

[johndoe@bnc234 ~]\$ █

# Day 3: Cyber Security Workshop

STEM Workshop at ASA Now - HSD3

```
[johndoe@bnc234 ~]$ sudo su  
[sudo] password for johndoe: █
```

## Agenda Overview:

1. Staying Safe Online + Netiquette recap
2. Intro to OSINT
3. Intro to Cryptography
4. Terminal Basics

## Time-permitting Activities

- More picoCTF

# Staying Safe Online

Who remembers some dangers  
related technology in today's  
world?

How can we protect  
against them?

From Monday:

- Sharing Personal Information on Social Media
- Malware
- Social Engineering
- Cyber Bullying

# Netiquette

Who remembers some  
Netiquette principles?

Why are they important?

From Monday:

- Avoid ALL-CAPS
- Think before you type
- Check your Grammar
- Avoid flaming
- Be kind

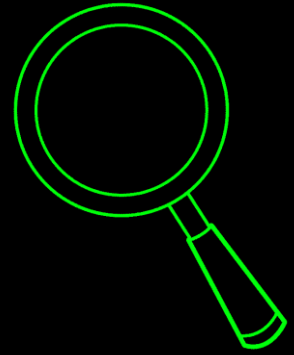
# Intro to OSINT

*Professional Googling*

1. What is OSINT?
2. Why is it important?
3. OSINT Practice Problems

```
[johndoe@bnc234 ~]$ sudo su  
[sudo] password for johndoe:  
[root@bnc234 johndoe]# clear
```

# What is OSINT?



OSINT: Open Source Intelligence

This is the ability to utilize publicly available resources on the internet to find and apply information.

With regards to OSINT against individuals and corporations, publicly available resources can include news articles, Google search results, and especially in the last decade, Social Media sites.

However, basic OSINT skills are extremely useful in many other areas of Cyber Security as well...

# Why is it important?

Basic OSINT, simple and straightforward as it may seem, is the backbone of many areas of Cyber Security.

## Applications:

- Quickly finding information related to a task
- Quickly researching information related to a vulnerability
- Researching a target during a Red-Team (Offensive Cyber Security) operation

```
[root@bnc234 johndoe]#
```

# OSINT Practice

Open a web browser on your computers and take a crack at these OSINT problems

(Raise your hand as soon as you have your answer!)



```
[root@bnc234 johndoe]# cd /etc/
```

# OSINT Practice: Question 1 - Presidents

Who was the president of the United States in 1940?

```
[root@bnc234 johndoe]# cd /etc/  
[root@bnc234 etc]# cp passwd /home/johndoe/; clear
```

## OSINT Practice: Question 2 - Shell Shock

What was the year that the security bug, now known as "Shell Shock", was discovered?



## OSINT Practice Question 3 - Location

A suspect was seen entering the below building. What are the coordinates (in Latitude, Longitude) of their approximate location?

Link to image: <https://bit.ly/osintLoc>

(Tip: Reverse image search)



# Flight Fiasco

Our agent tracked a mysterious individual to an airport and deduced they are boarding flight #634. The agent managed to take a picture of the departure board. We need you to get the following information:

- What is the name of this airport?
- What's the date?
- Where is the individual's flight going, and from what gate?

Link to image: [Image](#)

