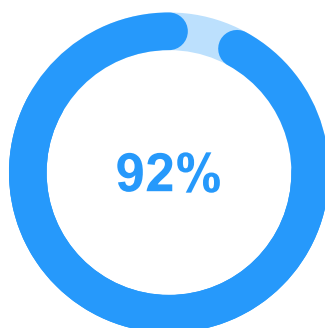


## Leaderboard



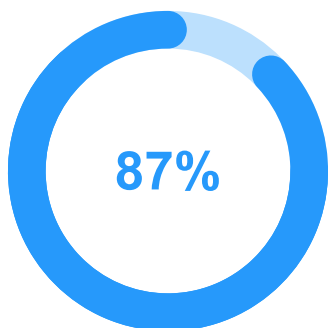
### **ZeeVee**

Congratulation's  
ZeeVee on being this  
weeks top member



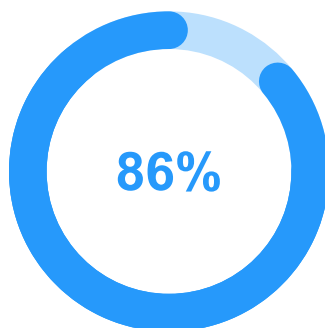
### **AKels**

Runner up AKels,  
you've got this next  
week!



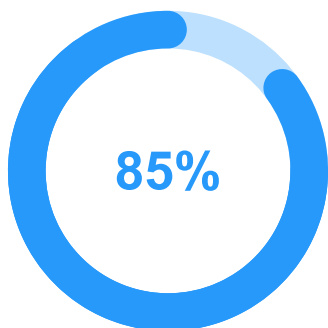
### **Kugna**

Third place for Kugna.  
Congratulations on  
your 3rd week in the 5



### **Labe!**

In 4th place is Labe! for  
their 3rd time this year.  
Keep up the work!



### **MrWorldWide**

Rounding off the 5 is  
MrWorldWide with his  
first ever appearance

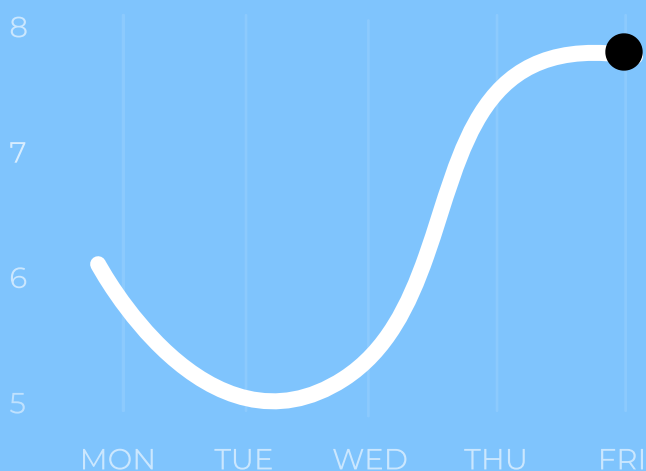


# Blood glucose levels

CHART

TABLE

● **7.0** mmol/L



Weight



Insulin Doses



# Blood glucose levels

CHART

TABLE

DATE

BLOOD GLUCOSE LEVEL

25/03/2022

7.5

24/03/2022

7.4

23/03/2022

5.5

22/03/2022

5

21/03/2022

6

20/03/2022

6.4

19/03/2022

6.2

18/03/2022

6.8

17/03/2022

7

16/03/2022

7.4



1

2

3

4

...

11

12



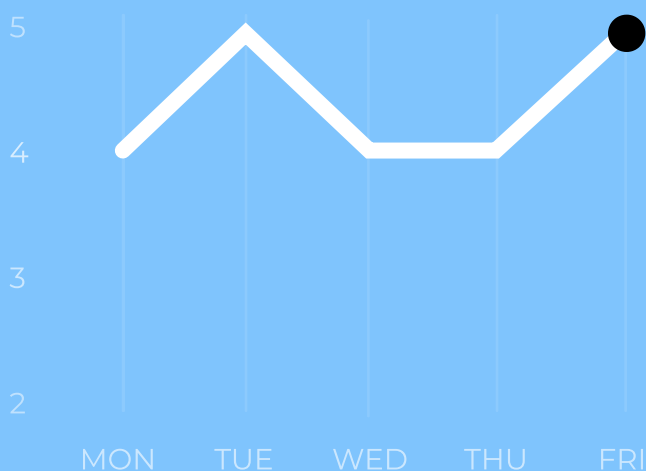


# Insulin Doses

CHART

TABLE

● 5 doses



Blood Glucose Levels



Step Count



# Insulin Doses

CHART

TABLE

DATE

NUMBER OF DOSES

25/03/2022

5

24/03/2022

4

23/03/2022

4

22/03/2022

5

21/03/2022

4

20/03/2022

5

19/03/2022

4

18/03/2022

5

17/03/2022

4

16/03/2022

5

<

1

2

3

4

...

11

12

>





# About Us

## Our Mission

Diabetes@Home is a cutting edge health assistant that aids diabetic patients by keeping track of their long term health records. While also allowing easy communication with their clinicians, that can provide them with quick feedback on time sensitive health issues..



