

I have a thing I'd like to talk about!! But, I don't know how to approach it!

Before I speak more on that though, let me tell you a tiny little story.

Earlier today, I had a conversation with a robot. Now, there's a lot of people online who are very opinionated on if you should talk to the robot, and I *know* the robot can be wrong about a lot of things, but the robot helped me.

I had a conversation with ChatGPT about borderline personality disorder and autism, specifically emotional dysregulation regarding them. If ChatGPT was correct, I do *not* have BPD, but am just very autistic regarding my sense of fairness.

Obviously, this is a me-issue. This is something that other people shouldn't have to worry about, in my opinion.

Unfortunately, it has become a you-issue. That is to say, I would like to have a conversation.

In fact, I *think* I should go as far as to approach you directly about this, but I am still inexperienced as a human. I have no idea how I would go about starting a conversation like that. And, I know that if someone directly confronted me about something I did, I wouldn't be very happy talking about it. So, instead, I'd simply like to make you aware that I'd like to talk, and let you decide when that might be.

For reference, this is about you deciding to play games with someone else on Friday, March the 7th. Particularly, I'd like to know what you were thinking when that happened, and I'd like to share with you how that made me feel.

Also, I'd like you to know that I'm not angry or disappointed or *anything* like that anymore. I went through an episode of emotional dysregulation and I am on the other end of it now and I am *fine*. I would also like to ensure though that it doesn't happen again though, y'know?

So, lemme know when you're ready to talk about it. I'm cool whenever :)