| Departures                          |          |          |                      |          |            |         |
|-------------------------------------|----------|----------|----------------------|----------|------------|---------|
| Current Security Wait Times         |          |          |                      |          |            |         |
| 7:32 PM MST<br>Monday June 11, 2018 |          |          |                      |          |            |         |
| Destination                         | Flight # | Airline  | Partners             | Time     | Gate       | Status  |
| Oakland                             | 418      | American |                      | 8:17 PM  | A14        | On Time |
| Ontario                             | 634      | American |                      | 8:30 PM  | A20        | On Time |
| Orange County                       | 2637     | American | Alaska Airlines 6592 | 8:08 PM  | A22        | On Time |
| Orlando                             | 411      | American |                      | 10:05 PM | A11        | On Time |
| Palm Springs                        | 3085     | American |                      | 8:15 PM  | B3         | On Time |
| Philadelphia                        | 1658     | American | British Airways 5508 | 10:30 PM | A7         | On Time |
| Philadelphia                        | 782      | American | British Airways 5709 | 11:55 PM | A21        | On Time |
| Portland                            | 1107     | American |                      | 8:27 PM  | B11        | On Time |
| Redmond                             | 2982     | American |                      | 8:19 PM  | B20        | On Time |
| Reno                                | 5773     | American |                      | 8:11 PM  | B18        | On Time |
| Sacramento                          | 2048     | American | Alaska Airlines 4775 | 8:25 PM  | A29        | On Time |
| Salt Lake City                      | 2746     | American | Alaska Airlines 4190 | 9:00 PM  | A19        | On Time |
| San Diego                           | 559      | American | Alaska Airlines 6604 | 8:11 PM  | A11        | On Time |
| San Francisco                       | 2353     | UNITED   | Air Canada 4464      | 8:03 PM  | Terminal 2 | On Time |
| San Francisco                       | 597      | American |                      | 8:29 PM  | A13        | On Time |

Terminal 4

All gates are accessible through any of the four security checkpoints

PIX



# Telescopic Transmission n

What space telescope  
took this image?

Link to image: [Image](#)



# Famous Figure

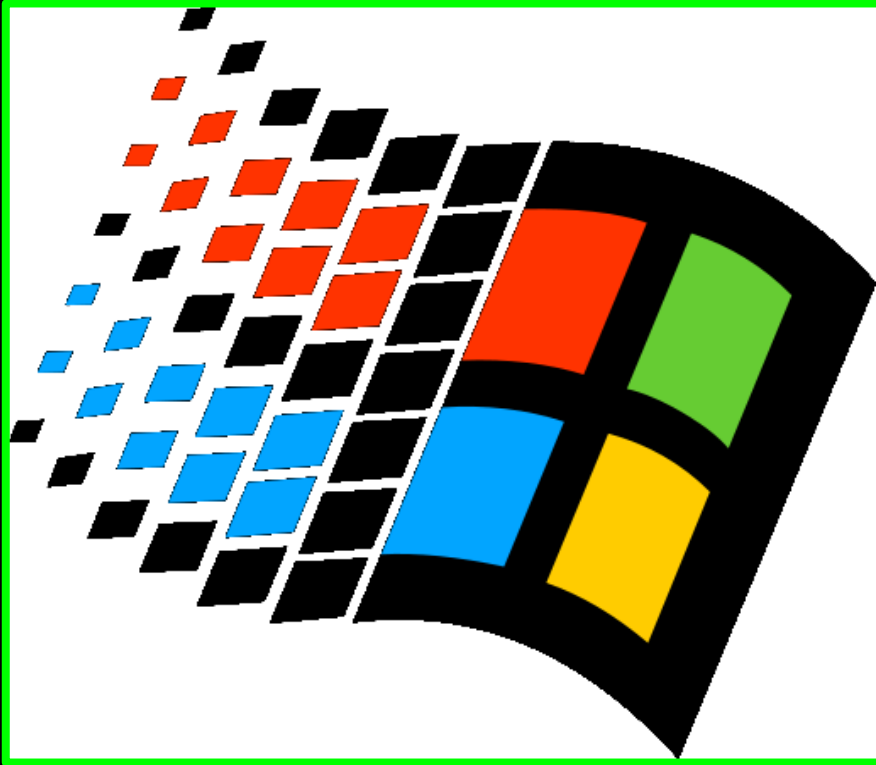
Who is this Actor?

What was the most recent movie he was featured in?

What character did he play in that move?