**Lexi Kelsall**



*I'm Lexi and along with the rest of the team at diabetes@home strive to make life simpler for those living with diabetes. I'm passionate about helping others and feel it is important for patients and clinicians to be able to communicate seamlessly*



**Kevin Nguyen**



*Hi I'm Kevin, I'm the founder of Diabetes@Home, I'm a commerce student, so I handle the business side of things because I love money, golf and working tirelessly to help people in need.*



**ABEL? IDK A NICK NAME**



*Hey I'm Abel! We co-founded Diabetes@Home with the aim of ensuring patients and clinicians can communicate and monitor their health progress in an easy and comprehensive manner.*



**Paul Hutchins**



*I'm Paul, one of the four co-founders here at Diabetes@Home. I'm a current student and have being passionate about creating a better relationship between patients and their clinicians.*



## Historic Data

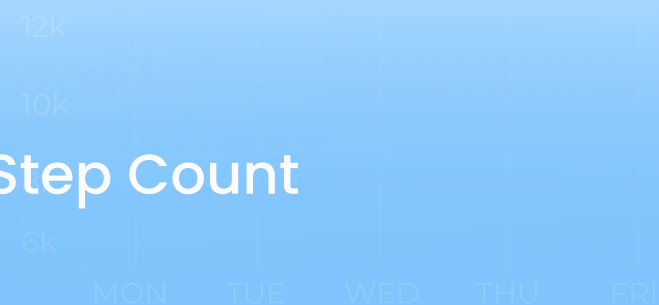
Blood glucose levels



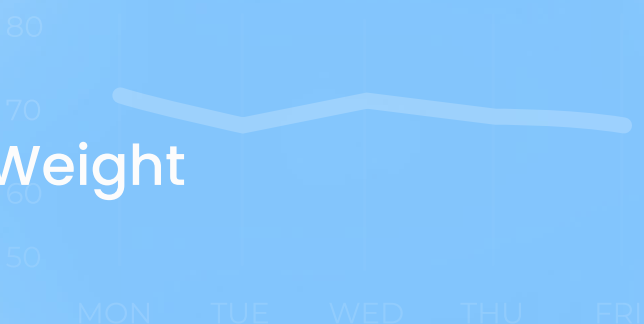
Insulin Doses



Step Count



Weight



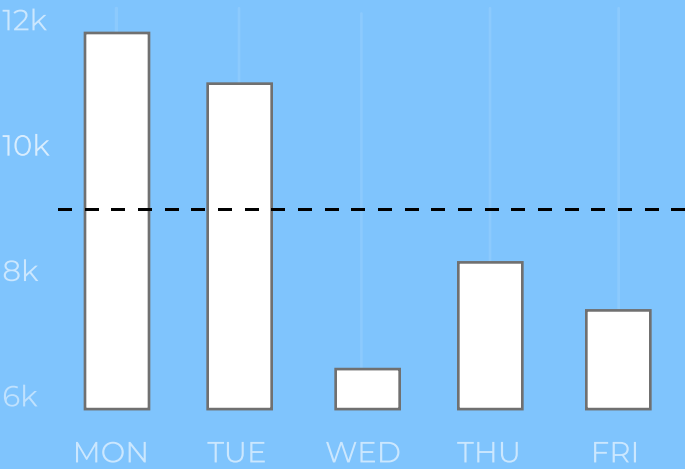


# Step Count

CHART

TABLE

■■■■ **9000** average steps



Insulin Doses



Weight



# Exercise

CHART

TABLE

DATE

STEP COUNT

25/03/2022

7507

24/03/2022

8046

23/03/2022

6,437

22/03/2022

11,034

21/03/2022

11,976

20/03/2022

9,000

19/03/2022

11,540

18/03/2022

9,750

17/03/2022

7,673

16/03/2022

4489



1

2

3

4

...

11

12



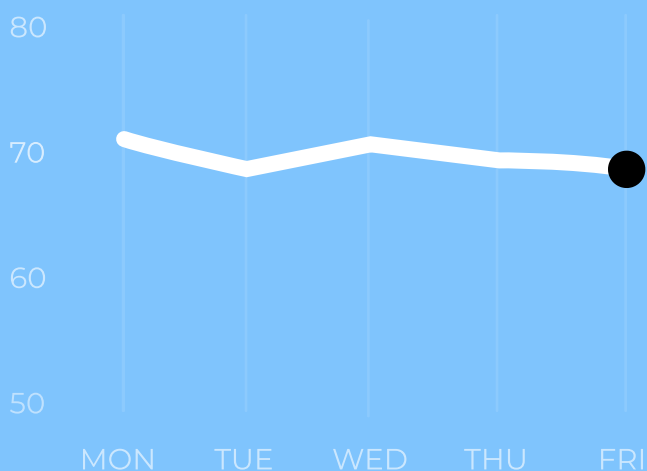


# Weight

CHART

TABLE

● 68.1 kg



Step Count



Blood Glucose Levels



# Weight

CHART

TABLE

DATE

KG

03/12/2022

68.1

12/24/2021

68.4

01/19/2022

70.2

03/18/2022

68.0

01/04/2022

70.4

01/25/2022

70.1

02/03/2022

69.8

02/11/2022

69.6

02/11/2022

69.2

01/23/2022

69



1

2

3

4

...

11

12





### Keep above 80!

2h

I see your engagement has just hit above 80%.  
As long as its above 80% your profile will  
remain ticked!!! 😍😍😍

### REMINDER!

2d

Did you forget to record you step count for  
yesterday? 😞

### Keep up the great work :)

4d

So many steps today! did you go on a hike?

### be careful :(

5d

I see your blood glucose level have been a bit  
high for the past couple of days. Make sure

### REMINDER!

9d

Did you forget to record you step count for  
yesterday?

### Great Work Judy!!

12d

Amazing work Judy!! You're currently on an 8  
day streak without missing any data. WOO!

### Have you forgotten?

17d

Hey Judy, currently on a 3 day streak if you can  
get todays data in by 6pm, only 2 hours!! ✨

### How did your first week go?

24d

Congratulations, you just finished your first  
week on Diabetes@Home, your doing a great  
job, keep it up!!

### Welcome Judy!!

31d

Hey Judy, welcome to the app. If you have any  
question don't hesitate to contact me! 😊