Link to image: [Image](#)

# The **Ancient** OS



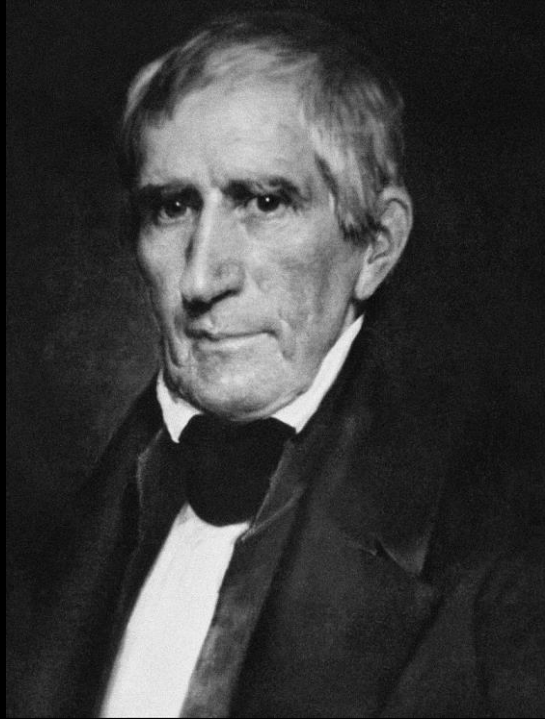
What version of Windows was released with this logo?

What year was this version of Windows discontinued

(No image link provided)



# Famously Forgettable President



Who was the first U.S. President to die while in office?



# Bonus: Brilliant Buildings and More

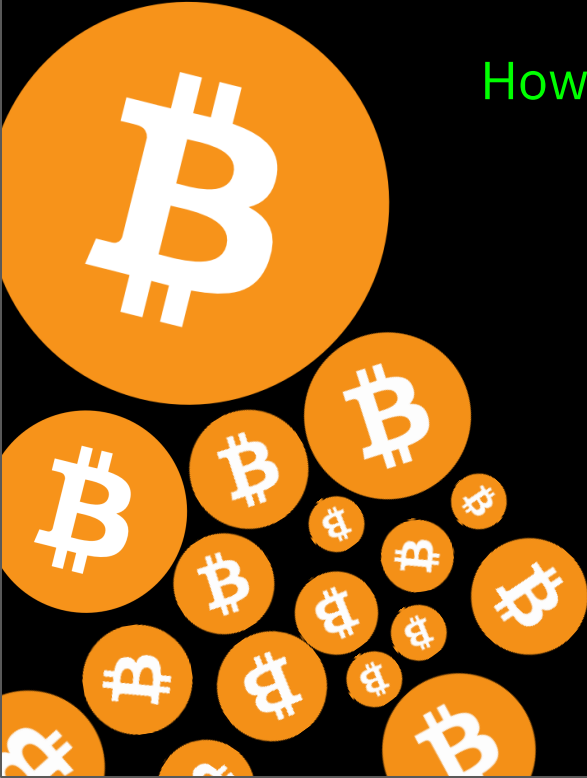


- What is the name of this building?
- What city is this building located in?
- Who designed it?
- In what year did its construction begin?
- Who became Canada's prime minister on December 5th of that year?

Link to image: [Image](#)

# Imagine owning Bitcoin *lol*

How much money (in USD), did Mt Gox  
lose in their 2014 hack?

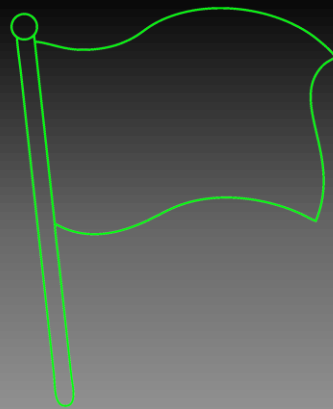


# Intro to CTFs

*coolCTF{  
these\_are\_addictively\_fun\_  
I\_cant\_stop\_  
please\_help\_meeeeeeeeeeeeeeeeeeee}*

1. What are CTFs?
2. picoCTF
3. What is a terminal?
4. picoCTF webshell
5. Basic Shell Commands

# What are CTFs?



Cyber Security CTFs (aka. Capture the Flag), are gamified practice exercises that let you learn and practice a wide variety of Cyber Security Topics in a fun and rewarding manner.

The goal of CTF challenges are almost always to find a “flag”, often in the format of `nameOfCTF{xxxxxx}`.

picoCTF



picoCTF: A very beginner friendly CTF website built by students at Carnegie Mellon University designed specifically for Middle and High School students new to Cyber Security.

Navigate to <https://picoctf.org/>, make an account, and log in.

Click on the “Practice” tab in the Navigation Header, and then click on the “Practice picoGym” Button to be taken to a list of practice CTF problems.



# picoCTF: Obedient Cat

Navigate to <https://play.picoctf.org/practice/challenge/147>

Take 5 minutes to try this problem on your own.

Note: There is NO penalty to using hints on this website. Sometimes, it is even impossible to solve a problem without them!

Solution Demo for Obedient Cat

# Intro to Cryptography

2GCBGF Wg22a0G2

SECRET Messages

1. What is Cryptography?
2. Common Ciphers
3. Practice Problems

K290aGVyIHNOdWZm

# What is Cryptography?



Cryptography: The art of writing or solving codes.

- Oxford Languages Dictionary

Cryptography is an extremely broad, rapidly evolving, and at times, complex topic with many subfields and applications, especially in those related to security and privacy.

However, we will be focusing on some of the more fun and beginner-friendly areas today.



# What are Ciphers?

Ciphers are one of the oldest Cryptography techniques, with some even dating back all the way to Ancient Greece in 400 BCE!

Ciphers apply a direct, predetermined transformation to the message text.

Common Ciphers: Substitution, Caesar, ROT13,



# Caesar Cipher

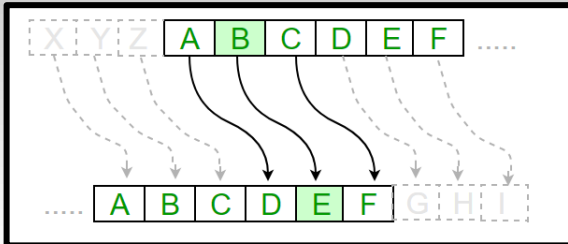
The Caesar Cipher is a type of Substitution Cipher that relies on shifting the letters in a message based on a given offset.

Example: “Hello abcdz” shifted with an offset of 3 becomes “Khoor defgc”  
(Notice how the ‘z’ wrapped around the alphabet to end up at ‘c’)

Weakness: Because there are only 26 letters in the alphabet, it is relatively simple and straightforward for a human to look at all 26 transformations and determine which one is likely the decoded message.

Rot 13: A Caesar Cipher with an Offset of 13

(Go back to previous slide)



# Cyber Chef



<https://bit.ly/CyberChefLink>

Powerful online set of web tools.

Includes many resources for Cryptography challenges.

To Base64

From Base64

To Hex

From Hex

To Hexdump

From Hexdump

URL Decode

Regular expression

Entropy

Fork

Magic

# Caesar Cipher Practice

Try to reverse the following Caesar Ciphers!

Rot 13: SnfgEnoovg

Shifted +10: Wyexdksx

Shifted +21: Hvmodvi

Shifted +??: Akzrogdlx

Shifted +??: Bdynawxej

Finish Early? Try these picoCTF problems!

- [13](#) | Rot 13
- [Mod 26](#) | Rot 13
- [caesar](#) | Caesar Cipher

(7 minutes)

# Text Encoding

There are many ways to represent the same text.

To the right is an ASCII table, various different ways to represent the numbers that correspond to different computer characters.

Note: Cyber Chef has options to convert from these other formats to text. Try typing the “From” keyword into the search box to get started.

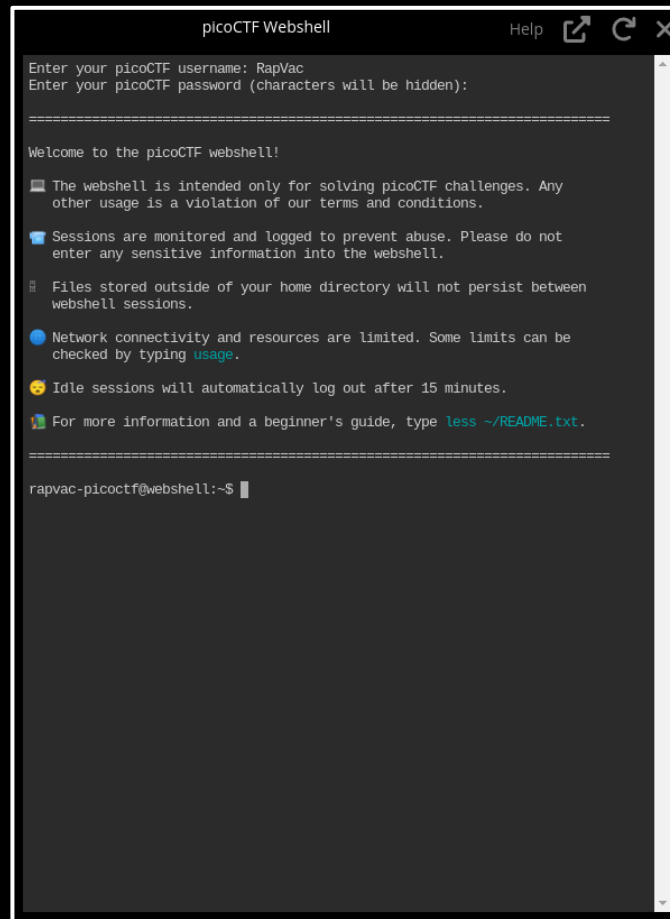
| Dec | Hx | Oct | Char                               | Dec | Hx | Oct | Html  | Chr          | Dec | Hx | Oct | Html  | Chr      | Dec | Hx | Oct | Html   | Chr        |
|-----|----|-----|------------------------------------|-----|----|-----|-------|--------------|-----|----|-----|-------|----------|-----|----|-----|--------|------------|
| 0   | 0  | 000 | <b>NUL</b> (null)                  | 32  | 20 | 040 | &#32; | <b>Space</b> | 64  | 40 | 100 | &#64; | <b>@</b> | 96  | 60 | 140 | &#96;  | <b>`</b>   |
| 1   | 1  | 001 | <b>SOH</b> (start of heading)      | 33  | 21 | 041 | &#33; | <b>!</b>     | 65  | 41 | 101 | &#65; | <b>A</b> | 97  | 61 | 141 | &#97;  | <b>a</b>   |
| 2   | 2  | 002 | <b>STX</b> (start of text)         | 34  | 22 | 042 | &#34; | <b>"</b>     | 66  | 42 | 102 | &#66; | <b>B</b> | 98  | 62 | 142 | &#98;  | <b>b</b>   |
| 3   | 3  | 003 | <b>ETX</b> (end of text)           | 35  | 23 | 043 | &#35; | <b>#</b>     | 67  | 43 | 103 | &#67; | <b>C</b> | 99  | 63 | 143 | &#99;  | <b>c</b>   |
| 4   | 4  | 004 | <b>EOT</b> (end of transmission)   | 36  | 24 | 044 | &#36; | <b>&amp;</b> | 68  | 44 | 104 | &#68; | <b>D</b> | 100 | 64 | 144 | &#100; | <b>d</b>   |
| 5   | 5  | 005 | <b>ENQ</b> (enquiry)               | 37  | 25 | 045 | &#37; | <b>%</b>     | 69  | 45 | 105 | &#69; | <b>E</b> | 101 | 65 | 145 | &#101; | <b>e</b>   |
| 6   | 6  | 006 | <b>ACK</b> (acknowledge)           | 38  | 26 | 046 | &#38; | <b>&amp;</b> | 70  | 46 | 106 | &#70; | <b>F</b> | 102 | 66 | 146 | &#102; | <b>f</b>   |
| 7   | 7  | 007 | <b>BEL</b> (bell)                  | 39  | 27 | 047 | &#39; | <b>'</b>     | 71  | 47 | 107 | &#71; | <b>G</b> | 103 | 67 | 147 | &#103; | <b>g</b>   |
| 8   | 8  | 010 | <b>BS</b> (backspace)              | 40  | 28 | 050 | &#40; | <b>(</b>     | 72  | 48 | 110 | &#72; | <b>H</b> | 104 | 68 | 150 | &#104; | <b>h</b>   |
| 9   | 9  | 011 | <b>TAB</b> (horizontal tab)        | 41  | 29 | 051 | &#41; | <b>)</b>     | 73  | 49 | 111 | &#73; | <b>I</b> | 105 | 69 | 151 | &#105; | <b>i</b>   |
| 10  | A  | 012 | <b>LF</b> (NL line feed, new line) | 42  | 2A | 052 | &#42; | <b>*</b>     | 74  | 4A | 112 | &#74; | <b>J</b> | 106 | 6A | 152 | &#106; | <b>j</b>   |
| 11  | B  | 013 | <b>VT</b> (vertical tab)           | 43  | 2B | 053 | &#43; | <b>+</b>     | 75  | 4B | 113 | &#75; | <b>K</b> | 107 | 6B | 153 | &#107; | <b>k</b>   |
| 12  | C  | 014 | <b>FF</b> (NP form feed, new page) | 44  | 2C | 054 | &#44; | <b>,</b>     | 76  | 4C | 114 | &#76; | <b>L</b> | 108 | 6C | 154 | &#108; | <b>l</b>   |
| 13  | D  | 015 | <b>CR</b> (carriage return)        | 45  | 2D | 055 | &#45; | <b>-</b>     | 77  | 4D | 115 | &#77; | <b>M</b> | 109 | 6D | 155 | &#109; | <b>m</b>   |
| 14  | E  | 016 | <b>SO</b> (shift out)              | 46  | 2E | 056 | &#46; | <b>.</b>     | 78  | 4E | 116 | &#78; | <b>N</b> | 110 | 6E | 156 | &#110; | <b>n</b>   |
| 15  | F  | 017 | <b>SI</b> (shift in)               | 47  | 2F | 057 | &#47; | <b>/</b>     | 79  | 4F | 117 | &#79; | <b>O</b> | 111 | 6F | 157 | &#111; | <b>o</b>   |
| 16  | 10 | 020 | <b>DLE</b> (data link escape)      | 48  | 30 | 060 | &#48; | <b>0</b>     | 80  | 50 | 120 | &#80; | <b>P</b> | 112 | 70 | 160 | &#112; | <b>p</b>   |
| 17  | 11 | 021 | <b>DC1</b> (device control 1)      | 49  | 31 | 061 | &#49; | <b>1</b>     | 81  | 51 | 121 | &#81; | <b>Q</b> | 113 | 71 | 161 | &#113; | <b>q</b>   |
| 18  | 12 | 022 | <b>DC2</b> (device control 2)      | 50  | 32 | 062 | &#50; | <b>2</b>     | 82  | 52 | 122 | &#82; | <b>R</b> | 114 | 72 | 162 | &#114; | <b>r</b>   |
| 19  | 13 | 023 | <b>DC3</b> (device control 3)      | 51  | 33 | 063 | &#51; | <b>3</b>     | 83  | 53 | 123 | &#83; | <b>S</b> | 115 | 73 | 163 | &#115; | <b>s</b>   |
| 20  | 14 | 024 | <b>DC4</b> (device control 4)      | 52  | 34 | 064 | &#52; | <b>4</b>     | 84  | 54 | 124 | &#84; | <b>T</b> | 116 | 74 | 164 | &#116; | <b>t</b>   |
| 21  | 15 | 025 | <b>NAK</b> (negative acknowledge)  | 53  | 35 | 065 | &#53; | <b>5</b>     | 85  | 55 | 125 | &#85; | <b>U</b> | 117 | 75 | 165 | &#117; | <b>u</b>   |
| 22  | 16 | 026 | <b>SYN</b> (synchronous idle)      | 54  | 36 | 066 | &#54; | <b>6</b>     | 86  | 56 | 126 | &#86; | <b>V</b> | 118 | 76 | 166 | &#118; | <b>v</b>   |
| 23  | 17 | 027 | <b>ETB</b> (end of trans. block)   | 55  | 37 | 067 | &#55; | <b>7</b>     | 87  | 57 | 127 | &#87; | <b>W</b> | 119 | 77 | 167 | &#119; | <b>w</b>   |
| 24  | 18 | 030 | <b>CAN</b> (cancel)                | 56  | 38 | 070 | &#56; | <b>8</b>     | 88  | 58 | 130 | &#88; | <b>X</b> | 120 | 78 | 170 | &#120; | <b>x</b>   |
| 25  | 19 | 031 | <b>EM</b> (end of medium)          | 57  | 39 | 071 | &#57; | <b>9</b>     | 89  | 59 | 131 | &#89; | <b>Y</b> | 121 | 79 | 171 | &#121; | <b>y</b>   |
| 26  | 1A | 032 | <b>SUB</b> (substitute)            | 58  | 3A | 072 | &#58; | <b>:</b>     | 90  | 5A | 132 | &#90; | <b>Z</b> | 122 | 7A | 172 | &#122; | <b>z</b>   |
| 27  | 1B | 033 | <b>ESC</b> (escape)                | 59  | 3B | 073 | &#59; | <b>;</b>     | 91  | 5B | 133 | &#91; | <b>[</b> | 123 | 7B | 173 | &#123; | <b>{</b>   |
| 28  | 1C | 034 | <b>FS</b> (file separator)         | 60  | 3C | 074 | &#60; | <b>&lt;</b>  | 92  | 5C | 134 | &#92; | <b>\</b> | 124 | 7C | 174 | &#124; | <b> </b>   |
| 29  | 1D | 035 | <b>GS</b> (group separator)        | 61  | 3D | 075 | &#61; | <b>=</b>     | 93  | 5D | 135 | &#93; | <b>]</b> | 125 | 7D | 175 | &#125; | <b>}</b>   |
| 30  | 1E | 036 | <b>RS</b> (record separator)       | 62  | 3E | 076 | &#62; | <b>&gt;</b>  | 94  | 5E | 136 | &#94; | <b>^</b> | 126 | 7E | 176 | &#126; | <b>~</b>   |
| 31  | 1F | 037 | <b>US</b> (unit separator)         | 63  | 3F | 077 | &#63; | <b>?</b>     | 95  | 5F | 137 | &#95; | <b>_</b> | 127 | 7F | 177 | &#127; | <b>DEL</b> |

# What is a terminal?

- The **shell** is an interface that takes text commands and gives them to an operating system to execute.
- Used to be the only way to control Unix-like operating systems.
- Now we have nice graphics to make the user experience better.
- The **terminal** lets you feed commands to the **shell**.

# picoCTF webshell

- picoCTF handily provides users with a **terminal** in the web browser.
- Allows you to do many of the linux-specific CTFs on any operating system.
- Same commands as you would find on the Linux OS.



# Netcat

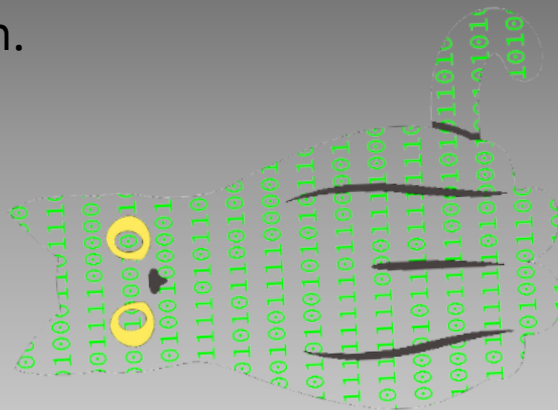
Allows you to connect to and communicate with a specific port on a foreign computer from your terminal in a 2-way connection.

Example:

```
$ nc test.server.com 1234
```

Let's break it down and explain each part:

- **nc**: Invoke the Netcat command.
- **test.server.com**: The foreign computer you want to connect to.
- **1234**: The port on that computer you want to connect to.





# Text Encoding Practice

Try to convert the following encoded messages into regular English text.

Decimal: 82 111 98 111 116  
78 101 98 117

108 97

Hex: 4e 69 6f 62 69 75 6d  
43 6c 6f 75 64

Base 64: Um9ja2V0ZHluZQ==

TWF0aGVtYXRpY3M=

Finish Early? Try these picoCTF problems!

- [The Numbers](#)
- [Bases](#)
- [what's a net cat?](#)
- [Lets Warm Up](#)
- [2Warm](#)
- [Nice netcat...](#)
- [Based](#) (Hard)

# Basic Shell Commands

## ls

List all files in a directory (aka folder).

Format: *ls*

## cd

Change your directory. File paths in linux are written starting at root (the first '/'). Ex:  
*/home/username/somedir*

Format: *cd <path>*

## mkdir

Create a directory branching from your current one. Ex: if you are in */home/username/* and do *mkdir test*, *ls* will reveal **test**

Format: *mkdir <name>*

## file

Get information about a file, such as it's type.

Format: *file <filename>*

## cat

Display the contents of a file.

Format: *cat <filename>*



## wget

Download a file from a link

Format: *wget <link>*

\*Note: *<filename>* can optionally be substituted for the absolute path of a file.

# Your turn now! Navigation:

We found a file in your ``/usr/share/evil_files/`` directory. Use your terminal to tell us the name of that file. *(Hint: use the `cd` and `ls` commands)*

- What is the flag inside the file? *(Hint: use the `cat` command)*



We noticed a hidden file in your ``/dev/secret/`` directory. What is the name of the file? *(Hint: use the ``ls -a`` command to show hidden files)*

- What type of file is this? *(Hint: use the ``file`` command to reveal the file type)*

We used a Caesar cipher to hide the flag inside the file.

- What is the unciphered flag? *(Hint: use a tool like Cyberchef to decode the flag)*

# picoCTF: Shell Command Practice

- [First Grep](#) | Hint: grep command or Ctrl+F
- [strings it](#) | Hint: strings command
- [extensions](#) | Hint: file command
- [Information](#) | Hint: View image metadata, the flag is hidden in Base-64

Note:

These questions are very hard relative to the ones you have seen earlier today.

If you get stuck, try to use our hints with your OSINT skills to move forward!

(10 minutes)

# More picoCTF Practice:

- First Grep (Done)
- Lookey Here
- Tab, Tab, Attack
- Wave a flag
- information (Done)
- Nice netcat... (Done)
- crackme.py
- Extensions (Done)
- The Numbers (Done)
- Let's Warm Up (Done)
- 2Warm (Done)

# Credits

Thank you to Benjamin Arbit for helping with the content, graphics, and formatting of this slide show.

He also made The Cat.

